Scenarios Tested

- Username:
 - Used integers to ensure they will not be accepted.
- Password:
 - Used characters to ensure they will not be accepted.
 - o Used integers followed by characters to ensure they will not be accepted.
- Binary Code Conversion:
 - Used various inputs, from characters, to positive and negative integers and ensure the binary conversion works.
- Pound to Kilogram Conversion:
 - o Ensured typecasting from double to int works.
 - o Verified conversion calculation is correct.
- Fitness Plan menu & activity selection:
 - o Ensured the menu works.
 - Ensured user input into array logically displays as a 2D chart.
- Main program loop:
 - Main loop keeps running until user decides to quit program.