

## EAMMI2 Survey

**Q82 RESEARCH PARTICIPATION CONSENT FORM INTRODUCTION:** You are invited to participate in a research study being conducted by researchers at multiple institutions. The principle investigator of the study is Dr. Jon Grahe at Pacific Lutheran University. Approximately 3200 participants will complete this study. Participation should require about 30 minutes of your time. Participation is entirely voluntary; you may withdraw from the study at any time without consequences. **PURPOSE:** The purpose of the study is to investigate how young adults ages 18-25 view their experience in the world. We are examining many questions, but collectively these questions will explore your approach to life, what defines adulthood, and your general impressions and beliefs about politics, media, and other daily experiences. There are multiple abbreviated versions of this survey so your survey will not include all topics. Results of the study will be used for multiple purposes; as data in classrooms and possible publications. Responses will be completely anonymous; your identity will not be linked to the survey in any way. **PROCEDURES:** If you decide to participate in the study, you will be asked a series of questions in this Qualtrics form. The survey should take approximately 30 minutes and you cannot leave and return to complete it, so please set aside sufficient time to complete the survey. If you do not wish to participate, simply exit the browser. **RISKS, INCONVENIENCES, AND DISCOMFORTS:** There are no known risks to your participation in this research study. It may be inconvenient for you to fill out a long questionnaire. Some of the items may make you consider your personal beliefs and values, but not more than normal daily activity. **POTENTIAL BENEFITS:** We are offer one \$25 Amazon gift card for each set of 50 participants that complete the survey. After completing the survey, you may follow a separate link to submit your email address for entry into the drawing. Again, your email address will not be linked to your results. **ANONYMITY:** Records of your participation in this study will be anonymous. Although we will ask you to provide contact information in case you win the raffle, this will be on a secondary questionnaire not connected to the first. Therefore, records of information that you provide for the research study are associated with an anonymous number (not your profile). It will not be possible to identify you as the person who provided any specific information for the study. To adhere to open science practices, we intend to share our final, anonymous data publicly for other researchers. You may contact the principal investigator, Jon Grahe at [graheje@plu.edu](mailto:graheje@plu.edu) or 253-535-7394. If you have any questions or concerns about this study or your rights as a study participant, you may contact the Human Participants Review Board, Pacific Lutheran University through the Provost's Office at (253) 535-7126. By following the link below, you are indicating that you have read and understand the information provided above, that you are over 18, that you willingly agree to participate, that you understand that you may withdraw your consent at any time and discontinue participation without penalty, and that you are not waiving any legal claims. If you wish to save a copy of this description of the study for your records, please save or print a copy of this page before proceeding with the study.

**Q77** Do you wish to continue with the survey?

- ☐ Yes (1)
- ☐ No (2)

If No Is Selected, Then Skip To End of SurveyIf Yes Is Selected, Then Skip To End of Block

moa1 Please consider each of the following. Please consider both the degree this is an important milestone in achieving adulthood and the degree to which you have achieved this milestone in your lifetime.

[illegible]

moa2

[illegible]

Q78 Are you an adult?

- ☐ Yes (1)
- ☐ Maybe (2)
- ☐ No (3)

Q65 Timing

- First Click (1)
- Last Click (2)
- Page Submit (3)
- Click Count (4)

IDEA Think of this time in your life. By “time in your life” we refer to the present time, plus the last few years that have gone by, and the next few years to come, as you see them. In short, think of a roughly five-year period, with the present in the middle.

	Strongly disagree (1)	Somewhat disagree (2)	Somewhat agree (3)	Strongly agree (4)
Is this period of your life a time of many possibilities? (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of exploration? (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of feeling stressed out? (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of high pressure? (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of defining yourself? (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of deciding your own beliefs and values? (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of feeling adult in some ways but not others? (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is this period of your life a time of gradually becoming an adult? (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q66 Timing

First Click (1)  
Last Click (2)  
Page Submit (3)  
Click Count (4)

politics Please select which of the following best describes how you would label your political views.

