

9 Stay healthy

Vocabulary

Health problems

1 Find the health problems or illnesses.

R	O	S	T	B	B	N	H	G	W	I	T
S	F	O	O	H	A	A	C	M	T	R	E
T	H	R	Y	R	R	D	F	S	V	C	M
O	F	E	D	S	E	I	L	M	N	H	P
M	F	T	R	C	Y	T	B	E	C	Z	E
A	P	H	C	C	O	L	D	E	G	B	R
C	D	R	S	C	C	D	R	F	J	K	A
H	O	O	I	C	M	F	B	O	F	D	T
A	Z	A	X	D	O	W	R	F	A	G	U
C	F	T	V	B	D	U	I	N	M	T	R
H	X	X	S	A	O	F	G	H	Q	W	E
E	C	S	C	U	T	F	L	H	J	O	G



a sore throat b



c



d



e



f



g

Grammar

Can and could

2 Write complete sentences about the people.
Use *can* or *can't* and words below.

cook ski spell ~~play the guitar~~
speak Japanese swim



a Norman can play the guitar.



b Gillian



c Marcos



d Susan and Christine



e Sakura



f Dave

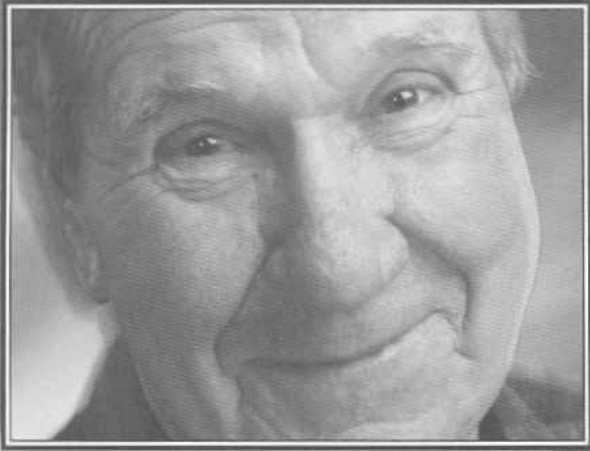
See

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More practice

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- 3 Complete the interview with the man in the picture. Use *can*, *can't*, *could*, *couldn't*.



- Interviewer When were you born?
 Old man I was born in 1906.
 Interviewer (a) *Could* you watch the TV when you were a child?
 Old man No, we (b) _____ because we didn't have a television.
 But we (c) _____ listen to the radio because we had a radio in our house.
 Interviewer What about technology now?
 (d) _____ you use a computer?
 Old man Yes, I (e) _____.
 For example, I (f) _____ surf the Internet and I (g) _____ send e-mails.
 But I (h) _____ use a mobile phone – I haven't got one because I don't like them. I prefer normal phones. Do you know that I was twenty years old when I first (i) _____ use a phone? It was in 1926. I have a good memory. Today I (j) _____ remember that moment perfectly.

- 4 Write about you when you were five years old. Use *could* or *couldn't*.

a



I couldn't ride a bike.

b



c



d



e



f



- 5 Translate the sentences into your language.

- a Ben could read when he was five.

 b They can't speak German.

 c Can we watch the TV?

 d Could you swim when you were small?

 e Charles couldn't see the dog because it was dark.

See

More practice

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Vocabulary

Health products

6 Put the correct labels on the health products.



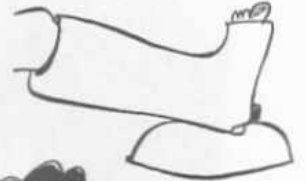
- a CREAM 5
- b PLASTERS 3
- c PILLS AND TABLETS 2
- d BANDAGES 6
- e ASPIRINS 5
- f COUGH MIXTURE 4

Grammar

Should and shouldn't

7 Choose the correct alternative in each sentence.

- a You shouldn't walk with a broken leg.



- b You should talk a lot when you have a sore throat.



- c You should read the instructions before you take medicine.



- d You should wear warm clothes when it's cold.



- e You shouldn't eat a lot when you have a stomach ache.



8 Put the words in order to make sentences.

- a we patient What with should do the?

