

# **rPPG BASED HEART RATE ESTIMATION USING DEEP LEARNING**

**UBFC** 

640x480.

Pulse Rate Detection

(8 male, 2 female) that

in 6 different setups.

There are 42 videos in

from the camera, 30fps

UBFC dataset. Each people about 1m away

with a resolution of

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## PROBLEM DESCRIPTION

- With every heartbeat, there are changes in the light and hence reflected from our skin caused by the cardiac cycle.
- We cannot see these changes with our eyes, but we can analyze the intensity of these colors with image processing techniques.
- processing these color changes, we can estimate the heart rate from facial videos.

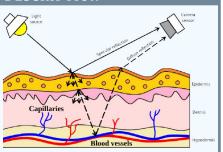


Figure 1: Skin reflection model illustration [1]

### **DATASETS**





Figure 3: A few examples from UBFC [3]

## **METHODS**

## **Traditional Methods**

As traditional methods, we used iPhys library methods:

- **CHROM DEHAN [7]**
- ICA POH [8]
- GREEN VERCRUYSSE [9]
- POS WANG [10]
- Viola-Jones [4] face detection
- skin detection and remove non-skin pixels
- The pixels in the ROI are spatially averaged, the process repeated for each video frame detected.
- The result of this process is then used to obtain the rPPG signal.



Figure 4: Obtained rPPG signal from ROI [5]

#### **Deep Learning Based Methods** Motion Branch Nx3x36x36 Nx32x36x36 Nx32x36x36 Nx32x18x18 Nx32x18x18 Nx64x18x18 Nx64x9x9 Nx128 Nx128 + Dropout 0 Respiratory Wave Attention Attention Mask Appearance Branch Temporal Shift Module Averaged Frame Time H W Nx32x36x36 Nx32x36x36 Nx32x18x18

Figure 5: Multi-task temporal shift convolutional attention network for camera-based physiological measurement [6]

- Power spectrum density with a hamming window to the BVP signal from the MTTS-CAN model
- Masking process for 1 and 4 frequency ranges for the signal
- Estimate the heart rate by multiplying the frequency at the maximum point of this signal by 60
- RMSE calculations with the ground truth values of the results
- Improvement in the results by applying SNR to the signal which obtained as a result of power spectrum density

## RESULTS

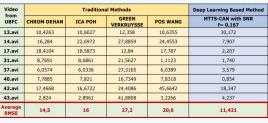


Table 2: RMSE values of sample videos from UBFC obtained with traditional methods and deep learning based method

UBFC			PURE		
Video	MTTS-CAN without SNR	MTTS-CAN with SNR f~ 0.167	Video	MTTS-CAN without SNR	MTTS-CAN with SNR f~ 0.167
5.avi	2,197	2,072	01-03	1,908	1,908
8.avi	22,985	2,431	03-03	3,615	1,772
10.avi	14,309	9,299	03-05	0.830	17,894
12.avi	1,755	1,738	03-06	4,942	1,553
16.avi	1,887	1,958	04-03	4,035	3,325
31.avi	1,946	1,740	04-04	12,682	7,193
34.avi	1,782	1,356	04-06	5,616	5,048
35.avi	7,674	4,990	06-02	56,048	49,427
37.avi	8,254	3,579	07-01	1,814	1,848
44.avi	6,277	6,081	07-03	4,046	3,763
46.avi	2,179	1,982	10-03	5,343	5,426
48.avi	16,655	4,764	10-06	1,173	1,165
Average RMSE	15,052	11,421	Average RMSE	8,449	17,322

Table 1:Examples of RMSE values from processing videos in UBEC and PURE with and without SNR with MTTS-CAN

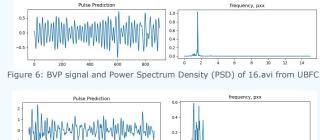
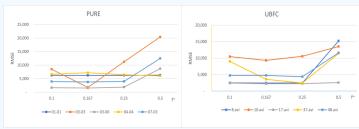


Figure 7: BVP signal and Power Spectrum Density (PSD) of 06-02 from PURE



Graph 1: RMSE values obtained by calculating some videos from UBFC and PURE with different f~ values of BVP signals from MTTS-CAN









## CONCLUSION

As a result of this study, we have seen that deep learning based methods generally give more accurate and faster results than traditional methods. When we used SNR while calculating the heart rate according to the BVP signal formed as a result of deep learning based methods, we observed a significant improvement in some results.

## REFERENCES

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