

Ethan S. Young

Postdoctoral Researcher
Department of Psychology,
Utrecht University
Utrecht, The Netherlands



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Education

2019	Doctorate of Philosophy University of Minnesota Psychology
2017	Master's of Arts University of Minnesota Psychology
2012	Bachelor's of Science University of Minnesota Psychology

Academic Positions

2020-2022	Postdoctoral Researcher Utrecht University advisors: Dr. Willem Frankenhuis
2019-2020	Postdoctoral Researcher Radboud University advisors: Dr. Willem Frankenhuis
2013-2019	PhD Student University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius

2012-2016	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Glenn Roisman
2012-2013	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius
2012-2013	Lab Manager University of Minnesota advisors: Dr. Kathleen Vohs

Honors & Awards

Awards

2019	Best Article of the Year Award Childhood attachment and adult personality: a life history perspective. <i>Self & Identity</i>
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Fellowships

2018-2019	Doctoral Dissertation Fellowship University of Minnesota
2017-2018	Thomas J. Bouchard Fellowship University of Minnesota

Publications

Peer-Reviewed Papers

2022	<p>Young, E. S., Frankenhuis, W. E., DelPriore, D. J., & Ellis, B. J. (2022). Hidden talents in context: Cognitive performance with abstract versus ecological stimuli among adversity-exposed youth. <i>Child Development</i>. View</p> <p>Doom, J. R., Young, E. S., Farrell, A. K., Carlson, E. A., Englund, M. M., Roisman, G. I., & Simpson, J. A. (in press). Behavioral, cognitive, and socioemotional pathways from early childhood adversity to BMI: Evidence from two prospective longitudinal cohorts. <i>Development and Psychopathology</i>. View</p>
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- 2021
- Young, E. S.,** Doom, J. R., Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., ... & Simpson, J. A. (2021). Life stress and cortisol reactivity: An exploratory analysis of the effects of stress exposure across life on HPA-axis functioning. *Development and Psychopathology*, 33(1), 301-312.
[View](#)
- Waters, T. E., Facompré, C. R., Dagan, O., Martin, J., Johnson, W. F., **Young, E. S.,** ... & Roisman, G. I. (2021). Convergent validity and stability of secure base script knowledge from young adulthood to midlife. *Attachment and Human Development*, 1-21.
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- Szepeswöl, O., Simpson, J. A., Griskevicius, V., Zamir, O., **Young, E. S.,** Shoshani, A., & Doron, G. (2021). The effects of childhood unpredictability and harshness on emotional control and relationship quality: A life history perspective. *Development and Psychopathology*.
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- 2020
- Young, E. S.,** Frankenhuis, W. E., & Ellis, B. J. (2020). Theory and measurement of environmental unpredictability. *Evolution and Human Behavior*, 41(6), 550-556.
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- Frankenhuis, W. E., **Young, E. S.,** & Ellis, B. J. (2020). The hidden talents approach: Theoretical and methodological challenges. *Trends in Cognitive Sciences*, 24(7), 569-581.
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- 2019
- Young, E. S.,** Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2019). The dual impact of early and concurrent life stress on adults' diurnal cortisol patterns: A prospective study. *Psychological Science*, 30, 739-747.
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- Young, E. S.,** Simpson, J. A., Griskevicius, V., Huelsnitz, C. O., & Fleck, C. (2019). Childhood attachment and adult personality: a life history perspective. *Self and Identity*, 18(1), 22-38.
[View](#)
- Farrell, A. K., Waters, T. E., **Young, E. S.,** Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. (2019). Early maternal sensitivity, attachment security in young adulthood, and cardiometabolic risk at midlife. *Attachment and Human Development*, 21(1), 70-86.
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- 2018
- Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. *Journal of Personality and Social Psychology*, 114(6), 891-908.
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- Martin, J., Anderson, J. E., Groh, A. M., Waters, T. E. A., **Young, E. S.,** Johnson, W. F., ... Roisman, G. I. (2018). Maternal Sensitivity During the First 3 1/2 Years of Life Predicts Electrophysiological Responding to and Cognitive Appraisals of Infant Crying at Midlife. *Developmental Psychology*, 54(10), 1917-1927.
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- 2017 Szepeswol, O., Griskevicius, V., Simpson, J. A., **Young, E. S.**, Fleck, C., & Jones, R. E. (2017). The effect of predictable early childhood environments on sociosexuality in early adulthood. *Evolutionary Behavioral Sciences*, 11(2), 131
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- 2015 Mittal, C., Griskevicius, V., Simpson, J. A., Sung, S., & **Young, E. S.** (2015). Cognitive Adaptations to Stressful Environments: When Childhood Adversity Enhances Adult Executive Function. *Journal of Personality and Social Psychology*, 109(4), 604–621.
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Book Chapters

