

UNIVERSITY OF SOUTHERN DENMARK



---

# **Accelerometry- and temperature-based algorithms to Assess Sleep Habits Among Danish Children and Adolescence**

PhD Thesis October 2023

---

ESBEN HØEGHOLM LYKKE

Research Unit for Exercise Epidemiology, Centre of  
Research in Childhood Health, Department of Sports  
Science and Clinical Biomechanics, University of  
Southern Denmark, 5230 Odense, Denmark