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## Reception

<https://impatients.ca/>

### THE IMPATIENT

Les Impatients helps people with mental health issues through artistic expression.

### RAISE CAMPAIGN TALK TO ME ABOUT LOVE AND HOPE

A few weeks ago, we celebrated our 30th anniversary. For our anniversary, we blew out candles... and the house burned down.

Help us maintain our activities and welcome our Impatients.

## LATEST NEWS

\$360,000 FOR THE 24TH EDITION OF PARLE-MOI D'AMOUR MONTRÉAL

TELL ME ABOUT LOVE... AND HOPE

EVENING READING OF THE BOX SET "MILLE MOTS EN SOUVENIR"

## IMPATIENT AREA

JOCELYNE PROULX AND ANNIE LETENDRE AT THE ESPACE D'EXPOSITION  
AIMANT•É

LORRAINE COUTURE AT THE AIMANT•É EXHIBITION SPACE

MANON GAGNIER AT THE ESPACE'AIMER•É EXHIBITION SPACE

DIANE FRIGON AT THE MAGNET•É EXHIBITION SPACE

JOHANNE DULUDE AT THE ESPACE D'EXPOSITION AIMANT· É

WE CONTINUE OUR WORK THANKS TO

...

Thank you!

GET INVOLVED

JOB OFFERS

BECOME A VOLUNTEER

OUR PARTNERS

ABOUT US

BY THE WAY

MISSION

HISTORICAL

PRESS

TEAM

CA

NEWS

IMPATIENT AREA

ACCESSIBILITY

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Telephone: 514 842-1043

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## News or article hub

<https://impatients.ca/nouvelles/>

### NEWS

\$360,000 FOR THE 24TH EDITION OF PARLE-MOI D'AMOUR MONTRÉAL

TELL ME ABOUT LOVE... AND HOPE

EVENING READING OF THE BOX SET "MILLE MOTS EN SOUVENIR"

EXHIBITION 'LA TÊTE AUX PIEDS' - ST-JEAN-SUR-RICHELIEU

30 YEARS OF WORKSHOPS, LET'S CELEBRATE!

THOUSAND WORDS IN REMEMBRANCE: 145 TESTIMONIALS, 1 CET

MIRROR MIRROR FENCE 2ND EDITION

\$85,000 FOR PARLE-MOI D'AMOUR DRUMMONDVILLE

RISING, A PERMANENT EXHIBITION OF THE IUSMM

MORE THAN \$300,000 FOR PARLE-MOI D'AMOUR 23RD EDITION

REOPENING OF POINTE-AUX-TREMBLES BINGO FOR THE BENEFIT OF THE IMPATIENT

SPRING IMPATIENT 2021: \$37,000 RAISED

\$54,000 FOR PARLE-MOI D'AMOUR CENTRE WELLINGTON

## News or item detail

<https://impatients.ca/cloture-de-miroir-miroir-2e-edition/>

### \$360,000 FOR THE 24TH EDITION OF PARLE-MOI D'AMOUR MONTRÉAL

The sale of works from the 24th edition of the Parle-moi d'amour Montréal auction exhibition, which took place from September 15 to 29, 2022, raised a record \$280,000, in addition to generous philanthropic donations from the Audain Foundation, Power Corporation and the contribution of the event's main partner, Loto-Québec, bringing the total amount to \$80,000.

Presented in the multipurpose room of UQAM's heart of science, the event presented 300 works by Impatient·es, professional artists and from private collections. The funds raised will support Les Impatients workshops across Quebec.

The organization thanks the 300 professional artists, donors who donated a work and who have the Impatients' cause at heart, as well as the sponsoring artist, Myriam Dion, the sponsoring artist Renée Derouin, the spokesperson for Les Impatients pour Montréal and the honorary co-presidents, Manon Gauthier and Mariem Elsayed, as well as the members of the honorary committee and the artistic committee.

### TELL ME ABOUT LOVE... AND HOPE

A few weeks ago, we celebrated our 30th anniversary.

For our anniversary, we blew out candles...

and the house burned down.

La maison des Impatients. We are launching this fundraising campaign following the fire in our "house" in Montreal.

To rebuild our "home".

But above all to allow us to continue our mission throughout Quebec,  
in 90 workshops.

From Shawinigan to Mont-Laurier.

With us, people come and go.

Sometimes one afternoon, like Marcel.

Sometimes for 28 years like Diane.

Help us so that they can get back to their activities.

And their home.

DONATE

[View our emergency campaign brochure]( <https://impatients.ca/wp-content/uploads/2023/05/brochure-campagne-durgence-les-impatients.pdf>)

EVENING READING OF THE BOX SET "MILLE MOTS EN SOUVENIR"

SHOW

A THOUSAND WORDS IN MEMORY IN READING

Wednesday, June 7 | 7:30 p.m.

Robin Hood

3933 La Fontaine Park Avenue Montreal

Despite the circumstances, the reading evening is maintained!

Les Impatients invites you to an evening of reading letters from the box set A  
Thousand Words in Memory.

Among the readers of this evening, you will find Henri Chassé, Sophie Faucher,  
Sylvie Laflamme and Philippe-Audrey Larue-St Jacques. All under the musical  
direction of Marie-Fatima Rudolf and Céline Lamontagne in the choice of texts and  
reading. This evening of reading and music is important for the Impatient. Beyond

the financial aspect of the event, it is about raising awareness among the general public about the realities of people with mental health problems. A reality that affects one in five people in Quebec.

