

Chapter 9

Thursday, August 24, 2023 11:38 AM

physical controls = protect access to secure areas
redundancy and fault tolerance = remove single
points of failure

backups = make sure data can be recovered

Comparing Physical Security Controls

Perimeter - fences around perimeter
guards + barricades

Buildings - guards, locked doors, lighting,
video (cams)

Secure work areas - restrict access to
certain areas of the building

Server rooms - only certain IT have access
additional controls like locks inside

Hardware - locking cables for individual
systems

safes

Camouflage - hide buildings

industrial camouflage - hide buildings
or parts of buildings
grocery

Securing Door Access with Cards

proximity cards - credit-card sized
cards that activate when close
to card reader

used common for entrance to building

smart cards can also include
prox card electronics

or just enter into smart card
reader

these accept power from reader

can combine w/ PIN to have MFA
have + know

Comparing Locks

A user access system - only opens after

Door access system - only opens on
access control mechanism
physical, elec, bio, cable locks
want to limit # of access points
need to consider fire/emergency

Physical Locks

simple, cheap

Physical cipher locks

4/5 buttons w/ #'s for code

elec/manual

manual requires turn handle
after code

could also require pressing
multiple buttons at once

don't id users

open to shoulder surfing

Biometric locks
one benefit is they offer id and auth
who entered and when
needs low false acceptance

Cable locks
good theft deterrent for mobile pc
secures pc to piece of furniture

4-digit combo

good for pc labs

Increasing security with Personnel

guards can check IDs or other
ACL

deter tailgaiting by monitor prox

card use

reception desk/area works as well

Robot sentries

typically military but less armed
versions for homes

mobile versions for data centers

two-person integrity - requires two
other individuals to perform tasks

NIST only requires for handling
of COMSEC keying material -
comms security; keying = mat
to encrypt/decrypt classified docs

Monitoring Areas with Cameras

areas outside building, entries, exits.
also for high-sec areas like server
room

Closed-circuit TV (CCTV) - transmits
signals from cameras to monitors
- video proof of person's location

most reliable proof of person's location
and activity

smart card can be stolen

compensating control

ex: smart cards take long
time to implement

motion/object detection

Sensors

use to detect changes in env

common uses

- motion detection

auto, light dimmers, and motion
to save on elec costs

alarms

- noise detection

detect when noise exceeds certain
level
- / alarms

level
control lights/alarms

- **temperature**

heating, ventilation, and air
conditioning (HVAC) have

temp/humid sensors

might also be w/ fire detect

- **moisture detection**

detect floods

turn on water pumps

turn off systems

- **proximity reader**

prox cards sensors

- **Cards**

smart card/badge sensors

Fencing, Lighting, and Alarms

... and property

fences = barrier around property

control access via gates

dual gates - provide access to
"caged" area that requires
2nd levels check

lights = deter attackers from entering
need to protect so they won't
turned off

alarms

fire, unauthorized access

Motion detection can be integrated
into all 3

infrared = more advanced than sensor

Securing Access with Barricades

fences not enough

.. circles

fences not enough
barricades to deter vehicles
bollards - short vertical posts made
of concrete/steel
best for preventing vehicles from
ramming

Using Signage

"Auto personnel only"
deterrent

Drones

small flying vehicles
unmanned aerial vehicles UAVs

most have cameras
remote control or onboard PC

good:
can be used as aerial view of area
observe threats



observe
bad: attackers can do

Asset Management
tracking valuable assets throughout
their life cycles

ex: track hardware

asset management reduces

Architecture and design weakness

purchases go through approval

unapproved assets weaken

security through unmanaged
resources

System sprawl and undocumented

assets

asset management helps prevent
unneeded systems

many orgs use auto methods for

many orgs use an
in control

RFID can track devices

helps detect Shadow IT

Implementing Diversity

defense in depth - implement several layers of protection

diversity - using diff vendors, tech, and controls

. Vendor - implement controls from diff vendors

ex: two firewalls, one from each vendor

. technology - use diff tech to protect env

ex: use bio, CCTV, and limit access points to server room

- **control** - use different control types

Creating Secure Areas

physical security measures

Air Gap

pc or net is physically isolated from another

ensure they are never connected

Vaults

room or large compartment to store valuables

DoD uses **sensitive compartmentalized info facilities SCIF** - rooms in building to process classified info

