

# Ethan S. Young

Postdoctoral Researcher  
Department of Psychology,  
Utrecht University  
Utrecht, The Netherlands



✉ [young.ethan.scott@gmail.com](mailto:young.ethan.scott@gmail.com)  
🏠 [ethan-young.com](http://ethan-young.com)  
🐙 [github](https://github.com)

## Education

---

2019	Doctorate of Philosophy University of Minnesota Psychology
2017	Master's of Arts University of Minnesota Psychology
2012	Bachelor's of Science University of Minnesota Psychology

## Academic Positions

---

2020-2022	Postdoctoral Researcher Utrecht University advisors: Dr. Willem Frankenhuis
2019-2020	Postdoctoral Researcher Radboud University advisors: Dr. Willem Frankenhuis
2013-2019	PhD Student University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius

2012-2016	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Glenn Roisman
2012-2013	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius
2012-2013	Lab Manager University of Minnesota advisors: Dr. Kathleen Vohs

## Honors & Awards

---

### Awards

2019	Best Article of the Year Award Childhood attachment and adult personality: a life history perspective. <i>Self &amp; Identity</i>
------	---

### Fellowships

2018-2019	Doctoral Dissertation Fellowship University of Minnesota
2017-2018	Thomas J. Bouchard Fellowship University of Minnesota

## Publications

---

### Peer-Reviewed Papers

2022	<p><b>Young, E. S.</b>, Frankenhuis, W. E., DelPriore, D. J., &amp; Ellis, B. J. (2022). Hidden talents in context: Can ecologically relevant stimuli improve cognitive performance among adversity-exposed youth? <i>Child Development</i>.  <a href="#">View</a></p> <p>Doom, J. R., <b>Young, E. S.</b>, Farrell, A. K., Carlson, E. A., Englund, M. M., Roisman, G. I., &amp; Simpson, J. A. (in press). Behavioral, cognitive, and socioemotional pathways from early childhood adversity to BMI: Evidence from two prospective longitudinal cohorts. <i>Development and Psychopathology</i>.</p>
------	--

- 2021
- Young, E. S.,** Doom, J. R., Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., ... & Simpson, J. A. (2021). Life stress and cortisol reactivity: An exploratory analysis of the effects of stress exposure across life on HPA-axis functioning. *Development and Psychopathology*, 33(1), 301-312.  
[View](#)
- Waters, T. E., Facompré, C. R., Dagan, O., Martin, J., Johnson, W. F., **Young, E. S.,** ... & Roisman, G. I. (2021). Convergent validity and stability of secure base script knowledge from young adulthood to midlife. *Attachment and Human Development*, 1-21.  
[View](#)
- Szepeswöl, O., Simpson, J. A., Griskevicius, V., Zamir, O., **Young, E. S.,** Shoshani, A., & Doron, G. (2021). The effects of childhood unpredictability and harshness on emotional control and relationship quality: A life history perspective. *Development and Psychopathology*.  
[View](#)
- 2020
- Young, E. S.,** Frankenhuis, W. E., & Ellis, B. J. (2020). Theory and measurement of environmental unpredictability. *Evolution and Human Behavior*, 41(6), 550-556.  
[View](#)
- Frankenhuis, W. E., **Young, E. S.,** & Ellis, B. J. (2020). The hidden talents approach: Theoretical and methodological challenges. *Trends in Cognitive Sciences*, 24(7), 569-581.  
[View](#)
- 2019
- Young, E. S.,** Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2019). The dual impact of early and concurrent life stress on adults' diurnal cortisol patterns: A prospective study. *Psychological Science*, 30, 739-747.  
[View](#)
- Young, E. S.,** Simpson, J. A., Griskevicius, V., Huelsnitz, C. O., & Fleck, C. (2019). Childhood attachment and adult personality: a life history perspective. *Self and Identity*, 18(1), 22-38.  
[View](#)
- Farrell, A. K., Waters, T. E., **Young, E. S.,** Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. (2019). Early maternal sensitivity, attachment security in young adulthood, and cardiometabolic risk at midlife. *Attachment and Human Development*, 21(1), 70-86.  
[View](#)
- 2018
- Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. *Journal of Personality and Social Psychology*, 114(6), 891-908.  
[View](#)
- Martin, J., Anderson, J. E., Groh, A. M., Waters, T. E. A., **Young, E. S.,** Johnson, W. F., ... Roisman, G. I. (2018). Maternal Sensitivity During the First 3 1/2 Years of Life Predicts Electrophysiological Responding to and Cognitive Appraisals of Infant Crying at Midlife. *Developmental Psychology*, 54(10), 1917-1927.  
[View](#)

- 2017 Szepesenwol, O., Griskevicius, V., Simpson, J. A., **Young, E. S.**, Fleck, C., & Jones, R. E. (2017). The effect of predictable early childhood environments on sociosexuality in early adulthood. *Evolutionary Behavioral Sciences*, 11(2), 131  
[View](#)
- 2015 Mittal, C., Griskevicius, V., Simpson, J. A., Sung, S., & **Young, E. S.** (2015). Cognitive Adaptations to Stressful Environments: When Childhood Adversity Enhances Adult Executive Function. *Journal of Personality and Social Psychology*, 109(4), 604–621.  
[View](#)

