

Name: Ethan Fischer | DOB: 5/5/1993 | MRN: 5737029 | PCP: Nymisha A Rao, M.D. | Legal Name: Ethan Fischer

## Telemedicine - Jun 05, 2025

with Nymisha Rao, M.D. at River East Family Medicine

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### Notes from Care Team

#### Progress Notes

Nymisha Rao, M.D. at 6/5/2025 11:40 AM

##### VIRTUAL VISIT NOTE - ROUTINE CARE

###### Clinical Summary:

Ethan Fischer is a 32 yo male being seen via telemedicine video visit

Last seen 4/3/25

Tried Zyrtec for chronic cough

Did not notice much difference

Only took for about 5 days straight before stopping

Still has cough

Having multiple times a day

Dad and uncle both have some form of lung disease

Has not noticed as much heartburn

Did travel recently for 2 weeks to Singapore/India -- felt that cough had improved when away

+PND, but no nasal congestion

Chronic scapular pin - not much improvement after a few rounds of PT

Was taught a few stretches. Provided some relief for a few hours.

Came on after he did some pushups. Presents as sharp pain.

Planning to go to Tanzania in a month.

###### Vitals:

06/05/25 1133

Weight: 197

Height: 74

inches:

Calculated 25.29

BMI:

General: No acute distress, non-toxic appearing

HEENT: Normocephalic, atraumatic, EOMI, non-scleral icterus

Pulm: Non-labored breathing, no acute respiratory distress, speaking in clear, full sentences

Psych: Normal judgement, normal behavior

###### Assessment & Plan:

Ethan Fischer is a 32 yo male being seen via telemedicine video visit

**Chronic cough**

CXR 4/3/25 -- no acute cardiopulm process

Trial of Zyrtec did not help

Advised Flonase + another anti allergy medication like Claritin or Allegra

Trial of albuterol PRN as well

**Chronic scapular pain**

Will refer to orthopedics

Has not noticed much improvement after PT

**Travel**

Advised to see travel clinic

Over due for Tdap -- if not getting through travel clinic have ordered to be completed

*Encounter Diagnoses & Associated Orders*

ICD-10-	ICD-9-
CM	CM

<b>1. Chronic cough</b>	<b>R05.3</b>	<b>786.2</b>
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2. Chronic scapular pain	M89.8X1	733.90	OUTPATIENT REFERRAL TO ORTHOPAEDIC SURGERY
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	G89.29	338.29	
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3. Travel advice encounter	Z71.84	V65.49	OUTPATIENT REFERRAL TO TRAVEL CLINIC
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4. Need for Tdap vaccination	Z23	V06.1	TDAP VACCINE
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**TELEHEALTH PROVIDER ATTESTATION**

Identity for this telehealth visit was verified by name and DOB. Verbal consent for the visit was provided. The patient participated in the encounter via video. I was not on site. The patient was at home or other private location (house, hotel, shelter, car, or place of work) at the time of the telehealth visit. The patient was in the state of Illinois during the telehealth visit. The risk associated with the patient's management today was moderate..

Nymisha A Rao, M.D.