

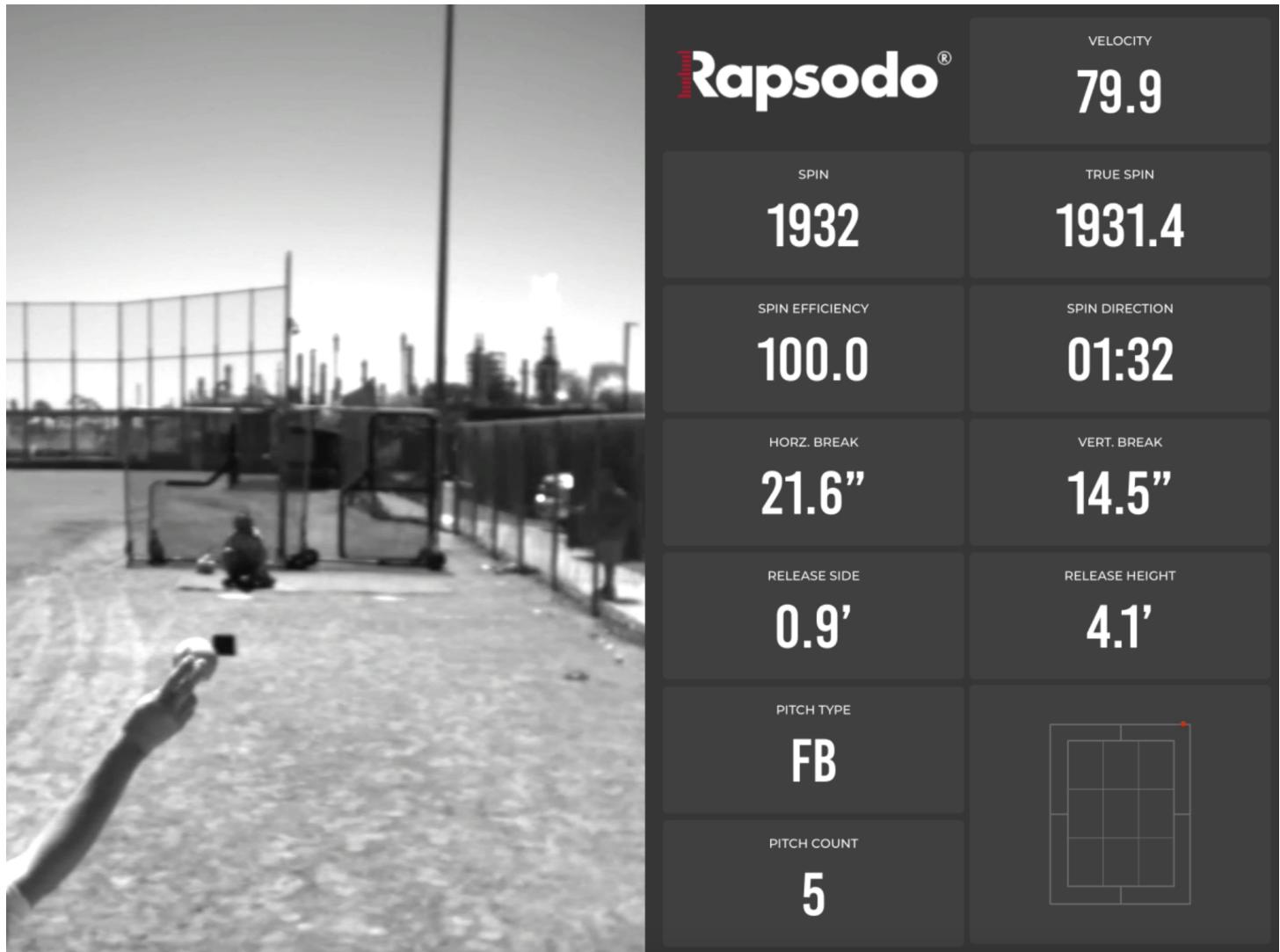
Fastball:

Observations:

- When thinking about the numbers in proportions, his fastball numbers are quite good
- Meaning: usually 1900 is not elite spin but for sub 80 mph it is strong spin rate
- Horizontal and vertical break are both adequate, and once again, for how slow his fastball is, they are actually quite good
- This pitch is replicable and seems to be under good control as well, the insight video demonstrates a consistent throwing motion and does not depict any flaws

What this means:

- I really do not see anything through insight or the Rapsodo metrics that could prompt me to suggest adjustments or mechanical changes
- However, for success he needs to be throwing the ball harder, which is quite obvious
- This is the biggest suggestion when discussing his offspeed too which are also good, but do not vary enough from his fastball because it is just too slow
- Only strength work, throwing programs, and such can accomplish this goal



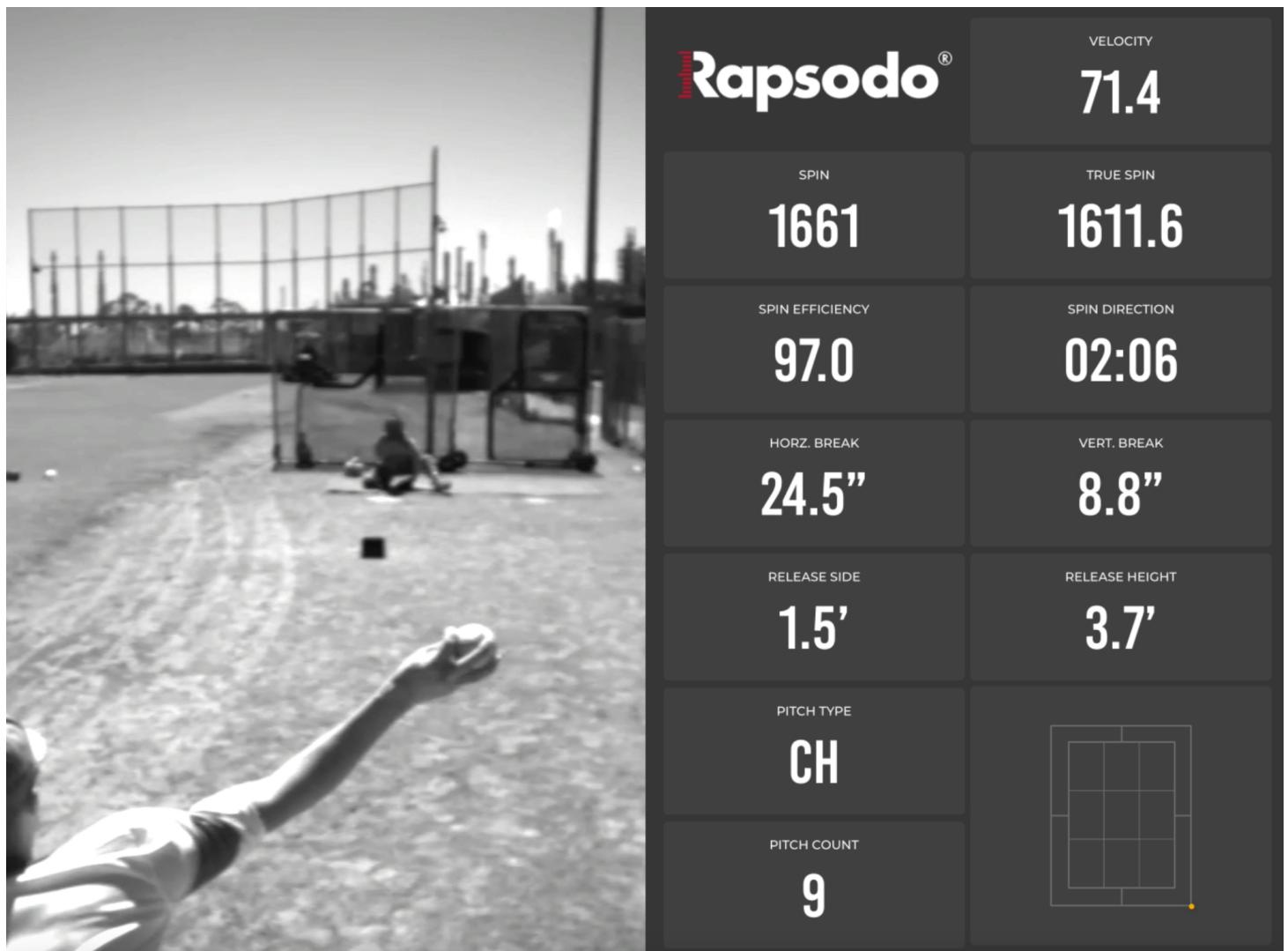
Changeup:

Observations:

