

Duke Batch-09 Spring-25 RS-68

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Level: Bronze

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Duke activity report

Week: 1

Service: Collected cups at dining (tripti)

Physical recreation: Did pushups and situps that day.

Skill development: For photography I took pictures of the moon, trees and flowers.

Week: 2

Service: Collected plates at dining during evening snacks time. Physical recreation: Did a good gymnasium workout that day.

Skill development: took pictures of nature.

Week: 3

Service: Did the snack service for the evening that day.

Physical recreation: Running 3km and doing regular physical exercises. Skill development: took pictures of the fields and flowers with friends.

Week: 4

Service: Collected cups and glasses at dining (tripti) Physical recreation: Did gymnastics for that day

Skill development: took pictures of the sun, moon and birds.

Week: 5

Service: Collected plates at dining.

Physical recreation: Did pushups and situps during the day.

Skill development: took pictures of colourful flowers and nature for photography.

Week: 6

Service: Did the snacks service for the evening that day.

Physical recreation: Ran 3km and did regular physical exercises. Skill development: took pictures of the blue sky and clouds.

Week: 7

Service: Collected cups and served snacks at dining (tripti).

Physical recreation: Did pushups and squats that day.

Skill development: took pictures of nature, moon and the green fields.

Week: 8

Service: Collected plates at dining during evening snacks time. Physical recreation: ran 3 circles of the fields and did pushups.

Skill development: took pictures of nature with friends.

Week: 9

Service: Did the snacks service in the evening during the snacks time.

Physical recreation: Ran 4km and did squats and situps as regular exercises.

Skill development: took pictures of cats, dorms and trees.

Week: 10

Service: Collected cups and plates at dining (tripti). Physical recreation: Did gymnastics for that day.

Skill development: As photography took pictures of the glowing moon and the flowers.

Week: 11

Service: Served food during lunch time.

Physical recreation: Did pushups, situps and squats as regular exercise. Skill development: took pictures of the buildings, dark clouds and the rain.

Week: 12

Service: Did the snacks service during morning snacks time. Physical recreation: Ran 3km and did regular physical exercises.

Skill development: took pictures of the blue sky, green fields and colourful flowers.