

Ethan S. Young

Postdoctoral Researcher
Department of Psychology,
Utrecht University
Utrecht, The Netherlands



☎ +31 6 82583068
✉ young.ethan.scott@gmail.com
🏠 ethan-young.com
🐙 [github](https://github.com)

Education

2019	Doctorate of Philosophy University of Minnesota Psychology
2017	Master's of Arts University of Minnesota Psychology
2012	Bachelor's of Science University of Minnesota Psychology

Academic Positions

2020-2022	Postdoctoral Researcher Utrecht University advisors: Dr. Willem Frankenhuis
2019-2020	Postdoctoral Researcher Radboud University advisors: Dr. Willem Frankenhuis
2013-2019	PhD Student University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius

2012-2016	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Glenn Roisman
2012-2013	Graduate Research Assistant University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius
2012-2013	Lab Manager University of Minnesota advisors: Dr. Kathleen Vohs

Honors & Awards

Awards

2019	Best Article of the Year Award Childhood attachment and adult personality: a life history perspective. <i>Self & Identity</i>
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Fellowships

2018-2019	Doctoral Dissertation Fellowship University of Minnesota
2017-2018	Thomas J. Bouchard Fellowship University of Minnesota

Publications

Peer-Reviewed Papers

in press	Doom, J. R., Young, E. S. , Farrell, A. K., Carlson, E. A., Englund, M. M., Roisman, G. I., & Simpson, J. A. (in press). Behavioral, cognitive, and socioemotional pathways from early childhood adversity to BMI: Evidence from two prospective longitudinal cohorts. <i>Development and Psychopathology</i> .
2022	Young, E. S. , Frankenhuis, W. E., DelPriore, D. J., & Ellis, B. J. (2022). Hidden talents in context: Can ecologically relevant stimuli improve cognitive performance among adversity-exposed youth? <i>Child Development</i> . View

- 2021
- Young, E. S.,** Doom, J. R., Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., ... & Simpson, J. A. (2021). Life stress and cortisol reactivity: An exploratory analysis of the effects of stress exposure across life on HPA-axis functioning. *Development and Psychopathology*, 33(1), 301-312.
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- Waters, T. E., Facompré, C. R., Dagan, O., Martin, J., Johnson, W. F., **Young, E. S.,** ... & Roisman, G. I. (2021). Convergent validity and stability of secure base script knowledge from young adulthood to midlife. *Attachment and Human Development*, 1-21.
[View](#)
- Szepesnwol, O., Simpson, J. A., Griskevicius, V., Zamir, O., **Young, E. S.,** Shoshani, A., & Doron, G. (2021). The effects of childhood unpredictability and harshness on emotional control and relationship quality: A life history perspective. *Development and Psychopathology*.
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- 2020
- Young, E. S.,** Frankenhuis, W. E., & Ellis, B. J. (2020). Theory and measurement of environmental unpredictability. *Evolution and Human Behavior*, 41(6), 550-556.
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- Frankenhuis, W. E., **Young, E. S.,** & Ellis, B. J. (2020). The hidden talents approach: Theoretical and methodological challenges. *Trends in Cognitive Sciences*, 24(7), 569-581.
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- 2019
- Young, E. S.,** Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2019). The dual impact of early and concurrent life stress on adults' diurnal cortisol patterns: A prospective study. *Psychological Science*, 30, 739-747.
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- Young, E. S.,** Simpson, J. A., Griskevicius, V., Huelsnitz, C. O., & Fleck, C. (2019). Childhood attachment and adult personality: a life history perspective. *Self and Identity*, 18(1), 22-38.
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- Farrell, A. K., Waters, T. E., **Young, E. S.,** Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. (2019). Early maternal sensitivity, attachment security in young adulthood, and cardiometabolic risk at midlife. *Attachment and Human Development*, 21(1), 70-86.
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- 2018
- Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. *Journal of Personality and Social Psychology*, 114(6), 891-908.
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- Martin, J., Anderson, J. E., Groh, A. M., Waters, T. E. A., **Young, E. S.,** Johnson, W. F., ... Roisman, G. I. (2018). Maternal Sensitivity During the First 3 1/2 Years of Life Predicts Electrophysiological Responding to and Cognitive Appraisals of Infant Crying at Midlife. *Developmental Psychology*, 54(10), 1917-1927.
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- 2017 Szepeswol, O., Griskevicius, V., Simpson, J. A., **Young, E. S.**, Fleck, C., & Jones, R. E. (2017). The effect of predictable early childhood environments on sociosexuality in early adulthood. *Evolutionary Behavioral Sciences*, 11(2), 131
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- 2015 Mittal, C., Griskevicius, V., Simpson, J. A., Sung, S., & **Young, E. S.** (2015). Cognitive Adaptations to Stressful Environments: When Childhood Adversity Enhances Adult Executive Function. *Journal of Personality and Social Psychology*, 109(4), 604–621.
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Book Chapters