- b move You him shouldn't.

- c should They an call ambulance for.

- d Should mixture he cough take?

- e hospital I shouldn't the to go.

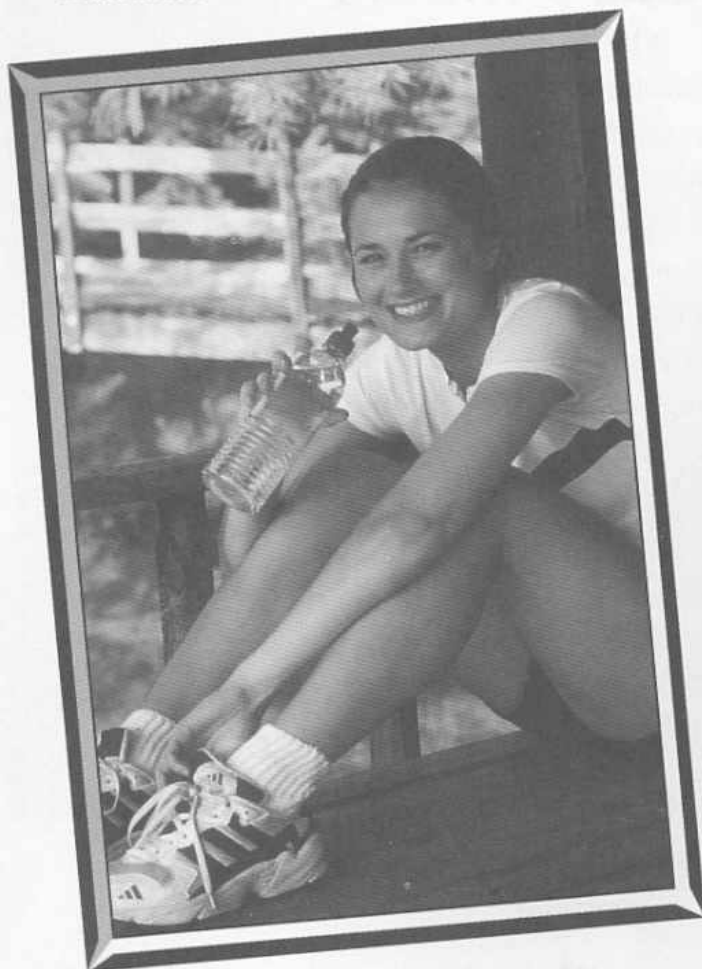
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More practice

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- 9 Sandra wants to be a professional athlete. Decide if the things below are things she should or shouldn't do and complete the sentences.



- a She should train regularly.
 b _____ eat a lot of fruit and vegetables.
 c _____ go out late every night.
 d _____ listen to her trainer.
 e _____ stop if she loses one competition.
 f _____ sleep a minimum of eight hours every night.
 g _____ wear good trainers.
 h _____ run in normal shoes.

Everyday English

Using can to ask for permission

- 10 Complete the conversation with the words below.

wait sorry see can't course ~~Can~~

Patient Hello. (a) Can I see the doctor?

Nurse No, you (b) _____. I'm
(c) _____, she's with
another patient at the moment.

Patient When can I (d) _____ her?

Nurse In five minutes.

Patient Can I (e) _____ here?

Nurse Yes, of (f) _____.



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More practice

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Reading

Two important medical inventions

1 The aspirin

The Ancient Romans knew substances which had similar effects to aspirin. A substance called salicin comes from the leaves and bark of the willow tree. It is similar to acetylsalicylic acid, the chemical name for aspirin. But it was a German scientist, Felix Hoffman, who 'rediscovered' this acid in 1897. It then became known as aspirin. The Bayer company started to produce aspirin tablets in 1915. Now it's the most popular medicine in the world. Americans consume millions of tablets every day. That's billions of tablets a year. What can aspirin do? A lot of things, from curing a simple headache to the prevention of heart attacks!