Do not hesitate to support the Impatients by confirming your presence.

Cocktail and appetizers served from 6:30 pm

Show 7:30 pm

The cost of the ticket is \$75 (tax receipt for \$50) **BUY TICKETS**

This evening is also an opportunity to meet in a bucolic and enchanting setting in the heart of Parc Lafontaine.

Looking forward to it.

Thanks to Carmelle and Rémi Marcoux, Phila Foundation, BMO, BMO Insurance, Groupe Perron Sénécal, Martin Lépine.

On reservation (by clicking on the link below)

OR by phone 438 393-9121 OR by email:

boutique@impatients27juin2023.pacifiquemarketing.ca

[BUY TICKETS]( <https://boutique.impatients.ca/fr/produit/billet-electronique-pour-la-lecture-du-coffret-mille-mots-en-souvenir-1>)

EXHIBITION 'LA TÊTE AUX PIEDS' - ST-JEAN-SUR-RICHELIEU

HEAD TO TOE – ST-JEAN-SUR-RICHELIEU

La tête aux pieds is the first exhibition of Les Impatients de Saint-Jean-sur-Richelieu.

It is a colorful and diverse offer like the participants of the workshops.

They offer you to set foot in their universe. Through their creations, they open a window into their imagination and invite you into their inner world.

Moving from head to toe, come and discover the individuals, rich in history and potential, who hide behind each Impatient.

April 6-23, 2023

Location: ARTO Gallery – 37, rue Saint-Jacques

Saint-Jean-sur-Richelieu, Quebec J3B 2J6 Canada

Free

All information: <https://cooparto.com/programmation/la-tete-aux-pieds-les-impatients/>

Artist in charge of the workshops: Audrey Moreau

Workshop partners: [CISSS Montérégie-Centre.] (<https://www.santemonteregie.qc.ca/centre>)

### 30 YEARS OF WORKSHOPS, LET'S CELEBRATE!

What if, to celebrate the 30th anniversary of Les Impatients, every friend of the organization donated \$30?

While a \$30 donation alone can buy quality art supplies, several donations would allow us to carry out larger projects and, thus, help even more people struggling with mental health issues.

Our goal is ambitious: to raise \$30,000 to focus on youth mental health prevention.

[DONATE \$30 NOW] (<https://www.canadahelps.org/fr/dn/74367?v2=true>)

### IN CONCRETE TERMS, YOUR DONATION WILL:

Open new workshops in the regions with vulnerable clientele. We currently have 21 points of service in 13 cities.

Reduce waiting list delays. To date, the waiting period to participate in a workshop is at least 1 year.

Continue to produce box sets (for example, A Thousand Words of Love) and comics (for example, Je suis seul au monde by Félix Lavigne). These publications are crucial for participants as they highlight their own achievement.



Maintain the proper functioning of existing workshops. Each workshop involves renting a space, hiring an artist-animator and purchasing art supplies.

In a constantly changing world, the presence of Les Impatients is becoming an essential tool to prevent mental health issues, especially among vulnerable young clientele.

And it is thanks to your support that we can make it happen!

Many thanks!

#### THOUSAND WORDS IN REMEMBRANCE: 145 TESTIMONIALS, 1 CET

The Thousand Words in Remembrance box is now available! Order it on the Impatients online store.

The release of A Thousand Words in Remembrance marks the 30th anniversary of Les Impatients. It celebrates the progress made and highlights the many significant meetings for the organization. It was obvious to mark the occasion to resume his famous box, which has long contained love letters (A thousand words of love, volumes 1 to 10)), then travel stories (Thousand words travel).

We are all made up of memories, they are the fabric of our life stories. Mille mots en souvenir offers you 145 memories confided, narrated or illustrated by artists, public figures and people attending the workshops of Les Impatients.

These 145 stories are intimate gateways to the past, but above all to a shared humanity. They remind us how precious memories are, that childhood memories are foundational, that sounds and smells permeate our bodies, that loved ones inhabit us forever, that memory magnifies.

Again, the universes are rich and the feathers are beautiful. It includes memories of Jennifer Alleyn, Manon Barbeau, Jean-Philippe Baril Guérard, Joe Bocan, Michel Marc Bouchard, Serge Boucher, Pascale Bussi res, Anne-Marie Cadieux, Cl mence DesRochers, Rima Elkouri, David Goudreault, James Hyndman, Marie Laberge, Alain Labont , Chantal Lamarre, Vincent Leclerc, Patrice Michaud, Yves Pelletier, Lorraine Pintal, Danielle Proulx, Guylaine Tanguay, Larry Tremblay and Catherine Trudeau.

The official launch of the box set took place on June 15, 2022, at the Galerie des Impatients.

TITLE: THOUSAND WORDS IN REMEMBRANCE

ISBN — PRINTED: 978-2-924511-19-0

ISBN — PDF: 978-2-924511-20-6

COVER: CARDBOARD BOX

FORMAT: 18.2 CM X 25.8 CM X 3.5 CM

PRICE: \$39.95

RELEASE DATE: JUNE 2022

## MIRROR MIRROR FENCE 2ND EDITION

On March 30, the 2nd edition of the Miroir Miroir fundraising campaign concluded. For the occasion, some forty generous ambassadors lent themselves to the game of giving free rein to a workshop participant to revisit their portrait, or that of a loved one.

