



The Ferryman  
Garzacocha Lake, Ecuador



# Biophilia

Human beings subconsciously share an inter-connectedness with the web of life, a deep affinity with nature rooted in biology.

Yet we behave as though we control nature. We don't. We can't. Depression, anxiety, and many other 21st century "dis-eases" may merely be symptoms of our underlying Nature Deficit Disorder. I don't need a psychiatrist to diagnose me as a basket case while I race through the hustle and bustle of daily life, but it's nice to see modern science is finally catching up. Studies have shown that simply being in nature raises levels of white blood cells and lowers blood pressure.

National Geographic suggests viewing the natural world through photographs may have a similar effect.



Night Life  
Amazon Rainforest, Ecuador



## Biophilia gallery



Spotlight  
Bolingbrook, IL



Secret Life of Butterflies  
Wedron, IL

