

# Sudan National Micronutrient Survey Indicators Definition

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13 May 2020

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# 1 Background

To aid the analysis of the Sudan National Micronutrient Survey 2017-2018 data, appropriate indicators needed to be defined. The only documentation of indicators to be assessed from the survey was the last version of the S3M-II indicators list dated 16 November 2018. However, this document does not clearly define the indicators with no cut-off values provided. As such, indicator definitions were made based on a rapid literature review including micronutrient survey reports done elsewhere and reflected upon based actual available data from the survey itself to update the indicator definitions. This document presents these definitions.

## 2 Biomarkers variables

### 2.1 Haemoglobin

In the main S3M-II survey, we defined multiple indicators based on Hb data. These indicators represented the different severities of anaemia by different respondent groupings. Classification into these severity categories was based on Hb level cut-offs defined by WHO [[World Health Organization and Centers for Disease Control and Prevention, 2007](#), [World Health Organization, 2011b](#)] as follows:

Table 1: Hb levels to diagnose anaemia at sea level in grams per litre (g/L)

| Population                              | Mild      | Moderate | Severe |
|---|-----------|----------|--------|
| Children 6-59 months of age             | 100 - 109 | 70 - 99  | < 70   |
| Children 5-11 years of age              | 110 - 114 | 80 - 109 | < 80   |
| Children 12-14 years of age             | 110 - 119 | 80 - 109 | < 80   |
| Non-pregnant women (15 years and above) | 110 - 119 | 80 - 109 | < 80   |
| Pregnant women                          | 100 - 109 | 70 - 99  | < 70   |
| Men (15 years and above)                | 110 - 129 | 80 - 109 | < 80   |

For the Sudan S3M-II main survey, no data was collected for children 5-17 years of age and for adult men 15 years of age and above so the indicator for this age group was not calculated and reported. When categorising respondents based on the above cut-offs in the main S3M-II survey, no adjustments to Hb were done based on altitude and for smoking history as recommended by WHO [[World Health Organization and Centers for Disease Control and Prevention, 2007](#), [World Health Organization, 2011b](#)].

We propose to analyse the Sudan National Micronutrient Survey data using the same indicator definitions used in the Sudan S3M-II main survey. We also propose to adjust Hb based on altitude of the PSU from where the data was collected. Altitude data will be gathered from publicly available elevation model data (such as the Shuttle Radar Topography Mission or

SRTM data that is available freely through various outlets for Sudan) if no altitude data can be provided by UNICEF. Map below shows elevation for Sudan based on publicly available SRTM data [[for Spatial Information](#)].

