

# **fMRI: THE METHOD & ITS APPLICATIONS**



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# fMRI: The method & its applications

P A R E N T A L

A D V I S O R Y

E X P L I C I T   C O N T E N T

- 1. What is a MRI scanner? What is fMRI?**
- 2. What is the signal that fMRI is recording?**
- 3. How is it typically used as a research tool?**

# functional MRI is a special way of using Magnetic Resonance Imaging.



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Neuroscience

## Neuroscientists create 'atlas' showing how words are organised in the brain

Using brain imaging, scientists have built a map displaying how words and their meanings are represented across different regions of the brain

Ian Sample Science editor @iansample Wednesday 27 April 2016 16:00 BST

This article is 1 year old 36,832 275

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Available online at [www.sciencedirect.com](http://www.sciencedirect.com) ScienceDirect Cognition 107 (2008) 343–352 COGNITION [www.elsevier.com/locate/COGNIT](http://www.elsevier.com/locate/COGNIT)

Brief article

### Seeing is believing: The effect of brain images on judgments of scientific reasoning

David P. McCabe <sup>a,\*</sup>, Alan D. Castel <sup>b</sup>

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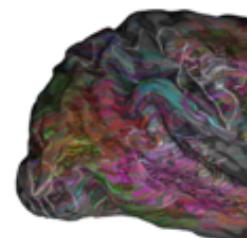
<sup>b</sup> Department of Psychology, University of California, 1285 Franz Hall, Box 951563, CA 90095-1563, Los Angeles, USA

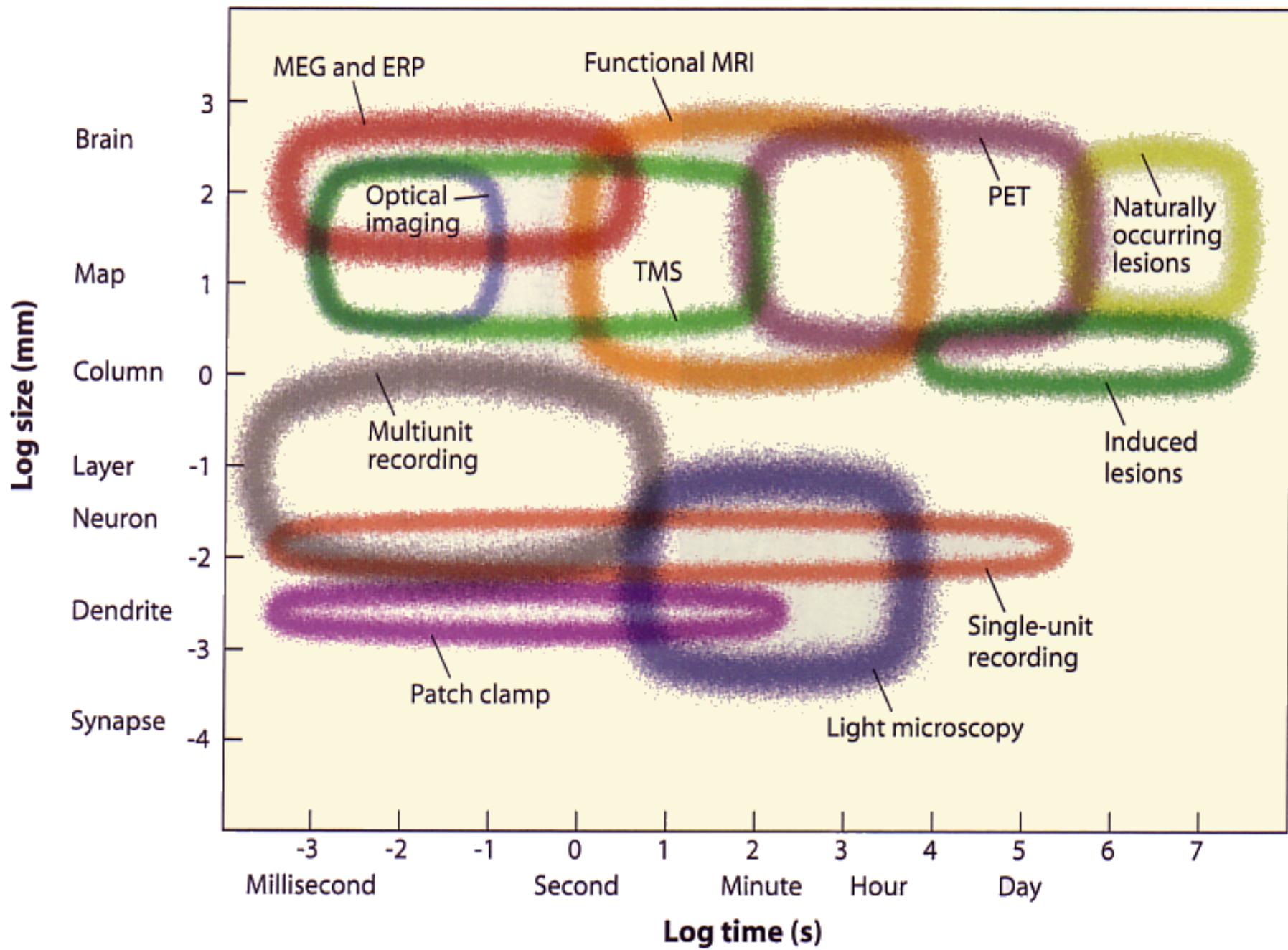
Received 19 December 2006; revised 25 July 2007; accepted 25 July 2007

**Abstract**

Brain images are believed to have a particularly persuasive influence on the public perception of research on cognition. Three experiments are reported showing that presenting brain images with articles summarizing cognitive neuroscience research resulted in higher ratings of scientific reasoning for arguments made in those articles, as compared to articles accompanied by bar graphs, a topographical map of brain activation, or no image. These data lend support to the notion that part of the fascination, and the credibility, of brain imaging research lies in the persuasive power of the actual brain images themselves. We argue that brain images are influential because they provide a physical basis for abstract cognitive processes, appealing to people's affinity for reductionistic explanations of cognitive phenomena. © 2007 Elsevier B.V. All rights reserved.

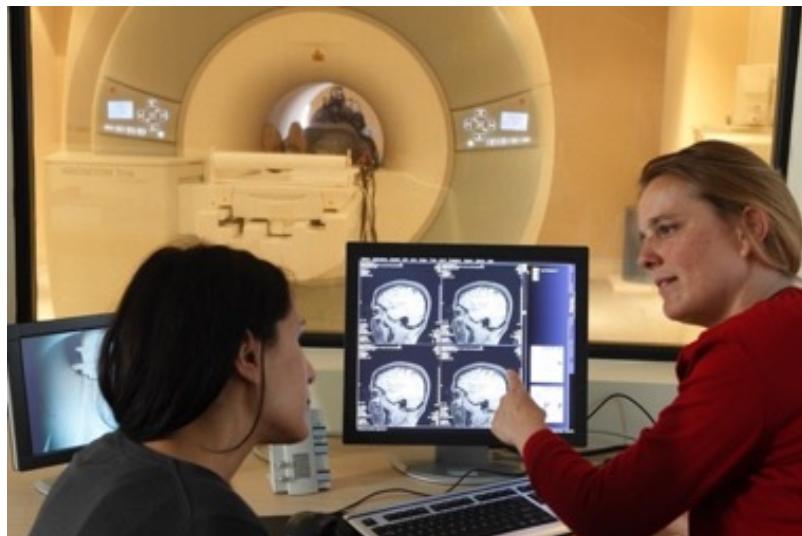
**Keywords:** Scientific communication; fMRI; Brain imaging; Persuasion; Cognitive neuroscience







# fMRI is at its infancy



- 1946 Block & Purcell finds that atoms absorb and re-emit RF energy (Nobel Prize laureates)
- 1971 MRI is used to detect tumors
- 1977 Clinical MRI patented + Echo-Planar Imaging (EPI)
- 1990 Ogawa reports Blood Oxygenation Level Dependent (BOLD) effects
- 1992 Ogawa et al. and Kwong et al. report first fMRI results

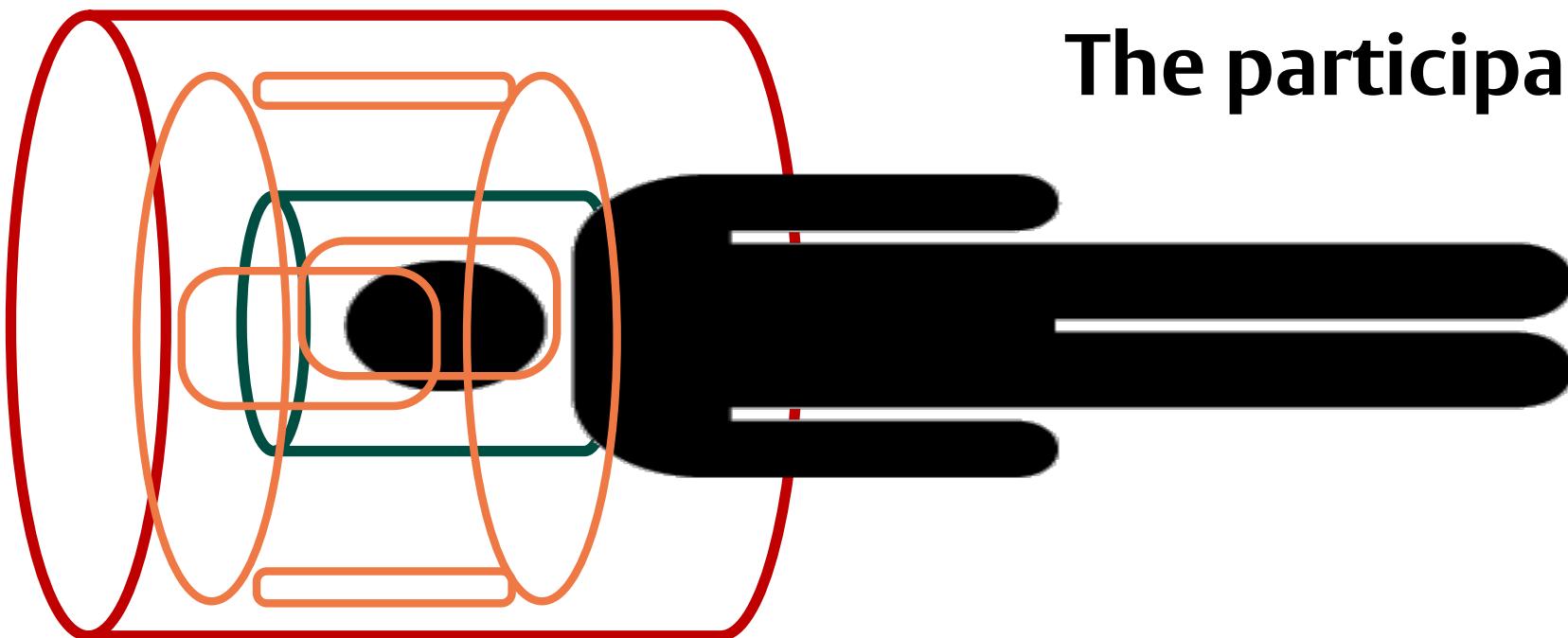
# A coil is an electric wire wrapped up in a particular way.



