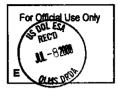
U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-20 AGREEMENT AND ACTIVITIES REPORT

Form approved
Office of Management
and Budget
No. 1215-0188
Expires 11-30-2009



C- 00527

1. File Number:

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440. Required of persons, including Labor Relations Consultants and Other Individuals and Organizations, Under Section 203(b) of the Labor-Management Reporting and Disclosure Act of 1959, as amended. (LMRDA)

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

Person Filing	
2. Name and mailing address (include ZIP Code):	3. Any other address where records necessary to verify this report are kept:
Name JOHN M HERMANN	Name
Title PRESIDENT & CEO	Title
Organization LABOR RELATIONS SERVICES, INC.	Organization
P.O. Box, Bidg., Room-No., if any SUITE 100	P.O. Box, Bidg., Room No., if any
Street 24 CORPORATE PLAZA	Street
City NEWPORT BEACH	City
State California ZIP Code + 4 92660	State ZIP Code + 4
4. Date fiscal year ends: 5. Type of person:	
Dec / 8 a. Individual b. Partnership	c. Corporation d. Other (Specify):
Nature of Agreement or Arrangement	
6. Full name and address of employer with whom made (include ZIP Code):	7. Date entered into: 6 / 2 / 2008
Name MICHAEL BURKE	, , , , , , , , , , , , , , , , , , , ,
Organization MT. SHASTA SPRING WATER	8. Name of person(s) ti-rough whom made:
Trade Name, if any	Name DANIEL BURKE
P.O. Box, Bldg., Room No., if any	Name
Street 1878 TWIN VIEW BLVD	Name
City REDDING	Name
State California ZIP Code + 4 96003-1501	Name
Signa	tures
Each of the undersigned declares, under penalty of perjury and other applicable the information contained in any accompanying documents) has been examined true, correct, and complete. (See Section VII on penalties in the instructions.) 13. Signed Title President (If other title, see instructions)	penalties of law, that all of the information submitted in this report (including by the signatory and is, to the best of the undersigned's knowledge and belief, 14. Signed Treasurer (If other title, see instructions)
On 06/20/2008 949-719-1962	On 06/20/1008 949-719-1962 Daile Telephone Number

Filer JOHN HERMANN LABOR RELATIONS SERVICES, INC.	File Number C- 00527	
9. Check the appropriate box to indicate whether an object of the activities undertaken, is directly or indirectly:		
a. To persuade employees to exercise or not to exercise, or persuade employees as to the manner of exercising, the right to organize and bargain collectively through representatives of their own choosing.		
b. To supply an employer with information concerning the activities of employees or a labor organization in connection with a labor dispute involving such employer, except information for use solely in conjunction with an administrative or arbitral proceeding or a criminal or civil judicial proceeding.		
10. Terms and conditions (Explain in detail; see instructions. Written agreements must be attached.):		
The services described in Section 11a., below shall be performed on an hourly fee basis at a rate of \$475.00 and \$375.00 per hour. Expenses in connection with the performance of such services as travel, accomodations, copies, telephone long distance, etc., will be reimbursed to Labor Relations Services, Inc., at actual cost.		
Specific Activities to be Performed		
11. For each activity, separately list in detail the information required (See instructions):		
a. Nature of activity: Labor Relations Services, Inc., has been retained to assist the employer named above in communication with its employees in regard to the manner in which they exercise their rights to organize and bargain collectively. We will assist in conducting meetings with employees and in communications in writing during the period immediately prior to the conduct of representation election.		
11.b. Period during which performed:	11.c. Extent performed None as of this date.	
N.L.R.B. 11.d. Name and address through whom performed:	Additional Name and address through whom performed, if any:	
Name JOHN M HERMANN	Name RIAN WATHEN	
Organization LABOR RELATIONS SERVICES, INC.	Organization LABOR RELATIONS SERVICES, INC.	
P.O. Box, Bldg., Room No., if any SUITE 100	P.O. Box, Bldg., Roon: No., if any SUITE 100	
Street 24 CORPORATE PLAZA	Street 24 CORPORATE PLAZA	
City NEWPORT BEACH	City NEWPORT BEACH	
State California ZIP Code + 4 92660	State California ZIP Code + 4 92660	
12.a. Identify subject groups of employees;	12.b. Identify subject labor organizations:	
ALL PART-TIME AND FULL-TIME EMPLOYEES AS AGREED TO BETWEEN THE PARTIES.	GENERAL TEAMSTERS PROFESSIONAL, HEALTH CARE AND PUBLIC EMPLOYIES, LOCAL 137.	

Specific Activities to be Performed (Continuation Page)

11. For each activity, separately list in detail the information required (See instructions):

a. Nature of activity:

Labor Relations Services, Inc., has been retained to assist the employer named above in communication with its employees in regard to the manner in which they exercise their rights to organize and bargain collectively. We will assist in conducting meetings with employees and in communcations in writing during the period immediately prior to the conduct of representation election.

11.c. Extent performed:
None as of this date.
Additional Name and address through whom performed, if any:
Name
Organization
P.O. Box, Bldg., Room No., if any
Street
City
State ZIP Code + 4
Additional Name and a diress through whom performed, if any:
Name
Organization
P.O. Box, Bldg., Room No., if any
Street
City
State ZIP Code + 4
12.b. Identify subject labor organizations:
GENERAL TEAMSTERS PROFESSIONAL, HEALTH CARE AND PUBLIC EMPLOYEES, LOCAL 137.