

Lecture 10:  
Hypothesis Testing for One Mean  
STAT 310, Spring 2023

# Hypothesis Test for One Mean

## Key components:

- ▶ Null hypothesis:

$$H_0 : \mu = \mu_0$$

- ▶ Alternative hypothesis (use one of these):

$$H_A : \mu > \mu_0 \text{ (one-sided, upper-tail)}$$

$$H_A : \mu < \mu_0 \text{ (one-sided, lower-tail)}$$

$$H_A : \mu \neq \mu_0 \text{ (two-sided)}$$

- ▶ Test statistic:

$$t = \frac{\text{observed value} - \text{null value}}{\text{SE}} = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

- ▶ A rule to either reject or not reject  $H_0$  (based on  $p$ -value)

## $p$ -value (review)

Decision rule using the  $p$ -value:

- ▶ If  $p\text{-value} < \alpha$ , then reject  $H_0$ .
- ▶ If  $p\text{-value} > \alpha$ , then do not reject  $H_0$ .

$\alpha$  is called the **significance level**. The most common value for  $\alpha = 0.05$ , but other values are also sometimes used such as  $\alpha = 0.01$ .

## $p$ -value (review)

- ▶ When the  $p$ -value  $< \alpha$  (we reject  $H_0$ ) the result is said to be **statistically significant**.
- ▶ In other words, a result is statistically significant when it is unlikely to of occurred by random chance (i.e., natural sampling variability), assuming that the null hypothesis is true.
- ▶ The smaller the  $p$ -value, the stronger the data favor  $H_A$  over  $H_0$ .

# Computing $p$ -values

One-sided test (upper-tail):

$$H_0 : \mu = \mu_0$$

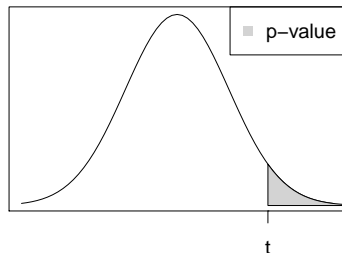
$$H_A : \mu > \mu_0$$

Test statistic:

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

$$p\text{-value} = 1 - \text{pt}(t, \text{df} = n-1)$$

Reject  $H_0$  if  $p\text{-value} < \alpha$



# Computing $p$ -values

One-sided test (lower-tail):

$$H_0 : \mu = \mu_0$$

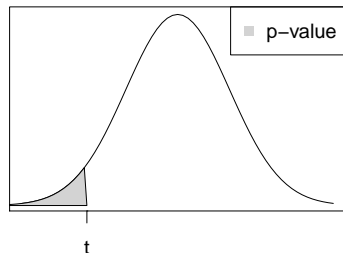
$$H_A : \mu < \mu_0$$

Test statistic:

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

$$p\text{-value} = \text{pt}(t, \text{df} = n-1)$$

Reject  $H_0$  if  $p\text{-value} < \alpha$



# Computing $p$ -values

Two-sided test:

$$H_0 : \mu = \mu_0$$

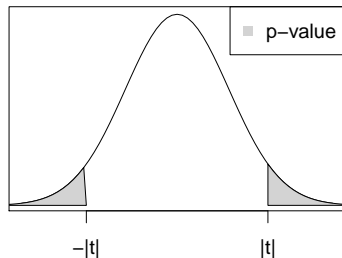
$$H_A : \mu \neq \mu_0$$

Test statistic:

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

$$p\text{-value} = 2 * pt(-abs(t), df = n-1)$$

Reject  $H_0$  if  $p\text{-value} < \alpha$



# Conditions

A hypothesis test for a mean is valid if the following conditions are satisfied:

- ▶ The data come from a random sample. (This is called the **independence condition** in the textbook.)
- ▶ The sample size  $n$  is large ( $n \geq 30$ ). Otherwise, if the sample size is small ( $n < 30$ ), the data should have an approximate normal distribution. (This is called the **normality condition** in the textbook.)

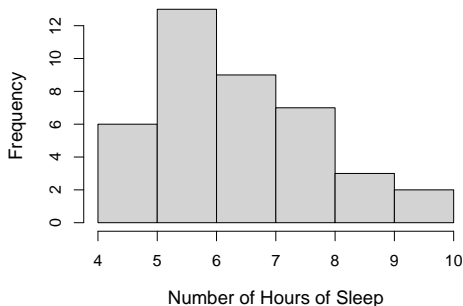
Note that these are the same conditions we check for a confidence interval. For small sample sizes ( $n < 30$ ), look at a histogram of the data to check normality.



## Example

As part of a survey conducted by the US National Center for Health Statistics, a random sample of  $n = 40$  Americans were asked how many hours of sleep they get on a typical weekday. Some summary statistics and a histogram are shown below. Do these data provide evidence that the average amount of sleep Americans get on a typical weekday is significantly less than 8 hours?

$n$	$\bar{x}$	$s$	min	max
40	6.8	1.4	4	10



(a) Write the null and alternative hypothesis for a one-sided test.

$$H_0 : \mu = 8$$

$$H_A : \mu < 8$$

(b) Check the conditions for the hypothesis test.

► Data come from a random sample.

► Large sample size:  $n = 40 \geq 30$

The conditions are satisfied.

(c) Calculate the test statistic.

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}} = \frac{6.8 - 8}{1.4/\sqrt{40}} = \frac{-1.2}{1.4/\sqrt{40}} = -5.42$$

R command:

```
> -1.2 / (1.4 / sqrt(40))  
[1] -5.421047
```

- (d) Calculate the  $p$ -value and make a decision using  $\alpha = 0.05$  significance level.

$$p\text{-value} = \text{pt}(-5.42, \text{df} = 39) = 0.0000017$$

Since  $p\text{-value} < 0.05$ , we reject  $H_0$ .<sup>1</sup>



- (e) What is the conclusion of the test in the context of the data?

The data provide evidence that on average Americans get significantly less than 8 hours of sleep on a typical weekday.

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<sup>1</sup>Scientific notation:  $1.7\text{e-}06 = 1.7 \cdot 10^{-6} = 0.0000017$