The magnet (main coil)

The gradient coils

The RF coil / antenna (1-64 channels)



The participant

# A typical scanner creates a magnetic field 60,000 times stronger than that of the Earth.



This field is referred to as the “main field”, or simply “ $B_0$ ”

Earth’s magnetic field is 0.5 Gauss

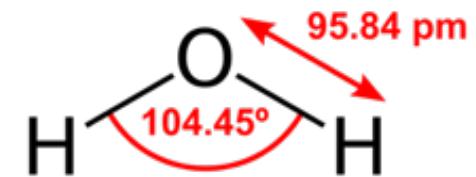
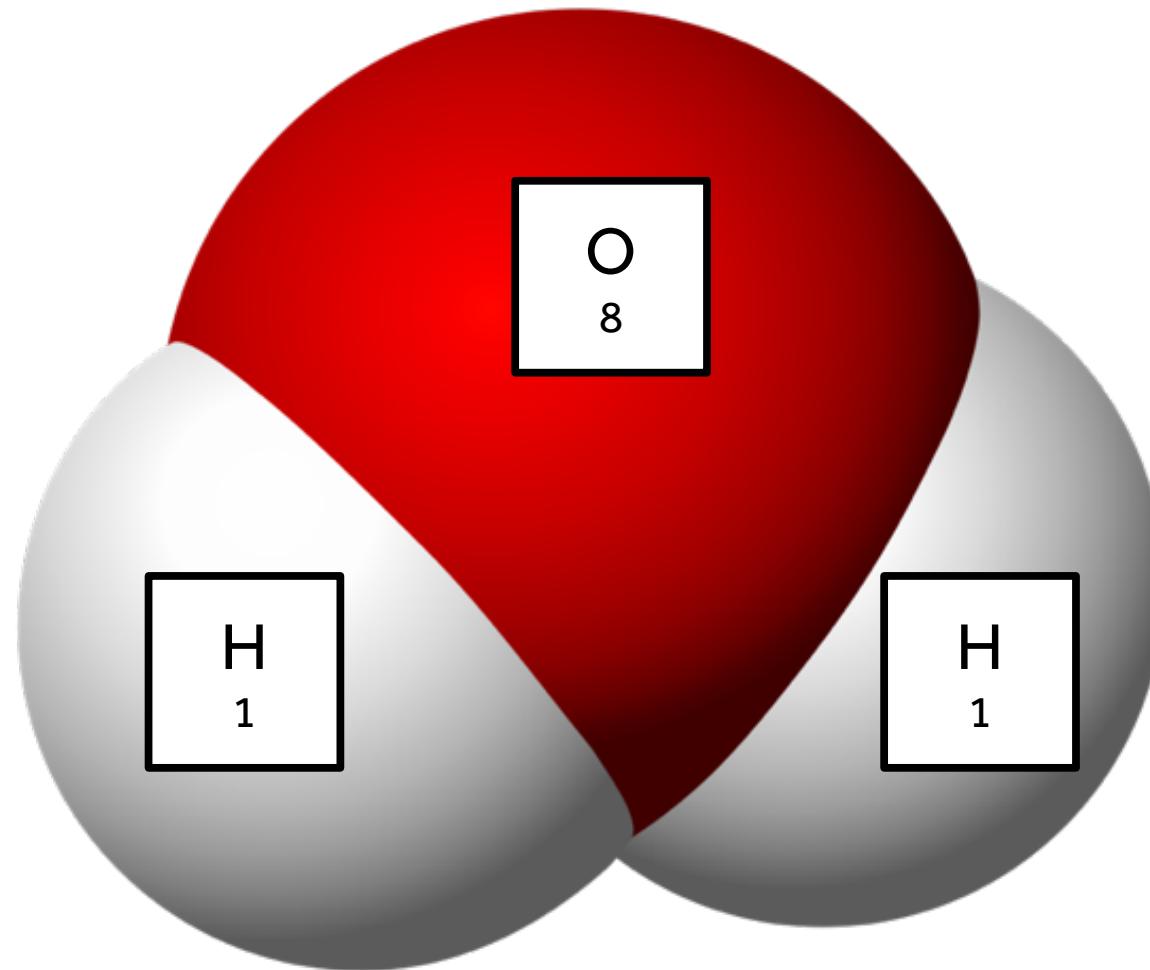
1 Tesla (T) = 10,000 Gauss

$3T = 60,000$  Gauss

The human brain’s intrinsic magnetic field is  $10^{-9}$  to  $10^{-8}$  Gauss

$$\frac{1}{1,000,000,000} = 0,000000001 \text{ Gauss}$$

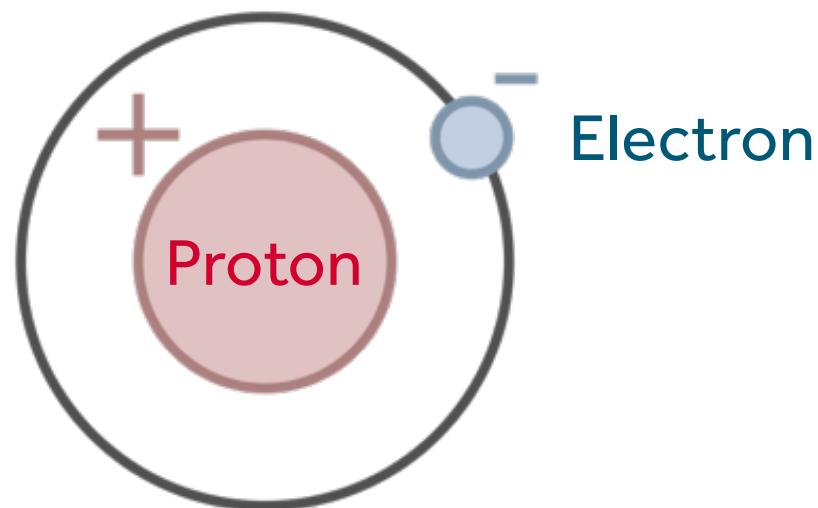
# Water ( $H_2O$ ) has magnetic properties.



[https://simple.wikipedia.org/wiki/Water\\_\(molecule\)](https://simple.wikipedia.org/wiki/Water_(molecule))

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# An atom of Hydrogen has 1 proton.

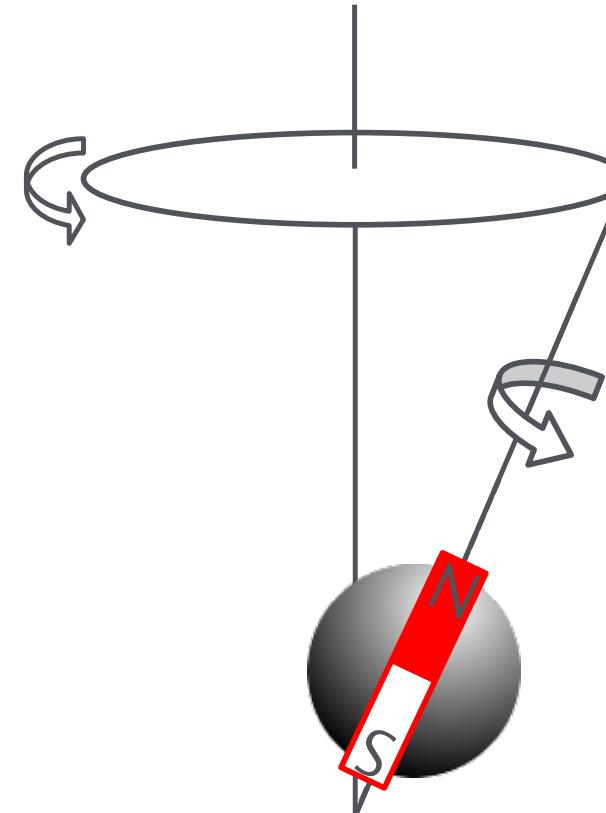


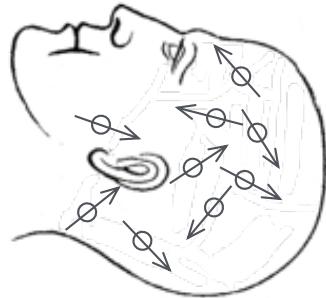
# A proton is typically represented as a rotating sphere with a polarity.

By placing a proton inside an external magnetic field ( $B_0$ )...

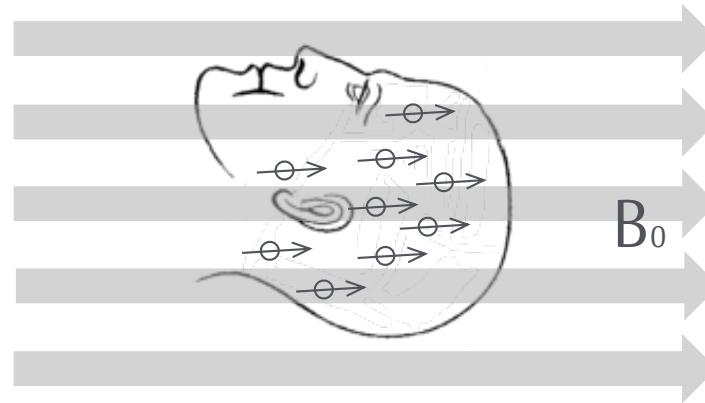
.. we can measure the energy emitted by their “spins”

... and estimate physical properties that represent the orientation, frequency of the rotations, etc



