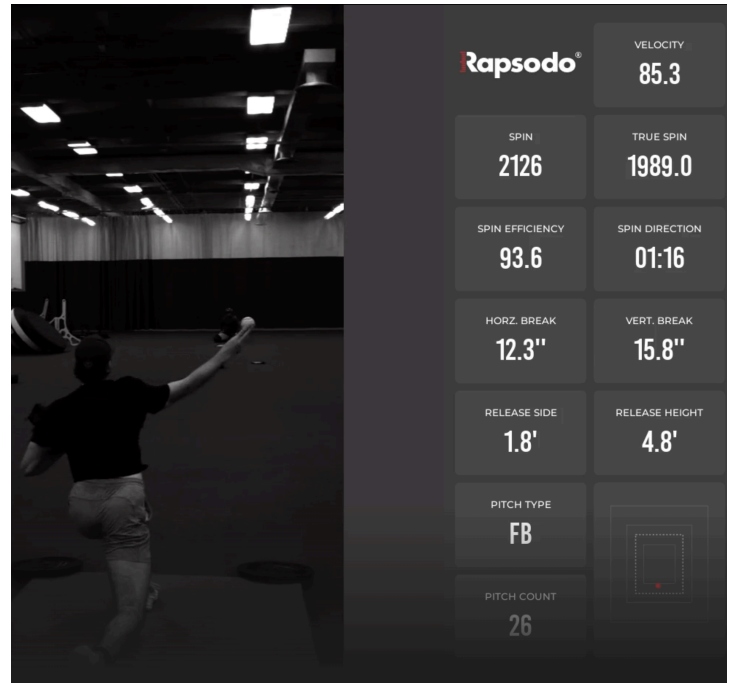
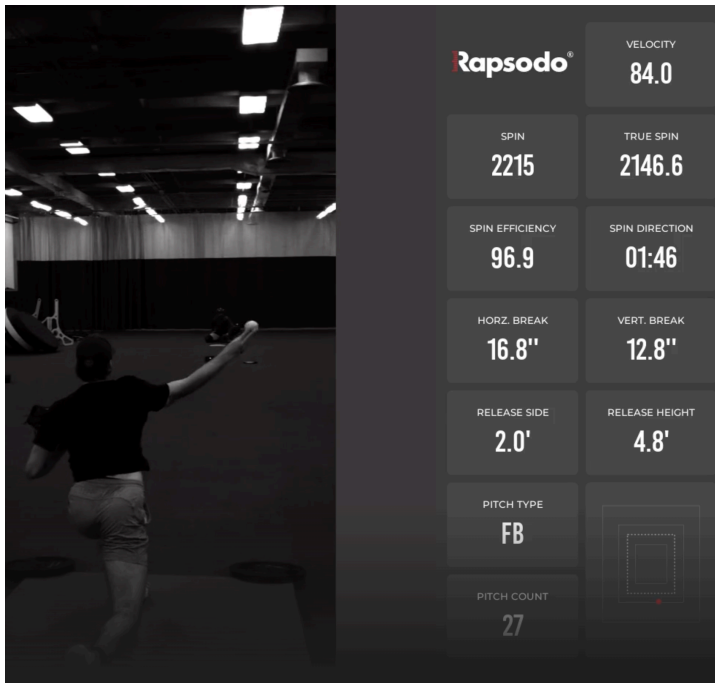


2-Seam Fastball:



When comparing this to the 4-seam, the 2-seam has a tiny velocity disadvantage but when thrown properly could contrast it extremely well. The left picture is a properly thrown one, and on the right is a 2-seam that has the shape of a 4-seam but simply has less velocity and RPMs. Look very closely to notice the difference between the two. On the left, he has his fingers perfectly behind the ball at release, on the right (easier to see watching the video) his hand is in the slightest supinated position at release and it causes his fingers face left the tiniest bit while releasing the pitch. This kills all the desired armside run and turns the 2-seam into a less effective version of the 4-seam. So as long as that is avoided, this pitch is great. Though I would still say the 4-seam should be the default especially when considering the changeup's shape.

- Changeup, slider, curveball all nasty pitches don't have anything to say about them