- ☐ Extremely Liberal (1)
- ☐ Liberal (2)
- ☐ Slightly Liberal (3)
- ☐ Moderate, Middle of the Road (4)
- ☐ Slightly Conservative (5)
- ☐ Conservative (6)
- ☐ Extremely Conservative (7)
- ☐ Don't Know/ Haven't thought about it (8)

party Please select which of the following best describes your party identification.

- ☐ Strongly Democrat (1)
- ☐ Moderately Democrat (2)
- ☐ Independent but lean more Democrat (3)
- ☐ Totally Independent (4)
- ☐ Independent but lean more Republican (5)
- ☐ Moderately Republican (6)
- ☐ Strongly Republican (7)
- ☐ Apolitical/ nonpolitical (8)

president In the recent election, which candidate did you support to be the next president of the United States?

Q74 Timing

First Click (1)  
Last Click (2)  
Page Submit (3)  
Click Count (4)

swb Indicate your agreement with each item. Please be open and honest in your responding.

[illegible]

#### Q67 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)



mindful Below is a collection of statements about your everyday experience. Please indicate how frequently or infrequently you currently have each experience. Please answer according to what really reflects your experience rather than what you think your experience should be. Please treat each item separately from every other item.

[illegible]



same time. (11)						
I drive places on 'automatic pilot' and then wonder why I went there. (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find myself preoccupied with the future or the past. (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find myself doing things without paying attention. (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I snack without being aware that I'm eating. (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Q68 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

belong Please answer the following questions.

	Strongly disagree (1)	Moderately disagree (2)	Neither agree nor disagree (3)	Moderately agree (4)	Strongly agree (5)
If other people don't seem to accept me, I don't let it bother me. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I try hard not to do things that will make other people avoid or reject me. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I seldom worry about whether other people care about me. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I need to feel that there are people I can turn to in times of need. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I want other people to accept me. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do not like being alone. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being apart from my friends for long periods of time does not bother me. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a strong need to belong. (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It bothers me a great deal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

when I am not included in other people's plans. (9) My feelings are easily hurt when I feel that others do not accept me. (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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belnow I feel like I belong.

- ☐ Not at all (1)
- ☐ (2)
- ☐ (3)
- ☐ (4)
- ☐ Very much (5)

Q72 Timing

- First Click (1)
- Last Click (2)
- Page Submit (3)
- Click Count (4)

efficacy

	Not at all true (1)	Hardly true (2)	Moderately true (3)	Exactly true (4)
I can always manage to solve difficult problems if I try hard enough. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone opposes me, I can find the means and ways to get what I want. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is easy for me to stick to my aims and accomplish my goals. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confident that I could deal efficiently with unexpected events. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thanks to my resourcefulness, I know how to handle unforeseen situations. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can solve most problems if I invest the necessary effort. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can remain calm when facing difficulties because I can rely on my coping abilities. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am confronted with a problem, I can usually find several	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

solutions. (8) If I am in trouble, I can usually think of a solution. (9) I can usually handle whatever comes my way. (10)	<input type="radio"/>  <input type="radio"/>	<input type="radio"/>  <input type="radio"/>	<input type="radio"/>  <input type="radio"/>	<input type="radio"/>  <input type="radio"/>
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Q77 Timing  
First Click (1)  
Last Click (2)  
Page Submit (3)  
Click Count (4)

support We are interested in how you feel about the following statements. Read each statement carefully and indicate how you feel about it.

[illegible]



me. (6) I can count on my friends when things go wrong. (7)							
I can talk about my problems with my family. (8)							
I have friends with whom I can share my joys and sorrows. (9)							
There is a special person in my life who cares about my feelings. (10)							
My family is willing to help me make decisions. (11)							
I can talk about my problems with my friends. (12)							

Q96 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

SocMedia Think of the social media platform (e.g., Facebook, Instagram, Twitter, etc.) you use most often. How often do you use it for the following reasons?