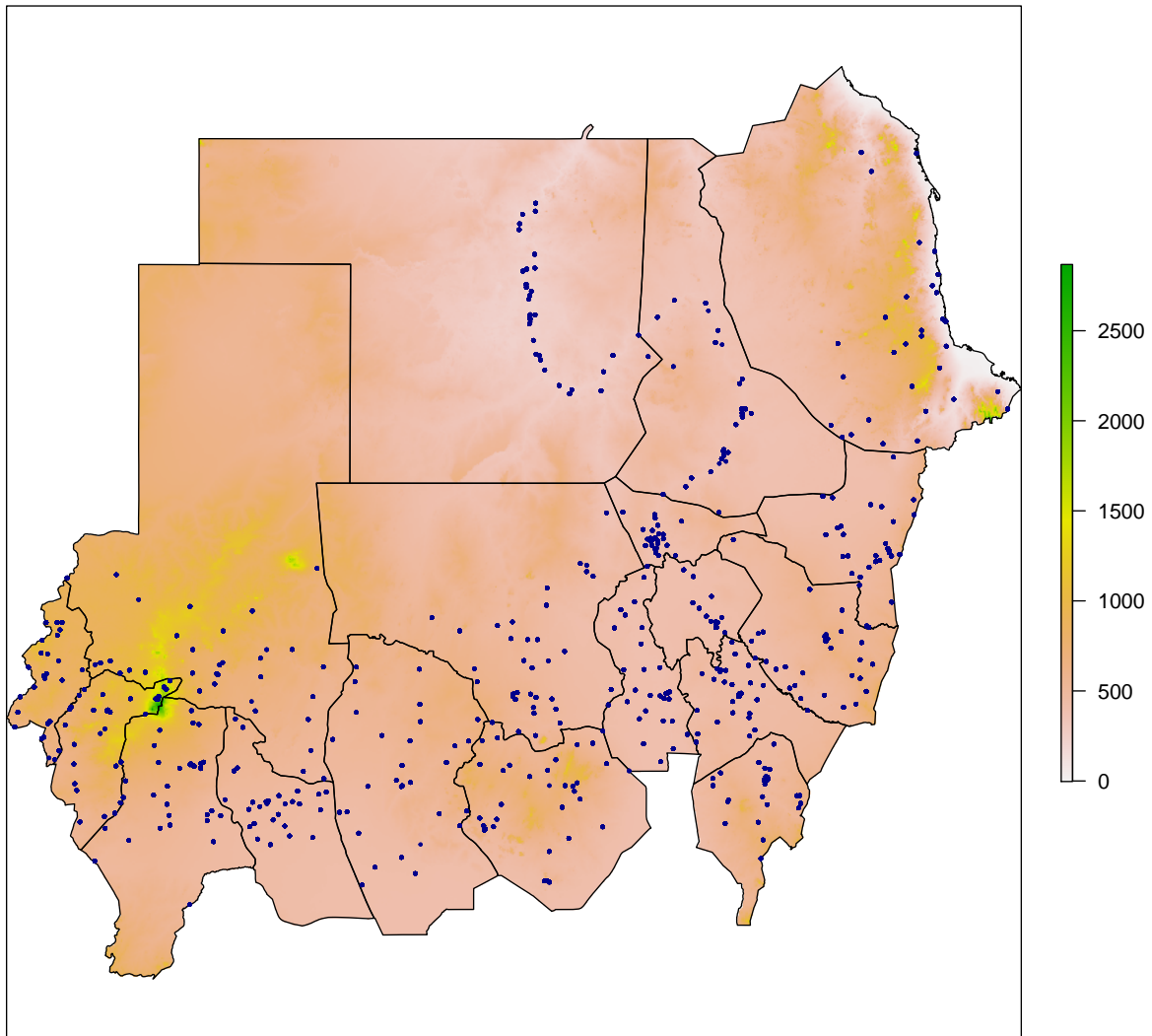


Figure 1: Shuttle Radar Topography Mission (SRTM) 90m Digital Elevation Model (DEM) for Sudan overlaid with the Sudan National Micronutrient survey primary sampling unit locations

With this data, we are able to extract elevation data for each of the PSUs in the Sudan Micronutrient Survey dataset.

Table 2: Sudan National Micronutrient Survey dataset with altitude extracted from SRTM 90m DEM

| psu | state | locality | sex | hb                 | altitude |
|-----|-------|----------|-----|--------------------|----------|
| 45  | 16    | 164      | 2   | 11.6               | 978      |
| 45  | 16    | 164      | 2   | 13.9               | 978      |
| 45  | 16    | 164      | 2   | 12.4               | 978      |
| 45  | 16    | 164      | 2   | 13.1               | 978      |
| 45  | 16    | 164      | 2   | 13.2               | 978      |
| 45  | 16    | 164      | 2   | 10.3               | 978      |
| 45  | 16    | 164      | 2   | 12.4               | 978      |
| 45  | 16    | 164      | 1   | 8.8000000000000007 | 978      |
| 45  | 16    | 164      | 2   | 11.8               | 978      |
| 45  | 16    | 164      | 1   | 8.1                | 978      |
| 45  | 16    | 164      | 2   | 12.4               | 978      |
| 45  | 16    | 164      | 2   | 9.1                | 978      |
| 45  | 16    | 164      | 2   | 13.3               | 978      |
| 45  | 16    | 164      | 1   | 9.8000000000000007 | 978      |
| 45  | 16    | 164      | 2   | 10.4               | 978      |
| 45  | 16    | 164      | 2   | 13                 | 978      |
| 45  | 16    | 164      | 2   | 11.8               | 978      |
| 45  | 16    | 164      | 2   | 13                 | 978      |
| 45  | 16    | 164      | 2   | 8.5                | 978      |
| 45  | 16    | 164      | 2   | 8.6                | 978      |
| 45  | 16    | 164      | 2   | 11.4               | 978      |
| 45  | 16    | 164      | 2   | 12.6               | 978      |
| 45  | 16    | 164      | 2   | 8.9                | 978      |
| 45  | 16    | 164      | 2   | 14.2               | 978      |
| 45  | 16    | 164      | 1   | 10.5               | 978      |
| 45  | 16    | 164      | 2   | 11.9               | 978      |
| 45  | 16    | 164      | 2   | 11.6               | 978      |
| 45  | 16    | 164      | 2   | 10.7               | 978      |
| 45  | 16    | 164      | 2   | 10.8               | 978      |
| 53  | 16    | 164      | 1   | 10.6               | 874      |
| 53  | 16    | 164      | 2   | 10                 | 874      |
| 53  | 16    | 164      | NA  | NA                 | 874      |
| 53  | 16    | 164      | 1   | 11.8               | 874      |
| 53  | 16    | 164      | 2   | NA                 | 874      |
| 53  | 16    | 164      | 2   | 12.4               | 874      |
| 53  | 16    | 164      | 1   | 7.9                | 874      |
| 53  | 16    | 164      | 1   | 8.4                | 874      |
| 53  | 16    | 164      | 2   | 11.7               | 874      |
| 53  | 16    | 164      | 2   | 10.6               | 874      |
| 53  | 16    | 164      | 2   | 12.5               | 874      |