Faraday Cage

a room that prevents **radio frequency RF** from entering or

frequency RF form -
leaving

lightning protection

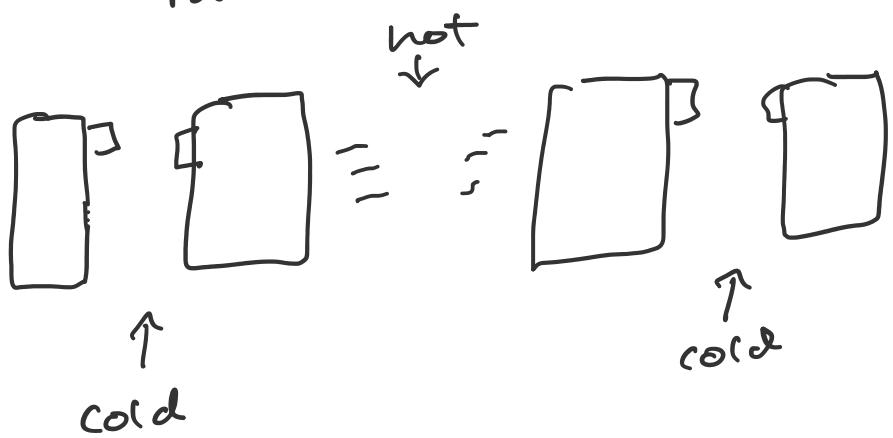
Safes

prevent theft of smaller devices

Hot and Cold Aisles

help regulate cooling in data centers

back of all cabinets in a row
faces the back of all in adjacent
row



cool air pumped in w/ perforated
floor tiles

animal attacks

Physical Attacks

- can use smaller devices to seem normal
- . install malware
- . steal credit card

Malicious Universal Serial Bus Cable

malicious USB cable - has embedded wifi controller capable of receiving commands from nearby wireless devices

pc detects as human interface device HID, so like a keyboard

attacker can issue pc commands w/out logging in

pc tester use **USB Ninja cable** - delivers malware when wireless signal delivers it

Malicious Flash Drive

Malicious Flash Drive

includes malware set to infect PC when plugged in

Card Skimming and Card Cloning

card skimming - capture credit card data at point of sale

ex: on ATMs/gas

card cloning - making copy of credit card using data captured
much harder to do with chip

Fire Suppression

fire extinguishers and fixed systems

- remove the heat

water/chemicals

- remove oxygen

gas like CO₂: electrical fires

- remove the fuel

- ... in reaction

- remove the
- disrupt chain reaction
w/ cables

Protected Cable Distribution

where and how you route cables

Attackers can cut cables, attach
RJ-45 connector to each end,
and connect back with an adapter
can use to capture all net traffic

can run cables through cable troughs
or wiring ducts

large metal containers or
false ceilings

need to keep away from
electromagnetic interference EMI
sources

Adding Redundancy and Fault Tolerance
and replication to . . .

Adding Resiliency

redundancy adds duplication to critical system components and provides fault tolerance

Redundancies

- Disk redundancies w/ RAID
- NIC redundancy w/ NIC teaming
- Server w/ load balancers
- . Power w/ generators ; UPS
- . Site w/ hot, cold, warm

Single Point of Failure

component that can cause entire system to fail

Disk

if system uses single disk, it will crash

RAID provides fault tolerance for hard drives

hard drives

Server

failure will halt service

load balancing

Power

UPS and gens

Personnel

only 2 person can perform tasks

business continuity plans help
mitigate

Disk Redundancies

any system has

- processor
- memory
- disk
- Network interface

... contact and most susceptible

Disk is slowest and most susceptible
even if disk fails, RAID can tolerate
failure

RAID-0

Striping

does not provide any fault tolerance
or redundancy

2 or more physical disks treat
files are spread across

faster read/write because data
can be read from all drives at
same time

RAID-1

Mirroring

uses 2 disks
data written to 1 is written
in other

data " to other
you can add another disk controller
so each disk has one
disk deplexing

RAID-2,3,4 are rarely used

RAID-5 and RAID-6

RAID-5 = 3 or more disks striped
together

equivalent of 1 disk has parity
info that is striped across
all, providing fault tolerance

if 1 disk fails, disk subsystem
can read remaining drive's
info to recreate original
data

if 2 drives fail data is lost

if 2 drives fail don't

RAID-6

extension of RAID's

uses additional parity block and disk

will continue if 2 disk fail

min of 4 disks needed

RAID-10

combines mirroring (RAID-1)
and striping (0)

$$1 + 0 = 10$$

Variation = RAID-01

RAID-10 min drives = 4

- drive more you add

When adding more you add
doublers

2, 4, 8 ..