	Never (1)	Rarely (2)	Sometimes (3)	Often (4)	A lot (5)
Avoid drifting apart from the people I know (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Find out what my friends are planning to do tonight or this weekend (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keep in touch with friends (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Let friends know what I've been up to (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reconnect with people I used to know (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Find out more about someone I've just met (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Check out someone I might want to know better (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Make new friends (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get in touch with someone I met at social events (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get different kinds of information (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Share different	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

kinds of information (11)					
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#### Q80 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

#### usdream

	Definitely not (1)	No, I don't think so (2)	Not sure (3)	Yes, somewhat (4)	Yes, strongly (5)
Do you believe in the importance of achieving the American Dream? (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you believe you will be able to achieve the American Dream? (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Select 'Definitely not' (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Q73 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

freq In the past two weeks (14 days), how often has someone gotten upset with you in response to something that you said or did?

- ☐ not at all (1)
- ☐ very rarely (2)
- ☐ occasionally (3)
- ☐ sometimes (4)
- ☐ rather often (5)
- ☐ quite often (6)
- ☐ constantly (7)

transgres Think back to the MOST RECENT instance that someone became upset with you because of something you said or did, and then answer the following questions. Describe what you said or did in 10 words or less:

relation In this instance, what is your relationship to the other person involved?

- ☐ stranger (1)
- ☐ acquaintance (2)
- ☐ co-worker (3)
- ☐ friend (4)
- ☐ romantic partner (5)
- ☐ son or daughter (6)
- ☐ parent (7)
- ☐ sibling (8)
- ☐ other family member (9)
- ☐ other (Please specify) (10) \_\_\_\_\_

fault Whose fault was it that this person became upset?

- ☐ entirely my fault (1)
- ☐ (2)
- ☐ (3)
- ☐ equally my fault and their fault (4)
- ☐ (5)
- ☐ (6)
- ☐ entirely their fault (7)

feel How did you feel when the person became upset with you? Check ALL that apply.

- ☐ angry (1)
- ☐ pleased (2)
- ☐ indifferent (3)
- ☐ fearful (4)
- ☐ ashamed (5)
- ☐ guilty (6)
- ☐ frustrated (7)
- ☐ sad (8)
- ☐ excited (9)
- ☐ nervous (10)

common How often does this type of incident happen in your life?

- ☐ almost never (1)
- ☐ very rarely (2)
- ☐ occasionally (3)
- ☐ sometimes (4)
- ☐ rather often (5)
- ☐ quite often (6)
- ☐ constantly (7)

attention2 To indicate that you are attending to this question, select the answer option 'constantly'

- ☐ almost never (1)
- ☐ very rarely (2)
- ☐ occasionally (3)
- ☐ sometimes (4)
- ☐ rather often (5)
- ☐ quite often (6)
- ☐ constantly (7)

Q78 Timing

- First Click (1)
- Last Click (2)
- Page Submit (3)
- Click Count (4)

transgres How often has it occurred that in the last 2 weeks (14 days) that someone has done the following to YOU.

	not at all (1)	very rarely (2)	occasionally (3)	sometimes (4)	rather often (5)	quite often (6)	constantly (7)
lied to you (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
spread rumors or gossiped about you (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
got even with you for something that happened previously (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
degraded you in public (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Q79 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

NPI In each of the following pairs of attributes, choose the one that you MOST agree with. To choose, please click on the button of the statement you most agree with . You can choose only one statement for each attitude pair.

#### NPI1

- ☐ I find it easy to manipulate people. (1)
- ☐ I don't like it when I find myself manipulating people. (2)

#### NPI2

- ☐ When people compliment me I get embarrassed. (1)
- ☐ I know that I am a good person because everybody keeps telling me so. (2)

NPI3

- ☐ I like having authority over other people. (1)
- ☐ I don't mind following orders. (2)

NPI4

- ☐ I insist upon getting the respect that is due me. (1)
- ☐ I usually get the respect I deserve. (2)

NPI5

- ☐ I don't particularly like to show off my body. (1)
- ☐ I like to show off my body. (2)

NPI6

- ☐ I have a strong will to power. (1)
- ☐ Power for its own sake doesn't interest me. (2)

NPI7

- ☐ I expect a great deal from other people. (1)
- ☐ I like to do things for other people. (2)

