Giving and receiving feedback

9 Jun. 2021 eScience Academy

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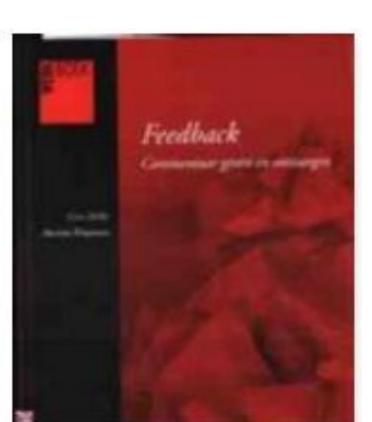
- 1. Why feedback
- 2. Giving feedback
 - I-I-You
 - Open questions vs closed comments
 - Directive vs non-directive comments
- 3. Receiving feedback
- 4. Other tips!
- 5. Discussion

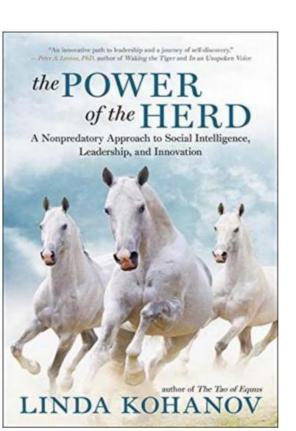




Disclaimer:

