

News Beat PG6

Diplomatic tiff as Somalia denies gas, oil auction report on disputed area

PG17 Business Hub

Uproar as Mombasa plans to spend Sh10 billion on salaries



Spice
Jabali Afrika: after the American dream



PG20, 21

NO.06754

Monday, February 18, 2019

DCI closes in on CSs in Sh9b bribe claim

► **Brutal theft:** Detectives off to Italy and Romania to interrogate directors whose firms won tender to construct several dams and supply of substandard fertiliser respectively >>pg2



Bishop Joseph Wasonga prays for the family of the late Jaramogi Oginga Odinga at St Joseph's ACK church in Kisumu, yesterday. Raila Odinga's brother Oburu told the congregation at their father's 25th memorial service that they were opposed to his controversial swearing-in as the "people's president" last year. PHOTO: DANIEL OGENDO >> Story pg4

POINTERS



News

Audit hints at Sh800m scandal at Pipeline

Revelations show company may have made irregular payments

P8



World

Trump tells Europe to take back Jihadists

US-backed Kurdish forces continue assault on last pocket of IS territory

P16



Business

Protest over lifting of macadamia harvest ban

Association warns nuts are yet to mature but brokers lure farmers with quick cash

P17



Sport

Nairobi Water in Seventh Heaven

Queens to be crowned Kenya Handball Federation league champions

P28



Senate in session. PHOTO: FILE

Senate, governors on collision course over proposed bill

by Hillary Mageka
@PeopleDailyKe

Senators are headed for confrontation with governors over a proposed bill that seeks to strip them of some of their powers and give them to county residents.

The Senate Finance and Budget Committee has drafted a bill to empower the public by giving it powers to identify projects to be implemented in counties.

The County Wards (Equitable Development) Bill, 2018, which was published in the last session of Parliament, envisages providing a framework for the promotion of equitable growth in the wards.

But the proposed legislation is likely to escalate the supremacy wars between the senators and the county chiefs.

Senators are expected to scrutinise the bill after resuming sittings following a long Christmas break.

According to the committee chaired by Mandera Senator

Mohamed Mahamud, the bill will seek to promote the decentralisation of development within the counties by creating a framework for identifying projects that are beneficial to the residents of the respective wards and providing a framework for their implementation.

"The bill seeks to address the wanton waste of resources and promote the decentralisation of functions and provision of services by county governments to the extent that it is efficient and practicable to ensure equitable sharing of resources," the bill reads in part.

Public participation

Several findings have revealed that county and national governments have not fully embraced public participation in project implementation as anticipated in the Constitution.

In the proposed law, the county executive committee member is expected collaborate with village councils in identifying projects.

"The county executive committee member shall designate county public service officers to offer technical assistance to the village councils during the project identification processes," the proposed bill reads.

The Finance committee says the bill will ensure equitable sharing of national and local resources throughout the country.

Ministers being investigated for allegedly being compromised to award dams and fertiliser imports contracts



We have opened investigations into the projects. We have unearthed massive and brutal theft—Kinoti

by Anthony Mwangi
@PeopleDailyKe

Investigations targeting two Cabinet secretaries said to have received kickbacks to award lucrative tenders to international firms have been extended to Europe.

A team of Kenyan detectives and officials from the Attorney General's office is in Rome, Italy to seek the assistance of local prosecutors to probe three companies, awarded tenders to construct dams worth Sh91 billion in different parts of the country.

From Italy, the team will proceed to Ukraine and Romania to probe directors of companies involved in the sale of fertiliser to Kenya and are said to have bribed top ministry officials.

Questions have also emerged on why Kenya has retained the Central European countries as sole source of fertiliser despite persistent reports that the products from the two countries did not meet standards.

Billions bribes

Sources said one of the Cabinet secretaries received bribes to the tune of Sh9 billion to okay tenders for the construction of the dams.

Compounding the matters is the fact that the projects in question are among a litany of white elephants that have stalled despite costing the taxpayer billions. It's also not clear on what basis the CS received the bribes for projects which had not been cleared to take off.

Yesterday, the Director of Criminal Investigations (DCI) George Kinoti confirmed his office had opened investigations into the projects adding that detectives have unmasked massive swindling and theft.

"We have opened investigations into the projects. We have unearthed massive and brutal theft. Kenyans have been paying loans long stolen by thieves who go for billions. Inves-



TROUBLED PROJECTS

The projects are Aror dam in Elgeyo Marakwet, at Sh38.5 billion, one in Kimwarer, Keiyo South at a cost of Sh28 billion and Itare dam in Kuresoi North at Sh27 billion.

A Cabinet secretary allegedly received Sh9 billion bribe to okay tenders for the construction of the dams.

tigations are ongoing and a number of people, including directors of foreign contractors and hosting agencies have been questioned," Kinoti told *People Daily*.

Queries for example have been raised regarding the circumstances under which an Italian company, CMC Di Ravenna won the tenders to construct dams worth Sh91 billion.

The projects are Aror multi-purpose dam in Elgeyo Marakwet, at Sh38.5 billion, one in Kimwarer, Keiyo South constituency at a cost of Sh28 billion and the Itare dam in Kuresoi North, Nakuru county, at Sh27 billion.

The directors were summoned by the DCI for questioning and one of them is said to have signed an affidavit explaining where the money paid as downpayment went into.

According to a source, one of the directors, an Italian who holds controlling shares in the company, consented after investigators tabled facts confirming that underhand dealings took place before the tender was awarded. The projects under probe are in Uasin Gishu, Bomet and Kiambu.

Detectives are particularly interested in the Sh4.9 billion down

payment last year for the design of Aror-multi-purpose dam.

The top official involved in the scam is said to have travelled to Italy where the reported hefty bribe he pocketed to sanction payment is one of the objectives of the team sent to Rome to undertake investigations.

Interestingly the down payment was done even before the piece of land where the dam is to be constructed was acquired.

The ability of the company to undertake the three projects to conclusion has been called into question more so after it was declared insolvent by the Court of Ravenna in December last year.

"They had registered another company in Kenya with different directors. But what has happened in Italy has serious implications in Kenya," said the source.

Balala EACC date

President Uhuru Kenyatta is said to have directed investigators into claims that Cabinet secretaries had circumvented the law in awarding tenders to rogue companies after facilitation (receiving bribes).

Meanwhile Tourism and Wildlife Cabinet Secretary Najib Balala is set to appear before the Ethics and Anti-Corruption Commission (EACC) to clarify a number of issues regarding a Sh100 million contract award to a firm involved in an expo that took place in 2017.

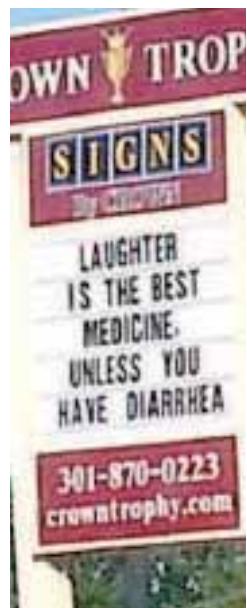
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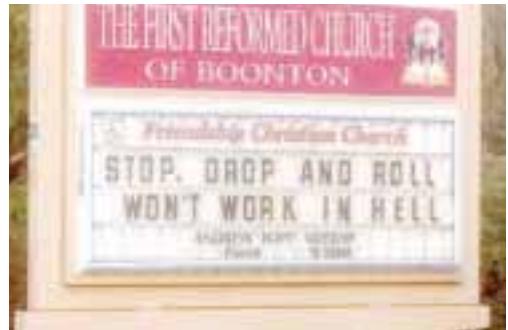
Laughter never hurt anything but the ribs

A good laugh, either at the expense of others or oneself (but usually others), is something everybody looks forward to!



If at first you don't succeed...

Whatever you do, don't sneeze.



Won't hurt to try, right?



Dilemma.

Handle with care?



So what's left to flush?



Party advice.



Not buying it...



Unless you know him.



Technically speaking!

DP Ruto, Mudavadi differ on law review

■ by George Kebaso
@Morarak

The referendum talk continues to elicit mixed reactions among leaders, with Deputy President William Ruto calling for an end to the "premature debate".

While Ruto maintained his opposition to a referendum aimed at expanding the Executive, ANC leader Musalia Mudavadi insisted there is need to change some Constitution to enhance inclusivity and address challenges bedeviling the country.

Mudavadi, however, said the debate should focus more on what Kenyans want than what politicians push for.

"When we are saying we want to change the law, let's ask ourselves a few pertinent issues. What is in it for all Kenyans? How is it going to create jobs? How will it reduce the ballooning national debt?" he asked during a service at the House of Grace Church in Nairobi.

Shelve debate

And in Kakamega, Ruto called on leaders to shelve the debate and focus on development and create jobs for the youth.

Speaking at the Christ is the King Amalemba Catholic Parish, the DP challenged leaders to avoid putting the country in a premature election mood.

"Kenyans want leaders to implement the development projects they promised during the last General Election. They want leaders to tackle issues relating to education, expansion and improvement of road networks, electrification, construction of markets for farm produce and creation of jobs for the youth," he said.

Ruto also urged leaders across the political divide to work together to find solutions to challenges facing Kenyans.

Our family opposed Raila 'swearing-in', says Oburu

Kin lauds Nasa leader's bravery saying they were reluctant to have him take oath fearing the possible consequences

This act of bravery was inherited by Raila from our late father -Oburu

■ by Dickens Wasonga

@PeopleDailyKe

The Odinga family was opposed to the controversial swearing-in of National Super Alliance (Nasa) leader Raila Odinga as the "People's president" last year, his brother Oburu Odinga has disclosed.

Speaking at ACK St Stephen Cathedral in Kisumu yesterday during a service to mark Jaramogi's 25th anniversary, Oburu who spoke on behalf of the family said they were reluctant to have Raila take the oath fearing the possible consequences.

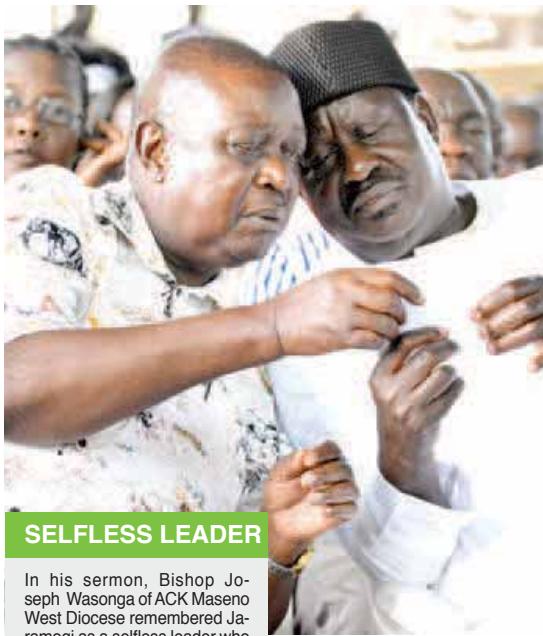
The government had earlier warned to deal with those who participated in the ceremony saying that it amounted to treason.

Oburu said it was Raila's bravery and act of courage that saw him agree to take the oath that could see him hanged by the State.

Inherited bravery

"This act of bravery was inherited by Raila from our late father. He shocked us within the family when he vowed to push on with the swearing-in despite opposition from many members of the family," he said.

Several leaders who spoke at the service which was presided over by the Maseno South ACK Diocese Bishop Charles Onginjo unanimously called for more commitment to strengthening the new-found unity among opposition leaders and the ruling coalition as away of honouring Jaramogi Oginga Odinga and realising his dream



SELFLESS LEADER

In his sermon, Bishop Joseph Wasonga of ACK Maseno West Diocese remembered Jaramogi as a selfless leader who fought for freedom and justice and gave his life to service humanity.

He said the only way to honour the Opposition leader was for the current crop of leaders in government to ensure prudent use of public funds and end corruption.

for the country.

Those who addressed the congregation included Devolution Cabinet secretary Eugen Wamalwa, Siaya Senator James Orengo, freedom fighter Githu Kaiberi, Ida Odinga, governors Anyang' Nyong'o (Kisumu) and Amoth Nyonyo.

Opposition leader Raila Odinga and his brother Oburu Odinga at St Stephen ACK Cathedral in Kisumu, yesterday. PHOTO: DANIEL OGENDO

Rasanga of Siaya.

Wamalwa asked leaders to continue supporting the peace efforts by Uhuru and Raila, adding that the country has achieved a lot in terms of development given the current political environment.

Orengo said Jaramogi stood for fairness in the distribution of the national cake and equal treatment of every citizen. He said that's why he called for the release of Jomo Kenyatta.

CS orders students' mentors' scrutiny

■ by Alvin Mwangi
@PeopleDailyKe

Education Cabinet secretary Amina Mohamed (pictured) has called for vetting of individuals and organisations providing mentorship programmes in schools.

Amina who was speaking during the launch of mentorship policy at Upperhill School in Nairobi on Saturday said individuals who will not have been vetted by end of April would not be allowed in schools during the second term.

"Individuals and organisations that will not have been vetted by April 30 will not be allowed to access schools during the second term," said Amina.

Qualified teachers

She said the list of approved individuals should be filed to the Principal Secretary, Early learning and Basic Education.

At the same time, she directed schools to ensure they have established strong guidance and counselling services before next month.

She said the departments must be headed by qualified Teachers Service Commission staff whose details must be communicated to the ministry's field officers and with the ministry's headquarters through the office of the director general.



MP threatens to expose drug barons

■ by Robert Ochoro
@PeopleDailyKe

Kisii county Woman Rep Janet Ong'era has threatened to name individuals who sell illicit drugs to youth in the area.

She threatened to name the drug barons in the Senate, decrying that youths who abused drugs such as bhang had dropped out of school.

Speaking at her office in Kisii town on Friday after giving out cheques from the National Government Affirmative Action Fund kitty worth over Sh2 million to youth groups and people living with disability, Ong'era promised to launch a campaign seeking to sensitise youths on the dangers of substance abuse in a bid to have a drug-free county.

Bill on employment to 'cost' clearing agencies millions

■ by Mercy Mwai
@wangumardi

Five clearing agencies are likely to lose millions of shillings from potential job seekers if an amendment to the Employment Act goes through Parliament.

The amendment which has been approved by the Budget and Appropriation Committee and will come to the House through the Employment Amendment Bill 2018, is proposing that a job seeker is exempted from the requirement of getting clearance from the agencies on ground that the job seeker is not likely to have committed an offence.

Five institutions that will be affected include the Ethics and Anti Corruption Commission (EACC)

that charges Sh1,000 for clearance certificate, Credit Reference Bureau (CRB) Sh2,000, Higher Education Loans Board (Hels) Sh1,000, Kenya Revenue Authority (KRA) Sh1,200 and Director of Criminal Investigations (DCI) Sh1,050 for a certificate of good conduct.

Should the amendment be passed by the House, the five institutions will lose at least Sh750 million in the first year of implementation, Sh757 million in the second year and 765 million in the subsequent years.

Nominated MP Gideon Keter who is the sponsor of the bill said should it be enacted into law, the government will be forced to look for alternative ways of raising monies in order to ensure that the agencies meet their operational needs.

*Govern-
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tive ways
of raising
monies*

Kemsa debt will cripple health services, says Kuria

■ by Mathew Ndung'u and Oliver Musembi
@PeopleDailyKe

Gatundu South MP Moses Kuria now wants the National government to stop disbursing funds to the counties until they clear their dues with Kenya Medical Supplies Authority (Kemsa).

Kuria said counties owe the authority Sh1.4 billion, debts he said are hampering the authority's operations and will soon cripple service delivery in hospitals across the country.

Speaking during a church harambee at Githaruru Catholic Church in Gatundu South, the MP who hosted a number

of parliamentarians among them Wanjiku Kibe (Gatundu North), Simon King'ara (Ruiru) and Charity Kathambi (Njoro) attributed poor service delivery in the counties-managed hospitals to failure by the regional governors to conduct their mandates as per the laid down policies.

Remitting funds

"It is only a few days before operations of the authority will be crippled. The National government should stop remitting more funds to the governor if they cannot even manage to pay Kemsa which is the reason hospitals enjoy continuous supply of medicine," he said.

Police arrest two over attack on city nurses

Knun wants State to protect medics, says most cases of assault by patients are still unresolved

■ by Alvin Mwangi

@PeopleDailyKe

Police have arrested two people, who attacked two nurses on Saturday night at Mama Lucy Hospital, Nairobi.

The two will be arraigned at Makadara Law Court this morning.

Embakasi Deputy County Commissioner Kenneth Gitonga said three people went to the hospital on Saturday night and demanded immediate service without following procedure.

However, owing to the many cases that the hospital handles, the civilians' demands were not met leading to a confrontation and the said attack.

Add weight

Nurses Christian Nyabera and George Mwangi, who sustained soft tissue injuries and a fractured wrist, respectively, are recuperating in hospital.

Kenya National Union of Nurses (Knun) condemned the act, and called on the government to enhance the security of nurses across the country.

"As a union we are not going

to take this lightly. Nurses must be protected and we are calling on politicians to add weight to our demands the way they do when members of the public are attacked," said Boaz Onchari, Nairobi Knun chair.

However, some patients accused the hospital staff of being rude to those seeking treatment.

Hospital medical superintendent Dr Musa Mohamed dismissed the claims, saying nurses at the facility are hard-working despite being understaffed.

He said the hospital handles 1,200 patients daily yet it has about 200 nurses for in and out patient services.

Deploy officers

Ediah Muruli, Nairobi Knun secretary, said most cases of attacks on nurses end up unresolved. "One nurse was shot dead at Chiromo Medical Lane, another was attacked by a patient at Nairobi South Hospital and we have never seen any action taken against the perpetrators," she said.

Gitonga promised to have more officers deployed to the hospital.

Meanwhile, patients across the country should brace for tough times ahead as nurses continue to defy the presidential directive to resume work, saying they will only do so after their demands are met.

Knun secretary general Seth Panyako has maintained that the strike is still on and medics



HONOUR CBA

Cotu secretary general Francis Atwoli faults Council of Governors chair Wyycliffe Oparanya for ordering nurses to return to work without consulting.

Atwoli says nurses' CBA must be honoured as the agreement was reached in the presence of the council.

will not be shaken by Executive orders. "Our strike is still on, we are not going to be intimidated. If they want to fire nurses let them do it," he said.

Currently, nurses in nine counties and those working in Mathari National Hospital, National Spinal Injury, National Blood Bank and Ports Health have downed their tools.

Today, Murang'a, Tana River, Nakuru, Siaya, Kakamega, Narok, Makueni, Bomet and Busia counties are expected to join the strike.

Conciliatory talks to unlock the impasse will continue today after they were adjourned

Embakasi deputy county commissioner Kennedy Gitonga addresses the press at Mama Lucy Hospital, yesterday.

PHOTO: TABITHA MBATIA

on Saturday.

Nasa leader Raila Odinga, speaking in Busia at the weekend, urged nurses to resume duty for the sake of patients.

Suspected poacher shot dead in Tsavo

■ by Peter Leshan

@PeopleDailyKe

Kenya Wildlife Service (KWS) has launched a major operation to arrest a suspected poacher, who escaped on Saturday following an exchange of fire with its officers, in which his accomplice was killed.

A team comprising three rangers from Tsavo West National Park on routine patrol within the park near Mang'elete area, encountered two armed suspected poachers at around 10am.

The suspects immediately shot at the rangers and a shootout ensued, KWS spokesperson Paul Udot said yesterday.

"During the shoot-out, one suspect was killed while his colleague who is believed to have sustained injuries managed to escape," he said.

The incident was reported at Mtito-Andei Police Station in Makueni county whose scene of crime officers attended to the case, he said.

Scene of crime police conducted a thorough search of the place before taking the body to Makindu Mortuary.

"During the search, one heavy caliber rifle, one heavy caliber rifle cartridge, three



automatic rifle cartridges and a cellphone were recovered," said the statement.

It appealed to the public to report any information about the incident that would lead to arrest of poachers at large to the nearest police station or KWS offices.

The loss of wildlife threatens one of the pillars of Kenya's tourism industry, and therefore its economy, as well as the survival of some species.

Poaching is also a security risk as it presents challenges to the military and police, which can be outgunned by poachers and their criminal allies.

Joho not being sought by Interpol, says Kinoti

■ by Bernard Gitau
@benagitau

The Directorate of Criminal Investigations has dismissed allegations that Mombasa Governor Hassan Joho is wanted by Interpol for drug trafficking.

DCI boss George Kinoti made the revelations in a letter to Joho on Wednesday clarifying there were no such proceedings by the international criminal police organisation.

"Please be informed that the letter which has been circulating on the social media pertaining to your client and others that are being investigated and being sought by Interpol is not true. The document citing that was a forgery," a letter written on behalf of Kinoti by head of investigations at DCI John Karuki reads.

Joho, through MM Advocates, had written to Kinoti and Director of Public Prosecutions



Mombasa Governor Hassan Joho. PHOTO: FILE

Noordin Haji seeking to know the true position.

He also wrote to the Paris-based Office of General Secretary of Interpol, about claims that he is being sought for arrest for drug trafficking.

On February 5, Joho through Ochieng' K & Associates Advocates, sued his Nandi counterpart Stephen Sang and M.P. Oscar Sudi (Kapserset), Kimani Ichung'wa (Kikuyu) and Didi-

mus Barasa (Kimilili) for linking him to drug trade.

The development gives Joho ammunition in the case he has filed against Deputy President William Ruto's allies.

Issue in public

Joho says the claims had damaged his reputation, integrity, personality and credibility.

He wants the court to award him general damages and an injunction barring the four from discussing the issue in public.

But the four have remained defiant, asking Joho to respond to their claims.

The DCI attached an internal memo from Interpol stating their findings.

"Since we may not go very far by investigating the origin of the forged letter in the social media, please take civil remedy for those who are spreading the malicious rumours," the DCI said.

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We've not sold Kenya oil blocks, insists Somalia

Authorities assure they will not undertake any activity on the disputed area before ICJ rules on issue

by George Kebaso
@Morarak

The Somali government has refuted claims by Kenya that it has auctioned contentious oil and gas blocks in the Indian Ocean at the centre of a maritime boundary spat between the countries.

In a statement last evening, the Somalia authorities reassured Kenya it has not sold off any blocks in the disputed area and will not undertake unilateral activities in the disputed area before the International Court of Justice gives a verdict on the issue.

"The Government of Somalia regrets statements made by the Government of Kenya alleging that the Government of Somalia is 'proffering to bid' any blocks in Kenya's potential maritime zones to external bidders. Somalia also wishes to reassure Kenya that when the ICJ does render its judgement, Somalia will fully respect and comply therewith," said the statement.

On Saturday evening Kenya recalled her diplomatic representative in Mogadishu, Lieutenant-General (Rtd) Lucas Tumbo and expelled Somalia ambassador to Kenya Mohamoud Ahmed Nur over alleged auctioning of oil and gas blocks in Kenya's maritime territorial area that borders Somalia.

The auction allegedly took place in London, United Kingdom, last week, Foreign Affairs

PS Macharia Kamau said on Saturday.

But yesterday, Kamau denied that Kenya did not "recall" her ambassador nor "expel" Somalia's envoy, saying the ambassador had been summoned to consult further on the issue.

"We summoned ours (ambassador) for consultations and asked that theirs departs for consultations on their side so that we can resolve this matter with credible and correct information from both sides," he stated. He confirmed that Tumbo was in the country and the Somalia ambassador had reported back to his country.

By last evening, a flurry of activities were underway to bring the two countries to a negotiating table to avert the tense diplomatic situation from snowballing into a possible political confrontation.

Kamau confirmed that consultations had kicked off on either side of the two governments, and hoped to see some positive outcomes. "They are having their consultations. We are also having ours, and we hope that both parties will give positive reports soon," he told *People Daily* last evening.

Maritime boundary

However, he did not give a timeline for the ongoing consultations since the issue is diplomatic in nature. "We are diplomats. We will take our time until we are satisfied that what we have on the table is agreeable to both sides," he added in a telephone interview as experts in international relations and politicians dived into the debate.

Wajir West MP, Adan Keynan, an international relations expert warned that if the issue is not handled carefully, it may negatively impact on the gains the two countries have made on a number of issues especially those related to security. He said an immediate



ISSUES AT HAND

A narrow triangle off the coast of Africa, in the Indian Ocean, about 100,000 square kilometers (62,000 square miles), is the bone of contention between neighbouring Kenya and Somalia.

Both countries want the area because it supposedly has a large deposit of oil and gas, but it's not clear to which country it belongs.

Somalia wants the ICJ to define the boundary as laid down by the United Nations Convention on the Law of the Sea and other international sea laws.

solution to the unfolding situation is needed calling on the two countries to exercise restraint and allow diplomatic channels to handle the matter.

"Force will not solve anything. It will only serve to escalate the problem. We know what is pending before the International Court of Justice and normally, what Mogadishu did should have waited the conclusion of the case."

