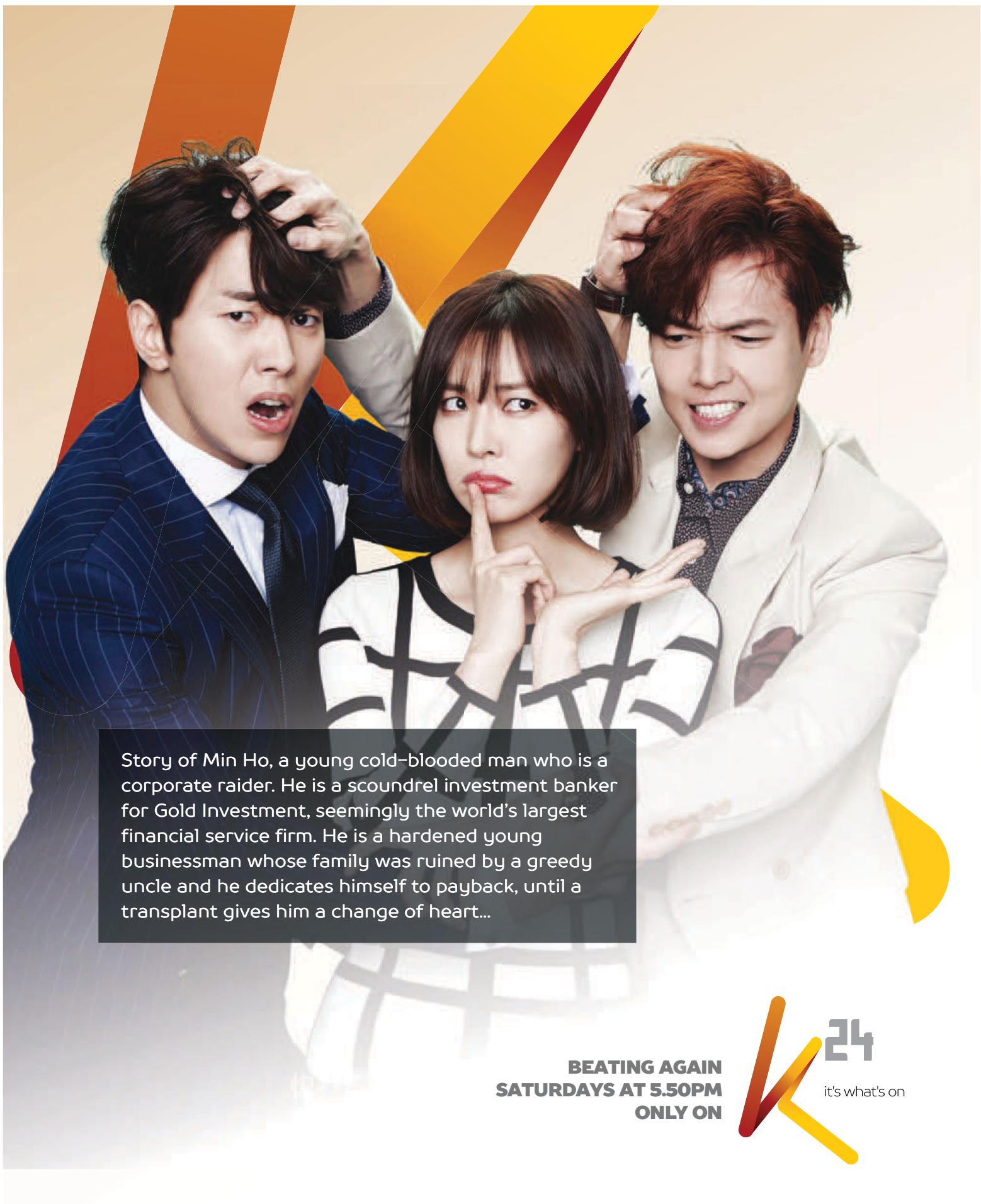




P.D.
People Daily



A NEW LOOK FOR AFRICA'S MOST DYNAMIC BANK



Story of Min Ho, a young cold-blooded man who is a corporate raider. He is a scoundrel investment banker for Gold Investment, seemingly the world's largest financial service firm. He is a hardened young businessman whose family was ruined by a greedy uncle and he dedicates himself to payback, until a transplant gives him a change of heart...

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Eliud Kipchoge inside the private jet.
INSET: The executive lounge .
PD/COURTESY

History-chasing Kipchoge jets out like a king



NewsBeat PG6

Raila and Mudavadi parties allege plot to rig Kibra by-election

Challenge: After seven months of intense training, world marathon champion departs Eldoret in private jet to attempt sub-two hours in 42km race **Pages 28-29**



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NEWS PAGE 5

Auditor General faults medical equipment lease



WORLD PAGE 15

Trump denies abandoning Kurds by pulling out of Syria

WEATHER TODAY

Nairobi	25°	Nyeri	24°
Mombasa	29°	Kitui	27°
Kisumu	30°	Wajir	33°

Informal schools seek legal redress over closures

The Kenya Alliance of Non-Formal Schools Welfare Association (Kanswa) yesterday asked the High Court to quash a government circular directing the closure of all non-registered schools. In the petition filed in court, the association says that 20,000 non-formal schools would be affected by the directive issued by the Ministry of Education on September 26. The suit comes at time when the government is carrying out a crackdown on schools that do not meet the set rules and guidelines. Through lawyer Sherwin Njoroge, the union says the circular was issued without consultation with the relevant stakeholders and was an affront to the right to fair administrative action.

— Nancy Gitonga



Uhuru mourns top theologian Mbiti

President Uhuru Kenyatta has sent a message of condolence to the family and friends of renowned theology scholar John Mbiti (above). Mbiti died last Sunday in Switzerland where he was a theologian and philosophy professor at the University of Bern and an Anglican Church clergyman in Burgdorf. He was 88. In his message, the President described Mbiti as an accomplished scholar and priest who was a great ambassador of Kenya abroad. "We've lost a great Kenyan. A great man who went against all odds to become a successful scholar, writer and priest. He was a role model and an ambassador of the Kenyan brand abroad," said the President.

— PSCU

Video reconstructs scene of city lawyer Kimani's murder

Court was expected to view the 47-minute footage yesterday but the case was adjourned to today

■ by Bernice Mbugua
@PeopleDailyKe

In a video yet to be played in court, a police informant who confessed to having assisted Administration Police officers kill lawyer Willie Kimani and two others reconstructs the crime scene—and how the bodies were traced.

Forensic officer Joseph Muindi showed the court a DVD containing 47 minutes and 48 seconds video footage recording of the informant, Peter Ngugi's blow-by-blow account of what transpired.

He told High Court judge Jessie Lessit that he took the video evidence on August 10, 2016 showing the spots where Kimani, his client Josephat Mwendwa and taxi driver Joseph Muiruri, were kidnapped and killed.

On Monday, the court was taken through Ngugi's 21-page written confession detailing how the four police officers planned and carried out the brutal murders.

Ngugi is charged alongside four AP officers Fredrick Leliman, Stephen Cheburet, Sylvia Wanjiku and Leonard Maina Mwangi with the murder of the three who were kidnapped after leaving Mavoko Law Courts on June 23, 2016.

Yesterday, the court was expected to view the 47 minutes 48 seconds video recording showing all the scenes where the crime was committed and how they were committed but the case was adjourned to today.

Physical evidence

"Crime scene reconstruction is a forensic process whereby we determine or eliminate any effects which occurred at the crime scene by analysing physical evidence. The role of the suspect is to take us through all that happened in a crime scene," he told the court.

Muindi told the court that he started the



Lawyer Willie Kimani murder suspects at the Milimani Law Courts, yesterday.
They are from left police informer Peter Ngugi, police officers Leonard Mwangi, Sylvia Wanjiku, Stephen Cheburet and Fredrick Leliman. Ngugi has confessed to the murder. PD/CHARLES MATHAI.

first recording at his office when Ngugi was brought to him by homicide investigating officer Clement Mwangi, who had asked for his assistance in reconstructing the crime scene.

"I laid all the questions to the suspect and informed him of his rights and whether he preferred to use Kiswahili... He did not have a problem and he agreed to proceed with the recording," he told the court.

DCI detective Muindi told Justice Lessit yesterday that Ngugi took them to the next place which was at Mlolongo Police Station and later Mavoko Law Courts where they did some recordings.

"About less than a kilometre, we did another recording where they abducted the deceased persons," he told the court.

The court heard that they proceeded to Limuru which was the third scene where he parked the vehicle used by the lawyer before they were kidnapped.

"We went to a forth scene at Syokimau AP Camp... the suspect showed us the cells where the three were held," Muindi told the court.

The police officer told the court that

they then proceeded to the actual scene on Mombasa Road where the three were murdered.

"From there we proceeded to our last scene which was Athi River in Ol-Donyo Sabuk area, Machakos county where the suspect explained to us how they disposed of the bodies," he told the court.

"I was using an official equipment which was a camera. I paired the original working recording which I further generated using official working equipment and download-ed the recording."

Ngugi's lawyer Kevin Michuki has objected to the production of the DVD and transcripts in court. Justice Lessit directed the matter proceed today.

Meanwhile, another witness whose national identification card was used to register the SIM card used by Ngugi, testified yesterday morning explaining how he lost his ID.

Kareithi Muriungi Moses, who works with SGR, said he lost his ID towards the end of January 2015 and he reported the matter at Mlolongo Police Station.

Female students face barriers in TVETs, report reveals

■ by Evelyn Makena
@evelmake_g

Female students enrolled in Technical and Vocational Education and Training (TVET) institutions face numerous challenges, a new study has shown.

A gender analysis in Kenya's TVET sector carried out by Kenya Educa-

tion for Employment Program, has shown that despite an increase in female student enrolment for technical and vocational courses, there was unequal participation for women and girls.

The report, based on data collected from the 11 national polytechnics, cites social, cultural and religious beliefs as key barriers to

female enrolment in TVETs.

Such believes, the report says, hinder, retention, completion and access to employment opportunities.

"The perception is that courses like dressmaking and hospitality are for women and the technical courses for men. These views inform the courses female students settle on

and those who defy those norms are ridiculed," said Ruth Oloo of Colleges and Institutes Canada.

But launching the report yesterday, Principal Secretary, Vocational and Technical Training Kevit Desai (pictured), said the government was committed to investing in reforms geared towards transforming the technical training institutions.





When mythological gods weren't so godly

Sisyphus and the eternal boulder of suffering

Sisyphus was a very cunning man in life, often tricking the gods, his fellow mortals, and even death itself. In punishment for being such a sneaky guy, the gods condemned him to roll a boulder uphill for all eternity. Whenever he would reach the top of the hill, the boulder would roll back down and he'd have to begin all over again. No tricks, no way out, forever. The moral of it all? Never piss off the gods.



Ixion impregnates a cloud, creates centaurs

Ixion was in exile for certain crimes against fellow humans, when Zeus, the god of lightning and thunder, took pity and invited him to Olympus as a guest. Ixion then became obsessed with goddess Hera. Problem is, she was the sister and wife of Zeus. To test his loyalty, Zeus created a cloud version of Hera, which Ixion promptly impregnated. Zeus was furious and transformed Ixion into a giant flaming wheel. The cloud offspring was named Centaurus, and proceeded to mate with a whole bunch of horses, forming the mythical creature Centaur, half-man and half-horse.

Perhaps, the most (and probably the only) important point to take from this? Don't piss off the gods, especially Greek mythological ones, because they can be awfully vengeful



Woman rejects god, god makes flute out of her

Pan, the creepy half-goat, half-man god of the wild, was generally, a pretty nasty guy. He was known for tending, and sometimes having relations with his sheep, and for wanting to get with basically every female he ever laid eyes on. One such nymph, Syrinx, really wasn't very open to these advances, and tried to flee. Pan chased her through the woods, until an exasperated Syrinx got a river god to transform her into a bunch of reeds. But Pan was so determined to have her, he used the reeds to craft a flute, what is known today as the pan flute.



Hungry Erysichthon feasts on himself

Again, it's never a wise thing to piss off the gods, as Erysichthon, painfully found out. This man was awfully greedy and incredibly rich, and really didn't pay the gods much mind. One day, he cut down a sacred grove of trees to build another feast hall, which Demeter, the goddess of Agriculture found a bit despicable. So she gave Erysichthon an appetite so strong he ate until he exhausted his wealth. He even tried to sell his own daughter for food! When he had nothing else left, he turned on himself and munched his own flesh till he died.

Cronus eats his kids, castrates dad

Cronus, the last born son of powerful god Uranus was so power-obsessed he castrated his father in order to become the top dog. Afraid one of his own children would overthrow him, he proceeded to eat every single one of them. Well, except for one named Zeus, who did eventually overthrow him. When he grew up, Zeus sought out his father, and forced him to vomit up all the baby gods he'd eaten over the years. The gods, being mortal, were still alive, and a decade-long war raged when Zeus and his siblings triumphed over their father.



Goddess punishes the better weaver

Seamstress Arachne was so good she occasionally boasted that she was better than even goddess Athena, who was supposed to be the best weaver in existence. Athena heard this and cautioned the girl to shut up before someone made her to. She didn't. So Athena challenged her to a weaving contest, intent on knocking Arachne down a peg or two. But when the weaving was completed, the goddess saw that she was beat. In a fit of jealousy and anger, she cursed the girl with guilt - so much guilt, she took her own life. Athena then transformed her into a spider, so that she could weave for all eternity.



Senior officer set to record statement over Sh6m theft

Commissioner of police said to have received firearm from one of the suspects who is on the run

by PD Reporter
@PeopleDailyKe

One of the four police officers suspected to have robbed two people of Sh6 million in Eastleigh, Nairobi, handed over his firearm to a senior police officer before escaping, the *People Daily* has established.

The senior officer, a Commissioner of Police attached to the National Police Service headquarters, is expected to record a statement with detectives even as the search for the missing officer intensifies.

The revelation emerged on a day that the Directorate of Criminal Investigations (DCI) boss George Kinoti said they had widened the scope of investigations into the matter to include individuals who might have aided the robbery as well as the victims, and the owner of the guest house where the incident took place.

Source of money

"We are interested to know the source of the money and what the victims wanted to do with the money. Was it a case of money laundering?" Kinoti asked yesterday.

The top detective said the DCI was following recent incidents where police officers have been implicated in robbery and other criminal activities.

"All the people involved in that incident, including police officers, will face the law and it does not matter which rank they may hold. A thief is a thief, irrespective of their rank," said Kinoti.

Investigations have revealed that after the missing officer escaped from Eastleigh with about Sh2.5 million, he went to Kayole police station where he handed over the money and a pistol to a female officer identified only as Caro.



Directorate of Criminal Investigations boss George Kinoti addresses the press at a recent event.

PD/FILE

Sh6 million

Cash robbed from two people at a lodge in Eastleigh, Nairobi

The female officer then conspired with Kayole police canteen operator identified as Petronila Njeri to hide the money. Njeri, according to police sources, has operated the canteen for many years and had vied for the position of Member of County Assembly (MCA) in the 2017 elections.

The two women proceeded to Rui, where they met the police commissioner whom they gave the gun and a share of the money. The commissioner is said to have immediately returned the pistol to the armoury at Rui police station.

Should investigations establish that the senior officer played a role in trying to conceal evidence of the robbery, he is likely to be charged with robbery and aiding robbery.

Detectives are still tracking down the missing police constable and also trying to establish how part of the money was divided among the three in Rui.

"The firearm was handed over to the station by the senior officer in unclear circumstances. Reports also indicate that part of the money was given to some officers at the station," said a senior officer involved

in the investigations.

Four suspects, including three police officers and a foreigner, have been charged over the robbery which was captured on CCTV cameras. Detectives said six people went to Barwqo Lodge in Eastleigh and robbed Mohammed Hassan Mohammed and Abdulahi Hussein Yusuf of \$60,000 (Sh6 million).

Raised alarm

The victims raised the alarm as the suspects fled. Police officers on patrol responded and managed to arrest four of the suspects.

Police sources said the senior officer may be regarded as an accessory given that even after he knew that the junior officer had committed a crime he still assisted in him to avoid arrest and prosecution.

The said Commissioner of Police served as a senior officer in Eastlands, Nairobi, until 2012 when he was transferred. He was eventually posted to Vigilance House.

Aukot suffers blow after Nairobi, Nakuru, Makueni reject Punguza Mizigo bill

by David Ndolo, Roy Lumbe and Charles Muasya
@PeopleDailyKe

Thirdway Alliance Party leader Ekuru Aukot yesterday suffered yet another blow after Nairobi, Nakuru and Makueni Assemblies rejected his Punguza Mizigo bill.

This now brings to 10 the number of devolved units that have so far rejected Aukot's bill, with only Uasin Gishu having approved the initiative.

Aukot now has about 10 days to ensure he garners the support of at least 24 counties to see his bill sailing through.

The ground has also been set for the bill to suffer more setbacks after the public rejected it during a public participation exercise. "The public decision will form part of the report to be tabled before the House soon. Reading the public mood, the House will definitely reject the bill," Kitui county Assembly Justice and Legal Affairs Com-



mittee chairman Nelson Musyoka said.

In Nairobi, the bill tabled by the chairman of the Implementation, Justice and Constitutional Affairs Committee Jayendra Malde but moved by Majority Leader Hassan Guyo (pictured) failed to receive any support from the MCAs due to the proposal to reduce the number of constituencies.

While in Nakuru, the Justice and Legal Affairs Committee chairperson Erick Gichuki who tabled the report by the committee said members were not happy with several recommendations in the bill.

22 unregistered schools closed down in Kisumu

by Noven Owiti
@PeopleDailyKe

Some 22 private primary schools have been closed down in Kisumu county as the government intensifies a crackdown on unregistered institutions and with poor infrastructure.

County Director of Education Isaac Atebe said the decision to close the institutions was reached by a multi-agency team comprising Ministry of Education, Public works, Interior ministry and Teachers Service Commission (TSC) officials after an assessment.

He said an audit by the team also established that teachers in the schools were not qualified and not registered with the TSC. "The schools failed to meet basic education requirements particularly on registration

for them to operate legally," said Atebe, adding that parents have been advised to relocate their affected children to nearby public and private schools. While Atebe said officers from government agencies will continue with the inspection in all the sub-counties to establish the status of schools safety.

Safety guidelines

Education Cabinet secretary George Magoha gave a deadline of October 25 for schools to comply with minimum safety guidelines, promising that after which action will be taken against those that fail to cooperate.

Those targeted in the crackdown are unregistered schools; those with dilapidated structures and institutions that have exceeded their enrollment capacities.

BRIEFLY

CS declares Moi Day public holiday

Interior Cabinet Secretary Fred Matiang'i (pictured) has declared October 10 a public holiday, but failed to make any pronouncement on how the former Moi Day will be commemorated. In a statement to newsrooms, the CS alluded to a court ruling which restored the celebrations. "In Judicial Review No. 292 of 2017 (*Republic v Cabinet Secretary for Internal Security Ex Parte G O Nyauchi and 4 Others*) the Court affirmed October 10 remains a public holiday to be observed as such. Going by this decision, therefore, October 10 shall be a public holiday," he said. Moi Day had been removed from the list of national holidays following the promulgation of the Constitution in August 2010, while others like Kenyatta Day were renamed.

—Seth Onyango



Calls to allocate more money for security

Interior Cabinet Secretary Fred Matiang'i wants more money allocated for research to mitigate emerging trends of insecurity. The CS who spoke while closing the international Parliamentary Intelligence Security forum yesterday urged Parliament to be on the forefront and press the Executive to allocate more resources to the security sector. "The security environment is evolving each day and that is why as stakeholders we are calling for research on how to tackle the new waves of crime. However, I am happy to see the legislative arm delving into matters of security," he said. At the same time Matiang'i lauded the international community for allowing such an event to be held in Kenya saying it displayed their commitment to seeing Kenya safe.

—Alvin Mwangi

Woman wants Kigen Sh79m suit dismissed

A woman who repossessed her multi-million hotel property in Watamu after an eight-year legal battle is now entangled in another suit with Nairobi lawyer Katwa Kigen, who is demanding Sh79 million as legal fees. Joyce Jepleting has filed an application at the Lands and Environment court in Malindi seeking orders to strike out a bill of costs by Kigen demanding Sh79,522,471, saying she has receipts and agreement to prove she has already paid Kigen in full, a sum of Sh3.2 million. "The agreed instruction fee was Sh2.5 million. I subsequently made payments to the tune of Sh3.203,000," she said in her affidavit. Justice James Olola ordered the matter to go for highlighting of submissions on November 20.

—Monica Kagia

Auditor General faults medical equipment lease

County governments have raised concerns over the deal meant to shore up healthcare at grassroots

by Hillary Mageka
@PeopleDailyKe

Details have emerged of how Ministry of Health officials hatched a plot to drain public funds through the procurement of the controversial Sh63 billion Managed Equipment Services (MES) programme.

A special audit on the MES scheme has exposed how top officials manipulated procurement laws, varied contracts and finally coerced county governments into accepting the equipment.

According to the Auditor General, the leasing of medical equipment to the 47 county governments initially brought on board as Public-Private Partnership (PPP), to scale-up investment in health infrastructure was changed to suit the regulations under the Public Procurement and Asset Disposal Act (PPDA 2005).

The health policy provided for PPP as a

form of financing health projects, the auditors affirmed.

Data presented to a Senate *ad hoc* committee investigating the quarrelsome MES programme on Tuesday revealed that ministry officials allegedly exploited a loophole in the Act that allows an entity to procure the good and services through restricted tendering.

In addition, the auditors said, they identified cases of non-compliance with Public Procurement and Disposal Act 2005 and regulations of 2006 that expose the "programme to risks of failure to realise value for money."

The MES concept paper indicated that the programme was to be implemented through long-term lease arrangements for medical equipment in accordance with the PPP Act, 2013 based on the "Build lease-and-transfer model".

"A report by PPP unit of October 2014, outlined that the project of equipping health facilities in Kenya had been approved by PPP Unit to be implemented as a PPP by the Ministry of Health," the auditor report read in part.

"The MoH adopted the Managed Equipment Services (MES) model which required



IN FIGURES

- According to the report, some Sh29.1 billion [Sh4.5 million per year from 2015/16 to 2017/18, Sh9.8 billion in 2018/19 and 6.2 billion in the current financial year] has so far been deducted from the counties.

CoG chair and Kakamega Governor Wycliffe Oparanya has been strongly critical of the medical scheme. PD/ BERNARD MALONZA

for outsourcing of all aspects of medical equipment to third party companies that specialises in providing the type of service required," it adds.

