

# **Strengths Alignment Profile**

Signature Talents:_	_1_	 	_
Auxiliary Talents:_		 	_
Non-Pattern Talents:		 <u>34</u>	_

# **Michael Esposito**

- 1 Harmony
- 2 Adaptability
- 3 Learner
- 4 Maximizer
- 5 Empathy
- 6 Individualization
- 7 Input
- 8 Includer
- 9 Achiever
- 10 Analytical
- 11 Consistency
- 12 Connectedness
- 13 Positivity
- 14 Arranger
- 15 Context
- 16 Deliberative
- 17 Intellection
- 18 Responsibility
- 19 Woo
- 20 Activator
- 21 Significance
- 22 Focus
- 23 Discipline
- 24 Developer
- 25 Competition
- 26 Ideation
- 27 Relator
- 28 Communication
- 29 Belief
- 30 Restorative
- 31 Self-Assurance
- 32 Command
- 33 Strategic
- 34 Futuristic

# Notes:

### **EXECUTING**

People with dominant Executing talents know how to make things happen.

#### **RELATING**

People with dominant
Relating talents have the
ability to build strong
relationships that can
hold a team together and
make it better.

#### **INFLUENCING**

People with dominant Influencing talents know how to take charge, speak up, and make sure the team performs.

#### **THINKING**

People with dominant
Thinking talents help
consider what could be.
They absorb and analyze
information that can
inform better decisions.



# Strengths Alignment Guide

What I would like to get out of the Strengths Alignment:

#### Your uniqueness found in the CliftonStrengths Assessment:

#### What is the difference between a talent and a strength?

The CliftonStrengths Assessment helps identify your greatest areas of potential growth, your talents.

A **Talent** is a naturally recurring pattern of thought, feeling, or behavior that can be productively applied. You can tell something might be a talent for you if you seem to learn it <u>easily</u>, you do it with <u>excellence</u>, you really <u>enjoy</u> doing it, or you gain <u>energy</u> by doing it.

The foundation of a strength is talent. A talent becomes a strength through <u>skill, knowledge</u>, and experience.

**Strength** is the ability to consistently provide near-perfect performance in a specific task.

## What will I discover during my time with my WeAlign coach?

You will discover three categories of talents though your CliftonStrengths Assessment results.

**Signature Talents** – These are found in the top part of the results. Individuals tend to have 8-16 of these talents. These talents represent the real you, very natural, or when you are in your "zone." Signature talents can be developed from a raw stage to a refined stage. These talents are energy positive.

**Auxiliary Talents** – These are found in the middle part of the results. These are things that people can do well and can even be grown and developed to an extent. These talents are energy neutral.

**Non-Pattern Talents** – These are found at the bottom part of the results. These talents are not part of your "pattern," since your brain lacks the natural pattern of these talents. These talents are energy drainers resulting in frustration or burn out.

## What next after the Strengths Alignment Package?

The next step is to engage in an on-going coaching relationship with your WeAlign coach. During this part of the coaching relationship, your coach will partner with you to grow your signature talents into strengths, and help you improve workplace performance or relationships. You can decide with your coach what direction is right for you.