"Let nobody think that he can be able to frustrate the achievements the people of these two countries have been able to realise over time including in difficult situations, for selfish interests," the former National Assembly Departmental Committee on Defense and Foreign Relations Chairman warned.

Keynan, however, said the relations between Kenya and Somalia date back to historical times,



LEFT: Somalia ambassador to Kenya Mohamoud Ahmed Nur arrives in Mogadishu following the diplomatic row yesterday. RIGHT: Kenya's ambassador to Somalia Lt-Gen (Rtd) Lucas Tumbo. PHOTOS: FILE

but noted that what brings the two countries together should be upheld first. "Somalia greatly needs Kenya for her own interests- national security and the war against terrorism within the borders and beyond. Kenya also needs Somalia to defeat the enemy that is al Shabaab," he said yesterday.

He also noted that Kenya holds the largest refugee camp- Dadaab with majority being Somalis, and therefore the worsening relationship is bad for both countries.

Former National Assembly Deputy Speaker Farah Maalim said the move by Kenya was hasty.

ANC leader Musalia Mudavadi accused Somalia of breaching the international law by auctioning Kenya's oil and gas blocks on the maritime boundary yet that case has not been concluded at the ICJ.

"The law on maritime boundaries is clear that a country should not go beyond 200 aeronautical miles into the sea as part of another country's boundary. There is already an issue in the ICJ that should be respected," he said.

He warned that the diplomatic spat between the two countries should not be treated lightly adding that past incidents where the Northern Frontier sought to secede and the events in the aftermath should serve as indicators of what awaits the two countries if the matter is not solved carefully. "Kenya is

currently suffering the impact of an unstable Somalia. Therefore, let's all stand with the government in this matter," he urged.

Refugee camps

A University of Nairobi lecturer, agreed with the ANC leader that Kenya is more vulnerable in this situation, and cannot risk.

"Kenya cannot risk having a volatile Somalia. We have everything to lose if our neighbour is unstable. There is also a strong belief that Somalia feels threatened that by having soldiers in their land, Kenya was encroaching on their country through Kismayu. Remember the issues in the Northern Frontier where Somalia feels that that part of the country was annexed from them," the don added.

A senator in Somalia's Upper House, Ilyas Ali Hassan, the chairperson of the National Resource, Infrastructure and Transport Committee said his government's move to auction the oil and gas blocks belonging to another country is a "breach of the laws of the country".

"Kenya hosts the biggest world refugee camps whom are mainly Somalis and at the same time the biggest Somali business community are in Nairobi. The worsening relationship between Somalia and Kenya therefore is bad for both of our two nations," he said in a statement.

They are having their consultations. We are also having ours, and we hope that both parties will give positive reports soon
-Kamau

Abducted Italian dealing in ivory trade, cops claim

by Sophie Njoka
@PeopleDailyKe

Investigations into the abduction of Italian aid worker Silvia Romano (*pictured*) have taken a new twist after it emerged that she may have been involved in the multi-billion-shilling ivory trafficking business.

Police investigations indicate that Romano, who was abducted from a remote village in Chakama, Kilifi county had bought ivory pieces from Said Adan Abdi, one of the suspected abductors on November 20, 2018 moments before she was abducted from her hotel room by three armed men.

Police investigations reveal that Romano was in constant communication with one of the kidnappers a few days prior to her abduction.

Police now believe that it was a business deal gone sour after Romano, who had bought unknown amount of illegal ivory from Abdi failed to pay for the illegal ivory which had been supplied to her and managed to smuggle out of the country since April 2017.

"We highly suspect that she was dealing in ivory trade and police investigations now indicate that she had not paid for huge amount of ivory, which

had been supplied to her by one of her abductors, and despite her having sold it outside Kenya, she never honoured her promise of paying her suppliers," said an officer privy to the ongoing investigation.

Demanding ransom

Police have now changed focus, on Romano's kidnapping being related to a terrorist kidnapping and are now looking at the possibility of her involvement in dealing in illegal ivory trade.

According to the officer, who is not authorised to speak to the media, it is

said her kidnappers are believed to be demanding ransom to recover their money in the ivory smuggling syndicate.

It is alleged that prior to her kidnapping, Romano had received several text messages from Abdi, threatening her that she should pay them their money by end November.

Police investigations indicate that the senior Kenya Wildlife Service officer (KWS) has shed light into the mysterious disappearance of the 23-year-old aid worker after he was arrested, alongside his brother three months ago in relation to the abduction.



Six cops fired over human trafficking

Officers based at JKIA accused of colluding with airlines, recruitment agencies to perpetuate vice

by Zaddock Angira
@PeopleDailyKe

At least six police and two Immigration officers have been sent home to pave way for investigations into a multi-million-shilling human trafficking syndicate at the Jomo Kenyatta International Airport (JKIA).

Investigations by a joint team of detectives from the National Intelligence Service (NIS), Directorate of Criminal Investigations (DCI) and other external agencies revealed that there was collusion among staff from the police, Immigration, Kenya Airports Authority (KAA), some recruitment agencies and the airlines that was also exposing the country to a major security threat.

Surveillance and investigations were enhanced after the US Department of State raised concerns that there were no in-

vestigations into official complicity despite credible reports of traffickers obtaining fraudulent identity documents from corrupt officials.

The interdicted officers were from the Kenya Airports Police Unit (Kapu) and DCI.

It was, however, not immediately established how many officers were affected as letters were written to the individual police officers through their commanders.

Potential witnesses

One of the letters signed by the Deputy Inspector General (DIG) of Kenya Police Service Edward Mbugua and seen by *People Daily* reads: "From reliable information reaching this office it is alleged that on diverse dates in 2018 and 2019 jointly with other police officers and Immigration offices at JKIA you have been involved in human trafficking."

"Investigations into the allegations have been instituted to establish the truth. In order not to interfere with potential witnesses, I have decided to interdict you from duty with effect from February 7, 2019."

The JKIA has been a hub of trafficking and smuggling. To deal with the syndicate, Kenya

IN NUMBERS...

According to the 2018 National Police Service annual crime report, a total of 1,934 aliens and undocumented immigrants were arrested between January and September.

They were 548 Tanzanians, 280 Somalis, 170 Ethiopians, 110 Burundians and 110 South Sudanese. Nairobi and Busia recorded the highest number of aliens arrested by the police.

Mombasa and Eastleigh were found to be the hub for smuggling of immigrants as well as for trafficking of women and children for prostitution, the sex industry and other forms of forced labour.

Airways (KQ), for example, coded plane tickets to highlight suspected trafficking cases and flagged those for government officials to intercept during transit at the JKIA.

Impending operations

A senior detective involved in the investigations yesterday said two KQ employees, who were among the seven security officers who were dismissed



A section of the Jomo Kenyatta International Airport (JKIA). Several airport staff have been linked to claims of human trafficking and smuggling. PHOTO: FILE

recently, were also believed to have been involved in the syndicate.

Last October, KQ dismissed senior officers in the security department, including Martin Kampala who, was the security manager JKIA and Cargo, Boniface Nyongesa, who was the security manager in charge of outstations and contracted security.

Also dismissed were Hassan Wanyama and Edward Mutesa,

who were both investigations specialists.

The officials interdicted and those under investigations are said to have mostly smuggled Ugandans who travel to the Middle East where they do odd jobs ranging from being housemaids to porters and watchmen, among others.

Some of them claim that they are travelling to meet close relatives working in the Middle East. Investigations re-

vealed that some of the Ugandans enter Kenya either by using taxi or boda boda, avoiding the border points.

They do not travel in a group and on reaching Nairobi, they are taken straight to the airport where some rogue officers facilitate their movements within.

Their documents are only processed by a specific immigration officer who had been briefed earlier. They are then cleared to fly out. In some cases, investigations show, police took bribes to warn traffickers of impending operations and investigations.

According to the US Department of State's 2018 Trafficking in Persons Report, Kenya continues to host illegal recruiters with networks in Uganda and Ethiopia and who recruit Ugandan, Rwandan and Ethiopian workers through fraudulent offers of in the middle East and Asia.

Last year, the government commenced digital law enforcement data tracking on a monthly basis, and vetted 45 recruitment agencies. The report however, indicated that the government did not meet the minimum standards in several key areas.



KWALE COUNTY GOVERNMENT

TENDER NOTICE FOR FINANCIAL YEAR 2018/2019

The Kwale County Government through the Department of Water Services, wishes to invite interested eligible bidders to apply for the Tenders listed hereunder:

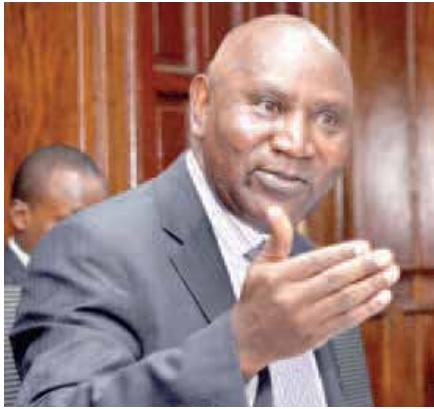
| No. | Tender RFQ Number | Tender Name | Site Visit Details | Category |
|-----|-------------------|---|--|----------|
| 1. | 710159 | PROPOSED REHABILITATION OF MAGODZONI MWAMIVI-MUUNGANO WATER PROJECT | 10A.m on 21 st Feb 2019, Water Offices (SIDA), Kwale | OPEN |
| 2. | 710169 | SUPPLY INSTALLATION AND TESTING/COMMISSIONING OF SOLAR POWERED PUMPS IN 13NO. BOREHOLES IN VARIOUS WARD KWALE COUNTY | N/A | OPEN |
| 3. | 710187 | SUPPLY INSTALLATION AND TESTING COMMISSIONING OF 23 BOREHOLES WITH HAND PUMPS IN VARIOUS WARD IN KWALE COUNTY | N/A | OPEN |
| 4. | 710193 | SUPPLY INSTALLATION, TESTING AND COMMISSIONING OF ELECTRIC POWERED PUMPS IN 8NO. BOREHOLES IN VARIOUS WARDS IN KWALE COUNTY | N/A | OPEN |
| 5. | 710197 | PROPOSED CONSTRUCTION OF GOMBA UMALE DAM IN KINANGO WARD | 10A.m on 25 th Feb 2019 at Kinango Sub-county Offices. | OPEN |
| 6. | 710198 | PROPOSED CONSTRUCTION OF NYANGO DAM IN PUMA WARD | 11A.m on 26 th Feb 2019 at Puma Ward Offices, Vigurungani | OPEN |
| 7. | 710200 | PROPOSED REHABILITATION OF MBILINI DAM IN PUMA WARD | 11A.m on 26 th Feb 2019 at Puma Ward Offices, Vigurungani | OPEN |
| 8. | 710638 | PROPOSED CONSTRUCTION OF MWENA MGOMBEZI WATER PIPELINE | 10A.m on 27 th Feb 2019, Lungalunga sub-county offices. | OPEN |
| 9. | 710635 | PROPOSED MAJI YA CHUMVI MWANGOLOTO-NDATANI PIPELINE EXTENSION SAMBURU CHENGONI WARD | 11A.m on 28 th Feb 2019 at Samburu ward Offices. | OPEN |
| 10. | 710637 | PROPOSED CONSTRUCTION OF GODO DAM IN VANGA WARD | 10A.m on 27 th Feb 2019, Lungalunga sub-county offices. | OPEN |
| 11. | 710636 | PROPOSED HIRING OF PLANT AND MACHINERY FOR CONSTRUCTION OF DAM LOT 2 (BAHA BABA AND CHARO WA TAKA DAMS) | N/A | OPEN |

Tender documents are available at the Kwale County Government official website www.kwalecountygov.com or the Government tender portal supplier.treasury.go.ke. Those Contractors with Default Notices of previous Work or pending (incomplete) works with the County Government of Kwale will not be considered for more than one Project. Those Contractors who have been Terminated by the County Government of Kwale for failure to complete previous Works of any nature will not be considered for any Project.

Duly filled tender documents shall be submitted via the e-procurement module supplier.treasury.go.ke on or before Friday 8th March 2019.

CHIEF OFFICER,
WATER SERVICES.

Audit hints at fresh Sh800m scam at Kenya Pipeline



Auditor General Edward Ouko has released an audit report revealing possible mega-scam at KPC. PHOTO: FILE

■ by Mercy Mwai
and Anthony Mwangi
@PeopleDailyKe

A new scandal has erupted at Kenya Pipeline Company (KPC) following revelations the company made irregular payments amounting to Sh800 million.

This comes at a time when former top officials of the company are facing graft charges over the construction of Sh1.7 billion Kisumu Oil Jetty.

In his report for the year ending June 2018, Auditor General Edward Ouko also questioned the unapproved recruitment and appointment of staff to non-existent positions as well as irregular purchase of motor vehicle accessories.

Ouko says in the report the corporation paid Sh97.6 million

contrary to the Company's Staff Rules and Regulations to 231 staff members who were earning responsibility allowances. The company spent Sh5.8 billion on salaries and allowances in the year ending June 2018.

KPC acting managing director Hudson Andambi, however, defended the agency saying the money was not for overtime allowances but salaries of the entire workforce.

"There is no way we can have such a huge amount of money paid as allowances, the true picture is that the amount reflects the money paid to our staff," he said. He said a huge chunk of the allowances remunerated casual workers at the Standard Gauge Railway Phase Two.

Andambi, however, said the

corporation will not defend any official involved in the irregular purchase of vehicles noted in the report by the AG.

Overtime allowances

The Auditor General in his report says most of the allowances exceed the amount provided for.

"In some instances, the annual overtime allowances paid were as high as 250 per cent of the annual gross salaries payable, implying that the claimants worked for more days than were available in the financial year," the report read.

Ouko said it was not possible to confirm the regularity and probity of Sh269.5 million incurred on the allowances. The corporation is also on the ra-

dar over the expenditure of Sh9 million on purchase of motor vehicle accessories. The items were bought as low value procurements through petty cash payments and reimbursement claims lodged by staff since the purchases occurred on regular basis.

Ouko says the transactions were irregularly made and received and that use of the majority of the items for the company's benefit cannot be confirmed.

The company is also being queried for allowing 13 Oil Marketing Companies (OMC's) that have negative stock balances amounting to 4,435 cubic metres to overdraw products contrary to the Transport and Storage Agreements procedures.

Stop 'illicit' cross-border cash flow

Governors of border counties have been urged to ensure exchange of foreign currency is carried out through proper channels and with relevant documentation.

Speaking during a fund-raising event at Elugulu ACK Church in Bututu on Saturday, Cotu secretary general Francis Atwoli said illegal currency exchange at border points was a security threat.

"If you request for dollars at the border of Busia, Malaba, Namanja and other border points, you will be given without even being asked to produce your passport," he said adding that these are the monies being used by terrorists in their operations in the country.

He said many people also cross Kenyan border points without being subjected to any questioning.

-KNA

Nyeri elders want Sh50m shrine

■ by Josphat Kinyua
@PeopleDailyKe

Kikuyu Council of Elders from Nyeri county are constructing a shrine to conserve cultural rites.

The elders under the umbrella "Kiama Kiama Mwaki Wa Rware" want the shrine that will cost Sh50 million to act as a cultural education centre where boys will undergo circumcision and also learn their traditional way of life.

"We as council of elders want to ensure that our boys get the right lessons for life. At the moment, the boy-child is lost and we have to restore his glory," said elder John Gakuo during a fundraiser at a Narumoru hotel. He said they have been using a rented premises for the traditional circumcision with impressive results, and now want a place of their own.

I will not be distracted by falsehoods, says Ruto

Deputy president accuses rivals of tarnishing his name on mainstream, social media, urges Kenyans to ignore 'propaganda'



Kenyans had exercised their rights by electing us into office - DP

■ by Felix Yegon
and Benard Gitau
@PeopleDailyKe

Deputy President William Ruto has asked Kenyans to "ignore propaganda being peddled against me" saying he is firm in his position as President Uhuru Kenyatta's assistant.

He urged Kenyans to, instead, support the government in its effort to deliver the campaign-time pledges.

Addressing residents of Bomet at the Silibwet grounds on Saturday, Ruto accused his detractors of peddling falsehoods on both mainstream and social media. He vowed to remain focused on his mandate adding that time for politics and jostling for positions was long gone and the government was now channelling energies on fulfilling promises.

Fulfil pledges

He said Kenyans had exercised their rights by electing them into office and as such, they should strive to ensure their promises are accomplished.

The DP was presiding over a marathon aimed at raising money for National Health Insurance Fund (NHIF) fee for needy families from the county.

Sh87 million was raised during the event with both Ruto and President Uhuru contributing Sh5 million each while the six MPs



PEDDLING FALSEHOODS

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from the region each setting Sh2 million from their respective CDF kitties towards the course.

Bomet county has already set aside Sh60 million this financial year towards covering 10,000 families and intends to increase the number of beneficiaries with proceeds from the marathon.

Deputy President William Ruto inspects Computed Tomography (CT) centre at Longisa County Referral Hospital. With him is Bomet Governor Joyce Laboso (right) and Megascope Healthcare Limited general manager Renne Lupalo (left). PHOTO: DPPS

It also plans to set aside a similar amount each financial year towards the course. NHIF cover costs Sh6,000 per year for one household.

Medical services

Ruto had earlier commissioned the new CT scan equipments for Longisa County Referral Hospital.

Speaking during the launch, Ruto said the centre at Longisa Referral Hospital would save patients from travelling to Nairobi or Eldoret to seek specialised medical services.

The US National Center for Biotechnology Information (NCBI) report shows Kenya has one of the highest incidence rates of esopha-

geal cancer (EC) on the continent with a rate of 17.6 per 100,000.

Oesophageal cancer is the top killer in Kenya ahead of cervix, breast, stomach and prostate cancers with 4,354 deaths every year.

"Our intention is to ensure all equipment in all our hospitals are modern and state-of-the-art," he said.

"Henceforth, you will not have to travel to Nairobi or Eldoret to seek those specialised medical services. It will be done from here," DP added, during the event also attended by governors Laboso (Bomet), Paul Chepkwony (Kericho), Samuel Tunai (Narok) and a host of MPs and MCAs from the region.

CONGRATS SportPesa



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FOR THE SUPPORT AND PARTNERSHIP AS YOU
CELEBRATE 5 YEARS.



OPINION

QUOTED TODAY



“Kenya is prepared to defend its territorial integrity at any cost and considers all those involved in encroachment of its territory as enemies of State,” **Foreign Affairs PS Macharia Kamau** on Somalia dispute.



“Everything is OK in government. Ignore the fake news; do not rely on social media and newspaper stories. We have no time for rumours,” **DP William Ruto** on alleged Jubilee split.



“I am disappointed that despite our preparations, INEC postponed the elections. Let them ensure a free and fair election on the rescheduled dates,” **Nigerian President Muhammadu Buhari**.

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Editorial

With cheaper fuel, fares ought to drop

Motorists had reason to exhale following the recent drop in fuel pump prices announced by the Energy Regulatory Commission(ERC) which saw petrol and diesel prices fall to about Sh100 and Sh96 respectively, from a high of Sh118 four months ago.

And though the prices keep fluctuating, depending on international crude trends, the lowered costs logically should impact positively on all, along the value chain ultimately give the economy some kick.

Ours is not a command economy so the government does not control prices though regulatory mechanisms is in place to mitigate against market vagaries for petroleum products. With new duty levy on fuel effected last November, fares took corresponding sharp turn. However, why public service vehicle (PSV) owners and specifically the Matatu Owners Association(MOA) have rejected translating the recent regular fuel price dip into some relief for commuters is inexplicable. It can only be understood within the context of how matatu sector operates with focus on maximisation, which they execute with frightening sense of self-entitlement. Though a multi-billion shilling sector providing hundreds of thousands of young Kenyans with jobs, the industry has stuck to operational template dating back 45 years.

The National Transport and Safety Authority Act stipulates that fares be reasonable and ensure fair competition within the transport industry. The law expects commuters to report erratic hikes to NTSA with warning that arbitrary increases could lead to revocation of operators licences.

In Nairobi for example, fares can fluctuate on same route and over same distance astronomically depending on time and weather. The rules of supply and demand provide justification for differentials, but such adjustments must be within bounds of logic. According to MOA, costs fall cannot lead to automatic fares cut. They cite spare parts, tyres, maintenance and more cynically, cash to bribe traffic law enforcement officers. Whether the aggregate value of these expenses add up is anyone's guess.

Ownership mode and business model of PSVs with an inherent cartelism in its operations are factors that must be conclusively tackled. Nairobi, a metropolis of five million, a regional economic and diplomatic hub must have reliable and functional, preferably scheduled transport system. It cannot remain left to the whims of operators exclusively predisposed to extractive and nihilist modes.

THOUGHT OF THE DAY

An awareness of our past is essential to the establishment of our personality and our identity as Africans—Haile Selassie



Netsanet Belay

From DRC to Sudan, AU has failed Africans

Even as African heads of state and government gathered in Addis Ababa for the 32nd Summit of the African Union (AU) a week ago, protests continued in Sudan, sparked by a steep rise in the cost of living. Security forces have killed more than 45 people and inflicted serious injuries to dozens, even firing live bullets and lobbing tear gas canisters into a hospital while pursuing protesters.

In Zimbabwe, a sharp rise in the cost of fuel and consequent rise in the cost of living has also spawned widespread protests. In response, security forces unleashed a deadly onslaught, killing 12 people and arresting over 600. Reports also indicate many women were raped in the crackdown. Most of those arrested will not enjoy right to fair trial in courts. The internet was also shut down in the wake of the protests.

In the Democratic Republic of Congo, recent general election was characterised by palpable tension and pockets of deadly violence, resulting in more than 20,000 people fleeing the country. An investigation by the UN found 59 mass graves and the killing of over 500 civilians in the western town of Yumbi. In the wake of the poll, the government shut

down many media outlets as well as internet.

In the face of these gross human rights violations, the response from regional bodies, including the AU and Southern African Development Community (SADC), has been marked by discordance, delayed reaction or deafening silence.

There has not been a single reaction condemning the ongoing widespread human rights violations in Zimbabwe, neither from the AU nor from SADC.

It is not much different on Sudan. The only statement issued by the AU Commission chairperson on December 30, last year was soft and lackluster. Instead of condemning rights violations, the chair confined himself to merely calling for “restraint” on all sides.

He also opted to remind Sudanese political leaders of their “collective responsibility” to find peaceful solutions, effectively preaching peace without unmasking the system that perpetrates violence.

On the DRC poll, AU and SADC reactions to the post-election contestation were marred with confusion, undermining their own legitimacy and risking an escalation of the ten-

sion. But they had a common feature: they made no comment on the media restrictions and internet shutdowns which amounted to denial of citizens’ rights to freedom of expression and assembly.

Africans, especially those affected by brutal crackdowns by their governments, are watching and wondering whether the AU will continue with business as usual or truly address these crises. Based on past evidence, there is little reason for optimism.

Despite commitments, obligations and progress in establishing structures and mechanisms such as the Peace and Security Council and Continental Early Warning Systems, the AU remains invested in treating symptoms of conflicts as opposed to addressing the underlying causes—persistent rights violations and impunity.

Preaching peace is not enough. It is time AU made radical changes to how it responds to human rights violations. Through actions and words, the AU needs to be seen as standing on the side of people.

The writer is Amnesty International’s Research and Advocacy Director. The article first published by AlJazeera



Gathu Kaara

Exploitative thrust undermining role of dowry

Given the rapidly changing power dynamics in marriage in Kenya today, it is time to review the place of the tradition of bride price.

Bride price, or dowry, is part of the cultural traditions of many societies in Kenya, and has survived the juggernaut of women empowerment that has deconstructed all gender relations.

Payment of bride price is the practice in which hapless young men are normally taken through a harrowing inquisition where they have to part with substantial amounts of money because they want to marry somebody's daughter.

Inexplicably, this practice has survived to date and it is still a fundamental part of any marriage in most cultures.

Two dynamics have, however, connived to bring into disrepute this tradition, and also to negate its original purpose.

The first is the very tenuous nature of today's marriages. Previously, a man, after making a substantial payment as dowry, had a legitimate expectation that he would have a lifelong relationship with his wife. This meant that he had a reasonable expectation of a substantial return on his investment.

With runaway breakups in today's marriages, the young man ends up making substantial payments for no value. Note that bride price is normally never returned. What is worse is that the woman

who breaks up normally goes ahead to get married to another man, who then pays the woman's family a second dowry.

The second dynamic is the rampant commercialisation of the practice. Over and above substantial amounts of money, the man is also asked to deliver sugar, rice, beer, all manner of women's paraphernalia etc. Worse, there are no parameters for the demands, and these can range from the insane to the absurd.

The demands have kept escalating, and young men have sometimes been forced to take out loans to quench the thirst of in-laws.

Please note that the young man will still be expected to foot the cost of a society wedding, and take the lead in providing financial stability for his family.

