

THE C.P.M. METHODOLOGY

Cognitive Performance Method

ENGINEERING THE FUTURE OF SOCCER INTELLIGENCE

Principles, Not Patterns.

"We don't teach closed patterns. We inoculate open principles. We build players who think, not robots who execute."



The Founders

Salvatore Lisciandrello

Head of Methodology & Neuroscience

David D'Agnelli

Professional Technical Director

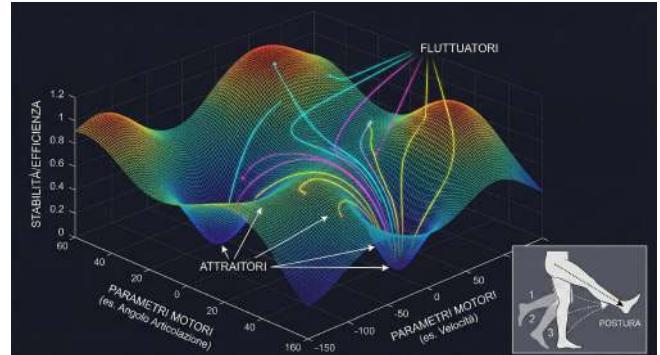
The Biological Pathway



U6 - U7

E.P.M.

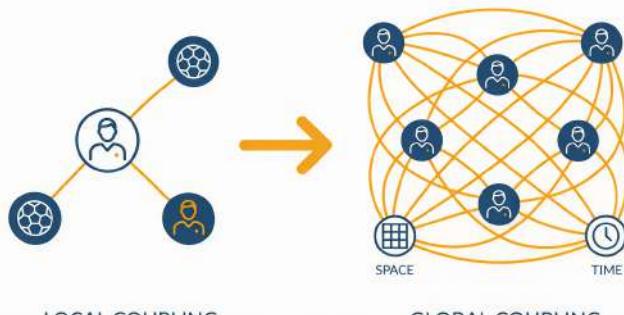
The Emotional Imprinting



U8 - U11

S.T.E.P.S.

Perception-Action



LOCAL COUPLING

GLOBAL COUPLING

U12 - U14

S.G.A.

Decision Bridge

FRACTALS & SELF-SIMILARITY IN SPORTS SCIENCE: FROM NATURE TO THE PITCH



A natural example where each part of the fern resembles the whole plant at different scales.



Tactical concepts and formations can be replicated in smaller groups, maintaining the same structural principles.

Self-similarity allows complex systems to be understood through repeating patterns, bridging natural geometry and strategic sports analysis.

U15+

M.I.P.

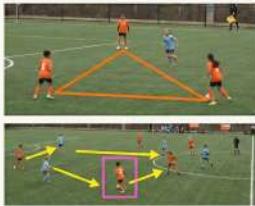
Tactical Fractal

Analytical Eye

PARENT'S REPORT – Game Eagles FC vs Hawks City

GENERAL GAME CONSIDERATIONS

The match was a very positive step forward for the team, reflecting progress in both individual understanding and collective play. We won the match, and the players were confident, composed, and eager to put into practice what we've been working on in training [cite: 14]. They showed great attacking intent, balanced with a more stable defensive structure [cite: 14].



GAME UNDERSTANDING AND TEAMWORK

The players built some very nice offensive combinations, creating triangles between the fullback, midfielder, and wide player to move the ball with fluidity and open up space, leading to several promising attacking situations [cite: 14].

Inside-out overlaps and quick support from midfield were key features, showing how far we've come in our transitional play [cite: 14].

Watch the full match here [\[Fictional Link\]](#) [cite: 14].



[cite: 14]

For Parents

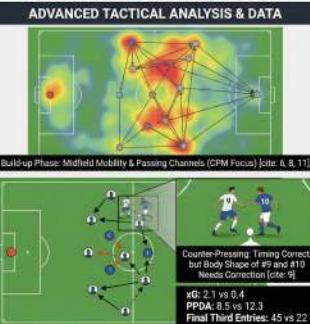
Objective reports on cognitive growth. Shifting focus from immediate results to decision-making improvement.

