Document Conventions:

- T denotes time.
- [CAPITALIZED WORDS IN BRACKETS] are instructions or indicators and are not read aloud.
- [lower case words in brackets] are substitutions.
- **Bold** indicates text that should be stressed/not skipped.
- NCS indicates Net Control.
- TRAINER/trainer indicates the individual conducting training.



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[PRELIMINARIES]

[IF T-10] This is [my call sign]. The Eastern Rockingham County ARES Training Net will start in 10 minutes.

[IF T-5] This is [my call sign]. The Eastern Rockingham County ARES Training Net will start in 5 minutes.

[PREAMBLE]

This is Whiskey One Romeo Oscar Charlie, W1ROC, net control (NCS) for the Eastern Rockingham County ARES Training Net. My name is [my name, my ITU phonetic call sign].

This net provides information and training on [voice and/or digital] emergency communications. This is a directed net, so please listen carefully to NCS and do not transmit unless requested. The only exceptions are for emergency traffic and relays for stations not heard by NCS.

[TRAFFIC—EMERGENCY & PRIORITY]

Call now with emergency or priority traffic **only**.

[CHECK-INS]

This net is open to all amateur radio licensees. I will call for check-ins in the following order:

- Portable and mobile stations 1st,
- Fixed stations last.

During check-in, give your ITU phonetic call sign slowly and clearly, then spell your call. For example: this is Kilo Bravo One Xray Yankee Zulu, KB1XYZ. Follow this with your first name, your location, and whether you will be participating in tonight's digital training.

• Portable and mobile stations, call now.

[ACKNOWLEDGE NAMES

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• Fixed stations call now and list your power source.

& CALL SIGNS]

Digital training participants, start [digital communications application] now, ensure its readiness to transmit and receive, and join the [video conferencing software] meeting.

[TRAFFIC—WELFARE & ROUTINE]

Call now and list your welfare or routine traffic. [ACKNOWLEDGE RESPONDING STATION(S) AS HAVING BEEN CHECKED IN AND TO PROCEED WITH TRAFFIC]

[ANNOUNCEMENTS]

[IF T+10] This is W1ROC, NCS for the Eastern Rockingham County ARES Training Net.

- [IF ANY] We have the following public service announcement(s). [READ ANNOUNCEMENT(S)]
- Call now with announcements.

[ADDITIONAL CHECK-INS]

Additional check-ins, call now with your ITU phonetic call sign, then state your name, location, and whether you will be participating in digital training. [ACKNOWLEDGE NAMES & CALL SIGNS]

[TRAINING—VOICE]

- •EC, call now with training.
- •Remaining stations, call now with training.
- •Call now with comments regarding tonight's training.

All stations go direct to [trainer call sign] for the duration of training.

[BUSINESS]

[IF T + 20] This is W1ROC, NCS for the Eastern Rockingham County ARES Training Net. Call now with business.

[LATE CHECK-INS & TOTAL]

Late check-ins, call now with your ITU phonetic call sign, then state your name, location, and whether you will be participating in digital training. [ACKNOWLEDGE NAMES & CALL SIGNS]

[number of stations] stations have checked in. **Stations not participating in digital training are now secured from net.**

[NCS TRANSFER/TRAINER INTRO]

[IF ORIGINAL NCS IS TRANSFERRING NET CONTROL TO DIGITAL TRAINER]	This is W1ROC, NCS for the Eastern Rockingham County ARES Training Net, transferring net control for digital training. This is [my call sign]; clear. [TRAINER] This is Whiskey One Romeo Oscar Charlie, W1ROC, NCS for the Eastern Rockingham County ARES Training Net. My name is [my name, my ITU phonetic call sign].
[ELSE IF ORIGINAL NCS IS RETAINING NET CONTROL FOR THE DURATION OF DIGITAL TRAINING]	This is W1ROC, NCS for the Eastern Rockingham County ARES Training Net. [trainer call sign], proceed with your digital training. All stations go direct to [trainer call sign] for the duration of training. [TRAINER] This is [my name, my ITU phonetic call sign].

[TRAINING—DIGITAL]

[EXECUTE DIGITAL TRAINING SECTION DOC]

[POSTAMBLE]

We thank the Port City Amateur Radio Club for the use of its repeater.

For further information about the P-C-A-R-C, please visit www dot W1WQM dot org. For further information about New Hampshire ARES, please visit www dot NH hyphen ARES dot org. For further information about Eastern Rockingham County ARES, please visit www dot W1ROC dot org.

This is W1ROC, securing the Eastern Rockingham County ARES Training Net on [month][day] at [local time] and returning the repeater to general amateur use. This is [my call sign]; clear. [END]