In traditional society, bride price had a place. It was presumed that the young man was paying for a prized possession — a girl who was well prepared for marriage, including having remained pure for her husband. Is this obtaining today? It was also presumed that he was making a payment for a girl who will serve him. Does this still hold in modern times?

In other words, all the traditional reasons why bride price was paid have been demolished by modernity and women empowerment.

The question must now be asked, apart from unfairly enriching the parents of

the girl, what useful role does bride price play?

With increasing commercialisation, two adverse things have happened. First, young men have shied away from committing to marriage. The financial implications of paying bride price for young men, many from poor backgrounds who are struggling in a hostile job market, are daunting. They would rather remain single, or at best, enter into the so-called come-we-stay marriages.

The strange thing about bride price is that even as female rights activists shout themselves hoarse over women rights including such newfangled concepts as marital rape, they are deathly quiet about bride price. They see no evil, hear no evil, and speak no evil.

Could it be because this archaic practice directly benefits the girl's family at the expense of the miserable young man? Looks like yet another issue to consider about the plight of the boy child.

If the narrative of the equality of the genders is to be taken as true, and it is to be accepted that both man and woman come into marriage as equal partners, why is one party having to pay reparations for the other to enter into this partnership? It is time this issue was brought out into the open and the broken logic that keeps it in place exposed.

—gathukara@gmail.com

STREET talk

Is governor launching imaginary projects?

A governor from Eastern region is under fire from the electorate for alleged habit of launching fake projects. On several occasions, the governor has reportedly invited senior government officials to launch projects only for them to discover later they were a figment of his fertile imagination. Some members of his administration now plot to expose such devious schemes.

Anger as Rift county chief plays truant

Residents of a county in the Rift Valley are seething with anger because their governor has abandoned them. It is claimed the man spends most of his time striking deals in Nairobi. In the evening, he retreats to a city hotel where he has a bevy of beauties waiting for him. Our sources tell us he ferries the young women from the county.

Man's tainted past catches up with him

An operative within the circles of power has been reduced to a "casual worker" because of his tainted past. A source told Street Talk that an adverse intelligence report on him clearly warns against giving the man a permanent job in the public service, which rules out getting an official appointment letter. The man with no clearly defined roles, hangs around powerful figures waiting for any assignment that comes his way.

Paranoid ex-don hires bodyguards

A former university lecturer has become the laughing stock of peers for hiring bodyguards to protect him. Some colleagues were recently overheard making fun of him with one of them wondering who would want to kill a man with nothing more than dubious academic credentials.

In traditional society,
bride price had a place



Kizito Temba

Unity is a sure weapon against terrorism

There is a well-known Hadith, teaching of the Islamic Prophet Mohammed, which says: "God is a unity, and likes unity."

The teaching, reflective of the passage in Psalms "How good and pleasant it is when God's people live together in unity," serves as an important basis for the three great monotheistic religions. Our cultures, societies and civilisations were built on this pillar.

Unity is simply an act of great godliness and is the ultimate antidote to evil, dissension and violence.

The recent terror attack in 14 Riverside Drive, Nairobi was an attempt to sow division and mistrust. While the perpetrators claimed to act in the name of a particular religion, they did not care the ethnicity or the religion of their victims.

In fact, the first victims of the attack to be named were members of the religion the attackers claimed to belong to.

Muslims, Christians and even a Jewish American were murdered by the same evil hands.

The specific location for the attack was probably chosen because of its diversity and was almost a metaphor for Kenya's

new cosmopolitan society where people from different backgrounds and cultures mingle together. This is the Kenya that the terrorists wish to disrupt.

President Uhuru Kenyatta has been a unifying figure, building bridges across communities. As the son of a founding father, Uhuru has picked up the baton from those who fought off foreign rule to create an old-new nation from disparate communities.

Uhuru has shown in the time he spends in all parts of the country, in the budgets he allocates and the appointments that he makes that he does not see a person's tribe, political affiliation or religion but the fact that they are a Kenyan.

He has extolled the concept of "servant leadership" and understands well that we the citizens are his employer and not the other way around. Nevertheless, leading a nation is not just about keeping the economy going, the trains running and the people safe. Being a leader is about instilling a spirit of unity, harmony and peace among the nation.

When he addressed the nation hours after the DusitD2 attack, Uhuru stressed the

concept of unity. The message was that despite the attempts to divide us, we will answer you with even greater unity and that will be our victory in the face of terror.

In the best tradition of all of our faiths, Uhuru knows that when we are unified nothing can fell us, and we must maintain this sense of purpose especially in difficult times.

However, this message should also be remembered in better times. It should be remembered during our daily activities and in how we treat those of different backgrounds. Our diversity is not an adversity, it is our good fortune and providence.

In the weeks, months and years ahead, this might be tested again and again. We will hear voices who will point accusatory fingers at the 'other', but we must not be swayed by those who wish to sow divisions, neither from those who perpetrate the attacks nor those who try and make political currency from them.

All our religions say the same thing. God demands of us to be unified and to repel evil together, as one.

—The writer is a communications consultant

Unity is the
ultimate
antidote to
evil

#Tweets to the editor /// @PeopleDailyKe // People Daily



The growing diplomatic row between Kenya and Somalia set Twitter on fire yesterday.

Solomon Karori@SolomonKarori2: Drums of war over border dispute. Kenya and

Somalia disagree oil and gas rich border.

Kenya Revolt HSC@TheParrotKE: The first thing Kenya will do is to deport all Somalis without IDs in Eastleigh to Somalia.

BRAVIN™@ItsBravin: You should just stop this stereotyping all Somalis. Eastleigh contributes a lot to the country's revenue and despite what the Somalis in Somalia do, it doesn't account for what Kenyan Somalis do. Let's be objective.

Ali Dayib@AliDayib2: #Eastleigh trends- I support my motherland (Kenya) on the ongoing diplomatic spat. I am a Kenyan first and a Somali next.



TRUTH IS: When we trust in the power of God, we experience peace not panic.



Patrick Wachira

Explanation of Valentine's Day and its hilarities

I hosted my uncle Habbakuk Wachira Ki-habu (pronounced kihafu) last week and the fact that his visit coincided with Valentine's Day made matters very sticky for me.

You see, Valentine's is that annual farce that allows grown up men to behave as if they have fallen in love for the first time. Of course, they get away with it, but not before looking like clowns all over town.

Did I say they get away with it? Not really, as one middle-aged man found out last year. He was captured on the front page of a national newspaper buying red roses, which somehow did not arrive home.

The next day, there was an almighty hul-labaloo at home as the hapless man was hard put (pun unintended) to explain to his spouse just whom the flowers were for. After the matter moved from the press to the domestic front, we lost track of it. But the point had been made.

It was against this backdrop that Uncle Habbakuk asked me just why there appeared to be more flower vendors than normal and what the occasion was. I have never looked harder for words to tell my uncle that it is a day set aside for lovers to demonstrate love for each other.

"You mean of all the days in a year, I have to please your aunt, Deborah, on one day? What would I have been doing all year round?" he asked in consternation.

Before I could respond, he followed up with more questions, most of them rhetorical. "Are you trying to tell me that if I take good care of the mother of my children for 11 months and 29 days, these would not matter if I fail on Valentine's Day to buy her chicken at an outing and the pieces of chocolate I see my grandchildren eating?" he asked.

I muttered something to the effect that his youthful days were rather different from the latter-day perception of romance but he waved me away.

"Does your aunt even have teeth to eat chocolate?" he posed further questions, rapid-fire style.

I took him to a neighbourhood joint where he loves his *mutura* washed down with his favorite tipple. Of course, he asked me why it



was necessary for any reasonable woman to dress in red to express love to some love-smitten man, who might leave her in two months for a younger, more alluring woman. I had no answer and looked blankly at this man from the slopes as he pulled at his greying moustache.

"I have loved your auntie in her frocks for the last 40 years. Tell me, what is deficient in our relationship?" he posed, to which I laughed, hoping he would not insist on a reply.

It was on that note that I looked at my phone, on hearing many messages coming in. Most were pictures from the fictitious men's conference at an undisclosed venue, and I burst out laughing.

One picture showed the men arriving in all manner of garb and gait, some walking with careless grace, no doubt elated to be away from Valentine's demands.

The swag and swagger, complete with unbridled machismo, was something to envy. Some had undressed to their waists, eager for the jamboree to start.

Another image showed the men during a massive buffet lunch, in which an assortment of foods was on offer. There was a woman struggling to peep through a fence, wondering what the meet was about.

Yet another image depicted a group of folks pushing and shoving, with the caption saying they were delegates from Kamaka during tea time.

And when it was time for the menfolk to be tested for HIV, there was a massive scramble to leave the conference hall, with some jumping over a wire-mesh fence in terror.

But the most hilarious picture of all showed the male adults, in their hun-

dreds, refusing to leave the venue when it was time to go home.

Never in my life has Valentine's brought so many folks so much hilarity through social media.

I showed my uncle the pictures and he was quick to ask why I had skipped the event. I replied that I was unable to get time off work but he squinted his eyes and asked if I was 'sat on' in my house. That is lingua for being hen-pecked.

Of course not, I said. He took another long look at me and I avoided his stare by ordering some more *mutura*, which was disappearing faster than I was ordering for it.

That was my version of Valentine's. Have a love-filled week, folks!

The writer is Special Projects editor, People Daily

MCA Gwinso

... and why the lovers' day caused me trouble

If today I was asked to suggest the main question for the much anticipated referendum, it would obviously be: "Should February 14 continue to receive special attention in Kenya?" This day is the source of my present troubles.

On this damned day, I had an appointment with his Popularity the Governor of our county.

We were to discuss an issue concerning my people. As I left the house that morning, Mama Hirohito, daughter of my mother-in-law, told me to remember to come early. Since I am not in the habit of getting home late, this reminder did not ring a bell in my mind.

I met the Governor and before long we had finished our business. It was something to do with 2022 campaigns, but that's confidential.

After that I went to my office to attend to my ward members, who, as usual, had all sorts of issues they wanted sorted out. To give them undivided attention, or to appear to do so, I switched off my phone. By the time I was leaving the office, it was

already seven o'clock.

On reaching the house I found Mama Hiro at the foulest of moods. My attempts to establish what the problem was bore no fruit. After all, my phone had been in my custody the whole day, so there was no chance that she had snooped on it. Confident that I had nothing to do with her foul mood, I went for the jugular.

"Why are you treating me like this?" I asked. "What wrong have I done?" I tried my best to sound hurt but she kept mum. "If you aren't talking, well, let me go and look for someone who will talk to me." I put on my shoes. I then called my colleague MCA Matayo. I was sure he would be at his usual evening hideout.

"Mhesh, come over. Kwanza I have something nice for you. Kuja," he said excitedly.

As I was leaving, Mama Hiro talked for the first time that evening.

"I knew it. I knew you had a valentine date and you were looking for an excuse to leave, go! No wonder you switched off

your phone the whole day. We shall see where you will come back to."

That was when it dawned on me that my phone had been off for the better part of the day.

However, not being the one to admit a mistake where there is none, I stood my ground. "You should have said that instead of keeping quiet," I retorted.

"OK will you give me a Valentine treat or not?"

Honestly, I hadn't seen that coming. But there comes a time when a man has to make amends. "OK, dress up *twende*," I found myself saying.

Never has Mama Hiro dressed up so quickly. In a flash, I was seeing red—literally. Off we set for the joint where I was to find Matayo.

The restaurant was all red and I could hardly make out Matayo from the crowd. I led the way with Mama Hiro on tow.

"Mhesimiwa Gwinso," came the familiar voice of Matayo. I turned to see him seated with two ladies.

"Gwinso, meet Sharleen," he said

before I could utter a word. It was as if Matayo had not realised that my spouse was with me.

"She has been waiting for you. What took you that long?" I didn't know how to react. I just stood there: In front of me was a lady I had never seen before, all smiles. Behind me Mama Hiro, I could only imagine the look on her face.

"Sharleen, meet Mrs Me," I said moving aside for her to meet Mama Hiro. "Aha, karibu Madam," said Matayo. "We have been waiting for you guys."

We joined the group at the table—not that we had much to talk about after that. A few minutes later Mama Hiro said she was tired and wanted to leave for home.

"Of course you can't leave me behind," I whispered.

"I don't know your plans," she said.

A short while later we were in the house. Till today, it has been nil by mouth. *Iko shida!*

a.otieno@pu.ac.ke



It was as if Matayo had not realised that my spouse was with me

Lack of antivenom compounds Kitui snakebite menace

Medics say besides the challenge of drug stockouts, religious beliefs by some sects pose another challenge

by Lilian Kaivilu
@liliankaivilu



The family took the patient to a traditional healer and that is how the patient succumbed -Maundu

Josephine Syombua Salee limps slowly towards her main house in Kavindu village, Nuu area in Kitui county. A white prosthetic leg is the first thing I notice on her as she bends slowly to pick up a broom from her two-roomed house.

This is the mark of a venomous snakebite that Syombua bears since July 11, 2015. Four years later, the 36-year-old is still living with the consequences of what she terms as a near-death experience.

Following the snakebite, the mother of three was admitted at the Mwingi Level 4 Hospital for three months, accumulating a medical bill of Sh30,000. "We were in the farm with other community and family members harvesting when I was bitten by a snake. I immediately lost consciousness, only to wake up in the hospital two weeks later.

Leg amputated

The snakebite changed Syombua's life as she ended up with an amputated leg. Her case is just one among the 400,000 people across the world who remain with permanent disabilities every year as a result of snakebites, according to the World Health Organisation (WHO).

"When I woke up for the first time in the hospital, I was given a form to sign, consenting to the amputation of my leg," Syombua remembers. "Nilamua nikative

mguu badala ya kupoteza maisha (I chose to have my leg amputated rather than lose my life.)"

Today, the mother of three says she cannot walk as fast as she used to, cannot do farm jobs and depends on her husband for upkeep.

In the larger Nuu ward at least one case of snakebite is reported every week during the rainy seasons.

Saturdays are the busiest days at the Nuu Sub-County Hospital. On this particular day, Nduki Munzyu, 30, joins the queue at the facility's waiting area. She has brought her 14-year-old-daughter for a regular check-up. The teenager has already missed school the last one week due to some pain from the wound on her left leg. Nduki's daughter was bitten by a venomous snake as she walked home from a relative's place on the night of May 26, last year.

Drugs shortage

Joseph Mbithi Maundu, a clinical officer at the Nuu Sub-County Hospital says children under 15 years are the most affected by snakebites. Majority of the patients, he adds, are bitten at night.

"This means that they report in the hospital at night when there are no adequate staff. This is a challenge because we only have two clinical officers at this health facility." He cites stockouts of the antivenom as another challenge, a situation that forces them to refer the patients to Mwingi Level 4 Hospital.

Maundu narrates how they lost a patient due to lack of antivenom at the facility. "In January, 2018, we received a patient who had suffered a snakebite. Unfortunately we did not have antivenom in our facility, we thus referred the patient to Mwingi Level 4 hospital.

Supply (Kilifi County, Kenya) report published in November 2018 by HAI. The report further indicates that ten percent of the respondents said they lacked antivenom at their facilities, citing financial reasons for the stock out.

Magic stone

In Kitui county, locals believe in a magic stone that is said to heal snakebites. The black stone is available in most local shops, retailing at between Sh20 and Sh50.

The survey conducted in Kilifi county, Kenya, between November 2017 and February 2018 by Health Action International paints a grim

picture of the effects of snakebites in the area.

Out of the 103 health facilities that responded to the survey, only seven per cent of health facilities treated patients with antivenom. Eighty eight per cent reported that the health facility had no antivenom in stock at the time.

While admitting that majority of the patients could not afford out-of-pocket costs payable at the health facilities, the survey indicates that such facilities still expected the patients to pay for health facility registration and supportive treatment (such as painkillers and fluids).

Statistics from the World Health



INTERVENTION MEASURES

Kitui East, South and Rural and Mwingi North record the highest number of snakebites in the county due to its rocky terrain as proximity to the Mui basin.

Joseph Kamundulu, a community health volunteer at Nyaani Community Unit in Nuu ward says poor road network and lack of skills in handling snakebites is the main challenge in the area.

"In 2018 alone in Nyaani community unit, there were three deaths as a result of snakebites. As community health workers, we need training in handling snakebites," he says.

In order to address this concern, Health Action International, through its snakebite programme in collaboration with the Global Snakebite Initiative and the James Ashe Antivenom Trust, is providing communities with information and tools to learn how to prevent snakebite and provide effective first-aid and treatment for it.

The family took the patient to a traditional healer and that is how the patient succumbed to the fast spreading venom."

Besides the challenge of antivenom stockouts, Maundu cites religious beliefs by some local sects as a challenge to treating

not only snakebites but also other diseases. "Kavonokya (a religious sect) members do not believe in taking medicine, even in the case of snakebite. In such cases, all we can do is sign the 'Against Medical Advice form' to indicate that the patient refused medication," he says.

Hezekiah Ondiko, head of health commodities and technology division in Kitui says the county receives antivenom every quarter from the Kenya Medical Supplies Agency (Kemsa). He, however, revealed that there is slow uptake of the drug because of resistance from some patients. "We procured 70 vials for each of the big hospi-



tals (Kitui County Referral Hospital and the Mwingi Level 4 Hospital)," said Ondiko.

Depending on the type of snake that bites a patient, a patient can use up to two vials of the snake antivenom. Each vial costs Sh5,800.

According to Ondiko, puff adders and cobras are the most common snakes in the region and children and men are the most affected.

Although snakebites are mainly recorded in poor homes, Ondiko says the county has set up waiver committees in the hospital to intervene when patients cannot raise the bill.

68pc of patients get treatment from traditional healers

by Lilian Kaivilu
@liliankaivilu

At least 68 per cent of snakebite victims in Kenya access initial treatment from traditional healers.

According to Health Action International (HAI), by so doing, patients risk worsening their situations and wasting more time before getting help from a health facility.

In Kilifi county, for instance, over 25 per cent of health facilities reported that half of their snakebite patients had initially visited a traditional healer before coming to their facility.

This is according to the Snakebite Incidents, Response & Antivenom



'Magic' black stone believed to heal snakebites. PHOTO: LILIAN KAIVILU

Organisation (WHO) show that about 5.4 million people across the globe are victims of snakebites each year.

Permanent disability

Over 400,000 others remain with permanent disabilities while between 81,000 and 138,000 die from snakebites annually. In 2017, WHO recognised poisoning from snakes as a neglected tropical disease.

In case of a snakebite, tightly tie the area bitten by the snake to prevent spread of the venom to other parts of the body. A patient should then visit the nearest health facility within 30 minutes.

NEWS BEAT
ROUND-UP

Learners in Embu county academies to get free tablets

Pupils from private schools in Embu county are set to benefit from a digital literacy programme that will see them issued with free tablets. Embu Private Schools Association has partnered with Karttridges Kenya, which is assembling the devices, Microsoft (software provider), Longhorn Publishers (content provider) and Equity Bank. The programme was launched at Tenri Primary School and the first batch of 740 android tablets were issued to 35 private schools in the county. The programme will be rolled out in 160 schools. Embu West Curriculum Support Officer Nerbert Njeru said the programme will enable a learning-centred approach.

- BRIAN MUSYOKA



Siaya Knut official garters 979 votes against rival's 26

Alex Dunga is the new Kenya National Union of Teachers (Knut) executive secretary, Siaya branch. He garnered 979 votes against his competitor David Yewa's 26 votes, in a by-election conducted at Siaya Central Primary School in Siaya town, on Saturday. Speaking after election to the position, which fell vacant following the promotion of his predecessor Clement Omolo as the union's Assistant secretary general, Dunga assured of his readiness to support Knut national office. Union first vice chairman Collins Oyuu urged Dunga to ensure he unites area teachers.

- ERIC JUMA



Former Kisii MCAs allege embezzling of projects funds

Some former Kisii MCAs have accused county officials of embezzling funds meant for public projects. Elkanah Nyandoro (Boikanga) and George Bibao (Bokimonge) (pictured) said several projects that had been allocated funds by former ward reps had stalled. Bibao said the previous Assembly approved funds for the construction of 450 Early Childhood Development Education (ECDE) classrooms across the county, most of which had stalled. "We want the county leadership to explain this," Bibao told *People Daily* in Kisii town, yesterday. -ROBERT OCHORO

Mandago dismisses 'cheap' fertiliser deal

Governor says partnership will hurt maize growers after Ruto ordered purchase of subsidised farm inputs

by Winstone Chiseremi
@Wchiseremi

The firm is working in cohort with dishonest Agriculture ministry officials -Mandago

A multi-billion-shilling deal between maize farmers in North Rift region and an international company now hangs in the balance.

The firm was to deliver farm input to farmers and buy their produce.

The uncertainty comes after some regional politicians, led by Uasin Gishu Governor Jackson Mandago, dismissed the partnership, saying it would only benefit some wheel dealers at the expense of farmers.

Mandago took issue with his political rival, businessman Zedekiah Bundotich alias Buzeki, for spearheading the partnership between Export Trading Group (ETG) and local farmers.

Access fertiliser

The governor claimed the firm was working in cohort with dishonest Agriculture ministry officials to benefit from the Sh4.5 billion set aside by the State to import subsidised fertiliser.

Speaking in Eldoret town,

Mandago said farmers would pay more to access the fertiliser.

"We feel that the partnership between our farmers and the foreign company is not genuine," he said.

This comes after last Friday's directive by Deputy President William to the Agriculture ministry and National Treasury to purchase subsidised fertiliser for farmers.

Speaking in Uasin Gishu county during the burial of Leonard Yator, who was attached to former President Daniel Moi's security escort, Ruto said

In the deal, the company was set to supply DAP fertiliser to farmers through their respective cooperative societies at Sh3,000 per 50kg bag and purchase their maize at Sh1,900 per 90kg bag.

In the NCPB subsidy programme, farmers could access fertiliser at Sh1,800 per 50kg bag.

TRADER'S PLEA

Businessman Zedekiah Bundotich alias Buzeki urges Uasin Gishu Governor to embrace the partnership to save farmers from lack of farm input.

Buzeki describes the partnership as noble, saying that lack of fertiliser could cripple the sector, which is key to the country's economy.

Uasin Gishu Governor Jackson Mandago at a past event. PHOTO: FILE



Towards Food Security



Interior Cabinet secretary Fred Matiang'i (second right) and his colleagues (from second left) Sicily Kariuki (Health) and Margaret Kobia (Public Service) view varieties of potato seedlings at Tumaini NYS centre in Nyandarua, on Friday, during the launch of a potato seed multiplication project that will be run by NYS and Kenya Prisons Service. PHOTO: DAVID MACHARIA

Free legal services initiative

by Mathew Ndung'u
@PeopleDailyKe

Kiambu First Lady, Susan Wangare Waititu, in collaboration with lawyers from the county has started a programme that will offer *pro bono* legal services to the poor.

Widows and those in remand and cannot afford to hire lawyers, will benefit from the initiative.

The programme, which kicked off in Githunguri where residents were educated on their legal rights, among others, will be replicated in all sub-counties.

Wangare also visited Thika Main Prison where inmates received free medical services, including cancer screening and dental care.

Ward reps blamed for slow growth

by Evans Nyakundi
@PeopleDailyKe

Nyamira Governor John Nyagarama and his deputy Amos Nyabobo have blamed MCAs for the slow pace of development in the area.

They also attributed the slow development to a petition that challenged their election up to the Supreme Court, thus preventing them from focusing on their mandate.

The two claimed MCAs, through the leadership of Speaker Mofat Teyu, frustrated progress by refusing to pass the budget in good time "because the Executive refused to give in to their bribery demands".

ODM, Ford-K supporters clash at Kimilili funeral

by Yusuf Masibo
@PeopleDailyKe

One person was seriously injured when Ford Kenya and ODM supporters clashed at a funeral in Matili village, Kimilili constituency.

Supporters of Bungoma Governor Wycliffe Wangamati and those of ODM secretary general Edwin Sifuna engaged in fist fight, disrupting the programme for the burial of businesswoman Eunice Lumonya.

Trouble started when Sifuna accused some Luhya leaders of failing to help the family of Dini ya Musambwa founder, the late Elijah

Wanameme. Sifuna praised ODM leader Raila Odinga

for aiding the family members, who travelled from Kimilili to Nairobi to seek help.

"Wanameme's family had financial constraints and had to travel to Nairobi to look for Raila despite our local leaders being around," he said.

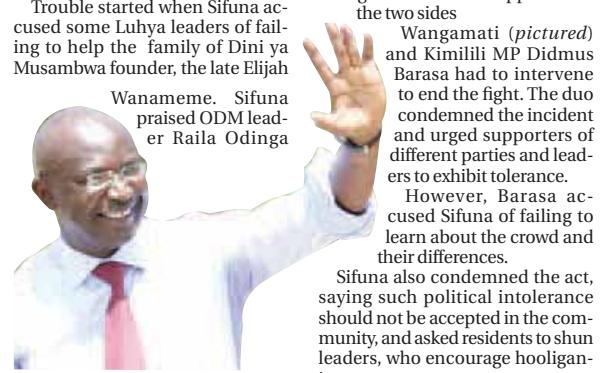
Exhibit tolerance

These sentiments angered Ford Kenya supporters leading to a verbal exchange within the VIP dais and a fist fight between the supporters of the two sides

Wangamati (pictured) and Kimilili MP Didmus Barasa had to intervene to end the fight. The duo condemned the incident and urged supporters of different parties and leaders to exhibit tolerance.