Miroir Miroir is an artistic and philanthropic approach that brings together in a fun way the people who attend our workshops and the generous public. The idea is simple and effective: see how a person with mental health problems looks at themselves. Thus, a powerful exchange is engaged, in addition to supporting the holding of artistic workshops, the heart of our action.

## THE PORTRAIT: A CONNECTION TO THE OTHER

Mixing colors, sensations, imagination and experience, workshop participants interpreted the photo provided by the ambassadors using the stencil technique.

Seeing his portrait made by the hand of another is a multifaceted encounter. First with oneself, making us observe ourselves in a new light; but also with the artist, his style and his sensibilities. By creating this portrait, a powerful bond is forged to the other, thus reducing the distance and prejudices between two humans.

According to Cécile Peschier, artist in charge of the workshop project, the stencil technique was a discovery for most of the participants. Derived from urban art, it consists of cutting the light to obtain simple and effective shapes. She adds: "It was with great curiosity and determination that the participants agreed to play the game and get out of their comfort zone. Everyone appropriated the technique and interpreted it with their personal universe. The result is an exhibition rich in diversity in which the stencil serves as an invisible weft, a printing technique and a support for interpreting faces, thus creating a link on paper with the ambassadors. »

Matteo Esteves, one of the project participants, took the stage to thank the ambassadors for their participation.

#### A TRIBUTE TO DR. JEAN-BERNARD TRUDEAU

Taking advantage of the presence of many friends of Les Impatients, we highlighted Dr. Jean-Bernard Trudeau's extraordinary involvement in the organization. Although he remains on the Board of Directors, Dr. Trudeau is retiring from the presidency after 13 years of championing, raising awareness and developing new workshops. We wish to commend this commitment and express our gratitude to him.

Dr. Horacio Arruda, Assistant Deputy Minister, Department of Health and Social Services, and Lorraine Palardy, President and Founder of the organization, took the floor to pay tribute to Dr. Jean-Bernard Trudeau.

[See the photo album of the event on Facebook.] (

<https://www.facebook.com/media/set?vanity=organisme.les.impatients&set=a.10160546696848395>)

#### \$85,000 FOR PARLE-MOI D'AMOUR DRUMMONDVILLE

The sale of works from the 6th edition of the Parle-moi d'amour Drummondville auction, which took place from December 4 to 16, 2021, raised a record \$50,000, in addition to generous corporate donations from the Caisse Desjardins de Drummondville, the City of Drummondville and Valmétal, bringing the total amount to \$85,000.

Presented at the Galerie d'art Desjardins, in collaboration with the Maison des arts Desjardins Drummondville and the CIUSSS de la Mauricie-et-du-Centre-du-Québec, the event featured 115 works by Impatient·e·s, professional artists and from private collections. The funds raised will support the two Les Impatients de Drummondville workshops at the Maison des arts Desjardins Drummondville and La Piaule, and to open a new one at the Musée de la photographie Desjardins starting in winter 2022.

The organization would like to thank the 100 or so professional artists, donors who donated a work and who care about the Impatients' cause, as well as the spokesperson for Les Impatients, Josée Robert, the artist sponsor, Valérie Morrissette, the spokesperson for Les Impatients for the Centre-du-Québec and honorary president, Alain Labonté, as well as the members of the honorary committee.

Featured image:

Valérie Morrissette, artist godmother; Roland Janelle, Director of the Caisse Desjardins de Drummondville; Frédéric Palardy, Executive Director of Les Impatients; Marie-Claude Parent, psychiatrist and member of the honorary committee; Karine Philippon-Raymond, Exhibitions and Events Coordinator; Stéphanie Lacoste, Mayor of the City of Drummondville; Alain Labonté, Honorary President; Marilyne Bissonnette, coordinator of Parle-moi d'amour Drummondville; Catherine Lafranchise, Director of the Desjardins Art Gallery

Photo: Ève Grandmont

## RISING, A PERMANENT EXHIBITION OF THE IUSMM

Starting December 2, 2021, the corridor of wing 203 of the Lahaise 200 Clinic, at the Institut universitaire en santé mentale de Montréal (IUSMM), will host the permanent exhibition *S'èveer*. Users and occupational therapists of the Psychotic Disorders Clinic present their works. Through art, they have been able to concretely improve the decor of their care environment, in addition to expressing their emotions while getting involved in their recovery process.

The context:

In 2020, Audrey Marineau and Lysianne Bernard, occupational therapists at the Institut universitaire en santé mentale de Montréal, had the idea of setting up a therapeutic group. Objectives of the exercise: to allow users of the Psychotic Disorders Clinic to take part in a change in their care environment, while getting involved in their recovery process through a medium as eloquent as art.

#### The place:

It is at the Lahaise 200 Clinic, located in the pavilion of the same name, at the IUSMM, that the project has taken up residence. And for good reason: this rather cold clinical environment is rubbed shoulders with professionals and users. It therefore greatly benefited from a burst of creativity, just to make its décor more pleasant, more colorful and more inviting.

#### The clientele:

The therapeutic group of Galerie Lahaise officially took off in September 2021. With the help of an occupational therapist trainee, Quebec artist Ana Roy and the artists in charge of our Pointe-aux-Trembles studio, France Sevillano and Serge Daigneault, Ms. Marineau and Ms. Bernard used art as a therapeutic modality to support, accompany and guide seven users of the Lahaise 200 Clinic.