- 2020 **Young, E. S.**, & Simpson, J. A. (2020). An evolutionary, life history perspective on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 29-46). New York, NY: Cambridge University Press.
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- 2017 Simpson, J. A., Griskevicius, V., Szepeswol, O., & **Young, E. S.** (2017). An evolutionary life history perspective on personality and mating strategies. In A. T. Church (Ed.), *The Praeger handbook of personality across cultures*. Volume 3: Evolutionary, ecological, and cultural contexts of personality (pp. 1-29). Santa Barbara, CA: Praeger.
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In Progress

- in preparation **Young, E. S.**, Vermeent, S., & Frankenhuis, W. E. (in preparation). Within-person cognitive performance across abilities among adversity-exposed people in the SECCYD.
- in preparation Norton, S. A., Baranger, D.A., Voss, M., Hansen, I., Bondy, E., Rodrigues, M., Paul, S. E., Edershile, E., Rodebaugh, T., Oltmanns, T. F., **Young, E. S.**, Roisman, G. I., Simpson, J. A., & Bogdan, R. (in preparation). Reliability of Diurnal Salivary Cortisol Metrics: A Meta Analysis and Investigation in Two Independent Samples.

Presentations

Talks (first author only)

- 2021 **Young, E. S.** (2021, September). Multiverse Analysis: Being transparent about subjective decisions in data analysis. Presented at *Open Science Community Utrecht Symposium 2021*, Utrecht, Netherlands.
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Young, E. S., Frankenhuis, W. E., DelPriore, D. J., & Ellis B. J. (2021, June). Can ecologically-relevant stimuli improve cognitive performance among adversity-exposed youth? Presented at *Human Behavior & Evolution Society* 2021.

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Young, E. S., Frankenhuis, W. E., & Ellis B. J. (2021, March). Can ecologically relevant stimuli improve task performance for people living in poverty? Presented at *Psychology and Economics of Poverty* 2021, Berkeley, CA, United States.

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2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, February). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Personality and Social Psychology*, Portland, OR.

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2018 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018, October). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Research in Child Development - Special Topics Meeting on Character Development*, Philadelphia, PA.

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2017 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2017, May). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Human Behavior & Evolution Society*, Boise, ID.

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Posters (first author only)

2019 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, November). Can an unpredictable childhood environment enhance aspects of executive function and working memory? Poster Presented at *The Cognition, Behavior & Evolution Network*, Amsterdam, NL.

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2015 **Young, E. S.,** Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, February). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Society for Personality and Social Psychology*, Long Beach, CA.

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Young, E. S., Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, May). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Human Behavior & Evolution Society*, Columbia, MO.

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- 2013 **Young, E. S.,** Mittal, C., Griskevicius, V., & Simpson, J. A. (2013, July). Biological Sensitivity to Context and Life History Theory: How the same trait leads to different behavior. Poster presented at *Human Behavior & Evolution Society*, South Beach Miami, FL.
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Teaching & Mentoring

Instructor

Fall 2017 Introduction to Individual Differences (Psy 3135)
 University of Minnesota

Section Leader

Spring 2018 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
 University of Minnesota

Spring 2017 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
 University of Minnesota

Fall 2016 Introduction to Psychological Measurement and Data Analysis (Psy 3801)
 University of Minnesota

Teaching Assistant

Spring 2018 Honors Practicum (Psy 4993V)
 University of Minnesota

Spring 2017 Introduction to Individual Differences (Psy 3135)
 University of Minnesota

Fall 2016 Introduction to Individual Differences (Psy 3135)
 University of Minnesota

Peer Reviews

Child Development

- Mar. 2020, editor: Dr. Koraly Perez-Edgar, 1 revision
- Jun. 2020, editor: Dr. Glenn Roisman, 1 revision

- Nov. 2018, editor: Dr. Glenn Roisman, 2 revisions

Development & Psychopathology

- Jan. 2021, editor: Dr. Dante Cicetti, 2 revisions
- Aug. 2021, editor: Dr. Bruce Ellis, 1 revision

Developmental Review

- Mar. 2020, editor: Dr. David Geary, 1 revision

Evolution and Human Behavior

- Oct. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Dec. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Mar. 2017, editor: Dr. Marco Del Giudice, 1 revision

Evolutionary Psychology

- Jul. 2019, editor: Dr. Rose McDermott, 1 revision
- Aug. 2019, editor: Dr. Todd Shackelford, 1 revision

Infant and Child Development

- Apr. 2021, editor: Dr. Moin Syed, 1 revision
- Oct. 2021, editor: Dr. Moin Syed, 1 revision

Journal of Child Psychology and Psychiatry

- Dec. 2019, editor: Dr. Charles Zeanah, 2 revisions

Personality and Social Psychology Bulletin

- Oct. 2019, editor: Dr. Joanna Schug, 2 revisions

Psychoneuroendocrinology

- Jun. 2020, editor: Dr. Robert Danzter, 2 revisions

Professional Memberships

- Society for Personality and Social Psychology (SPSP)
- Human Behavior and Evolution Society (HBES)