NPI8

- ☐ My body is nothing special. (1)
- ☐ I like to look at my body. (2)

NPI9

- ☐ Being in authority doesn't mean much to me. (1)
- ☐ People always seem to recognize my authority. (2)

NPI10

- ☐ I will never be satisfied until I get all that I deserve. (1)
- ☐ I will take my satisfactions as they come. (2)

NPI11

- ☐ I try not to be a show off. (1)
- ☐ I will usually show off if I get the chance. (2)

NPI12

- ☐ I am a born leader. (1)
- ☐ Leadership is a quality that takes a long time to develop. (2)

NPI13

- ☐ I like to look at myself in the mirror. (1)
- ☐ I am not particularly interested in looking at myself in the mirror. (2)



exploit

	Strong disagreement (1)	(2)	(3)	(4)	(5)	(6)	Strong agreement (7)
It doesn't bother me to benefit at someone else's expense. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm perfectly willing to profit at the expense of others. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using other people doesn't bother me very much. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q76 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

Q11 Do you identify as a person with a disability?

☐ Yes (1)

☐ No (2)

Q14 Do you experience a disability in any of the following areas?

	Yes (1)	No (2)
Physical (1)	<input type="radio"/>	<input type="radio"/>
Sensory (2)	<input type="radio"/>	<input type="radio"/>
Learning (3)	<input type="radio"/>	<input type="radio"/>
Psychiatric (4)	<input type="radio"/>	<input type="radio"/>
Chronic Health (5)	<input type="radio"/>	<input type="radio"/>
Other. Please specify below. (6)	<input type="radio"/>	<input type="radio"/>

Q10 If applicable, please rate your degree of agreement with each of the following statements.

	Strongly disagree (1)	Disagree (2)	Neither agree nor disagree (3)	Agree (4)	Strongly agree (5)
My disability interferes with becoming successful. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't think of myself as a disabled person. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lack confidence because of my disability. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am proud to be a disabled person. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes I am ashamed to be disabled. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being disabled has not reduced my enjoyment of life. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My friendships are limited by my disability. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My disability is a source of personal strength. (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Without my disability I could accomplish more. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

disability has not been a problem for me. (10)					
I can live a normal life with my disability. (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am a better person because of my disability. (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My disability is an important part of who I am. (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am proud of my disability. (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My disability enriches my life. (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q71 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

physSx During the past 4 weeks, how much have you been bothered by any of the following problems?

	Not Bothered at all (1)	Bothered a little (2)	Bothered a lot (3)
Stomach pain (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Back pain (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain in your arms, legs, or joints (knees, hips, etc). (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Headaches (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chest pain (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dizziness (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fainting spells (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling your heart pound or race (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortness of breath (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Constipation, loose bowels, or diarrhea (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nausea, gas, or indigestion (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling tired or having low energy (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble sleeping (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q70 Timing

First Click (1)

Last Click (2)

Page Submit (3)

Click Count (4)

stress The questions on this page ask you about your feelings and thoughts during the last month. In each case, please indicate with a check how often you felt or thought a certain way. In the last month, how often have you...

	Never (1)	Almost never (2)	Sometimes (3)	Fairly often (4)	Very often (5)
...been upset because of something that happened unexpectedly? (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...felt that you were unable to control the important things in your life? (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... felt nervous and "stressed"? (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... felt confident about your ability to handle your personal problems? (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... felt that things were going your way? (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...found that you could not cope with all the things that you had to do? (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... been able to control irritations in your life? (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... felt that you were on top of things? (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... been angered	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

because of things that were outside of your control? (9) ... felt difficulties were piling up so high that you could not overcome them? (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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#### Q69 Timing

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marriage1 Consider your eventual (or current) aspects of your life—though they may not all apply to you. How much importance do you place (or do you expect to place) on each of the following aspects of your life? Assign a percentage to each of the following aspects, equaling a total of 100% (indicating the relative importance of each of these roles compared to each other).

\_\_\_\_\_ Marriage (1)

\_\_\_\_\_ Parenting (2)

\_\_\_\_\_ Career (3)

\_\_\_\_\_ Personal Leisure/ Hobbies (4)

marriage2 In regard to my getting married someday, it is...

