

Ahmed Alaa Mohammed Said

Kickboxing Coach

☎ 01000738711 📍 Egypt 📅 2003-02-21 🔗 essam778.github.io/Ahmed-Alaa-Portfolio/

PROFILE

A certified trainer with a strong academic and field background, I combine the sciences of sports education (training, injuries, rehabilitation) with emergency response and rescue skills. I specialize in combat sports (kickboxing and boxing) with a deep understanding of injury prevention mechanisms and the ability to provide safe and effective guidance in land and water environments. I always strive to achieve clients' goals while maintaining their safety through continuous professional development.

PROFESSIONAL EXPERIENCE

Coach, 10f1 Academy

Leading kickboxing training programs for competitive athletes and recreational practitioners. Developing specialized training methodologies for different skill levels.

Coach, Champions Academy

Provided comprehensive fitness training and kickboxing instruction to diverse clientele. Specialized in strength conditioning and athletic performance enhancement.

Coach, City Club Banha

Delivered personalized training programs for gym members. Focused on weight management, muscle building, and overall fitness improvement through structured exercise plans.

Assistant divers, the dawly center

Assisted in diving operations and underwater activities. Gained valuable experience in safety protocols and emergency response procedures in aquatic environments.

SKILLS

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| • Elite Coaching & Instruction | • Injury Prevention & Rehabilitation |
| • Emergency Response & Rescue | • Aquatic Training & Supervision |
| • Refereeing & Regulation Knowledge | • Commitment to Professional Development |

CERTIFICATES

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| • Kickboxing coach from the Egyptian Federation | • Physical rehabilitation of sports injuries from Faculty of Physical Education Benha. | • Cft Fitness Trainer from Faculty of Physical Education Benha. |
| • certificate of international development seminar for kickboxing coaches. | • First aid, Faculty of Physical Education, Benha. | • Boxing coach from the Egyptian Federation. |
| • Personal Trainer Pt from Faculty of Physical Education, Benha. Rationing training loads from Faculty of Physical Education Benha. | • Massage Therapist, from Faculty of Physical Education, Benha. | • Referee from the Egyptian Boxing Federation. |