PSYC 8100: Exam 1

Alex Schlesener

2023-09-27

Contents

1: NASA-TLX	1
1a) Data Analyses (R)	1
Load & Examine the dataset	1
Conduct a Test	3
Assess Positive Association	7
1b) Summary of Analyses	7
2: Summer Youth Development Program	8
Data Analyses (SPSS)	8
2a) Discuss any Validity Issues	8
2b) Summary of Analyses	8
3: CSSA Predicted Job Performance	8
3a) Data Analyses (R)	8
Load & Examine the Dataset	8
Calculate the Prediction	9
3b) Summary of Analyses	10
4: Training Program for Caregivers	10
4a) Data Analyses (by hand)	10
4b) Calculate Degrees of Freedom	10
4c) Summary of Analyses	10
1. NASA_TLY	

1: NASA-TLX

1a) Data Analyses (R)

Load & Examine the dataset

```
# Load the dataset
dat1 <- read.csv('Data/chemical.csv', header = T)</pre>
# Examine the data
str(dat1)
## 'data.frame':
                  25 obs. of 6 variables:
## $ mental : num 5.6 5.37 5.84 4.08 6.93 6.05 5.15 4.99 6 5.15 ...
## $ physical : num 5.87 5.26 4.97 3.25 5.52 5.11 4.47 4.53 4.75 5.09 ...
## $ temporal : num 6.19 5.56 6.67 5.21 5.49 5.32 5.56 5.1 5.36 5.2 ...
## $ performance: num 6.16 5.26 6.04 5.36 5.35 5.84 6.96 4.51 6 4.87 ...
## $ effort
               : num 6.14 4.83 6.12 5.63 6.03 6.36 5.15 6.04 5.37 6.57 ...
## $ frustration: num 5 5.99 4.99 3.73 5.03 4.55 5.65 4.84 5.08 4.67 ...
summary(dat1)
##
       mental
                    physical
                                   temporal
                                               performance
                                                                  effort
## Min. :4.08 Min. :3.250 Min. :4.210
                                               Min. :4.050 Min. :4.280
  1st Qu.:5.04 1st Qu.:4.190 1st Qu.:5.200 1st Qu.:5.230 1st Qu.:5.120
## Median :5.47 Median :4.620 Median :5.550 Median :5.430
                                                              Median :5.430
## Mean :5.45
                Mean :4.646 Mean :5.603
                                               Mean :5.479
                                                              Mean :5.503
## 3rd Qu.:5.84 3rd Qu.:5.110 3rd Qu.:6.100
                                               3rd Qu.:5.840
                                                              3rd Qu.:6.030
## Max.
         :6.93
                 Max. :5.870 Max. :6.980 Max. :6.960
                                                              Max. :6.570
##
   frustration
## Min.
         :3.430
## 1st Qu.:4.030
## Median :4.700
## Mean :4.602
## 3rd Qu.:5.030
## Max. :5.990
# Examine the means and standard deviations of each NASA-TLX dimension
# (mental demand, physical demand, temporal demand, performance, effort, and frustration)
mean(dat1$mental)
## [1] 5.4504
mean(dat1$physical)
## [1] 4.646
mean(dat1$temporal)
## [1] 5.6032
mean(dat1$performance)
```

[1] 5.4792

```
mean(dat1$effort)
## [1] 5.5032
mean(dat1$frustration)
## [1] 4.6024
sd(dat1$mental)
## [1] 0.6003296
sd(dat1$physical)
## [1] 0.6684933
sd(dat1$temporal)
## [1] 0.7453675
sd(dat1$performance)
## [1] 0.6554256
sd(dat1$effort)
## [1] 0.5719027
sd(dat1$frustration)
## [1] 0.6983688
```

Conduct a Test

##

Now we will conduct a t-test to compare the sample mean from mental demand (5.45) with the sample mean from previous publishing involving normal workload (4.5).

```
# Using the lsr package to find Cohen's d
library(lsr)

oneSampleTTest(dat1$mental, mu = 4.5)

##
## One sample t-test
##
## Data variable: dat1$mental
```

```
## Descriptive statistics:
##
               mental
##
      mean
                5.450
      std dev. 0.600
##
##
## Hypotheses:
                   population mean equals 4.5
##
      null:
      alternative: population mean not equal to 4.5
##
##
##
  Test results:
##
      t-statistic: 7.916
##
      degrees of freedom:
##
      p-value: <.001
##
## Other information:
##
      two-sided 95% confidence interval:
                                           [5.203, 5.698]
##
      estimated effect size (Cohen's d): 1.583
```

