Convective Boundary Mixing Processes and the Structure of Convective Boundaries

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ABSTRACT

Convective motions extend beyond the nominal boundaries of a convection zone. These motions mix fluid through multiple mechanisms collectively called "convective boundary mixing." In this note, we discuss three distinct fluid dynamical processes: convective overshoot, entrainment, and penetrative convection. We describe the structure of a convective boundary when all of these processes are active. To resolve discrepancies between models and observations, the stellar astrophysics community should distinguish between these processes and parameterize each of them separately in 1D evolutionary models.

1. CONVECTIVE BOUNDARY MIXING PROCESSES

Observational inferences make it clear that convective boundary mixing prescriptions in 1D stellar models must be improved (Pinsonneault 1997; Claret & Torres 2018; Pedersen et al. 2021). In this section, we will briefly describe three distinct processes: convective overshoot, entrainment, and penetrative convection. In the following discussion of each process, "convective boundary" refers to the location coinciding with the sign change of either the Schwarzschild or Ledoux discriminant.

1.1. *Convective Overshoot*

Convective overshoot occurs because the convective boundary is not the location where convective velocities are zero, but rather the location where the *buoyant acceleration* of the fluid is zero. The process of convective overshoot is shown in the upper left panel of Fig. 1, where motions from the white convection zone (CZ) overshoot into the purple stable radiative zone (RZ). Flows buoyantly decelerate beyond the convective boundary, so there is an extended overshoot zone (OZ) with nonzero convective velocities. Here we depict a geometry with a CZ below an RZ, as in a massive star core, but everything we say here holds true if the picture is flipped upside-down, such as at the base of the solar convection zone.

A simple $\Delta x = u\Delta t$ argument provides an estimate for how far convective motions overshoot. Here Δx is the overshoot distance, u is the convective velocity, and $\Delta t \approx N^{-1}$ where N is the Brunt–Väisälä frequency in the stable
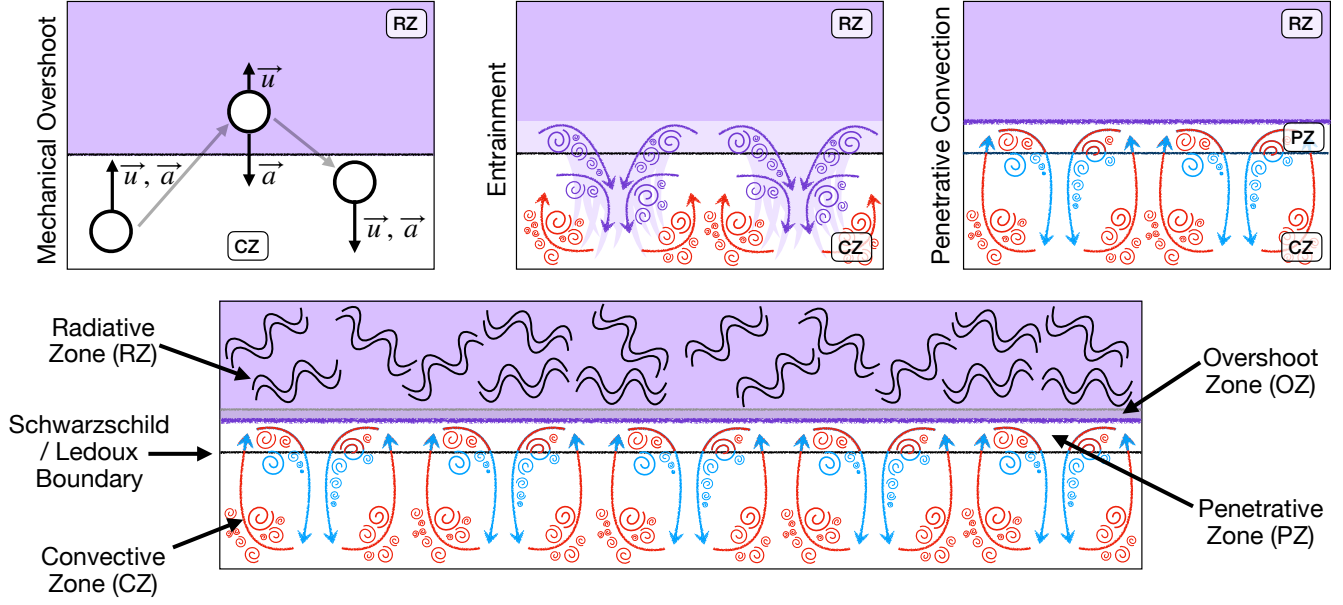
Figure 1. The three processes discussed in Sec. 1 are schematically demonstrated in the top row. White fluid has the properties of the well-mixed CZ, while purple fluid is the stable RZ. (Left) Convective overshoot occurs when a fluid parcel from the CZ crosses into the RZ; due to a strong positive entropy gradient in the RZ, the parcel is accelerated back into the CZ. (Middle) Motions generated by overshooting fluid parcels drag fluid from the RZ into the CZ in a process called entrainment. (Right) If a region of fluid beyond the convective boundary becomes well-mixed, it is a PZ; a divergence of the radiative flux acts as an internal cooling term, changing the buoyant signature of both upflows and downflows. In the bottom panel, we show the structure of a statistically-stationary convective boundary. The CZ sits below a well-mixed PZ. Above the PZ, the fluid is stable but there is a small OZ where convective overshoot occurs. Above this region is the stable RZ where there are internal gravity waves excited by the convection.

