

Dear IAESTE Trainee,

We are glad to welcome you to IAESTE TUL Traineeship.

Before your arrival

As you know it is very important to receive from all of you N5 document with your date and time of arrival and departure. This document we need to book a dorm for you. You will be living in dorm named 'Tygrys' (which mean Tiger). Address and contacts are at the end of the message.

When you come, you will have to pay 300 PLN for dormitory deposit.

You have free accommodation during your traineeship, but if you want accommodation before or after your internship, **you have to pay by your own for these extra days.**

Below Most Frequently Asked Questions:

Hostel - it is students' dorm in student's campus (double/triple bedrooms)

Kitchens – YES (one per floor), but without utensils (you will easily buy it here)

Linens - YES :) - however sleeping bag would be reasonable if you would like to travel around Poland

Towels - no

Laptop - up to you - unless your company asked you to bring it

Money We advise to bring 1000PLN for first month and have some extras for another one. e.g.: month ticket 40 PLN, lunch 20-50 PLN, beer: 10-15 PLN

Warsaw – Lodz Connection

You can come to Lodz by train and get off on Lodz (Łódź) Fabryczna or Lodz (Łódź) Kaliska station. It is important to know, that Warsaw airport is about thirty-minutes drive to Warsaw Centralna Train station. You need to take city bus <https://jakdojade.pl/warszawa/trasa/> or taxi from Warsaw airport to Warsaw (Warszawa) Centralna train station.

You can buy ticket just in the station. In second-class-trains seats aren't reserved.

Lodz station/airport - Dorm Connection

You can take a taxi from Lodz airport and stations to dorm, but you can also come by bus/tram <https://jakdojade.pl/lodz/trasa/> :

Dormitory Address:

Lumumby Street 3 Łódź

Student house V

Information on the Corona virus

IAESTE Poland continues to follow the developments on the coronavirus and adapts its activities flexibly to changing situations.

Please note that the situation is constantly changing and you should refer to the continuously updated information provided by the authorities, in particular as the detailed travel warnings issued by : <https://www.gov.pl/web/usa-en/covid-19-travel-to-poland>

You can also find current warnings and information here: <https://study.gov.pl/news/easing-covid-19-restrictions-poland-may-1-what-will-be-changed>

The authorities are in constant exchange and continuously evaluate current developments.

Contact to the IAESTE LC at Lodz University of Technology:

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In case of emergency

LUT Rectors Plenipotentiary for training programme and IAESTE exchange

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