

ESTELLE L. BERGER

CONTACT INFORMATION

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EDUCATION

<i>University of Oregon</i> Ph.D. Student, Clinical and Developmental Psychology NSF Graduate Research Fellow	2020 - present
<i>University of California, Berkeley</i> Post-Baccalaureate, Psychology GPA: 4.0	2018 - 2019
<i>Brown University</i> A.B., Urban Studies with Honors Thesis: <i>History of Displacement and Future of Inclusion: Affordable Housing in Portland, Oregon</i> Advisor: Dr. Stefano Bloch GPA: 3.83 (estimated)	2013 - 2016
<i>University of Southern California</i> Trustee Scholar GPA: 4.0	2011 - 2012

RESEARCH POSITIONS

<i>Lab Manager</i>	2020
<i>Research Assistant</i> <i>Adolescent Research Collaborative, University of California, Berkeley</i> PI: Dr. Ronald Dahl Primary Mentor: Dr. Lucía Magis-Weinberg, Postdoctoral Fellow	2018 - 2020
<ul style="list-style-type: none">• Lead research assistant for <i>Transitions</i>, which is an initiative to redesign the homeroom period for 4-11th grade students at Innova Schools in Perú. Central themes include socio-emotional skill development, well-being, digital citizenship, and sleep habits• Contributed to the implementation of the <i>Transitions</i> curriculum with over 2,000 students and 80 teachers across 4 locations in Lima and Chiclayo, Peru• Conducted literature reviews, designed questionnaires, and pre-registered all components of study on Open Science Framework• Compiled, translated to Spanish, and distributed curriculum materials for Innova teachers• Evaluated efficacy of the initiative, created comprehensive codebooks, cleaned and analyzed data using R, and prepared data for presentations	

Research Assistant

2018 - 2019

Language and Cognitive Development Lab, University of California, Berkeley

PI: Dr. Mahesh Srinivasan

- Designed a study on how preschoolers learn from overheard speech while engaged in a cognitively demanding task. Oversees ongoing data collection at local preschools
- Managed participant recruiting activity for all developmental research labs
- Ran in-lab eye-tracking task and recruited participants for a study focused on how socioeconomic status might impact attentional style in elementary school children

Research Assistant

Summer 2015

The Annenberg Institute for School Reform, Providence, RI

PI: Dr. Josh Pacewicz

Primary Mentor: Matthew Billings, Project Manager

- Investigated the causes and consequences of chronic absenteeism among school-aged children
- Developed a pilot program at a public elementary school in Providence, Rhode Island to help ameliorate chronic absenteeism across the Providence public school district

PUBLICATIONS

Magis-Weinberg, L., Gys, C. L., **Berger**, E. L., Domoff, S. E., & Dahl, R. E. (2021). *Positive and Negative Online Experiences and Loneliness in Peruvian Adolescents During the COVID-19 Lockdown*. *Journal of research on adolescence: the official journal of the Society for Research on Adolescence*, 31(3), 717–733. <https://doi.org/10.1111/jora.12666>

Magis-Weinberg, L., **Berger**, E., Gys, C., & Dahl, R. (2021, February 15). *Study Protocol: Transitions, a school based intervention to promote digital citizenship in low- and middle income secondary school students in Perú*. <https://doi.org/10.31219/osf.io/gzc82>

Magis-Weinberg, L., Domoff, S., Muñoz Lopez, D., **Berger**, E., Zimbalist, A., Dahl, R. (2021) *Problematic media use and symptoms of anxiety and depression during the pandemic: An investigation among Peruvian adolescents in low- and middle-income settings* (under review).

Guazzelli Williamson, V., **Berger**, E., Barendse, M., Pfeifer, J. H., Dahl, R., & Magis-Weinberg, L. (2021). *Personal and caregiver resilience relate to lower internalizing symptoms among Peruvian adolescents during COVID19 lockdown*. <https://doi.org/10.31234/osf.io/q9hcr>

Magis-Weinberg, L., **Berger**, E., Gys, C., & Dahl, R. (2021). *Study Protocol: Transitions, a school based intervention to promote digital citizenship in low- and middle-income secondary school students in Perú*. <https://doi.org/10.31219/osf.io/gzc82>

Barendse, M., Flannery, J. E., Cavanagh, C., Aristizabal, M., Becker, S. P., **Berger**, E., ... Pfeifer, J. H. (2021). *Longitudinal change in adolescent depression and anxiety symptoms from before to during the COVID-19 pandemic: An international collaborative of 12 samples*. <https://doi.org/10.31234/osf.io/hn7us>

Magis-Weinberg, L. and **Berger**, E. (2020). *Mind Games: Technology and the Developing Teenage Brain*. *Front. Young Minds*. 8:76. doi: 10.3389/frym.2020.00076

PRESENTATIONS & ABSTRACTS

Berger, E., Pfeifer, J., Dahl, R., & Magis-Weinberg, L. *Association of online and offline autonomy and competence with internalizing symptoms among adolescents during the COVID-19 lockdown in Perú.* Poster presented at the Society for Research in Child Development (SRCD) 2021 Biennial Meeting.

