## PROSOCIAL BEHAVIOUR

AND

## **ALTRUISM**

## DISTINGUISHING BETWEEN TYPES OF BEHAVIOUR



Done for the wellbeing of others and is seen positively by society



Done solely for the well-being of others

Often accounted for by egoism -> positive action is done to make the person feel better about themselves eg. putting a donation in a charity box

Person doing it does not expect any benefits from doing it, and it may even have some personal costs eg. helping someone across the street, or being an organ donor

Opposite of antisocial behaviour, which would include acts like violence.

Batson 1991:
"A motivational state,
with the ultimate goal
of increasing another's
wellfare"

Whiting and Whiting: cross-cultural prosocial behaviour
Showed difference in degree of pro-social behaviour between more traditional and egoistic societies

It gives readers information or directions on how to do something.