However, Barasa accused Sifuna of failing to learn about the crowd and their differences.

Sifuna also condemned the act, saying such political intolerance should not be accepted in the community, and asked residents to shun leaders, who encourage hooliganism.



Poll delay costs Nigeria Sh150b, say economists

■ Lagos, Sunday

Nigerians who were surprised when the country's presidential election was postponed Saturday might suffer a second shock when they learn the cost, some economists and business leaders say.

"The cost to the economy of the postponement of the election is horrendous," said Muda Yusuf, general director of the Lagos Chamber of Commerce and Industry who advanced an estimate of \$1.5 billion (Sh150 billion).

"The economy was on partial shutdown the day before, and total shut down on Saturday for the elections" that did not take place, he explained.

The streets of Lagos were still empty early Sunday as the sprawling economic capital of 20 million people recovered from the disappointment and anger provoked by a last minute, one-week delay blamed on logistical issues.

The Independent National Electoral Commission (INEC) announced the delay just hours before polls to elect the head of Africa's most populous nation and members of parliament were to open.

The INEC cited problems in the distribution of ballot papers and results sheets, as well as sabotage, after three fires at its offices in two weeks.

The leading candidates, incumbent President Muhammadu Buhari and challenger Abubakar Atiku, both called for calm, but a population

of 190 million people facing unemployment and extreme poverty took a real financial hit from the decision.

For many, the cost of leaving cities where they work to go home and vote in their native regions is substantial.

Social media was used meanwhile to organise collections for street vendors who had bought perishable items to sell to voters that often wait in long lines.

Reputational cost

The amount ultimately raised was unlikely to make much difference to tens of millions of people who live on less than \$1.90 (Sh190) a day, but it did highlight solidarity not always widespread in the country.

Many businesses, including the critical port of Lagos, had shut down Friday so staff could leave cities before an election-related curfew took effect on Saturday.

Airports and border crossing points had stopped operating as well.

For economist Bismark Rewane however, "the most important cost is the reputational cost. "Investors' confidence will be eroded" and in the long term, when indirect costs were taken into account, the delay might cost the equivalent of two percentage points of national output, he said.

In currency terms, Rewane estimated the possible cost at "nine to \$10 billion."

-AFP



Dulue Mbachu

Why so much is at stake in Nigeria's elections

Almost every Nigerian vote since independence in 1960 has been dogged by varying degrees of conflict and allegations of rigging. That's one reason why the 2015 election that saw Muhammadu Buhari become the first candidate in the nation's history to topple a sitting president through the ballot box was such a watershed moment.

But the former military ruler, 76, has presided over four years of lackluster growth and fallen short on a pledge to quell rampant corruption. His critics nicknamed him "Baba Go-Slow"—a reference to his sluggish response to crises.

His bid for a second term has now been set back by one week, to February 23, when he faces dozens of rivals, the most prominent being Atiku Abubakar, 72, a wealthy businessman, former vice president and alleged kleptocrat of international repute, whose various presidential bids have failed previously.

Various questions arise on the Nigerian situation.

What are the key campaign issues? The electorate's biggest gripes are about lack of jobs and economic opportunities, falling living standards and high inflation. The unemployment rate hit 23.1 per cent in the third quarter of 2018, its highest since 2010. The World Bank estimates almost half Nigerian population of 200 million live on \$1.90 or less a day. The stock market has been the world's worst performer since Buhari came to office. Endemic corruption has been a major concern, as is insecurity typified by conflict with Islamist militants in the northeast, perennial violence in the oil-rich Niger delta and escalating tensions over grazing rights.

Then there are questions about the vote itself. On January 25, Buhari suspended the nation's top judge, heightening concerns about the credibility of the election because the Supreme Court would likely have to rule on any challenges to the result.

What is Buhari promising? The stern former general led Nigeria

briefly in the 1980s as a dictator and unsuccessfully contested several elections after military rule ended in 1999 before finally winning the top job. While voters and pundits alike were optimistic he could diversify the oil-dependent economy, tackle graft, and end a deadly insurgency by Islamist group Boko Haram, his popularity started to wane after falling oil prices triggered Nigeria's first economic contraction in a quarter century in 2016. Investors blame him for exacerbating the slump and deterring investment by imposing capital controls.

He now pledges to bolster spending on new transport and power projects and also increase the minimum wage.

On the other hand, Abubakar, widely known as Atiku, says he'll draw on his experience in the private sector to lift the economy. An admirer of the late Conservative UK Prime Minister Margaret Thatcher, he favours incentives to encourage investment—selling most of the state oil company, floating the naira and removing a price cap that keeps the cost of gasoline in Nigeria among the lowest in the world.

On security, Buhari says he will intensify the battle against Boko Haram and provide the military with additional resources. Abubakar says it's no accident Nigeria's poorest region has borne the brunt of the insurgency, and he'll promote jobs and development there which would make it harder for militants to recruit members.

While Buhari has a reputation for honesty in what ranks as one of the world's most corrupt countries, Transparency International says his war on graft has not yielded the desired results. Abubakar has long been accused of engaging in illicit

practices to amass a vast fortune, an allegation he denies. Abubakar has pledged to shift the focus from "punitive" to "preventive" measures to tackle graft.

Who's likely to win?

An absence of reliable opinion polls makes it difficult to tell, and analysts have mixed views. If no candidate wins outright in the first round, a run-off will be held. The victor must also secure at least a quarter of the votes in two-thirds of the states. In previous elections, the easiest way for a candidate to win the presidency was to corner the votes of two of the country's three main ethnic blocks—the Hausa, Yoruba and the Igbo—and then try to tap into support from other minority groups. This time around, it's a more complicated calculus because both Buhari and Abubakar are Muslim Hausa speakers from the north.

Will the elections be free and fair? That's the perennial question. With state power seen as the shortest route to wealth in Nigeria, elections are hotly contested.

The article first appeared on the Bloomberg

Observers urge calm after poll postponed

Buhari, rival Atiku condemn election postponement attributed to 'logistical' hitches

■ Lagos, Sunday

Foreign election observers have appealed for calm following the last-minute postponement of the Nigerian election by a week.

"We call on all Nigerians to remain calm and support the electoral process", said a statement from EU, UN and African Union representatives.

President Muhammadu Buhari and his main rival Atiku Abubakar condemned the election delay.

The presidential and parliamentary polls will now be held on 23 February.

Election officials cited "logistical" reasons for the 11th hour postponement.

In a press conference on Saturday, the chairman of the Independent National Electoral Commission (INEC), Mahmood Yakubu, said the decision to delay had "nothing to do with political influence".

The foreign observers urged INEC to adhere to its new election date and provide regular updates to the public.

The two main groups, the ruling All Progressives Congress (APC) and the People's Democratic Party (PDP), both condemned the move and accused each other of trying to manipulate the vote.

Buhari, of the APC party, urged Nigerians to "refrain from civil disorder and remain peaceful, patriotic and united to ensure that no force or conspiracy derail our democratic development".

His main rival, Abubakar, called for calm, saying: "I'm appealing to Nigerians to please come out and vote and I'm asking them to be patient about it." In a tweet he said the administration was trying to disenfranchise the electorate.



VOTERS DISAPPOINTED

The presidential and parliamentary votes were rescheduled for Saturday, February 23. The delay was met with anger and disappointment.

In the past two weeks several INEC offices have been set alight, with thousands of electronic smart card readers and voter cards destroyed.

Presidential elections in 2011 and 2015 were also delayed.

ing them to be patient about it." In a tweet he said the administration was trying to disenfranchise the electorate.

Cling on to power

The chairman of the PDP, Uche Secondo, said the delay was "dangerous to our democracy", accusing Buhari of trying to "cling on to power even when it's obvious to him that Nigerians want him out".

In many cases voters reacted with disappointment, frustration and anger. In the

northern town of Daura, Musa Abubakar, who had travelled 550km from Abuja to take part in the election, said he "couldn't believe" what had happened.

Hajji Sa'adatu said she was "greatly disappointed" to learn of the delay when she came out to cast her vote in the northern city of Kano.

"We spent all night without sleeping hoping to vote today," Auwolu Usman, a voter in Maiduguri, told journalists.

Oyi Adamezie, in the city of Warri said: "I see this postponement of the election as a ploy to rig."

Election officials bore the brunt of the anger. The electoral chief, Yakubu, said: "Our decision was entirely taken by the commission. It has nothing to do with security, nothing to do with political influence."

-BBC

Take back jihadists, Trump tells Europe

...as US-backed Kurdish forces continue an assault on last pocket of IS territory near Syrian-Iraqi border

■ Washington, Sunday

European nations must take back the more than 800 Islamic State fighters captured in Syria, President Donald Trump has said, after a delay in announcing what he said would be the end of the "caliphate."

Trump shocked allies in December by declaring the pullout of roughly 2,000 US troops who had been assisting local forces in Syria against IS, whose sole remaining territory is half a square kilometer in eastern Syria.

The pending US pullout set off a countdown for governments whose citizens, having joined IS, were captured by the US-backed, Kurdish-led Syrian Democratic Forces (SDF).

"The United States is asking Britain, France, Germany and other European allies to take back over 800 ISIS fighters that we captured in Syria and put them on trial," Trump said in a tweet Sunday.

"The caliphate is ready to fall. The alternative is not a good one in that we will be forced to release them. The US does not want to watch as these ISIS fighters permeate Europe, which is where they are expected to go."

His call came as US-backed Kurdish forces continue an assault on the last pocket of IS territory on the Syrian side of the Iraqi border.

Logistical puzzle

Once the US-led coalition declares it has taken all IS territories, the White House is expected to withdraw American troops.

When that happens, the risk is high that "foreign terrorist fighters" will escape SDF control, posing a new threat.

For about two weeks, the Trump administration has been pushing its allies to take their citizens home, and the US said it was ready to help in the repatriation, but time has been running out.

Several countries, including



ISIS: RISE AND FALL

01/10/2006: Jihadist group announces the creation of the Islamic State of Iraq (ISI) and in April 2010, Abu Bakr al-Baghdadi becomes its leader.

01/01/2013: ISI begins seizing control of territory in Syria. In April that year, al-Baghdadi changes the group's name to Islamic State in Iraq and the Levant (ISIL or ISIS).

01/06/2014: ISIS conquers a dozen Iraqi cities and seizes Syria's largest oilfield in the Homs province. On 29 June, the jihadist group formally declares the creation of a caliphate and becomes known as Islamic State (IS).

01/09/2014: US begins airstrikes, starting with attacks on the de-facto IS capital of Raqa.

16/02/2019: US President Donald Trump says the jihadist group is close to being defeated, after a battle for the final IS-held territory on the Syrian-Iraqi border lasted weeks.

France, that have chosen to leave the jihadists in SDF detention now confront a diplomatic, legal, political and logistical puzzle.

"We do so much, and spend so much. It's time for others to step up and do the job that they are so capable of doing. We are pulling back after 100 per cent caliphate victory!" Trump added.

On Friday he said announcements on the fall of the caliphate

would be made "over the next 24 hours," but that deadline passed.

An SDF commander said his US-backed forces slowed their advance to protect civilians.

Dangerous skills

The jihadists declared a "caliphate" in large parts of Syria and neighbouring Iraq in 2014, but have since lost all but a tiny patch of territory near the Iraqi border.

Trump's Syria pullout has highlighted the deep trans-Atlantic rift that emerged under his presidency, and the differing views of the two sides were on display Saturday at a security conference in Munich.

A French government source criticised the Trump administration's approach as "we're leaving, you're staying" and added: "They're trying to manage the consequences of a hasty decision and making us carry the responsibility."

Trump's remarks echo those made by the UK's foreign intelligence chief on Friday, who warned that IS is reorganising for more attacks despite its military defeat in Syria.

Alex Younger also told of his concern about jihadists returning to Europe with "dangerous" skills and connections. -AFP and BBC

The US does not want to watch as these ISIS fighters permeate Europe, which is where they are expected to go
—Trump

PUBLIC NOTICE

PHYSICAL PLANNING ACT (CAP 286) AMALGAMATION AND REGULARIZATION OF A CHANGE OF USE

The registered owners of parcel Nos. JUJA KOMO BLOCK 1/3762 AND 3761 located at Tolon Estate Sub County proposes to amalgamate and regularize the parcels of use from Agricultural to multi-dwelling (LOW RISE APARTMENTS), subject to approval by the JUJA Sub County. Individuals, institutions, Members of the public etc. with any comments and/or objections to the proposed site forward them within 14 days of this notice to:

THE DIRECTOR OF PLANNING
KIAMBU COUNTY
P.O. BOX 2344
KIAMBU

| | |
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| KENINDIA INSURANCE COMPANY LIMITED <small>Kenindia House, 10th Floor, Laila Street, P.O. Box 30377 - 00100 G.P.O. Nairobi, Kenya Tel: +254 20 316098, 2214439, 2228755, 2214662, Fax: +254 20 2242515, Email: life@kenindia.com Website: www.kenindia.co.ke</small> | |
| POLICY NOS. P.2009214 IN THE LIFE OF DANIEL M. OBANYI <small>Report having been made to this company on the loss of the above life policy, notice is here given that unless objection is lodged to this company within thirty (30) days from the day of this notice, duplicate policy (in respect of the same) will be issued and shall be considered by the company as the sole evidence of contract for all future transactions.</small> | |
| <small>Dated this 04th day of February, 2019.</small> | |
| <small>SASEENDREN PV, GENERAL MANAGER, LIFE DIVISION.</small> | |

Pope convenes bishops for sex abuse summit

■ Vatican City, Sunday

Pope Francis gathers bishops from around the world at the Vatican this week for a hotly-awaited summit on tackling the wave of child sex abuse scandals assailing the Catholic Church.

The heads of around 100 bishops' conferences from all continents will convene from Thursday to Sunday for the meeting on the protection of minors, with victims' groups demanding that a concrete action plan on fighting paedophilia be drawn up.

The pope, who asked the bishops to speak to victims of abuse in their respective countries before

the Rome convention, has tried to dial down "inflated expectations" for a cure-all.

Several victims were also invited to the Vatican.

"I ask you to pray for this meeting," the pope said Sunday, adding that he wanted the meeting "as an act of strong pastoral responsibility in the face of an urgent challenge of our time."

The conference aims to be an opportunity to improve awareness of the global phenomenon of sexual abuse of minors within the Church, despite many in Africa, Asia and the Middle East being in denial of what they call "a Western problem".

-AFP

Media hostility worst in Libya, shows report

■ Tripoli, Sunday

has reached new heights."

Crimes against media workers take place in "silence and the criminals enjoy total impunity", the report said.

The report was released to mark the eighth anniversary of the 2011 NATO backed uprising that toppled and killed Muammar Gadhafi.

Since then, at least 19 journalists have been killed while there have been "several cases" in which journalists were abducted, tortured or forcibly disappeared, the report said.

Libya has been mired in chaos since Gadhafi's fall.

-AFP



May urges Tory MPs to unite, back Brexit deal

■ London, Sunday

The prime minister is trying to secure changes to the Irish backstop, an insurance policy designed to avoid a hard border between Northern Ireland and the Irish Republic after Brexit.

In a letter to all 317 Tory members of Parliament, the prime minister said "history will judge us all" over the handling of Brexit.

It comes after the government suffered a defeat in a vote on its strategy.

May says in the letter she will return to Brussels to meet European Commission President Jean-Claude Juncker next week.

She will also speak to the leaders of every EU member state over the coming days, she says.

The plan is widely disliked by members of her party, who fear it will mean the UK will stay closely aligned to the EU for years to come, without Britain being able to end the agreement unilaterally.

"I do not underestimate how sincerely colleagues hold the views which they do or that we are all motivated by a common desire to do what is best for our country, even if we disagree on the means of doing so," she wrote.

-BBC

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Business Hub

Merchants protest lifting of macadamia harvesting ban

Association warns nuts are yet to mature but brokers lure farmers with quick cash

by Wangari Njuguna
@PeopleDailyKe

The Nut Traders Association of Kenya (Nutak) wants the ban on harvesting macadamia extended by one more month to allow the nuts to mature completely and ensure farmers get good prices for the commodity.

Nutak chairman Johnston Kihara said the move by Agriculture and Food Authority (AFA) to lift the ban on February 15 was ill-advised proposing that it should have been extended for one more month even has brokers tempt farmers to harvest immature nuts.

He said nuts have not fully matured and farmers might end up incurring huge losses due to premature harvesting.

According to Kihara, the nuts should not be picked from the tree instead they should fall to the ground when ready.

And as processors rush to fill their stores with the nuts, Kihara said many farmers will be lured to pick the nuts so that they can sell to make quick cash.

He said they had proposed that the nuts be sold at Sh300 per kilo but it appears this might not be possible.

"Brokers are rushing to farms to lure farmers with quick cash and they are telling them to even harvest immature nuts" he said.

The brokers, he said, have been



buying nuts for as low as Sh50 per kilo and Sh100 on the higher side.

Kihara said the association had tried to negotiate with AFA over the harvesting dates without success.

The association warns that if harvesting continues the sector could be

headed for a collapse pointing an accusing finger at some processors and brokers out to fleece farmers.

"Even when the ban was effective, some processors were buying nuts at night and this gave rise to theft from farms," Kihara said.

Outlawing exports

Kenya produces approximately 70,000 tonnes of macadamia every year but close to half of this is smuggled out of the country in raw form despite Section 43 of the AFA Act 2012 outlawing exports of unprocessed nuts.

Kenya is the third largest macadamia producing country globally with

Australia and South Africa taking the first and second positions respectively.

Last week, the Macadamia Growers Association set the price of the nuts at Sh170 per kilo.

The farmers led by their chairman Edward Mwiwai said no farmer should sell their nuts for anything less than the set amount and also insisted that processors should go to the designated centres to buy the nuts.

This, he said, shall give farmers bargaining power to drive prices up.

"We have set the minimum price to ensure we get good returns from our produce and protect exploitation from brokers" said Mwiwai.

—Reuters

Ethiopia signs pipeline deal

GAS: Ethiopia and Djibouti have signed a deal to build a pipeline to transport Ethiopian gas to an export terminal in the Red Sea state, officials said.

Ethiopia found extensive gas deposits in its eastern Ogaden Basin in the 1970s. China's POLY-GCL Petroleum Investments has been developing the Calub and Hilala fields there since signing a production sharing deal with Ethiopia in 2013.

The agreement between Djibouti and Ethiopia comes more than a year after POLY-GCL signed a memorandum of understanding with Djibouti to invest \$4 billion to build the natural gas pipeline, a liquefaction plant and an export terminal to be located in Damerjog, near the country's border with Somalia. It was envisaged that production would start last year, but the Ethiopian government said that was now likely to happen in 2020.

—Reuters

US-China trade talks break up

ROW: Trade talks between the US and China have broken up without a deal, with the US warning that "very difficult issues" remain unresolved.

The talks in China this week were aimed at securing a new deal before further US tariffs are imposed on March 1.

China said negotiations would now continue in the US next week.

"We feel that we have to make headway on some very, very important and very difficult issues," said top US trade negotiator Robert Lighthizer.

However, he said he was "hopeful" of progress. President Xi Jinping said he hoped talks next week would "continue to work hard to promote a mutually beneficial and win-win agreement."

The two countries have been locked in an escalating trade war, imposing duties on billions of dollars worth of one another's goods.

—BBC

Sh170

Nuts buying price
set by Macadamia Growers Association to protect farmers from brokers

from local revenue sources.

Out of the proposed recurrent expenditure, personnel emoluments kitty will get the highest allocation of Sh 5.5 billion. Salaries and allowances for doctors, nurses and other health service providers will get the highest allocation of Sh 2.2 billion. Employees in the finance and economic department will get Sh 650 million.

The county expects revenue will increase from Sh13.5 billion in the current financial year to Sh 14.6 billion. Sh10.6 billion of the estimated revenue will come from the exchequer while Sh 4 billion will be collected

Sh14.6b

Projected revenue
that the Mombasa County Government expects to get in the 2019/20 fiscal year

which will be allocated about Sh 640 million.

However, civil society groups have opposed the draft fiscal strategy paper saying residents were left out in identifying priority projects.

Governor Hassan Joho was criti-

cised for spending over three quarters of county annual budget on wage bills at the expense of development projects. The civil society groups which included Muslims for Human Rights (Muhuri), Mombasa Governance Network as well as a section of residents blamed Joho of having his "priorities upside down" by allocating "too little to development."

Speaking during draft fiscal strategy paper forum at Tononoka hall, Mombasa Governance Network leader Zedekiah Bika wondered why the county's recurrent expenditure had continued to grow instead of prioritising

spending on development projects. "We need to seek more than half of the county revenue being allocated to development but not paying salaries and allowances," Bika said.

He said it will be difficult for the county to achieve meaningful growth if most of its revenue is spent on paying salaries and allowances to employees.

County assembly has been allocated Sh 683 million with half of the allocation going towards payment of salaries of the members of county assembly and staff while the rest will go towards operations and maintenance of the assembly.

Uproar as Mombasa plans to spend Sh10 billion on salaries

by Murimi Mutiga
@murimimutiga

Mombasa county government plans to spend Sh10.1 billion on payment of salaries and allowances in the 2019/2020 financial year according to a draft fiscal strategy that has caused uproar among residents and civil society groups.

The county expects revenue will increase from Sh13.5 billion in the current financial year to Sh 14.6 billion. Sh10.6 billion of the estimated revenue will come from the exchequer while Sh 4 billion will be collected



Jumia managing director Sam Chapatte (right) presents a dummy cheque for Sh1 million to Mohamed Ali after participating in the Jumia 'Beat Njaanuary' campaign held between 21 and 27 last month.



Car and General chief executive officer Vijay Gidoomal (right) and Cummins sales and marketing analyst Winfred Wanja cut the cake to mark Cummins 100th anniversary.



Coca Cola Kenya Manufacturing Director Duncan Kimani presents a certificate to Paul Wesonga who was the top student in the Mechatronics Apprenticeship programme. Ten students graduated last week from the Nairobi Bottlers Ltd Center of Excellence having acquired technical vocational skills .



Ngong Hills Hotel general manager Grace Ogolla (left) and marketing manager Martin Wambugu (second left) watch as Dennis Anangwe and Virginia Nzioka lift a cake during the hotel's Valentine's "Guess my weight and take me home" competition in which couples were tasked to guess the weight of the cake.



Joseph Omondi (centre) from Kisumu was the happy winner of one of the three Volkswagen Polo Vivo cars in the on-going Loop Up and Drive Promotion draw conducted by Commercial Bank of Africa (CBA). He received his prize from CBA Head of Business Management Angela Muriuki (left) and DT Dobie managing director Ian Middleton (right).



National Treasury Cabinet secretary, Henry Rotich (left) engages with European Union Ambassador to Kenya Stefano Dejak during the Seventh African Fiscal Forum on Leveraging Fiscal Policy to Manage Risks and Support Inclusive Growth in Nairobi last Thursday.
PHOTO:ALICE MBURU



Kenya Wine Agencies Ltd (KWAL) managing director Lina Githuka (left) toasts with Charles Kamau, the longest serving employee, having worked at the firm for 40 years during KWAL's 50th anniversary celebrations.

I can't have a conversation with my wife

Hi Achokis. I have been married for seven years. My problem is that whenever I engage my wife in a conversation it always ends up in a yes/no kind of thing. I'm getting frustrated. Why is it hard to sustain a discussion with my wife? How can I make her have a good conversation with me?



CITYMAMACITA
WITH CATHERINE NJIRU

So this group was discussing slay queens and how these girls have butter for brain. Ati these girls spot the newest clothes, bags and jewellery, but you won't see them in anyone's office. They don't work. They'll tell you what the Kardashians wore yesterday and how to make that high cheek illusion not forgetting how to get your brows on fleek, but they can't tell you whether *amicus curie* is court terminology or a club in Westie.

And so I ask, are we trying to trash these girls for being trendy? Who said because I put on layers of

Slay Queen? Keep slaying mama!

make-up, I can't tell whether *New York Times* is a newspaper or time zone, who? Just because I slay on Instagram with my newest Umberto Raffini shoes doesn't mean I didn't slay in class (academics).

Ati the money she spends definitely comes from a sponsor. Maybe her boyfriend, her husband, or someone else's boyfriend or husband. Her father, but eeee... no that's most unlikely. Some of these girls actually 'got their own'. No please, don't bring up that 'how do they earn their money' business, because *kazi ni kazi*. Call them

sluts, hookers, socialites, escorts or whatever you may, but they're living their life the best way they can. Who are we to judge? Whether she depends on the men in her life to make her Instagram life jam isn't your business.