Adjustments to measured Hb based on altitude will be done based on the following [\[World](#)

Health Organization, 2011b]:

Table 3: Altitude adjustments to measured haemoglobin concentrations

| Altitude<br>(metres above<br>sea level) | Measured<br>haemoglobin<br>adjustment<br>(g/L) |
|---|--|
| < 1000                                  | 0  |
| 1000                                    | -2   |
| 1500                                    | -5   |
| 2000                                    | -8   |
| 2500                                    | -13  |
| 3000                                    | -19  |
| 3500                                    | -27  |
| 4000                                    | -35  |
| 4500                                    | -45  |

## 2.2 Serum ferritin and c-reactive protein

Normal serum ferritin levels range from 12  $\mu\text{g/L}$  to 150  $\mu\text{g/L}$ . Following are the cut-offs for serum ferritin concentration that indicate either iron depletion or iron overload [World Health Organization and Centers for Disease Control and Prevention, 2007, Gorstein et al., 2007, Wegmüller et al., 2020, World Health Organization, 2011a].

Table 4: Relative extent of iron stores on the basis of serum ferritin concentration ( $\mu\text{g/L}$ )

|  | Serum ferritin ( $\mu\text{g/L}$ ) |        |                  |        |
|--|------------------------------------|--------|------------------|--------|
|  | Less than 5 years                  |        | 5 years or older |        |
|  | Male                               | Female | Male             | Female |
| <b>Depleted iron stores</b>                              | < 12                               | < 12   | < 15             | < 15   |
| <b>Depleted iron stores in the presence of infection</b> | < 30                               | < 30   | -                | -      |
| <b>Severe risk of iron overload (adults)</b>             | -                                  | -      | > 200            | > 150  |

Serum ferritin will be used to assess iron deficiency for children less than 5 and for any other individual above 5 years old. For children less than 5 years old, a cut-off for serum ferritin value of < 12  $\mu\text{g/L}$  indicates iron deficiency while for those older than 5 years old, a cut-off of < 15  $\mu\text{g/L}$  is used.

However, it has been recommended that serum ferritin values be adjusted based on inflammation status ideally using both of the acute phase proteins - C-reactive protein (CRP) and  $\alpha_1$ -acid glycoprotein (AGP) to yield the most unbiased estimates of iron deficiency. However, the Sudan Micronutrient Survey only assessed CRP in the samples. The recommended adjustments when

only one of the active phase proteins is available is to use an appropriate multiplier to the serum ferritin value depending on inflammation status of the respondent as described below:

Table 5: Cut-offs to determine inflammation

| Active Phase Protein | Cut-off  |
|----------------------|----------|
| CRP                  | > 5 mg/L |
| AGP                  | > 1 g/L  |

If a respondent is classified as being in an active inflammation process, then serum ferritin is adjusted accordingly. If inflammation is assessed using CRP only, the serum ferritin is adjusted by 0.65 [Thurnham et al., 2010].

## 2.3 Calcium

The range of normal values for serum calcium is age-dependent as shown below [Lietman et al., 2010]:

Table 6: Representative normal values for age for concentration of serum total calcium

| Target Group | Age        | Serum total calcium (mg/dL) |
|--------------|------------|-----------------------------|
| Infants      | 0-3 months | 8.8 - 11.3                  |
|              | 1-5 years  | 9.4 - 10.8                  |
| Children     | 6-12 years | 9.4 - 10.3                  |
| Men          | 20 years   | 9.1 - 10.2                  |
|              | 50 years   | 8.9 - 10.0                  |
|              | 70 years   | 8.8 - 9.9                   |
| Women        | 20 years   | 8.8 - 10.0                  |
|              | 50 years   | 8.8 - 10.0                  |
|              | 70 years   | 8.8 - 10.0                  |

We propose to use these normal ranges by age to determine whether a specific respondent group is hypocalcemic or below the normal range for their age or hypercalcemic or above the normal range for their age.