#### The therapeutic and artistic approach:

The works of user-artists were created from an inspiring and resilient lexical field. From this lexical field also emerged S'éveer, a verb of action perfectly suited to judiciously title the exhibition. Behind this exhibition, there is an approach that is as therapeutic as it is artistic. It is through a series of creative workshops and practical sessions that the works of art are born. Made of acrylic on wood, they reflect the vision of the world and the dreams that rock each user.

We invite you to discover this first permanent exhibition made possible thanks to the support of the IUSMM Foundation, the CIUSSS de l'Est-de-l'Île-de-Montréal, Ana Roy and Les Impatients. All you have to do is wander at your leisure in the corridor of wing 203 of the Lahaise 200 Clinic, located at the IUSMM.

[See photos of the exhibition on Facebook.] (

<https://www.facebook.com/ciusssestmtl.iusmm/posts/4707590425964698>)

Source: [Institut universitaire en santé mentale de Montréal]( <https://ciusss-estmtl.gouv.qc.ca/soins-et-services/cliniques-specialisees-par-installation/institut-universitaire-en-sante-mentale>)

## MORE THAN \$300,000 FOR PARLE-MOI D'AMOUR 23RD EDITION

The second virtual edition of Parle-moi d'amour Montréal, which took place from September 9 to 23 at UQAM's Agora du Cœur des sciences and via the macause.com platform, was a huge success. Thanks to the online sale of 315 works by participants in Les Impatients workshops, renowned artists and donations from private collections, in addition to the generous support of family foundations and businesses, the event raised more than \$300,000. The sale of works of art alone totalled a record \$278,000. But it's not over: the fundraising campaign continues until December 31.

"For almost 30 years, Les Impatients has been reminding us that, like a balm for the soul, art feels good. After a year and a half of pandemic where the world has fully realized the importance of mental health, the organization's mission is more relevant than ever. I am extremely proud of the success of this 23rd edition of our auction exhibition, a true crossroads where artists, collectors, impatientes and art lovers come together to support this noble cause that is so dear to us. From the bottom of our hearts, a huge thank you to all our partners, members of the honorary committee and friends of Les Impatients who, thanks to their generosity and their precious contribution, have allowed Parle-moi d'amour to reach new heights again this year," said Manon Gauthier, Honorary President of the event and Executive Director of the Jean Paul Riopelle Foundation.

The sums raised ensure the maintenance of the activities of Les Impatients. They also offer hope to reduce waiting lists and develop new projects that allow even more people to enjoy the therapeutic benefits of art. To meet the growing demand, four new workshops have already opened their doors in different cities in Quebec. These places welcome an ever wider and more varied clientele. In almost 30 years of existence, the organization has shown that its workshops reduce hospital attendance and improve the health of their participants.

"Since the beginning of the pandemic, there has been an upsurge in people struggling with mental health issues, including young people, the general population, business people, and seniors. The subject of mental health is more than ever a priority in our lives. Thanks to those who support us, we are proud to be able to offer workshops that give a special place to mental health and the arts," said Frédéric Palardy, the organization's Executive Director.

The virtual auction made it possible to reach Quebecers from across the province. More than 5,200 people visited the exhibition, both online and in person! These are all people who have contributed to demystifying mental health and valuing the art of our participants.

A special thank you to the 180 professional artists and donors who donated a work and who have the cause of Les Impatients at heart. A series of videos featuring these generous artists, as well as several participants in our workshops, can be viewed on Les Impatients' Vimeo page. Thank you also to the spokespersons, James Hyndman and Matteo Esteves, the sponsoring artists, Michel Goulet and Caroline Monnet, the honorary president, Manon Gauthier and the members of the honorary committee.

Follow us on Facebook and check out the photo album of the event.

As part of a new partnership with Artch, a panel discussion entitled "Creation and Mental Health" was organized in front of an audience. It brought together artists Berirouche Feddal and Janna Yotte, Amélie Pellerin, artist in charge of workshops, participant Jonas Brass, Dr. Leon Tourian, president of the Board of Directors of Les Impatients and the founding president of the organization, Lorraine Palardy.

The event, hosted by Sarah Kitsy Gineau-Delon, Executive Director of Artch, led to interesting discussions on the mental health benefits of artistic creation.

## REOPENING OF POINTE-AUX-TREMBLES BINGO FOR THE BENEFIT OF THE IMPATIENT

Did you know that the BINGO Gestion C Bougie rooms have a mission to donate a portion of their profits to local non-profit organizations?

Through Bingo Pointe-aux trembles' activities, the organization raises a generous annual sum of \$50,000. We take advantage of their recent reopening to thank them warmly.

For more details, visit the [www.gestioncbougie.com](http://www.gestioncbougie.com).

After more than eight months of closure, the BINGO rooms at Galeries Laval, Pointe-aux-Trembles and Saint-Vincent-de-Paul were able to open their doors on June 14.

Noovo was on site when it reopened.

#### SPRING IMPATIENT 2021: \$37,000 RAISED

From May 3 to 13, 2021, the 2nd edition of the Printemps Impatients fundraising campaign was held, a virtual silent auction of works from private collections. Thanks to the generosity of the buyers, the auction raised \$37,000.

Printemps Impatients is a new fundraising event created in 2020 to respond to the exceptional situation facing Quebec and its serious economic consequences for organizations.

