Local Energy Gradient Derivation

$$\begin{split} \nabla_{\alpha}\langle E_{L}\rangle &= \nabla_{\alpha}\langle H\rangle = \nabla_{\alpha} \bigg(\frac{\int d\mathbf{R} \Psi^{*} \mathcal{H} \Psi}{\int d\mathbf{R} |\Psi|^{2}}\bigg) \\ &= \frac{\left(\int d\mathbf{R} |\Psi|^{2}\right) \nabla_{\alpha} \left(\int d\mathbf{R} \Psi^{*} \mathcal{H} \Psi\right) - \left(\int d\mathbf{R} \Psi^{*} \mathcal{H} \Psi\right) \nabla_{\alpha} \left(\int d\mathbf{R} |\Psi|^{2}\right)}{\left(\int d\mathbf{R} |\Psi|^{2}\right)^{2}} \\ &= \frac{\int d\mathbf{R} \bigg[\nabla_{\alpha} (\Psi^{*}) \mathcal{H} \Psi + \Psi^{*} \nabla_{\alpha} (\mathcal{H} \Psi)\bigg]}{\int d\mathbf{R} |\Psi|^{2}} - \frac{\left(\int d\mathbf{R} \Psi^{*} \mathcal{H} \Psi\right) \int d\mathbf{R} \nabla_{\alpha} |\Psi|^{2}}{\left(\int d\mathbf{R} |\Psi|^{2}\right)^{2}} \\ &= \frac{\int d\mathbf{R} |\Psi|^{2} \frac{\nabla_{\alpha} (\Psi^{*}) \mathcal{H} \Psi + \Psi^{*} \nabla_{\alpha} (\mathcal{H} \Psi)}{|\Psi|^{2}} - \frac{\int d\mathbf{R} \Psi^{*} \mathcal{H} \Psi}{\int d\mathbf{R} |\Psi|^{2}} \frac{\int d\mathbf{R} |\Psi|^{2} \frac{\nabla_{\alpha} |\Psi|^{2}}{|\Psi|^{2}}}{\int d\mathbf{R} |\Psi|^{2}} \\ &= \left\langle \frac{\nabla_{\alpha} (\Psi^{*}) \mathcal{H} \Psi + \Psi^{*} \nabla_{\alpha} (\mathcal{H} \Psi)}{|\Psi|^{2}} \right\rangle - \langle H\rangle \left\langle \frac{\nabla_{\alpha} |\Psi|^{2}}{|\Psi|^{2}} \right\rangle \\ &= \left\langle \frac{\nabla_{\alpha} (\Psi^{*}) \mathcal{H} \Psi + \nabla_{\alpha} (\Psi^{*}) \mathcal{H} \Psi}{|\Psi|^{2}} \right\rangle - \langle H\rangle \left\langle \frac{2|\Psi| \nabla_{\alpha} |\Psi|}{|\Psi|^{2}} \right\rangle \\ &= \left\langle \frac{2\nabla_{\alpha} (\Psi^{*})}{u^{*}} \mathcal{E}_{L} \right\rangle - \langle E_{L} \rangle \left\langle \frac{2\nabla_{\alpha} |\Psi|}{|\mathcal{U}|} \right\rangle = 2 \left[\left\langle \frac{\nabla_{\alpha} (\Psi^{*})}{u^{*}} \mathcal{E}_{L} \right\rangle - \langle E_{L} \rangle \left\langle \frac{\nabla_{\alpha} |\Psi|}{|\mathcal{U}|} \right\rangle \right] \end{split}$$