The report now indicts the Cabinet Secretary Sicily Kariuki-led ministry for abandoning the PPP—the established form of financing the projects—and sidelining the counties in carrying out needs assessment and employing restricted tendering in procuring consultants for the project.

Court to rule on Kiambu Cabinet shuffle case on Friday

by Nancy Gitonga
@PeopleDailyKe

The Employment and Labour Relations Court will on Friday make a ruling on whether to set aside orders barring Kiambu Deputy Governor James Nyoro from "reshuffling" the county government Cabinet.

Justice Onesmus Makau, who heard the application by Nyoro yesterday, will determine whether to lift the orders he issued on September 25 following a petition by Kiambu voter Marion Njeri.

In his submissions, Nyoro through lawyer Kibe Mungai, urged the court to set aside the orders and stay the proceedings pending the hearing and determination of two petitions before the High Court Constitutional and Human Rights Division.

Kibe said there is need to avoid two courts of equal jurisdiction making conflicting decisions and it is only fair and just that the proceedings are stopped pending the outcome from the High Court.

"Nyoro is acting for the interest of public and since Governor Ferdinand Waititu has been barred from accessing his office, what will happen if there are services required from that office," he asked.

REPUBLIC OF KENYA TWELFTH PARLIAMENT THE SENATE

The Public Finance Management (Amendment) Bill, (National Assembly Bills No. 63 of 2019)

PUBLIC HEARINGS AND SUBMISSION OF MEMORANDA

The Public Finance Management (Amendment) Bill, (National Assembly Bills No. 63 of 2019) was read a First Time in the Senate on Wednesday, 25th September, 2019 and thereafter stood committed to the Senate Standing Committee on Finance and Budget.

Pursuant to the provisions of Article 118 and standing order 140 (5) of the Standing Orders of the Senate, the Standing Committee on Finance and Budget now invites interested members of the public to submit any representations that they may have on the Public Finance Management (Amendment) Bill, (National Assembly Bills No. 63 of 2019). The representations may be made orally or by submission of written memoranda in the following manner –

1. Public Hearings shall be held on Wednesday, 16th October, 2019 from 10:00 a.m. to 12:00 noon at the Mini Chamber, First Floor, County Hall, Parliament Buildings, Nairobi; or
2. Written Memoranda may be forwarded to the Clerk of the Senate/ Secretary, Parliamentary Service Commission, P.O. Box 41842-00100, Nairobi, hand-delivered to the Office of the Clerk, First Floor, Main Parliament Buildings, Nairobi or emailed to cseenate@parliament.go.ke, to be received on or before Tuesday, 15th October, 2019 at 5:00 pm.

The Public Finance Management (Amendment) Bill, (National Assembly Bills No. 63 of 2019) is available on the Parliament website at <http://www.parliament.go.ke/senate>.

CLERK OF THE SENATE / SECRETARY
PARLIAMENTARY SERVICE COMMISSION.

REPUBLIC OF KENYA THE NATIONAL ASSEMBLY TWELFTH PARLIAMENT – THIRD SESSION

In the matter of consideration by the National Assembly:-
The County Wards Development Equalization Fund Bill (Senate Bill No. 34 of 2018)

SUBMISSION OF MEMORANDA

Article 118(1)(b) of the Constitution provides that, "Parliament shall facilitate public participation and involvement in the legislative and other business of Parliament and its Committees". Further, the National Assembly Standing Order 127(3) requires the Committee to which a Bill is committed to facilitate public participation and take into account views and recommendations of the public when the Committee makes its report to the House.

The County Wards Development Equalization Fund Bill, (Senate Bill No. 34 of 2018) seeks to provide a framework for establishment of a County Ward Development Fund and the establishment of administrative structures to oversee the management of the Fund.

The County Wards Development Equalization Fund Bill, (Senate Bill No. 34 of 2018) has undergone First Reading pursuant to Standing Order 127(3) and stands committed to the Select Committee on National Government Constituencies Development Fund for consideration and thereafter reporting to the House.

Pursuant to Article 118 (1)(b) of the Constitution and Standing Order 127, the Committee invites interested members of the public to submit any representations they may have on the said Bill. The Submissions may be forwarded to the Clerk of the National Assembly, P.O. Box 41842-00100, Nairobi; hand-delivered to the Office of the Clerk, Main Parliament Building, Nairobi; or emailed to clerk@parliament.go.ke; to be received on or before Friday 18th October, 2019 at 5:00 pm.

Copy of the Bill may be downloaded from Parliamentary website:

<http://www.parliament.go.ke/the-national-assembly/house-business/bills>

MICHAEL R. SIALAI, EBS
CLERK OF THE NATIONAL ASSEMBLY

Raila, Mudavadi claim plot to rig Kibra by-election

Opposition leaders renew fight against IEBC, allege electoral agency is turning blind eye on malpractices

■ by Mercy Mwai and George Kebaso
@PeopleDailyKe

Opposition leaders have renewed their fight with the Independent Electoral and Boundaries Commission (IEBC) after they accused it of conspiring with Jubilee Party to rig the Kibra by-election slated for November 7.

Raila Odinga's ODM party has accused two IEBC commissioners of planning to rig the by-election in favour of Jubilee candidate and former football star McDonald Mariga, whose campaign has been mired in allegations of voter bribery.

On the other hand, Musalia Mudavadi's Amani National Congress party fingered the commission for allegedly turning a blind eye to electoral malpractices propagated by Deputy President William Ruto while campaigning for Mariga. Mudavadi accused the DP of using his official residence as a campaign base.

Addressing a press conference at Parliament Buildings yesterday, ODM leaders claimed there were attempts by Jubilee to rig the by-election by doctoring the Kibra voter register.

The party's top brass alleged that two commissioners are allegedly working with a top Jubilee official from northern Kenya to manipulate the register to shortchange their candidate, Imran Okoth.

ODM chairman John Mbadi, director of elections Junet Mohammed, MPs Opiyo Wandayi (Ugunda), Gladys Wanga (Homa Bay), Eve Obara (Kabondo Kasipul), Florence Mutua (Busia Woman Representative), Ong'ondo Were (Kasipul) and Walter Opiyo (Awendo) claimed the official has been meeting the commissioners in a bid to manipulate the poll.

They also claimed Jubilee had hired the services of former Energy Cabinet secretary Davis Chirchir, whom they accused of manipulating the 2017 presidential election, to allegedly interfere with the Kibra by-election electronically.

"As ODM, we are not complaining but we are aware that two commissioners have been taking breakfast, lunch and supper with a top Jubilee person from northern Kenya. We are also aware that Jubilee has hired the services of Chirchir to go and manipulate the elections in Kibra. I want to dare IEBC that if they attempt to do anything they will face the wrath of ODM," said Junet.



ANC party leader Musalia Mudavadi addresses faithful from the African Divine Church during campaigns for Eliud Owalo in the upcoming Kibra by-election. PD/
KENNA CLAUDE

Attempts yesterday to get comments from Ruto's director of communications David Mugonyi did not bear fruit as he neither picked our calls nor responded to short text messages (SMS) sent to his phone.

But IEBC chairman Wafula Chebukati said they are yet to receive any formal complaint from both ODM and ANC.

"We have just learnt of the allegations through the media, but should they make a formal complaint, we shall respond depending on the strength of the evidence provided," he said.

ODM made the claims on a day it announced it will be marching to the IEBC's Anniversary Towers offices to demand that the commission produce the voter register for Kibra constituency.

Law flouted

Junet, who read a statement on behalf of the eight MPs, claimed their decision is based on the fact that within three weeks to the by-election, the commission has yet to provide the updated voter register the party had been requesting for.

He claimed the party has in four occasions written to the commission and paid the Sh15,000 required to provide the updated register for Kibra and a full list of registered voters since 2017 to date including the dates and centres of registration.

Mbadi said by declining to provide the list, IEBC was refusing to be transparent and accountable as per the provisions of the Constitution.

"The IEBC has refused to learn from its past mistakes, including 2017. We demand transparency from them. Let them share with us details of their voters' register in Kibra," he said.

"We will go to their offices tomorrow (today) to tell them that they must be transpar-

ent in their dealings in Kibra".

According to Mbadi, the party will not sit back and watch as the law is being flouted because the Election Act 2015 obligates the commission to make the register of voters available all the time, and also create a public portal to enable members of the public to inspect the register.

"IEBC does not want to be transparent and accountable, but what we are telling them is that we will go to their offices tomorrow (today) to demand that the register be availed to us," said Mbadi.

Alleged handouts

Speaking separately, Mudavadi accused the DP of turning his official residence into a campaign base, saying by hosting delegations of Kibra residents, potential voters in the poll, he is actively breaching the Election Offences Act 2016.

"Hosting political delegations in a government installation is the worst case scenario. Is the Electoral Independent and Boundaries Commission aware that this is abuse of public resources? Is this not a breach of electoral rules?" asked Mudavadi, whose candidate is Eliud Owalo.

Several campaign meetings in favour of Mariga have been held at the DP's Karen residence, where a confrontation ensued yesterday as the youth fought over alleged handouts.

The Act states that a candidate, referendum committee or other person shall not use public resources for the purpose of campaigning during an election or a referendum.

The DP is also grappling with accusations from other parties that he has been inducing Kibra voters with handouts, especially through meetings where local leaders are engaged to mobilise meetings at his official residence.

THE ISSUES

- Raila Odinga's ODM accuses two IEBC commissioners of planning to rig the mini-poll in favour of Jubilee candidate and former football star McDonald Mariga, whose campaign has been mired in allegations of voter bribery.

- Musalia Mudavadi's ANC fingers the commission for allegedly turning a blind eye to electoral malpractices propagated by Deputy President William Ruto while campaigning for Mariga. Mudavadi accuses Ruto of using his official residence as a campaign base.

Lonyangapuo seeks help over no-show deputy

■ by Mercy Mwai
@Gwangumaci

West Pokot Governor John Lonyangapuo (*pictured*) now wants Parliament to investigate his deputy, Nicholas Atudonyang', over prolonged absence from duty.

Atudonyang', who is also the county health executive, has been in the US since their election in August 2017.

His continued absence and claims that he works full time in the US yet he continues to earn a salary from the county has invited the wrath of the Ethics and Anti-Corruption Commission.

Lonyangapuo said he cannot sack his deputy as he has not done anything wrong apart from being absent.

"I cannot compel him to resign. My DG is better, he can be away but once in a while he comes or does things," he said.

Appearing before the Senate Committee on Devolution and Inter-governmental relations yesterday, Lonyangapuo said he has no powers to force his deputy back to office.

When asked whether he is ready to share his contacts so that the Senate can reach him, he said he was only able to provide them with his WhatsApp line which they communicate with.

As to whether he receives his salary, Lonyangapuo said they had reached an agreement that his salary be terminated.

"I cannot tell you things are running or not because he is absent. The law says he is my assistant. He is serving without a salary," said the governor.

Lonyangapuo added that through Atudonyang' networks in the US the county has been able to receive medical equipment and personnel worth more than Sh150 million.



Traders seek court orders to stop police interference in demos

■ by Sophie Njoka
@PeopleDailyKe

Traders in the transport and logistics industry have moved to court seeking orders to stop police from disrupting their weekly demonstrations over the Standard Gauge Railway (SGR).

The traders are protesting a directive that all upcountry-bound cargo should be transported through the SGR.

The groups said Inspector General of Police Hillary Mutyambai (*pictured*), Ny-

ali sub-county police commander Simon Thirikwa and Nyali OCS are in violation of the Constitution for disrupting peaceful demonstrations.

This comes in the wake of Monday's arrest of 15 people for taking part in demonstrations to protest the directive.

The protesters argued that despite an announcement by Transport Cabinet secretary James Macharia that the government had suspended the order, Kenya Ports Authority was still hauling containers to Inland Container Depots (ICD)



without the consent of shippers.

They added that the directive to have all the imported cargo cleared at the ICD is still in force because those in charge of the SGR cargo hauling have not received official communication to stop.

The petition was filed by lawyer Willis Otieno on behalf of Fast Action Business Community.

He said the petition, which has been received at the Mombasa court registry, is seeking to stop police officers from dispersing protesters seeking to push the

government to suspend forced clearance of cargo at the ICD in Nairobi.

He avers that police officers, acting on directives from the IG, acted against earlier orders allowing for the procession to take place.

"It's unfortunate that 15 protesters who sustained minor injuries were clobbered and intimidated during the arrest. They were further held in police cells for over six hours and later released. No charges were levelled against them," said Otieno.

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BRIEFLY**DPP gets nod to present new evidence in Sh226m NYS suit**

A Nairobi court has allowed the Director of Public Prosecutions to adduce new evidence in the National Youth Service (NYS) corruption case.

Milimani chief magistrate Douglas Ogoti directed DPP to serve former Youth Affairs PS Lilian Omollo and 31 others charged with the loss of Sh226 million at NYS with the additional documentary evidence within three days. He gave the accused persons 14 days to prepare for their defence.

The documents include issue notes, counter books

and receipts. The directive follows an application by the DPP on July 29.

Lawyer Stephen Ligunya, for Omollo, had objected to the application, arguing the prosecution ought to have disclosed all documents during pre-trial.

Omollo is charged alongside former NYS director general Richard Ndubai, other former public officials and businesspeople Lucy Ngirita, Ann Ngirita, Phyllis Ngirita and Jeremiah Ngirita.

The case will be mentioned on October 23.

-Nancy Gitonga

Court to hear Keroche tax evasion case in January

The hearing of a tax evasion case against Keroche Breweries directors Tabitha Karanja and her husband James Karanja Muigai will take on January 26, next year.

The date was agreed upon yesterday during a pre-trial conference before chief magistrate Martha Mutuku after the defense, through Kioko Kilukumi, confirmed they had been supplied with all witness statements and documentary exhibits.

The prosecution, through Catherine Mwaniki, told the court it had lined up 14 witnesses for



the case.

Tabitha (pictured) turned up for the pretrial but the husband did not on grounds of ill health.

The two are accused of evading taxes totalling Sh14.5 billion.

Both are out on bail.

-Nancy Gitonga

Woman charged with attempt to kill her child

A woman was on Monday arraigned before a Mpeketoni court for attempting to kill her nine-month-old baby. Ann Mwihaki was charged that on September 27 at Baharini village, Lamu county, she gave the child a poisonous insecticide with an aim of killing the baby. She faced another count of cruelty to the child. Although she did not take

- Monica Kagia

a plea, Mwihaki admitted attempting to poison her baby. She claimed the child's father had raped her and abandoned her and that she had no capacity to raise the baby. Resident Magistrate Pascal Nabwana directed that the file be placed before the senior resident magistrate in Lamu for plea taking today.

- Monica Kagia

Haji lines up 60 witnesses to testify against Lenolkulal

State will also rely on bank statements, contracts and vouchers to prove graft case against Samburu governor

by Nancy Gitonga
@PeopleDailyKe

At least 60 prosecution witnesses will testify against Samburu Governor Moses Lenolkulal and his 13 co-accused in a case in which they face graft-related charges.

Appearing before chief magistrate Douglas Ogoti in a Nairobi court yesterday for pretrial conference, Director of Public Prosecutions Noordin Haji, through State Counsel Alexander Muteti, said the witnesses include three forensic analysts.

The State will also rely on 205 documents, including bank statements, contracts and vouchers, to prove its case.

Muteti said the prosecution had served the defence with the documentary evidence and witness statements.

Lenolkulal (pictured) was arrested and arraigned in April and charged with four counts of abuse of office and conflict of interest leading to the loss of Sh84.6 million public funds, but he denied the charges.

He was released on Sh100 million cash bail. The court barred the governor from accessing his office until the case is heard and determined. Lenolkulal unsuccessfully appealed the order.



Samburu Governor Moses Lenolkulal at the Milimani Law Courts in Nairobi, yesterday. PD/CHARLES MATHAI

Justice Mumbi Ngugi, in a ruling, said she could not interfere with the decision of the trial court that set out conditions for bail.

Serious charges

She added that the governor and his co-accused face "serious" charges that warranted the conditions.

Lenolkulal is charged alongside his Deputy Julius Lawrence Leseeto, County Secretary Stephen Siringa Letinina and officials Daniel Nakuo Lenolkirina, Josephine Naamo Lenasalia and Reuben Marumben Lemunyete. Others are Linus Milton Lenolngenie, Paul Lolmingani, Benard Ltarasi Lesurmat, Lilian Balanga, Andrew Ropilo

Lanyasunya, David England Loosenge and Geoffrey Barun Kitewan.

They are accused that between March 27, 2013 and March 25, 2019 at Maralal town within Samburu county, they conspired to commit an offence leading to unlawful payment of Sh84,695,996.55 to Oryx Service Station, co-owned by the governor.

The governor is separately accused of trading with the county government through Oryx Service Station for the supply of fuel since the 2013, sparking a conflict of interest.

The case will be mentioned on Friday, when the court will give directions on the hearing dates.

HIGHLIGHTS

- Lenolkulal is charged alongside 13 others with defrauding Samburu county government Sh84 million.

- He is separately accused of trading with the county government through Oryx Service Station for the supply of fuel since the 2013, sparking a conflict of interest.

MUTETI

The prosecution has served the defence with witness statements

**In the dock...**

Suspended Treasury Cabinet Secretary Henry Rotich (right) and PS Kamau Thugge during the mention of their cases at Milimani Law Courts, yesterday. They face abuse of office charges over the multi-billion-shilling Kimwarer and Arroll dams scandal.

PD/CHARLES MATHAI

Sentence us afresh, death row convicts now urge Supreme Court



and businessman Wilson Thiribui, who have been in prison for more than 15 years, protested that they had appeared before the High Court 22 times for hearing on mitigation and sentencing in vain.

Muruatetu said he suffers from diabetes and was languishing in prison while Thiribui gave a chronology of their tribulations as their communication to authorities seeking to know their plight remained unanswered.

About 280 inmates were awaiting the outcome of their pending hearing on mitigation and sentencing, he said.

They, alongside five others, were found guilty by High Court judge Msagha Mbogholi of killing land dealer Lawrence Gitinji Magondi in Kitengela on February 4, 2000 and their appeal was dismissed on May 20, 2011.

They had been jointly charged with former Commissioner of Lands Wilson

Gacanja and his wife Elizabeth Gitiri, but the couple were acquitted.

In yesterday's session, the Attorney General came under fire for failure to obey orders requiring him to provide a progress report on the matter.

"We will mention this case within one month to give directions," Supreme Court judges David Maraga (Chief Justice), Ibrahim Mohamed, Jacton Ojwang, Smokin Wanjala, Njoki Ndung'u and Isaac Lenaola said.

by Paul Muoho
@PeopleDailyKe

Two murder convicts, whose petition resulted in the abolition of the mandatory death penalty, yesterday pleaded with the Supreme Court to sentence them afresh after reportedly suffering frustrations in the High Court for the last two years.

Former Administration Police inspector Francis Karioko Muruatetu



Hopes of finding Likoni ferry mishap bodies dwindle

by Reuben Mwambingu
@reubenmwambingu

Hopes of recovering bodies of a mother and daughter who drowned in the India Ocean nine days ago continued to dwindle even as multi-agency teams deployed more sophisticated underwater equipment in the search.

Mariam Kighenda and her daughter Amanda Mutheu drowned at the Likoni Channel a

week ago.

There were clear signs of despair from the bereaved family and government officials involved in the operation even after private divers from South Africa joined the mission, yesterday.

The media was kept away from the scene after the military cordoned off the entire operation area. There was also no one to give media updates on the operation after Government Spokesman Col (Rtd)

Cyrus Oguna left for Nairobi in the afternoon.

However, family spokesman Luka Mbati remained optimistic the bodies will be retrieved following the deployment of more experts and use of advanced equipment.

No communication

"We are hopeful the bodies will be found and they will be given to us for burial. This is all we hope and pray for to give us closure," he said.

South African divers hired by the family from Subsea of Subtech Group Company spent the day dipping their cameras in search of the vehicle and bodies.

For the better part of the day, search operation commander Lawrence Gituma and Kenya Ferry Service chair Dan Mwazo said they were not ready to address the media until substantial progress is made in the search.

BRIEFLY

Kalonzo to oversee Mozambique polls

Former Vice President Kalonzo Musyoka (below) has been selected to join a Commonwealth team that will observe elections in Mozambique.

The October 15 elections will also see former Zambia Solicitor-General and former Attorney General Musa Mwenye, Head of Africa Programme Chatham House Alex Vines, South Africa Electoral Commissioner Nomusa Masuku and Emma Lee Wilson, a lecturer in Conflict Mediation, at Cambridge University form part of the observation group.

In a press release yesterday issued by Commonwealth Secretary General Patricia Scotland, the elections are crucial for further consolidation of peace and democracy in Mozambique.

"I am pleased that through this group of eminent persons, the Commonwealth will once again be present to demonstrate its support to the people of Mozambique," she said.

-KNA



Zebra meat dealer jailed for 11 years

A man found with 200kg of Zebra meat last month was yesterday sentenced to 11 years in prison or Sh2.2 million fine by a Nyahururu court.

Joseph Irungu, 23, pleaded guilty to three counts when he appeared before senior resident magistrate Susan Mwangi.

He was accused of being in possession of wildlife species on September 12, at Nkoisusu village in Rumuruti, Laikipia county, contrary to the Wildlife Conservation Act. He was also charged with dealing in game meat without a permit.

The magistrate had ordered a social inquiry report be produced in court on Irungu's background after he admitted killing the zebras.

Irungu has 14 days to appeal the sentence.

-KNA

Supreme Court now to handle Division of Revenue disputes

Six-judge Bench dismisses petition challenging its mandate to hear case, says it'll deal with specific issues

by Paul Muoho
@PeopleDailyKe

The Supreme Court will now handle contentious issues dogging the enactment of the Division of Revenue Bill following the prolonged battle between the National Assembly and the Senate.

A six-member Bench, chaired by Chief Justice David Maraga, ruled it has power to entertain grievances by the 47 counties regarding the disbursement of revenue and dismissed a preliminary objection raised by the Speaker of the National Assembly Justin Muturi.

Muturi, through lawyer Sam Mwendwa, had applied for the dismissal of the petition by the counties seeking an advisory opinion, arguing that the Supreme Court lacked the jurisdiction to handle the case.

Legal mechanisms

The counties had not exhausted the statutory dispute resolution mechanism provided for by law, he said.

The Speaker also argued that the Supreme Court cannot issue a declaration against the National Assembly, the National Treasury and the Controller of Budget, that all grants should be disbursed to counties through the County Revenue Fund.