The general public was able to bet on 50 works by artists, such as Michel Beaucage, Luc Béland, Louis-Pierre Bougie, Antoni Clavé, Jean-Sébastien Denis, Clémence DesRochers, René Derouin, Susan G. Scott, Jean-Maurice Gélinas, Jean-Paul Jérôme, Manuel Law, Joan Mirò, Nobuo Satoh, Françoise Tounissoux, Jason Wasserman and Robert Wolfe.

All proceeds from the sale will be used to maintain the organization's operations.

Mental health is a major issue in this time of crisis. Since the implementation of the sanitary measures, the artists in charge of the workshops have kept in touch with their participants to ensure that art continues to be at the service of mental health and to encourage a sense of community. Despite the pandemic, the organization has been able to expand its offer to new clienteles by opening several new workshops, particularly in Côte-des-neiges and Salaberry-de-Valleyfield.

#### TO RECOVER YOUR WORK

If you have won a work, make an appointment here to pick it up at our offices



Our hours of operation are Monday to Friday from 10 a.m. to 4 p.m.

100 Sherbrooke Street East, Suite 4000

Montreal, H2X 1C3

Making an appointment allows us to prepare your work before your arrival and to control the number of people at a time in our offices.

Please respect your appointment time.

### \$54,000 FOR PARLE-MOI D'AMOUR CENTRE WELLINGTON

The 9th edition of the Parle-moi d'amour Wellington Centre auction, which ran from November 26 to December 10, 2020, raised a record \$54,000, in addition to a generous donation of \$5,000 from the Jeanne Wojas and Robert Chevrier Foundation.

Presented in collaboration with the Douglas Mental Health University Institute (CIUSSS de l'Ouest-de-l'Île-de-Montréal), the event featured 135 works by Impatient·e·s, professional artists and private collections. The profits raised will be donated to the workshop of Les Impatients in Verdun.

The organization thanks the 100 or so professional artists and donors who donated a work and who have the Impatients cause at heart, as well as the spokespersons, Chantal Lamarre and Isabelle Goyette, the sponsoring artist, Stanley Février, the honorary president, Leon Tourian and the members of the honorary committee.

## Service Hub

<https://impatients.ca/a-propos/#mission>

## MISSION

Helping people with mental health issues through artistic expression.

We offer creative workshops and promote exchanges with the community by disseminating the achievements produced in our workshops.

## SECURITIES

Freedom in creation;

Courage in action;

Passion through art;

Respect for the dignity of persons.

## WORKSHOPS

Our organization is able to share its expertise with centres and groups working with mental health clients. Several workshop venues have been opened in Quebec in collaboration with health institutions and venues involved in their communities. Several followed. Now, we have 21 points of service in 13 cities in Quebec that welcome 900 people per week.

[See workshops]( <https://impatients.ca/ateliers/>)

## THE COLLECTION

Since the beginning of our activities, we have preserved a large part of the works produced by our participants, which today constitutes a rich heritage of 15,000 works of art. This is a collection of great originality, pioneering in Canada in its field of collecting.

[See collection] ( <https://impatients.ca/collection/>)

## EVENTS

We have a gallery space through which we make known to a wide audience the works produced in our workshops. In addition, other outreach activities are regularly promoted outside our centre.

[View Events]( <https://impatients.ca/evenements/>)

## DOCUMENTS OF INTEREST

Presentation file

Activity report

Strategic Planning

## Service detail

<https://impatients.ca/ateliers/>

Workshops:

BEACONSFIELD Transformart Studio

CHAMBLY Montérégie Youth Centre

DRUMMONDVILLE DRAC – Art actuel Drummondville

DRUMMONDVILLE La Piaule Central Quebec

JOLIETTE Musée d'art de Joliette

MONT-LAURIER Maison Lyse-Beauchamp

MONTREAL Centre hospitalier de l'Université de Montréal (CHUM)

MONTREAL Côte-des-Neiges

MONTREAL Maisonneuve-Rosemont Hospital

MONTREAL Institut universitaire en santé mentale de Montréal (IUSMM)

MONTREAL Montreal Museum of Fine Arts

MONTREAL Pointe-aux-Trembles

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<https://impatients.ca/a-propos/#equipe>

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## Artists and art therapists in charge of workshops:

Evelyne Arsenault Cooper

Evelyne is a Certified Music Therapist (MTA). She has been playing classical piano since a young age, and later developed an interest in musical collaboration. After obtaining her Bachelor of Music degree (2013), she worked as a behavioural analysis worker with children with autism spectrum disorders. This work inspired her to pursue studies in music therapy at Concordia University where she obtained her master's degree in 2019. Evelyne works with a diversity of populations in her field.

Jan Barbieri

Originally from the United States, Jan immigrated to Canada where she earned an Honours BA in English and Philosophy from the University of Toronto. After working in publishing, she moved to Montreal where she completed studies in music therapy at UQAM (BMus) and Concordia University (MA). Jan is a Certified Music Therapist (MTA), working in mental health, developmental disabilities and geriatrics. A singer, Jan has studied and performed classical and jazz repertoire. She has sung with choirs in Toronto and Montreal.

