

# Thank You to our 2016-2017 Funders

## Patrons (\$15,000+)

- Bethesda Foundation, Inc
- Cincinnati Children's Hospital Medical Center Medical Executive Committee
- Johnson Family Foundation
- University of Cincinnati Physicians, Inc.

## Sponsors (\$5,000 - \$14,999)

- Academy of Medicine of Cincinnati Foundation
- Good Samaritan Hospital Medical/Dental Staff Fund
- University Hospital Medical Staff
- Charles H. Dater Foundation, Inc
- Bethesda Hospital Medical and Dental Staff Fund

## Partners (\$500 - 4,999)

- Western and Southern Financial Fund
- Dr. Jennifer K. Grogan

## UHP Proposed 2017-2018 Budget

### Personnel:

Summer - 19 Interns, 2 Co-Directors

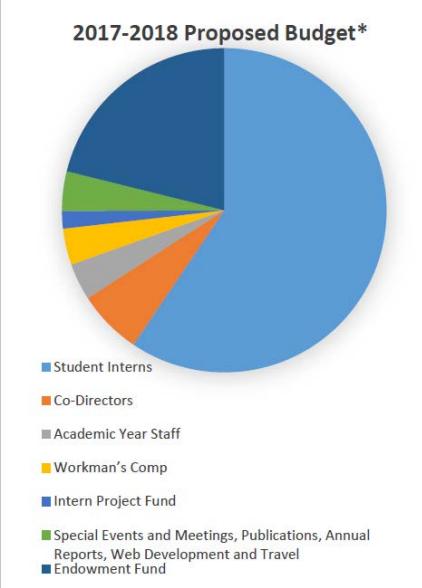
|                             |  |
|-----------------------------|--|
| Student Interns             | \$64,750 <sup>1</sup>                  |
| Co-Directors                | \$7,000                                |
| Academic Year               |  |
| Former Project Co-directors | \$4,000 <sup>2</sup>                   |
| Workman's Comp              | \$3939<br>(5.2% of Personnel expenses) |

**Personnel Total** \$79,689

### Non-Personnel:

|                             |           |
|-----------------------------|-----------|
| Intern Project Fund         | \$1,900   |
| Special Events and Meetings | \$2,000   |
| Web and Design Development  | \$300     |
| Endowment Fund              | \$23,000  |
| Publications/Annual Reports | \$1000    |
| Travel                      | \$1000    |
| <b>Non-Personnel Total</b>  | \$29,200  |
| <b>Total</b>                | \$108,889 |

1. 18 interns at \$3500 and 1 half-time at \$1750
2. Following a year-long term as co-directors, the two organizational leaders from a given year serve as UHP Financial advisors and then as members of the board over the next two years



\*Figure represents amount not covered by Bethesda Hospital/Tri-Health in-kind donations including: officespace, furniture, telephone, office supplies, postage, and access to computer, printer, copier, and fax machine.

# Urban Health Project

## Annual Report 2017



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This marks the close of Urban Health Project's 30th year serving the Greater Cincinnati and Northern

Kentucky area. It has been an honor to guide the organization for such a landmark year. Personally, we have found the year to be filled with challenges, personal growth, and great achievement. The effect that UHP has on our community never ceases to amaze us; our interns and partner sites provide tireless hours of work in exchange for a better understanding of and closer relationship with the many diverse people here in Cincinnati. The dedication and compassion with which our interns approached the summer of 2016 was truly inspirational and we are proud to have been a part of it. Furthermore, none of this would be possible without our partner sites, and for their dedication we are truly grateful.

Over eight weeks of summer, our 22 interns provided 6050 hours worth of service to 1500 people in clinical, social, and research settings throughout Cincinnati and Northern Kentucky. Each completed a personal project. Projects included exercise programs designed to help control drug cravings; healthy cooking, meditation, and nutrition classes; organizing a health fair; research regarding barriers to care; research on how to implement a primary care clinic at an inpatient detox and residential treatment center; and implementation of live video interpreting at a free clinic, among many others. While designing and implementing these projects, our interns were also afforded the opportunity to work with the many diverse people of Greater Cincinnati and Northern Kentucky, including the homeless, disadvantaged women, the elderly, at-risk youth, minority populations, refugees, and individuals who struggle with mental disorders or addiction. Weekly reflections provided by interns clearly demonstrated the impact that these interactions had in shaping our interns into community-minded future physicians.

