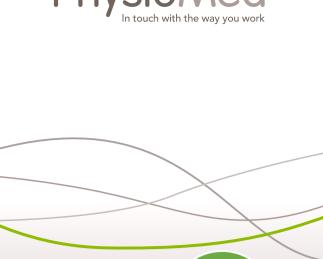
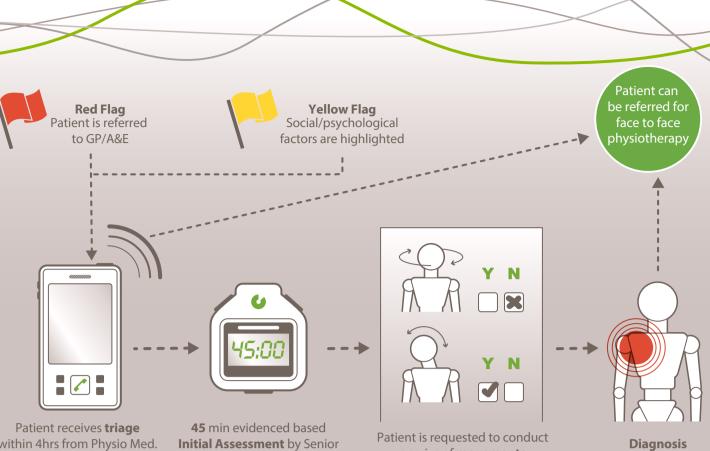
Our patient journey



A Blended Approach to Physiotherapy





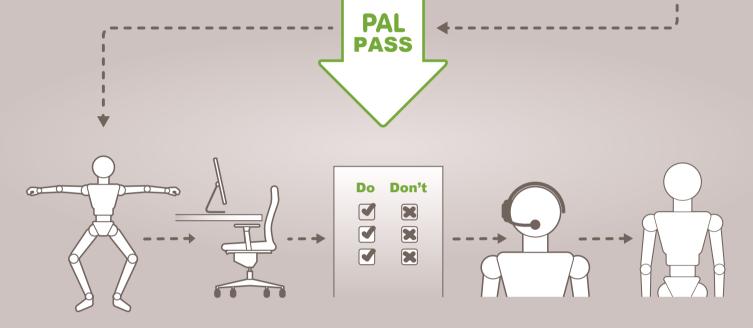


within 4hrs from Physio Med. If the injury is over 12 weeks old, the patient is referred for face to face physiotherapy

Initial Assessment by Senior **Chartered Physiotherapist**

a series of movements

Initial Assessment report sent to client



Personalised exercise programme

Advice about their work station, working environment or home lifestyle

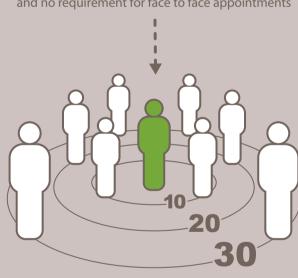
Self-management plan which includes education on their condition, do's and don'ts

Support throughout the PAL process by our dedicated PAL team

Discharge Discharge report sent to client



On average, 60% of patients diagnosed within 12 weeks can self-manage their condition with only **100** minutes of remote support and no requirement for face to face appointments



With a network of **780** physiotherapy practices, those who require face to face treatment can access it within a maximum of **30** minutes of travel time. **Discharge** report is sent to client once face to face physiotherapy is complete

Organisation wide saving with blended physiotherapy treatment

