# Penalized Logistic Regression

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# Background - Standard Logistic Regression

• The model:

$$y \sim B(1, p_x)$$
 
$$p_x = expit(\beta_0 + \sum_{i=1}^{n} \beta_i x_i)$$

- Want to **estimate** the "β" parameters
- Previously looked at the MLE
  - o Best choice of parameters maximizes the **likelihood function**
- For practicality we look at the log-likelihood function

$$L^* = \prod_{i=1}^n P(D_i | X = x_i) = \prod_{i=1}^n \pi_i^{y_i} (1 - \pi_i)^{1 - y_i} \qquad \log(L^*) = \sum_{i=1}^n y_i \log \pi_i + (1 - y_i) \log(1 - \pi_i)$$

### Logistic Regression Setbacks

- May lead to overfitting (when data is sparse)
  - Becomes degenerate if there are more features than samples
- Does not incorporate prior knowledge about coefficients [1]
  - Coefficients should be "reasonably" small
  - Want to penalize large coefficients
- Toy example on the right
  - 10 input dimensions
  - 10 Bernoulli samples

```
Actual
                           Standard
                                          Ridge
                                                      Lasso
(Intercept)
             -0.6264538
                         -15.326573
                                     -0.6923376
                                                -0.6212066
X1
              0.1836433
                          25.164221
                                     0.5581994
                                                 0.4283797
X2
             -0.8356286 -11.936938 -0.1678179
X3
              1.5952808
                         28.645658
                                     1.3956100
                                                  1.9231301
X4
              0.3295078
                         48.602729
                                     1.4190559
                                                 1.4399812
X5
             -0.8204684
                         16.008094 -0.1138861
X6
              0.4874291
                          -9.499460
                                     0.8503816
                                                 0.6923992
X7
              0.7383247
                          5.353122
                                     1.3408711
                                                 1.2513540
X8
              0.5757814
                          -6.708295
                                     0.4025312
X9
             -0.3053884
                          14.789231
                                    -0.3127941
```

# What is Penalized Logistic Regression?

Rephrase the problem in terms of minimizing a cost function

$$C(\beta, x, y) = -\log(L^*)$$
 [2]

We add a penalty for large coefficients

$$C'(\beta, x, y) = C(x, y, \beta) + P(\beta)$$

Two main types:

$$P(\beta) = \lambda \sum_{i=1}^{n} |\beta_i| \qquad P(\beta) = \lambda \sum_{i=1}^{n} \beta_i^2 \quad [1]$$

# LASSO Regression (L1 Regularization)

- Least Absolute Shrinkage and Selection Operator
- First proposed by Robert Tibshirani in 1996
- Sum of the absolute values of the regression coefficients less than a fixed value
  - Turning certain coefficients to a value of zero, and eliminating them from the model

$$L(\beta) = \left[ -\sum_{i=1}^{n} y_{i} \log(\Pi_{i}) + (1 - y_{i}) \log(1 - \Pi_{i}) \right] + \lambda \sum_{j=1}^{p} |\beta_{i}|$$
[2]

# Penalty Term

- L1 Norm or L1 Penalty
- Absolute value of the magnitude of the coefficients, limiting the size of said coefficient

$$P(\beta) = \lambda \sum_{i=1}^{n} |\beta_i|$$
 [2]

### Key Points

- Lasso utilizes shrinkage in order to perform variable selection
  - Variables equal to **zero** are able to be eliminated from the model
- Produces sparse models with few coefficients
- Easily interpreted due to subset of predictors and eliminated coefficients
- Works best when number of predictors is consistently less than the number of observations
  - $\circ$  When  $\lambda$  is sufficiently **large**

# Ridge Regression (L2 Regularization)

• First proposed by Hoerl and Kennard in 1970

Introduces bias for less variance to reduce the mean square error

Use when variables are codependent or collinear

$$L(\beta) = \left[ -\sum_{i=1}^{n} yi \log(\Pi_i) + (1 - yi) \log(1 - \Pi_i) \right] + \lambda \sum_{j=1}^{p} \beta_j^2$$

