

- 3 1.2 Listen to an extract from a radio programme about a businesswoman and space explorer. Answer the questions.

- 1 Where is Anousheh Ansari from?
- 2 Which languages does she speak?
- 3 What did she do in 1993?
- 4 How did she join the space programme?
- 5 How long has she trained for?
- 6 Who is she travelling with?



Tense review

Match each sentence with a tense.

- 1 She is travelling with two crew members.
- 2 Anousheh has trained for six months.
- 3 We are here at Star City.
- 4 She'll spend eight days in orbit.
- 5 She had been scheduled to take part in a later launch.
- 6 Mrs Ansari set up Telecom Technologies in 1993.

- a Present Simple
- b Present Perfect
- c Present Continuous
- d Past Simple
- e Past Perfect
- f *will* + infinitive

How are the following sentences different from the above examples?

- 1 She travels with two crew members.
- 2 Anousheh trained for six months.
- 3 She hopes she will spend eight days in orbit.
- 4 She was scheduled to take part in a later launch.



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Practice 1 Change the tense of the verb in brackets to fit the sentence.

- 1 She (travel) with two crew members.
- 2 She said she (have) this dream since childhood.
- 3 Anousheh (be) from Iran.
- 4 She hopes that she (inspire) a new generation of women.
- 5 Just as Vostok was due to dock with Soyuz, radio contact (lose).
- 6 After she (sell) her business, Anousheh (give) \$10 million dollars to the X Prize Foundation, an organization which (encourage) advances in human spaceflight.
- 7 Some women and girls not (have) the same opportunities as men.
- 8 There (be) five Vostok missions before the first female astronaut (go) into space in 1963.
- 9 Yuri Gagarin (go) into space in Vostok 1, the first time anyone ever (journey) beyond the Earth's atmosphere and the first time anyone (go) into orbit.
- 10 NASA (plan) further shuttle and rocket missions next year.

2 What qualities does an astronaut need? Add to the list.

- Physical fitness
- Teamwork
- Foreign languages
- Good health
- Psychological stability
- Money

Work in pairs. Ask your partner some questions to see if they would qualify.

- How many languages do you speak?
- Have you had a check-up recently?
- Are you good at working in a team?

3 Read this story about another flying achievement and answer the questions.

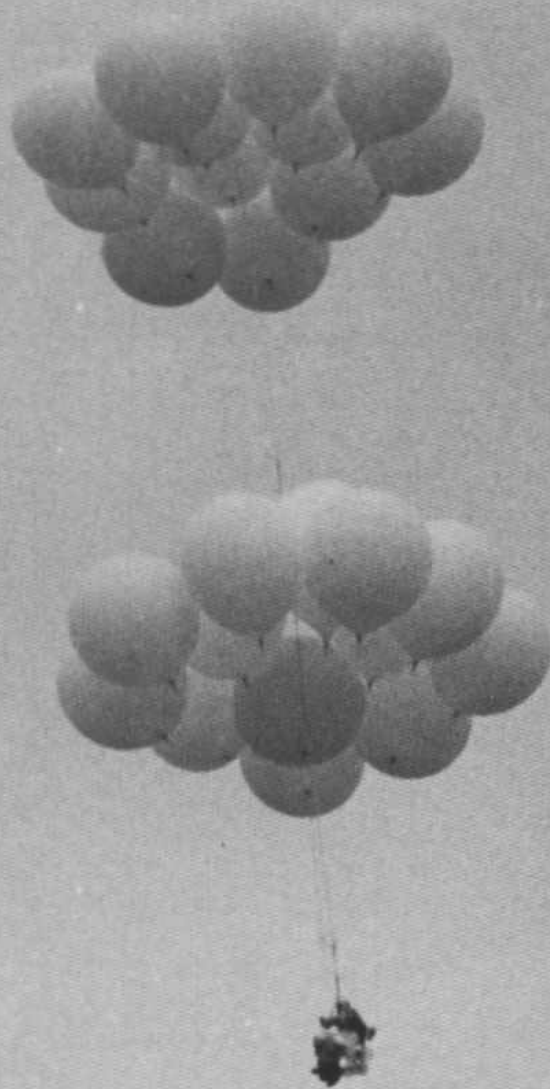
High-flyer

In the summer of 1982, Larry Walters, resident of California, decided to make life a bit more exciting. He went to the local balloon store with his girlfriend Carol and bought 45 weather balloons and some helium. When he got home he went to his backyard and found a patio chair which he then attached to the balloons. He tied the chair to the ground and filled up the balloons with helium. He put some cushions on the chair, got his pellet gun and a pair of sunglasses, and called his friend Ron to come round and help. He then made his final preparations. He packed some sandwiches, put on a parachute, and sat in the chair.

