# The Clean Beauty Revolution

## - A Movement Taking Over the Skincare Landscape -

The world of <u>skincare and beauty</u> is undergoing a significant shift, with consumers increasingly seeking natural and safe solutions. The growing popularity of clean beauty products is more than just a passing trend – it's a conscious choice towards healthier skin and a more responsible beauty industry. However, navigating the cosmetics industry and finding the perfect product that allies efficacy and healthiness can be challenging, especially with the tremendous number of products and marketing ads bombarding us.



(Pexels, 2024)

What exactly is Clean Beauty? Clean beauty is a term that encompasses a range of skincare products formulated with natural ingredients that are free from harsh chemicals, such as parabens and sulfates. These ingredients have raised concerns about potential health risks and environmental impact. Clean beauty products also prioritize sustainability and ethical sourcing, ensuring responsible practices throughout the supply chain.

Why is Clean Beauty Gaining Traction? The reasons for the clean beauty movement are multifaceted:

**Increased Awareness:** Consumers are becoming more informed about the ingredients of skincare products and their potential effects on their health.

**Focus on Wellness:** There's a growing desire for overall well-being, with skincare seen as an extension of achieving holistic health.

**Environmental Concerns:** Consumers are more conscious of the environmental impact of beauty products, seeking sustainable options.

**Transparency & Trust:** There's a demand for brands that are transparent about their ingredients and sourcing practices.

Shifting Priorities: Consumers prioritize natural ingredients and sustainability, even if it means sacrificing immediate results for sustainable health.

Sasha Plavsic, founder of Ilia Beauty, emphasizes the thoughtful nature of clean beauty: <u>"For Ilia, clean beauty as a definition is where the best of natural and safe synthetics collides to create an efficacious product that performs beyond conventional expectations"</u> (<u>Vogue Arabia</u>) (<u>ESW</u>). This approach underscores the importance of deliberate choices in formulation, packaging, marketing, and environmental responsibility within the clean beauty industry

### The Rise of Clean Beauty: A Positive Change

The clean beauty movement represents a positive shift in the industry:

- Safer Products: Clean beauty prioritizes ingredients deemed safe and gentle on the skin.
- **Reduced Allergic Reactions**: Avoiding harsh chemicals can minimize the risk of allergic reactions and skin irritation.
- **Sustainable Practices:** Clean beauty encourages responsible sourcing and packaging, minimizing environmental impact.

It is important to note that there is no globally agreed-upon formula for what constitutes clean beauty products. This opens the door for some brands to use the term "clean beauty" when labeling their products for greenwashing purposes in order to appear more eco-friendly. So, to navigate the beauty industry, familiarize yourself with common ingredients and their potential effects.

Clean Beauty at Sheane Cosmetics: At <u>Sheane</u>, we craft our products using clean, ethically sourced shea butter, natural oils, and extracts. We don't gamble on immediate gratification. At Sheane, we invest in quality. We focus on sustainable sourcing and naturally effective formulas that nurture your skin for healthy living.

Whether you choose Sheane or another clean beauty brand, prioritize safe, effective, and sustainable skincare solutions.

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**Written By**: Esther Afi Edi Sessenou **Co-Edited By**: Mardia Adams **Organization**: Sheane Cosmetics

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Vogue Issue (2024): https://en.vogue.me/beauty/clean-beauty-definition-industry-experts/

Sheane Cosmetics: <a href="https://www.instagram.com/shea">https://www.instagram.com/shea</a> n oils/

Research Paper (Mardia Adams):

https://drive.google.com/file/d/1kpQVcDDbgZ6snmpZwk\_F9KlyNZ2BQ8A-/view

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