U.S. Department of Labor Office of Labor-Management **Standards** Washington, DC 20210

## FORM LM-20 AGREEMENT AND ACTIVITIES REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 09-30-2011



This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440. Required of persons, including Labor Relations Consultants and Other Individuals

and Organizations, Under Section 203(b) of the Labor-Management Reporting and Disclosure Act of 1959, as amended. (LMRDA) READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT. I. File Number. C- 00678 **Person Filing** 2. Name and mailing address (include ZIP Code): 3. Any other address where records necessary to verify this report are kept: Name Name Gabrielle Shores Title Title President Organization Informed Choices Education, Inc. Organization P.O. Box, Bldg., Room No., if any P.O. Box, Bldg., Room No., if any Street Street 6501 E. Greenway Parkway #103-114 City City Scottsdale ZIP Code + 4 85254 State ZIP Code + 4. State Arizona 5. Type of person: 4. Date fiscal year ends: Individual b. Partnership c. X Corporation d. Other (Specify): Nature of Agreement or Arrangement 7. Date entered into: 6. Full name and address of employer with whom made (include ZIP Code): 2014 Walsh 8. Name of person(s) through whom made: Organization International Gourmet Foods Name Trade Name, if any Name P.O. Box, Bldg., Room No., if any But The garden and the Name Street 7520 Fullerton Road City Springfield Name ZIP Code + 4 22153 State Virginia Name Signatures Each of the undersigned declares, under penalty of penjury and other applicable penalties of law, that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See Section VII on penalties in the instructions.) ाम राष्ट्र विश्वास 14. Signed Thomas Zaron 13. Signed Cabrielle stores Treasurer President (If other title, see (If other title, see instructions) instructions) Other (Specify) Vice-President On 10/16/2014 On 10/16/2014 877-525-2920 877-525-2920

Date

Telephone Number

Telephone Number

Date

Filer Gabrielle Shores Informed Choices Education,	Inc. File Number C- 00678
9. Check the appropriate box to Indicate whether an object of the activities undertaken, is directly or indirectly:	
a. To persuade employees to exercise or not to exercise, or persuade employees as to the manner of exercising, the right to organize and bargain collectively through representatives of their own choosing.	
b. To supply an employer with information concerning the activities of employees or a labor organization in connection with a labor dispute involving such employer, except information for use solely in conjunction with an administrative or arbitral proceeding or a criminal or civil judicial proceeding.	
10. Terms and conditions (Explain in detail; see instructions. Written agreements must be attached.):	
International Gourmet Foods has agreed to contract with Informed Choices Education, Inc., to provide educational consulting services.	
Specific Activities to be Performed	
11. For each activity, separately list in detail the information required (See instructions):	
a. Nature of activity:	
Informed Choices Education, Inc. is engaged to educate the employees of International Gourmet Foods, of their Section 7 rights under the NLRA.	
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11.b. Period during which performed:	11.c. Extent performed:
09/16/2014	Ongoing
11.d. Name and address through whom performed:	Additional Name and address through whom performed, if any:
Name Henry Ares	Name
Organization Pasadena Consulting	Organization
P.O. Box, Bldg., Room No., if any	P.O. Box, Bldg., Room No., if any
Street 3579 E. Foothill Blvd	Street
City Pasadena	City
State California ZIP Code + 4 91107	State ZIP Code + 4
12.a. Identify subject groups of employees:	12.b. Identify subject labor organizations:
All employees of International Gourmet Foods	UFCW
	United Food & Commercial Workers