# Penalty Term

• L2 Norm or L2 Penalty

Sum of the coefficients for each variable squared, multiplied by Lambda

 This penalty term seeks to ensure coefficient values stay small, as large coefficients will add too heavily to the cost function

$$P(\beta) = \lambda \sum_{j=1}^{p} \beta_{j}^{2}$$

### Key points

- Achieve shrinkage when adding a term by decreasing the coefficients
- λ behaves similarly
  - As it increases, the coefficients are pushed closer towards 0
- Final coefficients discern what variables the model deems to be strongly indicative of the dependant variable
- All independent variables are used in ridge regression with coefficients ranging from [-1,1]

### Elastic Net Regression

- Combines both Lasso and Ridge Regression methods
- Performs variable selection and regularization simultaneously
- Most appropriate where the dimensional data is greater than the number of samples
- Two regularization parameters, one for each penalty

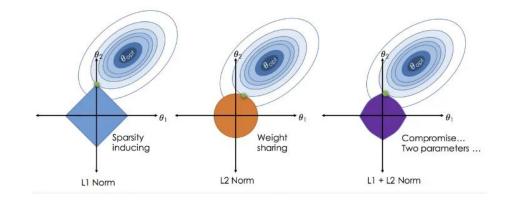
$$L_{enet}(\hat{\beta}) = \frac{\sum_{i=1}^{n} (y_i - x_i^T \hat{\beta})^2}{2n} + \lambda \left( \frac{1 - \alpha}{2} \sum_{j=1}^{m} \hat{\beta}_j^2 + \alpha \sum_{j=1}^{m} |\hat{\beta}_j| \right)$$

### Penalty Term

- $\lambda$  controls the **strength** of the penalty
  - o If  $\lambda = 0$ , penalty terms equal and models are without regularization
  - o If λ increases, so does penalty, and the coefficients decrease
  - If λ goes to infinity, coefficients shrink to nearly 0
- Uses alpha as a hyperparameter to solve potential issues from either model
  - Lasso: poor performance when there is correlation
  - Ridge: cannot set values to 0

### Geometric Comparison of Models

- Lasso performs variable selection by constraining the coefficient estimates to lie within a diamond shaped region
- Ridge shrinks the coefficient estimates towards 0 while maintaining relative sizes within a circular shaped region
- Elastic combines the sparsitypromoting and stabilizing effects within an intermediate shaped region



### Advantages and Disadvantages of Each Model

#### Lasso Regression:

- Advantages:
  - Used for variable selection, handles a large number of predictor variables, performs well when the true model is sparse, and provides a solution that is easy to interpret
- Disadvantages:
  - May perform poorly when the true model is not sparse, may have difficulty in situations where there is high correlation between predictor variables

#### Ridge Regression:

- Advantages:
  - Handle a large number of predictor variables, performs well when the true model is not sparse, and used to reduce the impact of multicollinearity
- Disadvantages:
  - Does not perform variable selection, provides a solution that is less interpretable than Lasso, may not perform well when the number of predictor variables is larger than the sample size

#### **Elastic Net Regression:**

- Advantages:
  - Combines the advantages of both Lasso and Ridge, handles a large number of predictor variables, performs well in situations with high correlation between predictor variables
- Disadvantages:
  - May require more computational resources than Lasso or Ridge, provides a solution that is less interpretable than Lasso, may not perform well when the number of predictor variables is larger than the sample size

### Finding $\lambda$ via Cross-Validation

- Finding the **fittest**  $\lambda$  is of the utmost important in penalized regression
- λ controls the weighting of both penalties terms to the loss function
- How CV works
  - Divide the testing data in k groups "folds"
  - Train the model on (k-1) folds using the final k<sup>th</sup> fold as a validation data using randomly selected values
  - Calculate the Mean Squared Error for each λ, and choose the one that minimizes the MSE