## Book Chapters

- 2020 **Young, E. S.**, & Simpson, J. A. (2020). An evolutionary, life history perspective on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 29-46). New York, NY: Cambridge University Press.  
[View](#)
- 2017 Simpson, J. A., Griskevicius, V., Szepesenwol, O., & **Young, E. S.** (2017). An evolutionary life history perspective on personality and mating strategies. In A. T. Church (Ed.), *The Praeger handbook of personality across cultures*. Volume 3: Evolutionary, ecological, and cultural contexts of personality (pp. 1-29). Santa Barbara, CA: Praeger.  
[View](#)

## In Progress

- in preparation **Young, E. S.**, Vermeent, S., & Frankenhuis, W. E. (in preparation). Within-person cognitive performance across abilities among adversity-exposed people in the SECCYD.
- Norton, S. A., Baranger, D.A., Voss, M., Hansen, I., Bondy, E., Rodrigues, M., Paul, S. E., Edershile, E., Rodebaugh, T., Oltmanns, T. F., **Young, E. S.**, Roisman, G. I., Simpson, J. A., & Bogdan, R. (in preparation). Reliability of Diurnal Salivary Cortisol Metrics: A Meta Analysis and Investigation in Two Independent Samples.

## Presentations

### Talks (first author only)

- 2021 **Young, E. S.** (2021, September). Multiverse Analysis: Being transparent about subjective decisions in data analysis. Presented at *Open Science Community Utrecht Symposium 2021*, Utrecht, Netherlands.  
[View](#)

**Young, E. S.,** Frankenhuis, W. E., DelPriore, D. J., & Ellis B. J. (2021, June). Can ecologically-relevant stimuli improve cognitive performance among adversity-exposed youth? Presented at *Human Behavior & Evolution Society* 2021.

 [View](#)

**Young, E. S.,** Frankenhuis, W. E., & Ellis B. J. (2021, March). Can ecologically relevant stimuli improve task performance for people living in poverty? Presented at *Psychology and Economics of Poverty* 2021, Berkeley, CA, United States.

 [View](#)

2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, February). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Personality and Social Psychology*, Portland, OR.

 [View](#)

2018 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018, October). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Research in Child Development - Special Topics Meeting on Character Development*, Philadelphia, PA.

 [View](#)

2017 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2017, May). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Human Behavior & Evolution Society*, Boise, ID.

 [View](#)

### **Posters (first author only)**

2022 **Young, E. S.,** Frankenhuis, W.E., DelPriore, D. J., & Ellis, B. J. (2022, April). Hidden talents in context: Can ecologically relevant stimuli improve cognitive performance among adversity-exposed youth? Poster Presented at the European Human Behavior and Evolution Association conference.

 [View](#)

2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, November). Can an unpredictable childhood environment enhance aspects of executive function and working memory? Poster Presented at *The Cognition, Behavior & Evolution Network*, Amsterdam, NL.

 [View](#)

2015 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, February). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Society for Personality and Social Psychology*, Long Beach, CA.

 [View](#)

**Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, May). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Human Behavior & Evolution Society*, Columbia, MO.

 [View](#)

2013

**Young, E. S.,** Mittal, C., Griskevicius, V., & Simpson, J. A. (2013, July). Biological Sensitivity to Context and Life History Theory: How the same trait leads to different behavior. Poster presented at *Human Behavior & Evolution Society*, South Beach Miami, FL.

 [View](#)

## Teaching & Mentoring

---

### ***Instructor***

Fall 2017	Introduction to Individual Differences (Psy 3135) University of Minnesota
-----------	--

### ***Section Leader***

Spring 2018	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
-------------	---

Spring 2017	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
-------------	---

Fall 2016	Introduction to Psychological Measurement and Data Analysis (Psy 3801) University of Minnesota
-----------	---

### ***Teaching Assistant***

Spring 2018	Honors Practicum (Psy 4993V) University of Minnesota
-------------	---

Spring 2017	Introduction to Individual Differences (Psy 3135) University of Minnesota
-------------	--

Fall 2016	Introduction to Individual Differences (Psy 3135) University of Minnesota
-----------	--

## Peer Reviews

---

### ***Child Development***

- Mar. 2020, editor: Dr. Koraly Perez-Edgar, 1 revision
- Jun. 2020, editor: Dr. Glenn Roisman, 1 revision
- Nov. 2018, editor: Dr. Glenn Roisman, 2 revisions

### ***Development & Psychopathology***

- Jan. 2021, editor: Dr. Dante Cicetti, 2 revisions
- Aug. 2021, editor: Dr. Bruce Ellis, 1 revision

### ***Developmental Review***

- Mar. 2020, editor: Dr. David Geary, 1 revision

### ***Evolution and Human Behavior***

- Oct. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Dec. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Mar. 2017, editor: Dr. Marco Del Giudice, 1 revision

### ***Evolutionary Psychology***

- Jul. 2019, editor: Dr. Rose McDermott, 1 revision
- Aug. 2019, editor: Dr. Todd Shackelford, 1 revision

### ***Infant and Child Development***

- Apr. 2021, editor: Dr. Moin Syed, 1 revision
- Oct. 2021, editor: Dr. Moin Syed, 1 revision

### ***Journal of Child Psychology and Psychiatry***

- Dec. 2019, editor: Dr. Charles Zeanah, 2 revisions

### ***Personality and Social Psychology Bulletin***

- Oct. 2019, editor: Dr. Joanna Schug, 2 revisions

### ***Psychoneuroendocrinology***

- Jun. 2020, editor: Dr. Robert Danzter, 2 revisions

## **Professional Memberships**

---

- Society for Personality and Social Psychology (SPSP)
- Human Behavior and Evolution Society (HBES)