That notwithstanding, I think every woman should care about how she looks and not be judged. No matter how shallow and unfair it is, attractiveness factors into most parts of our lives. Let's face it, when you look good on the outside, you feel good on the inside. Someone said 'In this economy, looking good

isn't just vanity, its economic survival,' I agree.

For the slay queen, keep slaying mama. I can't imagine Instagram without you. As much as proudly bearing the crown may feel burdensome at times, that doesn't mean we still can't look damn good while doing so! Whether it's the heels, gully creep until you can't anymore and when it gets there, pick them up and slay barefoot. Botox or not, carolite or not... it's your choice.

Let the queens around you know that they're killin' the game with the slay queen card!



The ACHOKIS

Barnabas & Grace Achoki are marriage and relationship coaches.

barnieachoki@gmail.com

OUR TAKE

Thanks for your question. It is indeed difficult to have a conversation with somebody if your conversations have been reduced to monosyllables. Normally, it is men who respond like this as women generally talk so much. But in your case it's the opposite.

There could be many reasons for this. First, it would be important to find out what kind of conversations you have with your wife that makes her unresponsive. Is it matters of finances, your family or topics that she is not interested in? Secondly, it could be that she's been hurt in the past when she tried to voice her opinion. You probably belittled what she said, or didn't listen to her. When a woman gets to that point when she feels her opinion doesn't count, she will just keep quite or agree with you even though deep inside she may have her own reservations. It could also be that you have always bulldozed your way through your conversations, never allowing her to express herself on any matter.

So, you need to first look inward before you accuse your spouse of making it hard for you to have a conversation with her. You may need to check your attitude, and ensure that your approach is right. How you begin a conversation will determine which way that conversation goes. If you begin by attacking, accusing or judging your partner, they will most likely react in one or two ways. Either they will hit back at you ending in a conflict, or they will recoil inside and not talk at all only responding by saying yes or no. So, check your approach.

Secondly, ask questions instead of just talking. But when it comes to asking questions, don't ask leading questions or questions that judge someone's motives such as, why did you do that? Don't also ask close-ended questions that have a yes/no answers. Instead of asking, "Did you pay the bill?" why not frame that question in another way that will open up the conversation. A question like, "What was your experience doing that?"

Finally, learn to listen well. Don't interrupt or hijack your spouse's stories. Try to have conversations that are relaxed. Talk about what interests her and not just you. When she shares her stories, encourage her by asking her to tell you more. Become interested in what is important to her not just what is important to you. If you do that, you will be amazed at the kind of conversations you will end up having with your wife.

TWOINONE

Of love that stands the test of time in marriage

So, Valentine's Day came and went. Love was in the air as many couples painted the city red. Many, especially the women, would wish this would continue for the rest of the year. But we all know life happens. So how can we stay in love?

Before answering that question, it is important to note that there are three kinds of love; agape love, which is the unconditional love, eros love, which is sexual, romantic and feeling love and phileo, which is the friendship love. What we experienced during Valentine's was the eros love that elicited those good feelings. That's what initially attracted us to each other and we hoped it would be like that throughout our relationship.

However, it's important that couples have phileo love. My wife Grace, always advises young people that if you want to get married, make sure you marry a friend. Don't just get hitched to someone you love (eros love), but you don't like (phileo love). We want to hang around with people we like and so often I see couples who don't enjoy each other's company. They are not friends, they have no common interests.

According to *The Love Dare*, phileo and eros love are more responsive in nature and can ebb and flow based upon feelings. Agape love on the other hand is selfless and unconditional. It is what you meant when you said "I do". It is only by agaping each other that love will last a lifetime. Truth is, if your reasons for loving your spouse, all have something to do with his/her qualities, what happens when those qualities suddenly or gradually disappear? Your basis for love is over. Love should not be determined by the one being loved, but rather, by the one choosing to love.

Both friendship and romance have an important place in marriage, but if your marriage totally depends only on those two, then the foundation of your relationship will be unstable. Nobody can maintain a burning desire for togetherness just on feelings. But it's also difficult to love someone only out of obligation. So, for two to remain one, all the three loves must be present.



Tip of the week

Families are messy. Immortal families are eternally messy. Sometimes the best we can do is to remind each other that we're related for better or for worse...and try to keep the maiming and killing to a minimum.

- Rick Riordan



@lovechildkenya

After two decades in the USA, popular Kenyan music band **Jabali Afrika** has returned home for more song and dance. They tell their story to Love Child

JABALI AFRIKA: AMERICAN

Ni metembea sijamuona msichana kama Aoko... This is one of the most famous lines in arguably Jabali Afrika's greatest song of all time, Aoko. Teenage Kenyan music fans — and most certainly those in their early 20s — may not resonate with songs by one of the continent's most iconic Afro-rock jam bands, but the journey by the legendary ensemble reads like a fairytale.

After bolting out due to unresolvable differences, former members of Kenya National Theatre (KNT) Dance Troupe formed Jabali Afrika on February 12, 1993. Justo Asikoye, Peter Mutua, Josek Asikoye, Evans Chagala, Victor Savana Elolo and Robert Owino threw in the towel to chart their own way, but one would wonder why this powerful troupe split even after making a serious musical impact in the country and beyond.

"We wanted independence, freedom and space to express our creativity in a more profound manner. Our decision to break away wasn't that easy because we had already established ourselves at KNT, but we had to make a decision anyway," says Justo Asikoye, 48, one of the most recognisable faces of Jabali Afrika.

The name 'Jabali Afrika' was birthed at a meeting the splinters held at a rock within the KNT precincts. And one of the most daunting aspects of starting something new is the possibility of failure and it was no different from the new music outfit.

"There is this big rock just outside the Kenya National Theatre auditorium where we held meetings most of the time and when the time to break-up came, we decided to name our band after the rock. That rock (jabali in Kiswahili) is still there to date. Sometimes, the strongest resistance to starting something new comes from the resistance to change. But if you have a routine or ways of doing it, then you are on your way to win," Justo tells Spice.

Jabali Afrika, arguably the first band to print a

compact disk (CD) in Kenya, flex their muscles and slowly made inroads musically across the country. In just six months after its formation, the ensemble was already performing in some of the biggest music events around. In 1994, their freedom and independence started to bear fruits when they got an opportunity to travel to Sweden to perform in three cities; to be precise, Stockholm, Norrköping and Linköping.

It was during the Sweden trip that the band learned a lot about music and copyrights.

"Immediately after jetting back from Sweden, we received a cheque from our hosts and we had no idea what was it for, until they told us the money was for royalties from our concerts there," says Justo, who by then didn't know royalties were the sums paid to copyright holders when their creations were sold, distributed, embedded in other media or monetised in any other way.

THE DREAM

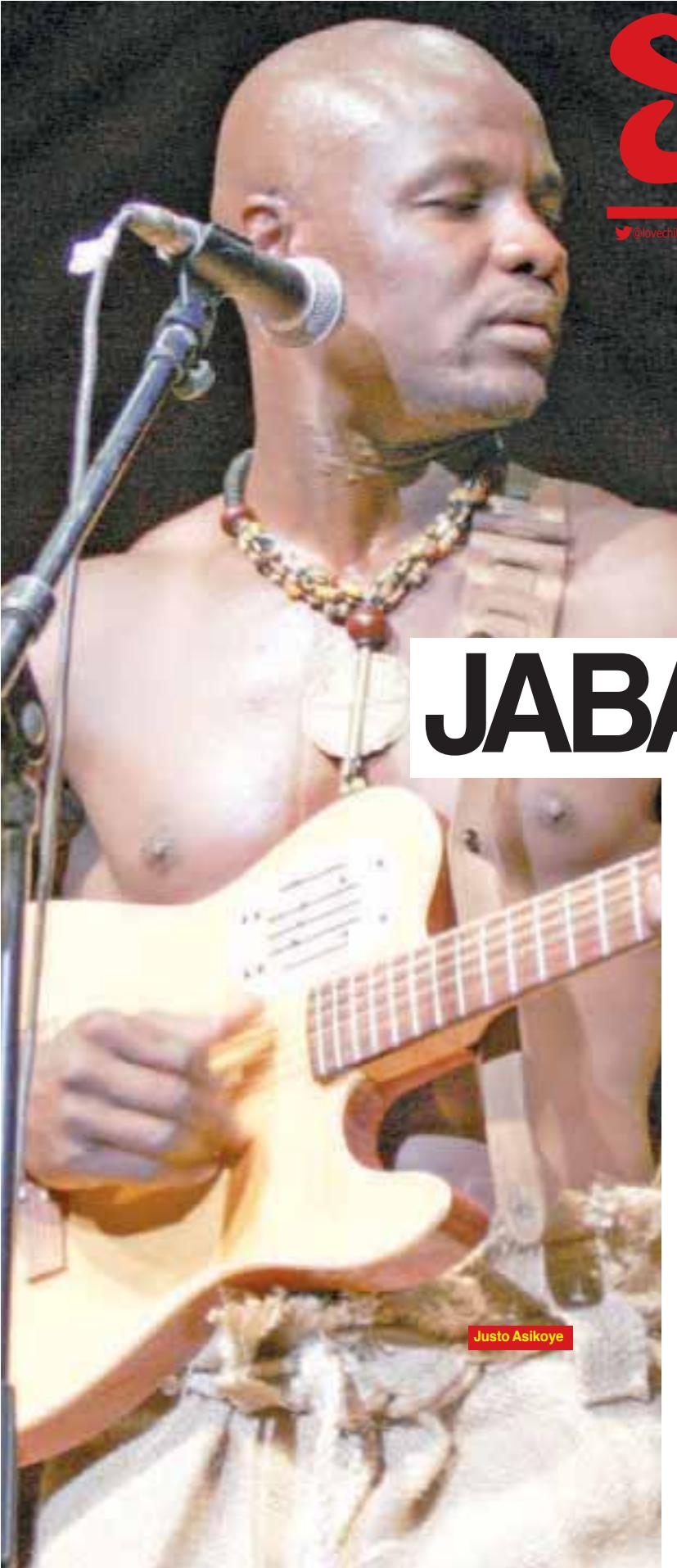
They say if you dream getting awarded, it is a sign that you are going to be part of the winning pact. Jabali Afrika had a dream to carry Kenya's flag to many high places. Though to them, winning people's hearts was a victory in itself a factor that helped them win the *Carnivore Star Search Competition* the same week they returned from Sweden.

The competition was the biggest event in the country then where the winner walked away with Sh30,000, among other prizes. Against all odds, the band won the fiercely contested battle against music heavyweights Ted Josiah, Eric Wainaina, Pete Odera and the late Sally Oyugi, among others.

Josek says: "Despite our Sweden tour hangovers, we did an amazing job and wasn't surprised when Jimmy Gathu, the event emcee, made the big announcement."

From that moment, things started falling in place for the group, which had been nicknamed 'Osibisa Band' due to their forceful music influence in the country then. Osibisa Band is a

Justo Asikoye





Jabali Afrika on stage.

AFTER THE DREAM

Ghanaian Afrobeat band that was founded in London in 1969 by four expatriate African and three Caribbean musicians. The group was famous in London, across Europe and major cities in the world.

During our interview, Justo took me back to 1979. Alan Donovan, the director of the African Heritage had formed a band named after the famous art institution. African Heritage band was made up of some of Kenya's best musicians of that time, among them the late Ayub Ogada, Gido, Samite and Jack Odongo. They were known for their finest African rhythms enriched with soul and jazz. However, the band did not last long, breaking up just a few years after its formation. Soon after the break up, Donovan was on a mission to sign new band members.

"He saw us perform with a troupe called Danjo Dancers and immediately fired the Congolese band that had taken residence at the African Heritage base. In fact, Donovan signed us on the sidewalks of Kenyatta Avenue. After getting signed, he promised he would take us to a European tour, but we didn't take it seriously. We were skeptical about it because it was just a promise. Donovan had no assurance about it too," Justo recalls.

AMERICA CALLS

The promise became a reality not long after, in 1995. The band was off to Europe for a month and thereafter to United States. In Europe for the first time, the band performed in cities such as Frankfurt, Hamburg, Munich, Leipzig, Vienna, Valden and Berlin. After the tour, the group didn't return home, but flew over to United States.

"We informed our girlfriends back in Kenya to move on with life because we were to take the longest time possible before we could come back home. Ha-ha-ha," chuckles Joseck.

It was challenging settling in a whole different new country for the young Kenyans, they remained defiant. However, it reached a point the 'center bolt' couldn't hold anymore weight. Justo says: "I'm grateful to our elder brother



Jabali Africa perform at an International Monetary Fund event in Washington DC.

Luke Asikoye who gave us accommodation in New York and supported us kindly for six months before we could land our first gig. In reality, we were starting from zero."

After the six months they left New York for Pittsburgh, California, in search for greener pastures. However, as they settled, band politics erupted. Some members were already losing patience and started getting frustrated for the lack of musical progress. Peter Mutua and Evans Chagala left the group to pursue other interests. The band made a decision to replace them with Dumisizwe Bhembe.

THE BREAKTHROUGH

In 1996, few months after settling in Pittsburgh, their biggest breakthrough finally took shape: "There was an award winning TV show that was so huge in America called Mr Rogers Neighbourhood. It was a children's programme with global viewership. We were not properly invited, but when we took to the stage, everybody loved what we showcased," says Justo.

After that show, Jabali Afrika recorded a lot

of bookings, averaging to 250 every year that followed. They got opportunities to perform in all American States except Alaska and Hawaii, sharing stages with artistes such as Joseph Hill, Maxi Priest, Buju Banton, Ziggy Marley and other musicians from Bob Marley's lineage. Jabali Afrika proceeded to release eight albums in US, with the single Aoko from the Journey album becoming their greatest hit ever.

After spending 20 years in America dotted with varying experiences, Jabali Afrika finally decided it was time to go back home.

"I decided to come back home to set up a culture hub, which I will launch soon, as a way of giving back to the society. The hub will be a one-stop music house with a focus on giving professional trainings to up coming music talents. We have expert professionals in many levels of this art including lawyers," Justo told Spice.

In readiness to the launch, they have signed a number of artistes including Kipsang Tobby, Sharon Liboi and Achieng Guyo, who will act as panelists for other in-coming talents.

Stop being accomplices to sin, comrades!

@michael_muraya

CAMPO RAGE

Dear comrades, today I come to ye, dear brethren, as a preacher! Hear thee my words, oh ye sinners that tread the corridors of Kenyan universities. Today, I seek to speak to a special category of sinners, not your usual campo malefactors; the laptop thieves and the like. Those are beyond redemption. My message is directed to sinners I call 'accomplices'.

I believe all of you have heard about this 'lit' place called hell; the sea of fire and brimstone where sinners shall be barbecued for days without end. Having that in mind, I pose the question; would you voluntarily make yourself an ingredient for everlasting barbecue? Definitely not. Then, comrades, why do y'all keep on being accomplices to sins?

I am preaching to hostel roommates who vacate the room when one of the comrades gets a visit from their girlfriend. You know very well that you are not giving the lovebirds privacy, so that they can kneel and pray together. You are much aware that the noises that will emanate from the hostel after you leave will not be songs of praise and hymns of worship. You voluntarily gave room to two sinners to eat the forbidden fruit and happily walked around saying your roommate has 'exiled' you. What does that make you? An accomplice! You will be exiled in heaven too!

My message of redemption is directed to those ladies who help their roommate dress up on Friday evening, so that she can look dapper when she goes to meet her sponsor. You are much aware too that you are dressing a marriage wrecker. You adjudicate looks, suggest outfits and at times, even lend a dress, so that she can hit town with someone's husband. Are you aware that his wife has been spending sleepless nights crying out to the heavens because of her husband's misadventures? But there you are, every day, being a fashion judge, so that the home wrecker walks out of the hostel looking charmingly alluring like the witch she is. Do you know what that makes you, dearest fashionista? An accomplice! The same way you say "you look hot" after you are done dressing the marriage wrecker, is how you'll be describing the situation as both of you dance in the hot inferno of hell!

Do not allow your Visa to eternal life be revoked because you assisted a sinner. Lovebirds can't wait for marriage and need the room for their sensual escapades? That's not your problem, stay in the room! Your roommate can't get the perfect outfit to go see her sponsor? That's their problem! Let everyone carry their own cross (bad reference but you get the point). Stop being accomplices to sins that aren't yours. Imagine being roasted in hell, next to serial killers and hardcore sinners, just because you excused some two people to 'do their thing'. Harken! Because I verily say unto thee, people shall wail and gnash their teeth!



Starehe MP Charles Njagua, Kirinyaga Woman Rep Purity Ngirici and Supreme Court Judge Njoki Ndung'u.



Anti-jigger ambassador and former Miss Kenya Cecilia Mwangi.

STANLEY ON FIFTH FLOOR



Musician Ben Githae (right) entertaining guests.



Carolyn Wanjiro of Red Ray Marketing, Victoria Waithera of Innovative Glass and Joyce Marion of ShineonVentures.



Ahadi Kenya Trust CEO Dr Stanley Kamau (third left) receives a birthday gift of his caricature from members of his organisation.

Cutting the cake to mark half a decade of life.



Kenya Trust director Nyokabi Kenyatta enjoys moments at the celebration party.



Gospel singer Betty Bayo serves some soul nourishment.



PROMOTING LOCAL CONTENT

Music Inspiring Assessment (MIA) Survey 2019 launch took place recently at the Kenya Cultural Theatre auditorium in Nairobi. The red carpet affair was graced by both established and up-and-coming artistes, with performances by Ben Githae, Pizo Dizo, Ole Willy, Wisdom and L-Jay Maasai. The survey will serve a crucial part in helping artistes understand music market's taste and preferences and marketing techniques to connect with their audience. The 30-day survey aims at celebrating and promoting local content. Representatives from several collective management organisations were also present.

TEXT AND PHOTOS: GERALD ITHANA

Mobi Poll director Benson Nderitu.



Rapper Pizo Dizo electrifies the house.



Music Copyright Society of Kenya chairman Japheth Kasanga.



Singer Ben Githae belts out uplifting kigooco sounds.



Singer L-Jay Maasai makes entry with some Maa vibe.



Performers' Rights Society of Kenya board chairman Ephantus Kamau with his CEO Joseph Njagih.



Artiste Emmah Omonge with DJ Rimshot.

Ahadi Kenya Trust CEO Dr Stanley Kamau recently celebrated his 50th birthday at his former school, Karung'e Primary School in Mathioya, Murang'a. A thanksgiving church service was presided over by Karung'e ACK Trinity Church Vicar Richard Nduati. Dr Kamau used the occasion to call on politicians to shun pre-mature politicking and serve Kenyans. The anti-jigger crusader donated Sh1 million to the school and promised to renovate the library. Attending the event was his parents Maina Gathiu and Serah Wanjiku, Supreme Court Judge Lady Justice Njoki Ndung'u, Kirinyaga Woman Rep Purity Wangui Ngirici, former Miss Kenya who is also an anti-jigger ambassador Cecilia Mwangi and gospel singer Betty Bayo, among others.

TEXT: ELLY GITAU
PHOTOS: JOHN OCHIENG

ten

EPL legends who recently became coaches

1. Steven Gerrard (Rangers)

Probably the one that has surpassed expectations, Liverpool legend Steven Gerrard threw himself into the deep end when he accepted to manage Scottish Premier League giants Rangers. Gerrard was tasked with restoring the club's past glories after their recent struggles which have seen arch-rivals Celtic win every title available. Stevie G as he was popularly known has taken the role as fish to water as Rangers are currently second on the table, six points behind Celtic and for once making the title race look competitive. He also endeared himself to the club's faithful when he won one of the Old Firm derbies, beating Celtic 1-0 in December.

2. Frank Lampard (Derby County)

Chelsea's top scorer of all time, three-time Premier League winner, four-time FA Cup champion and a Champions League crown to boot, Frank Lampard's CV is glittering. After retiring from the game in 2017, Lampard took on some punditry roles while serving as a youth team coach at Chelsea before his big break last May when English Championship club Derby County came calling. It has been an impressive ride so far, with The Rams seventh and in the promotion race after 14 wins, eight draws and as many losses from 30 games.

3. Phil Neville (England women)

A six-time EPL winner with Manchester United, Phil Neville is among the 'Class of 92' that came through the youth ranks to form part of the Red Devil's glorious past. Neville had some coaching stints notably with Valencia where he served as assistant coach under three different managers before landing the England Women's job in January last year. He has won five of his eight games with the national team and believes England have the chance to lift silverware in the next two tournaments -this summer's World Cup in France and Euro 2021 on home soil.



4. Thierry Henry (Monaco)

Not all great players make great coaches and Thierry Henry discovered that the hard way when he was sacked by boyhood club Monaco last month after three-and-a-half months in charge. Tasked with leading his former side out of trouble, Henry managed just two wins out of 12 league games, leaving them 19th on the 20-team table and was sacked last month only to be replaced by the man he took over from, Leonardo Jardim. Henry enjoyed a glittering playing career most notably with Arsenal where he won two EPL titles and scored 226 goals, the most by any player at the club, before signing for Spanish giants Barcelona and later MLS side New York Red Bulls.



5. John Terry (Aston Villa)

Following a successive career that saw him rack up over 750 appearances for his boyhood club Chelsea while winning five EPL titles, John Terry hanged his boots last year to get into coaching. When Aston Villa appointed Dean Smith as their new head coach in November, former England and Chelsea captain Terry was installed as his assistant. Terry, who spent last season with Villa, was to offer more leadership in the dressing room as he cuts his teeth alongside Smith. It has not been smooth-sailing, however, as Villa are 10th on the table.



Several English Premier League legends have tried their hands at management over the years with some succeeding and others failing. However, this season has seen an increased number joining the fray with Paul Scholes the latest. So how have they fared so far?



8. Joey Barton (Fleetwood Town)

Controversial midfielder Joey Barton got his first job as a manager when he agreed to take over League One side Fleetwood Town before the start of this season. Barton was still serving an 18-game ban from football for betting offences and had been working as a radio pundit during his time out of the game. The former Manchester City, Newcastle United, QPR, Marseille and Burnley midfielder agreed a three-year contract and has so far managed 12 of 32 matches to lie ninth on the 24-team table. One of the dirtiest players in the game, controversy still stalks Barton and he has already been involved in fist fights and fined for criticising a referee.

6. Sol Campbell (Macclesfield Town)

In November last year, English League Two side Macclesfield Town appointed former Arsenal centre-back Sol Campbell as their new manager. In what is Campbell's first managerial role, the ex-England defender was handed an 18-month deal. Campbell had been assisting with the England Under-21 squad before he was given the responsibility to try to change the fortunes of the club who were bottom of the Football League at the time. Campbell, who won two top-flight titles and two FA Cups with Arsenal, has won five, drawn three and lost five of his 13 league matches in charge, lifting the Silkmen off the foot of the table.



7. Michael Carrick (Man United)

Veteran English midfielder Michael Carrick, 36, retired at the end of last season and joined Jose Mourinho's coaching staff at Manchester United at the start of the current campaign. Carrick spent 12 years at United and won five EPL titles but had found playing time limited before a minor heart surgery in 2017 forced him to retire. He was one of Mourinho's assistants before the Portuguese was sacked last December but retained his role when Ole Gunnar Solskjaer was installed as interim manager.



9. Paul Scholes (Oldham Athletic)

The latest entrant, Paul Scholes became the fifth 'Class of 92' member to try his hand at management after Oldham Athletic unveiled him as their new boss last Monday. The former Manchester United and England midfielder has been itching to get back into the game and did speak to Oldham about taking over last season. Considered the best midfielder of his generation, Scholes played over 700 games for United in a career spanning 19 years, winning 11 EPL titles and scoring 155 goals. He got off to a good start when Oldham thumped Yeovil Town 4-1 in a league tie last Tuesday.



10. Shay Given (Derby County)

English Championship side Derby County appointed former Newcastle and Manchester City goalkeeper Shay Given as their head goalkeeping coach when Frank Lampard took over. Given, who won 134 caps for the Republic of Ireland, joined Lampard's backroom staff last July and has been working with the club's goalkeepers Scott Carson and Kelle Roos.

Take off



THE GURU

Nominated senator **Sylvia Kasanga**, a mental health advocate, has sponsored a bill in Parliament to help raise awareness on

by Barry Sila
@BarryObel

Who is Sylvia Kasanga

I am a practising Architect and Arbitrator. I am a Royal Institute of British Architects (Riba) Chartered Architect, and an arbitrator with the Chartered Institute of Arbitrators UK and Kenya. I hold an undergraduate degree in Architecture from Jomo Kenyatta University of Agriculture and Technology (JKUAT) and Master's Degree in Business Administration from United States International University - Africa (USIU-A). I have a 15-year professional experience in the construction industry, and a founder and managing director of Sycum Solutions Company Ltd, an architectural firm based in Nairobi. Currently, I am a nominated member of Parliament in the Senate, representing affirmative action, as well as an active advocate for the construction profession.