Content from summer bootcamp 2018, University of Twente

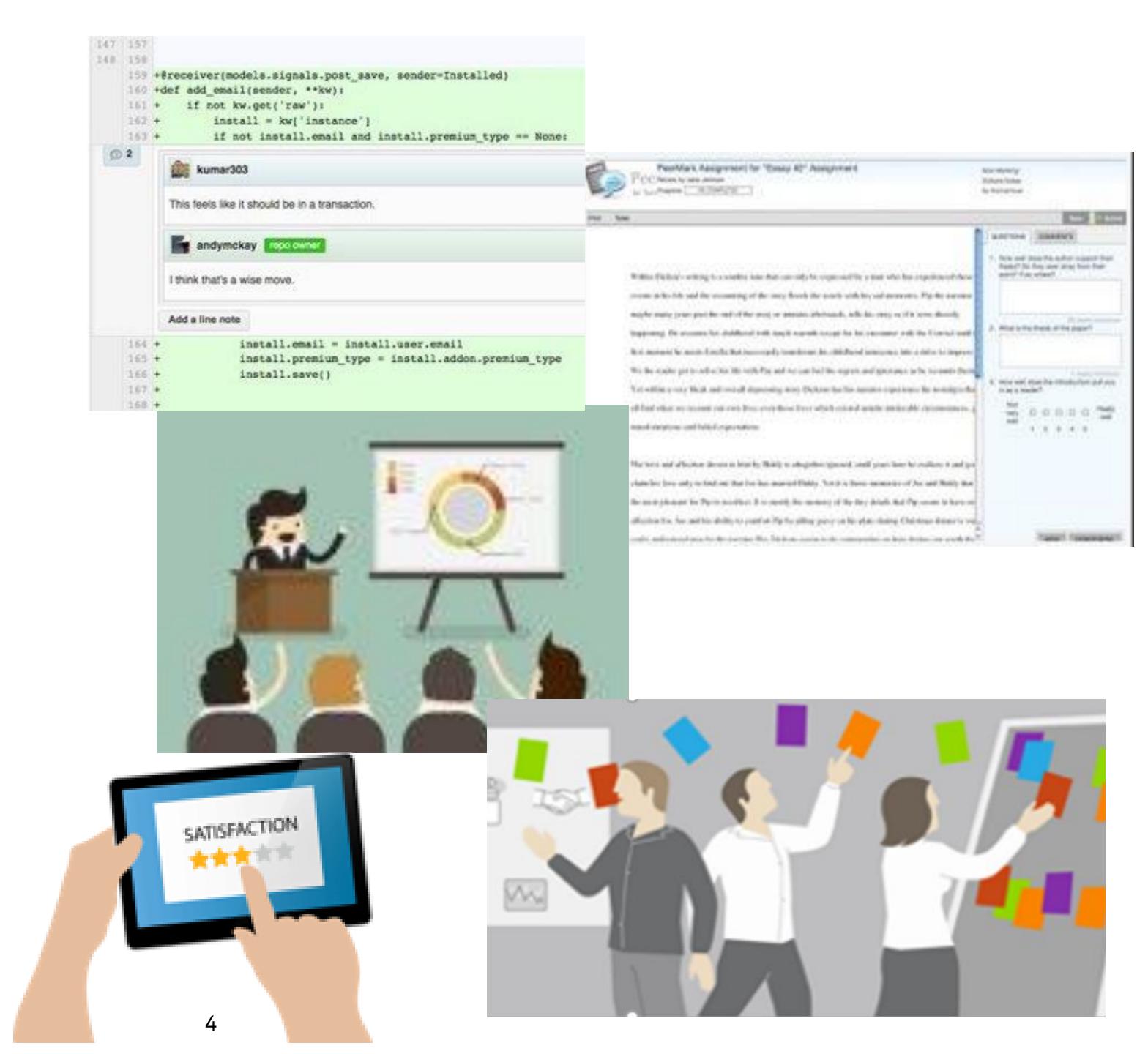


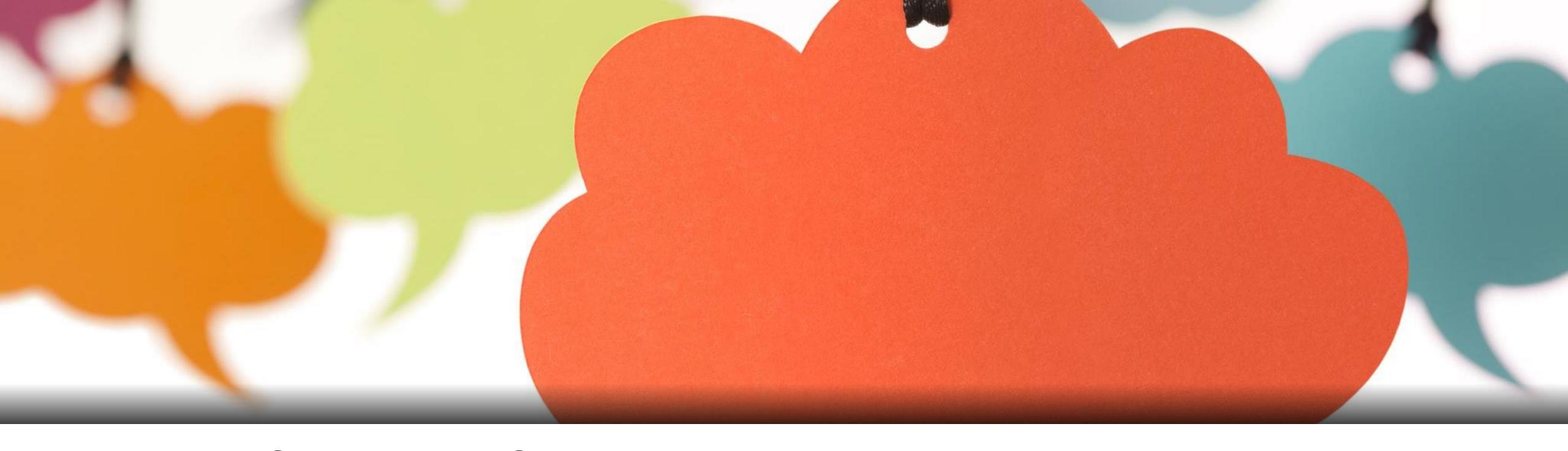




- Code review
- Paper review
- Presentation feedback
- Workshop feedback
- Shopping review

• ...



