



*Co-Directors: Robert Pulliam  
and Teresa Meier*

## *Co-Directors' Reflection*

Looking back over the past year, we are simply astounded by the number of amazing and talented individuals that we were fortunate enough to meet and work beside. The dedication of our sites, supervisors, interns and funders to serving the indigent of Greater Cincinnati has enabled another prosperous year of service from Urban Health Project. We are grateful to have been a part of a vast network of inspired individuals that has provided over 24 years of commitment to the community. Each year the turn-over of students brings in new perspectives and ideas, allowing UHP to strengthen as an organization and increase its effectiveness in serving those most in need. Our accomplishments over the past year attest to this fact and include:

- Creating an alumni newsletter
- Quantifying how much UHP is benefiting the community
- Adding new sites in 2009 including Hospice of Cincinnati, Neighborhood Health Care, and Community Foundation of Northern Kentucky
- Adding new sites for 2010 including First Step Home and Off the Streets, and bringing back TriHealth Parish Nursing
- Increasing the budget to support 27 interns for the summer of 2010
- Collaborating with Xavier Health Administration students to increase the efficiency and efficacy of UHP
- Working with the UC Foundation for the First Annual Alumni Golf Outing

As the 2009-2010 season comes to an end and we transition to another fiscal year for UHP, we are excited to apply what we've learned to our future careers. We hope to tear down the barriers and obstacles that we've learned about over the past year, so that everyone has the right to quality healthcare. Again, we are extremely grateful for the opportunity to participate in this inspirational and educational experience, as well as the chance to leave our impact on UHP.

Sincerely,

Teresa Meier

Robert Pulliam

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"In the end, I not only really enjoyed my time at the Lighthouse Youth Crisis Center, but I feel enriched by my experience as well. It provided me with extremely valuable exposure to adolescents whose lives are disrupted by homelessness, and often have emotional and/or behavioral problems."

~ Brian Hendricks, Lighthouse Youth Crisis Center



## Mission Statement and History

### Mission

*To educate, inspire, and challenge medical students through their service to marginalized populations in Greater Cincinnati to produce more socially responsible physicians who have a greater understanding of the many factors that impact health.*

### Objectives

- To improve the health of the community by providing talented medical student interns to local organizations serving marginalized populations at no-cost to the agencies. Interns develop and implement innovative, sustainable programs and perform specific duties for agencies lacking resources or staff;
- To dedicate over 60,000 hours of service annually to the poor, homeless, mentally-ill, elderly, at-risk youth, and minority populations of Cincinnati and Northern Kentucky;
- To develop socially responsible physicians with an interest in primary care specialties.

### History

Urban Health Project was started in 1986 by medical students who were committed to forming an organization that connects future physicians with people in the community. What started out as a non-paid internship 24 years ago, has now evolved into an organization with 22 paid interns at 21 different non-profit organizations in Greater Cincinnati and Northern Kentucky. Urban Health Project has become a powerful force committed to improving the health of local communities in Cincinnati with an extensive network of over 300 alumni, 21 partner organizations, and countless beneficiaries throughout the area.



## Program Description

Medical students who have completed their first year of medical school at the University of Cincinnati apply to spend an 8-week summer internship with UHP. These selected physicians-in-training are each matched with an existent community organization in the Greater Cincinnati area. Their responsibilities range from direct patient care to the social aspects of health care delivery and health education. Specific duties of a UHP intern include organizing community health fairs, youth crisis mentoring, facilitating small groups, translating, maintaining a homeless resource map, and giving health promotion presentations. Interns earn a modest stipend of \$3,500 for their work.

In addition to the interns working at local sites, two medical students direct the program throughout the summer and during the following academic year. Their primary roles are to assure that UHP continues to fulfill its mission and has the monetary resources to do so. These students are solely responsible for the organization and maintenance of the program.