In the ruling read by Justice Njoki Ndung'u, the court said the National Assembly and the Senate had already settled



Supreme Court Bench led by Chief Justice David Maraga will now listen to specific contested issues in the Division of Revenue bill case.
PD/CHARLES MATHAI

Sh316b

Amount disbursed to counties following closed-door meeting between Senate and national Assembly

the dispute through mediation and had filed the report. However, there were 26 unresolved issues pending in three High Court cases but the Supreme Court will only handle specific public interest issues.

The warring parties will be notified about the specific issues by Deputy Registrar Daniel Keiwa on October 16.

During the court's first session on June 23, Justice Maraga had expressed the court's reservations with handling the petition since the judges were "reluctant" to intervene in the battle between the Executive and the two Houses of Parliament over the disbursement of funds to the counties.

The mediated closed-door talks between the National Assembly and the Senate opened the way for disbursement of Sh316 billion to the devolved units, which have suffered financial difficulties during the prolonged abortive negotiations.

THE DISPUTE

- Bench ruled it has power to entertain grievances by the 47 counties regarding the disbursement of revenue.
- It also dismissed a preliminary objection raised by the Speaker of the National Assembly, Justin Muturi.
- The Speaker had applied for the dismissal of the petition by the counties arguing the Supreme Court lacked jurisdiction.

The Senate and National Assembly must first concur on the financial quantum before presidential assent sanctions disbursement of the funds to counties.

Mutua Senate snub angers legislators

by Hillary Mageka
@hillarymageka

A senate watchdog committee has threatened to instruct National Treasury to withhold funds to Machakos county after Governor Alfred Mutua's refusal to honour summons to answer audit queries.

The queries arise from the Auditor General's report for the 2015/16, 2016/17 and 2017/18 financial years. The threats came even as the Senate County Public Accounts and Investment Committee (CPA-IC) extended the Governor's arrest warrant and instructed the Inspect-

or General of Police (IGP) Hilary Mutyambai to arrest and produce him before the committee to answer to audit queries raised.

Should the IG fail to produce Mutua after a two-week extension period, the Senator Moses Kajwang-led committee, through a House resolution, has prepared a motion that Mutua is not fit to hold public office.

Residents suffering

"We know that if we go that route, it's the residents of Machakos that will suffer more and not the governor. That is why, we will resolve to find him unfit to hold public office

as well," ruled Kajwang.

In the 2018-19 financial year, Machakos County government was allocated Sh7.7 billion as shareable revenue for its recurrent and development expenditures.

"The IG was required to comply with the arrest order issued by this committee but he has not. Impunity breeds when small fractions are not checked. Parliament cannot be seen to work in vain," the committee chairman added.

Last week on Monday, the committee directed Mutyambai to apprehend Mutua and present him before the committee within seven days.



EDITORIAL

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Medical mistakes a matter of life, death

The claims of a woman that she was transfused with blood contaminated with HIV at a public hospital is not only disturbing, but distressing.

Though the veracity of the claim has not been established, it is not the first such claim. True or not, the claim puts to question the level of alertness and attention to detail with which medical personnel undertake certain procedures.

And the bottom line is the critical question of just how safe the common man is while seeking services at such facilities.

And if it's true the woman in question went to the facility to demand answers over the botched transfusion and a doctor told her the "incident was an accident" which should not amount to a big deal there is a real cause for worry.

How can an incident that could possibly result in death be dismissed as a mere accident? And how can a medical doctor occupying a senior position tell the people who pay his salary that they should not make a big deal about such a matter?

It's callous and reckless for a professional trained to protect life to proclaim a botched transfusion is just an incident. Somebody must take responsibility for not ensuring the blood was safe for transfusion.

Painful incidents

A blood transfusion gone wrong is a matter of life and death and cannot be taken lightly, by any one, let alone a medical professional.

The case joins a long list of medical diagnosis, which has consigned thousands of people to miserable lives as dependents after they lost limbs or were disabled over what could have been avoided.

Not even legal suits against the individuals or institutions involved can restore normalcy and the good health taken away from victims of medical misdiagnosis.

The case of the hapless woman who now has to live on anti-retroviral drugs for the rest of her life is grave and must be probed to a logical and satisfactory conclusion.

Those who handle such sensitive stuff as blood donated for transfusion must exercise extra care to avoid any unfortunate and needlessly painful incidents.

Relevant government agencies must be seized of the matter and assure Kenyans there is little or zero possibility that such recklessness will ever condemn an innocent Kenyan to untold misery.

THOUGHT OF THE DAY

HENNY YOUNGMAN

I told the doctor I broke my leg in two places. He told me to quit going to those places.

QUOTED TODAY



LUKOYE ATWOLI

A sick doctor; an unhappy doctor and an unappreciated doctor, is a dangerous doctor. There is need to put in place systems that will ensure doctors and other healthcare workers are happy.



DIDMUS BARASA

Chief Administrative Secretaries have no constitutional mandate to talk on behalf of the Executive and any information they give on behalf of the ministries will be null and void.



CARRIE LAM

At this point, I still strongly feel that we should find the solutions ourselves. But if the situation becomes so bad, then no options can be ruled out if we want Hong Kong to at least have another chance.



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091019W

Future of manufacturing is in new technology



PHYLLIS WAKIAGA

Digital transformation has heralded a shift in purchasing habits

to adapt old business models, offering new products and services to new consumer segments. New technological developments speed up and improve the way innovative products and services are conceived of, produced, accessed and delivered.

For consumers, digital transformation has heralded a fundamental shift in their preferences and purchasing habits. Social media and other digital platforms now mean that the preferences of Kenyan consumers are evolving at an unprecedented rate.

Clearly, Kenya must compete with international manufacturers on quality and cost, and technology and innovation can help them achieve this. But the manufacturing sector must now also compete in terms of diversity of product if we are to satisfy consumers with increasingly international tastes. All this requires significant investment in innovation and digital technologies.

These developments, however, offer a very real opportunity for Kenya to close its trade deficit and deliver on the government's manufacturing agenda.

For manufacturers, innovation and the digital revolution allow traditional players

A recent UK government White Paper on "Regulation for the Fourth Industrial Revolution" identifies six challenges that governments must address to seize the opportunities that innovation presents for their economies. Three of these challenges that underline my point are, first, we need to be on the front foot in reforming regulation in response to technological innovation; second, we need to ensure that our regulatory system is sufficiently flexible and outcomes-focused to enable innovation to thrive; and third we need to support innovators to navigate the regulatory landscape and comply with regulations.

Lofty ambitions for sure, but Kenya faces more fundamental challenges. More so in respect of the transparency of regulatory process and predictability of outcomes.

As Kenyan manufacturers review their business models to ensure they are sustainable, the government too must invest in supporting infrastructure; further enhancing the ease of doing business; and, most importantly, developing robust, transparent and predictable regulatory frameworks that are future-fit and encourage, rather than stifle, innovation.

Regulatory reform is an increasingly important source of competitive advantage in the global economy. It is one that we can ill-afford to ignore.

— The writer is the CEO of Kenya Association of Manufacturers — ceofakam.co.ke.

As we savour Doha fruits, let's invest in diverse sports

Last week, the curtains came down on the 2019 World Athletics Championships in Doha, Qatar. The colourful event attracted athletes from across the globe—men and women who had made numerous sacrifices to raise their countries' flags and personal profiles.

Infact, the media reported about a young female athlete who had just recently delivered a baby, but still made it to the land of the unknowns to represent Kenya.

It is such sacrifices that make Kenya's medal haul at the championships extremely gratifying. Out of nearly 2,000 athletes and 209 countries at stake, Kenya came second behind the US with 11 medals, of which five were gold, two silver and four bronze. Both new and familiar faces graced the tracks, an indication of our diversity.

However, a closer look at the championship events and Kenya's competitive edge paints a picture of a country that could be squandering her inherent gifts and talents. The competitions were based on a number of track and field events, including short races, sprints, hammer throws, javelin, race walking, and long and short jumps.

In characteristic fashion, however,

SABINA AKOTH

11 That we have a self-made international javelin star in Julius Yego is enough evidence of our innovation and determination

Kenya stuck to medium and long distance running events.

This has been the trend since the country's inaugural appearance at the championships in 1983. Most medals have since come from male athletes, but our women are fast catching up on the competitive scene.

In fact, it was not until 1997 that Sally Barsosio won the 10,000m gold medal to become the youngest and first Kenyan woman to win a senior track title. Years later, other young and inspiring athletes have sprouted, but still with a narrow focus on the event.

Some believe this narrow event focus is beneficial as it enables us to invest on where we shine the most. After all, we have the highest number of gold medals after US overall. To others, however, this cannot be an equitable representation of the countries capacities as far as athletic talents are concerned.

In particular, the 18 medals differ-

ence between US and Kenya in the just concluded tournament could have perhaps been bridged had we diversified and competed in equal footing with the other countries.

Most of the US and Russian (number two overall in medal haul in the championship) medals come from a mix of running and field events. This is an indication of their interest in nurturing varied talents and investing in sports.

Our reasons for lack of diversity at such high levels are multi-faceted. First, it is in the manner in which these sports are organised at their introduction in Kenya. Track and fields athletics and football were the first to be professionally organised and, thereafter, introduced to schools as part of physical and extra-curricular activities. This kind of attention and familiarity has seen the two sports grow faster and in a bigger scale than the rest.

Breaking this cycle requires political will and legal and institutional

changes that can inject the right mix of innovation and sustainability to this agenda. Innovation in terms of identifying and pursuing emerging sports events and cultures and sustainability as far as financial and operational aspects are concerned.

That we have a self-made international javelin star in Julius Yego is enough evidence of our innovation and determination. This also points to untapped potential.

Engaging in sports in Kenya should be a source of pride and satisfaction to sportspersons. It is a big shame many of our champions are unable to live off their talents. It is no wonder most of them are unable to qualify for such diversity because they lack the time, energy and resources to fully invest themselves in a sport.

Also, how we manage our sports institutions say a lot about of commitment to the cause. Corruption, nepotism, tribalism, sexual harassment, favouritism, intimidation and mismanagement of funds and talents are all contributing to this sad state of affairs.

Kenya has the potential to be more than what it is and its sport culture should change to meet this ideal.

The writer comments on socio-economic issues

STREET TALK

City bars at the mercy of extortionist senior cop

A senior police officer based at Vigilance House is reportedly running an extortion ring targeting bars in the city. The rogue officer demands at least Sh200 a day from every bar in the central business district and between Sh100 and Sh150 from entertainment joints in suburban areas. Bars in informal settlements are not spared either, and are forced to part with Sh50. The officer collects a tidy sum which he shares with his colleagues. Bar owners who do not toe the line face the wrath of goons at the beck and call of the cop.

DCI officers desperate to evade unit shake-up

An impeding shake-up the Director of Criminal Investigations' unit that deal with land matters has sparked tension among officers. StreetTalk has learned that the unit boss is mulling the re-organisation after receiving complaints of his officers being bribed to intentionally botch cases. Determined not to be moved from the lucrative unit, some officers are frequenting offices of influential people seeking intervention.

Elevating our ports to commercial nerve centres



DR DANIEL MANDUKU

11 Our ports must be protected from hit-and-run vendors and fly-by-night freebooters

ports play in an economy like ours. The focus on the Blue Economy in our policy framework in recent days is informed by the gross underutilisation of our "blue" resources.

All too often in this part of the world, seaports and ports along lakeshores tend to be appreciated in exclusion of the rich hinterlands they serve. Hardly is much thought spared for the massive economic-bound networks ports are linked to.

Sadly, ports tend to be viewed as commercial enclaves that exist primarily to serve insular mercantile ends for a select few. This dim perspective is misguided. Such a view is oblivious of the immense significance and complex interplay of resources, services and commercial facilitation that, in the first place, necessitate the establishment of ports.

In my view, for Kenya's ports to play their rightful role in economy, it

is crucial that we start treating them as strategic national investments, and protect them from hit-and-run vendors out for an overnight kill and all shades of fly-by-night freebooters.

To move our ports to the next level, three imperatives as crucial.

First, especially given our unique and privileged geographical position, is how we attract more sea-borne commercial activity in our ports. This would mean greater revenue. Thankfully, as the construction works at the Lamu Port continue apace, the Mombasa port is on a modernisation and expansion mission.

The modernisation involves the redesign of docking wharfs to enable the discharge of cargo from multiple vessels at a go. This will increase our discharge throughput while substantially cutting down on the time ships take to offload. The expansion

is reclaiming the sea to create more docking space for bigger vessels in anticipation of the Dongo Kundu Special Economic Zone.

The second imperative rests upon our ability to improve the quality of our port infrastructure. Already, the port of Mombasa has upgraded its infrastructure phenomenally. Additionally, the construction of Kenya's first-ever Cruise Terminal is underway. The modern, world-class infrastructure of the Lamu Port promises to give Kenya a first in the region.

Add that to the ongoing work along the shores of Lake Victoria and the challenge shifts to the entrepreneur keen on making use of Kenya's new era port infrastructure.

The third imperative has to do with our port's performance index in logistics. We have reviewed our operations over the past few months with a view to establishing the gaps we need to address. KPA's 2018-2020 Strategic Plan pinpoints these gaps and the work of transforming KPA is firmly afoot.

Clearly, the future of KPA holds a great promise for our economy.

The writer is Managing Director, Kenya Ports Authority

#TWEETS TO THE EDITOR



KOT yesterday rallied behind star athlete Eliud Kipchoge ahead of INEOS 1:59 Challenge in Vienna.

@AjowiDavid: No longer running against other men, he's running against time. INEOS1:59. KENYA is proud of you Eliud kipchoge.

@RovaSports: Eliud Kipchoge the great. A Kenyan who will prove to the world that #NoHumanIsLimited We are proud of you Eliud!! God be with you.

@CKirubi: Today I'm sending all my support and best wishes to world marathon record holder, @EliudKipchoge, as he prepares for the #INEOS159 challenge in

Vienna, Austria. We are proud of you and thank you for always soaring the Kenyan flag.

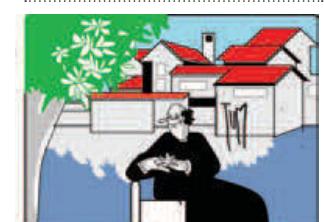
@pauliddiali: If #eliudkipchoge beats the 2-hour mark I think we should have a national holiday! I mean, we can't be working after just beating time!

Broke ex-MP seeks help of Ugandan 'prophet'

A former MP from Nyanza region whose finances have hit rock bottom has is now a frequent visitor of a self-declared prophet in Uganda to seek divine intervention. In a video clip doing rounds on social media, the former lawmaker is seen narrating to the "prophet" how he lost his businesses, including 20 trucks in a streak of bad luck he attributes to his detractors. He is seen jumping up and down in excitement when the "prophet" declares he will find new investors.

Past graft scam haunts greedy top journalists

Senior journalists said to have benefitted from proceeds of a major corruption scam in the history of Kenya are being haunted by their past sins. They fear that in the wake of renewed vigour in the fight against graft, the investigative agencies will unmask them. Our mole intimates that the journalists nowadays usually meet at a popular joint to strategise ways of protecting their image, should someone start asking questions. They also fear the architect of the scam could spill the beans if cornered. He is said to possess damning videos of them collecting money.



TRUTH IS: Great achievement requires great perseverance.

/// @PeopleDailyKe /// People Daily

Is Church reclaiming its place in society?



Catholic bishops and faithful during the national prayer day at Village of Mary Subukia National Shrine in Nakuru county on Saturday. PD/RAPHAEL MUNGE

The Church has been accused of abdicating its public watchdog role by giving politicians avenue to 'wash' their dirty money

by Noah Cheploen
@cheploenoah

Amid chilly conditions and light showers, Catholic bishops recited new vows—to slay the dragon of corruption—an elaborate process loaded with biblical and political significance and which could present a turning point for the church.

The choice of venue—Subukia National Shrine (dubbed Mji wa Maria or place where virgin Mary resides) in Nakuru—was apt because this is the place where Catholic faithful converge for prayers such as the annual National Prayer Day—every first Saturday of October.

Under the auspices of the Kenya Conference of Catholic Bishops, the church which is finding itself at the crossroads used the occasion to flex its muscles and regain its foothold in the society.

It is worth noting the clergy played a big role in opening up of the democratic space especially during the repressive Kanu era but it has recently been accused of abdicating its public watchdog role and giving politicians avenue to "wash" their dirty money.

Former Nakuru Catholic Diocese Bishop Ndingi Mwana a'Nzeki, Bishop Alexander Muge of Anglican Church of Kenya Eldoret (who died in a road accident) and the likes of bishops Henry Okullu, Manasses Kuria and David Gitari are seen as heroes of the second liberation.

During their heyday, Ndingi, Muge, Okullu and Gitari became famous for putting then President Moi's government on its toes as they preached against dictatorship, corruption and other social ills.

So fiery were the clerics that the Moi government branded them enemies of the "Kenyan people" and went to great lengths to persecute them.

The present Church leadership has quite often been reminded of the esteemed status of their predecessors in the 1980s and 1990s when its leadership faithfully stood for biblical values and principles and fearlessly called out the

moral and legal inconsistencies in the country, with some, such as Muge and Father Anthony Kaiser, eventually paying with their lives.

Some Kenyans have loudly wondered the role of the Church, following claims it has gone to bed with politicians.

"If our courts are corrupt, governors are corrupt, Parliament is corrupt and Church is taking proceeds of corruption in donations, who will save us?" political scientist Mutahi Ngũyũ asks.

Sign of humility

"Are they really churches or social clubs? Or worse still, have they not been turned into money laundering channels by wolves in sheep clothing who have a soft spot for corrupt politicians?" Prof Macharia Munene of the United States International University-Africa opines.

On Saturday, 23 Catholic bishops—representing all the dioceses in the country—removed their shoes as a sign of humility and submission and vowed to follow the footsteps of giants of religion such as the late Cardinal Maurice Otunga—who touched many lives with his men.

"We wish to lead the country and every person of goodwill, to commit himself or herself before God to fight corruption from the grassroots up to the highest offices," the bishops said.

"Our churches will not be used as political platforms or for any other activity other than for liturgy and worship. We shall, there-

fore, not allow any address within the church of any non-liturgical character," they vowed in an unprecedented move.

"We come with a prophetic gesture to call to God for his mercy, to call on all Kenyans from the lowest to the highest; to change our wayward ways and to decide to reject any form of corruption," they said as the members of congregation numbering over 100,000 roared in support.

"We do so with humility by removing our shoes in solidarity with those who have suffered and continue to suffer the dehumanising effects of corruption, they stated.

Mombasa Archbishop Martin Kivuva, who presided over the mass, said they were crying out to God to save the country from sleaze, adding that corrupt leaders have become a source of pain and mystery for ordinary mwananchi.

Kivuva said they can no longer sit back and watch as corruption threatens to consume the country, adding that just like the way David defeated Goliath in the Bible, they too, will triumph over evil.

Dire situation

When you look at the newspapers, you feel sad because of the millions of shillings being stolen from public coffers, he said. "Wengine wanajiliza, tufanye nini? Tuhamé Kenya? (What can we do now, can we leave Kenya?) But you cannot leave your country. We have no other place to go home so we will get rid of the things that make our country look bad," said Kivuva.

"We are in a dire situation. Read the newspapers. We're here today to ask God for forgiveness because we have lost the way and plead with you to pray, too," he added.

Thousands of Catholic faithful from across the country attended the event themed: "Baptise and Sent; Proclaim and Witness." Its sub-theme was: "Let us break the chain of corruption."

Archbishop Kivuva urged Christians to lead in the war against corruption, adding that the Ethics and Anti-Corruption Commission and the Directorate of Criminal Investigations cannot do it alone.

Picture Speak



When a sacred tree fell...

Trees fall all the time. But then there are trees and there are sacred trees that, when they fall, the earth quakes, literally and figuratively. This tree in Bunyore, Vihiga county, was such a tree. The Abasakami elders say the tree is not only sacred, it has been standing for all of 250 years. So it is understandable when it came down recently, more people than the owner of the house it damaged, felt the impact. Worried elders had to offer

prayers to ward off a possible calamity in the community. Besides being a shrine where religious rituals were performed, elders say the tree's five branches represented the Abasakami's five houses—Michira, Obingo, Bonyo, Olwa and Sewe—who are the sons of Asakami. Prof John Mbithi, the theology giant who also fell this week, would understand the fuss.

PD/ENOCK AMUKHALE



FROM HISTORY

● The clergy played a big role in opening up of the democratic space especially during the repressive Kanu era.

● Former Nakuru Catholic Diocese Bishop Ndingi Mwana a'Nzeki, Bishop Alexander Muge of Anglican Church of Kenya Eldoret (who died in a mysterious road accident) and the likes of Bishops Henry Okullu, Manasses Kuria and David Gitari are seen as heroes of the second liberation.

Parliament questions CASs mandate

By Anthony Mwangi
@PeopleDailyKe

A standoff is looming between the Legislature and the Executive after MPs questioned the authority of Chief Administrative Secretaries (CAS) in honouring House summonses on behalf of their respective ministries.

The National Assembly yesterday said CAS position is not constitutional, hence the office holder cannot respond to queries on official government matters.

Trouble started when Kimalili MP Didmus Baraza, who sits in the parliamentary Health Committee, rejected attempts to have Health CAS Rashid Aman to respond to his question.

Baraza said the position was not recognised in law, and that only the Cabinet Secretary or the Principal Secretary should appear before the team, to address the House's queries.

In the afternoon session, Baraza re-opened the debate when he sought Speaker Justin Muturi's ruling on whether the CASs can respond to questions before committees.

"CASs have no constitu-



Health CAS Rashid Aman when he appeared before the National Assembly's Committee on Health at Parliament Buildings, yesterday. PD / SAMUEL KARIUKI

tional mandate to speak on behalf of the Executive and, therefore, any information they give on behalf of the ministries will be null and void," the MP maintained.

Accounting officer

Leader of Majority Aden Duale also asked Muturi to give direction on who among the CS, PS and CAS should appear before MPs.

"The Constitution is clear that it is the PS who is the accounting officer in the ministry," he said.

Duale, however, defended

President Uhuru Kenyatta's move to create the positions saying: "He was within the law in creating the positions. However, it's the Speaker who should direct on who should respond to questions addressed to a CS."

Last year, the President announced the creation of the new CAS position in every ministry to ostensibly enhance the operations of the ministries.

The move, seen as a bid to award 2017 election losers, seems to have created confusion, especially be-

tween PSs and CASs.

Yesterday, Leader of Minority John Mbadi said the Constitution was meant to establish a lean government, but "the Executive abused this and created CAS positions".

"I don't know how we can deal with the matter at this stage," he said.

Budget Committee chairman Kimani Ichung'a said queries regarding a ministry are directed to a person with executive powers, thus CASs

cannot purport to speak on behalf of CSs.

