

0.1 Chapter 5: culture: Leisure

0.2 Leisure

1 Philosophy the Movies

From a distance, it seems weird, irrelevant, boring and yet also just a little intriguing. But its hard to put a finger on what the interest really is. What are philosophers? What do they do? And why does one need them? Luckily, the answer is already contained in the word *philosophy* itself. In Greek, *philo* means love or devotion and *sophia* means wisdom. Philosophers are people devoted to wisdom. Though a bit abstract, the concept of wisdom isnt mysterious. Being wise means attempting to live and die well, leading as good a life as possible within the troubled conditions of existence.

The goal of wisdom is fulfilment. You could perhaps say happiness but happiness is misleading, for it suggests continuous chirpiness and joy, whereas fulfilment seems compatible with a lot of pain and suffering, which every decent life must by necessity have.

So a philosopher or person devoted to wisdom is someone who strives for systematic expertise at working out how one may best find individual and collective fulfilment.

Here are films on some of our favourite philosophers:

1. Plato

2. Aristotle

3. The Stoics

4. Epicurus

5. Augustine

6. Montaigne

7. La Rochefoucauld

8. Spinoza

9. Hegel

10. Nietzsche

11. Heidegger

12. Wittgenstein

13. Sartre

14. Camus

15. Foucault