- Omar only threw a few changeups and the one below was the best one by far
- The main and essentially only flaw I see is the fact that this one is so much better than the others that he threw in the same bullpen
- Other than that, this specific changeup accomplishes everything it should, more horizontal and less vertical break than his fastball by a large margin
- Velocity difference is also almost 10 mph on average which is good
- Spin efficiency is high, but that is fine and beneficial in this case because his break profile is still great and it will look more like a fastball until late when it breaks off
- Pronation looks very good and spin axis is also solid

What that means:

- In my opinion, when considering arsenal and pitch design, this changeup is a lot more developed and more polished than the other two pitchers' changeups
- Insight shows a high level of execution in terms of ability to grip and throw the pitch
- Though, at 70 mph this pitch can still be tee'd off on and in combination with an 80 mph fastball, hitters will be able to sit on it
- Overall, velocity just needs to be up and more consistent numbers should be strived for



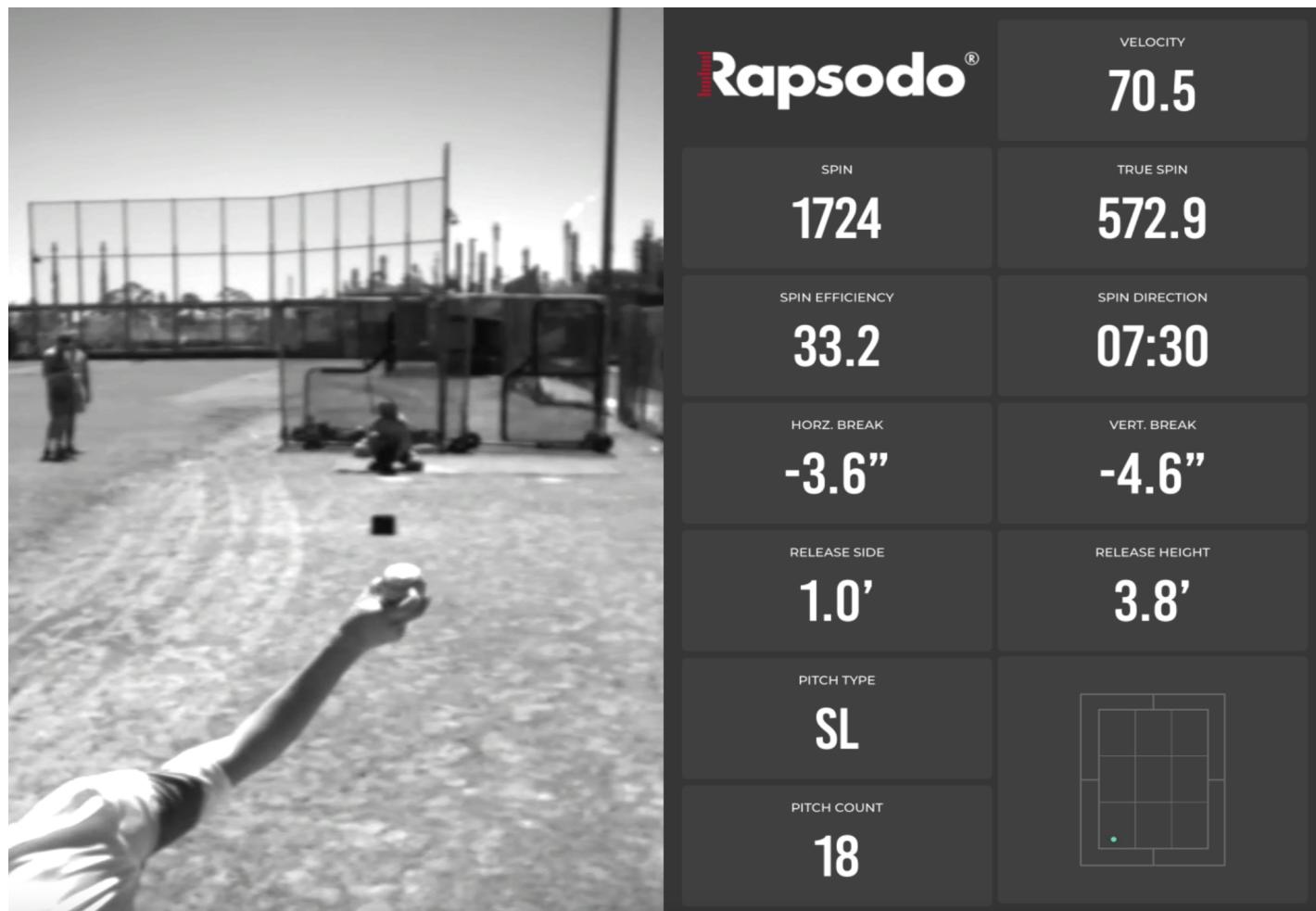
Slider:

Observations:

- Once again, numbers wise this pitch is looking very solid
- Horizontal and vertical break are both more than adequate
- Spin direction is good, I like the spike grip
- The only lacking thin is spin rate and overall rpms whether that is true spin or gyro

What that means:

- In my honest opinion, this pitcher is the most polished of the three but obviously lacks the most natural talent
- I think there is not a great deal that can be done to improve his arsenal in terms of small intricacies
- Therefore, creating a more live arm is the best and most productive thing that can be done
- From what I've been told he also locates well so not much else can be done to improve
- Arm strength, arm speed, finger and grip strength are the things that can improve velocity and they can also contribute to a faster spinning ball
 - Both of these things would benefit his entire arsenal
 - His pitches would be able to tunnel off each other more effectively and be more extreme in terms of movement
 - Right now, nothing snaps enough to create separation and fool hitters



19	77.0	1,946	1,845	94.8	02:00	20.8	10.1	Y	3.8	1.1	1.5	-2.9	18.6	FB ✓	█	█
18	70.5	1,724	573	33.2	07:30	-3.6	-4.6	Y	3.8	1.0	3.2	-1.5	70.6	SL ✓	█	█
17	71.3	1,839	514	27.9	08:24	-5.8	-1.7	Y	3.8	1.0	4.4	-0.7	73.8	SL ✓	█	█
○	71.7	1,823	362	19.9	06:20	-2.3	-4.1	N	4.0	0.9	4.4	-1.3	78.5	SL ✓	█	█
15	70.6	1,826	420	23.0	06:08	-3.2	-4.8	Y	3.9	0.9	2.9	-1.2	76.7	SL ✓	█	█
14	76.6	1,959	1,854	94.7	01:56	26.0	10.3	N	3.9	1.2	1.3	-4.8	18.8	FB ✓	█	█
13	76.4	1,937	1,699	87.7	01:50	23.0	10.4	Y	3.8	1.2	2.3	-2.6	28.7	FB ✓	█	█
12	-	-	-	-	-	-	-	-	-	-	-	0.0	-	FB ✓	█	█
11	71.0	1,591	1,392	87.5	01:50	16.6	9.6	Y	3.9	1.4	3.0	-2.6	29.0	CH ✓	█	█
10	69.4	1,738	1,700	97.8	01:56	17.2	10.5	N	3.8	1.6	5.1	-1.2	12.0	CH ✓	█	█
○	71.0	1,591	1,392	87.5	01:50	16.6	9.6	Y	3.9	1.4	3.0	-2.6	29.0	CH ✓	█	█
10	69.4	1,738	1,700	97.8	01:56	17.2	10.5	N	3.8	1.6	5.1	-1.2	12.0	CH ✓	█	█
9	71.4	1,661	1,612	97.0	02:06	24.5	8.8	N	3.7	1.5	0.6	-2.1	14.1	CH ✓	█	█
8	76.4	1,926	1,848	95.9	01:54	24.1	11.1	Y	4.0	1.1	2.0	-3.3	16.4	FB ✓	█	█
7	78.8	1,917	1,917	100.0	01:32	21.0	14.5	N	4.3	0.6	1.6	-1.3	0.4	FB ✓	█	█
6	79.0	1,947	1,908	98.0	01:30	18.7	14.7	Y	4.4	0.8	-0.5	-2.4	-11.5	FB ✓	█	█
5	79.9	1,932	1,931	100.0	01:32	21.6	14.5	N	4.1	0.9	2.3	-1.9	1.3	FB ✓	█	█
4	79.6	1,971	1,945	98.7	01:24	18.4	15.5	N	4.2	0.7	2.4	-2.5	-9.2	FB ✓	█	█
3	81.1	2,015	2,014	100.0	01:32	19.5	14.4	Y	4.2	0.8	0.1	-3.3	1.5	FB ✓	█	█
2	79.6	1,982	1,949	98.3	01:30	19.6	14.8	Y	4.3	0.8	-0.5	-3.4	-10.5	FB ✓	█	█
1	81.3	1,998	1,981	99.1	01:28	21.6	14.9	Y	4.2	0.6	0.2	-3.4	-7.5	FB ✓	█	█