- ☐ not at all important, I don't want to get married. (1)
- ☐ somewhat important but I really don't care if it never happens. (2)
- ☐ important but I would not be devastated if it didn't happen. (3)
- ☐ very important and I would be quite disappointed if it didn't happen. (4)
- ☐ extremely important and I would feel devastated if it didn't happen. (5)

marriage3 In my opinion, the ideal age for someone to get married is...

- ☐ 17 or younger (1)
- ☐ 18 (2)
- ☐ 19 (3)
- ☐ 20 (4)
- ☐ 21 (5)
- ☐ 22 (6)
- ☐ 23 (7)
- ☐ 24 (8)
- ☐ 25 (9)
- ☐ 26 (10)
- ☐ 27 (11)
- ☐ 28 (12)
- ☐ 29 (13)
- ☐ 30 (14)
- ☐ 31 (15)
- ☐ 32 (16)
- ☐ 33 (17)
- ☐ 34 (18)
- ☐ 35 (19)
- ☐ 36 (20)
- ☐ 37 (21)
- ☐ 38 (22)
- ☐ 39 (23)
- ☐ 40 or older (24)
- ☐ Never (25)
- ☐ Age has no effect on marriage (26)

marriage4 Marriage should be for life, even if the marriage is mediocre or unsatisfying.

- ☐ Strongly disagree (1)
- ☐ Disagree (2)
- ☐ Neutral (3)
- ☐ Agree (4)
- ☐ Strongly agree (5)

marriage5 My biological parents (or parents who raised me most of my life)...

- ☐ are currently married to one another (1)
- ☐ are currently divorced from one another (2)
- ☐ never married each other but are currently together (3)
- ☐ never married each other and are not together (4)



Q75 Timing

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school If you are currently attending a university or college, please enter your school name below:

sex What is your gender?

☐ Male (1)

☐ Female (2)

☐ Other (3)

Q83 What is your age? Please enter digits only (Enter "22" if you are 22 years old)

edu Which of the following choices best describes your educational level/attainment?

☐ High school diploma or less, and NO COLLEGE (1)

☐ Currently in college (2)

☐ Completed some college, but no longer in college (3)

☐ Complete 2 year College degree (4)

☐ Completed Bachelors Degree (5)

☐ Currently in graduate education (8)

☐ Completed some graduate degree (9)

sibling Regarding my siblings that I lived with for at least some of my childhood (check all that apply--usually more than one will apply):

☐ I did not have any siblings (biological, step, half, adopted) (1)

☐ I had at least one opposite sex sibling (biological, step, half, adopted) (2)

☐ I had at least one same sex sibling (biological, step, half, adopted) (3)

☐ All my opposite sex siblings are biological siblings (4)

☐ All my same sex siblings are biological siblings (5)

☐ I had at least one older opposite sex sibling (6)

☐ I had at least one older same sex sibling (7)

race What is your racial/ethnic group (check all the apply)?

☐ White/European-American (1)

☐ Black/African-American (2)

☐ Hispanic/Latino (3)

☐ Asian/Pacific Islander (4)

☐ Native American/American Indian (5)

☐ Other (6) \_\_\_\_\_

Q82 Do you now, or have you ever served in the armed services?

- ☐ yes (1)
- ☐ No (3)

Q83 If you serve(d) in the armed services, how many years did you serve?

income Please indicate your current household income in U.S. dollars

- ☐ Rather not say (1)
- ☐ Under \$20,000 (2)
- ☐ \$20,000 - \$39,999 (3)
- ☐ \$40,000 - \$59,999 (4)
- ☐ \$60,000 - \$79,999 (5)
- ☐ \$80,000 - \$99,999 (6)
- ☐ \$100,000 - \$199,999 (7)
- ☐ \$200,000 - \$1 million (8)
- ☐ Over \$1 million (9)

place2 Do you reside in the United States?

- ☐ yes (1)
- ☐ no (2)

If yes Is Selected, Then Skip To how many years have you lived in the ...If no Is Selected, Then Skip To where do you currently reside?