He claimed some CASs were misusing the positions.

Uganda MP David Ochieng said the Constitution is clear that it is only the CS or the PS who can appear before Parliament and the mandate cannot be delegated.

Justice and Legal Affairs Committee chair William Cheptumo said MPs were not fighting the Executive, but wanted the law interpreted.

BRIEFLY

Police pursue man over wife's killing

Police in Gilgil have launched a manhunt for a suspect who allegedly hacked his wife to death yesterday morning following a domestic dispute. The man is said to have attacked the mother of seven with a machete as her children watched at Kambi Turkana village. Gilgil police boss Emmanuel Opuru said they were yet to establish the motive of the murder, adding that the woman's mutilated body had been moved to Gilgil mortuary.

-KIRERA MWITI

REPUBLIC OF KENYA



THE NATIONAL ASSEMBLY TWELFTH PARLIAMENT – THIRD SESSION

**In the matter of consideration by the National Assembly:-
The Refugees Bill (National Assembly Bill No. 62 of 2019)**

SUBMISSION OF MEMORANDA AND NOTIFICATION FOR PUBLIC HEARINGS

Article 118(1)(b) of the Constitution provides that, "*Parliament shall facilitate public participation and involvement in the legislative and other business of Parliament and its Committees*". Further, the National Assembly Standing Order 127(3) requires the Departmental Committee to which a Bill is committed to facilitate public participation and take into account the views and recommendations of the public when the Committee makes its report to the House.

The principal object of the Refugees Bill (National Assembly Bill No. 62 of 2019) is to provide for the recognition, protection and management of refugees to give effect to the 1951 United Nations convention relating to the status of refugees, the 1967 protocol relating to the status of refugees and 1969 African Union convention governing the specific aspects of refugee problems in Africa.

The Refugees Bill (National Assembly Bill No. 62 of 2019) has undergone First Reading pursuant to Standing Order 127(3) and is now committed to the **Departmental Committee on Administration and National Security** for consideration and thereafter report to the House.

Pursuant to Article 118(1)(b) of the Constitution and Standing Order 127(3), the Committee invites interested members of the public to submit any representations that they may have on the said Bill. The representations may be made orally or by submission of written memoranda in the following manner:-

- Written Memoranda may be forwarded to the **Clerk of the National Assembly**, P.O. Box 41842-00100, Nairobi, hand-delivered to the **Office of the Clerk**, Main Parliament Buildings, Nairobi or emailed to clerk@parliament.go.ke, pbo@parliament.go.ke, to be received on or before Friday 18th October, 2019.
- Public Hearings shall be held in the following Counties on Thursday 17th, Friday 18th and Saturday 19th October, 2019 from 10.00 am. to 5.00 pm as indicated below:-

COUNTY	VENUE	
Thursday, 17th October, 2019		
NAIROBI	Mini Chamber, First Floor, County Hall, Parliament Buildings	10.00 am - 5.00 pm
UASIN GISHU	Teachers Advisory Centre (TAC) (Eldoret Town)	10.00 am – 5.00 pm
NAKURU	Old Town Hall (Nakuru Town)	10.00 am – 5.00 pm
Friday, 18th October, 2019		
GARISSA	Daadab IOM (Dadaab)	10.00 am – 5.00 pm
TURKANA	Silga Valley Restaurant (Kakuma)	10.00 am – 5.00 pm
Saturday, 19th October, 2019		
MOMBASA	Kenya School of Government, Tsavo Hall (Mombasa Town)	10.00 am - 5.00 pm

Copy of the Bill may be downloaded from Parliamentary website: <http://www.parliament.go.ke/the-national-parliament/house-business/bills>

**MICHAEL R. SIALAI, EBS
CLERK OF THE NATIONAL ASSEMBLY**

REPUBLIC OF KENYA



TWELFTH PARLIAMENT THE SENATE

PUBLIC HEARINGS / RECEIPT OF MEMORANDA

The Kenya Sign Language Bill (Senate Bills No. 15 of 2019)

The Kenya Sign Language Bill (Senate Bills No. 15 of 2019) was read a First Time in the Senate on 11th September, 2019 and thereafter stood committed to the Senate Standing Committee on Education.

Pursuant to the provisions of Article 118 and standing order 140 (5) of the Standing Orders of the Senate, the Standing Committee on Education now invites interested members of the public to submit any representations that they may have on the Bill. The representations may be made orally or by submission of written memoranda in the following manner –

- Public Hearing for the Bill shall be held on **Thursday, 17th October, 2019 from 10.00 am to 12.00 noon at County Hall Mini Chambers, Nairobi**; or
- Written Memoranda may be forwarded to the **Clerk of the Senate/ Secretary, Parliamentary Service Commission**, P.O. Box 41842-00100, Nairobi, hand-delivered to the **Office of the Clerk of the Senate/ Secretary, Parliamentary Service Commission**, First Floor, Main Parliament Buildings, Nairobi or emailed to cseenate@parliament.go.ke, to be received on or before **Wednesday, 16th October, 2019 at 5.00 p.m.**

The Bill may be found on the Parliament website at <http://www.parliament.go.ke/senate>.

**CLERK OF THE SENATE / SECRETARY,
PARLIAMENTARY SERVICE COMMISSION.**

Kenya, Somalia face off in airspace row

Mogadishu file complaint after Nairobi plane flies directly to Kismayu Airport against set rules

by Eric Wainaina
@EWainaina

A fresh diplomatic row is simmering between Nairobi and Mogadishu after the Federal Government of Somalia filed a complaint at the International Civil Aviation Organisation (ICAO) against Kenya over violation of its airspace.

This is after Kenya allowed a flight to fly from Nairobi directly to Kismayu Airport against Somalia Civil Aviation Authority's (SCAA) regulations that all flights must make stopovers at Aden Abdulle International Airport in Mogadishu, before proceeding to their final destinations.

SCAA, according to media reports in Mogadishu, filed the petition at the ICAO on Saturday, in what is likely to escalate the faltering relations between the two neighbours.

When reached by the *People Daily* for comments yesterday, Ministry of Foreign Affairs Chief Administrative Secretary Ababu Namwamba, in what would mean that the government already has a wind on the complaint, though not officially, said he had not "formally" heard of it, but prom-

ised to get back to us, but he did not.

"It's (SCAA complaint) not something that I have seen or heard formally, but it's something I will check," Namwamba said on the telephone.

The two countries are locked in another fight over the Indian Ocean border in a case that was launched by Mogadishu at the International Court of Justice (ICJ) at The Hague after bilateral talks to break the stalemate flopped.

The fresh tiff is said to have been triggered by the landing of an aircraft a Folker 50, registration number 5Y-JXJ which operates under Air Operator License (AOC) from Jubba Airways which was ferrying some Somalia members of parliament and opposition leaders. On board, were politicians who are said to include former South West president Sharif Sheikh Adan and former Galmudug president Abdi Karim Guleid, who are said to be part of those who will attend the inauguration of Jubbaland President Ahmed Madobe.

Last month, President Mohamed Abdulahi Mohamed Farmaajo-led government, through the Ministry of Transport and SCAA, directed that all international and local flights to the war-torn country must, unlike in the past, happen via Mogadishu.

The move was seen as a calculated plot to tame Kenya's association with federal states in Somalia and also frustrate the swearing in of Madobe, whose victory the federal government has refused to recognise.



Ministry of Foreign Affairs Chief Administrative Secretary Ababu Namwamba.
PD/FILE

Madobe, according to Somali-based Hiiraan Online, is expected to be sworn into office this week after the event was postponed September 26 following travel restrictions to Kismayu by the federal government.

Tension between the two nations appear to be rising despite President Uhuru Ke-

RULES BROKEN

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- The fresh tiff is said to have been triggered by the landing of an aircraft a Folker 50, which operates under Air Operator License (AOC) from Jubba Airways which was ferrying some Somalia members of parliament and opposition leaders.

nyatta and his Somalia counterpart meeting last month in the sidelines of the 74th United Nations General Assembly convention in New York, signalling possible dialogue over the maritime border dispute.

But a day after the meeting, President Farmaajo, in his inaugural address to the United Nations, shattered any hopes for dialogue after he maintained that his administration would wait for the outcome of the case.

"Somalia has pledged to comply with the court's final judgment and to accept the boundary delimited by the court. As a matter of international law, the court's judgment will be binding on Kenya as well and we trust that when that judgment is issued and the boundary is established, a lasting settlement on this lasting dispute will finally be achieved," Farmaajo told world leaders.

BRIEFLY

Court summons ex-Igembe MP in Sh0.5m legal fees case

High Court has summoned former Igembe North MP Joseph M'eruaki and two others for disobeying a court order to pay lawyer Henry Kurauka Sh500,000 as legal fees. Justice Lucy Njuguna summoned M'eruaki, Kimathi Munjuri and Dave Ntawa to appear in court on October 23 and explain why they have not paid Kurauka Sh536,904 legal fees for representing them in miraa ban case. The three are members of an *ad hoc* committee that managed miraa farmers' funds for the 2018 petition

that was challenging ban of the crop by National Authority for the Campaign against Alcohol and Drug Abuse (Nacada). "The defendants were members of a committee that represented various groups and associations that were tasked to transparently and accountably manage miraa legal fees. Funds that were raised by miraa farmers, traders, stakeholders and well-wishers in November 2013," reads Kurauka court papers.

— Nancy Gitonga

Mombasa trader in court over rice theft

A Mombasa businessman has denied stealing more than 2,000 bags of rice valued at Sh4.281 million by acting as an agent. Sheraz Abdul Sattar, a Pakistan national, was charged before Mombasa chief magistrate Edna Nyaloti. Abdul is alleged to have stolen the rice belonging to GM Commodities Ltd on diverse dates between July 26 and August 10. The commodity was entrusted to Abdul as an agent of a go-down. "Your honour, we oppose the release of the suspect on bond due to his

nationality which is in question. The accused is actually a Pakistan national despite the charge sheet stating that he might be a Kenyan. The case at hand is weighty and if the suspect is released on bond, he might abscond court, he is a flight risk," said Eric Masila for the prosecution. The accused opposed the application to deny him bond claiming he is a Kenyan. "I am married to Kenya so I am also a citizen in this country. I cannot abscond any court sessions if granted bond," he told the court. However, the court released him on a Sh3 million bond and a surety of similar amount. The matter is scheduled for mention on September 22, 2019 for pretrial.

— Monica Kagia

UN lauds Nakuru for 'turning waste to wealth'

by Roy Lumbe
@lumbe_roy

The United Nations Human Settlements Programme (UN-Habitat) has lauded Nakuru for establishing a company that uses human waste to make cooking briquettes, saying that will go a long way in conserving the environment.

UN-Habitat Programme Division director Rafael Tuts said the initiative was commendable, adding that the UN-Habitat is focusing on the waste management as a key component in addressing challenges of climate change and poverty reduction.

Speaking in Nakuru during the national celebrations to mark the World Habitat Day at the NAWASCOAL grounds, Tuts called for more investment and innovation towards transforming waste to wealth. "Our new strategic plan is positioning waste management as key in ad-



Nakuru governor Lee Kinyanjui and Transport Cabinet secretary James Macharia during World Habitat Day celebrations in Nakuru, yesterday. PD/RAPHAEL MUNGE

dressing the climate change challenges and poverty. I appeal to you all to join in



Deputy governor wants Kemsas denied monopoly to supply drugs

by Henry Andanje
@PeopleDailyKe

The Council of Governors (CoG) has been urged to review laws on drugs procurement to allow county governments procure them from different dealers instead of depending solely on the Kenya Medical Supplies Agency (Kemsas).

Busia deputy Governor Moses Mulomi (*pictured*) yesterday urged Governor Sosipeter Ojaamong to pursue the matter with the CoG to enable counties to curb shortage of drugs in public hospitals as a result of not getting them in Kemsas stores.

He said the current law that grants Kemsas the monopoly to supply drugs to counties

this campaign, Nakuru has done great in achieving the same," he said.

Transport Cabinet secretary James Macharia said there is a need for more efforts towards solid waste management.

The CS said the government is committed to supporting such innovations, adding that municipal solid waste exceeds two billion tones globally observing that with the continued increase in population then there is need to rethink the housing programme.

Sustainable solution

Nakuru Governor Lee Kinyanjui, who commended the national government and UN-Habitat for choosing Nakuru to host the event, acknowledged the need for the town to look for sustainable solutions on solid waste management, saying the population has also grown.

should be changed to allow the devolved units a free hand to seek other options.

Mulomi said the current law that imposes Sh2 million fine on those who procure drugs from different dealers instead of Kemsas is very punitive.

Missing drugs

Speaking at Amagoro sub-county, the Deputy governor said many drugs are missing in Kemsas stores because of the monopoly that has been existing for many years.

"Out of 10 types of drugs we procure at Kemsas, only three types are available at times, thus jeopardising health service delivery in our hospitals across the county," said the deputy governor.



Merkel: UK Brexit talks with EU essentially impossible

■ London, Tuesday

Brexit talks between Britain and the European Union appeared to be on the verge of collapse on Tuesday, with Brussels accusing London of intransigence and threatening the bloc's future.

Prime Minister Boris Johnson (*pictured*) spoke to German Chancellor

Angela Merkel, who said a deal was "overwhelmingly unlikely" without compromise by the UK, according to a Downing Street source.

She warned that any deal was "essentially impossible" if London failed to give ground on the thorny Irish border question and keep British-run Northern Ireland in the EU customs union, the source added.

Britain is due to leave the EU on October 31, more than three years after the country narrowly voted in a referendum to end its almost five-decade membership of the bloc.

Johnson, who once said he would rather be "dead in a ditch" than seek a Brexit extension—submitted new plans last week in place of an agreement his predecessor Theresa May

struck with Brussels in late 2018.

In Berlin, Merkel's office confirmed the chancellor spoke by telephone to Johnson but said it would not comment "on such confidential discussions". Johnson's official spokesman told reporters the pair had a "frank exchange" and that discussions were at a "critical point".

—AFP

US has not abandoned the Kurds in Syria, says Trump

President continues to send mixed message to Turkey after threatening to destroy its economy if country goes off limit

■ Washington, Tuesday

President Donald Trump said Tuesday that the US has not "abandoned" its Kurdish allies inside Syria, continuing to give a mixed message to Turkey.

"We may be in the process of leaving Syria, but in no way have we abandoned the Kurds, who are special people and wonderful fighters," Trump tweeted.

The US leader had on Monday threatened to destroy Turkey's economy if the country goes "off limits" following his surprise decision to pull US forces out of north-eastern Syria.

In a series of angry tweets on Monday, Trump defended his move, which could open the way for Turkey to launch an attack on Kurdish fighters across the border.

The withdrawal was heavily criticised even by Trump's Republican allies.

Trading partner

However, on Tuesday while explaining his off limits tweet, Trump insisted that Washington has an important relationship with NATO member and trading partner Turkey.

He also said that "any unforced or unnecessary fighting by Turkey" would prompt "devastating" consequences for the country's economy.

Kurdish forces were key US allies in defeating Islamic State (IS) in Syria.

But Turkey regards the Kurdish militias, which dominate the US-allied Syrian Democratic Forces (SDF), as terrorists.

The US has some 1,000 troops across

PULLING OUT TROOPS

● The US has some 1,000 troops across Syria, but only about two dozen had been pulled out from the border area, according to a senior state department official.

● Following accusations from US Kurdish allies they had been "stabbed in the back" and criticism from across the US political spectrum, Trump sent out more tweets later on Monday, warning Turkey not to take advantage of his decision, saying he could "destroy and obliterate" its economy.



Syrian Kurds take part in a demonstration against Turkish threats at a US-led international coalition base on the outskirts of Ras al-Ain town in Syria's Hasakeh province near the Turkish border on Monday. AFP

Syria, but only about two dozen had been pulled out from the border area, according to a senior state department official.

Trump initially tweeted on Monday he had been elected on "getting out of these ridiculous endless wars" and that "Turkey, Europe, Syria, Iran, Iraq, Russia and the Kurds will now have to figure the situation out".

This had followed a phone call on Sunday with Turkish President Recep Tayyip Erdogan, after which the White House said Turkey would be "moving forward with its long-planned operation into northern Syria" and US forces would "no longer be in the immediate area".

Following accusations from US Kurdish allies they had been "stabbed in the back" and criticism from across the US political spectrum, Trump sent out more tweets later on Monday, warning Turkey not to

take advantage of his decision, saying he could "destroy and obliterate" its economy.

Last year, the US raised tariffs on some Turkish products and imposed sanctions on top officials as relations between the two NATO countries worsened over a number of issues.

Meanwhile, Britain on Tuesday said it was "deeply concerned" by Turkey's plans to target Kurdish militants in northern Syria, telling Ankara it would not support the move.

Prime Minister Boris Johnson's spokesman said the troop withdrawal was a matter for Washington.

But he said London had been "consistently clear with Turkey that unilateral military action must be avoided as it would destabilise the region" and threaten efforts to defeat the so-called Islamic State jihadist group.

— Agencies

Don in sex-for-grades film suspended

■ Lagos, Tuesday

The University of Lagos has suspended a lecturer who was caught on film propositioning and sexually harassing an undercover BBC reporter.

Boniface Igbeneghu, also a pastor, has been condemned by his church.

He was one of several academics secretly filmed as part of a year-long investigation by BBC Africa Eye.

The film, which has sparked widespread social media com-

ment, explored alleged sexual harassment by members of staff at two top West African universities.

The report also saw students, some with their identities hidden, making allegations about their own experiences with professors.

Inappropriate questions

Dr Igbeneghu has made no comment. The academic was filmed putting inappropriate questions and requests toward a BBC journalist, who was posing as a prospective student aged 17. A number

of other students in the film also made allegations of abuse against the lecturer. One former student of Dr Igbeneghu, claimed the experience has led her to attempt suicide several times.

The University of Lagos, in response, held an emergency meeting on Monday where Dr Igbeneghu was immediately suspended.

In a statement, the university said it was "highly embarrassed" by the allegations and pledged to do "all that is necessary" to investigate and combat the harassment at the institution.

— BBC



Suspended lecturer Boniface Igbeneghu.
AGENCY

BRIEFLY

I'm victim of political storm, says Zuma son

The son of South Africa's ex-president Jacob Zuma, accused by witnesses of acting as a conduit in a major web of state graft, said on Tuesday he was not corrupt, but was caught up in political crossfire. Duduzane Zuma, 35, was testifying before a judicial inquiry probing allegations that his father organised a systematic plunder of government coffers in a scandal known as "state capture". "I am looked at as a criminal, the face of corruption. We will all be fooling ourselves to think that there hasn't been political play in the background. I believe I'm unfortunately caught in a political storm," Zuma said as he wrapped his two-day testimony. He has been named in the media and by various witnesses that have appeared before the inquiry, as having been a channel for the Guptas, a wealthy migrant business family that allegedly had a corrupt relationship with his father.

—AFP



Hong Kong could seek Chinese intervention

Hong Kong's under-fire leader Carrie Lam on Tuesday said China intervening to end months of pro-democracy protests is an option following a particularly violent week of unrest that paralysed the city. The financial hub has been gripped by four months of rallies, and last weekend saw much of the city grind to a halt as masked demonstrators took to the streets in defiance of a controversial ban on face coverings. Lam's decision last Friday to invoke colonial-era emergency powers to impose the ban sparked some of the most violent scenes since the crisis began, as hardcore protesters trashed dozens of subway stations, vandalised shops with mainland China ties, built fires and blocked roads. Lam told reporters that while she believes the city's authorities can cope with the unprecedented troubles, China could be called upon if the situation becomes "so bad".

—AFP

Come for your Sh38b assets, urges Matiang'i, enlists chiefs

Unclaimed assets authority to work with administrators to reach property owners at the grassroots

by Zachary Ochuodho
[@zachuodho](#)

Interior Cabinet secretary Fred Matiang'i has asked Kenyans to claim their assets or those left behind by their loved ones as the Unclaimed Financial Assets Authority (Ufaa) said it is sitting on Sh38.1 billion.

The authority said at least 993,000 people have yet to claim their assets since it was established.

Matiang'i said his ministry will work with Ufaa to explore the most effective ways of creating awareness on unclaimed assets enable people to claim the assets, adding that the government is keen to ensure that the interests of citizens were protected.

Ufaa agents

"Through the approach, county commissioners, deputy county commissioners, chiefs and their assistants will directly serve as Ufaa agents in order to ensure all Kenyans who are eligible to claim their assets can do so in the easiest way possible," said Matiang'i during the launch of a Rapid Results Initiative (RRI) forum at the Kenya School of Government, yesterday.

The CS urged holder institutions to surrender the assets and challenged Ufaa team to remind the public to routinely update their records as a matter of basic good financial practices to ensure their assets are not deemed unclaimed or abandoned.

According to Ufaa, out of the total Sh38.1 billion received, Sh13.1 billion is held in cash while 564.5 million units of cash and 1,454 safe deposit boxes are held in their custody at the Central Bank of Kenya.

Out of the amount, Sh1 billion was received from mobile phone companies, with 70 per cent coming from Safaricom Ltd while 30 per cent was received from Airtel Kenya.

Ufaa chief executive John Mwangi said the authority will work with the provincial administration to educate the public on



Interior Cabinet secretary Fred Matiang'i (centre) with Unclaimed Finance Assets Authority (Ufaa) chairman Richard Kiplagat (right) and Interior National Administration Secretary Chimwaga Mongo during the launch of the Rapid Results Initiative between Ufaa and the ministry at the Kenya School of Government, Nairobi, yesterday. PD/Alice MBURU

unclaimed assets.

"Ufaa has been able to identify individuals whose cash amounts to Sh4.7 billion — who cannot be contacted because they have changed their addresses or abandoned their mobile phone numbers," said Mwangi.

He said Nairobi County leads with Sh2.5 billion in unclaimed assets, Central with Sh437m, Coast, Sh521m, Eastern Sh242.7m, Nyanza, Sh266m, Rift Valley, Sh688m and North Eastern, Sh243m and Western Sh38m.

Ufaa will also reach out to individuals who provided their work addresses but have been unable to claim their cash.

Mwangi said a recent study revealed that an estimated Sh250 billion is still being held by institutions, adding that those who are not remitting the money risked prosecution.

Ufaa chairman Richard Kiplagat said the partnership provides a great opportu-

nity for the government to turn back abandoned assets to their owners.

"As an authority, we are keen on ensuring that Kenyans lodge claims and get reunited with their 'lost' assets," he said.

Kiplagat said besides ensuring reunification is achieved, the campaign will also educate holding institutions to report and surrender unclaimed financial assets as per the UFA Act 2011. Holders are supposed to surrender assets by November 1, every year.

