

## Saving Lives in Texas: Texas Targeted Opioid Response Resources

One in four Texans has experienced an opioid overdose (also referred to as a poisoning) or knows someone who has, according to surveys funded by the Texas Health and Human Services Commission (HHSC) in 2020 and 2021. That's why learning how to stay safe from opioid misuse and overdose is critical — for you or someone you care about.

### VISIT [TXOPIOIDRESPONSE.ORG](https://txopioidresponse.org) TO LEARN MORE ABOUT HOW TO:

- **Prevent opioid misuse and overdose.** Learn about the dangers of opioids, including the signs of misuse and how to stay safe.
- **Protect yourself and your loved ones from fentanyl.** Accidental overdoses from fentanyl, a type of opioid, are life-threatening but preventable. Discover ways to keep yourself and others safe from a fentanyl overdose — including how to use lifesaving naloxone.
- **Talk to someone you're worried about.** If you are concerned that a friend, partner or family member may be at risk of an opioid overdose, it's time to speak up. Find videos and discussion guides to help you navigate a challenging but lifesaving conversation.

### TREATMENT AND RECOVERY RESOURCES

Getting the medical care that's necessary to treat opioid use disorder (OUD) is critical. In Texas, there are many places to start.

- **Substance use program centers in Texas.** Find treatment for a substance use disorder near you through the Texas HHSC directory map. Find mental health, substance use, youth and outpatient programs by visiting [texashhs.org/substanceuseservicelocations](https://texashhs.org/substanceuseservicelocations).
- **Outreach, Screening, Assessment and Referral information and locations.** This is a starting point for people interested in substance use services to begin their path to treatment and recovery. Visit [texashhs.org/findtxsubstanceuseservices](https://texashhs.org/findtxsubstanceuseservices).
- **SAMHSA substance use treatment locator.** Find treatment that works from state-licensed providers who specialize in treating substance use disorders, addiction and mental illness. Visit [findtreatment.gov](https://findtreatment.gov).
- **SAMHSA opioid treatment program directory.** Find treatment for opioid use disorder from providers who specialize in medications for opioid use disorder. Visit [dpt2.samhsa.gov/treatment](https://dpt2.samhsa.gov/treatment).

### TOGETHER, TEXANS ARE FIGHTING THE OPIOID CRISIS

If you or someone you love is struggling with opioids, treatment is available and recovery is possible. For immediate help, visit: [TxOpioidResponse.org/resources](https://TxOpioidResponse.org/resources)



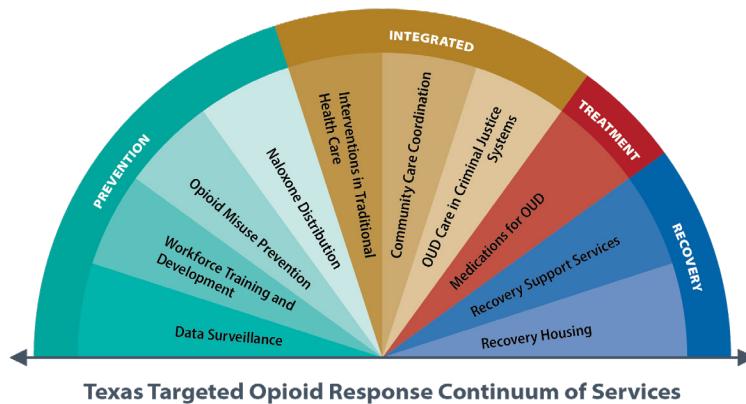
## Saving Lives in Texas: About Texas Targeted Opioid Response

The HHSC Texas Targeted Opioid Response (TTOR) public health initiative started in 2017 with the goal to save lives and provide lifelong support to Texans with an OUD. This program serves the entire state with a particular focus on three groups at increased risk for OUD, harmful stimulant use and resulting consequences:

- People using multiple substances.
- People living in rural or remote areas.
- People with historically low access to services



### TTOR EMPLOYS FOUR BROAD STRATEGIES SPANNING THE BEHAVIORAL HEALTH CONTINUUM OF CARE



**Prevention programs** connect communities to resources throughout Texas. They also raise awareness about prescription opioid misuse, distribute the lifesaving overdose reversal drug naloxone and stop substance use disorder before it starts.

**Integrated services** offer prevention, treatment and recovery strategies in community, clinical and criminal justice settings to improve care for people struggling with substance or opioid misuse.

**Treatment services** allow physicians, clinics and organizations across Texas to offer evidence-based treatment and support to people struggling with opioid and substance use disorder.

**Recovery services** increase the availability and effectiveness of support services for people who are in recovery or are seeking recovery by expanding access to housing, employment and peer support services that benefit people in the community, jails and prisons.



To learn more about TTOR programs, visit [TxOpioidResponse.org/texas-takes-action](http://TxOpioidResponse.org/texas-takes-action) or scan the QR code.