U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-20 AGREEMENT AND ACTIVITIES REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 09-30-2011



This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440. Required of persons, including Labor Relations Consultants and Other Individuals and Organizations, Under Section 203(b) of the Labor-Management Reporting and Disclosure Act of 1959, as amended. (LMRDA)

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT. 1. File Number: C- 00525 Person Filing 3. Any other address where records necessary to verify this report are kept: 2. Name and mailing address (include ZIP Code): Name Title Title Organization LRI Consulting Services Inc Organization P.O. Box, Bldg., Room No., if any P.O. Box, Bldg., Room No., if any Street Street 7850 South Elm Place Suite E City City Broken Arrow ZIP Code + 4 State Oklahoma ZIP Code + 4 74011 State 4. Date fiscal year ends: 5. Type of person: Partnership c. Corporation Other (Specify): Dec 31 Individual b. Nature of Agreement or Arrangement 6. Full name and address of employer with whom made (include ZIP Code): 7 Date entered into: 19 8. Name of person(s) through whom made: Organization Costanzo Bakery Name Dale Urbaniak Trade Name, if any Name P.O. Box, Bldg., Room No., if any Name Street 30 Innsbruck Drive City Cheektowaga Name State New York ZIP Code + 4 14227 Name Signatures Each of the undersigned declares, under penalty of perjury and other applicable penalties of law, that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is, to the best of the undersigned knowledge and belief, true, correct, and complete. (See Section VII on peralities in the instructions.) President 13. Signed Treasurer (If other title, see (If other title, see instructions) instructions) President Treasurer Title Title 918-455-9995 6/15/2011 918-455-9995 6/15/2011 Date Telephone Number

Date

Telephone Number

Proposal

May 19, 2011

Dale Urbaniak Director of Operations Costanzo Bakery 30 Innsbruck Drive Cheektowaga, NY 14227

716-656-9093 durbaniak@costanzobakery.com

Re: Inoculation Training

Situation Assessment

You want to provide a subject matter expert to educate and prepare your employees for union organizing activity. You want employees to understand that union cards are legal documents, that they need to protect their personal information and some of the common misunderstandings employees have about unions.

Proposed Intervention(s)

• Inoculation Meetings: For this option we will provide a Senior LRI consultant to conduct union "inoculation" meetings with your employees. We will provide at least one on-site facilitator to assess union vulnerability and communicate your message directly to employees.

Objectives

- Train employees on the facts about union cards, common tactics used to get employees to sign cards and facts they should consider before they ever sign a union card;
- Provide a credible subject matter expert who immediately increases your capacity to legally and persuasively respond to potential union organizing activity;
- Prevent NLRB petitions at company location(s) and train employees on the advantages of a direct relationship over a third party relationship.

Value to Organization

- You substantially reduce your company's vulnerability to union organizing activity by making it a "hard target" and difficult for an organizer to get cards signed using typical tactics;
- We will be able to assess overall vulnerability and by communicating directly with employees we get a solid read on whether union organizing activity has gained traction;
- You will have a more positive work environment where associates are treated with respect and managers are confident that they have the skills to earn the "direct relationship privilege."

Terms and Conditions

The fee for the daily fee consulting is \$3,000 a day (plus travel expenses)

Page 1 of 2 | Initial ___

Labor Relations Institute, Inc.

7050S Elm (Acce - Svite E + Broken/Arroxy O'Althorne 740H)

Payment Terms

All fees are due upon the delivery of the consulting services and are non-refundable. You also agree to coordinate, arrange and pre-pay consultant's airfare, hotel accommodations and, if deemed necessary, a rental car. Any additional expenses incurred by consultant will be billed to you and you agree to pay those invoices upon receipt and you agree to settle those statements within 7 days and to provide a credit card for us to settle outstanding invoices not paid by that time. You agree and acknowledge that failure to pay fees or expenses associated with this project under these terms will result in reassignment of consultant(s), a penalty of the maximum allowable interest rate per month plus any costs we incur to collect an outstanding balance, until all outstanding invoices are paid in full.

It is further understood that all materials included in or with the above referenced items or programs are fully covered and protected by federal copyright laws. Federal law provides civil and criminal penalties for the unauthorized reproduction, distribution or exhibition of protected products. Criminal copyright infringement is investigated by the FBI and may constitute a felony penalty of up to five years in prison and/or a \$250,000 fine.

You further acknowledge that no representation by LRI or its representatives were relied on by you or any member of your company in entering this agreement, and that this document represents the full understanding of the parties. You also acknowledge and agree that we have informed you of the obligation to report any direct persuader activity performed on your behalf to the United States Department of Labor by both our firm and your firm and that failure to timely file these reports can subject your company criminal penalties. Your payment, in the absence of your signature below, indicates your acceptance of this project and the terms and conditions as stated herein. The parties agree that Oklahoma law governs any dispute between them and to resolve any disputes by arbitration in Tulsa, Oklahoma under the American Arbitration Association rules.

| Acceptance: |
|---|
| We accept the proposal above and the intevention(s) selected: |
| Inoculation Meetings |
| |

For LRI Consulting Services, Inc.

