

# Ethan S. Young

Postdoctoral Researcher  
Department of Psychology,  
Utrecht University  
Utrecht, The Netherlands



☎ +31 6 82583068  
✉ [young.ethan.scott@gmail.com](mailto:young.ethan.scott@gmail.com)  
🏠 [ethan-young.com](http://ethan-young.com)  
🐙 [github](https://github.com)

## Education

---

2019	Doctorate of Philosophy University of Minnesota Psychology
2017	Master's of Arts University of Minnesota Psychology
2012	Bachelor's of Science University of Minnesota Psychology

## Academic Positions

---

2020-2022	Postdoctoral Researcher Utrecht University advisors: Dr. Willem Frankenhuis
2019-2020	Postdoctoral Researcher Radboud University advisors: Dr. Willem Frankenhuis
2013-2019	PhD Student University of Minnesota advisors: Drs. Jeffry Simpson & Vidas Griskevicius

- |           |   |
|-----------|---|
| 2012-2016 | Graduate Research Assistant<br>University of Minnesota<br>advisors: Drs. Jeffry Simpson & Glenn Roisman       |
| 2012-2013 | Graduate Research Assistant<br>University of Minnesota<br>advisors: Drs. Jeffry Simpson & Vladas Griskevicius |
| 2012-2013 | Lab Manager<br>University of Minnesota<br>advisors: Dr. Kathleen Vohs   |

## Honors & Awards

---

### Awards

- |      |   |
|------|---|
| 2019 | Best Article of the Year Award<br>Childhood attachment and adult personality: a life history perspective.<br><i>Self &amp; Identity</i> |
|------|---|

### Fellowships

- |           |   |
|-----------|---|
| 2018-2019 | Doctoral Dissertation Fellowship<br>University of Minnesota |
| 2017-2018 | Thomas J. Bouchard Fellowship<br>University of Minnesota    |

## Publications

---

### Peer-Reviewed Papers

- |      |   |
|------|---|
| 2021 | <b>Young, E. S.</b> , Doom, J. R., Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., ... & Simpson, J. A. (2021). Life stress and cortisol reactivity: An exploratory analysis of the effects of stress exposure across life on HPA-axis functioning. <i>Development and psychopathology</i> , 33(1), 301-312.<br><a href="#">View</a> |
| 2020 | <b>Young, E. S.</b> , Frankenhuis, W. E., & Ellis, B. J. (2020). Theory and measurement of environmental unpredictability. <i>Evolution and Human Behavior</i> , 41(6), 550-556.<br><a href="#">View</a>  |

- Waters, T. E., Facompré, C. R., Dagan, O., Martin, J., Johnson, W. F., **Young, E. S.**, ... & Roisman, G. I. (2020). Convergent validity and stability of secure base script knowledge from young adulthood to midlife. *Attachment & Human Development*, 1-21.  
[View](#)
- Frankenhuis, W. E., **Young, E. S.**, & Ellis, B. J. (2020). The hidden talents approach: Theoretical and methodological challenges. *Trends in cognitive sciences*, 24(7), 569-581.  
[View](#)
- 2019 **Young, E. S.**, Farrell, A. K., Carlson, E. A., Englund, M. M., Miller, G. E., Gunnar, M. R., Roisman, G. I., & Simpson, J. A. (2019). The dual impact of early and concurrent life stress on adults' diurnal cortisol patterns: A prospective study. *Psychological Science*, 30, 739-747.  
[View](#)
- Young, E. S.**, Simpson, J. A., Griskevicius, V., Huelsnitz, C. O., & Fleck, C. (2019). Childhood attachment and adult personality: a life history perspective. *Self and Identity*, 18(1), 22-38.  
[View](#)
- Farrell, A. K., Waters, T. E., **Young, E. S.**, Englund, M. M., Carlson, E. A., Roisman, G. I., & Simpson, J. (2019). Early maternal sensitivity, attachment security in young adulthood, and cardiometabolic risk at midlife. *Attachment and Human Development*, 21(1), 70-86.  
[View](#)
- 2018 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. *Journal of Personality and Social Psychology*, 114(6), 891-908.  
[View](#)
- Martin, J., Anderson, J. E., Groh, A. M., Waters, T. E. A., **Young, E. S.**, Johnson, W. F., ... Roisman, G. I. (2018). Maternal Sensitivity During the First 3 1/2 Years of Life Predicts Electrophysiological Responding to and Cognitive Appraisals of Infant Crying at Midlife. *Developmental Psychology*, 54(10), 1917-1927.  
[View](#)
- 2017 Szepesenwol, O., Griskevicius, V., Simpson, J. A., **Young, E. S.**, Fleck, C., & Jones, R. E. (2017). The effect of predictable early childhood environments on sociosexuality in early adulthood. *Evolutionary Behavioral Sciences*, 11(2), 131  
[View](#)
- 2015 Mittal, C., Griskevicius, V., Simpson, J. A., Sung, S., & **Young, E. S.** (2015). Cognitive Adaptations to Stressful Environments: When Childhood Adversity Enhances Adult Executive Function. *Journal of Personality and Social Psychology*, 109(4), 604-621.  
[View](#)

## Book Chapters

- 2020 **Young, E. S.**, & Simpson, J. A. (2020). An evolutionary, life history perspective on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 29-46). New York, NY: Cambridge University Press.  
[View](#)