He said through the collaboration, administration officers will become directly involved in the reunification process by serving as Ufaa agents in order to ensure eligible Kenyans claim their assets at the grassroots.

Local administrators will be required to identify, locate and notify apparent owners/ beneficiaries of the existence of unclaimed financial assets and facilitate processing of claims with the authority.

UFAA MANDATE

- In the event that an owner of a property does not take any action during a certain duration according to the law, to indicate ownership, that property is regarded as unclaimed.

- It is then the responsibility of the holding institution to report the unclaimed asset to the Unclaimed Financial Authority

Uganda Airlines eyes share of Kenya Airways routes

by Noel Wandera
[@PeopleDailyKe](#)

Pressure is mounting on Kenya Airways (KQ) as regional carriers eye a slice of her market share with Uganda Airlines acquiring new planes targeting traditionally KQ routes.

Kenya's western neighbour took delivery of two 72 seater CRJ900 planes from Canadian manufac-

turer Bombardier, which will be deployed on the Kinshasa, Zanzibar, Lusaka, Asmara, Hargeisa, Djibouti and Addis Ababa routes, the airline said on its Twitter handle.

Dwindling fortunes

KQ, which is currently undergoing lean financial times, plies on three of the routes; Addis Ababa, Djibouti and Zanzibar.

The two deliveries on Monday

doubled the size of the fledgling airline's fleet. The first two Bombardier CRJ900 arrived in April this year, which also marked the official revival of Uganda Airlines that was liquidated in 2001.

The airline expects to receive two long-haul Airbus A330 Neo planes soon, bringing its fleet numbers to six. The first will arrive by the end of the year, while the second will follow a few months later.



2001

Year Uganda Airlines was liquidated before its revival this year.

RICHARD KIPLAGAT



We are keen on ensuring Kenyans get reunited with their 'lost' assets

BRIEFLY

Slow credit growth bites real estate

Delay in issuance of construction permits by some county governments and slow private sector credit growth affected the real estate sector in the third quarter (Q3) of the year.

According to Cytonn Real Estate, the development affiliate of Cytonn Investments, real estate market performance was largely stagnant in Q3 of 2019, with residential sector yields unchanged at 4.9 per cent, while commercial office and retail sectors recording rental yields of 7.7 per cent and eight per cent from 7.8 per cent and 8.2 per cent, respectively, in the first half of the year. Growth was also constrained by oversupply in the commercial office and retail sectors.

— William Murigi



Tatu City, I&M sign loan provision pact

Tatu City and I&M Bank have signed a memorandum of understanding to facilitate access to credit for buyers of property within the 5,000-acre development.

As part of the agreement, I&M will provide a dedicated relationship management team to serve Tatu City clients who are buying serviced land or financing construction and offer repayment periods of up to 20 years at interest rates not exceeding 12.5 per cent per annum.

Speaking during the signing of the MoU, Rendeavour country head Chris Barron said the companies share a vision to provide financial products that will benefit current and future clients.

— Mathew Ndung'u

Facebook rolls out fake news checker

Facebook has expanded its third-party fact-checking programme to 10 African countries. This forms part of its work in helping assess the accuracy and quality of news people find on Facebook, whilst reducing the spread of misinformation on its platform.

The expansion is in partnership with Agence France-Presse (AFP), the France 24 Observers, Pesa Check and Dubawa. It will be rolled out in Kenya, Nigeria, South Africa, Cameroon, and Senegal. The programme will fact check local articles. If one of the fact-checking partners identifies a story as false, Facebook will show it lower in News Feed, significantly reducing its distribution.

— William Murigi



Hoteliers want dredging at Mombasa port halted

TOURISM: The Kenya Association of Hotel Keepers and Caterers (KAHC) has asked the government to halt the ongoing dredging of the Port of Mombasa as well as dumping of waste in South Coast, saying the twin activities could deal a big blow to tourism.

It welcomed the intervention by former Prime Minister Raila Odinga, who last Saturday, asked the Kenya Ports Authority (KPA)

to stop the dredging works at the Likoni crossing channel to clear the area and help in the recovery of mother and child who perished in the channel on September 29. The KAHC executive officer Sam Ikwaye said dredging and sand harvesting activities in Diani would have far-reaching consequences on marine life, coral reefs and white sand beach, which remain a tourist attraction at the coast.

He said Diani Beach has over the years been voted Africa's leading destination by the World Travel Awards because of its pristine state and efforts by residents and hoteliers to protect the marine environment. It has also been voted among

the 25 best beaches in the world.

"Since 2017, contractors have harvested sand amounting to eight million cubic metres of sand and

dumped the waste in Diani, this has greatly affected the marine and coral reefs, we therefore call on the government to stop the exercise," he said. The dredging is meant to widen the channel to allow bigger ships to call at the port.

Ikwaye called for legislation and policies to protect the endangered marine life and economic gains through tourism. — Sophie Njoka

Storm brews in power poles business as firms face probe

Regulator, DCI investigating various claims of cartel-like behaviour in supply of wooden and concrete poles

by Fred Aminga
@farminga

A storm is brewing in the multi-billion-shilling electricity poles business as details emerged of a close-knit group of few firms dominating the supply of the product to Kenya Power.

And an ongoing probe has linked a Cabinet secretary and Kenya Power bosses to the "pole cartel".

In their investigations, the Competition Authority of Kenya (CAK) and Directorate of Criminal Investigations (DCI) are said to have zeroed in on price fixing, collusive tendering — a process in which firms agree to share out contracts between themselves and/or to fix the price bids — and cartel-like behaviour in the multi-billion-shilling poles business.

Cartels usually work to increase their collective profits through price fixing, limiting supply and other restrictive practices.

Some are so organised and vicious that they are not only able to control selling prices, but force down the prices of purchased inputs.

Industry insiders say the poles business seem to be the preserve of a few among some 40 local firms involved in the supply of treated wooden and concrete poles, hence the investigations.

Various sectors

When *Business Hub* contacted the CAK for comment, the regulator declined to confirm the names of the companies being investigated, but only hinted at ongoing investigations in various sectors.

"Competition Authority of Kenya is conducting investigations into various sectors of the economy, including in the electricity supply industry to ensure compliance with the Competition Act. However, given that these investigations are ongoing, it would be prejudicial to discuss the details," read the short response.

Power sector has seen billions of shillings exchange hands in what has been a heavily-funded nationwide electricity connectivity drive, with a surge in demand for power poles.

Through the heavily-funded Last Mile Connectivity Project (LMCP), the government banked on Kenya Power, the monopoly power utility, to link homes to the national grid under a subsidised programme.

Concrete poles replaced wooden poles

Electrification

40

Industry insiders privy to information about the poles business say the business seem to be the preserve of a few among some 40 local companies involved in treatment of wooden poles and production of concrete ones hence the investigations.

500,000

According to players in the sector, it is the high demand for poles provided fertile ground for graft, with up to 500,000 poles being sought to meet the country's ambitious electrification programme, turning the value chain into a cash cow for a few well connected companies

Sh22b

Kenya Power said the project to be conducted from proceeds of Sh22 billion funding by multilateral lenders will target 280,475 customers in 32 counties across the country for a period of three years.

KETER



A team has been working on the tender allegations for the last two weeks.

most of which were imported as the government intensified connections while upgrading the existing power network to improve quality of electricity.

Players in the sector said the high demand for poles provided fertile ground for graft, with up to 500,000 poles being sought to meet the country's ambitious electrification programme, turning the value chain into a cash cow for a few well connected companies.

Speaking to *Business Hub* on the sidelines of unveiling the new corporate identity for energy sector regulator, Energy and Petroleum Regulatory Authority (EPRA), Energy Cabinet secretary Charles Keter said a team has been working on the tender allegations for the last two weeks.

"I think by next week (last week) they should have done it. They are analysing all of them, and we are doing it one by one," he said in response to whether he was aware of the probe on cartel-like behaviour in the pole business.

The CS whose docket has experienced a deluge of scams with several parastatal being put on the spot over scandals, said he wanted to ensure that none is faulted wrongly. This investigation comes amid the

announcement of yet another tender for the fourth phase of the Last Mile Connectivity Project, late September.

Kenya Power said the project to be conducted from proceeds of Sh22 billion funding by multilateral lenders will target 280,475 customers in 32 counties across the country for a period of three years.

Kenya received the funds from AFD, French Development Agency, European Union and the European Investment Bank and it is expected to usher in another frenzy of pole buying to meet demand.

Tender notice

Kenya Power asked consultants in a tender notice to show their interest in delivering the services as described in the terms of reference.

"Interested consultants must provide information evidencing that they are qualified and experienced to perform those services... Expressions of Interest must be submitted to the address below not later than October 1," read the notice in part.

"The project involves electrification of approximately 280,475 customers in 32 counties across the country for a period of three years."

BRIEFLY



KTDA chairman tells off critics

BONUS: Kenya Tea Development Agency (KTDA) chairman Peter Kangogo has blamed woes facing the company on politics. This comes in the wake of uproar by farmers in tea growing zones as a result of poor pay for the crop sold this year that registered a drop of 30 per cent compared to the previous year. Kangogo claimed a Murang'a politician was behind the falsehoods being spread against the agency. "I know this person is spreading falsehoods against us is doing so to gain political mileage and this is extremely wrong," he told *Business Hub*. Former Transport Principal secretary Irungu Nyakera had on his Facebook page accused KTDA of wastage and pilferage, claiming it is the cause of farmers' suffering

— Seth Mwaniki



State mulls national insurance policy

REGULATION: Kenya has moved to develop a national insurance policy to boost the sector that is grappling with low returns on equity amid stifled uptake of services. National Treasury Principal secretary Julius Muiu said the policy is expected to strengthen the legal and regulatory environment to improve access, usage and affordability of insurance products and services. "The policy will seek to promote insurance as a risk management tool, access to insurance services that support local challenges, mobilisation of resources to support development and broaden financial inclusion," he said in a statement. A recent report by Deloitte East Africa indicated that insurance companies in Kenya and the region are yet to fully embrace digitisation that includes the use of big data due to regulatory challenges.

— Xinhua



Strengthening SMEs

Participants during the inaugural Kenya Cottage Industry Expo at CMS Africa Building in Nairobi. The event, targeting women in business under the incubation period of between zero and three years, attracted hundreds of small businesses. Other participants were government regulatory bodies, including Kenya Bureau of Standards and Kenya Revenue Authority. PD/KENNA CLAUDE

M-Pesa in PMI top 10 elite club

Product recognised for delivering cutting-edge mobile tech that allowed Kenya to leapfrog past more advanced economies, start banking revolution

by Noel Wandera
@PeopleDailyKe

M-Pesa has been recognised among top 10 most influential projects by Project Management Institute (PMI) in its 2019 list edging out Netflix, Alexa and Paris Fashion Week.

The 12-year old service, which has disrupted the financial sector, also stood out among top 50 most influential projects in the last five decades.

"This recognition further underlines M-Pesa's commitment to our customers and its transformation of the country which has seen financial inclusion in Kenya grow by more than 50 per cent in the last 12 years to stand at more than 82 per cent today," said Safaricom acting chief executive Michael Joseph in a statement.

Flagship App

The flagship App in the Safaricom stable has seen more than 20 million Kenyans use the M-Pesa service to transfer money, apply for loans and receive wages, thereby changing the dialogue of financial inclusion in Africa.

Introduced in 2007, what be-

gan as a simple financial transactions service was nurtured into an ecosystem offering loans, international transfers and other services.

PMI is the world's leading association that trains professionals in project, programme and portfolio management.

In May, Safaricom reported that M-Pesa revenue jumped 19.2 per cent to 31.2 per cent of the company's revenue of Sh240.3 billion. It is predicted that it would account for over half of Safaricom's revenues in three or four years.

Investment firm Genghis Capital has projected that Safaricom will post a Sh34.4 billion (profit after tax) in the first half of 2020, although its M-Pesa revenues will slow, impacted by current troubles besetting the betting industry.

However, Genghis says M-Pesa revenues growth will slow to 13.3 per cent from 18.2 per cent in a similar period last year. Fuliza is expected to cushion the slow growth, following an impressive start, where Sh81 billion Fuliza loans were disbursed in the six months to June 2019.

FULIZA

● Fuliza, under the M-Pesa umbrella, has been accessed by about nine million customers, disbursing loans worth Sh81 billion by the end of June this year.

● Fuliza raised Sh1.2 million in revenue for Safaricom under the revenue sharing model with KCB and Commercial Bank of Africa, now NCBA.



NAIROBI SECURITIES EXCHANGE

HIGH	LOW	SECTOR	VWAP	PREVIOUS	TOTAL SHARES
22.00	10.00	AGRICULTURAL	11.35	11.30	1,300
390.00	300.00	Eagads Ltd Ord 1.25 AIMS	423.25	-	
101.00	60.00	Kakuzi Ltd Ord 5.00	78.25	78.75	600
600.00	450.00	Kapchorwa Tea Co. Ltd Ord 20.00 AIMS	470.00	-	
26.00	14.10	The Limuru Co. Ltd Ord 20.00 AIMS	16.85	17.15	3,800
180.00	134.00	Sasini Ltd Ord 1.00	136.50	136.00	1,400
29.00	17.00	AUTOMOBILES & ACCESSORIES	21.60	-	
13.50	7.80	Car & General (K) Ltd Ord 5.00	11.10	11.00	22,400
33.00	28.00	Barclays Bank Kenya Ltd Ord 0.50	28.00	-	
220.00	112.00	Diamond Trust Bank Kenya Ltd Ord 4.00	115.00	114.00	400
57.00	31.00	Equity Bank Ltd Ord 0.50	36.25	37.50	1,441,900
134.00	3.80	HF Group Plc Ord 5.00	6.98	7.00	18,800
130.00	52.00	I&M Holdings Ltd Ord 1.00	44.95	48.55	137,100
55.00	23.00	KCB Group Plc Ord 1.00	40.90	40.80	1,694,000
12.25	3.70	National Bank of Kenya Ltd Ord 5.00	4.12	-	
44.50	20.50	NIC Bank Ltd Ord 5.00	29.80	29.00	82,200
105.00	81.00	Stanbic Holdings Plc Ord 5.00	96.00	96.25	5,800
24.00	165.00	Standard Chartered Bank Kenya Ltd Ord 5.00	194.00	194.00	3,700
20.00	11.20	The Co-operative Bank of Kenya Ltd Ord 1.00	12.05	12.00	1,462,800
5.10	0.45	Deacons (East Africa) Plc Ord 2.50	0.45	-	
4.45	0.85	Eveready East Africa Ltd Ord 1.00	0.94	0.98	8,200
8.00	4.05	Express Kenya Ltd Ord 5.00 AIMS	6.50	6.80	200
18.50	2.10	Kenya Airways Ltd Ord 5.00	2.77	2.43	82,300
6.25	3.90	Longhorn Kenya Ltd Ord 1.00 AIMS	7.40	7.40	500
8.40	0.88	Nairobi Business Ventures Ltd Ord 2.50	0.88	0.88	1,300
125.00	44.00	Nation Media Group Ltd Ord 2.50	41.95	41.35	900
3.30	1.72	Sameera Africa Plc Ord 5.00	3.15	3.19	100
39.50	17.15	Standard Group Ltd Ord 5.00	27.25	25.50	400
38.00	18.05	TPS Eastern Africa Ltd Ord 1.00	18.00	18.00	500
5.00	0.29	Uchumi Supermarket Ltd Ord 5.00	0.29	0.29	13,800
25.50	10.80	WPP Scangroup Plc Ord 5.00	13.15	13.35	3,100
8.35	2.40	ARM Cement Ltd Ord 4.11	5.55	-	
187.00	110.00	Bamburi Cement Ltd Ord 0.50	72.75	-	
87.50	50.00	Crown Paints Kenya Ltd Ord 5.00	66.00	72.00	100
5.20	2.10	E.A.Cables Ltd Ord 0.50	2.98	2.80	11,400
26.00	12.60	E.A.Cement Portland Cement Co. Ltd Ord 5.00	18.50	18.50	200
15.85	8.00	Umembe Ltd Ord 0.50	7.40	7.32	800
15.85	8.00	Britam Holding Plc Ord 0.10	6.92	6.98	10,300
5.40	3.20	CIC Insurance Group Ltd Ord 1.00	3.03	3.04	110,100
540.00	366.00	Jubilee Holdings Ltd Ord 0.50	355.00	350.00	154,200
19.25	3.48	Kenya Re Insurance Corporation Ltd Ord 2.50	2.99	3.00	461,200
15.00	9.00	Liberty Kenya Holdings Ltd Ord 1.00	10.50	9.74	900
26.50	18.00	Sanlam Kenya Plc Ord 5.00	17.00	17.40	12,000
44.25	24.50	Centum Investment Co Ltd Ord 0.50	28.85	28.85	8,300
1.15	0.45	Home Africa Ltd Ord 1.00	0.49	0.48	140,800
1500.00	1500.00	Kuruthi Ventures Ltd Ord 100.00	1,500.00	-	
3.80	1.90	Olympia Capital Holdings Ltd Ord 5.00	2.09	2.14	5,400
5.00	2.70	Trans-Century Ltd Ord 5.00 AIMS	3.00	3.00	100
21.00	12.00	Nairobi Securities Exchange Plc Ord 4.00	10.35	10.25	4,600
100.00	58.00	B.O.C Kenya Ltd Ord 5.00	58.00	58.00	200
725.00	492.00	British American Tobacco Kenya Ltd Ord 10.00	485.00	500.00	131,700
12.50	7.70	Caricab Investments Ltd Ord 1.00	7.98	8.00	26,100
270.00	160.00	East African Breweries Ltd Ord 2.00	191.00	191.00	155,200
4.75	2.10	Flame Tree Group Holdings Ltd Ord 0.825	2.16	-	
80.00	12.40	Kenya Orchards Ltd Ord 5.00 AIMS	12.40	-	
0.90	0.27	Mumias Sugar Co. Ltd Ord 2.00	0.27	-	
44.00	31.20	Unga Group Ltd Ord 5.00	31.55	31.65	1,200
32.50	21.00	Safaricom Ltd Ord 0.05	20.20	27.85	1,733,300
12.30	7.60	Starlink falun-iReit Ord 20.00	8.24	7.82	1,000
1275.00	1165.00	Barclays New Gold ETF	15021	1495.00	-

NSE ALL SHARE INDEX: UP 0.54 points to close at 146.64

NSE 20-SHARE INDEX: UP 6.31 points to close at 243.54

NSE 25-SHARE INDEX: DOWN 7.88 points to close at 3471.18

MARKET WATCH

COMMODITY PRICES IN DIFFERENT COUNTIES (8/10/2019)

COMMODITY	KG	Nairobi	Eldoret	Nakuru	Kitale	Busia
Dry Maize	90	3700	3000	2800	3300	3060
Green Maize	115	2200	1200	2000	1400	
Finger Millet	90	8800	7650	6300	4950	5400
Sorghum	90	6500	5400	4000	2700	3600
Wheat	90		3000			
Beans Canadian	90	8800		6300	5500	
Beans Rosecoco	90	10800	8100	6300	6500	11700
Beans Mtitemania	90	7500	8100	5000	5500	5400
Mwezi Moja	90	5400		5000		
Dolichos (Njahi)	90	12600	11700	8500	10800	
Green Gram	90	10500	12600	8100	13500	
Cowpeas	90	6800	7200	8100	6300	
Fresh Peas	51	3000	1530	2800	2500	
Groundnuts	110	12000	10350	12000	15400	15600
Red Irish Potatoes	50	1900	1600	1300	2800	
White Irish Potatoes	50		1500	1700	1500	
Cassava Fresh	99	2600			3000	
Sweet Potatoes	98	4900	5800	3000	2500	4000
Cabbages	126	1500	1200	700	1250	1890
Cooking Bananas	22	450	1200	350	350	750
Ripe Bananas	14	600	700	750	1050	1000
Carrots	138	3800	2800	2500	4200	5520
Tomatoes	64	4500	4500	4000	4000	3500
Onions Dry	13	900	780	650	750	975
Spring Onions	142	3000	1250	3500	3000	
Chillies	38	2850		2500	4000	
Cucumber	50	2800			2000	
Capiscums	50	2850	2000	2500	2500	3000
Brinjals	44	1540		2000	1800	1500
Cauliflower	39	2950				
Lettuce	51	1350				
Passion Fruits	57	3700	3990	5500	4400	
Oranges	93	4000	5000	5000	4000	3500
Lemons	95	2800		3000	4750	
Mangoes Local	126	2200	2400	3000	2700	
Mangoes Ngowe	25	1400	1200			
Limes	13	2600				
Pineapples	13	900	1620	600	900	
Pawpaw	54	1700	3600	3000	3300	
Avocado	90	3000	3200	3500	1500	
Kales	50	1100	1000	750	1400	
Eggs	300	300	280	300	300	320

COMMERCIAL BANKS' AVERAGE FOR MAJOR CURRENCIES (OPENING MARKET) - 8/10/2019

CURRENCY	MEAN	BUY	SELL
US DOLLAR	103.7956	103.6956	103.8956
SW KRONER	10.4806	10.4689	10.4923
STG POUND	127.8536	127.7133	127.9939
SINGAPORE DOLLAR	75.1842	75.1036	75.2648
SAUDI RIYAL	27.6729	27.6455	27.7003
SA RAND	6.8528	6.8440	6.8617
S FRANC	104.4274	104.3005	104.4542
NOR KRONER	11.3711	11.3583	11.3839
KES / USHS	35.5507	35.4683	35.6332
KES / TSHS	22.1590	22.0895	22.2285
KES / RWF	8.9160	8.8965	8.9354
KES / BIF	17.8081	17.7755	17.8407
JPY(100)	97.0460	96.9389	97.1531
IND RUPEE	1.4623	1.4607	1.4639
HONGKONG DOLLAR	13.2316	13.2189	13.2444
EURO	114.0964	113.9722	114.2206
DAN KRONER	15.2784	15.2612	15.2956
CHINESE YUAN	14.5202	14.5049	14.5355
CAN \$	78.0477	77.9607	78.1346
AUSTRALIAN \$	70.0361	69.9530	70.1191
AE DIRHAM	28.2579		

Tea Development Agency (KTDA) run factories, the lawmakers said the tea sector was one of the leading foreign exchange earners in the country yet farmers were the hardest hit when prices plummeted.

"We want farmers to get good prices from tea throughout the year even when prices plummet in the world market.

We are asking the Ministry of Agriculture to establish a reserve fund to ensure farmers get a constant price even when tea fetches low prices," said Mutai.

World market

The MPs were reacting to the hue and cry by tea farmers across the country over low payment this year due to a shrink in prices in the world market.