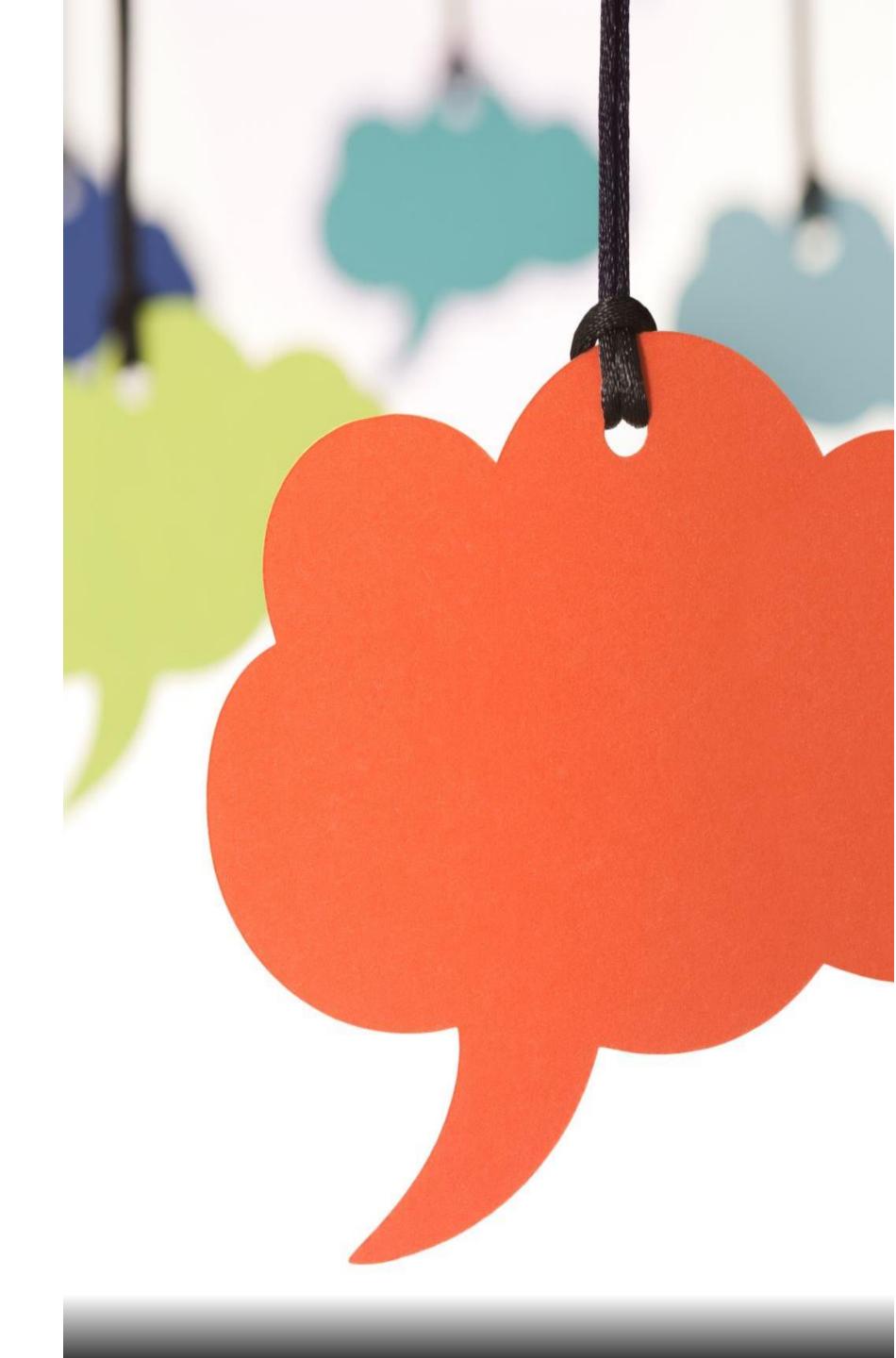


1. Why feedback?

by getting comments we can learn and improve.

Main functions of feedback

- Stimulate positive behavior
- Correct behavior
- Clarify relationships between people



1. Ask if the other wants feedback



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- 2. Keep the feedback specific and 'to the point'



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- 3. Use I-I-You with open and non-directive messages



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- 4. Give positive as well as constructive feedback; in other words, move from strengths to weaknesses