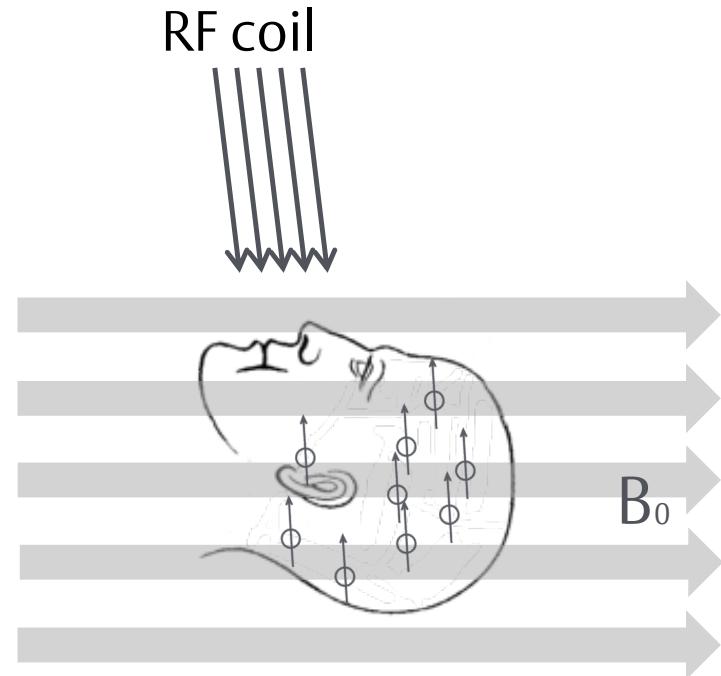


Outside a magnetic field, protons are oriented randomly

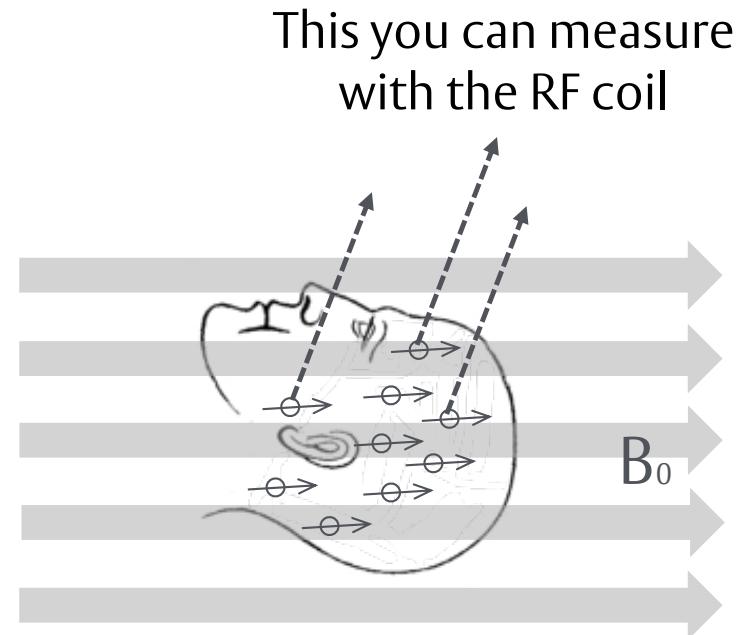


When you put a material (like a brain) in an MRI scanner, some of the protons orient themselves with the magnetic field ( $B_0$ ).

# The RF coil is turned on/off rapidly, and the energy emitted is measured



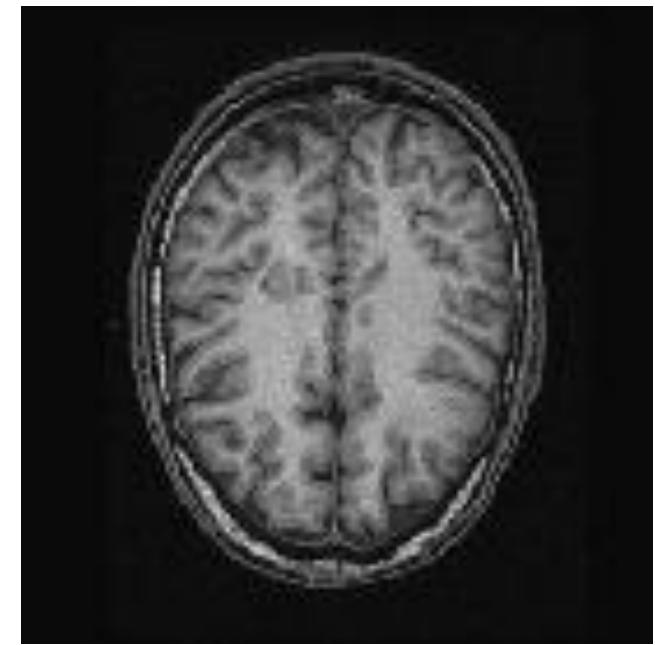
When you apply radio waves (RF pulse) at the appropriate frequency, you can change the orientation of the spins as the protons absorb energy.



After you turn off the radio waves, as the protons return to their original orientations, they emit energy in the form of radio waves.

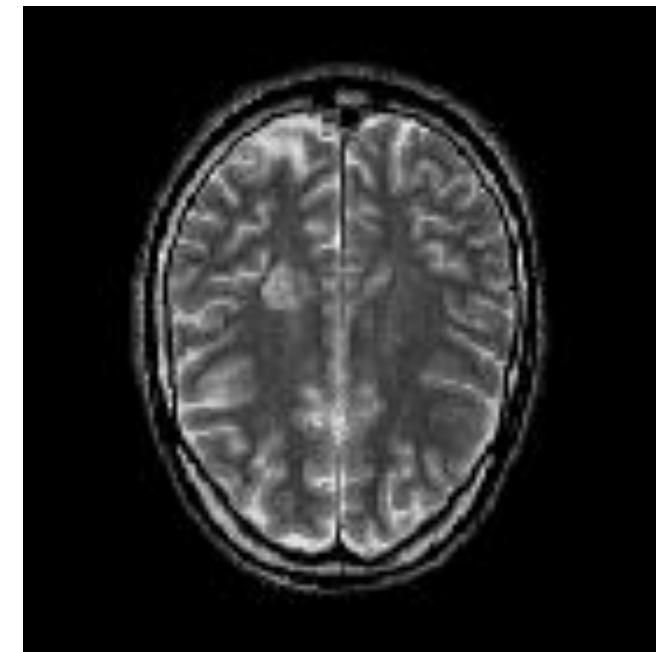
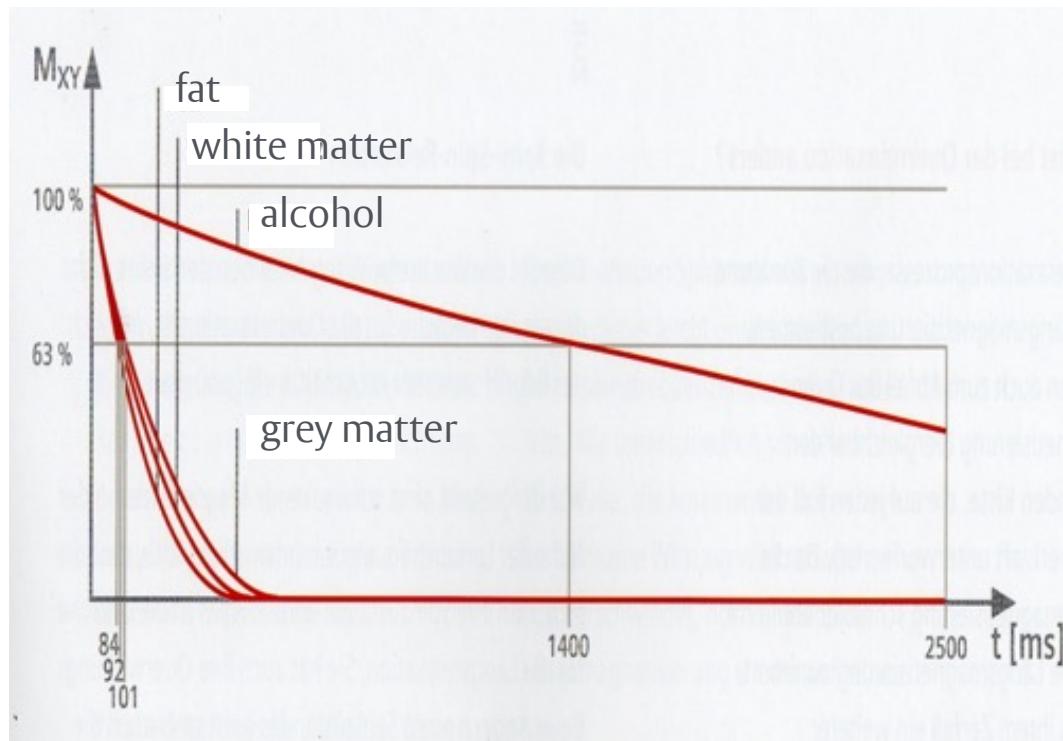
# The RF coil is turned on/off rapidly, and the energy emitted is measured

“T1 weighted relaxation” (structural) refer to the period of time when spins align from  $B_0$  to the orientation of the RF coil.

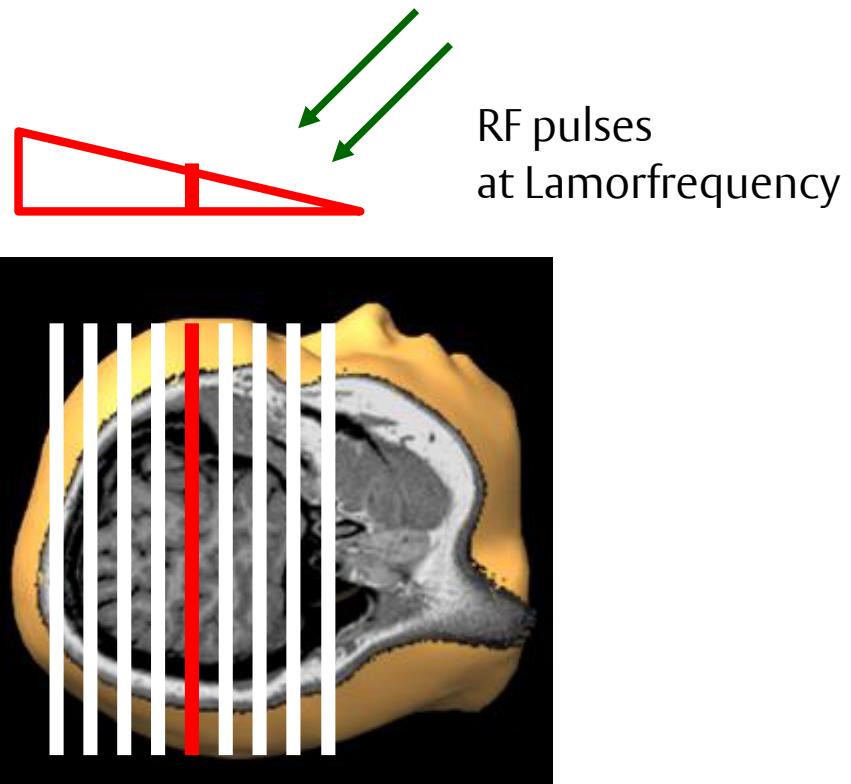
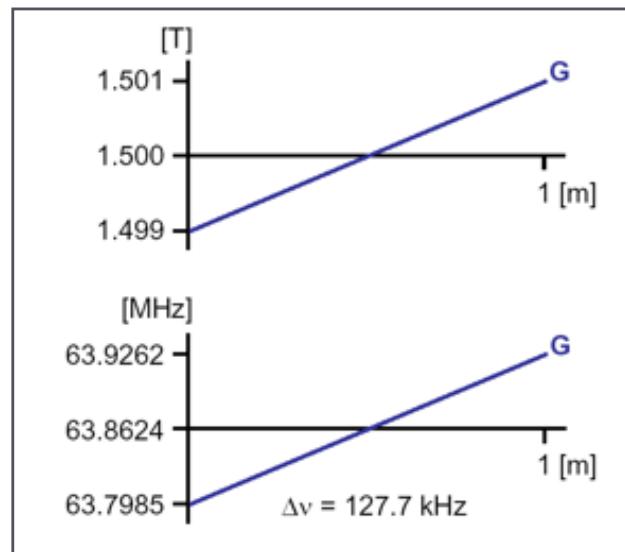