"I am going to lobby my colleagues in Parliament to pass legislation towards establishing the reverse fund," said Mutai.

"We are not going to sit back and watch as our farmers suffer due to low prices," said Yegon.

They also attributed low tea prices to cartels at KTDA and its factories who claimed were out to fleece farmers and enrich themselves.

"Cartels in the market chain are colluding to deprive farmers better pay and we are not going to accept this anymore. So we are asking the Directorate of Criminal Investigations to swing into action immediately and investigate the issue and arrest those behind the deals," said Mutai.

We want farmers to get good prices from tea throughout the year

Two members of the National Assembly want the government to establish a reserve fund to cushion tea farmers against poor prices.

The two said farmers could not meet their needs due to fluctuating prices of the produce in the world market.

Speaking in Kericho yesterday after holding a meeting with directors of some Kenya

Spice

► Flavour your day

STYLE  @chebetkorir

MARTIN KIMATHI



MARTIN KIMATHI is a model, TV host and a huge fashion enthusiast. He is a favourite to many, mainly because he is fashion forward with a unique style. He chats with **CHEBET KORIR** about everything on his rage

How does your work as a TV presenter influence your sense of style?

It has been a long journey, but I have seen my fashion sense evolve immensely, plus it's part of giving my all. I love what I do and a lot of people are watching, so I have to make it look the best. As a screen person, image matters a lot and that's why I pull every effort to look good.

Do you dress up for yourself, the fans or viewers?

On TV, I dress up to what our viewers would be impressed with; we cool like that. The other times I do it for me, but it depends highly on the occasion. But whichever the circumstance, I have to dress up good.

How has it been working with the likes of international fashion house Mango and Coca-Cola?

It has been great! Working with Coca-Cola in *Coke Studio Africa* TV show as an influencer gave me an opportunity to interact with so many people and also made me appreciate and learn how dope African designers are. I have always known they existed, but my interactions at the show scaled everything I knew. Working with Mango on the other hand made me realise new elements of my taste; the smart casual. This really impressed and inspired me to become better.

How do you settle on a look when getting dressed in the morning?

Variety of things come to fore. I give considerations to factors such as the weather, my general mood and the activities lined up for me. Comfortability at the end of the day is key and I make sure I don't compromise on it.

How does your style reveal your personality and lifestyle?

I love cleaning up nice. It's a thing that cheers me up and those around

me can relate with. When dressed up well, I feel more confident with myself and anything else I get to work on.

So, in two words, how can you describe your style?

I call it 'Special Vibes'. Does it make sense? I know it does... Ha-ha.

So, how do the right or wrong clothes affect ones image?

A lot of people are yet to realize that one's look is an important element of life. Protect and love your image because it's part of your self-worth. So, you have to make sound decisions when it comes to what you wear, because it may break or make you.

What are the biggest mistakes men make when dressing?

Trying to keep up with trends. Understanding your body and creating your own wave or style should come first. Never stretch yourself to achieve a look way beyond your reach. Be you and work with what is comfortable with you at that particular moment.

What are the first items you gravitate towards when shopping?

Shoes all the time. I happen to be a shoe freak. I have countless pairs of them already and I just can't stop going for more. I am a sucker!

Describe an appropriate man's wardrobe.

There are quite a few must-haves for every stylish man: a nicely tailored suit, a white T-shirt, blue or black jeans, a smart casual jacket or coat and clean drawers. With these, you are good to go.

What's your signature accessory?

That must be my gold chain. It is my most treasured item in my wardrobe. I wouldn't want to say the price, but it cost me a fortune.

Who's your style icon?

Surprisingly, there is none. But if I was to settle for any specific person it would be Dapper Dan, the American fashion designer and haberdasher [a dealer in small items used in sewing, such as buttons, zips, and threads] from Harlem, New York.

We'll never catch you dead wearing...

Balenciaga shoes. Those shoes are so ugly more so they have been overdone and over worn.

What is your style secret weapon?

Well, if I tell you it won't be a secret anymore. Ha-ha-ha.

THAT GUY

GETTHELOOK WITH GRACE WACHIRA

Fashion guru and stylist Maryne Keseri has carved a niche as a queen of head wraps in Kenya. The 22-year-old is also the brain behind the Afrikesseri Kollec-tion, an online shop for women's fashion, clothes and accessories. We take a look at how you can creatively incorporate head wraps into your looks.

Maryne Keseri



Break the bold colours with a brightly printed headwrap. Take the dull outfits a notch higher and turn heads!



A neutral coloured wrap adds some edge to that outfit that screams drama. Perfect gear to don as you run errands.



Bold and bright enough to brighten even the cloudiest of days.



It's okay to match your fabrics. Instead of leaving the excess material with the tailor, why not make a standout headwrap.



DADDY'S DIARY

I'm more anxious about national exam than my son



In the next few weeks, the national examination for both primary and secondary level will commence. My son is among those who will be sitting for this exam. Honestly, you would think I am the one who will be sitting for the exams. The anxiety is on another level and I'm not sure why this is the case. I remember during our time, we would reserve a corner of the blackboard where we would track the countdown to the start of the final exams.

When I checked with my boy, I was surprised they don't have this anymore? He is in a relaxed mood not seeming to give a hoot. Every time he is home, I expect him to be revising since he has few days to go. But he doesn't think it's a big thing.

I still wonder whether my parents were anxious during my examination. Even if they did, they ensured I didn't notice, or they were just good in hiding/reserving their fears and anxieties. Today, I have decided to be like my parents. I will not worry or be anxious anymore. First, I am not the one doing the exams and even if I worry, will it change anything? I am thinking probably I could be putting my son undue pressure. Probably, if I constantly remind him his days in primary school are numbered, insisting he put extra effort, it might cause unintended consequences.

Peace of mind

I recall my mum during such a period. She gave me a significant leeway during exam time. I could get away with most things and the only thing that was occupying my mind was just exams. I think this is what I would do. I will relax some of the tough rules that I have put if they will help the boy relax and have a peace of mind when doing his exams. By this time, probably the only thing he wants is to relax and just wait for exams. With the few days remaining, there is almost no magic that can be applied—I guess it's a done deal. The only thing I can hope and pray for is good health during the examination season.

Family Fusion ▶ All about kin and kith

EMMA NYAMBURA's jovial and social nature stood out more than her bow legs did. And for five years, she lived a carefree life as her father ALEX KIHARA narrates

by Mary Kinuthia

@MsoKinuthia

Alex Kihara and Fatuma Nzula were over the moon when they welcomed their second born child, a girl. Their first child was a boy, named Travis Kamau. Not that they were choosy in terms of gender, but a baby girl was a pleasant surprise.

The baby, Emma Nyambura, appeared healthy and hit her milestones just like any other child. However, the couple noted that as she grew up, she developed legs deformity, which worsened as time went by and became more conspicuous.

"Our first thought was she had rickets. It bothered us despite her swiftness and determination to walk and play around the house," Alex states.

In 2017, when Emma was three, the couple took her to various hospitals in Nairobi. Even after several therapy sessions and medication there was no notable change. "Although my girl proved strong as she endured a lot, being in and out of hospitals, my wife and I were financially and emotionally drained. We gave up on seeking further treatment hoping the deformity might be, just maybe, correct itself as she grew up," the father of three says solemnly.

When Emma was enrolled at a nursery school in the same year, she stood out for her social and jovial spirit. "Teachers said her playful nature and cheerfulness stood out more than her deformity. She interacted and played freely with other children, not conscious that she looked different," he says.

Daunting task

It is this cheerful spirit that got Emma noticed by one woman as she was playing at their Kariobangi South neighbourhood two years ago. "One evening as our daughter was playing outside our residence, a stranger saw her and enquired from a shopkeeper next to my residence whether he knew Emma's parents. The shopkeeper knew us well. The woman told him that she knew a hospital that would offer treatment for Emma. She left her contacts with the shopkeeper, in case we needed more information," Emma's father recalls.

The couple did not take any chances, but called the stranger who directed them to AIC Cure International Hospital in Kijabe. Father and daughter visited the hospital for consultation and were assured the deformity, which the doctors established to be Infantile Blount's disease, would be corrected through surgery. Blount's disease is a disorder of the growth plates in the bones around the knee. It causes a child to have a bowlegged appearance. Alex was told the surgery would cost him Sh200,000. Although excited that he had found a cure for his daughter, he left sad knowing raising such an amount of money was a daunting task.

"I hawk second-hand baby shoes in Mathare for a living and my wife is a stay-at-home mum who at that time was about to give birth to our third baby, Whitney. I did not have medical cover. Where on earth would I get that kind of money?" Alex poses. So life

Alex Kihara and daughter Emma Nyambura. She underwent an operation to correct her deformed legs three months ago. BELOW: Emma before the surgery. PD/ MARY KINUTHIA



My daughter defied a bowing deformity



ALEX



Being a father sometimes means you have to do anything possible to provide a better life to your children



went on as usual as the couple tried to figure out how they would raise the money.

"Being a father sometimes means you have to do anything possible to provide a better life to your children, even when it means denying yourself and going an extra mile," says Alex. So in June this year, he decided to fundraise. He also joined National Health Insurance Fund (NHIF). The couple raised only half the amount by the end of June through the fundraiser. While on the verge of once again giving up, a well-wisher sponsored the remaining amount and Emma proceeded

with the surgery. "She went for treatment in July this year. We were grateful how things progressed. The first two weeks after surgery, she claimed to have a recurring pain being on the orthopedic cast. She was also out of school to focus on treatment and regular check-ups," he explains.

The now five-year old Emma braved the treatment. Now her legs have recovered and straightened as though nothing was wrong in the first place. "I will retell this story to my daughter even in her adult years. Luckily, we live in a digital world where I have photos and video to back up my story in case she ever doubts my love for her," Alex concludes.

Regina Ndirangu, a clinical officer at AIC Cure says a small amount of bowing is normal in infants. However, as most children begin to walk, between the ages of one and two, their legs straighten out.

Infantile blount's disease

The exact cause of Blount's disease remains unknown. But since most children who develop Blount's disease began walking at an early age, early walking is believed to be a major contributing factor.

Blount's disease is also more common in obese or overweight children. "It is advisable that children maintain a healthy weight in their early life," Regina notes.

Choosing the mode of treatment is dependent on the stage or severity of the deformity. "We use braces, observation and close monitoring during early stages in the less severe non-operative treatment. Severe and progressed cases like Emma's, call for operative treatment," she says.

PARENTING 101



Remaining relevant to my kids as a busy mum

Every parent desires to mould their children into well-mannered, responsible and dependable individuals. But they rarely have time for that.

CAROLINE NEKESA, a mother of three shares her secret

by Sylvia Wakhisi
@PeopleDailyKe

Nurturing and bringing up children in this era of massive globalisation and technological expansion, when many parents have jobs and busy schedules can be quite challenging. In such a scenario, it is possible for children to feel excluded and out of place. Many spend their time glued on screens. Also, there are unnecessary distractions everywhere and they can be easily preoccupied with activities and interests that are not healthy for them.

That is why finding balance between career and family has been a key thing for Caroline Nekesa, a mother of three. Nekesa, who is in her early 30s has a full time job that revolves around marketing and customer experience.

But juggling between family and her demanding career has not been easy as sometimes she is forced to work until late hours and leaves home early in the morning.

No balance

"This means that sometimes I do not catch up on their day's activities or know what they have gone through during the day. Raising a child is crazy. You sometimes have no idea what kind of content they have access to while you are away at work, especially in this era of digital TV or when they are playing at their friend's house. I monitor what they watch while I'm around and have not allowed them access to phones yet. But the Internet era is crazy and information is available all over. I pray a lot and discuss issues candidly with them to ensure I am their source of information," she explains.

She says: "I would not say there can be balance, but I try my best to have time for my children after work and develop activities that would tie me to these routines, such as having dinner every night and tucking them to bed. Weekends, especially Sundays are 100 per cent dedicated to them," she adds.

Seeing your children grow into different personalities is also a challenge. You expect you will mould them into this picture you have created in your mind,

but they may end up being something else. "In this case, you have to accept and integrate values in that personality. All these experiences have made me stronger and enabled me to anticipate their needs and handle them appropriately," she says.

Though she had different experiences during all her pregnancies, she recalls one intriguing event that took place when she was expectant with her second born child. "I was close to my daughter, who is my eldest child, throughout the pregnancy and kept on reminding her that she would have a sibling. She seemed to understand, but was not so sure of what was going on until I brought baby home and hell broke loose. She didn't like the baby at all," explains Nekesa.

She was so confused and preferred her father's company as she felt her mother loved the baby more. She stopped the goodnight kisses and even when I tried, she would repel and ask for her dad. But with time, she came to love the newborn and today adores her brother a lot," she says.

Parenting tips

The greatest lesson motherhood has taught Nekesa is patience and tolerance. "You cannot be a mother when you do not have patience. The children will drive you up the wall some days, but you need patience to handle them. You will expect them to eat their dinner in a maximum of 30 minutes and they will take two hours. They will lie to you. They will break your most expensive items and spoil your most prized possessions," she says.

"It has also taught me what true love is. I never loved so deeply until I had my children and got to understand what unconditional love is. It has also taught me I can never be perfect as a mother, but I am all my child needs."

As a mother, she has employed several parenting tips that guide her through the journey: Trust your instinct as a mother; it can never be wrong. Be firm, but not harsh. Your 'no' should be a firm 'no' and in this era of informed children, it needs to come with logical explanation as to why. Learn to trust your children and they will trust you with their secrets. Don't always brush off what they tell you no matter how stupid it sounds. Identify their personality and build values in those personalities, do not try to change them to your picture perfect, they are individuals in their own right.

"Know your children's friends and their parents as they have a big influence over the character of your child. Praise them in public always, it builds their confidence and speak well of your children to everyone. The amount of danger your children are exposed to everyday may be more than you can prevent. Prayers will cover up for that and above all, teach them about God and faith and let them grow believing in God."

For Nekesa, her greatest fear as a mother is if her children trace their failure to her. "That would be heartbreaking. I hope I give them everything they need to be successful in their own right," she says.



MOMINTHEMIX WITH FANNE MWAMBI

Talking about menses with my 10-year-old

"Mum, what are pads?" My nearly 10-year-old daughter came asking one day. Caught by surprise, I had no response on the tip of my tongue, but I did not let it show. "Where did you hear about that?" I managed thinking of the best way to respond without lying.

I would have to explain that it holds bleeding that comes out of her privates. But then I would also have to explain why she would need to bleed.

This conversation would lead to how she would have to stop bleeding to have a baby and as much as the 'we buy babies from the market' story is stale, I would have to look for a reason that makes sense because the walls have ears...and the walls in this case

were Raine, my five-year-old who would not excuse us when the juice is served.

She was not too green and by the time she was asking, she had a good idea of it. I knew this because being at school, I saw her teacher distributing sanitary towels to 12-year-olds who still had inconsistent menses. Did she ask her, or discuss with her fellow mates in class?

Young woman

Perhaps, and she most likely knew much more than this. I slipped off it, saying we would discuss it, and later, when the story of the young girl who committed suicide after she was period-shamed aired in the news, I

blurted it out and said she would start bleeding too and that when this happens, she would now become a young woman.

Her response was nothing I expected. She was calm, almost happy that I could trust her with this information. "She knew it!" I exclaimed later to my husband. She must have been testing me, thinking I would lie in her face.

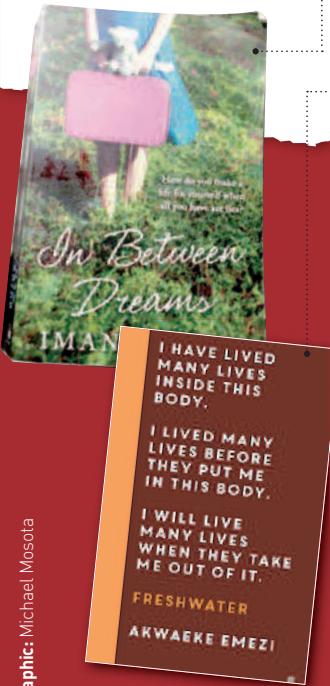
Later, while away from Raine's curiosity, I explained the changes she needed to expect as she got into womanhood. It was not easy, believe me, but I reasoned that if she were to find out, I'd rather she did from me. It was one achievement I have not been looking forward to.



Ten... African novels on mental health

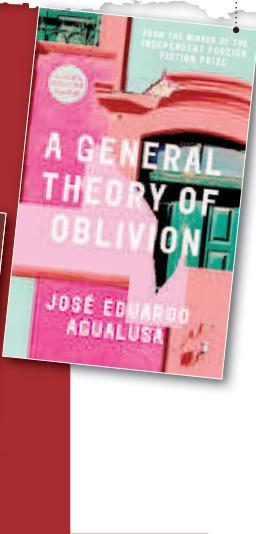
1. In Between Dreams - Iman Verjee (Kenya)

To keep spoilers to myself, let me say *In Between Dreams* is a special novel about young, friendless and withdrawn Frances. She grows up under a grandmother who forgot the art of speaking, and a happy mother who doesn't seem to notice anything peculiar. Frances doesn't seem aware of anything wrong with the thing she has with her dear father. Her father, whose past doesn't include future plans of having children. But a strange baby is born, and Frances and her father's demons are released into each other.



2. Freshwater - Akwaeke Emezi (Nigeria)

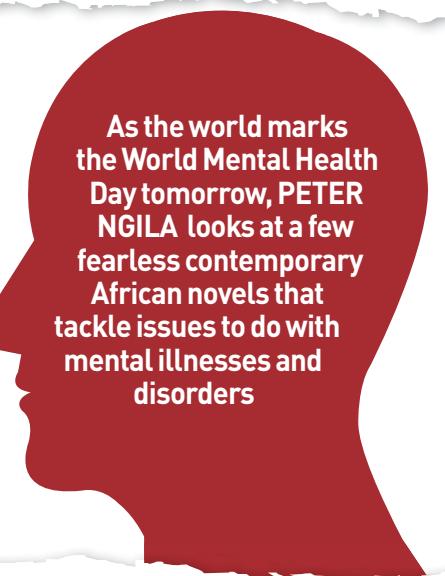
Freshwater, according to me, is already a classic. The novel, which interestingly mirrors the author's own life, is narrated by selves inside the head of Ada, the protagonist. The novel digs into the depths of mental illness, making the reader question the politics of gender and identity. Ada is a troubled woman, as the selves dictates everything she does including self-destruction. This seems to come out of a point of consciousness, because the author reportedly survived a suicide attempt.



3. A General Theory of Oblivion - José Eduardo Agualusa (Angola)

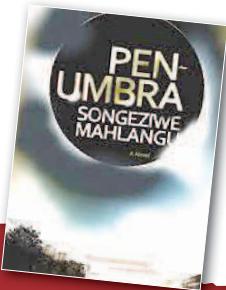
- translated from Portuguese by Daniel Hahn

With serious undertakings currently being explored to unite the long-forgotten Luso-phone Africa (Portuguese-speaking Africa) with the Anglophone street, *A General Theory of Oblivion* couldn't miss out from this list. In the novel, based on reality, on the eve of Angola's independence in 1975 from Portugal, 85-year-old Ludovica Fernandes Mano closes herself in for 30 years. A paranoid Ludo with a traumatic past living off vegetables and the pigeons she lures in with diamonds, she burns her furniture and books to stay alive and writes her story on the apartment's walls.



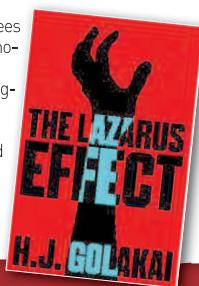
6. Penumbra - Songeziwe Mahlangu (South Africa)

Penumbra, which won the 2015 Etisalat Prize for Prize, is narrated by Mangaliso. Manga struggles to find sense in life. He is presented as a person losing sanity due to the drugs and alcohol he engages in with his friends. Instead, he is looking for something more meaningful. He lands in shallow friendships and a religion that doesn't mean much to him.



7. The Lazarus Effect - Hawa Jande Golakai (Liberia)

The Lazarus Effect is a great crime novel. Voinjama "Vee" Johnson, is not your normal young ambitious journalist. Besides leading a life with no particular direction, she sees a teenage girl. If you ask Vee what's happening to her life, she would say, this hallucination goes in line with some unpredictable episodes called 'panic attacks.' The girl Vee sees, Jacqui Paulsen, actually once existed. A teenager who left home one morning never to be seen again. When Vee sees a real-life photo of Jacqui, she starts digging into the mysterious and troubled life of the teenager.



8. The Mourning Bird - Mubanga Kalimamukwento (Zambia)

The Mourning Bird is told from the first-person voice of a 11-year-old girl called Chimuka. After her parent's death, Chimuka finds herself in the harsh streets of Lusaka, Zambia. Herself and a younger brother Ali are troubled children; their ordered family life ends after their father dies of HIV/Aids. Their mother, following the death of her husband, can't take it anymore and commits suicide. The only option young Chimuka has is to engage in prostitution. Interestingly, the writer lost her parents at a tender age.

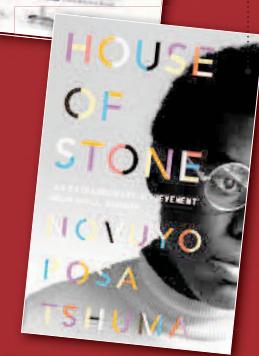


4. House of Stone - Novuyo Rosa Tshuma (Zimbabwe)

I've encountered readers who say that Zamani, the protagonist of the fantastic *House of Stone*, is a psychopath and a weirdo. But Zamani, who is with no parents or siblings, does the crazy things he does like sucking on his surrogate father Abednego's finger, to just belong. During these crazy moments, he floods Abednego with whiskey just to make the older guy's tongue loose to unleash his traumatic history. Zamani's story isn't just a human endeavour to belong, but also about a clear mirror to stare at a depressed Zimbabwe in the grips of colonisation, civil war and self-sabotage.

5. The Story of Anna P as Told by Herself - Penny Busetto (South Africa)

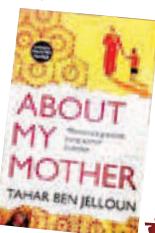
In this book, Anna the protagonist, struggles to come to peace with her traumatic childhood. Having no memories of coming from South Africa to a small island in Italy, she in several sessions tells of visiting a therapist. She only starts remembering things through a relationship with a prostitute and a boy she teaches at school. When Penny Busetto visited Nairobi in 2015 as part of the Etisalat Prize for Literature shortlist African book tour, I discovered she herself wandered the same routes taken by her protagonist.