## 2.4 Iodine

Currently, cut-offs for urinary iodine are available for school-age children and older (6 years and older), pregnant women, and for lactating women and children aged less than 2 years.

Following are the various criteria for assessing iodine status in school-age children and older [World Health Organization, 2013]:

Table 7: Epidemiologic criteria for assessing iodine nutrition based on median urinary iodine concentration in school-age children and older

| Median urinary iodine ( $\mu\text{g/L}$ ) | Iodine intake      | Iodine status  |
|---|--------------------|--|
| < 20                                      | Insufficient       | Severe iodine deficiency   |
| 20 - 49                                   | Insufficient       | Moderate iodine deficiency   |
| 50 - 99                                   | Insufficient       | Mild iodine deficiency   |
| 100 - 199                                 | Adequate           | Adequate iodine nutrition  |
| 200 - 299                                 | Above requirements | May pose a slight risk of more than adequate iodine intake in these populations                  |
| 300                                       | Excessive          | Risk of adverse health consequences (iodine-induced hyperthyroidism, autoimmune thyroid disease) |

Following are the various criteria for assessing iodine status in pregnant women, lactating women and children aged less than 2 years [World Health Organization, 2013]:

Table 8: Epidemiologic criteria for assessing iodine nutrition based on median urinary iodine concentration in pregnant women, lactating women, and children aged less than 2 years

| Median urinary iodine ( $\text{g/L}$ )                     | Iodine intake      |
|--|--------------------|
| <b>Pregnant women</b>                                      |                    |
| < 150  | Insufficient       |
| 150 - 249  | Adequate           |
| 250 - 499  | Above requirements |
| 500 or more  | Excessive          |
| <b>Lactating women and children aged less than 2 years</b> |                    |
| < 100  | Insufficient       |
| 100 or more  | Adequate           |

## 3 Micronutrient indicators

Given the biomarkers variables described above, we propose the following indicator sets.

### 3.1 Anaemia prevalence indicators

The anaemia indicators are:

Table 9: Anaemia indicators

|     |  |
|-----|--|
| AN1 | Mild anaemia in children 6-59 months     |
| AN1 | Mild anaemia in non-pregnant carers      |
| AN1 | Mild anaemia in pregnant carers          |
| AN2 | Moderate anaemia in children 6-59 months |
| AN2 | Moderate anaemia in non-pregnant carers  |
| AN2 | Moderate anaemia in pregnant carers      |
| AN3 | Severe anaemia in children 6-59 months   |
| AN3 | Severe anaemia in non-pregnant carers    |
| AN3 | Severe anaemia in pregnant carers        |

The anaemia indicators are calculated using data on **AGE**, **SEX**, **PREGNANCY** status and **HB** measurement (in g/L) of the respondent and on the **ALTITUDE** (in metres) of the location where the respondent resides.

#### 3.1.1 AN1: Mild anaemia

Indicator **AN1** is TRUE if either...

- {(**AGE** of respondent is between 6-59 months old) *or* (**AGE** of respondent is between 15 and 49 years old *and* **SEX** is **FEMALE** *and* **PREGNANT**)} *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $\geq 100$  g/L *and* **HB** is  $\leq 109$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $\geq 102$  g/L *and* **HB** is  $\leq 111$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $\geq 105$  g/L *and* **HB** is  $\leq 114$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $\geq 108$  g/L *and* **HB** is  $\leq 117$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $\geq 113$  g/L *and* **HB** is  $\leq 122$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $\geq 119$  g/L *and* **HB** is  $\leq 128$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $\geq 127$  g/L *and* **HB** is  $\leq 136$  g/L; *or*,



- **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $\geq 135$  g/L *and* **HB** is  $\leq 144$  g/L; *or*,
- **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $\geq 145$  g/L *and* **HB** is  $\leq 154$  g/L; *or*,
- **AGE** of respondent is between 15 and 49 years *and* **SEX** is **FEMALE** *and* **NOT PREGNANT** *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $\geq 110$  g/L *and* **HB** is  $\leq 119$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $\geq 112$  g/L *and* **HB** is  $\leq 121$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $\geq 115$  g/L *and* **HB** is  $\leq 124$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $\geq 118$  g/L *and* **HB** is  $\leq 127$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $\geq 123$  g/L *and* **HB** is  $\leq 132$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $\geq 129$  g/L *and* **HB** is  $\leq 138$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $\geq 137$  g/L *and* **HB** is  $\leq 146$  g/L; *or*,
  - **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $\geq 145$  g/L *and* **HB** is  $\leq 154$  g/L; *or*,
  - **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $\geq 155$  g/L *and* **HB** is  $\leq 164$  g/L.

