

Ethan S. Young

Postdoctoral Researcher
Department of Psychology,
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Utrecht, The Netherlands



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Education

2019	Doctorate of Philosophy University of Minnesota Psychology
2017	Master's of Arts University of Minnesota Psychology
2012	Bachelor's of Arts University of Minnesota Psychology

Academic Positions

2020-2022	Postdoctoral Researcher Utrecht University advisors: Dr. Willem Frankenhuis
2019-2020	Postdoctoral Researcher Radboud University advisors: Dr. Willem Frankenhuis
2013-2019	PhD Student University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius

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|-----------|---|
| 2012-2016 | Graduate Research Assistant
University of Minnesota
advisors: Drs. Jeffry Simpson & Glenn Roisman |
| 2012-2013 | Graduate Research Assistant
University of Minnesota
advisors: Drs. Jeffry Simpson & Vladas Griskevicius |
| 2012-2013 | Lab Manager
University of Minnesota
advisors: Dr. Kathleen Vohs |

Honors & Awards

Awards

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| 2019 | Best Article of the Year Award
Childhood attachment and adult personality: a life history perspective.
<i>Self & Identity</i> |
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Fellowships

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| 2018-2019 | Doctoral Dissertation Fellowship
University of Minnesota |
| 2017-2018 | Thomas J. Bouchard Fellowship
University of Minnesota |

Publications

Peer-Reviewed Papers

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| 2020 | <p>Young, E. S., Frankenhuis, W. E., & Ellis, B. J. (2020). Theory and measurement of environmental harshness and unpredictability. <i>Evolution and Human Behavior</i>.
 View</p> <p>Young, E. S., Doom, J. R., Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2020). Life stress and cortisol reactivity: An exploratory analysis of stress exposure across life on HPA axis functioning. <i>Development and Psychopathology</i>.
 View</p> |
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- Waters, T. E., Facompré, C. R., Dagan, O., Martin, J., Johnson, W. F., **Young, E. S.**, Jessica Shankman, Yoojin Lee, Jeffery A. Simpson, and Glenn I. Roisman. (2020). Convergent validity and stability of secure base script knowledge from young adulthood to midlife. *Attachment & Human Development*.
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- Frankenhuis, W. E., **Young, E. S.**, & Ellis, B. J. (2020). The hidden talents approach: Theoretical and methodological challenges. *Trends in Cognitive Sciences*, 24, 569-581.
[View](#)
- 2019 **Young, E. S.**, Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2019). The dual impact of early and concurrent life stress on adults' diurnal cortisol patterns: A prospective study. *Psychological Science*, 30, 739-747.
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- Young, E. S.**, Simpson, J. A., Griskevicius, V., Huelsnitz, C. O., & Fleck, C. (2019). Childhood attachment and adult personality: a life history perspective. *Self and Identity*, 18(1), 22-38.
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- Farrell, A. K., Waters, T. E., **Young, E. S.**, Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. (2019). Early maternal sensitivity, attachment security in young adulthood, and cardiometabolic risk at midlife. *Attachment and Human Development*, 21(1), 70-86.
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- 2018 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. *Journal of Personality and Social Psychology*, 114(6), 891-908.
[View](#)
- Martin, J., Anderson, J. E., Groh, A. M., Waters, T. E. A., **Young, E. S.**, Johnson, W. F., ... Roisman, G. I. (2018). Maternal Sensitivity During the First 3 1/2 Years of Life Predicts Electrophysiological Responding to and Cognitive Appraisals of Infant Crying at Midlife. *Developmental Psychology*, 54(10), 1917-1927.
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- 2017 Szepeswol, O., Griskevicius, V., Simpson, J. A., **Young, E. S.**, Fleck, C., & Jones, R. E. (2017). The effect of predictable early childhood environments on sociosexuality in early adulthood. *Evolutionary Behavioral Sciences*, 11(2), 131
[View](#)
- 2015 Mittal, C., Griskevicius, V., Simpson, J. A., Sung, S., & **Young, E. S.** (2015). Cognitive Adaptations to Stressful Environments: When Childhood Adversity Enhances Adult Executive Function. *Journal of Personality and Social Psychology*, 109(4), 604-621.
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Book Chapters

- 2020 **Young, E. S.**, & Simpson, J. A. (2020). An evolutionary, life history perspective on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 29-46). New York, NY: Cambridge University Press.
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- 2017 Simpson, J. A., Griskevicius, V., Szepeswol, O., & **Young, E. S.** (2017). An evolutionary life history perspective on personality and mating strategies. In A. T. Church (Ed.), *The Praeger handbook of personality across cultures. Volume 3: Evolutionary, ecological, and cultural contexts of personality* (pp. 1-29). Santa Barbara, CA: Praeger.
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In Progress

- in progress **Young, E. S.**, Frankenhuys, W. E., & Ellis, B. J. Adversity, Memory Updating, and Attention Shifting: Do real-world stimuli help or hurt performance?

Presentations

Talks (first author only)

- 2019 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, February). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at Society for Personality and Social Psychology, Portland, OR.
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- 2018 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018, October). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at Society for Research in Child Development - Special Topics Meeting on Character Development, Philadelphia, PA.
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- 2017 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2017, May). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at Human Behavior and Evolution Society, Boise, ID.
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Posters (first author only)

- 2019 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, November). Can an unpredictable childhood environment enhance aspects of executive function and working memory? Poster Presented at The Cognition, Behavior & Evolution Network, Amsterdam, NL.
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- 2015 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, February). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at Society for Personality and Social Psychology, Long Beach, CA.
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Young, E. S., Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, May). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at Human Behavior and Evolution Society, Columbia, MO.

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2013

Young, E. S., Mittal, C., Griskevicius, V., & Simpson, J. A. (2013, July). Biological Sensitivity to Context and Life History Theory: How the same trait leads to different behavior. Poster presented at Human Behavior and Evolution Society, South Beach Miami, FL.

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Teaching & Mentoring

Instructor

Fall 2017 Introduction to Individual Differences (Psy 3135)
University of Minnesota

Section Leader

Spring 2018 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
University of Minnesota

Spring 2017 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
University of Minnesota

Fall 2016 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
University of Minnesota

Teaching Assistant

Spring 2018 Honors Practicum (Psy 4993V)
University of Minnesota

Spring 2017 Introduction to Individual Differences (Psy 3135)
University of Minnesota

Fall 2016 Introduction to Individual Differences (Psy 3135)
University of Minnesota

Ad Hoc Reviewing

- *Child Development*
- *Evolution and Human Behavior*
- *Evolutionary Psychology*
- *Personality and Social Psychology Bulletin*
- *Journal of Child Psychology and Psychiatry*

Professional Memberships

- Society for Personality and Social Psychology (SPSP)
- Human Behavior and Evolution Society (HBES)