Why then an interest in mental health awareness for you?

I feel saddened by the rate of desperation particularly from the youth that drives them to mental breakdown. The statistics are staggering and this gave me a kick to pursue it from the floor of the House and from a position of influence. There is too much pressure on the young to belong and feel appreciated, which drives them to the wrong end of things. To me the situation as it stands should be declared a national disaster because its management has been far from satisfactory. Mental health cases are growing by the minute thus as a society, we should be very worried. There is general stigma and ignorance around mental health whereas it can be well treated if diagnosis is right and timely.

Are stakeholders vocal enough about the problem?

I think what we lack is a clear framework to take on the issue



Ray of hope for the mentally ill



ABOVE: Senator Sylvia Kasanga with a group of schoolgirls she mentors through her LeadLikeAGirl campaign. RIGHT: Kasanga talks to participants at a forum. LEFT: She is flanked by Senator Mutula Kilonzo Junior at the Senate buildings. PHOTOS: COURTESY

In order to save the current issue as it is?

The new bill is wide and comprehensive in every sense of the word. It points out the key areas of concern and how to improve the status. We want to see a mental health board set up under the Ministry of Health, which will be in charge of policy development and licensing of practitioners in the field of mental health. I have also pointed out the concerns of having proper resourcing and funding to organisations and institutions so that our people can be properly treated. If the bill sees the light of day, then I can promise we should expect a huge change in the sector, which in my view has been neglected. I think the most important thing is to recognise that we have an obligation as a society to make and do good. This is a conversation

that cannot stop and that is why the Health Act 2017 mandates the discussions around health legislation.

The bill also addresses key issues such as education, outreach and infrastructural support. We have to remember that there are different stages and ailments attributed to mental health and this is why we must be systematic and specific to how we address those areas.

How bad or grim are the numbers and how best can this be nipped?

Kenya's mental health problem is actually getting worse by the day and this is primarily because we have poor assessment initiatives even at base level. According to World Health Organisation statistics, one in four people are likely to suffer from a men-

RANDOM SENSE WITH EVELYN MAKENA



Alarming gap between rich and poor

@evelmake_g

There is a gaping wealth disparity between the world's poor and the rich. While the fortunes of world's billionaires continue to grow everyday, the poor are getting poorer. This is according to a new report by Oxfam International. The Wealth Inequality report was released during the World Economic Forum annual meeting, held in Davos, last week. Oxfam notes that governments are aiding the inequality by under taxing wealthy individuals and corporations. By doing so, basic services such as healthcare and education are underfunded and the poor are hit the hardest.

In 2018, 26 people owned the same as 3.8 billion people who make 50% of the global population

10,000 people die everyday because they cannot access affordable healthcare

0.25tr

Shillings per day the wealth of the world's billionaires grew last year.

Only 4 cents

in every Sh100 of tax revenue comes from the taxes on wealth.

Men control 50% of the world's wealth more than women and control more than 86% of corporations.

In Kenya, a girl from a poor background has 1 in 250 chances of advancing her education beyond secondary school

tal disorder at some point while five in six Kenyans with mental illness do not receive any treatment. There is also three times likelihood of a Kenyan man committing suicide than a Kenyan woman, which should worry most of us. Kenya is currently ranked sixth in Africa in number of depression cases at about two million people. Nigeria leads the continental numbers with seven million affected. Globally it is an even more sorry state because at least 300 million folks are affected, especially with depression, which is the most common mental disorder. Bipolar cases around the world are pegged at 60 million, while dementia is at 48 million. This tells us clearly that we must invest on treatment as a priority area.

What were some of the challenges you faced while putting this bill together?

Most of it was from the fact that I got criticised by practitioners who thought I was out to drive them out of business. Ideally, I want to help clean up the mess by introducing alterations to the previous Bill that was under the old Constitution and not as comprehensive and was not as connective.

Indeed, I also noticed there is a serious gap in quality care centres and the doctor-patient ratio is incredibly off-balance. However, for me, the biggest issue was the fact that some people were too scared to talk about the issue, it means that stigma continues to mess us up as a society.

In Kenya, 5,250 women are diagnosed with cervical cancer every year, with 3,286 of them dying of the disease, usually detected when it is almost too late

by Evelyn Makena
@evemake_g

Until her diagnosis in July, 2013, Rose Chiedo knew very little about cervical cancer. She just had a hazy understanding of the disease based on scanty information gathered from the media. Yet, there she was: clueless and about to confront an illness, which, at stage 2b, was silently ravaging her body.

Prior to the diagnosis, spotting between periods and having a pungent discharge for three months prompted Chiedo to seek medical attention. At first, doctors conducted a urinalysis test and prescribed antibiotics. The discharge ceased for a while and then recurred once she completed her medication. When Chiedo went back to hospital for the second time, doctors prescribed stronger antibiotics, but even then the discharge persisted.

On her third visit, the doctors recommended that she undergoes a pap smear and cervical cancer was detected. She was advised to start treatment immediately. Rose, jobless at the time and without a source of income, opted to go for cheaper treatment at Kenyatta National Hospital even though it meant getting on the waiting list for a whole year.

"There were over 1,000 other patients waiting to access cancer treatment. I had no other option, but to wait," she says.

A single chemotherapy session at Kenyatta Hospital would cost Sh500, and between Sh8,000 and Sh10,000 in private hospitals. Thanks to an employee at the hospital, Chiedo was lucky to get booked for treatment eight months after the diagnosis.

"I had started bleeding heavily and my case was handled like an emergency," she adds.

With financial support from her brother, she underwent 25 chemotherapy and six radiotherapy sessions that lasted six

your health

PEOPLE DAILY Monday, February 18, 2019

Saving lives through early cervical cancer detection

weeks. She, however, had to delay her brekkie therapy — an internal form of radiotherapy scheduled for three weeks after the initial treatment- because of financial constraints.

After completing her treatment in 2015, subsequent CT scans showed that the cancer had cleared. She got back on her feet and for two years, she volunteered as a cancer navigator with Women 4 Cancer Organisation, showing patients their way around KNH and helping them with the treatment processes.

The disease recurred in 2018, this time, stage three- forcing Chiedo to undergo a second round of treatment, which ended in November last year. As she awaits the doctor's report, she is hopeful that the cancer is gone for good.

Dr Ann Ng'ang'a, ministry head of the National Cancer Control Programme, says cervical cancer accounts for an estimated 11 per cent of all new cancer cases in the country, currently at 48,000 every year. The disease is mainly caused by human papilloma virus, which is sexually transmitted.

"It's a common infection among men and women. In men the virus rarely develops into cancer, but in women it may eventually lead to cervical cancer," she says.

A majority of women are able to fight



In Brief

■ Testing for cervical cancer is done through a pap smear, which tests for abnormal cells in the cervix and HPV DNA test, which involves detecting presence of HPV in the cervix.

■ Screening for cervical cancer in the country is low.

■ Through initiatives such as National Cervical Cancer Awareness Week that just ended, the Ministry of Health aims at getting more women screened, increasing coverage of vaccination and reducing cervical cancer mortality.



Main: Rose Chiedo. Inset: Ann Ng'ang'a, Ministry of Health head of National Cancer Control Programme.

off the virus, but in case one has a low immunity, HPV develops into cervical cancer. Chances of developing the disease increases with lifestyle choices such as smoking, poor diet, lack of exercise and multiple sexual partners.

Cervical cancer is one of the most preventable types of cancers since its cause is known and it takes a longer time- 10-15 years- to develop.

Since it has no symptoms in its initial stages, many women are diagnosed when it's too late.

If detected early HPV is treatable. There is a HPV vaccine mainly administered to girls aged 12-13 before their sexual debut to protect them from the virus.

Ann advises women to attend regular cervical cancer screening for early detection and treatment.

Women's brains age slower than men's

Women tend to have more youthful brains than their male counterparts — at least when it comes to metabolism.

While age reduces the metabolism of all brains, women retain a higher rate throughout the lifespan, researchers reported in the journal, *Proceedings of the National Academy of Sciences*.

"Females had a younger brain age relative to males," says Dr Manu Goyal, an assistant professor of radiology and neurology at Washington University School of Medicine in St Louis. And that may mean women are better equipped to learn and be creative in later life, he says.

- www.npr.org

Brief

Concern over alarming demand for C-section in Kenya

A caesarean section (C-section) is a life-saving procedure to both the mother and infant, and should be universally accessible but it is not!

A recent Lancet report, coordinated by Prof Marleen Temmerman, highlights a considerable variation between and within countries in C-section rates. Richer countries tend to have more C-sections and less developed countries, especially those with higher fertility, lower levels of female education and fewer physicians, have lower C-section use. Additionally, rural and poor have much lower use of C-sections than urban and better-off women.

The Lancet Series also reports that the number of children born by C-section worldwide was 29.7 million (21.1 per cent of all births) in 2015 – nearly double the number in 2000 and shows that many C-sections are unnecessary.

In Kenya, the national C-section rate is around nine per cent, with huge variations between counties, some at less than five per cent, indicating that women and/or newborns are dying because of lack of access to health facilities that perform the C-sections if needed. On the other hand, facilities- many private- provide care to wealthy women, with over 50 per cent of the babies born via C-section and often without any medical reason.

Given the growing use of C-section, a better understanding of the health implications for women and children has become a priority. Pregnancy and childbirth are normal processes whereby the health fraternity should only intervene if they can do better than nature. A natural birth is best, but access to emergency obstetric care has to be available for all in case of complications. On the other hand, a C-section remains a surgical procedure with potential complications for the mother and the baby. In order to avoid misconceptions, and fear of childbirth, adequate information provided by midwives, nurses and doctors is key to support and prepare women for childbirth.

Professor Marleen Temmerman is the chair of the Department of Obstetrics and Gynaecology at Aga Khan University Hospital

Nutrition
With CHRISTINE NDERITU
@dietfity1

Planetary health: What does it mean?

About 50 years ago, the global health situation was characterised by high mortality from infectious diseases, hunger, infant and maternal mortality and poverty. Today, life expectancy has increased, population grown and the general health situation improved.

While improved food production has contributed to these milestones, we risk losing its benefits due to the global shifts towards unhealthy diets. Globally, more people are eating processed, refined carbs and animal-based prod-

ucts, diets high in calories, sugar, and low in fruits, vegetables, whole grains, legumes, nuts and seeds, and fish. We now have a double burden of malnutrition-overnutrition and undernutrition occurring in the same household.

The EAT-Lancet Commission found that, "feeding a growing population of 10 billion people by 2050 with a healthy and sustainable diet will be impossible without transforming eating habits, improving food production, and reducing food waste." This demonstrates the

role of diet- the planetary health diet- in promoting health and preventing catastrophic damage to the planet.

If followed, the recommendations will see the consumption of red meat and sugar reduce by about 50 per cent while the consumption of fruits, vegetables, nuts and legumes will double. In the diet, based on 2500kcal per day, about 35 per cent of calories will be from whole grains, tubers and plant proteins, about 14g of red meat (beef, lamb, pork) and 500g of fruits and vegetables per

day, as per country practices. Besides ensuring health, this will also protect the environment.

Food production is the largest source of environmental degradation, and to stem further damage, it requires land reclamation and use of less harmful agricultural practices, including improving fertiliser and water use, reducing emission of greenhouse gases. It also requires halving food wastage and increasing production of and access to nutritious plant-based food.



Vocational and Technical Training PS Dr Kevit Desai opens the Niit Training Centre in Nairobi last week. With him is Vijay Gidoomal CEO, Car and General. PHOTO: PETER NGILA

Indian college opens Nairobi campus

■ by Peter Ngila
@peterngilanjeri

A new institute has been launched in Nairobi through an initiative called Niit Inside Campus (NIC) model borrowed from Asia.

The model empowers the youth by integrating the Niit curriculum with existing curriculums in the universities to help improve their skills to make them more suitable for the job market. This model has been successful in India, China, Indonesia, Vietnam and the African continent.

The new institution kicked off last week with a training centre located in Barclays Plaza, Loita Street in Nairobi. The project is a partnership between Car and General, a Kenyan motor dealer and India-based multinational training college, Niit.

This is the first time that Car and General is venturing into the education and training sector in their 83 years of operation in Kenya with the intention to bridge the skill gap and increase employability for Kenyan youth. Niit Kenya manager Saumil Vyas, said they are offering digital transformation learning packages in Information Communication Technology (ICT) including software engineering, big data, data analytics and infrastructure management. "We also have non-ICT courses such as digital marketing, MS-office, and professional advance excel with analysis tools," he said.

Niit Limited started in 1981 in New Delhi, India, with the aim of bringing people and computers together. With the expertise of over 37 years in training industry, the college currently operates in 40 countries including South Africa, Nigeria, Zambia, Ghana, Liberia, Sierra Leone, Rwanda, and now in Kenya.

Kevit Desai, the PS for Vocational and Technical Training (TVET), officially opened the NIIT Training Centre in Nairobi.

Scholar

Monday, February 18, 2019
PEOPLE DAILY



Over 9,000 titles issued to schools but minefields loom

Task force appointed to regularise issuance of documents makes progress but thousands of acres already grabbed

■ by Derek Otieno
@PeopleDailyKe

Not until the ugly scenes witnessed at Lang'ata Road Primary School in Nairobi in 2015 had the issue of land occupied by schools got so much national attention.

The publicity on the protest and the ugly scenes that erupted during a confrontation at the institution generated an uproar from all and sundry. For many years, the public has abused a lacuna in law to target institutions which occupy large tracts of land.

Public schools have lost large chunks of land to unscrupulous individuals through illegal allocations and issuance of fraudulent title deeds.

The grey area has always been that the schools do not own the land they stand on as the properties are owned by religious organisations, county or national governments.

Late last year, President Uhuru Kenyatta reacted by directing the Ministry of Lands to issue title deeds to all schools in the country in the wake of the wanton land grabbing. Consequently, the Ministry of Educa-

tion has been pushing for acquisition of title deeds by thousands of public schools following years of inaction among relevant government bodies.

In a Gazette notice, Education Cabinet Secretary Amina Mohamed and her Lands counterpart Farida Karoney appointed 15 people led by Sylvester Mulambeto to a task force to regularise the issue of title deeds. Over 9,000 titles have since been issued to schools.

The taskforce members say they have made progress since the launch of the multi-agency stakeholder forum that brings in Ministry of Education, National Lands Commission, Ministry of Lands, Ministry of Planning and Shule Yangu Initiative under their motto: *Protect, Title, Own*.

Multi-agency taskforce

Two different audits reveal more than half of schools do not have titles for the land upon which they stand. Lack of deeds exposes public institutions to greedy individuals. More than 70 per cent of public institutions, including old ones, have been at risk of being grabbed. Fifteen per cent have filed land cases.

At the centre of the Lang'ata Road protest was Shule Yangu, a non-governmental organisation and citizens' voice in protection of public schools. Led by Carole Gaita, the initiative teamed up with sympathisers, human rights activist Boniface Mwangi and lawyer Houghton Kariuki.

Gaita says through consultation and close working relationship with authorities and stakeholders, they



Police, Nairobi county administration and Shule Yangu (an Ngo) officers at Uhuru Secondary School, Nairobi after a standoff between different stakeholders at the school. INSET: Carole Gaita of Shule Yangu Initiative briefs *Scholar* on their work during a workshop sponsored by Transparency International at Lukenya Getaway recently. PHOTOS: CHARLES MATHAI

The title was revoked and the school is set to get a new deed.

At Uhuru Secondary, Nairobi, a public facility, the county government wanted to utilise the land. In Nakuru county, Naka Primary School was too congested after 10 out of its 13 acres were grabbed.

At Mwamduu Primary School, Kwale county, a grabber wanted the land to claim for SGR compensation; the case remains unresolved. "However, many cases have been resolved. Soon, they will be settled. We have also helped protect and fence their compounds," said Gaita.

Nairobi schools without title deeds include Ruaraka High which has 660 students, Precious Blood, Nembu Girls, Dagoretti High, Kabete Vet Lab, St Ann's Girls and High Ridge Secondary. Nearly all primary schools do not have title deeds— including the populous Ayany Primary in Kibera, Bahati and Buru Buru Primary Schools in Eastlands. Well-performing Busara Primary in Umoja II and Baba Dogo (Ruaraka) are also titleless.

Secondary schools with title deeds are Lenana, Nairobi School, Jamhuri, Pangani, Buruburu Girls, Kenya High, Starehe, Ngara Girls, State House Girls, Highway, Huruma and Hospital Hill.

Graduate-only school to be set up in Konza 'future' city

■ by Peter Ngila
@peterngilanjeri

A graduate-only institution spearheaded by Kenya's Ministry of Education in partnership with the Republic of South Korea will be put up at Konza Technopolis.

The ministry has appointed a consortium of to undertake the architectural and curriculum designs for the university. Its members are Korea Advanced Institute of Science and Technology, Architects & Engineering Company Limited and Sunjin Engineering & Architecture Limited. The institute, named Kenya

Advanced Institute of Science & Technology (Kenya-KAIST) is modelled after the Korean institute, a research-focused university that fosters human resources in science and technology.

The Kenya-KAIST institute was conceived to benchmark the development experience of the Republic of South Korea had. Leveraging on skilled graduates from Korea-KAIST, South Korea made the most of the potentials of science and technology for its remarkable growth, becoming the only country in the world to transform from a recipient to a donor country of international aid.

Konza Technopolis Development

Authority chairman Reuben Mutiso said: "We want to build a nurturing environment for graduate students not only in Kenya but also in East Africa that will see an innovative growth rallied by science. A highly educated nation is paramount to its economic, social and political success and I hope that this new venture will be embraced by Kenyans".

"The making of well-trained graduates in science and technology will contribute to the growth of a knowledge-based economy and sustainable growth with innovation. We are proud of this partnership because it promises to boost Kenya's growth," said Korea-KAIST

President Dr Sung-Chul Shin.

Speaking during the kick-off ceremony, Information Communication Technology PS Jerome Ochieng underscored that a number of reports have ranked Kenya second after South Africa in terms of innovation. "However, there is a growing concern about Kenya's poor track record on the transfer of technology from the university to the industry and the commercialisation of academic research, said CS Jerome."

The new college will have will-focus on Mechanical Electrical and ICT engineering, Chemical Civil and Agriculture; engineering/biotechnology and Basic science education.



State Department for University Education PS Prof Colette Suda (left) and KAIST President Dr Sung-Chul Shin during a function on the proposed university. PHOTO: PETER NGILA

Time out



IN THEATRES NOW

27

- WESTGATE CINEMA WESTGATE MALL: 11:00, 15:00, 18:20,
20:50: **Alita: Battle Angel (2019)**
- ANGA DIAMOND PLAZA: 12:00, 14:05, 16:10, 18:15,
20:20, 22:25: **Alita: Battle Angel (2019)**
- CENTURY CINEMAX JUNCTION: 11:00, 13:45, 16:30,
19:15, 22:00: **Aquaman 3D**
- ANGA DIAMOND PLAZA: 13:45, 17:15, 19:00, 20:45,
22:30: **Escape Room (2019)**



HOROSCOPES

ARIES (MAR. 21-APRIL 20)

You may want to tell someone how you really feel. Make sure to arrange in advance to spend quality time together.

TAURUS (APR. 21-MAY 21)

You will find it easy to learn and excel. Your personal life will be disrupted if you have been too busy with business.

GEMINI (MAY 22-JUNE 21)

Make sure that you make reservations early. You're likely to encounter new partners if you take short trips.

CANCER (JUNE 22-JULY 22)

Expect to have more people on your domestic scene. You could expand your circle of friends if you get involved in unusual activities.

LEO (JULY 23-AUG 22)

You will have an inaccurate assessment of your status in society. One-sided relationships are likely.

VIRGO (AUG. 23-SEPT. 23)

It may be a disappointing day emotionally. Avoid any petty ego confrontations; they could lead to estrangement if you aren't careful.

LIBRA (SEPT. 24-OCT. 23)

You may find out that someone has not been completely honest with you. You should get into some of those creative hobbies that you always said you wanted to do.

SCORPIO (OCT. 24-NOV. 21)

You may be out of sorts if you have been extravagant or have let children or friends take advantage of you financially.

SAGITTARIUS (NOV. 23-DEC. 21)

You will feel compelled to do some traveling. Travel could include delays and other minor problems.

CAPRICORN (DEC 22-JAN. 20)

Sign up for courses that will bring you more skills. You will have to be careful not to let infatuations with colleagues get out of hand.

AQUARIUS (JAN. 21-FEB. 19)

You can make personal changes that will enhance your appearance and bring you greater popularity.

PISCES (FEB. 20-MAR. 20)

Avoid any intimate involvements with coworkers or employers. Be aware of any deception on the part of those you deal with.

PICK of the day

Madhubala

18.00 pm



| | | | |
|-------|------------------|-------|---------------------|
| 5.00 | Dw feed | 16.00 | K24 mashinani |
| 5.30 | Tizi | 16.30 | Team raha |
| 6.00 | Switch mix | 17.00 | Beat box |
| 7.00 | K24 alfajiri | 18.00 | Madhubala |
| 9.00 | River of passion | 19.00 | K24saa moja |
| 10.00 | Daily brief | 19.30 | Rush |
| 12.30 | Inside business | 20.05 | Sweetest love |
| 13.00 | News cut | 21.00 | K24 evening edition |
| 13.30 | Sports hub | 22.00 | Kenyan movie |
| 15.00 | Dw documentary | 23.00 | Beatbox |
| 15.30 | Playlist | 00.00 | Dw feed |



KAMEME TV

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|-------|------------------------|------------------------------------|
| 5.00 | Ime ria Rucini | eme - rpt |
| 6.00 | Rikiratha | 16.00 Kameeme toons |
| 9.30 | Kurekereria kodii | 16.10 Ririmbuuka live |
| 11.00 | Urugi mukaru | 18.00 Ndukariganira |
| 11.30 | Thandi cia | 18.30 Animal society |
| | Wendo | 19.00 Kameeme maturaini |
| 12.00 | Riruka | 19.30 Tuika wakwa |
| 12.30 | Ndukariganira | 20.30 Njungwa ya |
| 13.00 | Mohoro Gitau | Muthere Kihenjo |
| 13.30 | Kameeme lharoini -live | 21.00 Mutamburuko wa Mohoro |
| 14.00 | Ngundu na | 22.00 Kigoo |
| | Uiilkaro | 00.00 News rpt |
| 14.30 | Thiririka mixx | 02.00 Deuesthe welle Ciana cia Kam |



KBC

| | | |
|-------|-----------------------------|-------------------------|
| 5.00 | BBC | 5.00 Club 1 |
| 5.30 | Gear Up | 6.30 The Great Debators |
| 6.00 | Good Morning Kenya | 7.00 Taarifa |
| 9.00 | Layd Back | 7.30 Grapevine |
| 9.30 | Animation Time | 8.00 First Lady |
| 10.30 | Jee, huu ni | 9.00 Channel 1 News |
| 11.00 | Hypochondriach RR | 10.00 Maisha ya mama |
| 12.00 | Afriusion | 11.00 CCTV |
| 1.00 | Lunch | 11.30 Layd Back |
| 2.00 | Time News | |
| 4.30 | IAAF Recorded Big Minds Rpt | |



KTN

| | | |
|-------|--------------------------|------------------------------------|
| 5.00 | Command Your Morning | 4.30 Teenage Mutant: Ninja Turtles |
| 6.00 | Morning Express | 5.00 Baseline - Music Show |
| 8.00 | Tendereza | 6.00 Beautiful Strangers |
| 9.00 | Carmela Rpt | 10.00 Wild Drake Rpt |
| 10.00 | Maisha ya mama | 11.00 Tendereza |
| 11.00 | Hypochondriach RR | 12.00 The Entrepreneur Rpt |
| 12.00 | Daktran RPT | 13.00 Daktan RPT |
| 1.30 | Drive It | 1.30 Drive It |
| 2.00 | Afri Screen | 2.00 Afri Screen |
| 4.00 | Mbui ya KTN | 4.00 Mbui ya KTN |
| 4.10 | The Emperor's new school | 4.10 The Emperor's new school |