### 3.1.2 AN2: Moderate anaemia

Indicator **AN2** is TRUE if either...

- $\{(\text{AGE of respondent is between 6-59 months old}) \text{ or } (\text{AGE of respondent is between 15 and 49 years old and SEX is FEMALE and PREGNANT})\}$  *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $\geq 70$  g/L *and* **HB** is  $\leq 99$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $\geq 72$  g/L *and* **HB** is  $\leq 101$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $\geq 75$  g/L *and* **HB** is  $\leq 104$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $\geq 78$  g/L *and* **HB** is  $\leq 107$  g/L; *or*,

- **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $\geq 83$  g/L *and* **HB** is  $\leq 112$  g/L; *or*,
- **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $\geq 89$  g/L *and* **HB** is  $\leq 118$  g/L; *or*,
- **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $\geq 97$  g/L *and* **HB** is  $\leq 126$  g/L; *or*,
- **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $\geq 105$  g/L *and* **HB** is  $\leq 134$  g/L; *or*,
- **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $\geq 115$  g/L *and*  $\leq 144$  g/L; *or*,
- **AGE** of respondent is between 15 and 49 years *and* **SEX** is **FEMALE** *and* **NOT PREGNANT** *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $\geq 80$  g/L *and* **HB** is  $\leq 109$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $\geq 82$  g/L *and* **HB** is  $\leq 111$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $\geq 85$  g/L *and* **HB** is  $\leq 114$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $\geq 88$  g/L *and* **HB** is  $\leq 117$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $\geq 93$  g/L *and* **HB** is  $\leq 122$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $\geq 99$  g/L *and* **HB** is  $\leq 128$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $\geq 107$  g/L *and* **HB** is  $\leq 136$  g/L; *or*,
  - **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $\geq 115$  g/L *and* **HB** is  $\leq 144$  g/L; *or*,
  - **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $\geq 125$  g/L *and* **HB** is  $\leq 154$  g/L.

### 3.1.3 AN3: Severe anaemia

Indicator **AN3** is TRUE if either...

- $\{(\text{AGE of respondent is between 6-59 months old}) \text{ or } (\text{AGE of respondent is between 15 and 49 years old and SEX is FEMALE and PREGNANT})\}$  *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $< 70$  g/L; *or*,

- **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $< 72$  g/L; *or*,
- **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $< 75$  g/L; *or*,
- **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $< 78$  g/L; *or*,
- **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $< 83$  g/L; *or*,
- **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $< 89$  g/L; *or*,
- **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $< 97$  g/L; *or*,
- **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $< 105$  g/L; *or*,
- **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $< 115$  g/L; *or*,
- **AGE** of respondent is between 15 and 49 years *and* **SEX** is *FEMALE* *and* **NOT PREGNANT** *and*
  - **ALTITUDE** is  $< 1000$  metres *and* **HB** is  $< 80$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1000$  metres *and* **ALTITUDE** is  $< 1500$  metres *and* **HB** is  $< 82$  g/L; *or*,
  - **ALTITUDE** is  $\geq 1500$  metres *and* **ALTITUDE** is  $< 2000$  metres *and* **HB** is  $< 85$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2000$  metres *and* **ALTITUDE** is  $< 2500$  metres *and* **HB** is  $< 88$  g/L; *or*,
  - **ALTITUDE** is  $\geq 2500$  metres *and* **ALTITUDE** is  $< 3000$  metres *and* **HB** is  $< 93$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3000$  metres *and* **ALTITUDE** is  $< 3500$  metres *and* **HB** is  $< 99$  g/L; *or*,
  - **ALTITUDE** is  $\geq 3500$  metres *and* **ALTITUDE** is  $< 4000$  metres *and* **HB** is  $< 107$  g/L; *or*,
  - **ALTITUDE** is  $\geq 4000$  metres *and* **ALTITUDE** is  $< 4500$  metres *and* **HB** is  $< 115$  g/L; *or*,
  - **ALTITUDE** is  $= 4500$  metres *and* **HB** is  $< 125$  g/L.