# The RF coil is turned on/off rapidly, and the energy emitted is measured

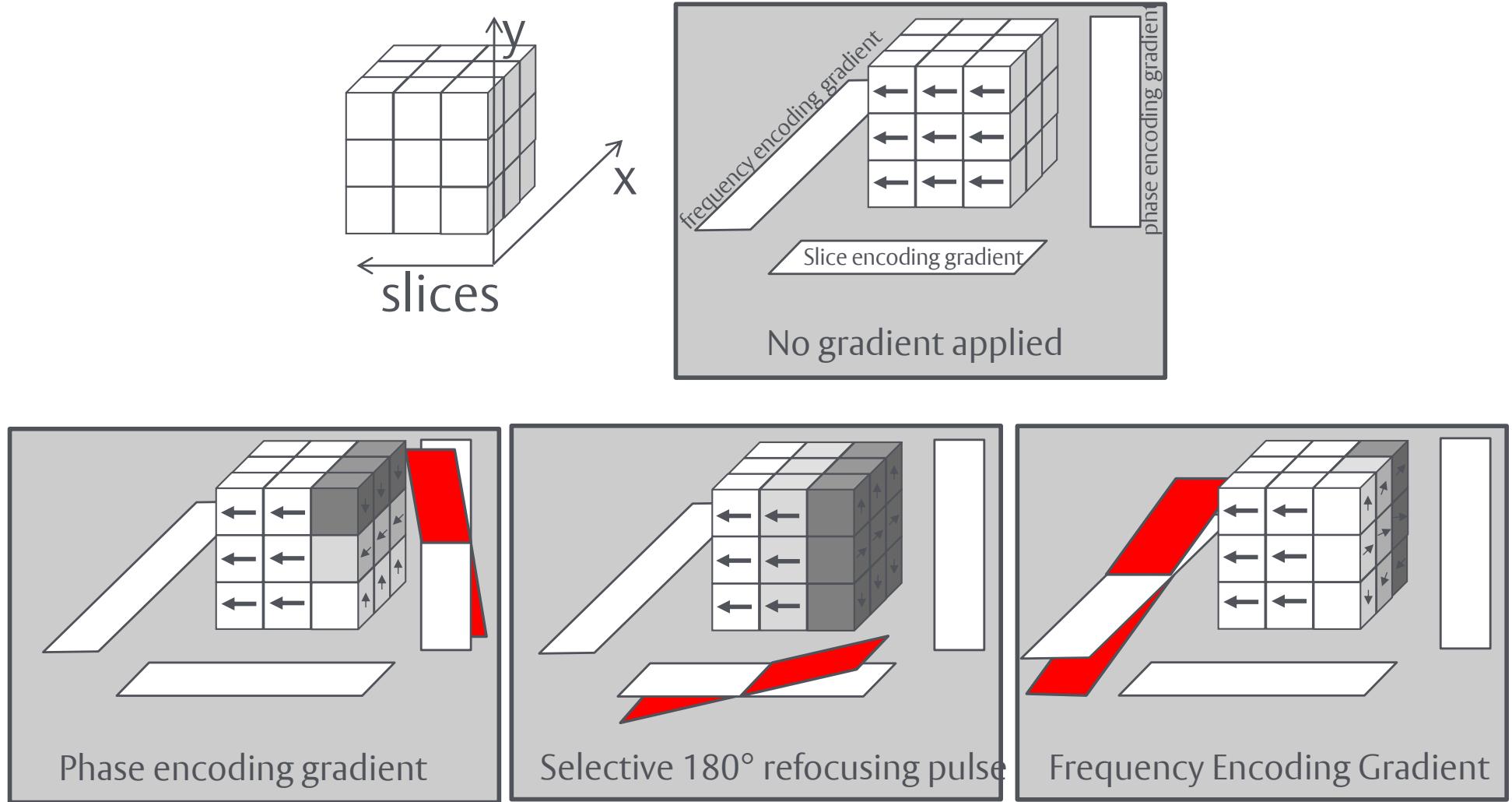
“T2 weighted relaxation” ( $T2^*$ ) refer to the period of time when spins go back to their natural momentum.



# Slice selection is achieved by adding a gradient field ( $G_s$ )

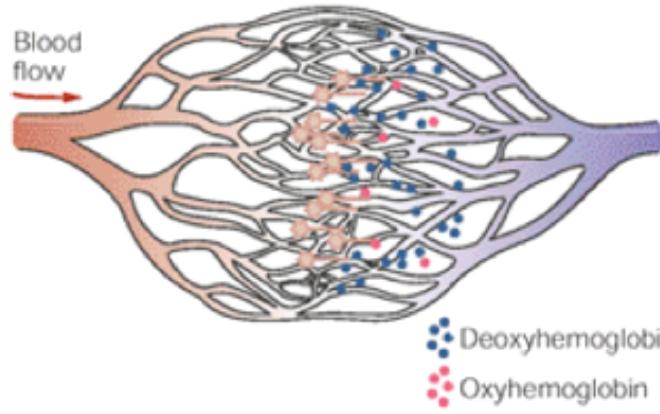


# Applying several gradient fields allows the stimulation of slices and voxels

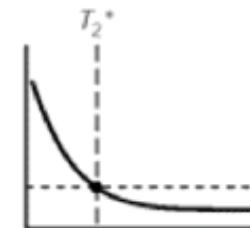
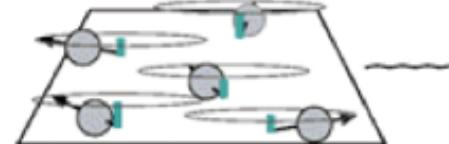


# Blood Oxygenation Level Dependent is a proxy for oxygenation in the blood

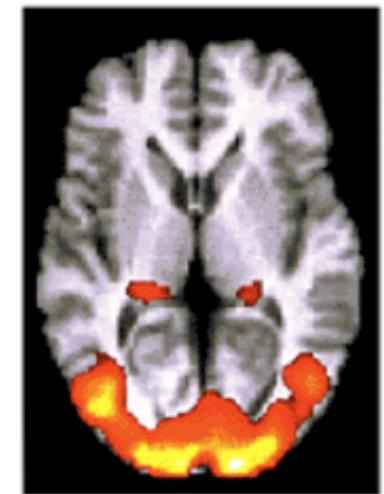
A Unstimulated tissue



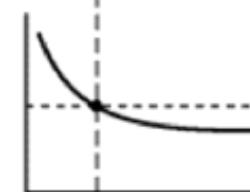
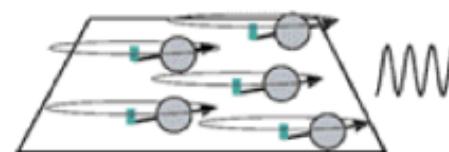
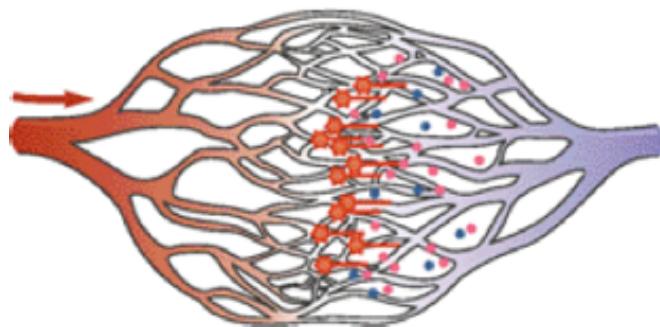
(d-Hb)  
(HbO<sub>2</sub>)



