

Trigonometry

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A lot of trig problems only require manipulation of different equations and properties. Once you know these, you'll be able to change many trig problems into relatively simple algebraic problems.

1 Basic Trig Definitions

$$\begin{aligned}\sin\left(\frac{\pi}{2} - \theta\right) &= \cos \theta & \cos\left(\frac{\pi}{2} - \theta\right) &= \sin \theta \\ \sin(-\theta) &= -\sin \theta & \cos(-\theta) &= \cos \theta \\ \sin(\pi - \theta) &= \sin \theta & \cos(\pi - \theta) &= -\cos \theta \\ \sin^2 \theta + \cos^2 \theta &= 1\end{aligned}$$

From the Pythagorean theorem, we can prove these three neat results:

$$\sin^2(A) + \cos^2(A) = 1, \quad 1 + \tan^2(A) = \sec^2(A), \quad 1 + \cot^2(A) = \csc^2(A)$$

2 Basic Trig Laws

There are two basic equations that you should know and be ready to utilize in many trig problems: the Law of Sines and Law of Cosines

2.1 Law of Sines (Extended)

$$\frac{a}{\sin(A)} = \frac{b}{\sin(B)} = \frac{c}{\sin(C)} = 2R, \text{ where } R \text{ is the circumradius of } \triangle ABC.$$

2.2 Law of Cosines

$$c^2 = a^2 + b^2 - 2ab \cos \theta, \text{ where } \theta \text{ is the angle opposite the side with length } c.$$

3 Other Properties/Formulae

These also appear often in trig problems, so it's worth it to memorize them (or know how to derive them).

For angles larger than 90° , we start from the new point C and draw a perpendicular to the x-axis. Knowing this, we can see why these properties are true:

$$\sin(A) = \sin(180^\circ - A) = -\sin(-A) = \sin(360^\circ + A) = \cos(90^\circ - A)$$

$$\cos(A) = -\cos(180^\circ - A) = \cos(-A) = \cos(360^\circ + A) = \sin(90^\circ - A)$$

$$\tan(A) = -\tan(-A) = \tan(180^\circ + A)$$

Angle sum formulas are also useful. From these, we can also get double angle formulas:

$$\sin(A + B) = \sin(A) \cos(B) + \cos(A) \sin(B)$$

$$\cos(A + B) = \cos(A) \cos(B) - \sin(A) \sin(B)$$

$$\tan(A + B) = \frac{\tan(A) + \tan(B)}{1 - \tan(A) \tan(B)}$$

$$\sin(2A) = 2 \sin(A) \cos(A)$$

$$\cos(2A) = \cos^2(A) - \sin^2(A) = 2 \cos^2(A) - 1 = 1 - 2 \sin^2(A)$$

$$\tan(2A) = \frac{2 \tan(A)}{1 - \tan^2(A)}$$

We can also get the half-angle formulas:

$$\sin(A/2) = \pm \sqrt{\frac{1 - \cos(A)}{2}}, \quad \cos(A/2) = \pm \sqrt{\frac{1 + \cos(A)}{2}}, \quad \tan(A/2) = \pm \sqrt{\frac{1 - \cos(A)}{1 + \cos(A)}} = \pm \frac{\sin A}{1 + \cos A}$$

Product-Sum formulas sometimes come in handy.

$$\sin(\alpha) \sin(\beta) = \frac{\cos(\alpha - \beta) - \cos(\alpha + \beta)}{2}, \quad \cos(\alpha) \cos(\beta) = \frac{\cos(\alpha - \beta) + \cos(\alpha + \beta)}{2}, \quad \sin(\alpha) \cos(\beta) = \frac{\sin(\beta + \alpha) - \sin(\beta - \alpha)}{2}$$

4 Practice Problems

- [1995 AIME #7] Given that $(1 + \sin t)(1 + \cos t) = \frac{5}{4}$, compute $(1 - \sin t)(1 - \cos t)$.
- If $\cos x + \sin x = 0.2$, compute $\cos^4 x + \sin^4 x$.
- Compute $\sin 18^\circ$.
- [2000 AIME II #15] Find the least positive integer n such that $\frac{1}{\sin 45^\circ \sin 46^\circ} + \frac{1}{\sin 47^\circ \sin 48^\circ} + \dots + \frac{1}{\sin 133^\circ \sin 134^\circ} = \frac{1}{\sin n^\circ}$.
- [2006 AIME I #12] Find the sum of the values of x such that $\cos^3 3x + \cos^3 5x = 8 \cos^3 4x \cos^3 x$, where x is measured in degrees and $100 < x < 200$.
- [2003 AIME I #10] Triangle ABC is isosceles with $AC = BC$ and $\angle ACB = 106^\circ$. Point M is in the interior of the triangle so that $\angle MAC = 7^\circ$ and $\angle MCA = 23^\circ$. Find the number of degrees in $\angle CMB$.