- 2020 **Young, E. S.**, & Simpson, J. A. (2020). An evolutionary, life history perspective on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 29-46). New York, NY: Cambridge University Press.
[View](#)
- 2017 Simpson, J. A., Griskevicius, V., Szepeswol, O., & **Young, E. S.** (2017). An evolutionary life history perspective on personality and mating strategies. In A. T. Church (Ed.), *The Praeger handbook of personality across cultures*. Volume 3: Evolutionary, ecological, and cultural contexts of personality (pp. 1-29). Santa Barbara, CA: Praeger.
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In Progress

- in preparation **Young, E. S.**, Vermeent, S., & Frankenhuis, W. E. (in preparation). Within-person cognitive performance across abilities among adversity-exposed people in the SECCYD.
- Norton, S. A., Baranger, D.A., Voss, M., Hansen, I., Bondy, E., Rodrigues, M., Paul, S. E., Edershile, E., Rodebaugh, T., Oltmanns, T. F., **Young, E. S.**, Roisman, G. I., Simpson, J. A., & Bogdan, R. (in preparation). Reliability of Diurnal Salivary Cortisol Metrics: A Meta Analysis and Investigation in Two Independent Samples.

Presentations

Talks (first author only)

- 2021 **Young, E. S.** (2021, September). Multiverse Analysis: Being transparent about subjective decisions in data analysis. Presented at *Open Science Community Utrecht Symposium 2021*, Utrecht, Netherlands.
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- Young, E. S.,** Frankenhuis, W. E., DelPriore, D. J., & Ellis B. J. (2021, June). Can ecologically-relevant stimuli improve cognitive performance among adversity-exposed youth? Presented at *Human Behavior & Evolution Society* 2021.
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- Young, E. S.,** Frankenhuis, W. E., & Ellis B. J. (2021, March). Can ecologically relevant stimuli improve task performance for people living in poverty? Presented at *Psychology and Economics of Poverty* 2021, Berkeley, CA, United States.
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- 2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, February). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Personality and Social Psychology*, Portland, OR.
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- 2018 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018, October). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Research in Child Development - Special Topics Meeting on Character Development*, Philadelphia, PA.
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- 2017 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2017, May). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Human Behavior & Evolution Society*, Boise, ID.
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Posters (first author only)

- 2022 **Young, E. S.,** Frankenhuis, W.E., DelPriore, D. J., & Ellis, B. J. (2022, April). Hidden talents in context: Abstract versus ecological test stimuli among adversity-exposed youth. Poster Presented at the European Human Behavior and Evolution Association conference.
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- 2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, November). Can an unpredictable childhood environment enhance aspects of executive function and working memory? Poster Presented at *The Cognition, Behavior & Evolution Network*, Amsterdam, NL.
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- 2015 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, February). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Society for Personality and Social Psychology*, Long Beach, CA.
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Young, E. S., Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, May). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Human Behavior & Evolution Society*, Columbia, MO.

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2013

Young, E. S., Mittal, C., Griskevicius, V., & Simpson, J. A. (2013, July). Biological Sensitivity to Context and Life History Theory: How the same trait leads to different behavior. Poster presented at *Human Behavior & Evolution Society*, South Beach Miami, FL.

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Teaching & Mentoring

Instructor

Fall 2017	Introduction to Individual Differences (Psy 3135) University of Minnesota
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Section Leader

Spring 2018	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
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Spring 2017	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
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Fall 2016	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
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Teaching Assistant

Spring 2018	Honors Practicum (Psy 4993V) University of Minnesota
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Spring 2017	Introduction to Individual Differences (Psy 3135) University of Minnesota
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Fall 2016	Introduction to Individual Differences (Psy 3135) University of Minnesota
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Peer Reviews

Child Development

- Mar. 2020, editor: Dr. Koraly Perez-Edgar, 1 revision
- Jun. 2020, editor: Dr. Glenn Roisman, 1 revision
- Nov. 2018, editor: Dr. Glenn Roisman, 2 revisions

Development & Psychopathology

- Jan. 2021, editor: Dr. Dante Cicetti, 2 revisions
- Aug. 2021, editor: Dr. Bruce Ellis, 1 revision

Developmental Review

- Mar. 2020, editor: Dr. David Geary, 1 revision

Evolution and Human Behavior

- Oct. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Dec. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Mar. 2017, editor: Dr. Marco Del Giudice, 1 revision

Evolutionary Psychology

- Jul. 2019, editor: Dr. Rose McDermott, 1 revision
- Aug. 2019, editor: Dr. Todd Shackelford, 1 revision

Infant and Child Development

- Apr. 2021, editor: Dr. Moin Syed, 1 revision
- Oct. 2021, editor: Dr. Moin Syed, 1 revision

Journal of Child Psychology and Psychiatry

- Dec. 2019, editor: Dr. Charles Zeanah, 2 revisions

Personality and Social Psychology Bulletin

- Oct. 2019, editor: Dr. Joanna Schug, 2 revisions

Psychoneuroendocrinology

- Jun. 2020, editor: Dr. Robert Danzter, 2 revisions

Professional Memberships

- Society for Personality and Social Psychology (SPSP)
- Human Behavior and Evolution Society (HBES)