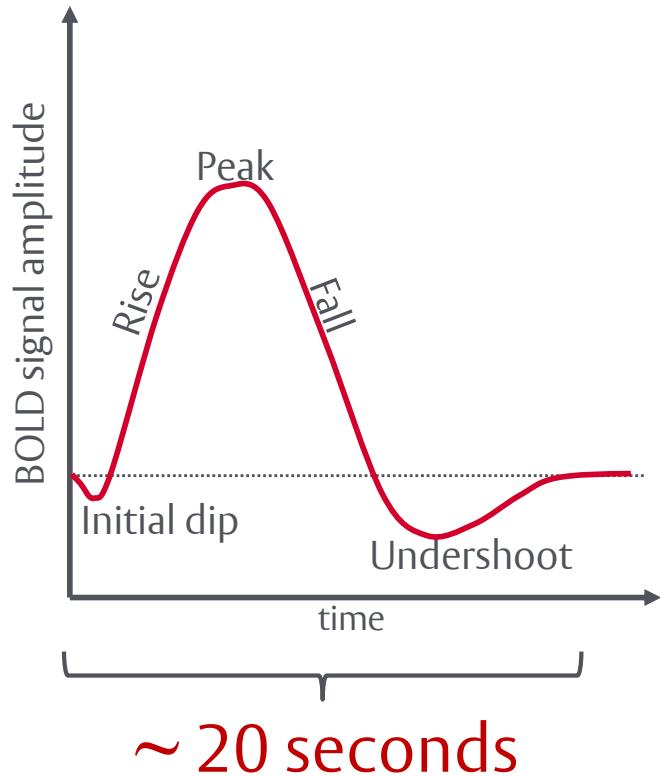
C



B Stimulated tissue



# The Hemodynamic Response Function depicts a typical course of BOLD signal

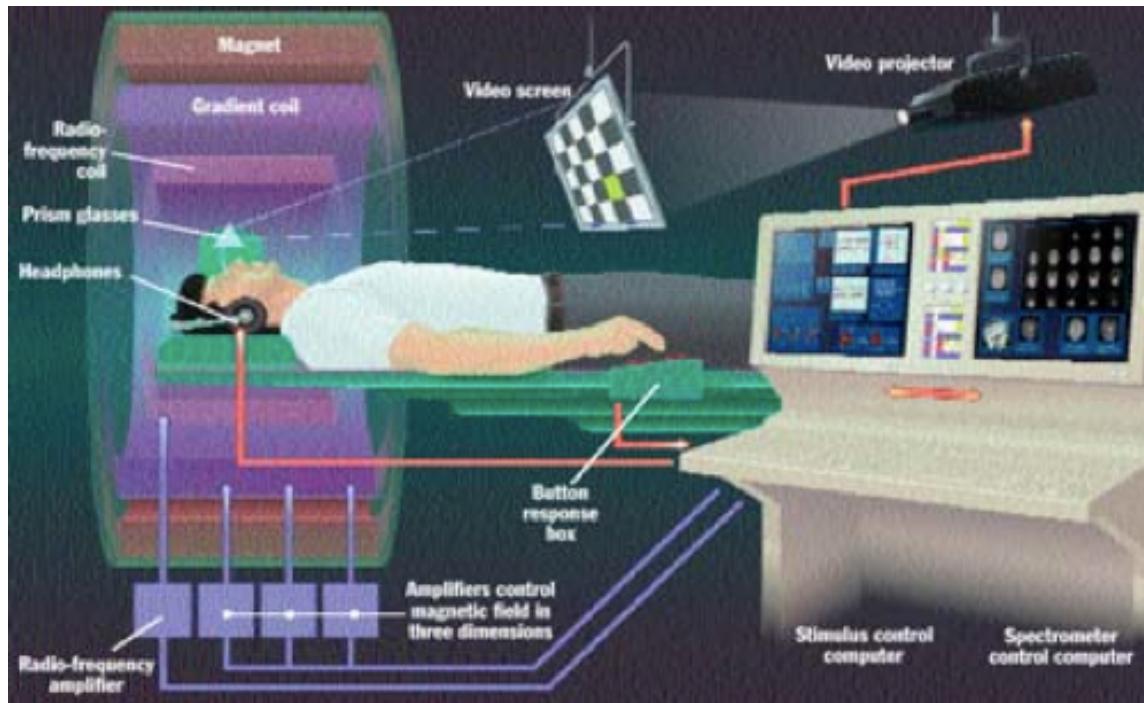


**Initial dip:** Transient increase in oxygen consumption, before change in blood flow

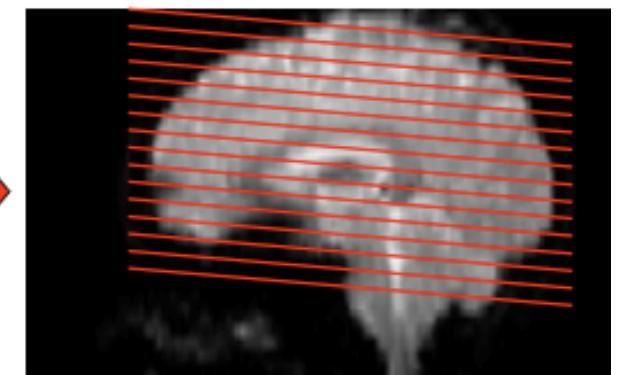
**Rise:** Results from vasodilation of arterioles, resulting in a large increase in cerebral blood flow

**Peak:** Over-compensatory response; More pronounced in BOLD signal measures than flow measures

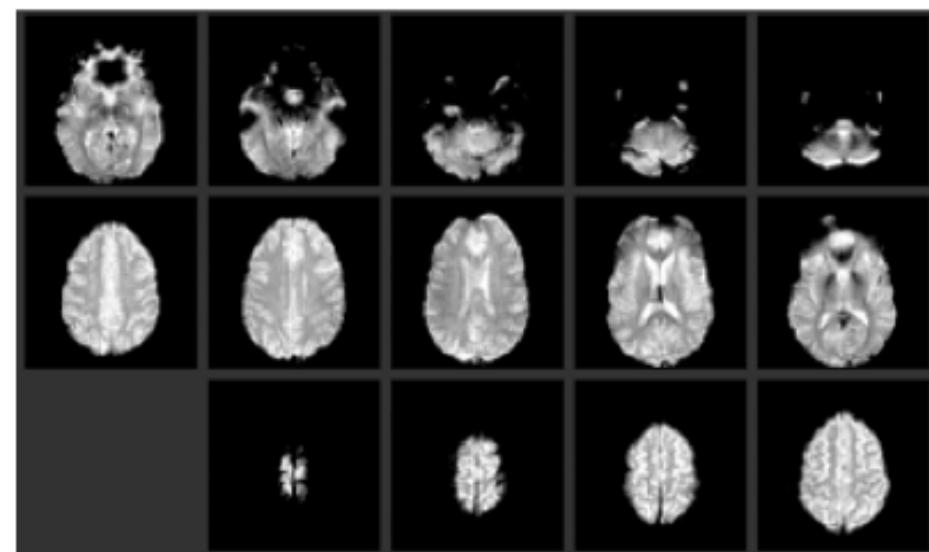
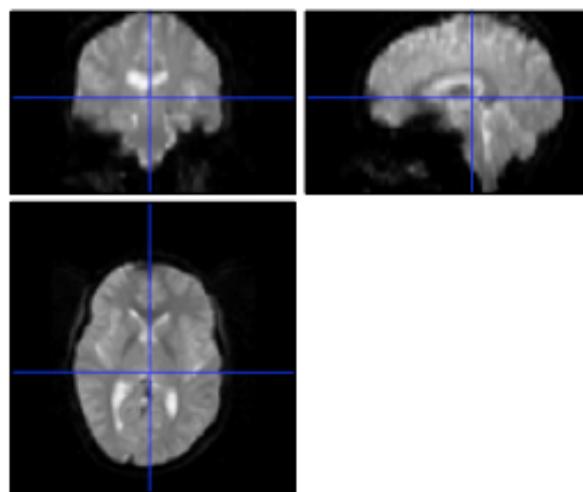
**Undershoot:** Slow cerebral blood flow recovery

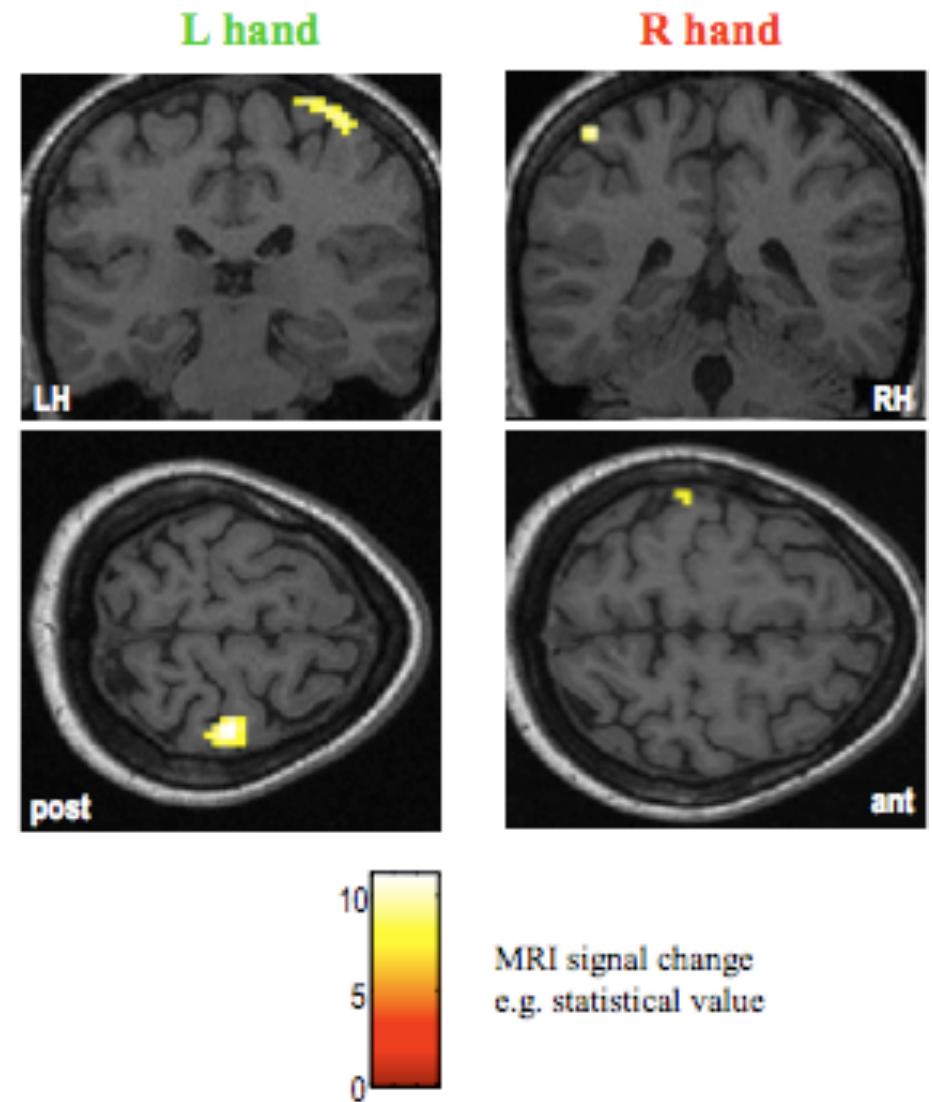
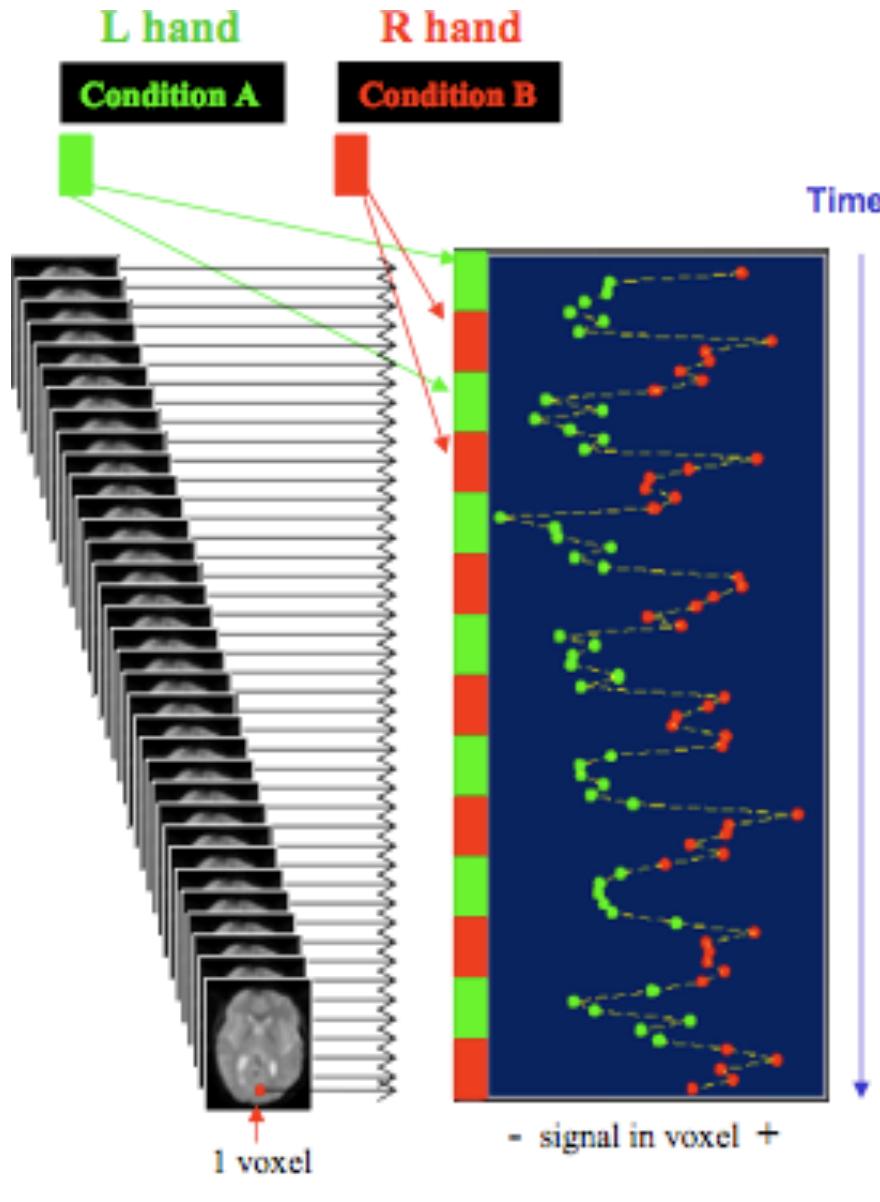


