Ü.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-20 AGREEMENT AND ACTIVITIES REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 09-30-2011

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Form LM-20 (2003)

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440. Required of persons, including Labor Relations Consultants and Other Individuals and Organizations, Under Section 203(b) of the Labor-Management Reporting and Disclosure Act of 1959, as amended. (LMRDA)

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT. 1. File Number: Person Filing 2. Name and mailing address (include ZIP Code): 3. Any other address where records necessary to verify this report are kept: Name Name Mary L Holden Title Consultant Title Organization Mary L Holden HR/ER Consultant LLC Organization P.O. Box, Bldg., Room No., if any P.O. Box, Bldg., Room No., if any Street 1090 Willow Grove Ct. Street City Rochester Hills City State Michigan ZIP Code + 4 48307 State ZIP Code + 4 5. Type of person: 4. Date fiscal year ends: a. Individual b. Partnership c. Corporation d. Other (Specify): Dec Nature of Agreement or Arrangement 6. Full name and address of employer with whom made (include ZIP Code): 7. Date entered into: / 14 / 2009 Name Erick Taylor 8. Name of person(s) through whom made: Organization Food Pyramid Name Erick Taylor Trade Name, if any Name P.O. Box, Bldg., Room No., if any Street 336 Barnes Name City Springfield Name ZIP Code + 4 65801 State Missouri Name Signatures Each of the undersigned declares, under penalty of perjury and other applicable penalties of law, that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See Section VII on penalties in the instructions.) President 14. Signed Treasurer 13. Signed (If other title, see (If other title, see instructions) instructions) Title Sole Proprietor Treasurer Title on 9-1-2010 2484595700 Telephone Number

		File Number C
Filer: Mary Holden Mary L Holden HR/ER Consultant	LLC	File Number C-
Check the appropriate box to indicate whether an object of the activities u	ndertaken, is directly or indirectly:	
a. To persuade employees to exercise or not to exercise, or persuad collectively through representatives of their own choosing.	e employees as to the manner of	exercising, the right to organize and bargai
b. To supply an employer with information concerning the activities of such employer, except information for use solely in conjunction w	f employees or a labor organization th an administrative or arbitral pro	on in connection with a labor dispute involvi oceeding or a criminal or civil judicial procee
10. Terms and conditions (Explain in detail; see instructions, Written agreem	ante must ha attached \	
Verbal Agreement with Labor Relations Institute expenses.	•	plus reasonable traveling
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100.00		
Specific Activities to be Performed		
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11. For each activity, separately list in detail the information required (See ins	ructions):	
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