TC-Assignment-2

How do I relieve stress after a bad day at college?

Colleges can often be stressful everyday, hence to relieve myself from stress I would often listen to music and complete my homework or assignments and watch some anime at the end of it. Going out for drives is a great stress reliever for me especially when I'm out alone.

What is something that you've achieved and you are most proud of?

So far I'm proud of clearing my 10th and 12th with the same percentage which is rather funny.

Jokes aside I am proud of winning the runners up for the Battle of Bands competition for FACT 2022 .

Have you ever tried to change your behavior either at college or at home?If so, why and how did you do it?

In some cases I do act differently in college . In college I’m a little more aware and responsible while at home I’m quite relaxed and take it easy.

How do you recover from failure?

Learning from one’s mistakes and working on one’s weaknesses is an effective way to recover from failure , which I have adopted and used to some extent.

How do you respond when one of your batch mates challenges you in college?

I’d accept it only if it's in my power to win or if I could improve my skills through competitiveness and learn a thing or two about the particular subject.

What kind of behavior makes you angry or annoyed?

When one acts ignorant or makes uneducated assumptions is what gets my blood boiling.

Who is or who are your inspirations and why do they inspire you?

It's not someone in particular but a whole bunch of people who inspire me, friends , family, parents and classmates, because they are always supportive and helpful and they inspire me to do the same.

SWOT analysis:

SWOT, short for strengths , weaknesses, opportunities and challenges, is a simple yet powerful way of identifying your present state and making appropriate changes to an organization or an individual.

Strengths: Is something you do well and have a certain level of confidence in doing it.

It's something you do better than others , and what other organizations lack .

Weakness: As the name suggests, it’s something you are lacking in and need improvement.

It’s better to look at your weaknesses and make changes for the future.

Opportunities:These are the changes you/organization can make in order to improve yourself or reduce the number of weaknesses and/or increase the number of strengths .

Challenges:Includes all those threats that could be a hurdle while implementing any changes or or threats you currently face which could be your potential weaknesses.