EPI, T2\*



1 volume = 1 TR  
(repetition time, ~2 sec)  
= 20-40 slices





# What I would like you to remember (1/2)

- fMRI offers a unique opportunity to glance at what's happening inside the brain.
- It is as complex as academic research can be, but **no more**.
- To make good use of fMRI as a research tool you must free yourself from the anxiety that comes from glancing at something awesome.

# fMRI: The method & its applications

P A R E N T A L

A D V I S O R Y

E X P L I C I T   C O N T E N T



## 1. What are some of the limits of the method?

- Hardware/workflow limits
- Philosophical limits
- Logical limits
- Mathematical/Statistical limits
- Human limits
- ...

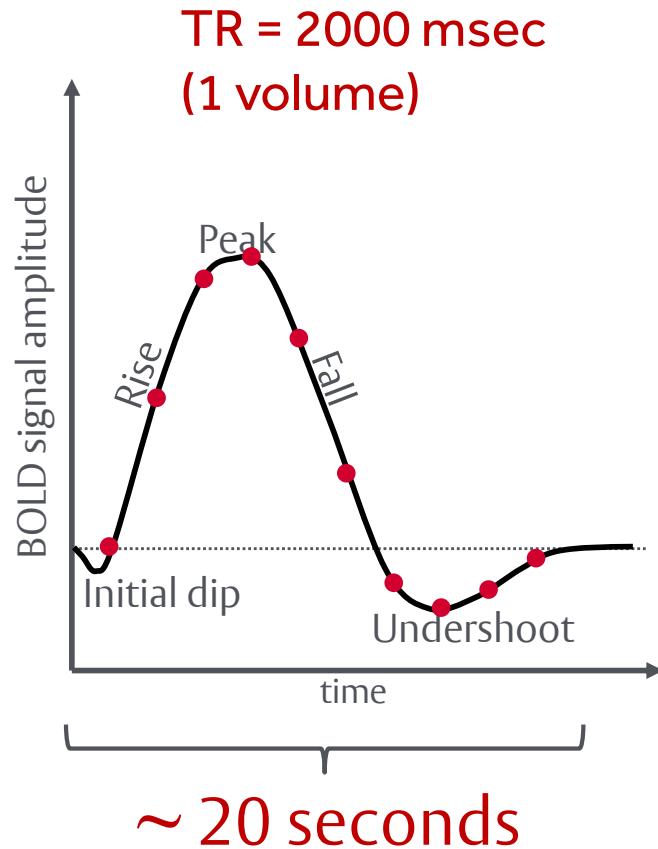
## 2. Is this.... good for us? Hell yeah!

# First, I am assuming that we can study the mind-brain problem with fMRI



# The Hemodynamic Response Function depicts a typical course of BOLD signal

(notwithstanding we don't know if it signals the cause or the consequence of brain activation)



**Initial dip:** Transient increase in oxygen consumption, before change in blood flow

**Rise:** Results from vasodilation of arterioles, resulting in a large increase in cerebral blood flow

**Peak:** Over-compensatory response; More pronounced in BOLD signal measures than flow measures

**Undershoot:** Slow cerebral blood flow recovery

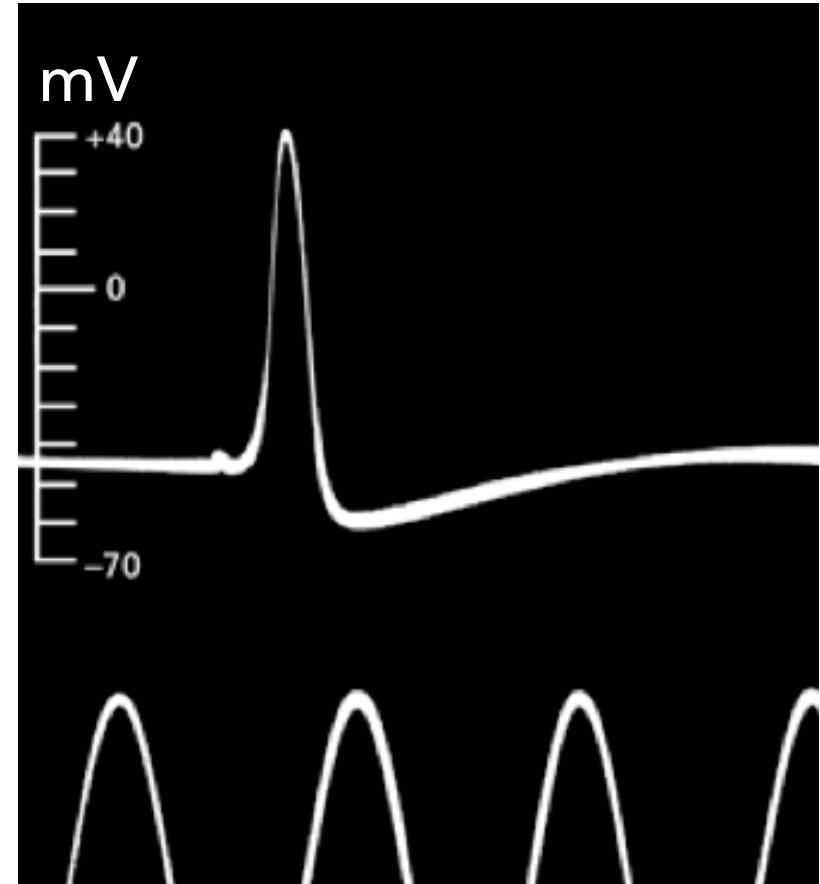
# Is **BOLD** the whole story?