Now we will conduct a t-test to compare the sample mean from physical demand (4.646) with the sample mean from previous publishing involving normal workload (4.5).

```
oneSampleTTest(dat1$physical, mu = 4.5)
```

```
##
##
      One sample t-test
##
                    dat1$physical
## Data variable:
##
## Descriptive statistics:
##
               physical
##
                  4.646
      mean
                  0.668
##
      std dev.
##
## Hypotheses:
                   population mean equals 4.5
##
      null:
##
      alternative: population mean not equal to 4.5
##
## Test results:
##
      t-statistic: 1.092
##
      degrees of freedom:
##
      p-value: 0.286
##
## Other information:
      two-sided 95% confidence interval: [4.37, 4.922]
##
##
      estimated effect size (Cohen's d): 0.218
```

Now we will conduct a t-test to compare the sample mean from temporal demand (5.60) with the sample mean from previous publishing involving normal workload (4.5).

```
oneSampleTTest(dat1$temporal, mu = 4.5)
```

##

```
##
      One sample t-test
##
## Data variable:
                     dat1$temporal
##
## Descriptive statistics:
               temporal
##
##
                  5.603
      mean
                  0.745
##
      std dev.
##
##
  Hypotheses:
##
      null:
                   population mean equals 4.5
##
      alternative: population mean not equal to 4.5
##
##
  Test results:
##
      t-statistic: 7.4
##
      degrees of freedom:
##
      p-value: <.001
##
## Other information:
##
      two-sided 95% confidence interval:
                                            [5.296, 5.911]
##
      estimated effect size (Cohen's d):
```

Now we will conduct a t-test to compare the sample mean from performance (5.48) with the sample mean from previous publishing involving normal workload (4.5).

```
oneSampleTTest(dat1$performance, mu = 4.5)
```

```
##
##
      One sample t-test
##
## Data variable:
                     dat1$performance
##
## Descriptive statistics:
##
               performance
##
      mean
                      5.479
##
      std dev.
                      0.655
##
## Hypotheses:
##
                   population mean equals 4.5
##
      alternative: population mean not equal to 4.5
##
##
  Test results:
      t-statistic: 7.47
##
##
      degrees of freedom:
##
      p-value: <.001
##
## Other information:
      two-sided 95% confidence interval:
                                            [5.209, 5.75]
##
      estimated effect size (Cohen's d):
##
                                            1.494
```

Now we will conduct a t-test to compare the sample mean from effort (5.50) with the sample mean from previous publishing involving normal workload (4.5).

oneSampleTTest(dat1\$effort, mu = 4.5)

```
##
##
      One sample t-test
##
## Data variable:
                    dat1$effort
##
## Descriptive statistics:
##
               effort
                5.503
##
      mean
##
      std dev. 0.572
##
## Hypotheses:
      null:
                   population mean equals 4.5
##
##
      alternative: population mean not equal to 4.5
##
## Test results:
##
      t-statistic: 8.771
##
      degrees of freedom:
##
      p-value: <.001
##
## Other information:
      two-sided 95% confidence interval: [5.267, 5.739]
##
##
      estimated effect size (Cohen's d):
                                           1.754
```

Now we will conduct a t-test to compare the sample mean from frustration (4.60) with the sample mean from previous publishing involving normal workload (4.5).

oneSampleTTest(dat1\$frustration, mu = 4.5)

```
##
##
      One sample t-test
##
## Data variable:
                    dat1$frustration
##
## Descriptive statistics:
##
               frustration
##
                     4.602
      mean
##
      std dev.
                     0.698
##
## Hypotheses:
                   population mean equals 4.5
##
      null:
##
      alternative: population mean not equal to 4.5
##
##
  Test results:
      t-statistic: 0.733
##
##
      degrees of freedom:
      p-value: 0.471
##
##
## Other information:
##
      two-sided 95% confidence interval: [4.314, 4.891]
##
      estimated effect size (Cohen's d): 0.147
```

Assess Positive Association

Now, we will check for the possibility of positive association between mental, physical, and temporal demands.

```
# Correlation between mental and physical
cor(dat1$mental, dat1$physical)
## [1] 0.4327571
```

```
# Correlation between mental and temporal
cor(dat1$mental, dat1$temporal)
```

```
## [1] 0.01717709
```

```
# Correlation between physical and temporal
cor(dat1$physical, dat1$temporal)
```

```
## [1] 0.2876702
```

These results provide evidence that there is positive correlation between mental, physical, and temporal demands. In other words, there is a positive association between the three dimensions.

1b) Summary of Analyses

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in mental demand and the sample mean from previous publishing involving normal workload. The average change in scoring was 5.45 (SD = 0.60). The test was statistically significant, t(24) = 7.91, p < .001. This provides evidence that the NASA-TLX scores in mental demand went up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d = 1.583.