10. About My Mother - Tahar Ben Jelloun (Morocco)

- translated from the French to English by Ros Schwartz and Lulu Norman

In the autobiographical *About My Mother*, Tahar's aged mother Lalla Fatma has Alzheimer's Disease, which is the most common cause of dementia in older people. Although the plot takes place in Tangier in Morocco in 2000, Lalla Fatma believes she is in Fez in 1944. She confuses people's faces and can't even recognise her own son, Tahar, the narrator of the novel. I only made peace with the title after discovering it's a translation – that linguistic vehicle which unites the world.



Take Off ▶ Building Capacity

Call them mental health advocates

by Wambui Virginia

@PeopleDailyKE

When we meet Wariimi Karingi, she seems uneasy, uncomfortable and unsure about the interview, something she blames on having a bad day.

At a first glance, one can easily misjudge her. Wariimi suffers from anxiety disorder coupled with severe depression.

Before her diagnosis in June 2015, Wariimi had depressive episodes since 2008. She did not know low self-esteem, insomnia, fatigue, lack of concentration, memory loss and suicidal ideations she experienced were early signs of depression. It's only until her diagnosis seven years later that she realised she had been struggling with high functioning depression. Due to the prolonged period without treatment, the symptoms worsened, causing her body to start shutting down. The condition then started manifesting on the physical: She lost weight, would cry a lot and all the time she kept saying *nimechoka* (I am tired).

"My illness is more genetic, but other factors contributed to it. Just like many people out here, I didn't know I was depressed, however, while alone I would have battles in my mind over basic things. I would be extremely sad for no reason. One day I wanted to jump off my balcony as suicidal thoughts kept ringing in my head," she says.

Denial first

After collapsing at her workplace, Wariimi, then a sales expert at an ICT company, was rushed to Nairobi Hospital and was admitted as she was displaying physical symptoms such as migraines, heart palpitations and numbness on the left side of her body. She initially thought she either had a heart or neurological problem.

After two months of seeing different doctors, a neurologist diagnosed her with depression and anxiety disorder and was referred to a psychiatrist. She did not accept the diagnosis and proceeded to visit four other neurologists who confirmed the initial diagnosis. She was then admitted at a rehab centre, Bustani for two months. After being discharged, she moved back to her parents place and quit her job after ten

As the world focuses on Mental Health Day tomorrow, individuals and organisations have set up initiatives to address challenges and help people to cope

WARIIMI

One day I wanted to jump off my balcony as suicidal thoughts kept ringing in my head

If mental health disorders are ignored, there is a risk symptoms can mutate into physical illnesses and potentially contribute to societal challenges.

Mental disorders increase the risk of contracting communicable and non-communicable diseases. A 2007 Lancet report says they are linked to as much as a third of all non-communicable illnesses.

"Mental and physical health is like one coin—when there is disease in your mind, it affects you physically,"

says Dr Catherine Mutisya, a psychiatrist.

She explains there is a boost to mental health awareness in Kenya after the president talked about it, but the country has many gaps from access to promotion, treatment and rehabilitation of mental services. In Africa, identification and treatment of mental disorders gap is estimated at 70 per cent in adults and 90 per cent in children and adolescents.

Yet despite the serious implications of leaving mental disorders untreated in the Sub-Saharan Africa, mental health services in the region are either woefully inadequate and expensive.

World Health Organisation (WHO) estimates 540 million people worldwide suffer from mental health disorders, with nearly 75 per cent of them living in low- and middle-income countries.

months of recuperation.

Despite her continued treatment, Wariimi has had several relapses. "After quitting my job, I thought I'd be a burden to my family and the depressive episodes started, coupled with anxiety. My most recent one was about two months ago and I had to be admitted at Bustani for a week. Sometimes I don't know if I am relapsing, it's actually people around me who notice," she says.

Supportive friends and family have been her backbone. Wariimi, who is still battling depression, has been on daily medication and also attends therapy sessions twice a week. She is now more aware of her condition, and can go about her daily activities without any hitch.

Wariimi, now a mental health advocate, started *Let's Go Mental Kenya* last year. The online platform advocates seeking help early, ending the stigma and encouraging people to get help, as well as having conversations around mental illness. Via the platform, she also pushes for affordable treatment for mental illness, after spending close to Sh1.5 million on medication at Bustani Medical Centre.

Wariimi is not the only mental health advocate to create a space for conversation about depression and suicide. In 2004, Merab Mulindi, Hannah Mwangi and John Hurst started *Befriending Kenya* to focus on suicide prevention by offering emotional support to distressed people who may be in danger of attempting suicide, as well as create awareness on suicide in the society.

Friendly beings

Ruby Nkatha is one of the volunteer psychologists at the organisation. Her typical day involves answering distress calls and emails from different people. "Most people we interact with often reach out to us on the verge of suicide. They have lost hope and everything they do doesn't make sense to them. So they want to end it all. Some people think that most suicides are caused by a single shocking event, but there are other major life crises that may trigger a suicide attempt," she explains.

Nkatha says issues such as financial constraints, poorly treated mental illness, substance abuse or even pressure at school can trigger in severe cases suicide



WORTHY CAUSE

- Wariimi Karingi is the founder of Let's Go Mental Kenya, an online platform that advocates for seeking help early and ending the stigma surrounding mental health.

- She suffers from anxiety disorder coupled with severe depression.

- Befrienders Kenya is an organisation that offers emotional support to distressed people who may be in danger of attempting suicide.

- They run a programme called Kikuyu Mutuini Suicide Prevention Group in Kiambu county to create awareness on mental health.

- Mental Health Day is celebrated annually on October 10, and in 2019, the theme is 'Suicide Prevention'.

- According to the World Health Organisation, every 40 seconds, someone loses their life to suicide.

attempt.

"One of the ways people get to know about our organisation is when they Google and search ways to die. They then call and we are able to have a chat and even distract them if we sense they are in immediate danger. We try as much as possible to calm them down and ask them if they have people they can talk to," she says.

She explains that not all people with mental illness are suicidal; sometimes, people just give up in life over situations and opt to kill themselves. The organisation handles close to 10 calls in a day besides the face-to-face counselling sessions.

"Most people we counsel are in their 20s and 30s. This is a peak age, where most are in school and trying to be responsible in their careers and life. Older people are not a big number," she adds.

Additional statistics from the organisation also show more people reached out in 2018 compared to 2017, with October posting the highest number, followed by November. Women made the bulk of callers in 2017 and 2018, except for July when more men called.

She explains that people are different. Some may come for one session and be okay, while others may require more sessions.

Kikuyu Mutuini Suicide Prevention Group (KIMWA) is one of the projects the organisation is a part of. They create awareness and offer help to those who may feel overwhelmed.

Therefore, it is quite pricey to get treatment and sustain it.

According to the Kenya Mental Health Policy, one in four Kenyans is likely to suffer from a mental disorder at some point in their lives. Five in six Kenyans with mental illness do not receive treatment and four in five people who commit suicide are depressed at the time of their death. The Kenyan man is three times likely to commit suicide than the Kenyan woman.

-Wambui Virginia

Disorder in mind affects you physically

Resources to prevent, identify and treat mental health problems are particularly scarce in the African region, WHO reports, with less than 20 per cent of people having access to mental health care and just one psychiatrist for one million people.

According to research in 2018 in Kenya, allocation for mental health is only 0.5 per cent of the health budget, thus leaving the mental equation completely overstretched.

Clique & Clicks ▶ Get Spotted

■ by Gerald Ithana

The ninth edition of the Magical Kenya Travel Expo (MKTE) 2019 was launched recently in Nairobi. MKTE is the leading travel trade expo in East Africa and also an important and influential platform for tourism networking and business transactions. Organised by Kenya Tourist Board (KTB), it attracted international buyers as well as local and regional exhibitors. Among those in attendance was the host, Tourism and Wildlife CS Najib Balala, Tourism PS Joe Okudo, KTB chair Jimi Karuiki and KTB chief executive Dr Betty Radier.

PD/GERALD ITHANA

SIMPLY MAGICAL



Tourism CS Najib Balala tries a hand on the drum.



The sounds of the drums as brought to you by Tarumbeta Africa.



Daniela Koster CEO Genuss Touren with her Unikat Africa counterpart Marius Tomaszczyk.



Kahera Travels general manager Samuel Nsoha with Ziwanis Safaris product manager Zipporah Mbuthia.



Travel photographer Peter Ndung'u, South African travel and beer blogger Katchie Nzama and Turnup Travel co-founder Muthuri Kinyamu.



Zandi Cele, Penny Snodgrass and Tawanda Mlambo.



Turkish Airlines country director Mustafa Ozkaraman, Kenya Tourism Board CEO Dr Betty Radier and Tourism PS Joe Okudo.



Brisk Travel Coordinator Jacinta Erhahon, Debbie Egwuogu of Waka With Debbie Tours and Nigeria Travel Agencies president Kayode Adeshola.



Make Break founder Elwira Urbanczyk, Bo Events CEO Andrew Bojarski and Melissa Leonard of Secret Africa.



Artisque Africa's Mathew Christian with Sylvia Mwende.

Grooming affair

■ by Wambui Virginia

There was glitz and glamour at the Two Rivers Mall along Limuru Road, as Mabelton Nail Salon and Spa opened for operations recently. The establishment offers luxurious spa treatments including facials, massages and body contouring, among others. Mabelton Spa CEO Mabel Mbaka said clients should expect the best of services at reasonable and affordable rates. Centum Investments head Chris Kirubi was among those present at the launch ceremony.

PD/JOHN OCHIENG



Centum Investments head Chris Kirubi with Mabelton Spa CEO Mabel Mbaka.



Guests Julie Muiruri, Dan Njoroge and Janet Wangui.



Merceline Mikalsen with Emily Amarachi.



Maria Wachiye with online content creator Umi Cisse.



Mercy Kariuki with Claudia Tindha.



5.00 Inuka
6.00 K24 This Morning
9.00 The Daily Brief
12.30 Inside Business
13.00 News Cut
13.30 Sports Hub Live
14.00 Bongo Movie
15.00 Sweetest Love
16.00 K24 Mashinani
16.30 Jus Kids
17.00 Beatbox
18.00 Unique Love
19.00 K24 Saa Moja
19.30 Jane And Abel
20.00 The Secretary
21.00 K24 Evening Edition
22.00 Lotto Live Show
22.15 Playlist 254
23.00 DW Feed



5.00 Ime Ria Rucini
6.00 Rikiratha
9.30 Kurekereria Kodii
12.00 Njanjo Ya Muturie
1.00 Mohoro Gitau-Live
mohoro Gitau-Live
1.30 Kamerme Iharoini-Live
kamerme Iharoini-Live
2.00 Kiuguni Kia Wonjoria
3.00 Thiririka Mixx
3.30 Satai
3.45 Kamerme Toonz
4.00 Ririmbuwa Live
ririmbuka Live
6.00 Kayu Ka Murimi
7.00 Kameme Maturaini
8.00 Njungwa Ya Muthee
Kiherjo
8.30 Gatunmia Karogi
9.00 Mutamburuko Wa
Mohoro
10.00 Thenema Cia
Kameme
11.00 Mutamburuko Wa
Mohoro- Rpt
00.00 Ririmbuwa
2.00 Deuestche Welle



5.00 Club 700
5.30 Praise and Worship
6.00 Morning Express
7.00 Life n' Style
8.30 The Enterprise
9.00 Afriscreen
11.00 Dolce Amore
12.00 Tujiribuu
1.00 News Desk
13.30: Kick Off
14.00 Afri Screen
16.00 Mbii ya KTN
16.30 World of Winx
17.00 Maisha Mzuri
18.00 The Better Half
19.00 KTN Leo
19.30 Real House helps of Kawangware
20.00 King David
21.00 KTN Prime
21.25 LOTTO Live!
21.45 Movie

TIME OUT!



18.00pm UNIQUE LOVE

::IN THEATRES NOW::

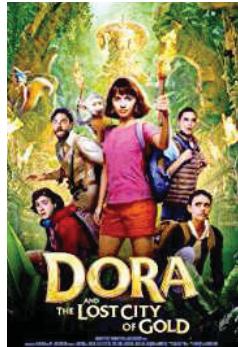
WESTGATE CINEMA WESTGATE MALL
15:15, 18:20, 21:10: AD ASTRA (2019)

ANGA DIAMOND PLAZA: **12:20: ANGEL HAS FALLEN (2019)**

PRESTIGE CINEMA PRESTIGE
PLAZA: 10:00: DORA AND THE LOST CITY OF GOLD (2019)

NYALI CINEMAX MOMBASA: **10:30, 21:15: CHHICHHORE (2019)**

ANGA SKY CINEMA: **12:05, 14:15: DORA AND THE LOST CITY OF GOLD (2019)**



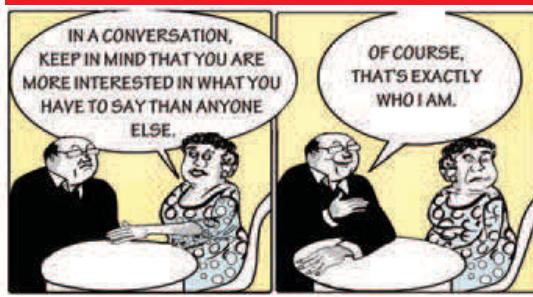
3	6			8			4
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8	2		7	1		3	
			4	1		9	7
	3	7	9	5	8		
7	1		8	2			
5		1	2		6	8	
6	8						
9		8		5	4		

SUDOKU

7	2	4	3	1	6	5	9	8
5	3	6	2	9	8	7	4	1
1	9	8	4	5	7	6	3	2
8	5	1	7	4	3	9	2	6
6	4	2	9	8	5	1	7	3
9	7	3	6	2	1	8	5	4
2	8	7	5	6	4	3	1	9
3	6	9	1	7	2	4	8	5
4	1	5	8	3	9	2	6	7

The aim is to fill the grid so that each row, column and every 3x3 shaded box contains only one of the digits 1-9. You need to reason out where to place the missing numbers by using the numbers given in the grid and a process of elimination. It is a game of logic not mathematical ability.

LIFE'S LIKE THAT! | BY TUM



ACROSS

- Wall coating (7)
- Picture-puzzle (5)
- Fit (7)
- Leo _ _ _ 70's pop singer (5)
- Brandy (6)
- Family jewel (8)
- Gershwin tune, _ _ _ in Blue (8)
- On fire (6)
- Wall-painting (5)

DOWN

- Minister (8)
- Brownish yellow colour (6)
- Ceremony (4)
- Beams (4)
- One of the Seven Wonders of the World, The

HOROSCOPES



- 5.00 BBC
5.30 Gear Up
6.00 Good Morning Kenya
9.00 Layd Back
9.30 Parliament Live
11:00 Hypochondriach Rpt
12:00 Top Mashariki Rpt
13:00 Lunch Time News
13:30 Business Defined
14:00 Business Africa
14:30 Parliament Live
17:30 Club 1
18:30 The Great Debaters
19:00 Taarif
19:30 Bold Conversations
20:00 First Lady Channel 1 News
21:00 Lay'd Back
23:00 CCTV
23:30 Lay'd Back

ARIES (MAR. 21-APRIL 20)
You need to enjoy the company of those who enjoy the same pastimes. Take a trip or just spend some quality time with your mate.

T AURUS (APR. 21-MAY 21)
You should channel your efforts into getting rid of bad habits. Get help to finish a project if you need it.

GEMINI (MAY 22-JUNE 22)
Try not to let relatives or friends cause any friction with your mate. Today is not the day to try to corner people by giving them ultimatums.

CANCER (JUNE 22-JULY 22)
You may want to have a heart-to-heart talk with a close and trusted friend. Try not to be too harsh with loved ones; there will always be two sides to an issue.

LEO (JULY 23-AUG 22)
You are best to avoid such unsavory circumstances, especially if you're in a group situation. Beware of someone who is trying to make you look bad.

VIRGO (AUG. 23-SEPT. 23)
Control your emotions and everything will fall into place. You will find that joint ventures could easily turn out to be dead end projects.

LIBRA (SEPT. 24-OCT. 23)
Put your efforts into moneymaking ventures. You can make favorable changes in your home environment. Help elders get their personal papers in order.

SCORPIO (OCT. 24-NOV. 22)
Patience will be of utmost importance. Try to visit friends or relatives you don't get to see often. Jealous coworkers may try to sabotage your attempts to get ahead.

SAGITTARIUS (NOV. 23-DEC. 21)
You can make changes to your living quarters that should please family members. Erratic behavior may confuse others, and mood swings may result in isolation.

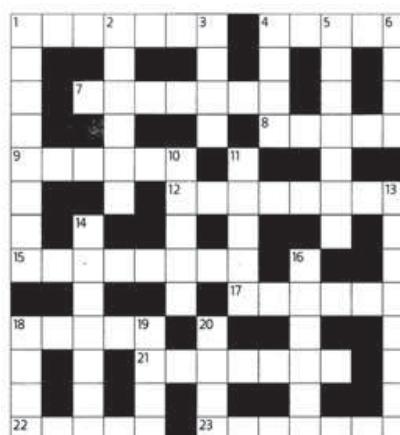
CAPRICORN (DEC. 22-JAN. 20)
Travel for business purposes may bring the highest returns. Don't lend or borrow money or belongings.

AQUARIUS (JAN. 21-FEB. 19)
Get back down to earth and to basics. You can count on getting a pat on the back for your efforts. Hidden matters are likely to surface.

PISCES (FEB. 20-MAR. 20)
Opportunities to show your worth will enhance your reputation and bring possible advancement.

YESTERDAY'S SOLUTION

- ACROSS**
- Manpower
 - Club
 - Ness
 - Sandwich
 - Grease
 - Bridged
 - Tragedy
 - Snatch
 - Producer
 - File
 - Deer
 - Sympathy
 - Manage
 - Pasta
 - Waste
 - Runner
 - Coward
 - Behead
 - Ela
 - Size
 - Boy
 - Ivan
 - Glut
 - Tipped
 - Glider
 - Dances
 - Cheeky
 - Serum
 - Alpha
- DOWN**
- Country, capital Tripoli (5)
 - My oldest (anag) (8)
 - Fighting man (7)
 - Quick look (6)
 - Nocturnal insect (4)
 - Territory (4)
 - Hairless (4)



Road to Abu Dhabi F1 begins



PUBLIC NOTICE

PHYSICAL AND LAND USE PLANNING ACT 2019 CHANGE OF USE

The registered owner of plot **Dag/ Waitthaka/52, off Kabira road, Waitthaka**, proposes to change its use from **single dwelling unit to multi-dwelling units (flats)**, subject to approval by Nairobi City County. Individuals, Institutions, Organizations etc. with objections or comments to the proposal are requested to forward the same in writing within 14 days of publication of this notice to:

County Secretary,
Nairobi City County,
P.O. Box 30075-00100,
Nairobi.

PUBLIC NOTICE

PHYSICAL AND LAND USE PLANNING ACT 2019 CHANGE OF USE

The registered owner of plot **No. Dag/Riruta/4719, off Ngina Road, Riruta**, proposes to change its use from **residential to multi-dwelling units (flats)**, subject to approval by Nairobi City County. Individuals, Institutions, Organizations etc. with objections or comments to the proposal are requested to forward the same in writing within 14 days of publication of this notice to:

County Secretary,
Nairobi City County,
P.O. Box 30075-00100,
Nairobi.

GARAM INVESTMENTS AUCTIONEERS

Western Heights, 5th Floor, Karuna Road-Westlands Nairobi, Wireless 020 2592949/90, 0722715838/0786318663, P.O Box 63279-00619 Nairobi e-mail:garam@africonline.co.ke, website: www.garam.co.ke

PUBLIC AUCTION AT AUTO GALLERY YARD LOCATED ALONG WAIYAKI WAY, OPP. LION PLACE-WESTLANDS NAIROBI ON 16.10.2019 AT 11.00 A.M

(A) LANDLORD VS. FOTON MOTORS LIMITED (B) MERCY MUENI NDUVU (C) FRANCIS KIBORA (D) DEBORAH ACHIENG (E) MUNSHI RAM (EA) LTD (F) KEVIN JEFWA RUA (G) SETH OMBAE (H) OGWOKA NDEGE & CO. ADVOCATES (I) HOUSEMATT HOUSEHOLDS (TENANTS)

(J) CLIENT VS. ANOOP GARG T/A ASIAN CHINESE GARDEN LIMITED (DEBTOR)

(A) Glass top dining table + 4 chairs, Vorhotpoint water dispenser, Reception desk, car batteries, Arm chairs, Wooden desks, Coffee maker, HP Printer, computer.

(B) 3 Seater sofa set (3 pcs), Floor carpet, Ramplons water dispenser, Sanyo microwave, 4-burner cooker +13kg cylinder, Wooden coffee table, wooden sideboard, LG 1-Door fridge, LG Hometheatre + 5 speakers + remote, Wooden corner table + chair, Samsung 40" TV + remote, Seater sofa set (3 pieces), Vtron 32" TV + Remote, Glass sided sideboard, Wooden coffee table, Progas meko.

(C) 8 Seater sofa set (4 pcs), Haier 2-door fridge, Raha gas meko, Dining table + 4 chairs, Wooden coffee table + 1 stool, Samsung 23" TV, LG DVD player, Haier deep freezer, wall unit.

(D) 2 1-Seater seats, LG 32" TV, 3-seater seats+ 2 puffs, TV Cabinet, Floor carpet, K-gas meko, RHM woof + 2 speakers, Dell CPU, Wooden stool.

(E) Assorted note counting machines, assorted copiers, pen holders, assorted safes, T-shirt printer, cash boxes, assorted paper shredders, cash registers, posting box, assorted binding machines, assorted cabinets, CAT 13KW generator.

(F) Von Hotpoint water dispenser + bottle, floor carpet, wooden side board, 4 Seater sofa set, Pro-gas meko.

(G) K-gas meko, Samsung microwave, Hisense 32" TV, wooden sideboard, coffee table with drawers, floor carpet.

(H) Straight back chairs, Rolling arm chair, secretarial chair, computers, Assorted Office tables, Gesther MP 2000 Copier, HP Printer, Canon Printer, 4-drawer cabinets, HP Deskjet, Samsung laser printer.

(I) Assorted microwaves, Assorted DVD players, Assorted home theatres, assorted microwaves, Assorted chairs & tables, pedestal desks, weighing scale, assorted cutlery & crockery, curtains, wall mirrors, stools, TV stand, Purifier + blender, lamps, shelves, printer, wall unit, video recorder, wall hangings, bedding, hoover, Indest 2-door fridge, TV, baby carrier, sofa set, exercise bike, massage chair, water dispenser, baby carrier, carpets, baby stroller, Dining table, bicycles.