## 3.2 Serum iron stores indicators

The serum iron stores indicators are:

Table 10: Body iron stores indicators

|     |   |
|-----|---|
| IR1 | Iron deficiency in children 6-59 months |
| IR1 | Iron deficiency in non-pregnant carers  |
| IR1 | Iron deficiency in pregnant carers      |
| IR2 | Iron overload in children 6-59 months   |
| IR2 | Iron overload in non-pregnant carers    |
| IR2 | Iron overload in pregnant carers        |

Serum iron stores indicators require data on **AGE**, **SEX**, **CRP** and serum **FERRITIN** concentration.

### 3.2.1 IR1: Iron deficiency indicators

The indicator IR1 is TRUE if either...

- **AGE** of respondent is between 6-59 months old *and*
  - **CRP**  $\leq 5$  mg/L *and* serum **FERRITIN** is  $< 12$   $\mu\text{g/L}$ ; or,
  - **CRP**  $> 5$  mg/L *and* serum **FERRITIN** is  $< 19.8$   $\mu\text{g/L}$ ; or,
- **AGE** of respondent is between 15 and 49 years old *and*
  - **CRP**  $\leq 5$  mg/L *and* serum **FERRITIN** is  $< 15$   $\mu\text{g/L}$ ; or,
  - **CRP**  $> 5$  mg/L *and* serum **FERRITIN** is  $< 24.75$   $\mu\text{g/L}$ .

### 3.2.2 IR2: Iron overload indicators

The indicator IR2 is TRUE if either...

- **AGE** of respondent is between 15 and 49 years old *and* **SEX** is *MALE and*
  - **CRP**  $\leq 5$  mg/L *and* serum **FERRITIN** is  $> 200$   $\mu\text{g/L}$ ; or,
  - **CRP**  $> 5$  mg/L *and* serum **FERRITIN** is  $> 330$   $\mu\text{g/L}$ ; or,
- **AGE** of respondent is between 15 and 49 years old *and* **SEX** is *FEMALE and*
  - **CRP**  $\leq 5$  mg/L *and* serum **FERRITIN** is  $> 150$   $\mu\text{g/L}$ ; or,
  - **CRP**  $> 5$  mg/L *and* serum **FERRITIN** is  $> 247.5$   $\mu\text{g/L}$

### 3.3 Acute inflammation indicators

Acute inflammation (AI) indicators require serum **CRP** concentration.

The indicator AI is TRUE if **CRP** is  $> 5$  mg/L for any respondent type.

### 3.4 Calcium stores indicators

The calcium stores indicators are:

Table 11: Serum calcium stores indicators

|     |   |
|-----|---|
| CA1 | Hypocalcemia in children 6-59 months old  |
| CA1 | Hypocalcemia in non-pregnant carers       |
| CA1 | Hypocalcemia in pregnant carers           |
| CA2 | Hypercalcemia in children 6-59 months old |
| CA2 | Hypercalcemia in non-pregnant carers      |
| CA2 | Hypercalcemia in pregnant carers          |

The serum calcium stores indicators require **AGE**, **SEX**, **PREGNANCY** status and serum **CALCIUM** concentration.

#### 3.4.1 CA1: Hypocalcemia indicators

The indicator CA1 is TRUE if ...

- **AGE** of respondent is between 12 and 59 months *and* serum **CALCIUM** is  $< 9.4$  mg/dL; *or*,
- **AGE** of respondent is  $> 12$  years and  $\leq 70$  years *and* **SEX** is **FEMALE** *and* {**NOT PREGNANT**} *or* (**PREGNANT**)} *and* serum **CALCIUM** is  $< 8.8$  mg/dL.

#### 3.4.2 CA2: Hypercalcemia indicators

The indicator CA2 is TRUE if ...

- **AGE** of respondent is between 12 and 59 months *and* serum **CALCIUM** is  $> 10.8$  mg/dL; *or*,
- **AGE** of respondent is  $> 12$  years and  $\leq 70$  years *and* **SEX** is **FEMALE** *and* {**NOT PREGNANT**} *or* (**PREGNANT**)} *and* serum **CALCIUM** is  $> 10.0$  mg/dL.