Basically the plan was that the balloons would slowly lift Larry and chair into the sky to about 100 metres where he would then shoot the balloons one by one to bring him back down to earth. What actually happened was that when his friend cut the rope Larry shot up into the sky like a rocket and didn't stop climbing till he got to 16,000 feet or roughly 3 miles high. The first thing he saw wasn't a few local birds but a jet flying past.

He stayed up at this height for two hours until he finally decided he needed to come back down again. So he started shooting the balloons and the chair started to descend. Unfortunately, the lines holding the balloons got caught in some power cables and the electricity in Long Beach area was cut off. Larry managed to escape injury but was immediately arrested by the police.

When he was asked why he did it he replied, 'A man just can't stand around.'



- 1 Where did Larry take off from?
- 2 What was his craft made from?
- 3 How high did he go?
- 4 How did he get down again?
- 5 What happened when he reached the ground?

Which achievement do you admire most – Anousheh Ansari's or Larry Walters'?
Which would you like to try?

4 Read about Mae Jemison and put the verbs in brackets in the correct form.

Mae C. Jemison ¹ _____ (be) at one time or another an astronaut, an engineer, a physician, a teacher, and is now an entrepreneur. She joined NASA in 1987 and in 1992 earned the distinction of becoming the first Afro-American woman astronaut.

Since then she ² _____ (work) in the area of technological development. In 1993 she founded the Jemison Group Inc. which ³ _____ (help) developing countries adapt advanced technology in programmes such as solar electricity generation and satellite-based communication to help healthcare in West Africa. More recently she started up a company called BioSentient Corporation which ⁴ _____ (develop) a system which can assess a person's physical and mental condition. It ⁵ _____ (give) information in real time about what ⁶ _____ (happen) to a patient's nervous system and their body. It can be used for a variety of things including diabetes, anxiety disorders, and human performance in sports.

Before her career as an astronaut and a business woman, Mae Jemison

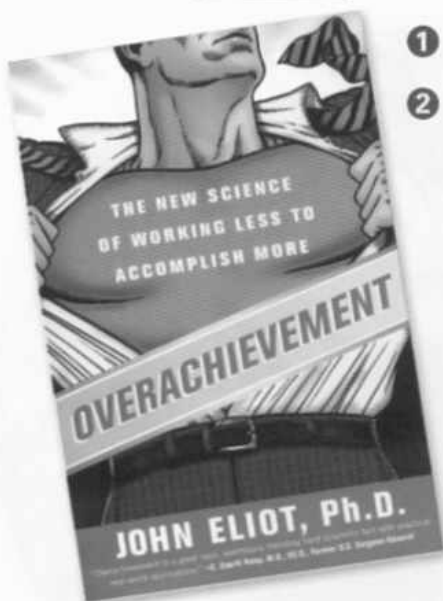


⁷ _____ (have) a career in medicine. She studied at Cornell Medical College and spent two and a half years working in Sierra Leone and Liberia with the Peace Corps.

When she ⁸ _____ (grow up) her inspiration came from a character in a TV science fiction series called Star Trek. The character, Lieutenant Uhura, ⁹ _____ (be) of African origin and a technician on a space craft called the USS Enterprise. She recalls, '... they had this crew that was composed of people from all around the world and they ¹⁰ _____ (work) together to learn more about the universe'.

- 5** Work in pairs. Ask each other what you have achieved so far in terms of your personal goals and your job.
- 6** Think about your country over the past five years, what it is like now, and how it might change in the next five years. Here are some topics:
- lifestyles and the standard of living
 - the economy
 - the government
 - relations with other countries

Discuss the topics in small groups.



