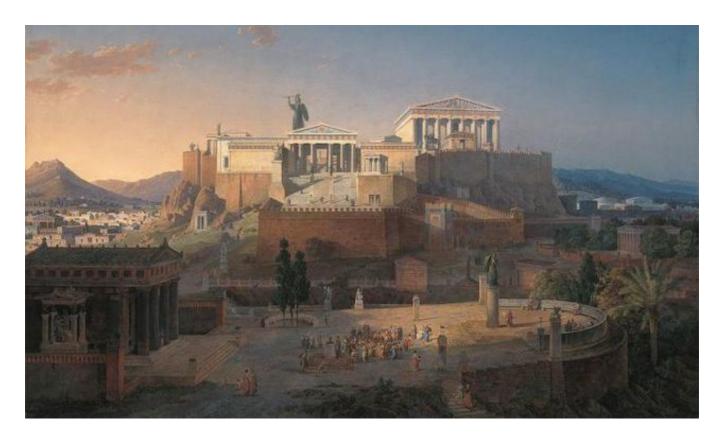
0.1 Chapter 5: culture: Leisure

0.2 Leisure

1 Greek Philosophy the Movies



Philosophy begins in the Ancient World where it is immediately thought of as a highly practical discipline close to what we would nowadays think of as psychotherapy. One goes to see a philosopher to clear up a variety of emotional and intellectual confusions. The job of being a philosopher becomes extremely prestigious. Different schools of philosophy form, each one claiming a better grasp on the ingredients of true calm and fulfilment than the next. Here are the four great strands of Ancient Greek philosophy:

- 1. Plato
- 2. Aristotle
- 3. Epicurus
- 4. The Stoics