RAID-0

$$3 \text{ } 500 \text{ GB} = 1,500 \text{ GB}$$

RAID-1

$$2 \text{ } 500 \text{ GB} = 500 \text{ GB}$$

RAID-10

$$4 \text{ } 500 \text{ GB} = 2 \text{ TB}$$

Disk Multipath

multipath I/O - uses separate
data transfer path to and
from storage hardware

1 can fail but if better
· L1C better performance

I can fail in
are up it's better performance

Not simple

Storage Area Network SAN to

implement

expensive + complex

Server Redundancy and High Availability

high availability - system or service
that needs to remain operational
with almost 0 downtime

five nines = 99.999%

<6 minutes of downtime a
year

high capacity load balancers ensure
service is always available

In-line/active Load balancers

... are data

active/active load balancer
optimise and distribute data
loads across multiple PC
or net

ex: high traffic site can use
multiple servers hosting same
site in a web farm

hardware or software
hardware-based - uses factors
like processor utilization
and # of connections
to balance
software-based - uses software
running on each to balance

load balances can use round robin
or detect which server has
... or fix scheduling

or at least for **scheduling**

can also do **source address affinity** - session persistence

directs user's IP for entire session to certain server

software-based has 1 IP that all requests get sent to then distributes to private server IP

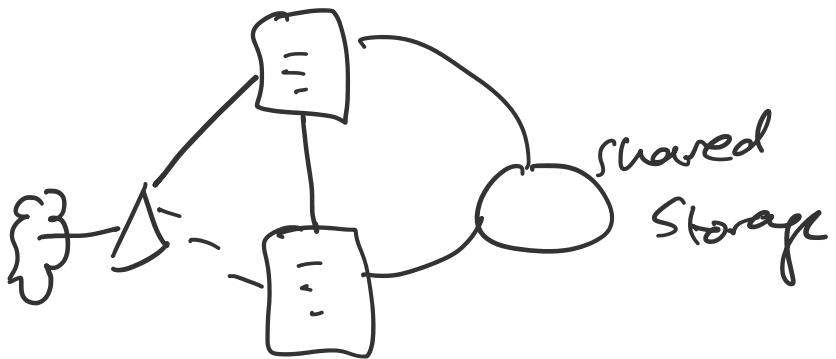
virtual IP

load balancers detect when a server fails

Active/Passive Load Balancers

one server is active, other is not

if one fails, other starts



NIC Teaming

group 2 or more physical net adaptors
into single software-based net adapter
uses load-balancing

any failures are removed from team

Power Redundancies

Uninterruptable power supplies UPS

short-term power and protect
against power fluctuations

Dual Supply

redundant power supply

second power if first fails

... don't turning off

~~xxxx~~
hot-swap = change w/out turning off

Generators

long term power for outages

Managed power distribution units PDU

common for server racks

distribute power like power strip

provides monitoring for admins

Protecting Data with Backups

copies of data

lost corrective control to ransomware

redundancy ≠ backup

ex: RAID-1 or RAID-10

if server is destroyed then
all data lost

Backup Media

tape - most common media for backups
stores more data \Rightarrow cheap

disk

much quicker than tape
more expensive

servers / USB

Network-attached storage NAS
dedicated pc for file storage
accessible on net
mult drives + Linux
access/copy files

Storage area network SAN

block-level data storage via
a full-net

... for high-speed access to

use for high-speed access to
disk/tape

real-time replication of data

SAN requires dedicated hardware
with diff protocols

NAS uses standard TCP/IP

Cloud

Online versus Offline Backups

offline

- tapes
- disks
- drives in NAS
- backup targets in SAN

+ easy/fast access

+ more control

- can fail/destroy/stolen

Online = Cloud

- + access via internet
- + even if destroyed, always available
- + auto-encrypt

hot-backup - backs up when operational

Cloud - "online"

cold-backup - backs up when offline

"offline" or local

Comparing Backup Types

- . full backup
- . differential backup - backup all data that has changed since

- difference - data that has changed since last full backup
- incremental backup - backup all since last full or incremental
- Snapshot and image backup - captures data at a point in time

Full Backups

back up all data

rare to do daily

• time

can take several hours

• money

doing full backup requires more media

incremental / differential start w/
full backup

full backup

Restoring a Full Backup

easiest and quickest to restore

only need to restore since full backup

Differential Backups

backup changes since last full

ex:
full/differential

full on Sunday

diff on each day till Sunday

S M T W Th F S




diff grows in size each day

Order of Restoration for a Full/Differential Backup Set

Ex: store each backup on diff
tapes

if sys crashes, which to restore?