Achievement vocabulary. Prefixes 1

- 1 Look at the book cover. What do you think the book is about?
- 2 Read this extract from a review of *Overachievement* and then answer the questions.
 - 1 Is 'overachievement' a positive or negative term?
 - 2 According to John Eliot, which factors lead to exceptional performance?
 - 3 What do you find most surprising about his opinions? Are there any that you disagree with?

OVERACHIEVEMENT

Performance psychologist John Eliot claims that 'To see what you're really capable of you have to think abnormally'. That state of exceptional performance is what he calls overachievement – and he believes it's possible to bring it about regularly. 'Overachievers,' he insists, 'don't think reasonably, sensibly, or rationally.'

It is a misconception that a lack of rejection or failure distinguishes achievers from non-achievers – it is the way they handle failure. 'Most successful people can share their weaknesses,' says Eliot. 'They get excited about learning so they can turn weaknesses into strengths.'

Here's some more of his counterintuitive advice, which he delivers in his book 'Overachievement' published this month.

- Hard work is overrated. Overachievers know when to stop working at their job and start playing at it. Too much practice can turn you into a classic case of what he calls the 'over-motivated underachiever'.
- The longstanding practice of goal-setting is actually a major obstacle to sustained, vigorous motivation – and being great.
- A performer can never have too much self-assurance. The best in every field are likely to strike most people as having an irrational level of confidence, but that's how they get to the top.
- High achievers dwell on what they do well – and spend very little time evaluating themselves and their performances.
- The best need stress. Classic breathing and relaxation techniques tend to undermine most performances, eliminating the possibility of setting records.
- What limits? If you want to find out what you're capable of, you can't put limits on yourself, and you definitely can't be cautious.
- Only wimps weigh the risk. For exceptional people, risks equal rewards. The challenge of uncertainty is the fun of high performance – and that's where overachievement lies.

- 3 Prefixes are often used to create opposites. Look at these examples from the text:
 - misconception
 - non-achiever
 - counterintuitive
 - irrational
 - uncertainty

Match the words with the prefixes to create words of the opposite meaning.

Prefix

anti	counter	dis
im	in	ir
mis	non	un

Word

direct	employed	event
measure	polite	prove
relevant	understand	climax

New word

- 4 Prefixes are also used to indicate the idea of 'too much' or 'not enough'. Look at these examples:

Over	Under
achiever	achiever
kill	—

Decide which of the words below can be preceded by **over-**, **under-**, or both.

	Over	Under
capacity		
mine		
staffed		
cut		
perform		
statement		
estimate		
produce		
worked		
reaction		

- 5 Match the two parts of these phrases.


set
make
meet
improve
make
keep
have
think
develop

a success (of something)
a talent
a sense of achievement
your eye on the goal
short and long-term goals
your performance
positively
an effort
a target

- 6 Work in groups and discuss the questions.

- 1 What helps you perform well at work, for example, a quiet working environment, a good team spirit?
- 2 What sort of targets do you have to meet?
- 3 How often do you have appraisals? Do they give you a sense of achievement?
- 4 Do you under- or overestimate your achievements?
- 5 Are you overworked? Is your section or department understaffed?

Levels of formality

- 1  1.3 Here are some ways in which language can be more formal or informal. Fill in the blanks and then listen to check your answers.

FORMAL	INFORMAL
<i>Single verbs</i>	<i>Verb phrases</i>
rise	go up
	sort something out
return	get back to
contact	get in touch
	think about
search	look for
<i>Full sentences</i>	<i>Shortened sentences</i>
Would you like a coffee?	
Thank you for the delicious meal last night.	Delicious meal last night.
I look forward to seeing you tomorrow.	
<i>Full forms</i>	<i>Contractions</i>
I would like to meet you.	I'd love to see you.
I will contact you nearer the time.	
<i>Precise facts</i>	<i>Approximation</i>
100 candidates	_____ of candidates
more than 2,000 people	masses of people
<i>Opening salutations (spoken)</i>	
Nice to meet you, Philip	Hiya Phil
	Hi
<i>Opening greetings (spoken)</i>	
How are you?	_____ right?
<i>Opening salutations (written)</i>	
Dear Philip	
<i>Closing salutations (written)</i>	
With best regards	All the best
Regards	_____ for now
Yours sincerely	
<i>Saying goodbye</i>	
Very nice meeting you.	See you.