*"I will be sure as I proceed through my future career to not forget that every patient I see is a person first."*

*~Patrick Minges, Tender Mercies*



## Our Sites

Breast and Cervical Cancer Project	Lighthouse Youth Crisis Center
Bethany House Services	Lighthouse Youth Development
Bethesda North OB/Gyn	Project Connect
Catholic Charities Southwest OH	St. Elizabeth's Oncology Services
Cincinnati Children's Hospital	Tender Mercies
Community Pediatrics	TriHealth SeniorLink
Community Foundation of Northern Kentucky	UC Family Medicine
Crossroad Health Center	UC OB/Gyn
Health Resource Center	Welcome House of Northern Kentucky
Hospice of Cincinnati	Women's Health Services
Lighthouse New Beginnings	



## UHP Annual Report 2010

*Gina Meyer**UC Dept. of Family Medicine*

Working at the clinic at River Downs has opened my eyes to another world full of challenges. Before I started going to the racetrack I had no idea that people lived there. I also was unaware of how hard they worked. Most workers are there 7 days a week and start before the sun comes up. When they come to the clinic on Tuesday nights, they come with many struggles not just pain or worries about blood pressure or cholesterol. That is why it has been a great experience to work with Dr. Kiesler, as well as Rev. Harris, who ministers at the track. I have learned from them how to confront these struggles in a productive, understanding and fair way. Rev. Harris introduced Juan and I to many people and many issues at the track – some we could help improve and others we probably cannot. I believe the clinic and the church services bring the people who work and live at the track some healing as well as hope...

Because of this internship, I feel more confident in my ability to join the many physicians who already serve as excellent resources for our community. I've learned from Dr. Kiesler, who started the clinic at the racetrack, as well as others that there are many ways to work to end injustices. I have also been able to build relationships with patients that go beyond the exam room, and I have learned the significance of understanding a day in their lives. Medicine can open many doors, but it is up to us to walk through them and experience the struggle that is human life, while bringing some healing along with us.

*Steven Moore**Health Resource Center*

My experience this summer at the Health Resource Center surpassed my every expectation and challenged me in ways I had not anticipated. After a short three day orientation into how the clinic normally functions, the entire operation was turned on its head by the near forced relocation from the longtime head quarters in the free store food bank to the yet to be renovated former Nu-Blend paint building. The move left us with a clinic that was in complete disarray in a building that was located within an area of Cincinnati that could be described as a war zone. In fact, it was brought to our attention by several of our patients that we were now located in the most dangerous neighborhood in America. In spite how dire the aforementioned situation sounded, it was exactly what I was looking for in a medical internship. I was surrounded by adverse situations with a patient population that did anything but cope well with changing environments and was called upon to do one thing, remain calm. In everything we did at the HRC we had to assure our patients that the continuity of their care would remain intact throughout the moving and rebuilding period ...

It was through my time with the clients that I came to realize why the staff cared for them with such veracity. After sitting down and spending time listening to the shocking details of the mistreatment and abuse of these clients I wanted nothing more than to take them under my wing and shield them from any further insult or injury that could be brought upon them...

I will not forget the names and faces of these men and women both client and co-worker, nor will I ever forget their stories as I feel at some level my life has been irrevocably changed by the stories and the lives of these remarkable individuals.

*Manisha Patel**Bethany House Services*

Bethany House Services provides shelter annually to over 400 women and children in the Cincinnati area. The shelter is located in a relatively quiet neighborhood, and it houses anywhere from 4-8 families, or up to 30 individuals... While interning at Bethany House, my role was mainly one of support to the social service workers, who provided the day-to-day upkeep of the shelter household. I performed tasks that ranged from clerical duties to childcare to direct support for the shelter staff. From time to time I performed intake interviews for new women entering the shelter, and I interacted with the women and children on a daily basis...

In addition to shelter and case management, the women are provided with transportation assistance in the form of bus cards, a broad education on topics such as sexual health, organization and finance through the Life Skills program, and various opportunities for transitional and permanent housing following their stay...

After my summer at BHS, I can say without reserve that it is one of the most inspiring organizations I have ever seen. Each day I witnessed a family of individuals reaching out—without judgment—to those who simply needed a helping hand. I have gained a true appreciation for the plight of homeless women and children, and what I have learned here I will surely carry with me as I strive to become a socially responsible physician.



"Medicine is a field of service and this summer forced me to grow in the understanding of this concept..."