Magis-Weinberg, L., Gys, C., **Berger, E., Domoff, S., & Dahl, R.** *Online Social Experiences and Loneliness for Peruvian Adolescents During Social Isolation in Response to COVID-19.* Paper symposium presented at the Society for Research in Child Development (SRCD) 2021 Biennial Meeting.

Magis-Weinberg, L., Domoff, S., **Berger, E., Zimbalist, A., & Dahl, R.** *Problematic Media use During the Pandemic: An Investigation among Peruvian Youth.* Paper symposium presented at the Society for Research in Child Development (SRCD) 2021 Biennial Meeting.

Guazzelli Williamson, V., **Berger, E., Barendse, M., Pfeifer, J., Dahl, R., & Magis-Weinberg, L.** *Socio-ecological resilience moderates the change in depressive and anxious symptoms during the early weeks of the COVID-19 quarantine among Peruvian adolescents.* Poster presented at the Society for Research in Child Development (SRCD) 2021 Biennial Meeting.

Magis-Weinberg, L., **Berger, E., Manago, A., & Dahl, R.** *Technology-based social comparison and feedback seeking are associated with lower wellbeing among Peruvian young adolescents.* Paper symposium meant to be presented at the Society for Research on Adolescence (SRA) 2020 Biennial Meeting, San Diego, CA. *cancelled due to COVID-19*

Berger, E., Ellwood-Lowe, M.E., Jauregui, M., Foushee, R., Bunge, S., & Srinivasan, M. (2019, October). *Tuned in: Children learn from overheard speech while engaged in a cognitively demanding task.* Poster presented at the Cognitive Development Society Conference (CDS), Louisville, KY.

Magis-Weinberg, L., **Berger, E., Manago, A., & Dahl, R.** (2019, August). *Transitions: How can developmental cognitive neuroscience inform school-based interventions to foster healthy digital habits in very young adolescents?* Poster presented at the UC Consortium on Adolescence Summer Institute, Los Angeles, CA.

Magis-Weinberg, L., **Berger, E., Manago, A., & Dahl, R.** (2019, August). *Transitions: How can developmental cognitive neuroscience inform school-based interventions to foster healthy digital habits in very young adolescents?* Poster presented at the Flux Conference, New York, NY.

Berger, E., Birbo, B., Jauregui, M., Mailyan, G., Sosa Cordero, M., Ellwood-Lowe, ME. (2019, May). *Auditory Adaptations: How do kids adapt their attentional styles to the demands of their environment?* Poster presented at Language and Cognitive Development Lab Poster Session, UC Berkeley Psychology Department, Berkeley, CA.

Berger, E. (2016, May) *History of displacement and future of inclusion: Affordable housing in Portland, Oregon.* Paper presented at the Urban Studies Honors Thesis Symposium, Brown University, Providence, RI.

RESEARCH FUNDING

Received
Graduate Research Fellowships Program (GRFP) 2019
National Science Foundation

Received
Undergraduate Teaching and Research Award 2015
Brown University
Awarded to support undergraduates as they pursue research opportunities with faculty

HONORS & AWARDS

Graduate Research Fellow, National Science Foundation, 2020
Departmental Honors in Urban Studies, Brown University, 2016
Trustee Scholarship, University of Southern California, 2011

SERVICE & ACTIVITY

Psychological Clinical Science Accreditation System, Student Representative, 2021 - present
JUMP Mentor, University of Oregon, 2020 - 2021
Co-Founding Leader, Workshops for Undergraduate Researchers, UC Berkeley, 2019 - 2020
Lead Community Recruiter for all Developmental Psychology Labs, UC Berkeley, 2019 - 2020
Subsidized Program & Finance Coordinator, Brown Market Shares Program, 2013 - 2015
Backpacking Leader & Mentor, Brown Outdoor Leadership Training Program, 2013 - 2016
Classroom Leader & Mentor, Girls, Inc., 2012

ADDITIONAL PROFESSIONAL EXPERIENCES

College Essay Writing Tutor, 2019 - 2020
Investment Research Analyst and New Products Associate, Pacific Epoch, 2017 - 2018
Media Sales Coordinator, Intersection, 2016 - 2017

SKILLS

Technical: R, ArcGIS
Clinical: K-SADS (Kiddie Schedule for Affective Disorders and Schizophrenia)
Language: Spanish (proficient)
Other: Wilderness First Responder

PROFESSIONAL AFFILIATIONS

Society for Research on Adolescence
Society for Research on Child Development
Cognitive Development Society
Society for the Psychological Study of Social Issues