- 2 Read the letter below regarding a new research project and choose the appropriate phrases to keep a consistent level of formality.

Dear Professor Schmidt,

I hope all is well with you. / How are things?

I am writing to ask / Just thought I'd ask whether you might be interested in taking part / participating in a study I am conducting / doing on goal setting as a means of improving performance. I have already collected masses / six months' worth of data on the topic. I would be grateful for your comments. / It would be really great to hear what you think about this.

I've put the questionnaire in with this letter / Please find attached the questionnaire.

Speak to you soon. / I look forward to hearing from you.

All the best / With best regards,

Sandra / Sandra March



- 3 You have tested ten mobile phones for use by your company and have chosen the Aikon 007. It has the following features:

- 1.3 Megapixel camera with autofocus
- 20x digital zoom
- Stores photos
- 176x200 resolution screen
- Bluetooth – wireless connection with other devices
- Sends and receives emails
- MP3 player and radio
- MP4 video player
- Will work in most of Europe and the USA.

- 1 Complete this report and ask your boss for their final approval.

In relation to the request to upgrade the company mobile phones, ten phones were selected and tested. The Aikon 007 showed the best performance to price trade-off. It is a flip phone ...

- 2 Complete this email to a colleague and ask your colleague what they think.

Subject: New mobile

Hi,

Just wanted to tell you about the great new mobile we will be getting. I tested about ten of them and finally chose the Aikon. It's a flip phone ...

IntEx

IntEx is a not-for-profit organization which arranges and supports events to build international understanding and cultural awareness throughout the world.

LONDON OFFICE



Tao Pei Lin
Cultural Coordinator,
Event and Exhibition
Organizer



Diego Fernandez
Promotions and
Advertising Coordinator

MELBOURNE OFFICE



Bob Miller
Media and Funds
Coordinator, Asia
and Oceania



Aleksandra Syska
Events Coordinator,
Asia and Oceania

- 1 When would you hear these parts of a phone call? Match the first part with the response and complete the table below.

How are things over there at the moment?
I don't want to keep you too long.
Aleks speaking. How can I help?
Nice to talk to you.
Say hi to Diego for me.
Good to talk to you at last.
I don't think we've actually spoken before.
Give my regards to Bob.

You too.
Quite busy.
Hello Aleks. This is Tao Pei Lin.
No, I don't think we have.
Don't worry, that's fine.
And you.
OK.
Will do.

Start of a phone call	Response	End of a phone call	Response

- 2 1.4 Listen to the phone conversation to check your answers to 1. Answer the following questions.

- Who is phoning who?
- What project is being proposed?
- Why is Bob going to be worried?

- 3 Listen again and complete the gaps.

- Diego and I have been working on a project that we wanted to discuss with you – and Bob – to _____.
- Basically, _____ is put together a tour of Latin American music and take it to Asia. What _____?
- Sounds _____. Tell _____.
- It's very early stages, but _____ have a range of music from Brazil, Chile, and Peru.
- Now _____ thinking about locations, dates, and funding.
- But first I just wanted to see if you _____.
Oh _____.
- ... but in _____ you think it's a good idea, _____?
_____.
- We thought there _____ of government funding from host nations.
_____?
I'm _____ about that.

- 4 Complete the table with expressions from 3.

a Putting forward and explaining a proposal	
b Asking for a response	
c Giving a positive response	
d Giving a negative response	



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- 5 Which section would you put these expressions in?

The aim is to bring the latest Latin music to Asia.
I'm afraid I think eight countries are too many.
I agree entirely about Regional Organizers.
I'd really appreciate your advice on sponsorship.

Can you think of any other expressions for the four categories?

- 6 The staff of IntEx are having further discussions about the proposed tour. Work in pairs to role-play the following conversations:

Pei Lin and Bob
Bob and Aleks

Student A look at Information File 1. Student B look at Information File 10.

- 7 Work in pairs. Take one of the following situations each and then phone your partner to discuss your proposals:

- a social evening to entertain clients coming from another country
- a special party for a work colleague who's getting married.