Neurons are connected in networks

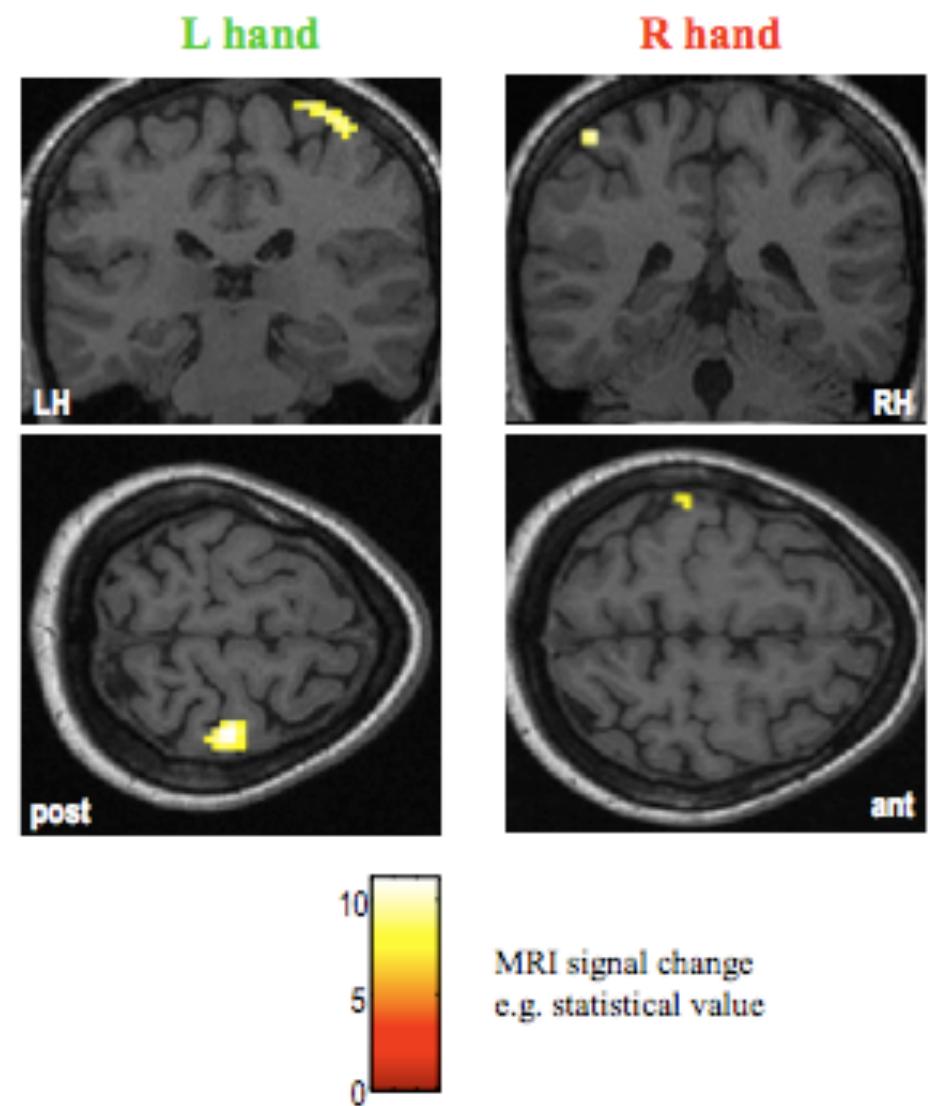
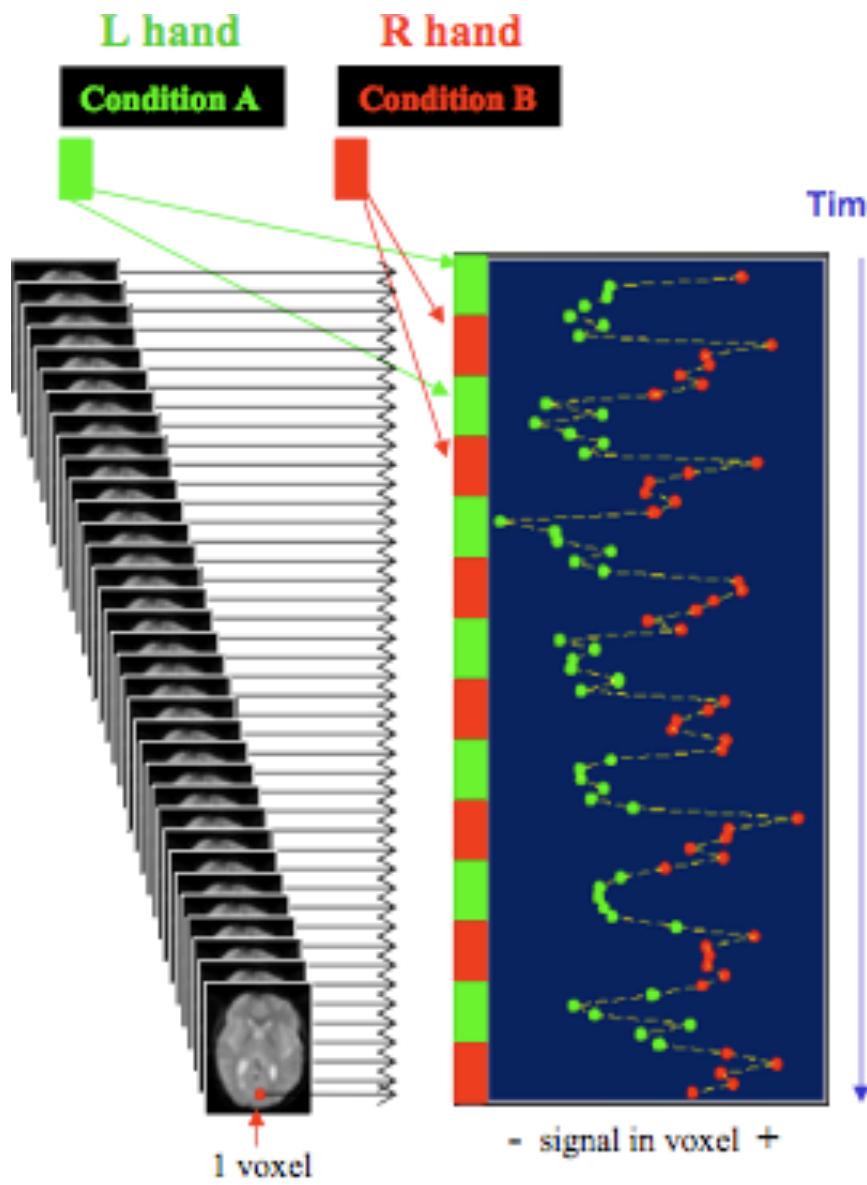
Neurons often communicate by creating bursts of electrical potential

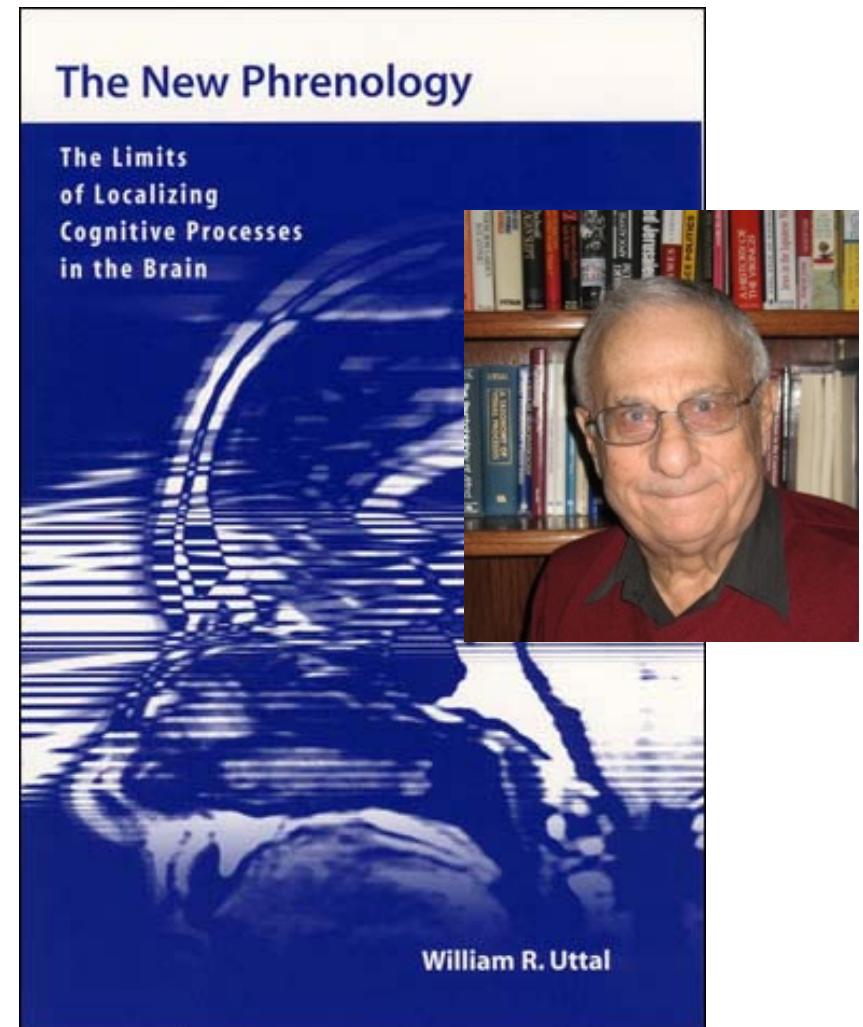
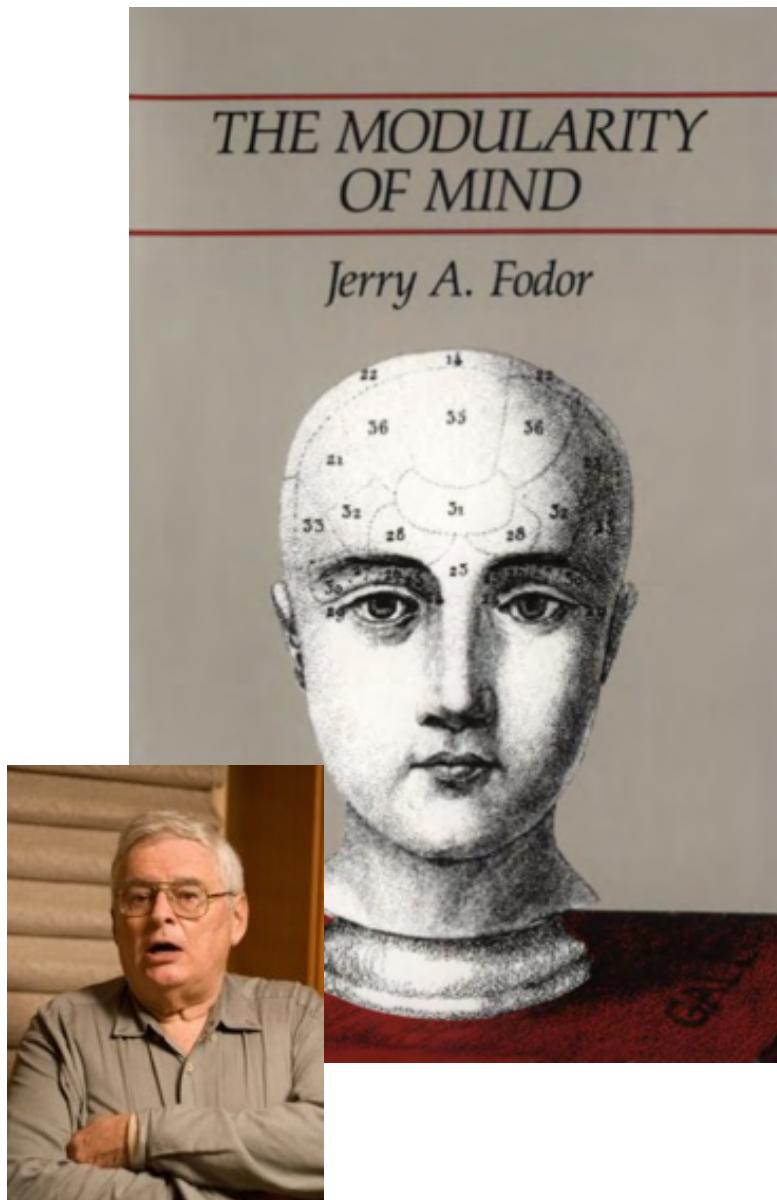
An Action Potential lasts 1 msec

- 20,000x shorter than HRF cycle
- 2,000x shorter than 1 volume (TR)

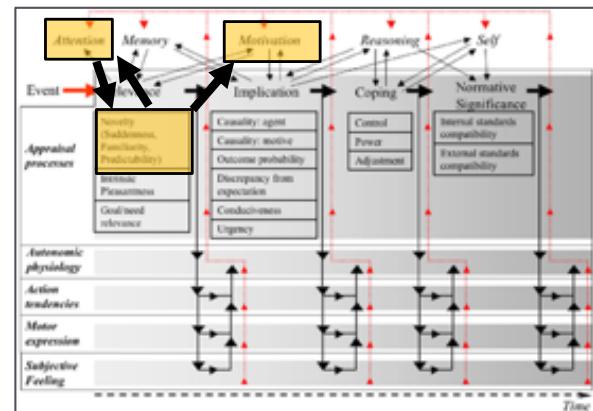


Hodgkin & Huxley (1952). J. Physiology.





