

## 1 Listen and say

1 The dentist's ready for you, Adam.

2 Hello, Adam. How are you?

I'm fine, thanks. And my teeth are OK too.

3 Good! Sit down. How old are you now?

I'm ten.

4 How many sweets do you eat a day?

Not many.

5 Good! You shouldn't eat too many sweets.

Yes, I know. They aren't good for your teeth.

6 And you shouldn't eat them between meals. It's better to eat them after your meals.

7 How often do you brush your teeth?

Every day before I go to school.

8 You should brush your teeth in the evening too, you know. Now open your mouth.

I \_ I \_

## 2 Read and match

- |   |                        |
|---|------------------------|
| 1 How are you?                          | a I weigh 30 kilos.    |
| 2 How old are you?                      | b Twenty-four.         |
| 3 How tall are you?                     | c I'm nine.            |
| 4 How much do you weigh?                | d I'm fine.            |
| 5 How often do you go to the dentist's? | e Twice a year.        |
| 6 How many teeth have you got?          | f I'm 120 centimetres. |

## 3 Ask and answer about you



How are you?

I'm fine.



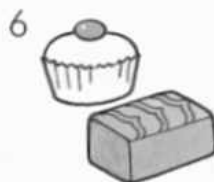
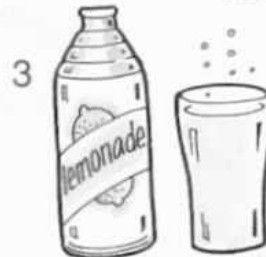
## 4 Ask and answer

How much cola does Helen drink?

Not much.

How many sweets does she eat?

A lot.



## 5 Ask and answer about you

How much cola do you drink?



# 6 Say and point

You shouldn't eat too many sweets.

You shouldn't eat too much chocolate.

# 7 Listen and sing

Do you go to the dentist's?  
Yes, I do.  
I go to the dentist's twice a year.  
So should you.

I've got a toothbrush,  
toothpaste too.  
I've got nice white teeth.  
What about you?

Do you often brush your teeth?  
Yes, I do.  
I brush my teeth twice a day.  
So should you.

I've got a toothbrush ...

Do you brush them up and down?  
Yes, I do.  
I brush my teeth up and down.  
So should you.

I've got a toothbrush ...

## 8 Complete the sentences

1 You shouldn't use an old toothbrush.

1 You \_\_\_\_ use an old toothbrush.

2 You \_\_\_\_ use toothpaste.

3 You \_\_\_\_ have sugar in your coffee.

4 You \_\_\_\_ eat sweets between meals.

5 You \_\_\_\_ go to the dentist's twice a year.

6 You \_\_\_\_ brush your teeth twice a day.

7 You \_\_\_\_ drink a lot of cola.



## 9 Your conversation

Hello. How are you?

How old \_\_\_\_?

How often \_\_\_\_?

How much \_\_\_\_?

How many \_\_\_\_?

You should \_\_\_\_.

You shouldn't \_\_\_\_.

