

Classic Tomato Juice

Indulge in the timeless simplicity of classic tomato juice. With just a few fresh ingredients, you can enjoy the rich flavors and health benefits of this traditional favorite.

- 4 ripe tomatoes
 - 1 carrot
 - Juice of half a lemon
 - A pinch of salt
1. Wash the tomatoes and carrot thoroughly.
 2. Cut the tomatoes into large chunks and the carrot into slices.
 3. Put all ingredients in a blender and blend until smooth.
 4. Strain the juice, if desired, and serve with ice.

Refreshing Tomato and Cucumber Juice

Quench your thirst with the crispness of tomato and cucumber juice, infused with a hint of green apple and mint. This invigorating drink is a delightful way to stay hydrated.

- 3 ripe tomatoes
 - 1 medium cucumber
 - 1/2 green apple
 - A handful of mint leaves
1. Wash the tomatoes, cucumber, and apple well.
 2. Cut them into large pieces.
 3. Add all ingredients into the blender, including the mint leaves.
 4. Blend until smooth.
 5. Serve with ice cubes.

Energizing Tomato and Orange Juice

Boost your energy levels with a vibrant blend of tomatoes, oranges, carrot, and zesty ginger. This refreshing juice is an ideal pick-me-up for any time of the day.

- 4 ripe tomatoes
 - Juice of 2 oranges
 - 1 carrot
 - Fresh ginger to taste
1. Wash and cut the tomatoes and carrot.
 2. Peel and cut the ginger into small pieces.
 3. Put all ingredients into the blender, adding the orange juice.
 4. Blend until smooth.
 5. Serve immediately.

Detox Tomato and Celery Juice

Experience the cleansing properties of this vibrant tomato and celery juice. With a hint of lemon, this detoxifying elixir is perfect for recharging and rejuvenating the body.

- 5 ripe tomatoes
 - 2 celery stalks
 - 1 cucumber
 - Juice of half a lemon
1. Wash and cut the tomatoes, celery, and cucumber.
 2. Put all ingredients into the blender.
 3. Add the lemon juice.
 4. Blend until smooth.
 5. Strain, if preferred, and serve.

Revitalizing Tomato and Beet Juice

Uncover the unique earthy sweetness of tomato and beet juice, complemented by the crispness of apple and the tang of lemon. This revitalizing drink is sure to leave you feeling refreshed and invigorated.

- 3 ripe tomatoes
- 1 medium beetroot
- 1 apple
- Juice of half a lemon

1. Wash the tomatoes, beetroot, and apple thoroughly.
2. Peel the beetroot and cut all ingredients into large pieces.
3. Put them in the blender and add the lemon juice.
4. Blend until smooth.
5. Serve with ice, if desired.

Relaxing Tomato and Basil Juice

Embrace the aromatic allure of tomato and basil juice, featuring the cooling essence of cucumber and a touch of lemon. Let this soothing blend transport you to a state of ultimate relaxation and tranquility.

- 4 ripe tomatoes
 - A handful of fresh basil leaves
 - 1 cucumber
 - Juice of 1/2 lemon
1. Wash the tomatoes, cucumber, and basil leaves.
 2. Cut them into large pieces.
 3. Put all ingredients into the blender, adding the lemon juice.
 4. Blend until smooth.
 5. Serve in tall glasses with ice cubes.

Revitalizing Tomato and Pineapple Juice

Experience the tropical essence of tomato and pineapple juice, augmented by the subtle sweetness of carrot and the freshness of mint. This vibrant elixir is sure to revitalize your senses and leave you feeling rejuvenated.

- 3 ripe tomatoes
 - 1 slice of pineapple
 - 1 carrot
 - A handful of mint leaves
1. Wash and cut the tomatoes, pineapple, and carrot.
 2. Put all ingredients into the blender, adding the mint leaves.
 3. Blend until smooth.
 4. Serve immediately.