NTV

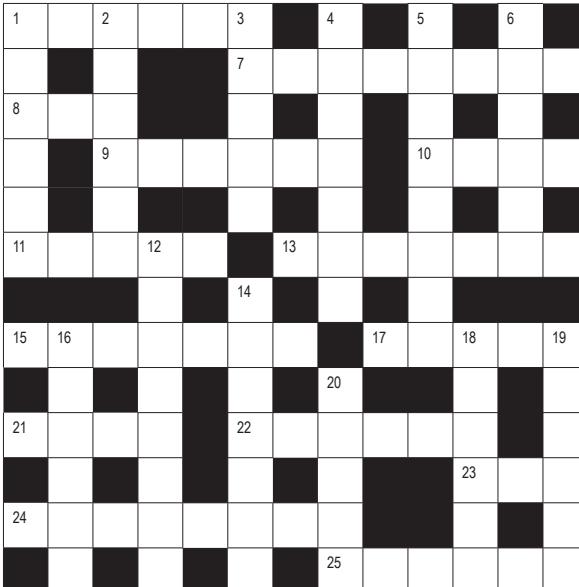
| | | |
|-------|----------------------|---------------------|
| 5.00 | Password Plus Repeat | 5.00 The Beat |
| 6.00 | AM Live | 6.00 Avenida Brasil |
| 8.00 | Better Living | 7.00 NTV Jioni |
| 9.00 | Avenida Brasil | 7.30 Hapa Kule News |
| 10.00 | La Loba | 8.00 Shark Tank |
| 11.15 | Churchill Show | 9.00 NTV Tonight |
| 12.00 | Wicked edition | 10.05 Press Pass |
| 12.30 | Aunty Boss | 11.00 The Beat |
| 1.00 | NTV at 1 | 1.30 NTV Sasa |
| 3.00 | World Cup 2018 | 3.00 CNN |
| 4.00 | NTV at 4 | 4.00 Rags |

SUDOKU

The aim is to fill the grid so that each row, column and every 3x3 shaded box contains only one of the digits 1-9. You need to reason out where to place the missing numbers by using the numbers given in the grid and a process of elimination. It is a game of logic not mathematical ability.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 9 | 1 | 2 | 7 | 3 | 8 | 5 |
| 7 | 5 | 3 | 6 | 8 | 9 | 2 | 4 | 1 |
| 1 | 8 | 2 | 5 | 4 | 3 | 9 | 6 | 7 |
| 5 | 6 | 7 | 3 | 9 | 4 | 8 | 1 | 2 |
| 2 | 9 | 4 | 8 | 7 | 1 | 6 | 5 | 3 |
| 8 | 3 | 1 | 2 | 5 | 6 | 7 | 9 | 4 |
| 3 | 7 | 5 | 9 | 1 | 8 | 4 | 2 | 6 |
| 9 | 2 | 6 | 4 | 3 | 5 | 1 | 7 | 8 |
| 4 | 1 | 8 | 7 | 6 | 2 | 5 | 3 | 9 |

CROSSWORD



ACROSS

- Capital of Canada (6)
- Elaborately adorned (6)
- Plaque (6)
- Basic units of chemical elements (5)
- Capable of relieving pain (7)
- Timber for burning (8)
- Capital of the republic of Ireland (6)
- Qualified for entry (8)
- Meatier (anag) (7)
- Flout (6)
- Small hole (6)
- Carry a heavy object (3)
- Fills with air (8)

FRIDAY'S SOLUTION

- | | | |
|-------------------|--------------|------------------|
| ACROSS | 17. Tunnels | 2. Amino |
| 1. Quay | 18. Tuner | 4. Rhymes |
| 3. Cream tea | 20. Range | 5. Astronautics |
| 9. Acidity | 21. Excerpt | 6. Teeming |
| 10. Therm | 22. Limiting | 7. Administrator |
| 11. Rioja | 23. Char | 8. Disagreement |
| 12. Erosion | 14. Synonym | 16. Aster |
| 13. Losers | 15. Badges | 19. North |
| 15. Quadrilateral | | |

SPORTS BRIEFS**Wheelchair Tennis team find going tough in Israel**

TENNIS: Team Kenya failed to make the cut for the BNP Paribas World Team Cup in Israel following their elimination yesterday by South Africa in the continental qualifiers. The four rubbers played at Nairobi Club went downwards for the home-based wheelchair team who were keen to make a return to the global stage after years in the cold. The mixed event for men and women however was a perfect sail in the penultimate stages when Kenya saw off Tanzania and Ghana. In the day's opener, Peter Munuve and Collins Omondi fell short in their qualifiers against their opponents. Munuve got the biggest whipping after a 6-0, 6-0 loss to Evans Maripa while Omondi forced a second set tiebreak against Alwande Skhosana but still lost 6-6, 7-6(6), 6-1. In the women's play, Jane Ndenga lost to Khogato Montjane in straight sets of 6-0, 6-0 and while Asiya Mohamed Sururu also lost 1-6, 0-6 to Mariska Venter.

- BARRY SILAH

Onindo with only try as W. Bulls beat Egerton

RUGBY: Gilbert Onindo scored the only try as Western Bulls beat Egerton Wasps 6-14 to solidify their stay at the top of the Kenya Rugby Union (KRU) Championship log after 10 rounds. Successful penalty kicks by both sides saw the two sides tie 3-3 at the interval but Wasps took a 6-3 lead immediately after the break. They had a chance to take that to 9-3 when Western Bulls flanker Nelson Omukuba was sent to the bin and a proceeding penalty awarded to them but it went wide. Bulls scored back to back penalties to lead 6-9 before the game was briefly halted by the referee due to fans' commotion as referred by Western Bulls. Onindo would assure the travelling bulls four points with his five pointer. Bulls now have 37 points. Catholic Monks however, closed the gap as they beat struggling Kitale RFC 27-13 to move to 37 points. Maxwell Omondi, Newton Wasike, Moses Laboke and Victor Omwene went over for the students as Wasike converted two first half tries and sent in a penalty.

- VIDEN OCHIENG

Ndolo's fit and fun bug spreads across the city

FITNESS: Tens of Nairobi residents thronged the Kaloleni Handball Courts for the fifth 'Keep Fit Programme'. The initiative, a brainchild of former Makadara MP Reuben Ndolo saw participants from across the city make a footfall on the famous grounds used by Black Mamba handball club for what was fun and fitness under trainers Silas Otieno, Gilbert Andanje and Jeremy Atogo was branded a success going by the enthusiasm and drive by those in attendance. While the immediate spread across the city remains on course, Ndolo insists the confinement in Nairobi estates will offer a launchpad for its overall success. The former Kenya Professional Boxing Commission chairman added: "During our time we used to produce a lot of talents everywhere but nowadays, there's a lot of talk with no action, that's why we're coming back to ensure we give back what we gained during our time." "It's good these certified trainers have agreed to come and help, some are from the armed forces and others from prison, we are all after ensuring our young men and women do something productive for our nation," he said.

- DEREK OTENO



MONDAY, FEBRUARY 18, 2019

PEOPLE

OLYMPICS:
NOC-K to follow up
on Special Olympic
medal winner
Gatwiri's payments
- Pg31

The one-stop sports shop...

INJURY COLUMN @PeopleSports11

WITH WYCKLEF ODUO

I have always highlighted issues covering a wide scope of injuries that both professional and amateur athletes experience.

In today's article I would like to highlight a simple difference which I have witnessed with many people asking me about.

This is about the above mentioned title which to many people may sound obvious and yet to others may sound hard.

Quite often individuals participating in all manner of sporting activities from time to time sustain a strain, sprain or contusion injury, they however may not tell the difference, it is in this regard that I would like to briefly highlight their differences.

Strains, sprains, and contusions are all similar soft tissue injuries. A strain is also often referred to as a pulled muscle; it is an injury to a muscle or a tendon (the tissue that connects muscle to bone for example on the hamstring).

A sprain is an injury to a ligament (the tissue that connects bones to other bones for example on the ankle). A contusion is a bruise that causes bleeding underneath the skin without breaking the skin; it occurs as a result of a direct blow on the muscle.

Any of these three injuries are usually caused during a particular event such as an accident or an injury while performing sports or other strenuous activities.

In some cases, the strain, sprain, or contusion can be a result of overuse or misuse. If you are engaging in the same

SPORT**Managing common soft tissue injuries in sport**

repetitive acts, but are not performing them correctly, the result could be the gradual onset of a strain, sprain, or contusion.

All three injuries are usually painful. Strains and sprains also can often prevent you from being able to move the affected area and often cause swelling.

Contusions are usually less serious, but if you have bruising that is preventing you from moving that area, you should see a sports medicine expert. Only these experts can determine if the contusion is part of a larger problem that could be much more serious.

Treatment for sprained ankles, strained leg muscles, and bruised feet is something that we are familiar with in our daily lives. We have a high rate of success treating these soft tissue injuries

with rest, icing, compression, and elevation. It is the most common technique used along with over the counter pain medications for example ibuprofen.

If the pain or swelling still persists, the treating specialist might prescribe anti-inflammatory medications and a stronger pain reliever.

Patience is very important, especially when treating sprained ankles and strains, because they can take a couple of months to heal.

Inactivity during this time is very important so as not to further injure the area or make the original injury worse. In some cases, a cast or walking boot might be necessary as determined by your doctor.

The writer is a physiotherapist with Kenyan Premier League (KPL) side Mathare United

Defending handball league champions make easy meal of Kenyatta University to romp to another national title with unassailable point score



Celine Wabuke of K.U (left) attempts to score past Nairobi Water goalie Winford Miyenda during their Kenya Handball Federation (KHF) Women Premier League match played at Kaloleni Social Hall yesterday. Nairobi Water won 31-12. PHOTO: RODGERS NDEGWA

Nairobi Water in seventh heaven

Lynette Matheka
@PeopleSports11

For the seventh year running, Nairobi Water Queens will be crowned the Kenya Handball Federation (KHF) women league champions as they played for a 31-12 win against

Kenyatta University (KU) for an unassailable 30 points with a match to spare.

Nairobi Water were the better side from the onset of the encounter managing a 16-7 lead in the first half before scoring 15 more goals in the second period against KU's paltry five. Gladys

Chilo and Elizabeth Kemei top score for Water with seven and five goals respectively.

The Jack Ochieng-coached side has won the league unbeaten back-to-back since 2013, two years after the team was formed. The tactician believes it has taken commitment, discipline and passion to stay at the top even with several teams offering some form of competition.

"We have had a good season, defended the title without losing a match so far. We play National Cereals and Produce Board (NCPB) in our final match of the season which will be a formality match but we hope to keep our unbeaten run," said Ochieng who added that training hard and the experience his players have gained

over the years goes a long way in helping them dominate the local handball scene.

The side has now shifted their focus to defending the Super Cup title that they have won since it was introduced. The Super Cup brings together the top six teams that are pooled in two groups. The top two teams proceed to the semi finals.

Confident

Ochieng's dream is, however, to be the best in Africa and hopes that they will get a chance to feature in this year's continental club championships and better their last placing where they finished fifth.

"Our last appearance was in the 2016 edition of the Africa club championships where we finished fifth. We are hoping

to get funds and return to the stage as I am confident we can the semis with proper build-up matches outside East Africa," added Ochieng.

He added, "It requires a lot of resources to expose the team and without sponsorship, it will be hard to execute our plans. At the moment we are self-sponsored and the players are sacrificing a lot to keep playing."

With a majority of the players being employees of Nairobi Water and Sewerage Company, the team still uses the company name despite not receiving any funds. "It is very unfortunate that the acting Managing Director (MD) is not keen on supporting us. For the last two seasons we have been self-sponsored and depending highly on well-wisher," the coach said.

P28 HANDBALL

P3 FOOTBALL

P32 FA CUP PREVIEW

FOOTBALL

Ushuru lose steam in NSL promotion chase after draw

Joshua Oyoo of Coast Stima (right) fights for the ball against Brian Otieno of Ushuru during their NSL match staged at Ruaraka Grounds yesterday. PHOTO: RODGERS NDEGWA



by Barry Silah
@obel_barry

Ushuru have once again lost ground in the National Super League (NSL) chase following their 1-1 draw against visiting Coast Stima yesterday at Ruaraka Grounds.

Edwin Mwaura opened the scoring in the 15th minute following a ball-handling situation at the Coast Stima box. He stepped up to convert even with the opposing players and the technical bench opposing the decision by centre referee Edward Karia.

Apart from that, there was precious little to pick from the two sides in the first half.

In the second half, the game opened up with Ushuru keen to add another goal. The attack pair of Jeremiah Wanjala and Barack Odhiambo prodded spaces but the defensive partnership of Razick Owuor and Alfred Maningi was rock solid covering custodian Godfrey Lowo in disciplined fashion. A quick counter attack from the backline of Coast Stima in the 51st minute caught the midfield of Ushuru unawares and the final delivery by Omar Shariff was well collected by Collins Kambo who turned in the opposing defenders and slide home past the equaliser.

Earlier in the 60th and 67th minute, Mwaura and Wanjala were left gutted

after their good moves were thwarted while in the 60th minute of play, Abbas Muhiddin who had been set up by the tireless skipper Joshua Oyoo fluffed his shot with the goal to his mercy.

The taxmen have yet to pick full points inside four matches and the frustration on coach Ken Kenyatta was clearly telling even as leaders Wazito bid to open the two-point gap at the top with a trip to Thika United today.

Meanwhile Nairobi Stima and FC Talanta piled pressure on the front two after important wins that put them on 31 points. Stima beat Migori Youth 1-0 at Karuturi Grounds while FC Talanta beat Kangemi Allstars 2-0 at Camp Toyoyo.



Three to represent Kenya at African Tae Kwondo tourney

by Ericson Kiprono
@PeopleSport11

Kenya has selected three athletes for the Africa Taekwondo Championships slated for February 20 in Cairo Egypt, and other five later this month to battle for the tickets for Tokyo 2020 Olympics.

Emmanuel Karisa, Peter Kabane and Samson Ojuk will represent Kenya at the biennial African Championships set for Cairo, Egypt.

"Our teams ready for the upcoming games and we are confident the event will give them the much-needed exposure," said coach Philip Khaumba.

The other five will be selected later this month for the Africa National Olympic Committees Association (ANOCA) Zone V Games in Rwanda in April, the World Championships in Manchester England in May and the All Africa Games in Rabat, Morocco between August 23 and September 3.

"It is a new dawn for us in taekwondo. Since Beijing 2008 Olympics, Kenya has failed to enter any player in the Olympics in London and Rio de Janeiro. This has been mainly due to poor preparations and wrangling," said Suleiman Sumba, the president of the Kenya Taekwondo Federation (KTF).

"We are focused on building a formidable team for all upcoming championships, with an eye on the Tokyo 2020 Olympics next year," said Sumba.

Kenya taekwondo made its Olympic debut in the 2008 Beijing Games, represented by Dickson Wamwiri and Milkah Akinyi who failed to win any medals.

After wrangles within fared badly for both London and Rio, legendary athlete Paul Tergat, president of the National Olympic Committee of Kenya (NOCK) is hoping for a bright future for the Kenya taekwondo athletes.

Ndonga targets Tokyo

Swimming star sets sights on a place at next year's Olympic Games in Japan



by Lynette Matheka
@PeopleSport11

Samuel Ndonga stared in the weekend's Kenya Swimming Federation (KSF) Long Course (LC) Nationals gala held from Friday to Sunday as he won three of the four events he took part and finished tied timing in one.

The Otters Swim Club youngster registered 25.48 seconds in 50m free style to tie with Bandari's Nelson Nobby in the final that had brought together 14 swimmers producing two ties. The second tie was between Eddy Ciaran and Adrian Ngwenyo in sixth place in 27.25.

The 21-year-old won in 50,100 and 200m LC breaststroke. Ndonga posted 31.23 in 50m, 1.10.82 in 100m and 2.42.45 in 200m in the gala he says was a gauge for his levels of fitness ahead of the anticipated April National trials.

"I have been training for the April trials that will be meant to select national teams to All Africa Games, World Championships and the Olympics. I, however, chose to participate in this competition so as to gauge how good I have gotten since the last competition in October," said Ndonga.

The former Aga Khan School swimmer has also set his sights on two National Records (NR) when the swimmers meet in April for the national trials.

"My Personal Best (PB) in 50m LC

breaststroke is 30.84. I am training for a new national record. Currently the record is held by Micah Fernandez at 30.05. I also want to lower my 100m LC breaststroke PB is 1.49.45 which is two seconds shy of the national record held by Fernandez too," the third year Entrepreneurship student said.

The elder brother of Sports Personality of the Year (SOYA) winner Emmanuel Ndonga says that making the Olympics team in the April trials will be good for him and younger local swimmers as it will restore hope in the sport for home-based swimmers.

"Most of the swimmers representing Kenya in the international competitions are foreign-based. Hitting the qualifying times for an event as prestigious as the Olympics while training at home will go a long way in encouraging the youngsters who are either giving up on the sport or opting to train outside the country," Ndonga said.

He added, "It requires a lot of sacrifice and commitment to be the best and compete against the best in the world. I might be forced to shelf my studies in preparation for next year's Olympics if I make the times."

Meanwhile, Hadassah Gichovi won the 100m LC breaststroke in 1.23.04 while Virginia Okumu won the 200m LC freestyle in 2.28.21.

Samuel Ndonga from Bandari Swimming School competes in the 200m breaststroke during the National Swimming Competition at Kasarani Aquatic Arena yesterday. PHOTO: DAVID NDOL

Wathome eyes a gold medal for Kenya at the Special Olympics

by Amos Abuga
@PeopleSport11

Golfer Leon Wathome, eyes a gold medal for Kenya during next month's Special Olympics World Summer Games to be held in Abu Dhabi, United Arab Emirates from March 14-21, 2019.

The 19-year-old from Kenya Community Centre for Learning (KCCL) in Roysambu Constituency is motivated by the country's performance from 2015 at the Los Angeles, USA Special Olympics where Kenya hauled won 26 gold, two silver and 12 bronze medals in what to date re-

mains Kenya's best outing.

Wathome, without hiding his emotions, Wathome says it is indeed a great honour that golf will be debuting at the games but more so a big privilege for him to represent the country at the games.

"Going by the trend, we have been told Kenya's performance from Los Angeles in 2015 was better from that of Athens Greece in 2011, our desire is to conquer that this year," said Leon who will play alongside Paramveer Singh Sehmi of Oshwal Academy in the unified category.

At the summer games, a multi-sport

event for athletes with intellectual disabilities in the tradition of the Special Olympics movement, Leon says he wants to see more young golfers at the game.

"I have several of my colleagues who I could have loved to go with to Abu Dhabi, it is unfortunate that there is only one vacancy for golf, but I want to be an inspiration to the rest of the school and golfing fraternity," added Leon was flanked by his mother Eva.

KCCL's principal Esther Wamai is upbeat Leon will do well during the Games while terming him as one of the best students at the school.

'Leon has been at the school for the last nine years, he keeps motivating other students to do better not only in sports but other events at the school, we are so proud to have him at the school,' Wamai noted.

"We hope is inclusion, which is squarely on merit will be a motivation to the school at large," she said.

Special Olympics is the world's largest sports organisation for children and adults with intellectual disabilities, providing training and competitions for Sh5 million and Unified States Sports partners in 172 countries.



Special Olympics Golfer Leon Wathome speaks after an event last weekend. He is flanked by Mother Eva Wathome. PHOTO: RODGERS NDEGWA

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EXTRA GAMES

MONDAY 18TH FEBRUARY 2019

| TIME | GAME ID | GAME | 1 | X | 2 |
|-------|---------|---------------------------------------|-------|------|-------|
| 19:00 | 5072 | Eskisehirspor vs Denizlispor | 5.16 | 3.79 | 1.63 |
| 20:00 | 2648 | Wisla Krakow vs Slask Wroclaw | 2.80 | 3.33 | 2.43 |
| 20:00 | 3004 | Antalyaspor vs Basaksehir | 5.28 | 3.82 | 1.67 |
| 20:00 | 4395 | Apollon Smyrnis vs PAOK FC | 10.68 | 5.02 | 1.30 |
| 20:00 | 4506 | Ahi Nazareth vs Hapoel Ramat Gan | 2.42 | 3.14 | 2.72 |
| 20:00 | 4837 | Hapoel Kfar Saba vs Nazareth II | 2.35 | 3.02 | 2.91 |
| 20:00 | 5067 | Dukla Prague vs Sparta Prague | 4.91 | 3.47 | 1.76 |
| 20:00 | 5871 | Hapoel Afula vs Hapoel Ashkelon | 2.30 | 3.11 | 2.91 |
| 20:30 | 3283 | OFI Crete vs Lamia FC | 2.08 | 2.99 | 4.06 |
| 21:00 | 1349 | FC Midtjylland vs AaB Aalborg | 1.51 | 4.46 | 6.18 |
| 21:00 | 2144 | Concordia Chiajna vs Steaua Bucuresti | 6.11 | 4.04 | 1.54 |
| 21:00 | 2557 | Eskilstuna IF vs Dalkurd FF | 4.62 | 3.64 | 1.64 |
| 21:00 | 4711 | 1860 Munich vs VfR Aalen | 1.82 | 3.53 | 4.39 |
| 21:00 | 5991 | Hammarby vs Varbergs Bois | 1.10 | 7.07 | 15.14 |
| 22:00 | 1763 | Hapoel Beer Sheva vs Beitar Jerusalem | 2.17 | 3.28 | 3.28 |
| 22:00 | 4775 | Jong PSV vs Twente | 3.41 | 3.84 | 1.97 |
| 22:30 | 2723 | Roma vs Bologna | 1.48 | 4.59 | 6.56 |
| 22:30 | 5105 | Chelsea vs Manchester Utd | 2.02 | 3.51 | 3.56 |
| 22:30 | 5275 | Nurnberg vs Borussia Dortmund | 6.56 | 4.59 | 1.48 |
| 22:45 | 5118 | Glentoran Belfast vs Glenavon | 2.99 | 3.57 | 2.15 |



P28 HANDBALL

SPORTS BRIEFS

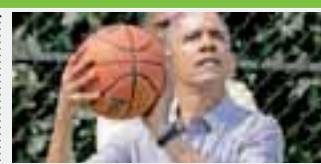
Kirui eyes Kipchoge's Hamburg marathon course record



ATHLETICS: Two-time World marathon champion Abel Kirui has exuded confidence that he will break Eliud Kipchoge's course record of 2:05:30 at the Hamburg marathon on April 28. The 36-year-old London Olympic silver medalist says he is regaining his top form and is eager to return to the podium after missing it in London and Chicago last year. "I am going for the record and the win. It will be a big show and it is down to my training and not whom I will be running against," said Kirui on the record which was set six years ago by his training partner Kipchoge. Kipchoge, the world marathon record holder who has won 10 of 11 marathons he has competed in, announced himself to the world in Hamburg when he romped to victory in what was his debut marathon in 2013. Kirui will not only face the challenge of breaking the record but will also come up against Ethiopian duo Ayele Abshero and Dibabe Kuma.

—ERICSON KIPRONO

P29 NSL RESULTS



NBA to start Basketball Africa League with Obama involved

BASKETBALL: NBA Commissioner Adam Silver on Saturday announced the launch of the Basketball Africa League, a 12-team competition consisting of teams across the continent. The league, which will begin play in 2020, will feature squads from Angola, Egypt, Kenya, Morocco, Nigeria, Rwanda, Senegal, South Africa and Tunisia. Qualification tournaments will be held later this year to determine the inaugural participants. Each country will be limited to two teams. The plan is to have it run in a format similar to football's UEFA Champions League, per Marc Spears of The Unbeaten. "As we've been talking about this concept over the last several months, there's been a tremendous reception from several of our NBA team owners," Silver said. Former US President Barack Obama will also be part of the league, Silver said, although his role has not been determined.

—AGENCIES

P32 FA CUP

Charania leads charge at Windsor leg of Safari Tour



GOLF: Windsor Golf Hotel and Country Club's Rizwan Charania shot an impressive round of 1-under par 71 at his home course leg of the Safari Tour golf series to take the clubhouse lead on Round One of the tournament. He played a blemish-free first nine round, picking up birdies on the par-5, third and the par-5, fifth for a first nine score of 34, having held par on the rest.

On the back nine, he dropped shots on the par-3, 13th (where he hit double-bogey) and the par-4, 18th for a back nine total of 37. "I am pleased with my performance today; it wasn't easy, but I managed to play under-par to top the leaderboard. I am now focusing on first making the cut tomorrow (today) before thinking of the remaining two rounds. I will definitely use today's performance as an inspiration for the remaining rounds," said Charania.

—LYNETTE MATHEKA

Gor march on

by James Magayi

@PeopleSports11

John Baraza tasted his first defeat since replacing American Melis Medo as Sofapaka head coach when defending champions Gor Mahia beat his gallant charges 1-0 at Afraha Stadium, Nakuru yesterday.

Baraza had masterminded four consecutive victories for Batoto Ba Mungu against Zoo FC, Karioangi Sharks, Nzoia Sugar and Mathare United.

That impressive run, however, came to screeching halt as Samuel Onyango netted the sole goal at his former stomping ground to send K'Ogalo within three points of leaders Bandari. Onyango who was making his first start since a lengthy injury-forced hiatus, showed great agility as he latched onto Philemon Otieno's clearance near the centre circle.

He threaded the ball to Jacques Tuyisenge on the right wing and continued his run into the box. The former Ulinzi Stars man then cleverly read the Rwandese tee, tamed the ball as he eased past Faina Jacobs in Sofapaka's 18 yard area before unleashing a fierce low shot that beat Ndikumana in the far post.