Q80 How many years have you lived in the United States?

place What state did you reside in during your childhood?

- ☐ Alabama (1)
- ☐ Arizona (2)
- ☐ Arkansas (3)
- ☐ California (4)
- ☐ Colorado (5)
- ☐ Connecticut (6)
- ☐ Delaware (7)
- ☐ District of Columbia (8)
- ☐ Florida (9)
- ☐ Georgia (10)
- ☐ Idaho (11)
- ☐ Illinois (12)
- ☐ Indiana (13)
- ☐ Iowa (14)
- ☐ Kansas (15)
- ☐ Kentucky (16)
- ☐ Louisiana (17)
- ☐ Maine (18)
- ☐ Maryland (19)
- ☐ Massachusetts (20)
- ☐ Michigan (21)
- ☐ Minnesota (22)
- ☐ Mississippi (23)
- ☐ Missouri (24)
- ☐ Montana (25)
- ☐ Nebraska (26)
- ☐ Nevada (27)
- ☐ New Hampshire (28)
- ☐ New Jersey (29)
- ☐ New Mexico (30)
- ☐ New York (31)
- ☐ North Carolina (32)
- ☐ North Dakota (33)
- ☐ Ohio (34)
- ☐ Oklahoma (35)
- ☐ Oregon (36)
- ☐ Pennsylvania (37)
- ☐ Rhode Island (38)
- ☐ South Carolina (39)
- ☐ South Dakota (40)
- ☐ Tennessee (41)
- ☐ Texas (42)
- ☐ Utah (43)

- ☐ Vermont (44)
- ☐ Virginia (45)
- ☐ Washington (46)
- ☐ West Virginia (47)
- ☐ Wisconsin (48)
- ☐ Wyoming (49)
- ☐ Puerto Rico (50)
- ☐ Alaska (51)
- ☐ Hawaii (52)
- ☐ I did not grow up in the United States (53)

Q81 What country do you currently live in?

Q81 Timing

First Click (1)

Last Click (2)

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comments Do you have any questions, comments, or concerns about any of the surveys that you have completed today? If you have none, please write, "i have completed this survey"

Debrief Thank you for your participation in our study! Your participation is greatly appreciated.

**Purpose of the Study:** This project, Emerging Adulthood Measured at Multiple Institutions (EAMMI), is a collaboration of many researchers across academic institutions. You can learn more about the project at the following website (<https://osf.io/te54b/>). The goal of our research is to explore how emerging adults (people aged 18-25) perceive their world and how approaches to life relate to personal decisions and life experiences. While this is a general statement, you are welcome to follow the progress of the project as we will report findings on the website noted above. We did not feel that any of these questions would cause any emotional reaction as you should find that these questions were seeking your true impression of your ideal future and present.

**Anonymity:** Records of your participation in this study will be anonymous. No personally identifying information will be connected to your data because your email for the raffle will be independent of the data file and we will not be able to connect them. It will not be possible to identify you as the person who provided any specific information for the study. To adhere to open science practices, we intend to share our final, anonymous data publicly for other researchers.

**Final Report:** We expect multiple publications to emerge from this project. If you are interested in these findings, please follow this link (<https://osf.io/mnxh8/>) as we will keep this updated. Please do not disclose your answers, research procedures, and/or hypotheses to anyone who might participate in this study in the future as this could affect the results of the study.

**Useful Contact Information:** If you have any questions or concerns regarding this study, its purpose or procedures, or if you have a research-related problem, please contact the main investigator, Dr. Jon Grahe, at [graheje@plu.edu](mailto:graheje@plu.edu) or 253-535-7394. If you have any questions concerning your rights as a research subject, you may contact the Human Participants Review Board, Pacific Lutheran University through the Provost's Office at (253) 535-7126.

**Drawing:** In appreciation for your participation, you are eligible to enter into a drawing for a gift card. Click [here](#) to enter the drawing

**Note:** This link will lead you to a separate page which asks you to provide your name and e-mail address. This information is in no way linked to your survey responses to protect your confidentiality.