

## 0.1 Chapter 5: culture: Leisure

### 0.2 Leisure

## 1 Greek Philosophy the Movies



Philosophy begins in the Ancient World where it is immediately thought of as a highly practical discipline close to what we would nowadays think of as psychotherapy. One goes to see a philosopher to clear up a variety of emotional and intellectual confusions. The job of being a philosopher becomes extremely prestigious. Different schools of philosophy form, each one claiming a better grasp on the ingredients of true calm and fulfilment than the next. Here are the four great strands of Ancient Greek philosophy:

### 1. Plato

### 2. Aristotle

### 3. Epicurus

### 4. The Stoics