For Coaches

Team Analysis & Tailored Drills.

We analyze collective behavior and provide specific training suggestions strictly aligned with the C.P.M. methodology.

COACH'S ADVANCED TECHNICAL REPORT & CPM METHODOLOGY LINK – LIONS ACADEMY VS. THUNDER FC



MULTI-DIMENSIONAL RECOMMENDATIONS & CPM INTEGRATION

- ALL AGES RECOMMENDATIONS (CPM)**
- Technical: Refine passing accuracy and first touch under pressure [cite: 8].
 - Tactical: Reinforce Smarcalento and wide positioning for all positions [cite: 6].
 - Physical: Improve conditioning for sustained high-intensity pressing [cite: 9].
 - Mental: Develop resilience and quick decision-making in transition [cite: 9].

SPECIFIC TACTICAL FOCUS

- Build-up:** Midfielders must be more mobile and interchange positions to create passing lanes [cite: 11].
- Defense:** Correct body orientation of forwards during negative transitions to improve pressing efficiency [cite: 9].

Full Advanced Analysis & Training Plan on [\[Fictional Platform\]](#)

C.P.M. Digital Assistant

Data-driven learning beyond the pitch.

Seasonal Projections & Charts

Clear visual charts track seasonal growth. Our algorithm projects and suggests specific homework.

◆ Flip Cards

Interactive visual exercises tailored to the data.

Strike System

Gamified discipline: Skip 3 days, get a Strike.

Home Assignments (4-6 Weeks)

Use for development meetings and tracking.

Weekly Plan

- **Technical** - 4x/y/week (20-25): First touch, wall passes (R/L), weak-foot finishing mechanics. 6/6 IntelliGym sessions completed
- **Physical** - 3x/week (15-20): Mobility + core + elastic strength (yoga + 10 m sprints).
- **Tactical-Cognitive** - 2x/week (15): Review transition clips; draw weak-side solutions.
- **Commitment - daily** (5): Journal (1 win + 1 micro-goal); hydration sleep \geq 9 h

Quick Monitoring

- 12/12 technical sessions completed
- 8/8 physical sessions completed
- 6/6 IntelliGym sessions completed
- Average sleep \geq 9 h; hydration OK

IntelliGym Progression

- **Weeks 1-2:** Situational awareness & anticipation (baseline).
- **Weeks 3-4:** Decision speed, multi-cue attention (+15%).



BEN HARPERTS

AGE: 9

TEAM: AURORA FC ACADEMY

GROUP: U9 BOYS GOLD



OVERALL EVALUATION



Staff Recruiting & Training



Selection Process

- 1 Screening:** Online profile analysis.
- 2 Mindset Interview:** Willingness to learn.
- 3 Trial:** Practical field test.
- 4 Agreement:** Based on standards.