(J) MOTOR VEHICLE REG. NO. KBS 117R, MAKE: TOYOTA NOAH, Y.O.M 2005

NB: Pictures of the aforementioned goods can be viewed on our website www.garam.co.ke

CONDITIONS OF SALE:

1. Viewing is on the same day at 9.00 a.m. 2. Payment terms will be **Cash** at the fall of the hammer. 3. Sale will be subject to reserve price.

GP KARTING: Team Sim-U-Nation topped the races with all its team members recording an average of 1:31 minutes per race as the Johnnie Walker GP Karting Championship started at Whistling Moran. With 20 teams battling it out for the best time, in order to win a chance to watch live Formula One Grand Prix races in Abu Dhabi later this year, Team Mingati, Speed Gonzales and Cereal Killers also came close. The 20 teams will be subjected to a month-long competition dubbed Kenya Racing Festival, that combines both Go-Kart racing and F1 Virtual Reality Simulation.

-Barry Silah



ATHLETICS-PG 30-31

Kipchoge off to Austria as ENEOS1:59 Challenge approaches

FKF elections board unveiled for Dec 7 polls

by Charles Thuku
@PeopleDailyKe



FKF Electoral Board members Robert Nyakundi, Elynah Shiveka, Edwin Wamukoya (chairman), Eunice Lamallas and Abdi Said yesterday. PD/RODRIGES NDEGWA

It is now official. Football Kenya Federation (FKF) will hold its elections on December 7 after the term of the current office bearers expires.

This was revealed during the unveiling of five-member elections board chaired by Prof Edwin Wamukoya with Eunice Lumallas, who has been incorporated as secretary, veteran journalist Elynah Shiveka, Abdi Said and Robert Nyakundi the other members.

Constituted by the National Executive Committee as provided for in Article 39 Clause 1p of the FKF Constitution, the board will be in office for four years effective yesterday, following its ratification and adoption at the 2019 FKF Annual General Meeting. The

board will oversee the national and county elections, and may also appoint an individual or institution to oversee sub-county elections.

"We are confident that the board members will uphold election integrity and do their job appropriately," said FKF acting CEO Barry Otieno during the unveiling.

Speaking after the launch at FKF Fifa Goal Project offices, Wamukoya promised the electorate a free and fair exercise as enshrined in the federation's code of conduct.

"I wish to announce on behalf of the board that we hope to conduct a poll that will be devoid of any flaws and controversies. The members who are persons of integrity were duly nominated by the federation as per its constitution," said Wamukoya.

OKUKU AGENCIES AUCTIONEERS

AUCTIONEERS, COURT PROCESS SERVERS, INVESTIGATORS & COMMISSION AGENTS

Jeevji Bharati Building, 6th Floor, Harambee Avenue P.O. Box 75452-00200 Nairobi, Tel: +254722801057, +254732520775, +254203343207 | www.okukuauction.com

PUBLIC AUCTION

(A) Under instructions received from our Principals, we shall sell the under mentioned goods by Public Auction on Saturday 19th October, 2019 at 11.00 a.m. at Pangani Auction Centre.

UNDER THE DISTRESS PARCEL FOR RENT/ACT CAP 233: 159-A TEL: 415-1 Chairs, 3Pcs 32" Stareet 15v, Towel Warmer, 13Kg Gas Cylinder, Meko, 50Kg Gas Cylinder, Chips Chopper Machine, Microwave, Blender, Deep Freezer, Toaster, Fire Extinguisher, 3 Burner Cooker, Commercial Table, Plastic Chairs, Generator, Meat Mincer Machine.

CONDITIONS OF SALE:

1. Cash/Bankers Cheque at the fall of the hammer.
2. Sale is subject to a reasonable reserve price.
3. All interested bidders will be required to make a refundable deposit of Ksh5,000.00 for goods.



Seeing is Believing ambassador Henry Wanyoike (second left) during the launch of the Standard Chartered Nairobi Marathon in August. PD/BARRY SILAH

Race against time

Stanchart Nairobi Marathon organisers hope to realise target as 10,000 register ahead of next week's deadline

by Barry Silah
@PeopleDailyKe

At least 10,000 people have registered for this year's Standard Chartered Nairobi Marathon just one week to the deadline.

With organisers targeting 25,000 participants before the October 15 deadline, hopes are high that the numbers will be realised for the October 27 race.

"We are confident of getting more numbers in the coming days so we remain positive of good feedback. The planning teams are already mapping out routes but ideally, we are looking at doing the finishing at Nyayo Stadium when it is ready," said the marathon's project manager Dennis Sitiény. He added: "I know for a fact that

we will have top runners from across the globe coming through with 58 from Uganda and Germany confirming participation for this highlight event that we expect will attract thousands of spectators along Nairobi streets."

The most significant change, however, is the raise in prize money with a Sh10.5 million offer.

The marathon will feature six race categories: 42km, 21km and 10km all men and women, 21km wheelchair men and women, 5km Family Fun Run and the popular 3km CEO challenge.

Winners of the 42km race will pocket Sh2 million each, a significant increase from past editions where winners were rewarded Sh1.5million, while second and third place fetch Sh1million and Sh650,000 respectively.

For the first time in the competition's history, there will be a Corporate Relay Challenge category with a team of four runners exchanging batons.

Organisers of the 2019 Standard Chartered Nairobi Marathon are targeting Sh70 million from participants and sponsors

which will go towards the 'Seeing is Believing' initiative which focuses on addressing avoidable blindness among children below 15 years.

"We first launched the Seeing is Believing programme in Kenya in 2003. Our contribution as Kenya has been over US\$5 million (Sh518 million) through joint efforts with our Seeing is Believing Implementing partners," said Sitiény.

Last year, 76 nationalities took part in the race with Brimin Kipkorir and Celestine Chepichirir winning the 42km event.

2019 STANCHART MARATHON

- Organisers are targeting 25,000 runners.
- The route will be mapped by AK and measured by IMS.
- A Bob Chip Timing System administered by South African technocrats.
- Organisers hoping to raise Sh70 million.

ATHLETICS

Kamworor prepares for New York Marathon run

by Emmanuel Masinde
@PeopleDailyKe

World half marathon record holder Geoffrey Kamworor seeks to regain his TCS New York City marathon title on November 3.

Kamworor says he is focused in preparation and training after breaking the world record in Copenhagen, Denmark.

"After Copenhagen I took easy training, but, for now I have to catch up with others and we are training well, I am raring to go."

"My preparation is going on well and I am really focused to go and run a great race," said Kamworor, who, will be competing in New

York for the fourth time. He won in 2017, but could not successfully defend his title last year and was placed third in 2015 on his debut over the course.

"It will be my fourth time to appear in New York and I hope to run well, I won in 2017, in 2015 I was second and third last year," added Kamworor.

On breaking the world record, he said: "I felt happy to have won the world record I feel so happy it was something that was in my mind for so long and that's why I skipped world championships in Doha to focus on the half marathon, I really wanted to run the fastest time and it came has a world record."



ATHLETICS

Masai confirms second Amsterdam appearance

by Ericson Kiprono
@PeopleDailyKe

2:23:45.

She said she is unmoved by the strong field that awaits her as she prepares for the marathon.

"My training for the marathon race started four months ago since it's my second attempt at this stage and I know that the competition will be tough but I am only concerned with my own race where I will be hoping to lower my Personal Best (PB)," said Masai.

In 2009 Masai became world champion on the 10,000m on the track at this distance, she became third junior a year earlier at the 2008 Olympic Games in Beijing (which was not awarded until 2017).

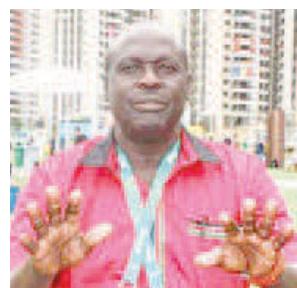
Former 10,000m world champion Linet Masai, who had an excellent career on the track and cross-country events, is now set for her second appearance in the marathon.

Masai, who is also the 2007 World Junior Cross Country champion, has been named in the elite field for this year's 44th edition of TCS Amsterdam Marathon set for October 20 in Netherland.

Masai, who hails from Mt Elgon but trains in Kaptagat, Uasin Gishu County, made her debut at the 2018 Amsterdam Marathon where she finished fifth clocking

Athletics coach Julius Kirwa addresses the press during a previous outing with the Kenya team at the Rio Olympics in 2016. PD/FILE

Kenya coach Kirwa impressed by performance at Doha



by Amos Abuga
@PeopleDailyKe

Kenya athletics coach Julius Kirwa says he is pleased with the results from the just-concluded IAAF World Athletics Championships in Doha, Qatar.

Kirwa told People Sport the athletes surpassed expectations given that they only had five days to train for the championships.

Kenya finished in a similar second in London by winning 11 medals; five gold, two silver and four bronze to finish second behind the USA in the overall medal standings.

Primed for greatness

Two-time world champion Ndereba tips new marathon sensation Chepng'etich to break Radcliffe's record

by Amos Abuga
@PeopleDailyKe

World marathon champion Ruth Chepng'etich has the pedigree to lower the women's record, two-time winner Catherine Ndereba has said.

Ndereba a former world marathon record holder, in her assessment of the 25-year-old, who she only met three weeks ago, said she is not one to be wished away.

"I think we have a special athlete with us. I didn't know her until she came to my house on the eve of leaving for Doha.

We shared a meal, which I would call

the 'Last Supper' and then we prayed together," said the Olympics silver medallist.

"I had read about her but not the pleasure of meeting her, coming to my house for advice was such a noble idea, to me I could see the hunger, determination I had as a young athlete," Ndereba talked of the athlete who clocked 2:32:43 to be crowned the new world champion in Doha.

"What I told her was to run her own race and not to allow opponents to get out of sight. She did very well, it was inspiring to all upcoming athletes," said Ndereba.

The reigning Standard Chartered Bank Dubai Marathon, who achieved the fete in



Ruth Chepng'etich, the World Women Marathon champion, is joined by her parents Stephen Langat (left) and Milkah Langat when she arrived at JKIA from Doha, Qatar on Monday. PD/David Ndolo

a personal best time of 2:17:08, has a captivating story.

She has never considered having a coach to perhaps help spur her career to the next level.

"I have never trained under a regular coach, not because I don't value the work coaches do, but because I think I am better off without one, I want to have my own programme without someone telling me what to do, after all I have come this far without one, I am planning to stay like that for now," said the athlete, who is under the management of Italian agent Federico Rosa of sports management company Rosa and Associati.

In Doha, she defeated 2017 winner Rose Chelimo of Bahrain who clocked 2:33:46 and Helalia Johannes at 2:34:15 who won the silver and bronze medal respectively.

The athlete from Kericho County is not giving the record much thought despite being the third fastest athlete over the distance behind Mary Keitany (2:17.01) and record holder Paula Radcliffe (2:15.25).

"That is flattering, but it is not on my mind at the moment.

Training well for the Olympics in Tokyo remains top of my priority.

I want to be the world an Olympic champion," said the athlete who made her Kenya debut in Doha.

"We went to fight and found our opponents had prepared well for the battle, given the circumstances, I am very pleased with the athletes in all fields.

"Despite having little time in Doha, the athletes were very cooperative, we needed to adjust the training programme and sometimes we had to train as early as 3am and as late as 8pm. My task was mainly to help the athletes with conditioning, which went well. I am particularly pleased with Faith Chepng'etich, who despite sustaining an injury, managed to get us silver. That is my hero from the games," said Kirwa.

On the future of men's middle distance races especially the 800m and the men's 3,000m steeplechase, Kirwa thinks Kenya needs to go back to the drawing board.

"With 3,000m steeplechase, I don't have worries because we have many upcoming athletes, who need to be nurtured and polished. My worry is the 800m where we don't really have athletes and where AK needs to work on before the 2021 championships," he said.

While Kenya might have missed gold in the long distances, Kirwa is not worried because he is contended with the upcoming athletes especially in 10,000m.



1

THE 1:59 ATTEMPT

- Ethiopian top athlete Selemon Barega who last week won silver in 10,000m at the World Championships is part of the 41 pace setters for Kipchoge

- Race sponsors INEOS is a privately owned UK multinational chemicals giant

- Weather men in Vienna expect temperatures of about 14 degrees centigrade on Saturday, without rains

41

Number of pace setters taking part in the race, where each will only set pace for a kilometre.

Sh1.2t

Net worth of Sir Jim Ratcliffe, the chairman of INEOS



2

Vienna here we come

After seven months of intense training, Eliud Kipchoge leaves in a private jet to attempt sub two hours in a marathon

by James Magayi
@PeopleDailyKe

After seven months of intensive training in Kaptagat, out of reach from the rest of the world, Eliud Kipchoge finally left the country on Monday night for the much publicised INEOS 1:59 Challenge, in Vienna, Austria.

He tweeted that he landed safely in the Austrian city after the eight-hour flight.

The current world marathon record holder, arguably one of the most watched man in the world at the moment, left Eldoret International Airport like a king, with a team of his handlers, his coach Patrick Sang and some of his pace setters for the race, aboard an executive Gulfstream G550 private jet. The plane made a brief refueling stop-over at Jomo Kenyatta International Airport before departing for Austria.

Kenya Civil Aviation Authority (KCAA) Director General Gilbert Kibe requested the Air Traffic Control to salute Kipchoge and wish him well on his quest on radio.

Saturday's race, which will see the Olympic champion compete against the clock,

has a lot at stake, because if he completes the marathon in less than two hours, he will go down in history and in the Guinness Book of Records as the first human to achieve the feat. He is determined to prove that humans can run 42 kilometres in under two hours.

"After breaking the World Record in Berlin in 2018, Eliud shared how watching jets fly past during national days as a young boy inspired him to start running so that one day he would board an aircraft. Many years later, a Gulfstream private jet lands in Eldoret to ferry him to #KipchogeINEOSChallenge. This is a rich lesson to young kids that nothing can hold their dreams back. Regardless of what happens in Austria, Eliud Kipchoge is the G.O.A.T," said a fan, Mutwiri Mutuota, as social media went into a frenzy about the athlete's kingly departure.

Another fan Kiprono said: "I don't know if you people get this hype. Eliud Kipchoge has lacked people to compete with and has instead decided to compete against time and do the unthinkable... That is running a marathon under two hours, something never done before. What a moment."

**KIPRONO**

Eliud Kipchoge has lacked people to compete with and has instead decided to compete against time and do the unthinkable on Saturday.

Mc Kim tweeted: "Finally, the cream de la cream of all marathons is here. He is not competing with anyone nor to win his title but to go below the 2-hour mark. He is competing with time. I trust that he will do it on Saturday."

The thought of the race was mooted by the richest man in Britain, Jim Ratcliffe, the

owner of INEOS and a marathon enthusiast having run and completed 30 marathons himself.

Though INEOS, a privately owned UK multinational chemicals giant, has not announced any price money for Kipchoge, in case he achieves the feat, Ratcliffe, with a net worth of Sh1.2 trillion, is believed to have lined-up a mouth-watering reward for him.

The 41 pace setters in the race who include Ethiopia's Selemon Barega who recently won a silver medal in the 10,000m race at the World Athletics Championships in Doha, Qatar, will each set pace for Kip-



3



Nyahururu athletes back Kipchoge to achieve feat

by David Macharia
[@PeopleDailyKe](#)

A section of Nyahururu based athletes yesterday expressed different views on Eliud Kipchoge's historical bid of running 42 kilometres under two hours on Saturday.

They said if he achieves that, it will be an aspiration to make current and future athletes run fast.

But others felt that if achieved, the feat is going to greatly shake the athletics market in the world which could see a large segment of runners lose their market value.

They spoke during a training session at the high altitude Nyahururu stadium yesterday in preparation for different races outside the country.

Mary Wacera, a marathoner said she believes Kipchoge will finally lower the mark and the achievement will motivate "us and make us believe that everything is possible as long as you set your mind on what you want to do."

Wacera who will be running in the New York marathon next month said the INEOS 1:59 project is a big boost to the athletics as many lovers of the sport and those who are not are already following his bid.

She urged Kipchoge not to give up if he fails saying, "If he achieves the mark, I believe he should try again. We also fail to win races in the first attempt but make another time. I know he can break his own world record and run under two hours on a standard course. I wish him all the best."

Another marathoner, Reuben Kerio believes Kipchoge will make it this time round. But he is worried that Kipchoge's feat could cause managers to start exerting pressure on runners demanding fast times in marathon.

"Managers will put us under pressure by demanding better times. So we will have to put more effort," Kerio said

Samuel Ndung'u Wanjiku who is a road runner and chairman of an athletes' welfare group bringing together runners from Nyandarua and Laikipia said he had a strong feeling that Kipchoge will run under two hours in Vienna.

But he is also worried that it (the achievement) may make some runners fail to get contracts, since managers would prefer to only sign athletes who have ran two hours and five minutes or below.

"Already runners whose personal best times are two hours and seven minutes are feeling the pressure since the contract they have is already not lucrative.

But the positive side is that it is going to motivate runners to do better, those with slower time in marathon are going to work hard to

improve their personal best times," Marathoner Miriam Wangare said, "Under two hours seems a bit impossible but he will achieve two hours flat. But going by the improved training and running patters in modern world soon he will be able to make it (run under two hours).



Mary Wacera at Nyahururu Stadium yesterday. PD/PHOTO DAVID MACHARIA



PACE SETTERS FOR 1:59 ATTEMPT:

Thomas Ayeko - Uganda
 Selemon Barega - Ethiopia
 Emmanuel Bett - Kenya
 Hillary Bor - USA
 Mande Bushandich - Uganda
 Mathew Centrowitz - USA
 Paul Chelimo - USA
 Augustine Choge - Kenya
 Victor Chumo - Kenya
 Filip Ingebrigtsen - Norway
 Henrik Ingebrigtsen - Norway
 Jakob Ingebrigtsen - Norway
 Philemon Kacheran - Kenya
 Stanley Kebenei - USA
 Justus Kimutai - Kenya
 Shadrack Kipchirchir - USA
 Noah Kipkemboi - Kenya
 Gideon Kipketer - Kenya
 Jacob Kiplimo - Uganda
 Marius Kipserem - Kenya
 Eric Kiptanui - Kenya
 Moses Koech - Kenya
 Shadrack Koech - Kenya
 Micah Kogo - Kenya
 Alex Korio - Kenya
 Jonathan Korir - Kenya
 Ronald Kwemoi - Kenya
 Bernard Lagat - USA
 Lopez Lomong - USA
 Abdallah Mande - Uganda
 Stewart McSweyn - Australia
 Kota Murayama - Japan
 Ronald Musagala - Uganda
 Kaan Ozbil - Turkey
 Jack Rayner - Australia
 Chala Regasa - Ethiopia
 Bret Robinson - Australia
 Nicholas Rotich - Kenya
 Patrick Tiernan - Australia
 Timothy Toroitich - Uganda
 Julien Wanders - Switzerland

1 Eliud Kipchoge (second left) with one of his pace setter Augustine Choge (left), coach Patrick Sang (centre), his physio for 16 years Peter Nduhiu and another pace setter Gideon Kipketer (right) before he left Eldoret airport on Monday night

2 An advertising billboard erected in Nairobi by a local mobile provider bears a photo of Eliud Kipchoge.

3 Kipchoge boarding the private jet on Monday night.

4 When Kipchoge broke the Marathon world record in Berlin.

choge for a kilometre before they leave him to cover the final kilometre on his own.

For the last seven months, Kipchoge who has been going through a well structured training programme, was assigned coaches, nutritionists, physiotherapists and doctors and kept away from the "outside world" including the local and international media.

Meanwhile, the Kipchoge hype has not spared local telecommunications giant Safaricom. In honour of the marathoner, Safaricom will replace the Mpesa logo with Kipchoge's portrait from today until Saturday, after the race.



WOMEN'S OLYMPICS QUALIFIERS

Third round results
 October 4, 2019
 Ghana 0-0 Kenya
 October 8, 2019
 Kenya 1-0 Ghana
 (Kenya win 1-0 on aggregate)

Harambee Starlets players celebrate their 1-0 victory over Ghana's Black Queens during the second leg of the third round of the 2020 Tokyo Olympics qualifier at Kasarani Stadium yesterday. PD/PHILIP KAMAKYA

Olympics dance on

Starlets down Ghana to storm penultimate round of 2020 Tokyo Games but Botswana or Zambia lie in wait

by Lynette Matheka
 @PeopleDailyKe

Wiyeta Girls and Vihiga Queens forward Jentrix Shikangwa converted from the spot to national women's football team Harambee Starlets to the fourth round of the Olympics qualifier after a 1-0 win on aggregate over Ghana's Black Queens. Shikangwa, a second half substitute,

stepped on the penalty spot after a Ghanaian defender handled the ball in the box in extra time. The match had ended in a barren draw in regulation time. Kenya came into the match on the back of a barren draw away in Accra and needed an outright win to proceed to the penultimate round. "The players had the mental strength to push for the win even when Ghana looked stronger and that goes to show that we

have a real chance of going into the next round. The players are pushing themselves to bridge the gap between them and the top-placed teams and the results are here for everyone to see," said Starlets coach David Ouma.

Ouma had handed a starting berth to Kisumu All Starlets' Mercy Airo for Cynthia Shilwatso and the youngster got her fair share of chances to take Starlets in front in the first half.

The first real chance came in the seventh minute through Janet Bundi after getting to the end of a Mwanahalima Adam's cross but her efforts fell in the hands of the Black Queen's goalkeeper.

Starlets' attack came thick and fast but their finishing was wanting as Airo's header in the 18th minute was too feeble to hand the hosts the opener. Three minutes later, she sent her shot straight to the keeper's hands in a one-on-one situation.

The visitors turned the tables on Starlets after the half hour mark, assuming possession and dictating the tempo of the game but could not penetrate Starlets backline which was led by skipper Dorcas Shikobe. The teams headed for the breather with the match and the round still in a stalemate.

Ouma made his first substitution before the start of second half, bringing in Shilwatso for Airo to inject some sense of urgency in the otherwise

slow attacking line. His opposite number Mercy Quarcoo brought in Gladys Amfobae seven minutes into the second half.

Sheril Angachi made Kenya's first attempt in the second half with three minutes played in the half when she got to the end of a poor clearance by the Ghanians on the left flank but was denied by Elizabeth Owusuua.

It was a quiet second half as the two sides tried to break the deadlock, the two tacticians making changes with 70 minutes played. Kenya's Ouma brought in Topister Situma for Elizabeth Wambui while Quarcoo rested Amfobae and Evelyne Badu for Justice Twereboa and Grace Acheampong.

Kenya's final change saw Bundi pave way for Shikangwa who injected some new energy in the match. Ouma's charges came close again with less than five minutes on the clock in regular time but missed, forcing the match into extra time.



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