1. $x^2+y^2+(z+3)^2=25$ and $z=0$

$x^2+y^2+3^2=25$

$x^2+y^2=25-9=16$

$x^2+y^2=16$

The circle $x^2+y^2=16$ in xy-plane

2. The sphere touches xz-plane at point $(2,0,6)$ the radius of the sphere is

$\sqrt{(2-2)^2+(-3-0)^2+(6-6)^2}$

$=3$

$(x-2)^2+(y+3)^2+(z-6)^2=3^2=9$