

Summer 2010 Events

June 7- Beginning of Summer Internships

June 24- Over-the-Rhine Agency Tour

After lunch at Power Inspires Progress's Venice on Vine, interns walked through Over-the-Rhine visiting UHP partner agencies.

July 15- Intern Seminar and Service Project

Interns spent the morning sharing their sites with one another which led to referrals and networking between sites. Afterwards, interns spent time renovating the "Mac House" which will be used to as subsidized housing for low-income individuals working for local non-profit organizations.

July 19- Second Annual Alumni Golf Outing Fundraiser

Held at Wyoming Golf Club, interns registered players, hosted games, and sold raffle tickets. We anticipate having raised over \$2,000 which will almost fully support an intern next summer.

July 28- Committed to Community

Interns, site supervisors and members of the community came together to celebrate our 24th summer with a poster seminar and short program. Each intern presented a poster on their summer experiences and Dr. Charles Schubert, MD joined us as the keynote speaker.

August 13- End of Summer Internships

2010 Commitment Award Recipients

Andrea Sitlinger:



Andrea, at Off the Streets, started a running group and was instrumental in working with and motivating the women, convincing them that they are capable of exercising and leading healthy lives. What started off as a running group of two, with other women swearing they would never try or be able to run, has now grown

into half of the program joining in when schedules allow or even completing the workouts on their own time when they cannot join the group. In addition to motivating these women, Andrea also procured proper exercise attire for them and has been working on obtaining running shoes for them as well.

Seth Vensil:



Seth, at First Step Home, took the initiative to become almost a full staff member at his agency. Often working into the evening to hold educational classes for families, in addition to developing and leading group sessions, filling out the corresponding Medicaid paperwork and helping women through acute crisis, he

obviously earned the respect and trust of both the agency staff and clients. Reading his weekly reflections, the co-directors were often struck by the realizations and lessons he had taken from his daily interactions and it was evident how invested he became in the women's well-being. He contributed a great deal to his site over the summer and embodied the Urban Health Project mission by truly using the opportunity to grow as an individual and future physician.



The following are excerpts taken from some of our intern summer reflections. Their words demonstrate the impact that UHP has had on them and their futures as physicians.

"It is great to see that women really care about their health. No matter what their income, lifestyle, or housing situation, most of the women I met are truly concerned about their health and well-being."

- Emily Gay, *Breast & Cervical Cancer Project*

"Without the ability to comprehend English and start on a level playing field with the American children, it seems as if there will be an endless cycle of poverty for these children if they can't get ahead in school. I am glad that this English immersion program is in place to try to prepare these kids for the school year and get them to be able to succeed in American schools."

- Maria Hovey, *UC Family Medicine*

"As they have started to figure out what it means exactly that I'm a medical student, they have begun to be more comfortable talking with me about their health care problems and concerns. One even stands out in my mind from the week. I was able to actually help one of the residents plan out the immunization schedule for her 6 month old son."

- Ashley Ivkovich, *Welcome House of Northern Kentucky*

"After a couple visits I realized that before our day started, I assumed our clients would be as fixated on the crime and misfortune going on around them as the rest of Cincinnati, but they weren't. These individuals were just trying to make it through their day, dealing with the things that made their own lives more difficult, and they have plenty to deal with."

- Brent Wagner, *TriHealth Parish Nursing*

"It was not until we left the patient's house and I had a chance to reflect on the experience that I began to grasp my own emotional reaction...Our presence at his home was the first step in the realization that it was time to prepare for death. This first visit was quite difficult for me and the beginning of a week that challenged my own beliefs on life and death and what hope in the face of death means."

- Colleen Marty, *Hospice of Cincinnati*

Thanks To Our Generous Funders:

Bethesda Foundation	Health Foundation of Greater Cincinnati
Johnson Family Foundation	Robert M. Butler Memorial Foundation
UC Physicians	Cincinnati Children's Hospital Medical Staff
Bethesda North Medical & Dental Staff	Drs. Kunkel and Saker
Jacob G. Schmidlapp Trusts, Fifth Third Bank	Dr. David Reinhard
Academy of Medicine of Cincinnati Foundation	Dr. Susan R. Strick
University Hospital Medical Staff	Dr. Jennifer Price Swenson
Charles H. Dater Foundation	Dr. Mona Mansour
St. Elizabeth Hospital Medical Staff	Dr. Craig Chalfie
Western & Southern Financial Group	Dr. Timothy Brady
Louis and Melba Schott Foundation	Dr. Kara Iskyan
Good Samaritan Hospital Medical Staff	UC Medical Student Association
	UC College of Medicine Alumni

Thanks To Our 2010 Sites:

Bethany House Services	Lighthouse Youth Development
Bethesda North OB/GYN	Neighborhood Health Care
Breast and Cervical Cancer Project	Off the Streets
Catholic Charities SouthWestern Ohio	Project Connect
Cincinnati Children's Hospital	Tender Mercies
Crossroad Health Center Downtown	TriHealth Parish Nursing
Crossroad Health Center Pediatric West	TriHealth SeniorLink
First Step Home	UC Family Medicine
Health Resource Center	UC OB/GN
Hospice of Cincinnati	Welcome House of Northern Kentucky
Lighthouse New Beginnings	Women's Health Services
Lighthouse Youth Crisis Center	



Urban Health Project *2010 Summer Summary*



The 24th summer of Urban Health Project is coming to an end and it has truly been a successful summer. This summer UHP was able to place and support the internships of 25 University of Cincinnati medical students at 23 sites throughout the Greater Cincinnati area. We were pleased to start partnerships with First Step Home and Off the Streets and add them to our list of local agencies which range from youth crisis centers and shelters for homeless women to clinics and rehabilitation facilities. Our interns not only took the initiative to be valuable assets to their sites, but also used the summer as an opportunity to connect with the underserved populations in their community and recall the more human aspects of medicine. Through the internships, reflections, seminars and community service project, we hope both our interns and sites leave the summer with sustainable benefits and look forward to continuing toward our mission of producing more socially responsible physicians in the coming year.