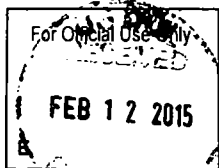


FORM LM-20 AGREEMENT AND ACTIVITIES REPORT

Form approved
Office of Management
and Budget
No. 1245-0003
Expires 08-31-2016



This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440. Required of persons, including Labor Relations Consultants and Other Individuals and Organizations, Under Section 203(b) of the Labor-Management Reporting and Disclosure Act of 1959, as amended. (LMRDA)

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

577020

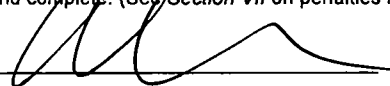
1. File Number: c- 382

Person Filing	
2. Name and mailing address (include ZIP Code): Name Henry Ares Title Consultant Organization Pasadena Consulting P.O. Box, Bldg., Room No., if any Street 3579 E. Foothill Blvd. City Pasadena State California ZIP Code + 4 91107	3. Any other address where records necessary to verify this report are kept: Name Title Organization P.O. Box, Bldg., Room No., if any Street City State ZIP Code + 4
4. Date fiscal year ends: Dec / 31	5. Type of person: a. <input checked="" type="checkbox"/> Individual b. <input type="checkbox"/> Partnership c. <input type="checkbox"/> Corporation d. <input type="checkbox"/> Other (Specify):

Nature of Agreement or Arrangement	
6. Full name and address of employer with whom made (include ZIP Code): Name Organization Informed Choices Education Trade Name, if any P.O. Box, Bldg., Room No., if any Street 6501 E. Greenway Parkway City Scottsdale State Arizona ZIP Code + 4 85254	7. Date entered into: 9 / 16 / 2014 8. Name of person(s) through whom made: Name Name Name Name Name

Signatures

Each of the undersigned declares, under penalty of perjury and other applicable penalties of law, that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See Section VII on penalties in the instructions.)

13. Signed  President
(If other title, see instructions)
Title Other (Specify)
Consultant

On 10/16/2014 (626) 710-4523
Date Telephone Number

14. Signed _____ Treasurer
(If other title, see instructions)
Title Other (Specify)

On _____ Date
Telephone Number

File Henry Ares Pasadena Consulting	File Number C-
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9. Check the appropriate box to indicate whether an object of the activities undertaken, is directly or indirectly:

- a. ☒ To persuade employees to exercise or not to exercise, or persuade employees as to the manner of exercising, the right to organize and bargain collectively through representatives of their own choosing.
- b. ☐ To supply an employer with information concerning the activities of employees or a labor organization in connection with a labor dispute involving such employer, except information for use solely in conjunction with an administrative or arbitral proceeding or a criminal or civil judicial proceeding.

10. Terms and conditions (Explain in detail; see instructions. Written agreements must be attached.):

Informed Coices Education has agreed to contract with Pasadena Consulting to provide educational consulting services for International Gourmet Foods.

Specific Activities to be Performed

11. For each activity, separately list in detail the information required (See instructions):

a. Nature of activity:

Pasadena Consulting is engaged to educate the employees of International Gourmet Foods of their Section 7 rights under the NLRA.

11.b. Period during which performed:

09/16/2014

11.c. Extent performed:

Ongoing

11.d. Name and address through whom performed:

Name Henry Ares

Organization Pasadena Consulting

P.O. Box, Bldg., Room No., if any

Street 3579 E. Foothill Blvd

City Pasadena

State California ZIP Code + 4 91107

Additional Name and address through whom performed, if any:

Name

Organization

P.O. Box, Bldg., Room No., if any

Street

City

State ZIP Code + 4

12.a. Identify subject groups of employees:

All employees of International Gourmet Foods

12.b. Identify subject labor organizations:

UFCW
United Food & Commerical Workers