#### Val Batone

Artist in charge of music workshop for Les Impatients. Montreal musician and composer of Brazilian origin, storyteller and poet since the 90s. More than 15 years of experience as a teacher and speaker in the field of art and education. Master in Science of Arts and Philosophy. Intellectual mediator for inclusion and social innovation at Exeko in Montreal. Professor of Art-Education, Theatrical Games and Group Dynamics as Pedagogical Tools for the Department of Education at UVA University (Rio de Janeiro – Brazil).

#### Marilyne Bissonnette

Marilyne is an artist from Lanaudière. A graduate of Université Laval's master's program in visual arts, she directs her artistic research towards notions of singularities, norms and belongings using sculpture and installation as the predominant form of expression. Her work has been presented in various galleries, fairs and festivals in Quebec, including the Maison de la culture de Rosemont–La Petite-Patrie, Galerie AVE, Chromatic and the Manif d'art de Québec with Collectif 5, of which she has been an active member since 2015.

#### Dany Bouchard

Dany (MTA, BMus) studied music therapy at UQAM (Montreal, Canada). He has been working in mental health since 2006 in the MUHC Department of Psychiatry and Les Impatients. He has produced several CDs of original compositions as part of his work, including two with the Impatients group "Le Big Bang Band". Dany prioritizes a humanistic approach based on creativity (Creative Music Therapy). He is also a musician and a member of the group Söon consisting only of fellow music therapists.

#### Elmyna Bouchard

Born in Saguenay–Lac-Saint-Jean, she is an artist trained in printing arts at Centre SAGAMIE in Alma. She moved to Montreal in 1990 where, in parallel with her own approach as an engraver, she acted again as a printer. In 2008, she joined the Impatients team in Pointe-aux-Trembles and then took part in the start-up of the Wellington Centre workshops. For more than 20 years, she has been pursuing research that favors art on paper through which she develops multiple approaches that frequently call on the principles of engraving.

Michele Boucher

I lead free workshops inspired by the studio model in art therapy. My role is to be present to the needs of the participants, to encourage them, if necessary, to explore different materials and techniques in order to promote the expression of part of their realities in the Here and Now. Their creations then become a vector of communication. I have been working for over 20 years at Les Impatients in Montreal. After studying visual arts, then pedagogy and intervention, I completed a master's degree in art therapy in 2018.

Serge Daigneault

Self-taught artist, I had the chance to create and exhibit in Paris, an extraordinary city where I lived for 7 years. I was able to meet and exchange with many artists, mainly in art and theater. Those years were some of the most productive of my life. Back in Quebec, while pursuing my research and production in art, I became an employment integration worker for young people in difficulty. It's a job that has brought me a lot. For me, Les Impatients is a wonderful cross between art and helping intervention, to facilitate people's access to well-being.

Manon Desserres

Manon is a painter from Farnham. She holds a DEC in visual arts and 2 years of studies in visual arts education at UQÀM. Interested in the helping relationship, psychology, she obtained a DEC in special education. She divides her time between psychosocial intervention, various cultural mediation projects in her community and her artistic production. His approach is intuitive and transports into an imaginary and colorful universe. She believes deeply in the virtues of art on people's well-being. She thinks: what cannot be said in words, turns into art.

Javier A. Escamilla H.



A multidisciplinary artist and cultural mediator originally from Colombia, he has been rooted in Quebec since 2002. He graduated in visual arts at UQTR and in education in Colombia. It promotes and participates in participatory artistic creation projects and intercultural exchanges with communities, organizations and educational institutions in the regions and abroad. He considers his artistic work as an instrument of communication that can seduce and ironize; His works encourage reflection on the contemporary world, individual responsibility, as well as collective and social. His artistic projects make a link between culture, education and society by allowing citizen participation in the process of artistic creation.

Brigitte Gagné

Since 2014, I have been responsible for the free workshops at Les Impatients in Pointe-aux-Trembles. Every Wednesday, in the spirit of the studio model in art therapy, my workshops offer a space to express oneself through drawing, painting, collage. Through the work and the creative process, we tame each other, we get to know each other better... oneself, each other. It feels good. For a long time, I worked with women victims of sexual and domestic violence, then with young offenders. After studying psychology, communication, multimedia and visual arts, I completed, in 2019, a 2nd cycle microprogram in art therapy.

Line Gamache

I have a Bachelor of Arts from Concordia University. I have participated in numerous group exhibitions and presented solo exhibitions in Montreal, Quebec City and the regions. My artistic work combines painting, sculpture and the assembly of various materials in a graphic universe. In 1996, I started comics. I publish two solo books and participate in several collectives. In 2009, I led the first comic book workshop of Les Impatients, in which we made three collective albums. I now give sculpture workshops where we make papier-mâché and paint.

Nicole Jalbert

Studies in health sciences will lead me to alternative medicine in a multidisciplinary context, then to my own in a clinic in Montreal. Arts studies at Concordia University were completed in 1986, followed by a certificate in education. I will alternate between pursuing my dream as an artist and my desire

to share this sacred fire. The educational component of the art gallery in Drummondville will allow me to introduce elementary school students to the visual arts. Then the mental health art workshops will give me the opportunity to accompany people in their artistic process. Art remains at the center of my life and at the heart of the human...

Audrey Moreau

Creative and passionate about the arts and the human being, I graduated in visual and media arts at UQAM. During my studies, I took a course in art therapy where I discovered that expression through art is therapeutic. I had the chance to do an internship at Les Impatients. Having a desire to work in a helping relationship, I followed a training in intervention. I accompany people by listening, non-judgment and I use art to relate to them. It is a great pleasure to be part of the Impatients team!