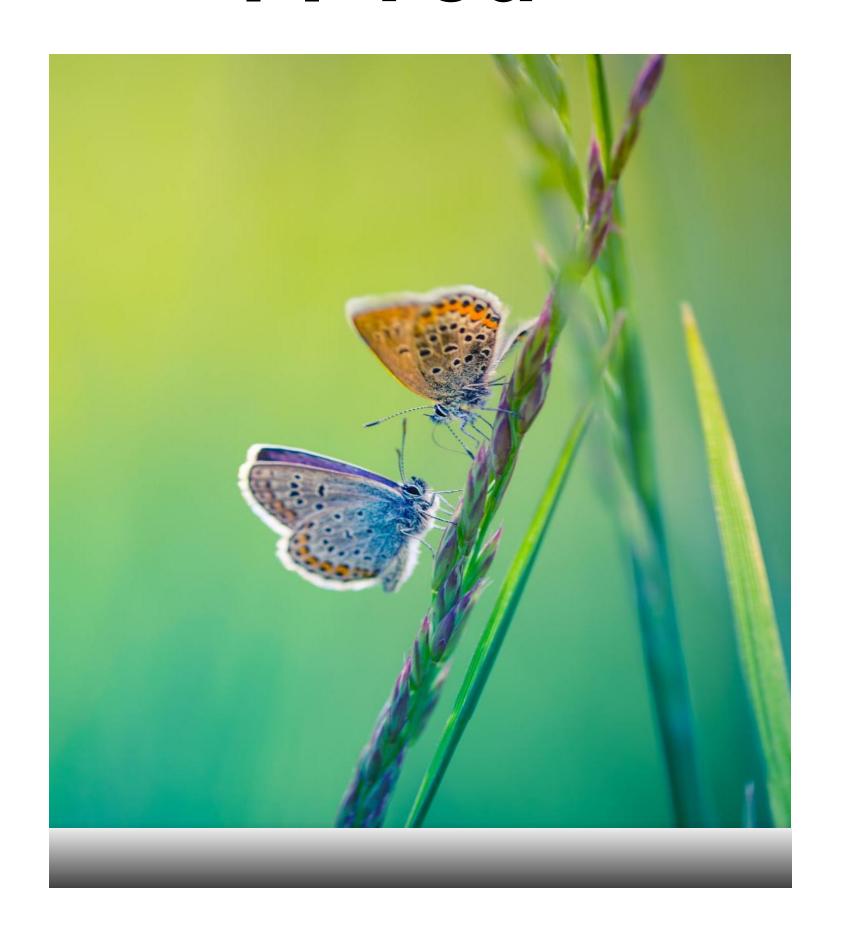


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- 2. Keep the feedback specific and 'to the point'
- 3. Use I-I-You with open and non-directive messages
- 4. Give positive as well as constructive feedback; in other words, move from strengths to weaknesses
- 5. Choose a proper place to give the feedback



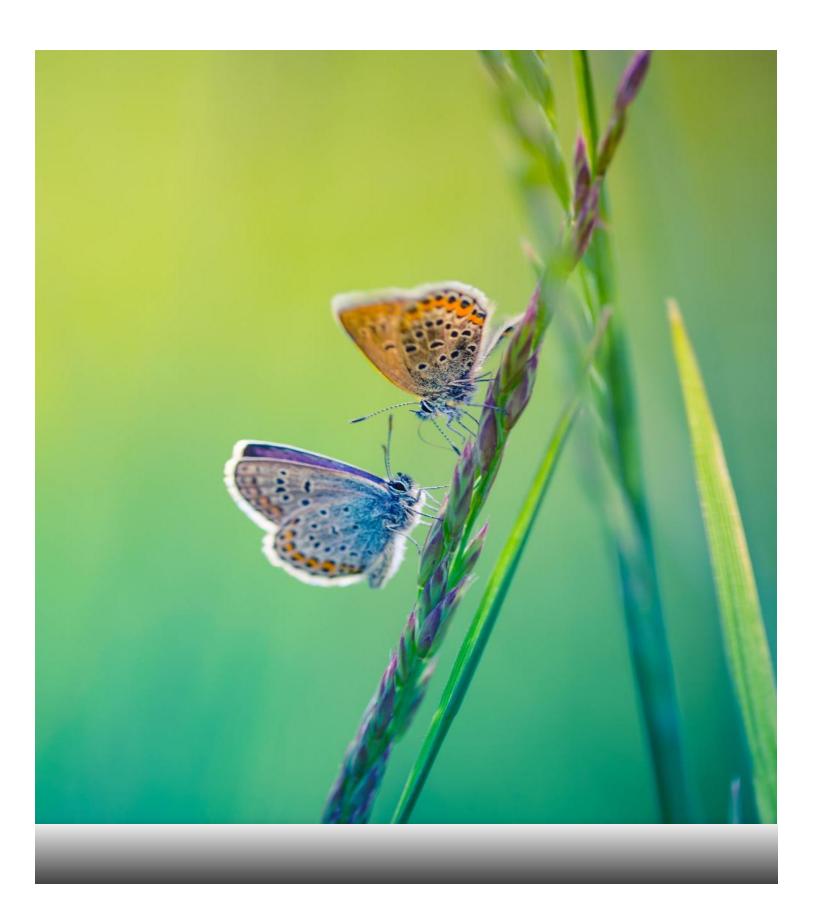
- : Describing which behavior I have observed
 - if I understood ...
 - I notice ...
 - | see ...