- 2017 Simpson, J. A., Griskevicius, V., Szepeswöl, O., & **Young, E. S.** (2017). An evolutionary life history perspective on personality and mating strategies. In A. T. Church (Ed.), *The Praeger handbook of personality across cultures*. Volume 3: Evolutionary, ecological, and cultural contexts of personality (pp. 1-29). Santa Barbara, CA: Praeger.  
[View](#)

## In Progress

- under review **Young, E. S.**, Frankenhuys, W. E., DelPriore, D. J., & Ellis, B. J. (under review). Hidden talents in context: Can ecologically relevant stimuli improve cognitive performance among adversity-exposed youth? *Nature Human Behaviour*.
- Doom, J. R., **Young, E. S.**, Farrell, A. K., Carlson, E. A., Englund, M. M., Roisman, G. I., & Simpson, J. A. (revise & resubmit). Behavioral, cognitive, and socioemotional pathways from early childhood adversity to BMI: Evidence from two prospective longitudinal cohorts. *Development and Psychopathology*.

## Presentations

---

### Talks (first author only)

- 2021 **Young, E. S.**, Frankenhuys, W. E., & Ellis B. J. (2021, March). Can ecologically relevant stimuli improve task performance for people living in poverty? Presented at *Psychology and Economics of Poverty 2021*, Berkeley, CA, United States.  
[View](#)
- Young, E. S.**, Frankenhuys, W. E., DelPriore, D. J., & Ellis B. J. (2021, June). Can ecologically-relevant stimuli improve cognitive performance among adversity-exposed youth? Presented at Human Behavior and Evolution Society 2021.  
[View](#)
- 2019 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, February). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Personality and Social Psychology*, Portland, OR.  
[View](#)
- 2018 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2018, October). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at *Society for Research in Child Development - Special Topics Meeting on Character Development*, Philadelphia, PA.  
[View](#)
- 2017 **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2017, May). Can an Unpredictable Childhood Environment Enhance Working Memory? Testing the Sensitized-Specialization Hypothesis. Presented at Human Behavior and Evolution Society, Boise, ID.  
[View](#)

## Posters (first author only)

- 2019      **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2019, November). Can an unpredictable childhood environment enhance aspects of executive function and working memory? Poster Presented at *The Cognition, Behavior & Evolution Network*, Amsterdam, NL.  
[View](#)
- 2015      **Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, February). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Society for Personality and Social Psychology*, Long Beach, CA.  
[View](#)
- Young, E. S.**, Griskevicius, V., Simpson, J. A., Waters, T. E. A., & Mittal, C. (2015, May). Cognitive Specialization of Memory: Early life stress enhances working memory in the face of economic uncertainty. Poster presented at *Human Behavior and Evolution Society*, Columbia, MO.  
[View](#)
- 2013      **Young, E. S.**, Mittal, C., Griskevicius, V., & Simpson, J. A. (2013, July). Biological Sensitivity to Context and Life History Theory: How the same trait leads to different behavior. Poster presented at *Human Behavior and Evolution Society*, South Beach Miami, FL.  
[View](#)

## Teaching & Mentoring

---

### Instructor

- Fall 2017      Introduction to Individual Differences (Psy 3135)  
University of Minnesota

### Section Leader

- Spring 2018      Introduction to Psychological Measurement and Data Analysis (Psy 3801)  
University of Minnesota
- Spring 2017      Introduction to Psychological Measurement and Data Analysis (Psy 3801)  
University of Minnesota
- Fall 2016      Introduction to Psychological Measurement and Data Analysis (Psy 3801)  
University of Minnesota

### Teaching Assistant

Spring 2018	Honors Practicum (Psy 4993V) University of Minnesota
Spring 2017	Introduction to Individual Differences (Psy 3135) University of Minnesota
Fall 2016	Introduction to Individual Differences (Psy 3135) University of Minnesota

## Peer Reviews

---

### ***Child Development***

- Mar. 2020, editor: Dr. Koraly Perez-Edgar, 1 revision
- Jun. 2020, editor: Dr. Glenn Roisman, 1 revision
- Nov. 2018, editor: Dr. Glenn Roisman, 2 revisions

### ***Development & Psychopathology***

- Jan. 2021, editor: Dr. Dante Cicetti, 1 revision
- Aug. 2021, editor: Dr. Bruce Ellis, 1 revision

### ***Developmental Review***

- Mar. 2020, editor: David Geary, 1 revision

### ***Evolution and Human Behavior***

- Oct. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Dec. 2019, editor: Dr. Willem Frankenhuis, 1 revision
- Mar. 2017, editor: Dr. Marco Del Giudice, 1 revision

### ***Evolutionary Psychology***

- Jul. 2019, editor: Dr. Rose McDermott, 1 revision
- Aug. 2019, editor: Dr. Todd Shackelford, 1 revision

### ***Infant and Child Development***

- Apr. 2021, editor: Dr. Moin Syed, 1 revision

### ***Journal of Child Psychology and Psychiatry***

- Dec. 2019, editor: Dr. Charles Zeanah, 2 revisions

### ***Personality and Social Psychology Bulletin***

- Oct. 2019, editor: Dr. Joanna Schug, 2 revisions

### ***Psychoneuroendocrinology***

- Jun. 2020, editor: Dr. Robert Danzter, 2 revisions

## Professional Memberships

---

- Society for Personality and Social Psychology (SPSP)
- Human Behavior and Evolution Society (HBES)