Dominique Payette

Dominique began her career as a ballet dancer, then founded the children's publishing house Dominique et compagnie, with which she won numerous awards, including the Governor General's Award four times. Her career as a visual artist began with a bachelor's degree in art history. Subsequently, various classes promoted his technical learning. In 2009, she opened the doors of Espace Création and since 2013, she has been offering creative workshops to people with mental health problems.

Amélie Pellerin

Amélie holds a bachelor's and a master's degree in visual arts from UQAM. His artistic approach, of the order of catharsis, is anchored in the experience of the sick body. His works have been presented in Montreal, as well as in several locations in Quebec. She holds a Diploma of Specialized Graduate Studies in College Education (D.E.S.S.) from Laval University. In addition to teaching, she is, since 2016, artist-responsible for workshops in Les Impatients. In connection with her artistic and human professions, Amélie has given several theoretical-poetic conferences on art, creation and young people.

Sometimes she says "art saves".

### Frederique Pelletier

Frédérique holds a bachelor's degree in visual arts from the Université du Québec à Trois-Rivières and holds a graduate diploma in art therapy from the Université du Québec en Abitibi-Témiscamingue (Campus Montréal). In order to deepen her reflective thinking in the context of an installation artistic production, both sculptural and pictorial, she is a graduate in visual arts at the Université du Québec à Trois-Rivières. In parallel with her research-creation, she is interested in the benefits of the practice of visual arts. She was also an animator and teacher at the Centre d'art — Le Livart (Montreal).

### Alexandra Perras-Chenail

Alexandra holds a Bachelor of Fine Arts, a Certificate in Psychoeducation, and a Master of Visual and Media Arts Education. She divides her time between psychosocial intervention, art teaching and artistic production. Intimately linked, these fields of interest are nourished and intertwined to tend towards a committed, community art, vector of social change.

### Cécile Peschier

Originally from southern France, it was in Montreal, by discovering Les Impatients as a volunteer, that Cécile developed an interest in accompaniment through the arts. After studying Fine Arts in graphic design, his artistic practice naturally turned to different printing techniques. Holder of a certificate in intervention, she pursues parallel to her commitment in workshops, studies in psychology. Deeply convinced of the benefits of artistic expression, the workshops she offers are a space dedicated to confidence, in oneself, in the other and in creation.

### Marie-Claude Pratte

Marie-Claude, painter, constructs long historical narratives tinged with irony on the issues of society: Portrait de société 2000 was exhibited at the Musée national des beaux-arts du Québec (MNBAQ) in 2002-2004; the series La marche du monde, at the Darling Foundry in 2004; the narrative fresco H.A.C. (Histoire de l'artiste contemporain), at the MNBAQ in 2005, followed by the Musée d'art de Joliette. His installations have been presented in Vancouver, Strasbourg and New York. His works are part of the MNBAQ's permanent collection.

Laura Regev

Laura is an art therapist and has been working at Les Impatient since 2011. The Impatients' studio-free approach fits perfectly with its principles, as it offers participants precious freedom and a welcoming and unhurried atmosphere, conducive to the bond of trust that reigns in the workshops. Also a photographer, she favors portraiture and lately, has developed a project of floral photographic works. Flowers are for her an inexhaustible source of contemplation, creative impulse and serenity. Some projects carried out in his studios have been the subject of exhibitions, including "Portraits", presented at the Centre d'exposition de l'UdeM.

Florine Rogé

Passionate about art and the human, accompaniment through the arts came naturally for Florine. Actress graduated from the Royal Conservatory of Brussels and certified in integrative art therapy, she works around the notion of identity through movement and words. She accompanies her approach by a research around the form and colors in visual arts and music with the work of the voice. For her, the essential element within the workshops of Les Impatients lies in the link from human to human beyond words.

Mylène Samson

Waltzing between two worlds, that of visual arts and crafts, having clay as her favorite material, she is inspired by simplicity. A nothing becomes poetry and can be transformed into a subject of expression. Stemming from the silence of his ordered studio gestures, his creations open us to his world where ambiguity inhabits the small details.

France Sevillano

A multidisciplinary artist, France holds a bachelor's degree in visual arts education. She is also trained as a videographer and screenwriter. Specializing in the organization of group projects, she has been structuring projects within Les Impatients since 2008, at the Institut universitaire en santé mentale de Montréal and at the Pointe-aux-Trembles workshop. She has also worked at the CSSS de Verdun and the Douglas Institute. She has several exhibitions to her credit, solo and with the group "Quatuor V", which makes large-scale sculptures, which she

founded with three other artists. His works are part of several public and private collections.

#### Siris

Cartoonist for more than 30 years, he has been involved in the world of Fanzine and festivals; then he concentrated on his own production and published several titles with his character La Poule (see Comix Baloney). His graphic novel Vogue la valise won four awards. Freelance illustrator, he animates with Culture à l'école comic book workshops in Quebec schools. He has been involved with Les Impatients for more than 10 years. Initially a substitute, he has been responsible artist since 2018. In collaboration with Marc Tessier, he is currently working on an album on the life of Hullois painter Jean Dallaire.