region. In stellar environments, this estimate generally retrieves $\Delta x \ll H_P$, where H_P is the pressure scale height. We note that there is disagreement regarding precisely how to calculate Δx, but this estimate provides the proper flavor.

The exponential overshoot parameterization (per e.g., Herwig 2000) which is frequently implemented in 1D models describes this process fairly well, but 1D models generally use a much larger $\Delta x/H_P \sim \mathcal{O}(0.1)$ than hydrodynamical simulations suggest should happen when low Mach number flows encounter very stable interfaces (Korre et al. 2019).

1.2. *Entrainment*

The process of entrainment is shown in the upper middle panel of Fig. 1. Return flows from overshooting convection carry fluid with the chemical and thermodynamic signature of the RZ. This material then rapidly turbulently mixes in the convection zone. As a result, convective motions which overshoot and entrain materials can gradually move convective boundaries. Since entrainment is linked to convective overshooting, the overshoot distance Δx directly relates to the *rate* of entrainment; this statement can be inferred from entrainment rate laws (Meakin & Arnett 2007) or interface flux arguments (Fuentes & Cumming 2020).

Entrainment has been modeled in 1D stellar evolution software instruments by Staritsin (2013) and Scott et al. (2021), but their implementations differ from one another and entrainment is not standard in any instrument.

1.3. *Penetrative Convection*

The process of penetrative convection is shown in the upper right panel of Fig. 1. Through continual overshoot and entrainment, convection creates well-mixed regions beyond the convective boundary (Anders et al. 2021). These well-mixed extensions of the CZ are known as penetration zones (PZs). Since PZs grow gradually over many dynamical times, they can extend beyond the overshoot distance Δx.

Penetrative convection most closely resembles "step overshoot" employed in 1D models, but penetrative convection mixes both entropy and composition.

2. CONVECTIVE BOUNDARY STRUCTURE

The structure of a convective boundary in steady state is shown in the bottom panel of Fig. 1. The convective boundary as determined by the Schwarzschild or Ledoux criterion is denoted by a black horizontal line, and the CZ is below that line. In the CZ, upflows are hot and downflows are cold. A well-mixed PZ is above the CZ. In the PZ, the radiative luminosity exceeds the system luminosity, so the convective luminosity is negative resulting in cold upflows and warm downflows. Both entropy and composition are mixed throughout the CZ and PZ. The upper boundary of the PZ is marked by a purple line. Above the PZ, there is a stably-stratified OZ where composition is mixed and a strong positive entropy gradient rapidly decelerates convective motions. A thin grey line denotes the top of the OZ. Above the OZ is an RZ filled with internal gravity waves. In a statistically-stationary state, entrainment is negligible. Entrainment is a process that reconfigures a convective boundary to create the picture in Fig. 1, but since it is a transient process there is no "entrainment zone."

3. CONCLUSION

Convective boundary mixing is a conglomeration of a few distinct dynamical processes. These processes include convective overshoot, entrainment, and penetrative convection. A thorough understanding and parameterization of each of these processes can reduce discrepancies between models and observations.

We have not made any distinction between radiative zones which are *thermally* stable and those which are *compositionally* stable. Composition gradients are subject to the processes discussed in this work in the same way as thermal gradients. The only distinction is that the radiative flux, and divergences in it, act to restore the thermal gradients to their radiative values, while composition gradients have no restoring flux.

Modeling of convective boundaries has plagued stellar structure modelers for many years (Paxton et al. 2011, 2018, 2019). Unfortunately, throughout the stellar structure literature, "convective overshoot", "convective penetration", and "convective boundary mixing" are often used interchangeably, which increases confusion regarding this complex topic. By reaching community agreement on both the *terminology* of convective boundary mixing and the *processes* that terminology refers to, we can better identify where models behave poorly and design experiments to improve them.

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