I-I-You



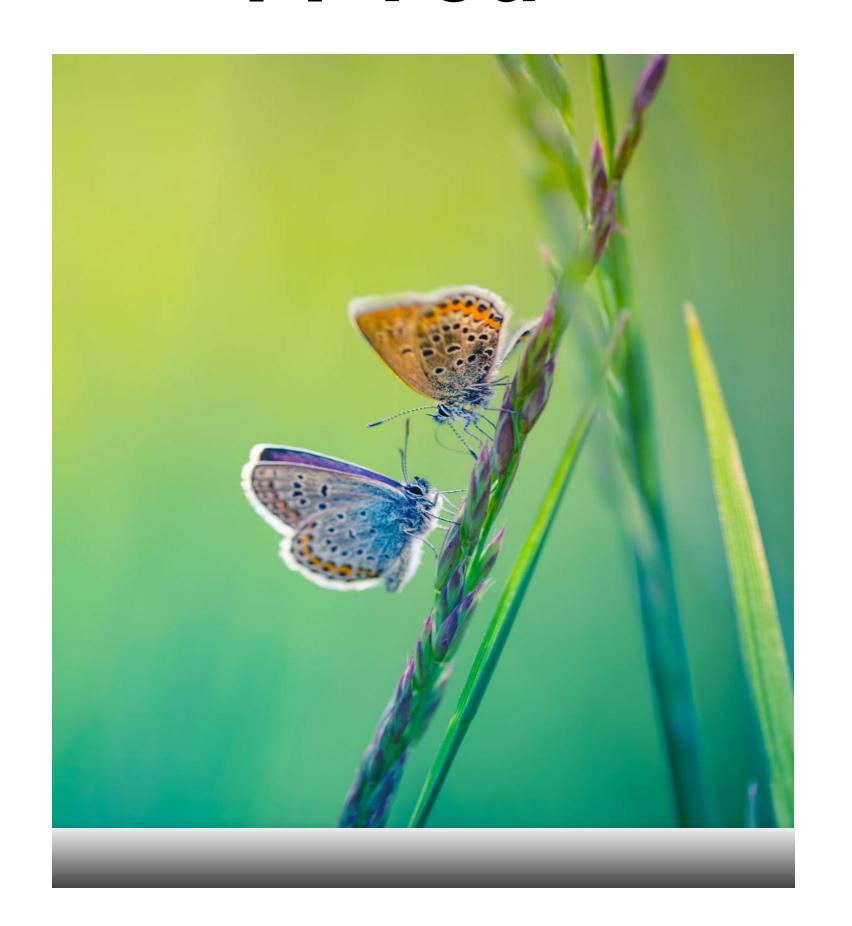
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 - if I understood ...
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- I: Indicating which effect this behavior had on me
 - What feeling did this cause?
 - How did it affect me?
 - What was my response?

I-I-You



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 - if I understood ...
 - I notice ...
 - | see ...
- I: Indicating which effect this behavior had on me
 - What feeling did this cause?
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 - What was my response?
- You: Taking a step toward the other
 - Do you recognize that?
 - What do you think?
 - You can fix this ...

I-I-You



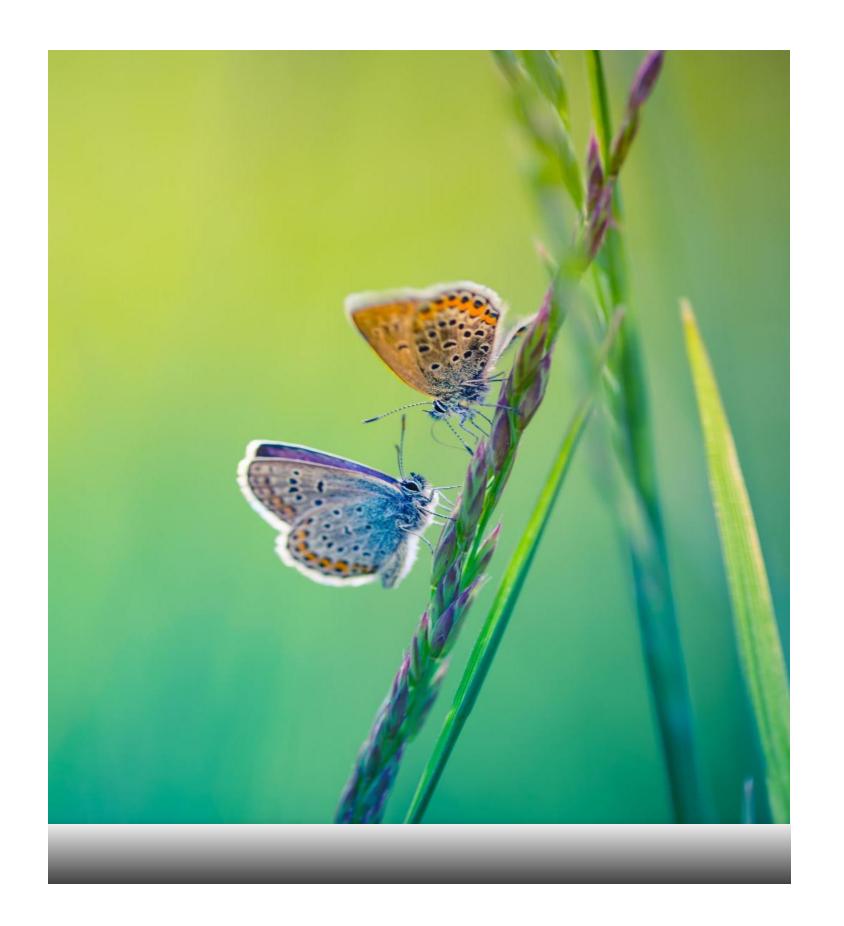
Example:

I noticed that you moved your arms around a lot.

I found this distracting.

Is this something that you are aware of?