For Costanzo Bakery

Dale Urbaniak, Director of Operations Date:

Page 2 of 2 | Initial

Labor Relations Institute, Inc.

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| 1. File Number: C- 00525 | FOIDXI | | | |
| 1.1 lie ivaliber. C- 00323 | | · | | |
| Person Filing | | | | |
| Name and mailing address (include ZIP Code): | | 3. Any other address where records necessary to verify this report are kept: | | |
| Name | | Name | | |
| Title | | Title | | |
| Organization LRI Consulting Services Inc | | Organization | | |
| P.O. Box, Bldg., Room No., if any | | P.O. Box, Bldg., Room No., if any | | |
| Street 7850 South Elm Place | Suite E | Street | | |
| City Broken Arrow | | City | | |
| State Oklahoma | ZIP Code + 4 74011 | State ZIP Code + 4 | | |
| 4. Date fiscal year ends: | 5. Type of person: | | | |
| Dec / 31 | a. Individual b. Partnership | c. Corporation d. Other (Specify): | | |
| | | | | |
| Nature of Agreement or Arrangemen | t | | | |
| 6. Full name and address of employer with whom made (include ZIP Code): | | 7. Date entered into: 5 / 19 / 2011 | | |
| Name . | | 8. Name of person(s) through whom made: | | |
| Organization Costanzo Bakery Trade Name, if any | | Name Dale Urbaniak | | |
| P.O. Box, Bldg., Room No., if any | | Name | | |
| Street 30 Innsbruck Drive | | Name . | | |
| City Cheektowaga | | Name | | |
| State New York | ZIP Code + 4 14227 | Name | | |
| Signatures | | | | |
| Each of the undersigned declares, und the information contained in any according true, correct, and complete. (See Section | er penalty of periory and other applicable partying documents) has been examined on VII on perialties in the instructions.) | penalties of law, that all of the information submitted in this report (including by the signatory and is, to the best of the undersigned knowledge and belief, | | |
| 13. Signed Shadd - | President (If other title, see instructions) | 14. Signed Treasurer (If other title, see instructions) | | |
| Title President | | Title Treasurer | | |
| On 6/15/2011 91: | 8-455-9995 | On 6/15/2011 918-455-9995 | | |
| Date | Telephone Number | Date Telephone Number | | |

Date

| 9. Check the appropriate box to indicate whether an object of the activities undertaken, is directly or indirectly: | | | | |
|---|---|--|--|--|
| a. To persuade employees to exercise or not to exercise, or persuade employees as to the manner of exercising, the right to organize and bargain collectively through representatives of their own choosing. | | | | |
| b. To supply an employer with information concerning the activities of employees or a labor organization in connection with a labor dispute involving such employer, except information for use solely in conjunction with an administrative or arbitral proceeding or a criminal or civil judicial proceeding. | | | | |
| | | | | |
| 10. Terms and conditions (Explain in detail; see instructions. Written agreements must be attached.): | | | | |
| see attached | | | | |
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| Specific Activities to be Performed | | | | |
| 11. For each activity, separately list in detail the information required (See instruc | ctions): | | | |
| a. Nature of activity: | | | | |
| Engaged to communicate to employees regarding exercising their rights to organize and bargain collectively. | | | | |
| | | | | |
| | | | | |
| | • | | | |
| | | | | |
| 11.b. Period during which performed: | 11.c. Extent performed: Fully Performed | | | |
| various days beginning 5/24/11 | | | | |
| 11.d. Name and address through whom performed: | Additional Name and address through whom performed, if any: | | | |
| Name Salvatore Clemente | Name | | | |
| Organization | Organization | | | |
| P.O. Box, Bldg., Room No., if any | P.O. Box, Bldg., Room No., if any | | | |
| Street 1729 Ryerson Avenue | Street | | | |
| City Scranton | City | | | |
| State Pennsylvania ZIP Code + 4 18509 | State ZIP Code + 4 | | | |
| 12.a. Identify subject groups of employees: | 12.b. Identify subject labor organizations: | | | |
| various employees | pre-petition | | | |
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File Number C- 00525

Filer:

LRI Consulting Services Inc



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Labor Relations Institute, Inc.

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| Acceptance: We accept the proposal above and the intevention(s) selected: Inoculation Meetings | |
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| For LRI Consulting Services, Inc. | |
| Dalas | |

For Costanzo Bakery

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Dale Urbaniak, Director of Operations
Date: _____

Page 2 of 2 | Initial ___

Labor Relations Institute, Inc.

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