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in physical demand and the sample mean from previous publishing involving normal workload. The average change in scoring was 4.65 (SD = 0.67). The test was not statistically significant, t(24) = 1.09, p = 0.29. This provides evidence that the NASA-TLX scores in physical demand did not go up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d = 0.218.

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in temporal demand and the sample mean from previous publishing involving normal workload. The average change in scoring was 5.60 (SD=0.75). The test was statistically significant, t(24)=7.40, p<0.01. This provides evidence that the NASA-TLX scores in temporal demand went up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d=1.48.

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in performance and the sample mean from previous publishing involving normal workload. The average change in scoring was 5.48 (SD=0.66). The test was statistically significant, t(24)=7.47, p<0.001. This provides evidence that the NASA-TLX scores in performance went up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d=1.49.

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in effort and the sample mean from previous publishing involving normal workload. The average change in scoring was 5.50 (SD = 0.57). The test was statistically significant, t(24) = 8.77, p < .001. This provides evidence that the NASA-TLX scores in effort went up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d = 1.75.

A one sample t test was performed to evaluate whether there was a significant difference between NASA-TLX scores in frustration and the sample mean from previous publishing involving normal workload. The average change in scoring was 4.60 (SD = 0.70). The test was not statistically significant, t(24) = 0.73, p = 0.47. This provides evidence that the NASA-TLX scores in frustration did not go up significantly with this simulation, compared to the sample mean from previous publishing. Cohen's d = 0.15.

These results provide evidence that four dimensions of the NASA-TLX (mental demand, temporal demand, performance, and effort) produces significantly higher than average workload, whereas two dimensions (physical demand and frustration) do not.

2: Summer Youth Development Program

Data Analyses (SPSS)

See Attached Document (SPSS 01.png).

- 2a) Discuss any Validity Issues
- 2b) Summary of Analyses

. .

3: CSSA Predicted Job Performance

3a) Data Analyses (R)

Load & Examine the Dataset

```
# Load the dataset
dat3 <- read.csv('Data/valid.csv', header = T)

# Examine the data
str(dat3)

## 'data.frame': 184 obs. of 3 variables:
## $ 1.name: chr "Tehero" "Pena" "Freyschlag" "Lewis" ...
## $ cssa : int 23 28 30 21 28 28 32 24 29 26 ...
## $ perf : int 34 37 42 27 34 32 36 37 32 30 ...</pre>
summary(dat3)
```

```
##
       1.name
                              cssa
                                              perf
##
    Length: 184
                         Min.
                                :13.0
                                         Min.
                                                 :24.00
##
    Class :character
                         1st Qu.:23.0
                                         1st Qu.:32.00
##
    Mode :character
                         Median:25.0
                                         Median :34.00
##
                         Mean
                                :25.1
                                         Mean
                                                :34.06
##
                         3rd Qu.:28.0
                                         3rd Qu.:37.00
##
                         Max.
                                :36.0
                                         {\tt Max.}
                                                 :44.00
```

```
# Compute the correlation between CSSA scores and Performance levels.
cor(dat3$cssa, dat3$perf)
```

```
## [1] 0.5699847
```

The mean of cssa and perf is 25.1 and 34.06, respectively. Because r = 0.57, it appears that there is a positive association between cssa and perf. As cssa increases, perf increases as well.

Calculate the Prediction

```
# Predict Job Performance using CSSA scores
pred <- lm(perf ~ cssa, data = dat3)</pre>
summary(pred)
##
## lm(formula = perf ~ cssa, data = dat3)
##
## Residuals:
               1Q Median
      Min
                                3Q
                                       Max
## -7.4697 -1.9523 -0.1091 1.8735 7.8561
##
## Coefficients:
##
              Estimate Std. Error t value Pr(>|t|)
## (Intercept) 20.63342    1.45219    14.208    <2e-16 ***
## cssa
              0.53485
                           0.05715 9.359
                                             <2e-16 ***
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Residual standard error: 3.052 on 182 degrees of freedom
## Multiple R-squared: 0.3249, Adjusted R-squared: 0.3212
## F-statistic: 87.58 on 1 and 182 DF, p-value: < 2.2e-16
# Find the r-squared value
summary(pred)$r.squared
## [1] 0.3248825
# Interpret the regression slope.
pred$coefficients
## (Intercept)
                     cssa
## 20.6334230 0.5348452
# Predicted job performance if CSSA score = 10
predict(pred, new=list(cssa = 10))
##
## 25.98188
```

3b) Summary of Analyses
...
4: Training Program for Caregivers
4a) Data Analyses (by hand)
...
4b) Calculate Degrees of Freedom
...
4c) Summary of Analyses