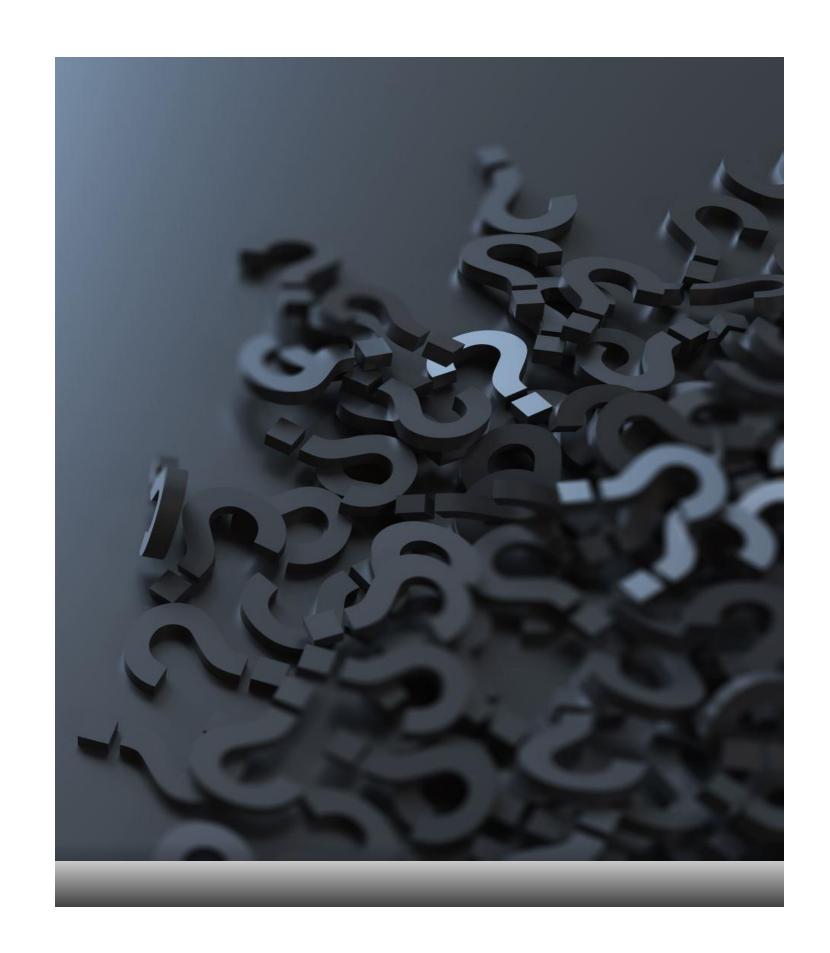
I-I-You



Open questions vs closed comments

Instead of saying: "This is unclear",

ask: "What do you mean by this?"

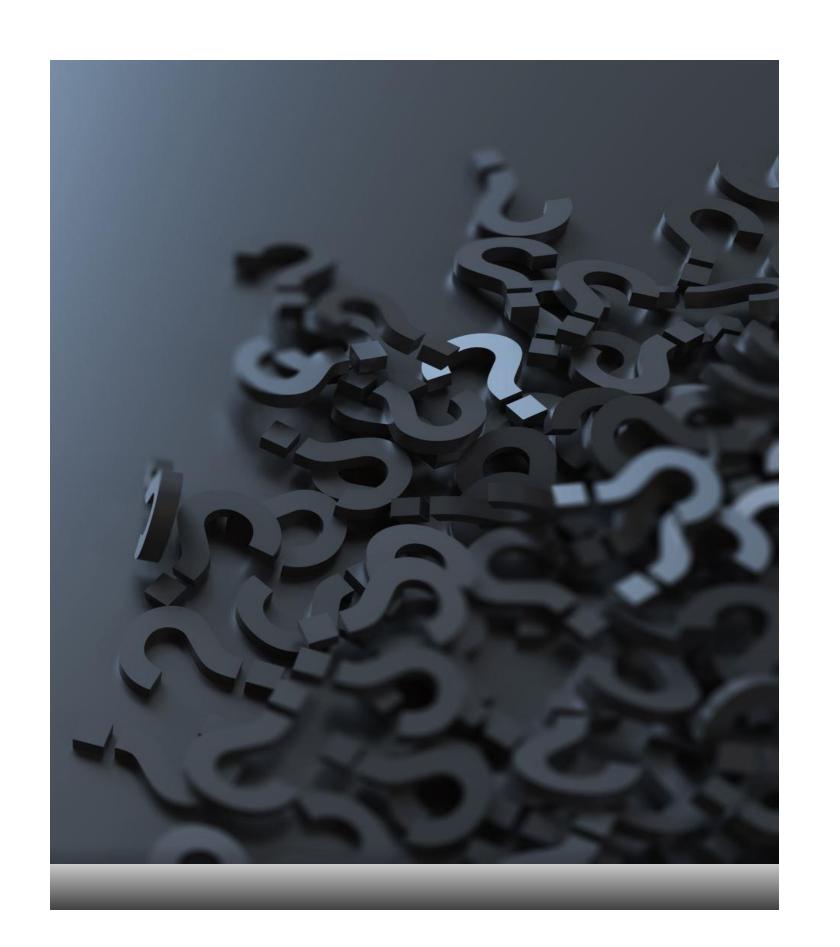


Open questions vs closed comments

• Instead of saying: "This is unclear",

ask: "What do you mean by this?"