#### Karine Demers

Self-taught visual artist, I studied space planning and building design. I have evolved in various spheres of work, including visual presentation, and now devote myself to my journey in visual arts since 2018. My works have been publicly presented in several cultural venues and events since 2017. The inclusion of people living with mental health issues through art is a practice in which I have a keen interest and believe deeply. [/person [person name="Myriam Demers" role="" link=""]]Originally from Drummondville, Myriam graduated as a special education technician from Cégep de Victoriaville and in visual arts from Cégep de Drummondville. It combines its two disciplines to welcome participants with humanity in all their particularities. Winner of the 2021 intercollegiate competition with her photograph Acceptation, she also has works exhibited at the Passage de la relève in Drummondville for a year. His favorite mediums are photography and video. She is also comfortable with drawing, painting and collage. His approach is intimate. His works are sometimes playful, other times they are rather introspective or social in nature. Art has helped her through difficult times and she wants other people to be able to experience a moment of relaxation by making art.

#### Annick Gaudreault

Annick is an illustrator from Montreal. She started in the business in 2007. A passion for images and words animates him. His illustrations are both poetic and

realistic, between determination and gentleness, are used by a diverse clientele (publishing houses, website, magazines, cultural/corporate/event environment). Annick is a member of IQ (Illustration Québec) and RAAV (Regroupement des artistes en arts visuels du Québec). The themes that motivate her creations are feminism, the environment, the quest for meaning, beauty, tenderness. Art is for her a refuge and an outstretched hand.

Melanie Boucher

Catherine Gilbert

Alexandre Girard

## By the way

<https://impatients.ca/a-propos/>

### MISSION

Helping people with mental health issues through artistic expression.

We offer creative workshops and promote exchanges with the community by disseminating the achievements produced in our workshops.

### SECURITIES

Freedom in creation;

Courage in action;

Passion through art;

Respect for the dignity of persons.

## PRESS

A brief press review to help you discover the different facets of our organization.

Press Relations Officer:

[Alain Labonté Communications]( <https://www.labontecomunications.ca/>)

## WORKSHOPS

[Workshops of the Impatients at Marianopolis College]

Du côté de chez Catherine, ICI Radio-Canada, October 3, 2021

[Art for young people to express themselves]

Le Journal de Chambly, January 1, 2020

[Les Impatients unveil their first exhibition in Shawinigan]

Radio-Canada, October 10, 2018

[The Impatient transport themselves to the regions]

La Presse, May 12, 2014

## THE ORGANIZATION

[The great ambitions of the Impatients]

La Presse, September 7, 2021

[The Impatients in New York]

La Presse, January 16, 2020

[The Impatient: Twenty-Five Years of Impatience]

La Presse, May 26, 2017

[The Impatient increase the pace]

Les Affaires, 19 November 2016

## EVENTS

[The exhibition-auction Talk to Me About Love: The Fall of the Impatients]

La Presse, October 16, 2020

[When art changes the world. For real.]

La Presse, March 15, 2020

[10 years of musical (re)composition]

La Presse, January 21, 2020

[Seven students have their works published in A Thousand Words of Travel]

L'Express, 29 October 2019

## A THOUSAND WORDS IN MEMORY

[Upcoming release of the book A Thousand Words in Memory]

BULLETIN CULTURE À CŒUR de Drummondville, March 31, 2022

[Interview with Céline Lamontagne on the box set]

Le Culturel 2.0, 14 June 2022

[Launch of the Mille mots en souvenir box set at the Renaud-Bray in Drummondville]

L'Express de Drummondville, June 15, 2022

[Report on the launch of the Mille mots en souvenir box set in Montreal]

Views and Voices, June 16, 2022

[Interview with Céline Lamontagne for the box set Mille mots en souvenir]

CKIA / Julie bed in bed, June 17, 2022

[Brief on the box set A Thousand Words in Remembrance]

Le Devoir, June 25, 2022



[Good to chew: A thousand words in memory]

Journal de Montréal, July 2, 2022

## History

<https://impatients.ca/a-propos/#historique>

### HISTORICAL

1992

The Mental Illness Foundation supported the establishment of the Fondation pour l'art thérapeutique et l'art brut au Québec, which later became known as Les Impatients. The organization was founded by Lorraine B. Palardy, Lina Dessureault, Dr. Yves Lamontagne and Lyette Racicot. They opened their first workshop in Pointe-aux-Trembles.

The birth of the organization follows the success of an art therapy workshop pilot project conducted at Hôpital Louis-H. Lafontaine (now the Montreal Mental Health Institute), from 1989. The experience is an initiative of the Mental Illness Foundation in conjunction with the Association des galeries d'art contemporain de Montréal (AGAC), chaired by Lorraine B. Palardy.

1999

The Fondation pour l'art thérapeutique et l'art brut au Québec chose to be known as "Les Impatients". This name confirms that they do not consider the people who attend their workshops as patients, but as creators eager to heal, develop their art and regain a role in society.

After a modest start in a basement in Pointe-aux-Trembles, without subsidies and full of projects, the organization is growing. He now offers workshops at the Monastère du Bon-Pasteur, a cultural venue in downtown Montreal, where he sets up his administrative centre and opens a gallery dedicated to the dissemination of works produced in his studios.

2009

An association is created with the Douglas Mental Health University Institute. The Institute calls on the organization's know-how to give workshops to its clientele. This is the first partnership between Les Impatients and a health organization, but not the last.

2011

Another first, Les Impatients come out of Montreal. It is the opening of the Drummondville workshop that paves the way for workshop openings throughout Quebec.

Frequently Asked Questions (FAQ)

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