The contest had been grippingly tight until then as both teams displayed ball skills and attacking intent. Umaru Kasumba perhaps had the best chance of four attacking players fielded by Baraza for Sofapaka. The lanky Ugandan tamed a difficult pass from John Avire in the 17th minute then expertly turned to leave his minder Ha-



SPORTPESA PREMIER LEAGUE

SUNDAY

KCB 0-1 Sony Sugar
Sofapaka 0-1 Gor Mahia
Vihiga United 0-1 Posta Rangers

Western Stima 2-1 Mt Kenya
Zoo FC 0-0 Mathare United
AFC Leopards 0-1 Ulinzi Stars

SATURDAY

Tusker 0-1 Kakamega Homeboyz
Karioangi sharks 0-1 Bandari
Nzoia Sugar 0-1 Chemelil Sugar

ron Shakava blinded before unleashing a rasping shot that unfortunately missed the target from just inside the box.

Playing alongside Pistone Mutambu upfront with Avire and Elly Asieche providing backup, Sofapaka went with Gor Mahia toe-to-toe for every ball but were unable to breach K'Ogalo. It was almost like de ja vu when Onyango scored in the 24th

minute, seven minutes after Kasumba missed the massive opportunity on the other end.

In Machakos, AFC Leopards' struggles continued as they lost yet again, a 1-0 reverse to Ulinzi Stars which leaves them second from bottom with 10 points, just one ahead of basement side Mt Kenya United.

The match was, however, stopped briefly after incidents

K'Ogalo end Sofapaka's winning run as Ulinzi add to Leopards woes in ill-tempered match



of crowd trouble as a section of fans attacked a match official.

In the early kick-off at the same venue, Robert Achema scored very early for Sony Sugar as the visiting Migori County outfit claimed all three points at the expense of KCB.

In Kisumu, promoted Western Stima struck in each half to down bottom placed Mt Kenya United 2-1.

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P28 HANDBALL

P29 NSL RESULTS

P32 FA CUP

Eyes on playoff

by Alex Njue
@PoppixSports11

KCB and Kabras Sugar, last season's finalists, look on course to clinch a direct entry into the Kenya Cup playoff semi-finals after winning their respective matches at the weekend while third-placed Kenya Harlequins lost.

With the top two gaining an automatic place in the semi-finals of the playoff, KCB and Kabras' task was made easier when Kenyatta University's Blak Blad stunned Harlequins 16-15 in what was the surprise result of the weekend.

Quins were first on the scoreboard as Lyle Asiliga drilled in a penalty, giving the visitors a 3-0 lead but 15 minutes later, Brian Wahinya dotted down Blak Blad's first try for a 5-3 lead. Leroy Mbugua was next on the scoreboard for Blak Blad in the 37th minute but the lead was reduced to 10-8 as Paul Kioko landed a try for Quins at the stroke of half-time.

After the break, Hillary Baraza gave Quins a 13-10 lead that was extended to 15-10 after Asiliga's conversion but the hosts responded through Lionel Ajeliti and Brian Wahinya's penalties to secure the much-needed win.

Meanwhile, KCB fed on Impala's errors to score 25 points in the second half for a 25-3 win as Kabras remained unbeaten after downing Homeboyz 39-24.

After a scoreless first half, Kenyan international Darwin Mukidza drew first blood for KCB with a penalty before Oliver Mang'eni went over for the first try.

Impala's points came off Kenyan international Sammy Oliech's penalty but Griffin Musila and Vincent Onyala added further gloss on the result for the bankers.

In Kakamega, Homeboyz failed to replicate last season's 30-12 win as hosts Kabras came

from behind to claim a 39-24 victory to stay top and unbeaten with 49 points, five ahead of second-placed KCB.

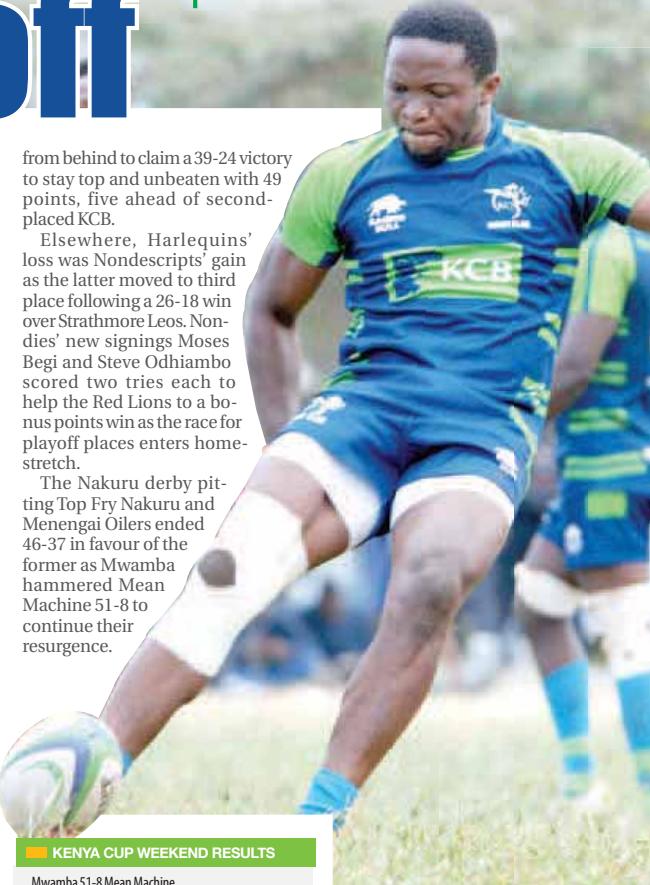
Elsewhere, Harlequins' loss was Nondescripts' gain as the latter moved to third place following a 26-18 win over Strathmore Leos. Nondescripts' new signings Moses Begi and Steve Odhiambo scored two tries each to help the Red Lions to a bonus points win as the race for playoff places enters home-stretch.

The Nakuru derby pitting Top Fry Nakuru and Menengai Oilers ended 46-37 in favour of the former as Mwamba hammered Mean Machine 51-8 to continue their resurgence.

KENYA CUP WEEKEND RESULTS

Mwamba 51-8 Mean Machine
KCB 25-3 Impala Saracens
Blak Blad 16-15 Kenya Harlequins
Nondescripts 26-18 Strathmore Leos
Top Fry Nakuru 46-37 Menengai Oilers
Kabras Sugar 39-24 Homeboyz

KCB, Kabras maintain chase for direct entry into Kenya Cup semis as Blak Blad slow Harlequins momentum



Darwin Mukidza of KCB kicks to score a penalty during their Kenya Cup match against Impala at Ruaraka on Saturday. KCB won 25-3 to maintain their second position on the table. PHOTO: ALEX NJUE

Tergat to follow up beleaguered athlete Gatwiri's case

by Amos Abuga
@PeopleSports11

National Olympics Committee of Kenya (NOCK) boss Paul Tergat will pursue the case of hard-pressed Special Olympics gold medallist Susan Gatwiri who has accused some officials of swindling her hard-earned cash.

Gatwiri, winner of two gold medals in Los Angeles, USA Special Olympics of 2015, is living in abject poverty despite her heroics in the games where Kenya won 26 gold, two silver and 12 bronze medals.

"The welfare of athletes is one of our core mandates. It is heartening to learn what Gatwiri is going through. I want to promise

her that we will do everything possible to know what really went wrong," the NOCK boss said.

According to the embattled athlete who won gold in 3,000m and 5,000m, the government had promised to reward all gold medalists with Sh200,000 each and she is therefore entitled to Sh400,000 which she has not received to date, forcing her to work as a house help to earn an extra coin.

"I understand the government through the Ministry of Sport was supposed to pay her (Gatwiri) prizes for winning two gold medals from the games. I don't know the current state of affairs but we have written to the ministry to find out," added Tergat.



Susan Gatwiri who has accused some officials of fleecing her of her cash after winning two gold medals at the 2015 Special Olympics in Los Angeles, USA. PHOTO: SETH MWANIKA

SportPesa

Game ID: 5105

CHELSEA VS MANCHESTER UTD

2.02 3.51 3.56

1 X 2

DATE: 18.02.2019 | KICK OFF: 22:30

www.sportpesa.co.ke

MATCHES HIGHLIGHTS
 "1" is HOME WIN "X" is DRAW "2" is AWAY TEAM WIN
 The teams in the game are always listed in the order:
 GAME ID, HOME TEAM and VISITING TEAM

TO PLACE A SINGLE BET
 SMS TO 79079: GAMEID#YOURPREDICTION#BET AMOUNT E.G. 1234#X#100

HOT GAMES

MONDAY 18TH FEBRUARY 2019

| TIME | GAME ID | GAME | 1 | X | 2 |
|-------|---------|--|------|------|------|
| 22:45 | 5891 | FC Rieti vs Trapani | 3.80 | 3.11 | 2.06 |
| 22:45 | 5938 | Metz vs AS Beziers | 1.41 | 4.23 | 9.50 |
| 23:00 | 3744 | Crotone vs Pescara | 2.43 | 3.13 | 3.13 |
| 23:00 | 5935 | Huesca vs Athletic Bilbao | 3.18 | 3.12 | 2.42 |
| 23:15 | 3394 | Aves vs SL Benfica | 8.05 | 4.78 | 1.40 |
| 23:30 | 5672 | Molinos EL Pirata FC vs Real Garcilaso | 2.91 | 3.49 | 2.27 |

TUESDAY 19TH FEBRUARY 2019

| | | | | | |
|-------|------|---|------|------|------|
| 0:00 | 3441 | Monagas SC vs Zamora FC | 2.38 | 3.33 | 2.86 |
| 1:00 | 3812 | Argentinos Juniors vs Estudiantes LP | 2.65 | 2.92 | 3.03 |
| 2:00 | 5388 | Santos vs Guarani SP | 1.33 | 4.36 | 8.21 |
| 3:10 | 1386 | Racing Club vs Godoy Cruz | 1.44 | 4.43 | 7.73 |
| 4:00 | 1585 | Alanza Universidad De Huancayo vs Academia Carrilao | 1.90 | 3.37 | 4.06 |
| 20:30 | 3589 | Mamelodi Sundowns vs Polokwane City | 1.61 | 3.93 | 5.38 |
| 22:30 | 5919 | Hartley Wintney vs Walton Casuals | 2.10 | 3.64 | 2.87 |
| 22:45 | 1006 | Sunderland vs Gillingham | 1.63 | 3.85 | 5.69 |
| 22:45 | 1033 | AFC Rushden and Diamonds vs Stratford Town | 2.30 | 3.63 | 2.56 |
| 22:45 | 1201 | Inverness vs Ross County | 2.59 | 3.28 | 2.64 |
| 22:45 | 1355 | Ebbesfleet vs Hartlepool | 1.92 | 3.40 | 4.10 |
| 22:45 | 1510 | Notts County vs Newport | 2.67 | 3.21 | 2.67 |
| 22:45 | 1755 | Port Vale vs Tranmere | 2.57 | 3.21 | 2.78 |
| 22:45 | 2241 | Rochdale vs AFC Wimbledon | 2.09 | 3.37 | 3.64 |
| 22:45 | 2279 | Woking vs Hemel Hempstead | 1.55 | 3.88 | 5.07 |
| 22:45 | 2306 | Barnsley vs Burton | 1.72 | 3.76 | 4.94 |
| 22:45 | 2358 | Ashton United vs Telford | 2.73 | 3.55 | 2.21 |
| 22:45 | 2455 | QPR vs West Bromwich | 3.34 | 3.50 | 2.15 |
| 22:45 | 2701 | Maidstone vs Halifax | 2.60 | 3.13 | 2.81 |
| 22:45 | 2758 | Wingate and Finchley vs Bishop Stortford | 2.83 | 3.66 | 2.11 |
| 22:45 | 2804 | Sutton United vs Barnet | 2.12 | 3.29 | 3.50 |
| 22:45 | 2818 | Whitehawk vs Burgess Hill | 2.04 | 3.52 | 3.06 |
| 22:45 | 3098 | Oldham vs Morecambe | 1.76 | 3.57 | 4.74 |
| 22:45 | 3150 | Portsmouth vs Bristol Rovers | 1.84 | 3.57 | 4.43 |
| 22:45 | 3502 | Boreham Wood vs Wrexham | 3.30 | 3.14 | 2.29 |
| 22:45 | 3522 | Workington vs Witton Albion | 2.42 | 3.66 | 2.42 |
| 22:45 | 4071 | Altrincham vs Spennymoor Town | 2.42 | 3.66 | 2.42 |
| 22:45 | 4091 | AFC Fylde vs Havant and Waterlooville | 1.51 | 4.25 | 6.19 |
| 22:45 | 4392 | Kings Langley vs Salisbury City | 2.67 | 3.69 | 2.20 |
| 22:45 | 5084 | Cheltenham vs Cambridge Utd | 2.51 | 3.31 | 2.78 |
| 22:45 | 5574 | Stockport vs Southport | 1.60 | 3.81 | 4.74 |
| 22:45 | 5575 | Accrington vs Oxford Utd | 2.43 | 3.24 | 3.03 |
| 23:00 | 2676 | Liverpool vs Bayern Munchen | 2.00 | 3.73 | 3.57 |
| 23:00 | 3410 | Lyon vs Barcelona | 4.23 | 3.96 | 1.79 |

WEDNESDAY 20TH FEBRUARY 2019

| | | | | | |
|-------|------|-----------------------------------|------|------|------|
| 20:00 | 3547 | Sevilla FC vs Lazio | 1.84 | 3.57 | 4.49 |
| 20:30 | 4928 | SuperSport Utd vs Orlando Pirates | 3.09 | 2.77 | 2.66 |
| 21:00 | 2527 | Bordeaux vs Guingamp | 1.94 | 3.34 | 4.31 |
| 22:45 | 4495 | Derby vs Millwall | 2.09 | 3.37 | 3.64 |
| 22:45 | 5043 | Darlington vs Brackley Town | 2.83 | 3.66 | 2.11 |
| 22:45 | 5936 | Rangers FC vs Kilmarnock | 1.38 | 4.40 | 8.49 |
| 23:00 | 2138 | Paris St Germain vs Montpellier | 1.34 | 5.19 | 9.36 |
| 23:00 | 3209 | Schalke 04 vs Manchester City | 9.39 | 5.64 | 1.31 |
| 23:00 | 5940 | Atletico Madrid vs Juventus | 2.80 | 3.01 | 2.80 |

*ODDS ARE SUBJECT TO CHANGE. CHECK WWW.SPORTPESA.CO.KE FOR LATEST ODDS

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SPORT

MMA fighter suffers horrific leg break while kicking rival

LIVERPOOL: MMA fighter Sofiane Boukhouf suffered a horrendous injury as he attempted a kick during a clash, breaking his leg with a snap which echoed around the arena. The Frenchman was aiming a kick at opponent Tom Aspinall during the first round of their bout in the Cage Warriors 101 event on Saturday night. Aspinall blocked the kick, and Boukhouf's leg snapped, dangling away at an angle in gut-wrenching fashion. The crack of the bone breaking can be clearly heard, and Boukhouf immediately collapses to the floor, his ankle flailing to the side. Aspinall immediately walks away, knowing the fight is over and not wanting to attack his prone foe, while the crowd can be heard groaning in shock. Boukhouf was immediately assisted by the referee, and faces months of rehab after the terrible injury suffered at the event in Liverpool. It was a dreadful way to end the night for both fighters after just 81 seconds of the three-round fight.

-DAILYMAIL

Cardiff seek advice in attempt to escape paying Sala's fee

LONDON: Cardiff City have contacted other Premier League clubs in an attempt to establish whether there may be grounds to avoid paying the full £15million transfer fee being demanded by Nantes for Emiliano Sala. Letters sent in the past few days by lawyers acting for the club request help in fighting off Nantes' legal claim, according to one source. They ask clubs for assistance in sharing your knowledge of Sala as a player. The correspondence from a Cardiff law firm describes Sala as 'the player that Cardiff tried to sign', phrasing which makes it clear that the club believe they may not have to pay all, or indeed any, of the record transfer fee. Details of the letters, which Cardiff on Saturday confirmed were sent, emerged as manager Neil Warnock and chief executive Ken Choo arrived in Argentina for the player's wake and funeral. Cardiff's decision to approach Premier League clubs publicly linked with Sala is partly motivated by transfer broker Willie McKay's admission in an email to the striker that he had sought to artificially inflate the price. McKay told Sala he had told the media of rival interest 'just to stimulate interest in you.'

-DAILYMAIL



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ALEXIS 'WORRIED' BY MAN UNITED STRUGGLES, SEEKS ANSWERS



Alexis Sanchez is determined to showcase his best at Old Trafford, where the Manchester United star has struggled to convince. Sanchez admitted he is "worried" having failed to bring more joy to the Premier League club and their fans. The Chilean has struggled for form and fitness since arriving from rivals Arsenal in January last year, with the 30-year-old scoring just five goals as a United player. United caretaker manager Ole Gunnar Solskjær said he cannot help Sanchez after the former Barcelona star's disappointing performance in Tuesday's 2-0 first-leg loss to Paris Saint-Germain in the Champions League. And ahead of Monday's FA Cup fifth-round meeting with Chelsea, Sanchez said he is determined to showcase his best at Old Trafford. "I would like to have brought more joy to the club. Yes, it worries me because I believe in my abilities as a player, I want to show it," Sanchez told the BBC.

-FOTMOB

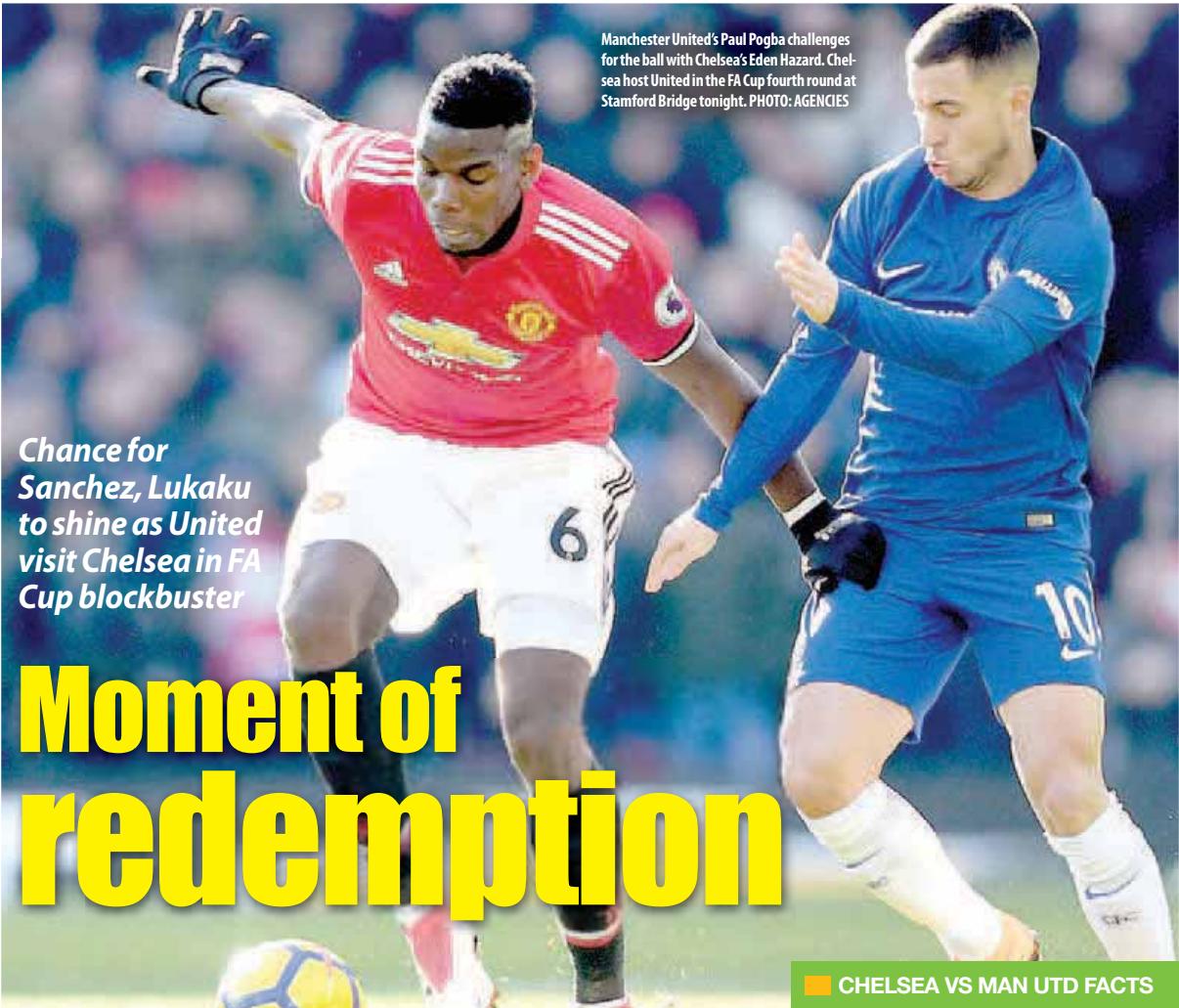
PIZARRO BECOMES BUNDESLIGA'S OLDEST SCORER



Claudio Pizarro became the oldest goalscorer in Bundesliga history as his last-gasp free-kick rescued Werder Bremen in a 1-1 draw at Hertha Berlin on Saturday. Ex-Peru international Pizarro cannily stroked a set-piece through the home side's wall in the sixth minute of stoppage time. At 40 years, four months and 13 days, the veteran attacker claimed the record previously held by ex-Bremen midfielder Mirko Votava, who was just over a month younger when he netted against Stuttgart in August 1996. The goal was Pizarro's third in 17 league appearances this term and kept Werder within a point of ninth-placed Hertha. "I'm very happy, very proud about [becoming the oldest scorer in Bundesliga history]. We had one opportunity at the end, and we scored. One point is very important," Pizarro told the official Bundesliga website. Pizarro has had five separate spells with Werder and has also spent time at Chelsea and Bayern Munich.

-FOTMOB

PEOPLE DAILY \ Monday, February 18, 2019



*Chance for
Sanchez, Lukaku
to shine as United
visit Chelsea in FA
Cup blockbuster*

Moment of redemption

London, Sunday
@PeopleSports11

Alexis Sanchez and Romelu Lukaku could get the chance to start when Manchester United travel to Chelsea in the fifth round of the FA Cup on Monday.

Injuries to Jesse Lingard and Anthony Martial means there is an opportunity for the likes of Sanchez and Lukaku to feature, both of whom have been largely restricted to bench duty under Ole Gunnar Solskjær.

The caretaker manager said: "It's a chance for anyone who plays, if it's Alexis or Romelu or who starts or [Tahith] Chong or Angel [Gomes].

"Anthony and Jesse have done very well for us, they're vital in the attacking part with their attributes with their pace but then again with Rom and Alexis, they've got different skillsets so they will be able to show what they can do," he added.

Gianfranco Zola admits Chelsea are facing a crucial period in their stuttering season, after winning two and losing two of their last four games in all competitions by largely contrast-

ing scorelines.

Assistant coach Zola said: "We know that it's a crucial moment. It's very challenging, I think the key will be to face each task by only thinking about that task. The first one is going to be United and we come into this game after a good performance in the Europa League. It's a good challenge, it's actually what we need to do right now."

He added: "We know that we have to be consistent. We all know this. It's important everyone knows the situation and is working on it, players, coaches and club."

Along with Lingard and Martial, who were injured in Tuesday's 2-0 loss to PSG in the Champions League, Antonio Valencia and Matteo Darmian are also absentees because of minor injuries.

Chelsea have no fresh injury concerns ahead and will give a late fitness test to Ruben Loftus-Cheek after the recurrence of his persistent back problem. Left-back Marcos Alonso could return after being omitted from Maurizio Sarri's squad for the trip to Sweden in midweek.

-SKY SPORTS

CHELSEA VS MAN UTD FACTS

- This will be the 14th FA Cup tie between Chelsea and Manchester United, the Blues have triumphed in each of the last four, including the final last season.
- Manchester United have lost three of their five FA Cup matches against Chelsea at Stamford Bridge, winning 5-3 in 1997-98 and 2-0 in 1998-99.
- Chelsea could become the first team to eliminate Manchester United in five consecutive FA Cup meetings.
- In all competitions, Manchester United have won just two of their last 22 away games against Chelsea (D7 L13), failing to win any of their last nine.
- Manchester United have eliminated the FA Cup holders 10 times, more than any other side in the competition's history. They last did so in 2011-12 against Manchester City.
- Chelsea are looking to reach the FA Cup quarter-final for the fourth consecutive season, reaching the final in each of the last two.
- Manchester United are looking to reach the FA Cup quarter-final for the fifth consecutive season. The last did so in as many between 1961-62 and 1965-66.

FA CUP FOURTH ROUND

- Sunday
Bristol City 0-1 Wolves
Monday
Chelsea vs Man United (10.30pm)