Steel Wool Grade Guide (Approx. Grit Equivalents)

Grade	Approx. Grit Equivalent	Notes
#4 (Extra Coarse)	≈ 40–60 grit	Very aggressive; stripping paint, varnish, heavy rust
#3 (Coarse)	≈ 80 grit	Removing old finishes, smoothing rough wood
#2 (Medium-Coarse)	≈ 100 grit	General purpose cleaning, rust removal
#1 (Medium)	≈ 120–150 grit	Light paint removal, surface prep
#0 (Fine)	≈ 180 grit	Smoothing wood, cleaning copper/aluminum
#00 (Extra Fine)	≈ 220–280 grit	Polishing metal, preparing wood for finishing
#000 (Super Fine)	≈ 320–400 grit	Cleaning, polishing, between-coats sanding
#0000 (Ultra Fine)	≈ 600–800 grit	Final polishing, waxing, delicate surfaces