• Instead of saying "You don't have a hypothesis", ask: "Can you show me your hypothesis?"



Directive vs non-directive comments

Instead of saying "X should come before Y"

ask: "Why did you put Y before X?"



1. Try to understand the feedback



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- 2. Let the feedback giver know you appreciate the feedback



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- 3. Evaluate the feedback
 - Feedback is not a personal attack
 - Don't let your emotions get the best of you
 - Be open to compliments



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- 2. Let the feedback giver know you appreciate the feedback
- 3. Evaluate the feedback
 - Feedback is not a personal attack
 - Don't let your emotions get the best of you
 - Be open to compliments
- 4. Act on the feedback





4. Other tips

Make the message sound natural



It is an art to give and receive feedback in such a way that change is possible.

4. Other tips

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4. Other tips

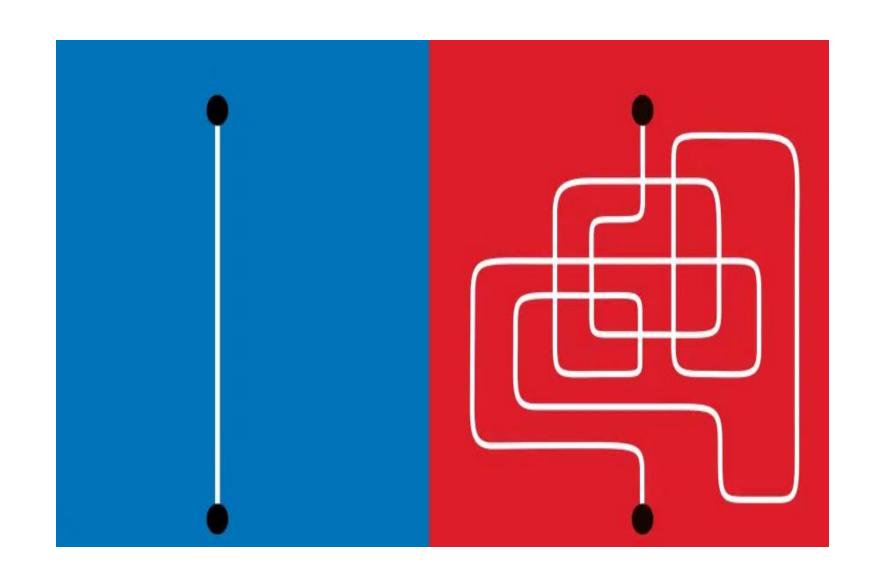
- Make the message sound natural.
- Don't give only compliment, and don't use this template: "this is nice, but...".