### Dataset - Pima Indians Diabetes Dataset (1988)

#### Outcome:

1 denotes having diabetes

**0** denotes not having diabetes

Sample size: 768

#### Selection criteria:

Female 21 or older

Member of the Pima Nation

Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	BMI	DiabetesPedigreeFunction	Age	Outcome
6	148	72	35	0	33.6	0.627	50	1
1	85	66	29	0	26.6	0.351	31	0
8	183	64	0	0	23.3	0.672	32	1
1	89	66	23	94	28.1	0.167	21	0
0	137	40	35	168	43.1	2.288	33	1
5	116	74	0	0	25.6	0.201	30	0
3	78	50	32	88	31	0.248	26	1
10	115	0	0	0	35.3	0.134	29	0
2	197	70	45	543	30.5	0.158	53	1
8	125	96	0	0	0	0.232	54	1
4	110	92	0	0	37.6	0.191	30	0
10	168	74	0	0	38	0.537	34	1
10	139	80	0	0	27.1	1.441	57	0
1	189	60	23	846	30.1	0.398	59	1
5	166	72	19	175	25.8	0.587	51	1
7	100	0	0	0	30	0.484	32	1
0	118	84	47	230	45.8	0.551	31	1

# LASSO Regression Code

Package Needed: library(glmnet)

```
# Set a random seed for reproducibility set.seed(1)
# Perform cross-validation using L1 regularization and the binomial family for logistic regression cv.lasso <- cv.glmnet(x, y, alpha = 1, family = "binomial")

# Fit a regularized logistic regression model using the lambda value that gives the smallest cross -validation error model <- glmnet(x, y, alpha =1, family = "binomial", lambda = cv.lasso$lambda.min)
```

# Ridge Regression Code

```
# Set a random seed for reproducibility set.seed(1)

# Perform cross-validation using L2 regularization and the binomial family for logistic regression cv.ridge <- cv.glmnet(x, y, alpha = 0, family = "binomial")

# Fit a regularized logistic regression model using the lambda value that gives the smallest cross -validation error model <- glmnet(x, y, alpha = 0, family = "binomial", lambda = cv.ridge$lambda.min)
```

### Elastic Net Regression Code

```
# Set a random seed for reproducibility
set.seed(1)
# Perform cross-validation using L1 and L2 regularization and the binomial family
for logistic regression
cv.elnet <- cv.glmnet(x, y, alpha = 0.5, family = "binomial")

# Fit an elastic net logistic regression model using the lambda value that gives
the smallest cross-validation error
model <- glmnet(x, y, alpha = 0.5, family = "binomial", lambda = cv.elnet$lambda
.min)</pre>
```

# Coefficients of our Models

	LASSO	Ridge	
F1+-4:- N1-4	- s0	s0	s0
(Intercept)	-7.5636864002	-6.8722710135	-7.4172873976
Pregnancies	0.1167031225	0.1017124608	0.1132654412
Glucose	0.0306511471	0.0268113310	0.0298613940
BloodPressure	-0.0130476042	-0.0112346586	-0.0125664773
SkinThickness	-0.0035148283	-0.0039135403	-0.0035265608
Insulin	-0.0009342941	-0.0006293995	-0.0008542789
BMI	0.0898511316	0.0793981585	0.0874545339
DiabetesPedigreeFunction	0.8040466706	0.7683238005	0.7915706356
Age	0.0120986058	0.0142895291	0.0124793018

# Results of the Models

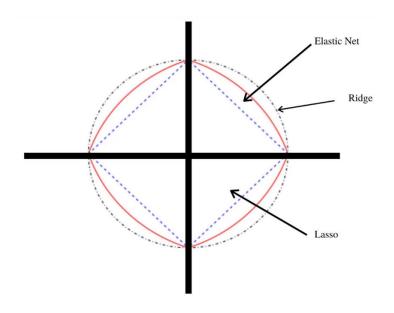
TP = True Positive FP = False Positive TN = True Negative FN = False Negative

	LASSO	Ridge	Elastic Net
Accuracy	0.812	0.812	0.818
Precision	0.5	0.467	0.5
Recall	0.833	0.875	0.857
F1-Score	0.625	0.609	0.632
Confusion Matrix	0 1 0 126 30 1 6 30	0 1 0 128 32 1 4 28	0 1 0 127 30 1 5 30

Precision = TP/(TP+FP)Recall = TP/(TP+FN)

F1-Score = (2\*Precision\*Recall)/(Precision+Recall)

# Thank you. Questions?



### References

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