### 3.5 Iodine concentration indicators

The iodine concentration indicators are:

Table 12: Iodine concentration indicators

|     |   |
|-----|---|
| ID1 | Insufficient iodine in children less than 24 months old         |
| ID1 | Insufficient iodine in lactating carers                         |
| ID1 | Insufficient iodine in pregnant carers                          |
| ID2 | Mild iodine deficiency in non-pregnant non-lactating carers     |
| ID3 | Moderate iodine deficiency in non-pregnant non-lactating carers |
| ID4 | Severe iodine deficiency in non-pregnant non-lactating carers   |
| ID5 | Excessive iodine in pregnant carers                             |
| ID5 | Excessive iodine in non-pregnant non-lactating carers           |

The iodine concentration indicators require **AGE**, **SEX**, **PREGNANCY** status and **LACTATION** status and urinary **IODINE** concentration.

#### 3.5.1 ID1: Iodine insufficiency indicator

The ID1 indicator is TRUE if ...

- **AGE** is less than 24 months old *and* urinary **IODINE** is  $< 100$  g/L; *or*,
- **AGE** is between 15 and 49 years old *and* **LACTATING** *and*\* urinary **IODINE** is  $< 100$  g/L; *or*,
- **AGE** is between 15 and 49 years old *and* **PREGNANT** *and* urinary **IODINE** is  $< 150$  g/L; *or*,

#### 3.5.2 ID2: Mild iodine deficiency

The ID2 indicator is TRUE if ...

- **AGE** is between 15-49 years old *and* **NOT PREGNANT** *and* **NOT LACTATING** *and* urinary **IODINE** is  $\geq 50$  g/L *and* urinary **IODINE** is  $\leq 99$  g/L.

#### 3.5.3 ID3: Moderate iodine deficiency

The ID3 indicator is TRUE if ...

- **AGE** is between 15-49 years old *and* **NOT PREGNANT** *and* **NOT LACTATING** *and* urinary **IODINE** is  $\geq 20$  g/L *and* urinary **IODINE** is  $\leq 49$  g/L.

### 3.5.4 ID4: Severe iodine deficiency

The ID4 indicator is TRUE if ...

- **AGE** is between 15-49 years old *and* **NOT PREGNANT** *and* **NOT LACTATING** *and* urinary **IODINE** is  $< 20$  g/L.

### 3.5.5 ID5: Excessive iodine

The ID5 indicator is TRUE if ...

- **AGE** is between 15-49 years old *and* **NOT PREGNANT** *and* **NOT LACTATING** *and* urinary **IODINE** is  $\geq 300$ ; or,
- **AGE** is between 15-49 years old *and* **PREGNANT** *and* urinary **IODINE** is  $\geq 500$ .

## 4 Summary

Given these indicator definition, we propose the following list of indicators to be analysed and reported for the Sudan Micronutrient Survey.

Table 13: List of proposed indicators for Sudan National Micronutrient Survey

| Category           | Indicators  | Type       |
|--------------------|---|------------|
| Anaemia            | Mild anaemia in children 6-59 months old          | Proportion |
|                    | Moderate anaemia in children 6-59 months old      | Proportion |
|                    | Severe anaemia in children 6-59 months old        | Proportion |
|                    | Mild anaemia in non-pregnant carers               | Proportion |
|                    | Moderate anaemia in non-pregnant carers           | Proportion |
|                    | Severe anaemia in non-pregnant carers             | Proportion |
|                    | Mild anaemia in pregnant carers                   | Proportion |
|                    | Moderate anaemia in pregnant carers               | Proportion |
| Iron deficiency    | Severe anaemia in pregnant carers                 | Proportion |
|                    | Iron deficiency in children 6-59 months old       | Proportion |
|                    | Iron deficiency in non-pregnant carers            | Proportion |
| Iron overload      | Iron deficiency in pregnant carers                | Proportion |
|                    | Iron overload in children 6-59 months old         | Proportion |
|                    | Iron overload in non-pregnant carers              | Proportion |
| Inflammation       | Iron overload in pregnant carers                  | Proportion |
|                    | Active inflammation in children 6-59 months old   | Proportion |
|                    | Active inflammation in non-pregnant carers        | Proportion |
| Calcium deficiency | Active inflammation in pregnant carers            | Proportion |
|                    | Hypocalcemia in children 12-59 months old         | Proportion |
|                    | Hypocalcemia in non-pregnant women carers         | Proportion |
| Calcium overload   | Hypocalcemia in pregnant carers                   | Proportion |
|                    | Hypercalcemia in children 12-59 months old        | Proportion |
|                    | Hypercalcemia in non-pregnant women carers        | Proportion |
| Iodine deficiency  | Hypercalcemia in pregnant carers                  | Proportion |
|                    | Mild iodine deficiency in non-pregnant carers     | Proportion |
|                    | Moderate iodine deficiency in non-pregnant carers | Proportion |
|                    | Severe iodine deficiency in non-pregnant carers   | Proportion |
|                    | Iodine deficiency in pregnant carers              | Proportion |
| Iodine excess      | Iodine deficiency in lactating carers             | Proportion |
|                    | Excessive iodine in non-pregnant carers           | Proportion |
|                    | Excessive iodine in pregnant carers               | Proportion |



## 4.1 Results presentation

Estimates with corresponding confidence intervals for these indicators will be presented in tables. Estimates for these indicators will also be presented as choropleth maps at the state level for which estimates will be representative of.

