

WHAT WILL
INTEGRITY
BE IN ACTION?

WHAT WILL
PARTICIPATION
BE IN ACTION?

COURAGE
TO LISTEN

LOVING LISTENING

[DOUBLE SIDED]

A COMMITMENT TO GIVING
PARTICIPANTS THE SPACE/TIME TO
EXPRESS THEIR FEELINGS.

A COMMITMENT TO LISTEN
TO PARTICIPANTS FEARS, CHALLENGES
AND FEELINGS AND BE SUPPORTIVE AND
NON-JUDGEMENTAL.

[DOUBLE SIDED]



WHAT WILL
EMPATHY
BE IN ACTION?

SPOTTING
CONCERNS

TAILORING OUR
APPROACH



WHAT WILL
SELF-CARE
BE IN ACTION?

[DOUBLE SIDED]

A COMMITMENT TO TRY TO
EMPATHISE AND TRY TO SEE ANOTHER
PERSON'S EXPERIENCE FROM THAT
PERSON'S PERSPECTIVE.

A COMMITMENT TO LOOKING
AFTER OURSELVES AS RESEARCHERS -
MAINTAINING A HEALTHINESS IN ORDER
TO BE ABLE TO CONDUCT THE WORK.

[DOUBLE SIDED]

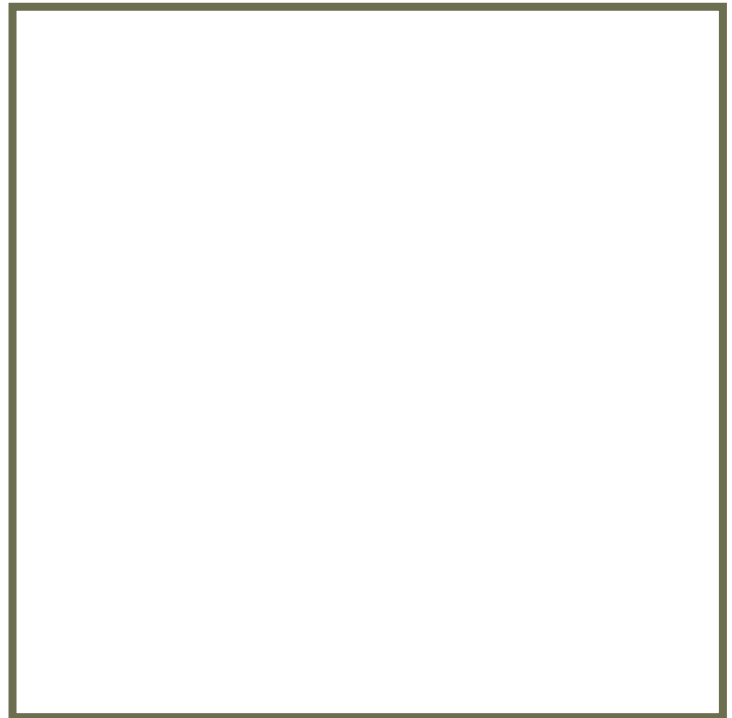
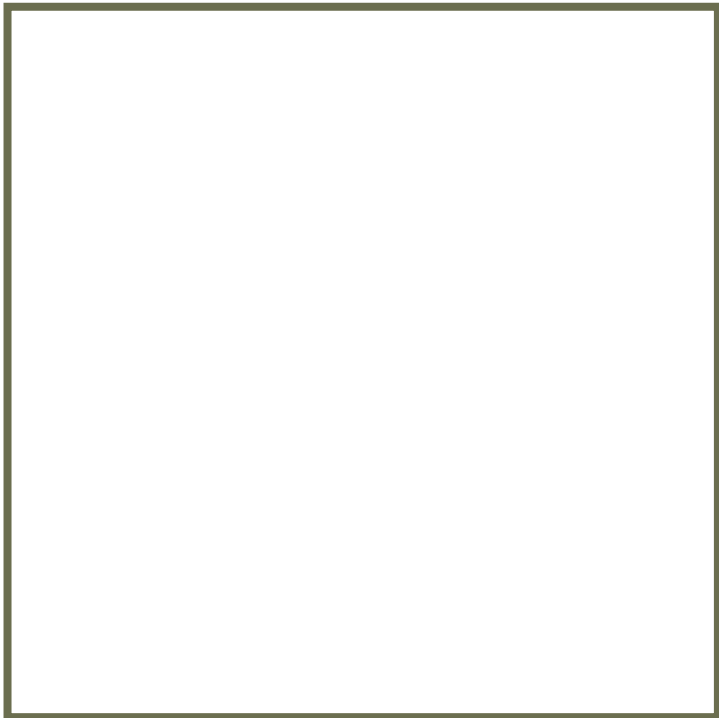
ESTABLISHING
BOUNDARIES

BESPOKE
STRUCTURING

[DOUBLE SIDED]

A COMMITMENT TO DEVELOP
INDIVIDUALISED STRUCTURE AND
APPROACH TO CONDUCT RESEARCH
IN EFFECTIVE AND COMFORTABLE
WAY FOR THE PARTICIPANTS.

A COMMITMENT TO A TWO
WAY RELATIONSHIP WITHIN BESPOKE
BOUNDARIES. ESTABLISHING BOUNDARIES
WHEN SHARING AN EXPERIENCE
WITH PARTICIPANTS.



[DOUBLE SIDED]