On-Site Global Training

1 Intensive Week. Theory + Field Analysis
for real-time adjustments.

Academy Architecture

 Internal Protocols

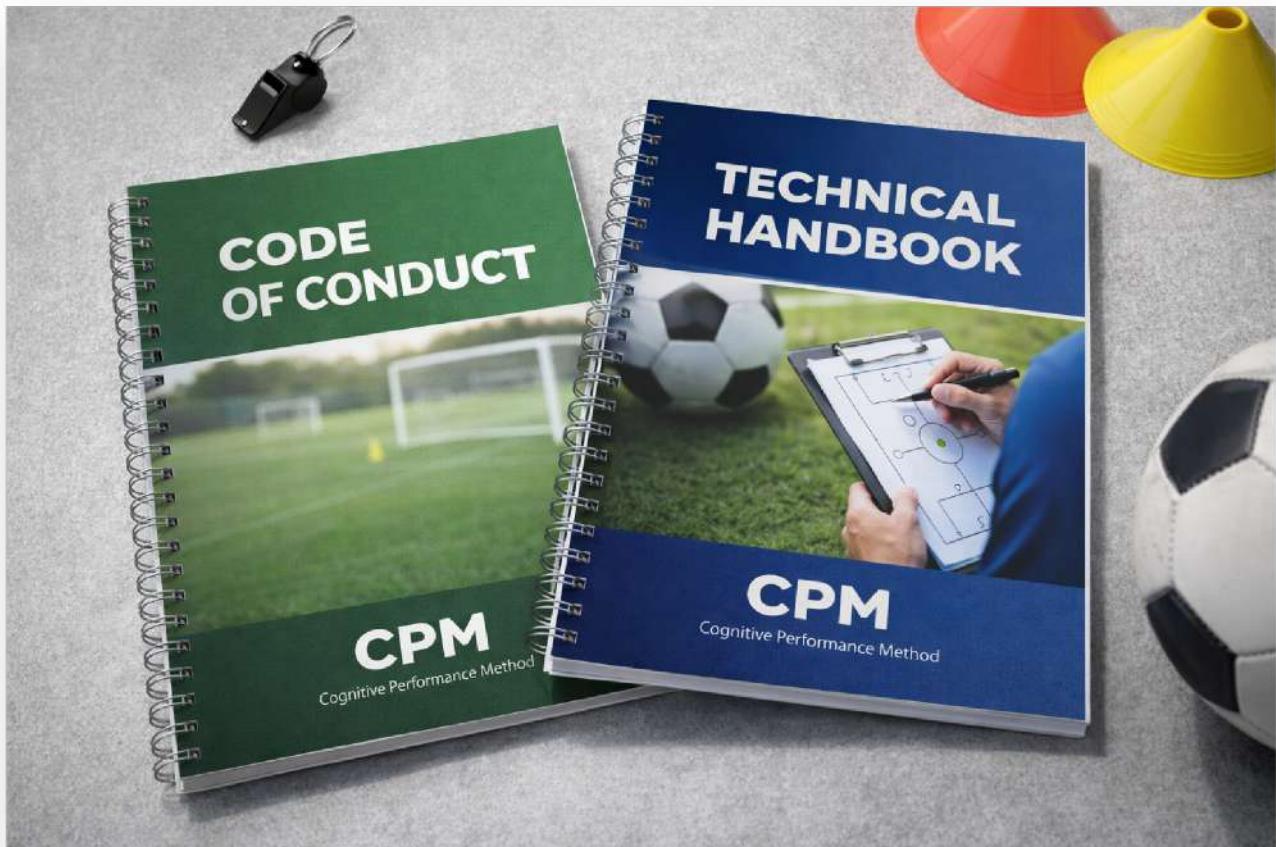
 Parent Management

 Code of Conduct

 Technical Targets

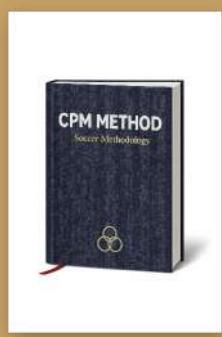
 Emergency Protocol

 Crisis Management



FREE BONUS

Official C.P.M. Manual (eBook)



Success Stories



"I chose this group and I couldn't be happier. As soon as our camera systems are integrated, I will definitely add the Analysis service to our tactical workflow."

DARIO RICCHIARI — PALERMO ACADEMY



"I went for the full package two years ago. I used to stress out searching for new coaches. Now? I just relax and enjoy the matches on the weekend!"

DENIS — DC WAY



"We integrated the Methodology and Flip Cards. My staff trains twice a year with CPM masters. In just 6 months, the performance level spiked beyond my expectations."

LUCIANO LANGIONE - A.C. MAZZO

Our Strategic Partners



EVOLVE YOUR ACADEMY

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