~Zach Thurman,  
Crossroad Health  
Center

## Board Members

James Boex, PhD	Erin Moushey
Sz-min Chen	Beth O'Connor, RN
Sr. Agnes Coveney	Edward Osofsky
Denise Gibson, PhD	Dawn Perrin
Clare Herlihy, MD	Eric Peters
Rod Huber	Lauren Simendinger
Karen Kent, MS	Jessica Sisto
Dan Laughlin	Sally Wessendorf, RNS, BSN
Laura Leighton	Laura Wexler, MD
Rhonda Lewis, M.Ed	



## UHP Interns 2009

Megan Albertz	Steven Moore	Victor Sun
Lisa Bartholomew	Manisha Patel	Zach Thurman
Loren Brook	Hillary Patterson	Jodie Toward
Eric Groh	Ravi Ramasamy	Andrea Watts
Brian Hendricks	Brittany Reed	Helen Weir
Colin Meyer	Robert Hobohm	
Regina Meyer	Juan Rojas	
Patrick Minges	Sofia Mirkopoulos	

## Funders

Bethesda Foundation	\$21,000
Johnson Family Foundation	\$20,000
Bethesda North Medical and Dental Staff	\$15,000
Jacob G. Schmidlapp Trusts, 5/3 Bank	\$15,000
Children's Hospital Medical Staff	\$ 6,500
Academy of Medicine Foundation	\$ 6,000
University Hospital Medical Staff	\$ 5,000
Drs. Kunkel and Saker	\$ 5,000
Wohlgemuth Herschede Foundation	\$ 5,000
Vanguard Medical	\$ 3,500
Good Samaritan Medical Staff	\$ 3,000
Health Alliance	\$ 3,000
St. Luke Medical Staff	\$ 3,000
Western and Southern Financial Group	\$ 3,000
Robert M. Butler Memorial Foundation	\$ 1,500
Richard L. and Freda K. Flerlage Foundation	\$ 1,000
Steven and Jina Sisto	\$ 1,000
David F. and Sara K. Weston Fund	\$ 500
Kaplan Foundation	\$ 500
UC Physicians, Dept of Radiology	\$ 500
Cincinnati Accenture	\$ 305
Mayfield Clinic	\$ 300
UC Physicians, Dept of Psychiatry	\$ 250
UC Physicians, Dept of PM&R	\$ 250
Mr. and Mrs. Schott	\$ 25

### Thank you to our new funders for 2010-2011

Charles H. Dater Foundation	\$ 5,000
The Louis and Melba Schott Foundation	\$ 3,000
Health Foundation of Greater Cincinnati	\$ 2,000
Dr. David Reinhard, MD	\$ 100
Dr. Susan R. Strick, MD	\$ 100
Dr. Jennifer Swenson, MD	\$ 100
Dr. Mona Mansour, MD	\$ 50
Dr. Kara Iskyan, MD	\$ 20

### Urban Health Project 2 Year Budget

#### Personnel

	2009-2010	2010-2011
<b>Summer</b>	22 interns	25 interns
Student Interns	\$77,000 <sup>1</sup>	\$87,500 <sup>2</sup>
Project Co-Directors	\$7,000	\$7,000
<b>Academic Year</b>		
Project Co-Directors	\$3,000	\$3,000
Financial Advisors	\$1,000	\$1,000
Subtotal	\$88,000	\$98,500
Workman's Comp (5.2% of personnel expenses)	\$4,576	\$5,122

#### Non-personnel

Publications/Annual Report/Notes <sup>3</sup>	\$1,000	\$1,000
Film & Processing	\$100	\$100
Travel	\$1,000	\$1,000
Special Events & Meetings	\$1,000	\$1,000
Web & Design Development	\$750	\$750

#### Total

**\$96,426      \$107,472**

- 06/09/08 - 08/01/09 (22 interns @ \$3500)
- 06/09/09 - 08/01/10 (25 interns @ \$3500)
- Figures represent amount not covered by Bethesda Hospital/TriHealth in-kind donations including: office space, desk, chair, telephone, office supplies, postage & access to computer, copier, printer, and fax machine.



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