In addition, we will summarise the biomarker values using the usual 6 figure summary (minimum value, first quartile, median, mean, third quartile and maximum value) and then present the distribution of the biomarker values as a violin plot with the range of normal values shown. An example violin plot for Hb is shown below.

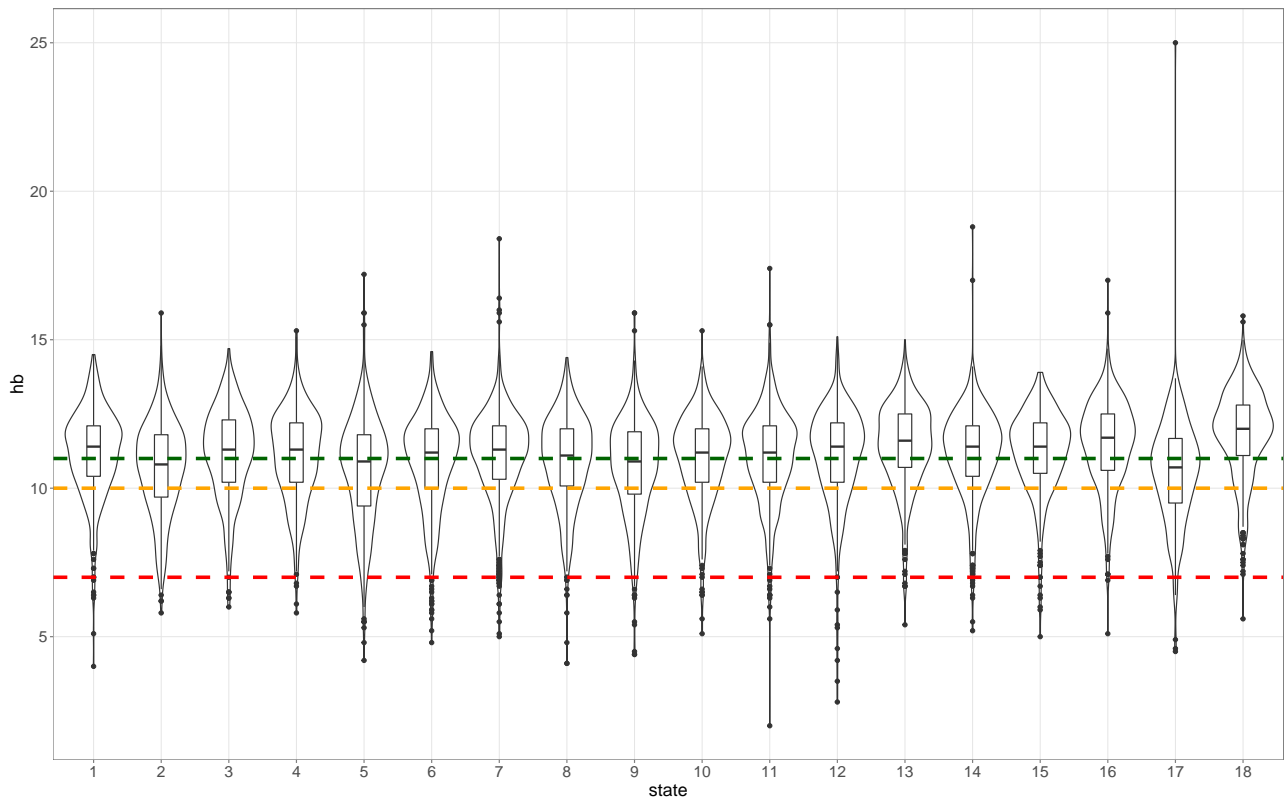


Figure 2: Example violin plot for Hb in children 6-59 months sample by state

For absurdly high or low outliers such as that in State 17, we propose to winsorize with the aim of discarding as little data as possible by bringing down high values or bringing up low values enough that no bias is introduced into the estimate of mean values.

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