



SPA MENU

Start relaxed in your day or let your busy day come to an end with our soothing massages. We invite you to relax with our wide range of massage treatments.



acasa
SUITES ZÜRICH

Opening hours for treatments: 10am - 10pm
Personal Training on request / Price 180CHF per hour / All prices include VAT.
All treatments include 5 min for changes
Free cancellations up to 24h before appointment.

À la Carte Treatments

60 min / 180 CHF

90 min / 255 CHF

- Classic Massage
- Deep Tissue Massage
- Sport Massage
- Full Body Massage

We customize our a la carte treatment individually for you. We are delighted to perform the massages in a relaxing or activating way at your desire.

SELECTED TREATMENTS

Herbal Stamp

60 min / 205 CHF

90 min / 305 CHF

Enjoy the pampering, intensive, stimulating and very aromatic effect of the herbal stamp massage. It boosts the metabolism, purifies the organism and activates the blood circulation. The soothing warm oil opens the skin's pores, spreading the self-healing effect of the herbal essences in an intense way and creating a completely relaxed feeling.

Effect Purifying, relaxing, soothing, nourishes the skin

4 Hand Massage

60 min / 300 CHF

90 min / 415 CHF

The 4-handed massage gives you double the intensity at the same time. Soak in the experience of escaping the stress of daily life, offering your body and spirituality the best possible relaxation. The treatment is based on Lomi-Lomi massage techniques and specifically relieves muscular blockades and tensions. 'A delight for your senses'!

Effect Energizing, harmonizing, balancing, deep relaxation

Aromatherapy Massage

60 min / 190 CHF

90 min / 270 CHF

Discover the wonderful effects of this soothing massage with pleasant scented and luxurious massage oil. The essential oils of the organically grown herbs from the Swiss Alps are an exquisite olfactory treat. Ideal for preventing tension and promoting relaxation.

Effect Vitalising, refreshing, tranquillizing, stimulates concentration