



ATAR Pathway

Year 11 Post Unit ☐

Career Goal

QCE				
<i>Points accumulated so far?</i>				
QCE Requirements				
<ul style="list-style-type: none"> ✓ Total of 20 points ✓ 12 of the 20 points must be from completed courses (4 units of a general or applied subject or a certificate IV or lower qualification) ✓ 1 Satisfactory Unit of both English and Mathematics 				
Numeracy Achieved?				
<table border="1"> <tr> <td>Yes</td> <td> </td> <td>No</td> <td> </td> </tr> </table>	Yes		No	
Yes		No		
Literacy Achieved?				
<table border="1"> <tr> <td>Yes</td> <td> </td> <td>No</td> <td> </td> </tr> </table>	Yes		No	
Yes		No		

VET Qualifications			
Qualification being completed			
Completed Competencies		Competencies To Go	
Subject 1			
Result		Goal	
Subject 2			
Result		Goal	
Subject 3			
Result		Goal	
Subject 4			
Result		Goal	
Subject 5			
Result		Goal	
Subject 6			
Result		Goal	

Action Plan
Lifting & Stretching
What strategies will you implement to improve your academic outcomes?
Wellbeing Actions
What strategies will you implement to improve your wellbeing? (Diet, Exercise, Sleep, Recreation, Work)

Possible Strategies
<ul style="list-style-type: none"> ✓ Seek Feedback from Teachers: Regularly ask for feedback to understand your strengths and areas for improvement. ✓ Improve Time Management: Use tools like calendars and to-do lists to manage your time effectively. ✓ Make a Study/Action Plan: Outline your goals and the steps needed to achieve them. ✓ Catch-Up or Work Ahead on VET Competencies: Stay on top of your coursework and try to get ahead when possible. ✓ Set Realistic Goals: Break down your tasks into manageable chunks. ✓ Stay Organized: Keep your study materials and notes well-organised. ✓ Use Study Groups: Collaborate with peers to enhance learning and stay motivated. ✓ Take Regular Breaks: Avoid burnout by taking short breaks during study sessions. ✓ Prioritize Tasks: Focus on the most important tasks first. ✓ Stay Healthy: Maintain a balanced diet, exercise regularly, and get enough sleep. ✓ Use Online Resources: Utilise online tutorials, forums, and educational websites. ✓ Practice Self-Care: Engage in activities that help you relax and recharge. ✓ Stay Positive: Maintain a positive attitude and believe in your ability to succeed. ✓ Ask for Help: Don't hesitate to seek help from teachers, friends, or family when needed. ✓ Reflect on Progress: Regularly review your progress and adjust your plans as necessary. ✓ Stay Motivated: Keep reminding yourself of your goals and why they are important to you. ✓ Limit Distractions: Create a study environment free from distractions. ✓ Use Technology Wisely: Leverage apps and tools that can aid your learning. ✓ Balance Study and Leisure: Ensure you have time for hobbies and relaxation. ✓ Stay Connected: Maintain social connections to support your emotional wellbeing.
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