Here, we are able to reflect upon this past year's program and to celebrate the partnerships that UHP interns hold with their partner sites. Our program has the potential to help shape future physicians' career paths and by way of our interns, the medical community as a whole. None of our work would be possible without the generous support of our funders, board members, interns, and community partners. As the program begins its fourth decade, we cannot help but recognize and celebrate the hard work that every person involved in Urban Health Project has contributed. Thank you for your dedication and we look forward to another great summer.

Sincerely, Gayle Kouklis and Joe Burkhamer

## Urban Health Project

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# Program Description

## Mission

To educate, inspire, and challenge medical students through their service to marginalized populations in Greater Cincinnati to produce more socially responsible physicians who have a greater understanding of the many factors that impact health



## Objectives

- To improve the health of the community by providing motivated and highly competent medical student interns to local organizations serving marginalized populations without any cost to the agencies.
- To dedicate over 300 hours of service per intern annually to disadvantaged women, the indigent, homeless, mentally ill, elderly, at-risk youth, and minority populations of Cincinnati and Northern Kentucky.
- To develop socially responsible physicians who are adequately prepared to face the challenge associated with providing quality care to underserved populations.

## History



Urban Health Project was founded in 1986 when medical students at University of Cincinnati decided they needed to supplement their rigorous medical studies with lessons in humanity. The program was intended to allow students to begin interacting with various patient populations during the summer after their first year of medical school.

The hope was that these students would learn to see the patients they interacted with first and foremost as people rather than diseases that needed treatment. Beginning with eight sites during the first summer, Urban Health Project has grown to provide internship opportunities for over 20 medical students each year. In line with its founding ideals, Urban Health Project continues to teach students valuable lessons about working with the underserved and recognizing the complex social factors that impact their health. With their hard work, compassion, and dedication, UHP interns have become a powerful force in improving health care for the underserved in Cincinnati.



## Intern Reflections

### Christopher Kanner

#### Crossroad Health Center, Over-the-Rhine

"I definitely have a better perspective on the struggles patients face while managing disease, which will allow me to be more empathetic and helpful as a physician."



*Difficulties with insurance, transportation, running out of phone minutes, and many other potential problems can prevent patients from arriving at appointments, staying in contact with their physician, or adhering to treatment."*

### John Duchak, Lighthouse Youth Development Center

"I think that I will take this awareness of how significantly life experiences impact one's mental health and well being so that I will always make sure to check in with my patients on how they are doing from a mental health perspective."



### Andrea Rosado, Good Samaritan Free Clinic

"This summer UHP experience has strengthened my passion for underserved medicine. More than ever, I feel drawn to family medicine so that I may coordinate complicated care for my patients and support them through their experiences. The future is so far away, but I hope to have the privilege of working in a health center that provides this level of care for the whole person with such ease."



### Nirguna Thalla, Tender Mercies

"A common obstacle that I have observed is residents dealing with sympathy and lack of respect throughout their day to day lives. This is something I never considered but many of the residents have personally told me it is amongst the biggest obstacle they face and one that many of them seek to fix badly. Many of them say it is hard to communicate and share their lives with those that constantly look down upon them or approach them always thinking they need to help them."



## Board of Advisors

Dr. Aurora Bennett  
Dr. Joseph Kiesler  
Rohnda Lewis  
Dr. Laura Malosh  
Dr. Theresa Meier  
Dr. Lorraine Stephens  
Laura Wilson  
Christian Molzahn  
Laura Dankovich



## 2016 Interns

Michael Adams  
Nithin Banda  
Tessa Benanzer  
Sean Bloor  
Shannon Clay  
Nicholas DePriest  
John Duchak  
Christopher Kanner  
Grace Lambert  
Christina Lee  
Helen Mulcahy  
Brandon O'Malley  
Heather Peterson  
Kevin Polacek  
Neha Ray  
Andrea Rosado  
Salima Sewani  
Nirguna Thalla  
Zoe Walters  
Joe Weethee  
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