# The typical inference considers that a cognitive process → brain activation

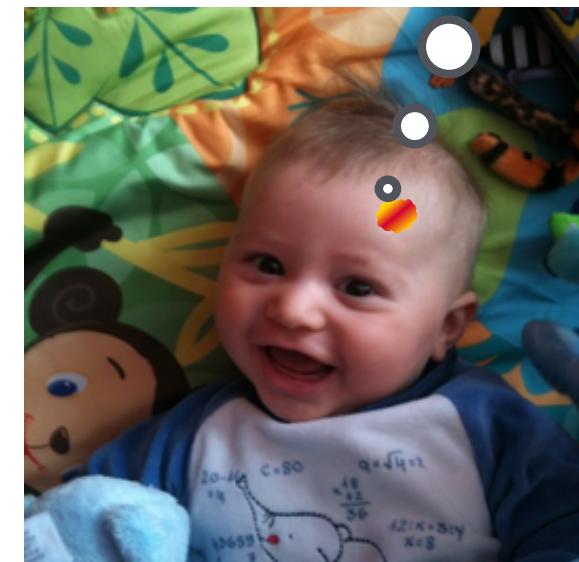


therefore...



# We are doing exactly the reverse.. brain activation → cognitive process?

Poldrack (2006). Trends in Cognitive Sciences.



# Physicists were excited to poke the limits of physics. Let's embrace the limits of cognitive neuroscience.



- Intrinsic limits of the workflow
- Reverse inference
- Misuse of statistics (not necessarily maliciously)
  - Voodoo correlations (spurious correlations)
  - Data dredging (p-hacking and such)
  - Confirmation bias
  - ...
- Under-determination of the data
  - One-to-Many: One psychological process can be explained by a very large number of brain mechanisms.
  - Many-to-One: Many different parts of the brain may yield the same behaviour.
- Lack of replication – The literature is terribly inconsistent.

w~~x~~e?

**What it?**

**What else?**

**How?**

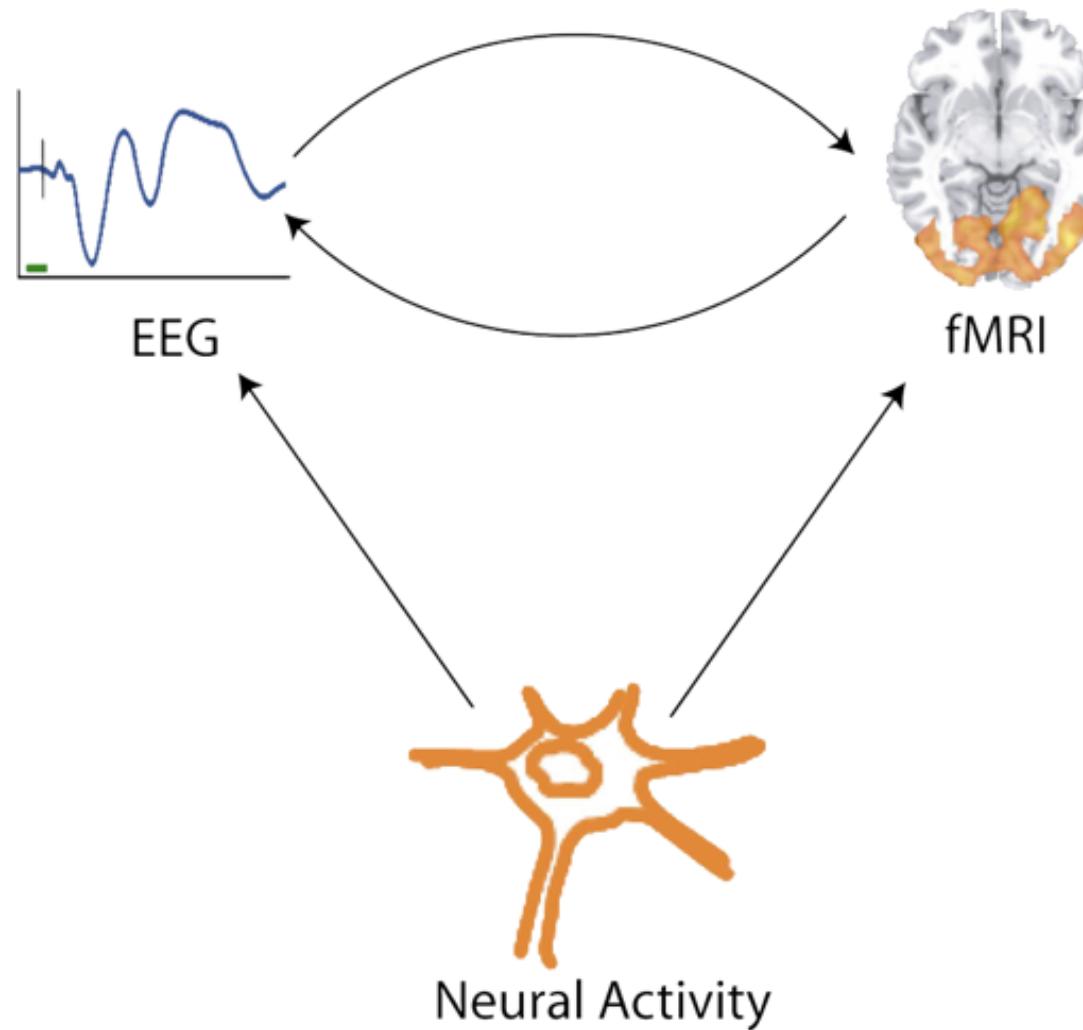
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**How come?**

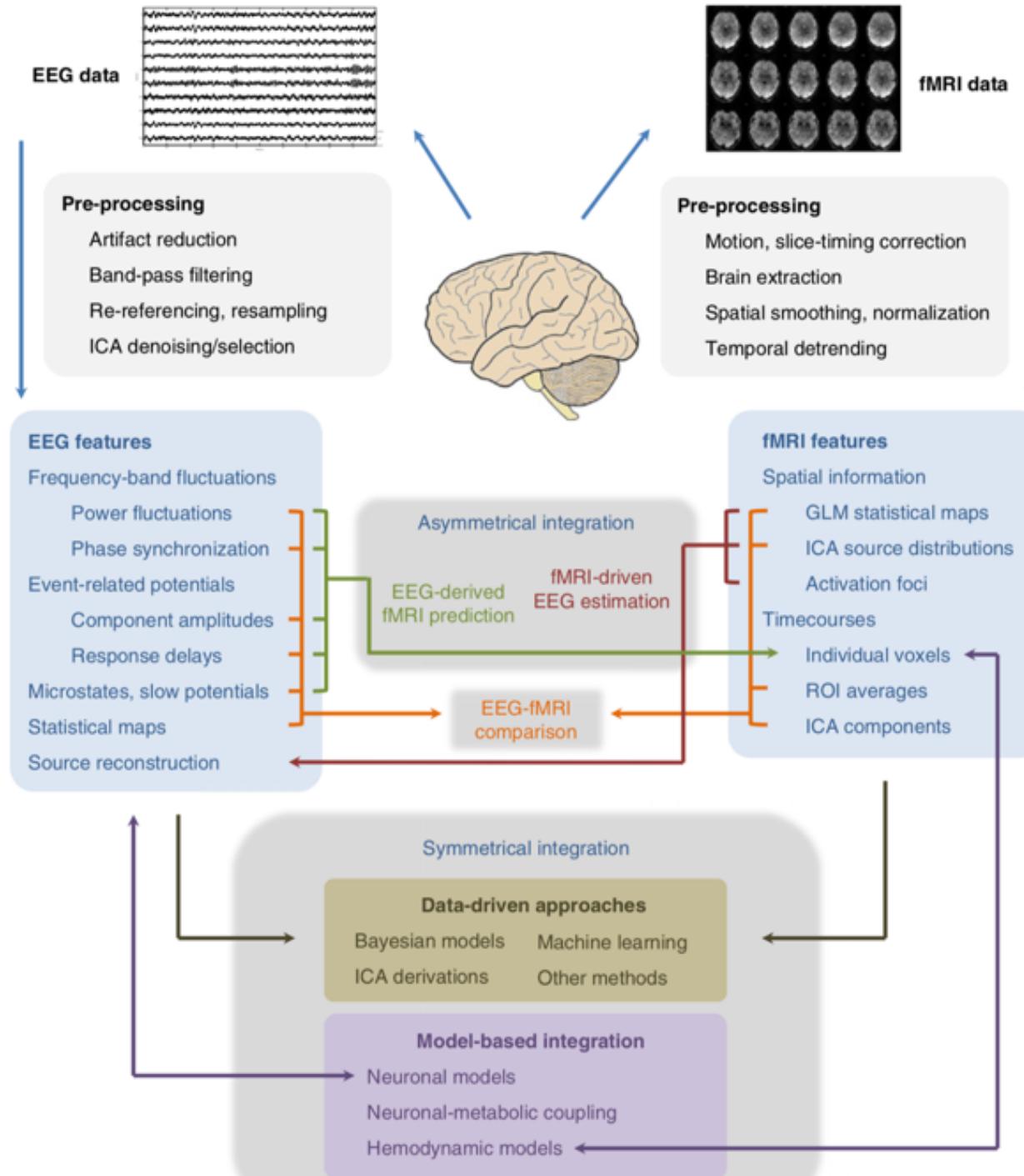
**Why?**

**How much?**

# Joint EEG-fMRI is more than simultaneous recordings.



Jorge, van der Zwaag, & Figueiredo (2014). Neuroimage.



## What I would like you to remember (2/2)

- fMRI offers a unique opportunity to glance at what's happening inside the brain.
- It is as complex as academic research can be, but **no more**.
- To make good use of fMRI as a research tool you must free yourself from the anxiety that comes from glancing at something awesome.
- fMRI is young, and has limits, like any other tool. Embrace them.
- This is a good thing:
  - Rekindle with your curious inner scientist.
  - Think outside the box (and arrow), preregister hypotheses.
  - Make new friends. Learn new things. Build new ways.
  - Be critical. Don't take **anything** for granted.
  - Don't be impatient. Reproduce what you like.

**Thank you for your attention!  
Please keep in touch!**



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