2 The X-ray

Wilhelm Roentgen was born on March 27 1845, in Lennop, Germany. From a young age he was very interested in science. He became a Doctor of Physics and later a University professor. He taught classes in the day and did experiments at night. In November 1895 he discovered X-rays. The first ever X-ray was of his wife's hand! Doctors quickly saw that the X-ray was perfect for diagnostic uses. Thanks to his invention, Roentgen became the first person to win the Nobel Prize for Physics.



1 Read the texts and match the starts and ends of the sentences.

- a Salicin 7
 - b Felix Hoffman 2
 - c Wilhelm Roentgen 3
 - d Aspirins 4
 - e X-rays 5
 - f The first X-ray 6
 - g Americans 1
- 1 can cure headaches.
 - 2 invented aspirin.
 - 3 invented the X-ray.
 - 4 take a lot of aspirins.
 - 5 was of a woman's hand.
 - 6 can diagnose medical problems.
 - 7 comes from a tree.

2 Read the text again and answer the questions.

- a What is the chemical name for aspirin?

- b Which came first, the invention of aspirin or of X-rays?

- c Who produced aspirin tablets in 1915?

- d Around how many aspirins do Americans take in a year?

- e What was Wilhelm Roentgen's profession at the time when he discovered X-rays?

- f What did Wilhelm Roentgen receive for his invention?

Writing

Linkers: and, but, because

- 1 Read the letter. What is Wilma's problem?

Dear Sue

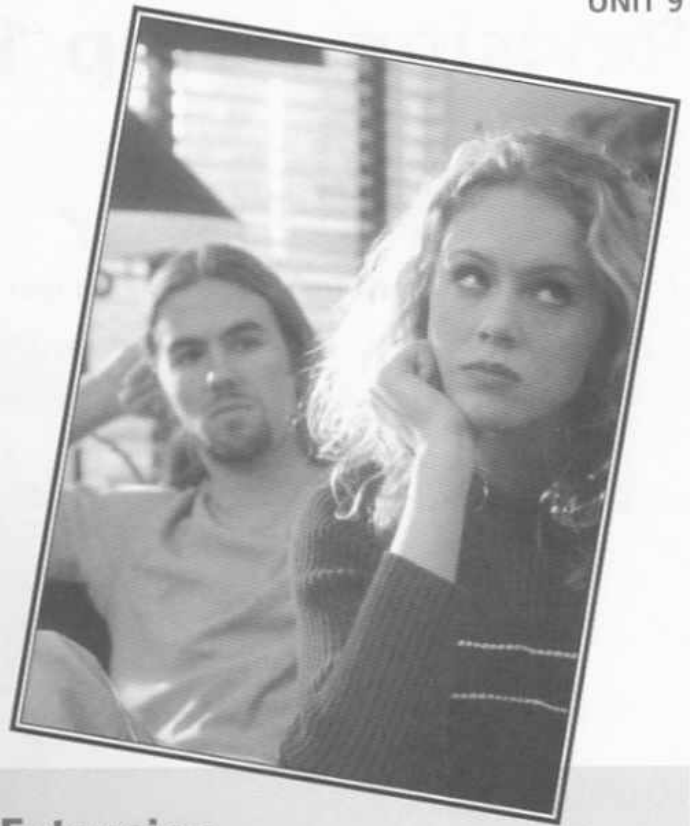
I've got a problem with my boyfriend.
I love reading (a) and ~~but~~ I love watching
films. (b) ~~And~~ ~~But~~ my boyfriend hates
books and films (c) ~~because~~ ~~but~~ he says
they're boring. The only thing he likes is
football (d) ~~because~~ ~~but~~ I don't like it.
Usually my boyfriend is happy (e) ~~and~~ ~~but~~
friendly, (f) ~~and~~ ~~but~~ at the moment he's
always angry. I think it's (g) ~~because~~ ~~but~~
we have very different opinions about
how to spend our free time.
What should I do?

Yours

Worried Wilma

- 2 Read the letter again and choose the correct alternatives.

- a and
b _____
c _____
d _____
e _____
f _____
g _____



Extension

- 3 Complete the text below with your opinion of what Wilma should do.

I think Wilma should _____

because _____

Wilma's boyfriend is _____

but he should _____

and _____