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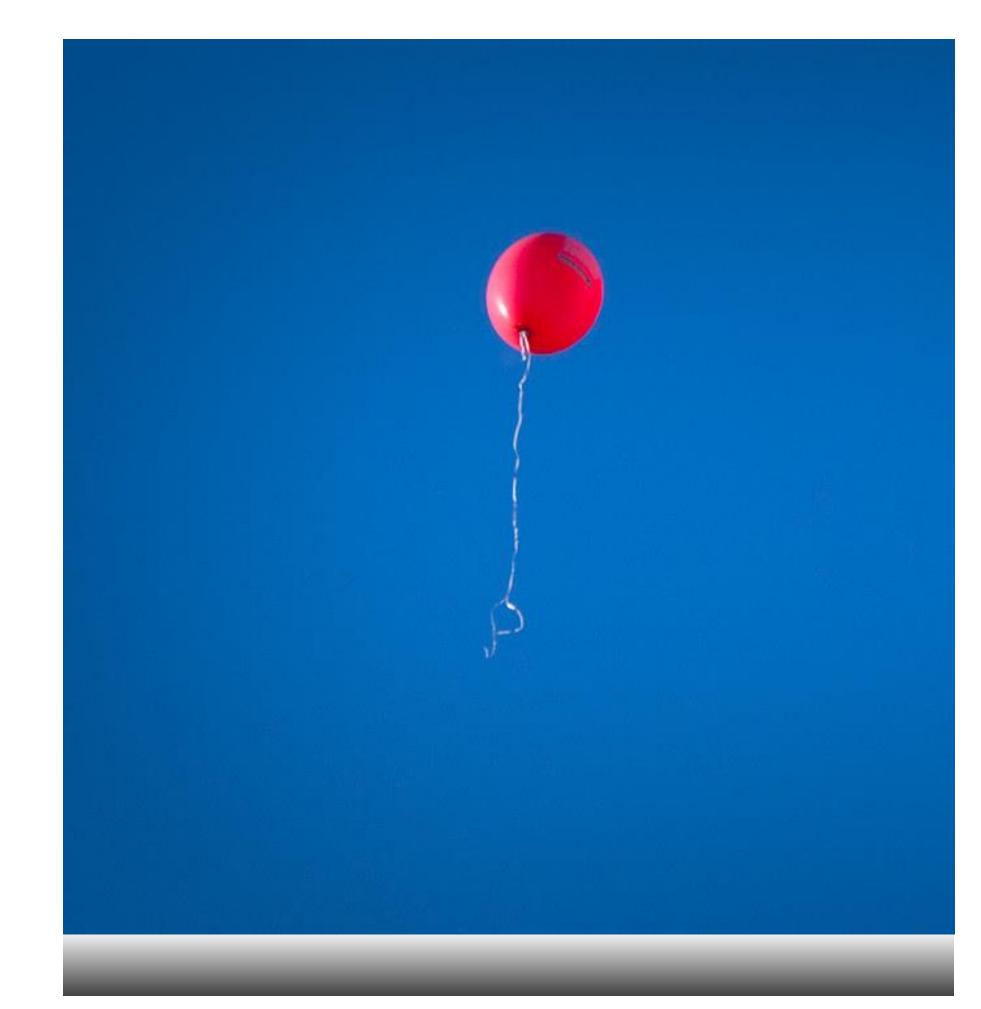
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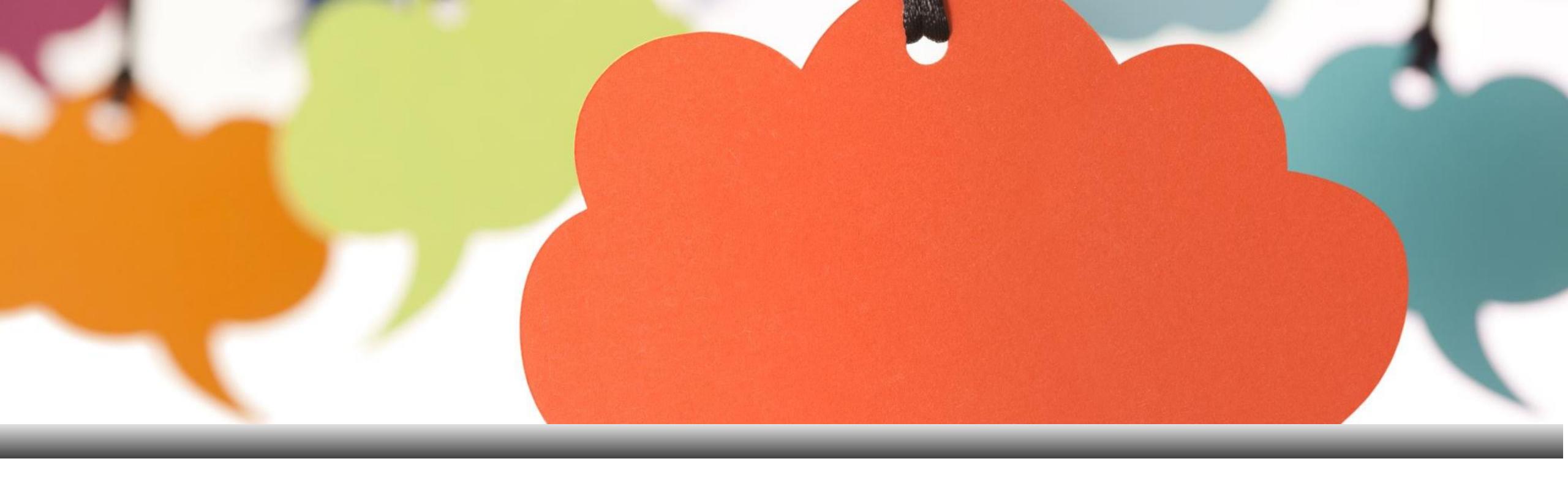
- Make the message sound natural.
- Don't give only compliment, and don't use this template: "this is nice, but...".
- Notice cultural differences in expressing opinions



https://qz.com/567479/

"Words have power, choose them wisely."





Discussion

- Pick one of the feedback / reviews that you received recently.
- What do you like/dislike about the message?
- How would you fix the message?