1. I would go for person A, because he is more consistent in the delivery of the productivity.
2. I would go for B, because both distributions are skewed. Therefore, values of real Y variable can be widely off the median value of the distribution. So, distribution B gives higher certainty for the consistently high productivity.
3. The problems is that most of the actual observations lie in the right corner whereas the around the mean there are only 2 data points, which overweight everything else.