



## ATAR Pathway

Year 11 Post Unit ☐

Career Goal

QCE				
<i>Points accumulated so far?</i>				
QCE Requirements				
<ul style="list-style-type: none"> <li>✓ Total of 20 points</li> <li>✓ 12 of the 20 points must be from completed courses (4 units of a general or applied subject or a certificate IV or lower qualification)</li> <li>✓ 1 Satisfactory Unit of both English and Mathematics</li> </ul>				
Numeracy Achieved?				
<table border="1"> <tr> <td>Yes</td> <td> </td> <td>No</td> <td> </td> </tr> </table>	Yes		No	
Yes		No		
Literacy Achieved?				
<table border="1"> <tr> <td>Yes</td> <td> </td> <td>No</td> <td> </td> </tr> </table>	Yes		No	
Yes		No		

VET Qualifications			
Qualification being completed			
Completed Competencies		Competencies To Go	
Subject 1			
Result		Goal	
Subject 2			
Result		Goal	
Subject 3			
Result		Goal	
Subject 4			
Result		Goal	
Subject 5			
Result		Goal	
Subject 6			
Result		Goal	

Action Plan
Lifting & Stretching
What strategies will you implement to improve your academic outcomes?
Wellbeing Actions
What strategies will you implement to improve your wellbeing? (Diet, Exercise, Sleep, Recreation, Work)

Possible Strategies
<ul style="list-style-type: none"> <li>✓ <b>Seek Feedback from Teachers:</b> Regularly ask for feedback to understand your strengths and areas for improvement.</li> <li>✓ <b>Improve Time Management:</b> Use tools like calendars and to-do lists to manage your time effectively.</li> <li>✓ <b>Make a Study/Action Plan:</b> Outline your goals and the steps needed to achieve them.</li> <li>✓ <b>Catch-Up or Work Ahead on VET Competencies:</b> Stay on top of your coursework and try to get ahead when possible.</li> <li>✓ <b>Set Realistic Goals:</b> Break down your tasks into manageable chunks.</li> <li>✓ <b>Stay Organized:</b> Keep your study materials and notes well-organised.</li> <li>✓ <b>Use Study Groups:</b> Collaborate with peers to enhance learning and stay motivated.</li> <li>✓ <b>Take Regular Breaks:</b> Avoid burnout by taking short breaks during study sessions.</li> <li>✓ <b>Prioritize Tasks:</b> Focus on the most important tasks first.</li> <li>✓ <b>Stay Healthy:</b> Maintain a balanced diet, exercise regularly, and get enough sleep.</li> <li>✓ <b>Use Online Resources:</b> Utilise online tutorials, forums, and educational websites.</li> <li>✓ <b>Practice Self-Care:</b> Engage in activities that help you relax and recharge.</li> <li>✓ <b>Stay Positive:</b> Maintain a positive attitude and believe in your ability to succeed.</li> <li>✓ <b>Ask for Help:</b> Don't hesitate to seek help from teachers, friends, or family when needed.</li> <li>✓ <b>Reflect on Progress:</b> Regularly review your progress and adjust your plans as necessary.</li> <li>✓ <b>Stay Motivated:</b> Keep reminding yourself of your goals and why they are important to you.</li> <li>✓ <b>Limit Distractions:</b> Create a study environment free from distractions.</li> <li>✓ <b>Use Technology Wisely:</b> Leverage apps and tools that can aid your learning.</li> <li>✓ <b>Balance Study and Leisure:</b> Ensure you have time for hobbies and relaxation.</li> <li>✓ <b>Stay Connected:</b> Maintain social connections to support your emotional wellbeing.</li> </ul>
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