- full backup
- latest diff

Incremental Backups

backup data either since last full
or incremental

Ex:

full/incremental

full on Sunday

..... at days on each

FULL -

Backup to last day on each
day

S M T W Th F S
~ ~ ~ ~ ~ ~ ~

backups stay about same
size

Order of Restoration for a Full/incremental
Backup set

full and each incremental needs
to be restored in order

full = fastest recovery time w/ money

full/incremental = reduce time to backup

full/differential = reduce time to restore

Choosing Full/Incremental or
.../

Choosing Full / Incremental
Full / Differential

min time required to backup during work = incremental

min recovery time = diff

Snapshot and Image Backups
commonly used with JMS

copy Backup

copies files to backup media

important to know that malware
will try to infect all drives

connected to PC

local, USB, NAS

Testing Backups

validate that backups are actually
restored with test restore -
... in

var -
working with **test restore**
restoring data from backup
and verify

also help w/ getting used to
procedure for real crisis

restore data to diff location
than original source

Backups and Geographical Considerations

backup policy - what to backup,
how often, how to test, how
long to retain

geographical considerations

- **off-site storage**
at least 1 copy stored off-site
for natural disaster

- **Distance**
decide if close or far away
- **Location selection**
depends on environmental issues
- **Legal implications**
Backups w/ PII / PHI
need to be protected
- **Data sovereignty**
data subject to country's
laws

Comparing Business Continuity Elements

helps predict/plan for outages
of critical functions

business continuity plan BCP

- environmental

- person-made
- internal vs external

Business Impact Analysis Concepts

BIA

part of BCP

id critical sys and components
essential to org success

mission-essential functions - must
continue shortly after disaster

id vulnerable business processes
that support mission essential

BIA Questions

- What are critical functions
- Are there dependencies for critical systems

- What is max downtime
... are most

- What is man...
- What scenarios are most likely to impact
- What is the potential loss from these scenarios

Site Risk Assessment

focused assessment of specific location/site

nat disasters, protecting certain sys,

...

Impact

- loss of life
- loss of prop
- min risk to personnel
- reduce safety for personnel/prop
- What are financial losses

- What are
- rep losses

Recovery Time Objective

RTO - max amount of time to restore system

BIT establish for mission essential

Recovery Point Objective

RPO - point in time where data loss is acceptable

Ex: server w/ archived data
that has changes once a week

want to restore at least
last week's data

$RPO = 1 \text{ week}$
+ data

For highly important data
any loss may be unacceptable

amount of data you can
afford to lose

Comparing MTBF and MTTR

mean time between failures **MTBF**

higher = more reliable

mean time to repair **MTTR**

often specified in contracts

Continuing Operations Planning

COOP - restoring mission-essential
functions at a recovery site
after outage
... office

after any

ex: Hurricane at main office
continued at alt site

failover - move mission essentials
to alt site

Site Resiliency

recovery site - alt processing
site used for site res

hot, cold, warm

mobile and mirrored

Hot Site

operational 24/7

quick takeover

... software, comms

all equipment, software, comms
and up to date data

common to be another active
business location

not always instant take over

most effective and expensive

Cold site

really only needs electricity

org brings equip, software, ...
when activated

easiest to maintain, hardest to
test

Warm Site

but

Warm Site

ex: keep all hardware ... but
not use up to date data

Site Variations

mobile - self-contained transport unit

ex: trailer

only needs power

mirrored - identical to main site
and running 100%
realtime transfers to send
mods from main site

always op and operational

Restoration Order

primary site first

return least critical functions

first because critical are operational

first because
or alt

Disaster Recovery

DRP - how to recover crit sys
and data after disaster
use BIA to identify crit sys

can have mult DRP in BCP
ex: 1 for each crit sys

Needs to prio sys to recover

Different phases of DRP

- **Activate the DRP**
- **Implement contingencies**
 - implement alt site
 - retrieve off-site backups
- **Mover Critical Systems**
 - ... list

- Recover Critical Systems
recover using prio list
- test recovered systems
use baselines
- after action report

Testing Plans with exercises

- validate plan works
- test redundancies/backups

tabletop exercise

desktop exercise

discussion-based

coordinator leads group and leads through hypothetical scenario

walk throughs

workshops/seminars to train
on their responsibilities

Work on their own

Simulations

functional plans to test plans
in simulated environment

Assessment Notes

1. CCTV can be installed as compensating control
2. Cable locks good to stop theft
3. Air gap is best to make sure net is not accessible to others
4. Secure access to data center
 - . Biometrics
 - . Access control system
 - . CCTV
5. Raid-6 = 2 Drive Failure

5. Raid-6 = 2 Drive Failure

$$0 = 0$$

$$1 = 1$$

$$5 = 1$$

6. Disk Multipath = fault tolerance
that gives more than 1 path
for system to data storage system
redundancy for data servers

7. NIC teaming for extra bandwidth

SAN helps w/ disk performance

8. Persistence = maintain
connection of IP through
session

9. Active/passive = resilience
- backoff to

V. ACTIVITIES

10. full/diff = 2 backups to restore
11. full backups = ransomware resil
12. Mission-essential functions - processes that cause \$ loss if fail
critical systems support mission-essential
13. BIA = doc past financial losses
14. RTO = max downtime
15. Tabletop exercises = meet w/ team and practical discussion

② / Learn area of
Scenario through discussion