

## Convective Boundary Mixing Processes

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### ABSTRACT

Convective motions extend beyond the nominal boundaries of a convection zone. These motions mix fluid through multiple mechanisms collectively called “convective boundary mixing.” In this note, we discuss three distinct fluid dynamical processes: convective overshoot, entrainment, and penetrative convection. We describe the structure of a convective boundary that these processes create. To resolve discrepancies between models and observations, the stellar astrophysics community should distinguish between these processes and parameterize each of them separately in 1D evolutionary models.

*Keywords:* Stellar convection zones (301), Stellar physics (1621); Stellar evolutionary models (2046)

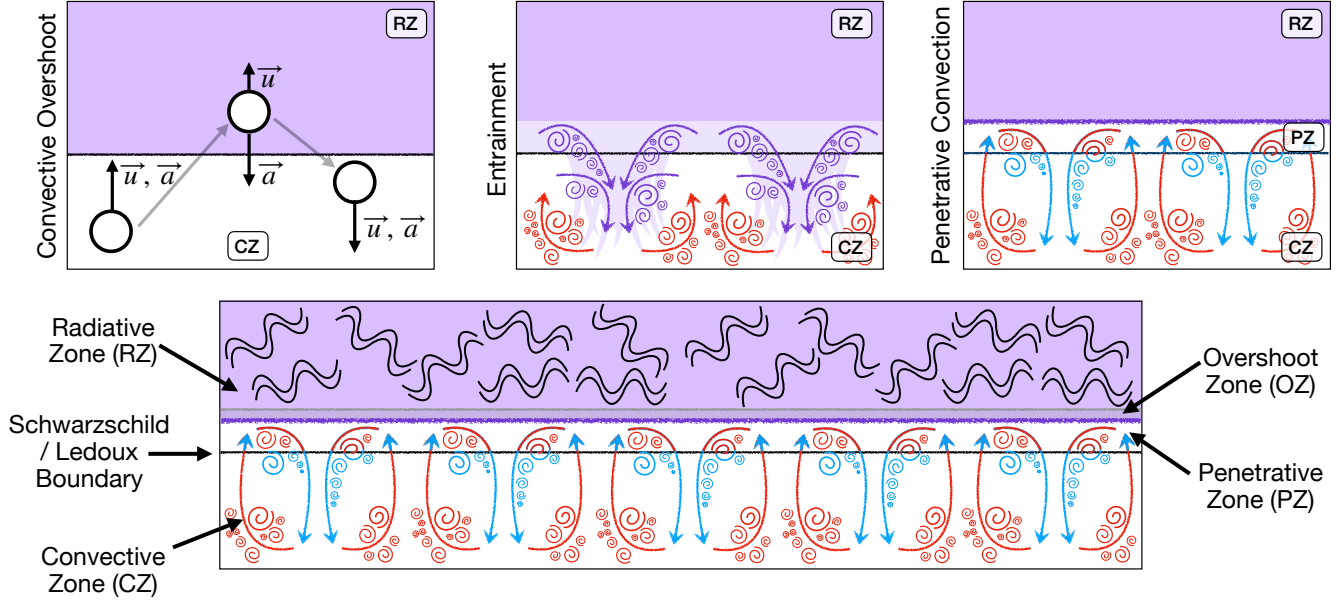
### 1. CONVECTIVE BOUNDARY MIXING PROCESSES

Observations make it clear that convective boundary mixing prescriptions in 1D stellar models require improvement (Pinsonneault 1997; Claret & Torres 2018; Pedersen et al. 2021). In this section, we briefly describe three distinct processes: convective overshoot, entrainment, and penetrative convection. In the following discussion, “convective boundary” refers to the location of the sign change of either the Schwarzschild or Ledoux discriminant. In this discussion, we depict a convection zone (CZ) below an radiative zone (RZ), as in a massive star core, but these processes all occur if the picture is flipped upside-down, as in the base of the solar convection zone.

#### 1.1. Convective Overshoot

Convective overshoot (or mechanical overshoot) occurs because the convective boundary is not the location where convective velocities are zero, but rather the location where the *buoyant acceleration* of the fluid is zero. The process of convective overshoot is shown in the upper left panel of Fig. 1, where motions from the white CZ overshoot into the purple stable RZ. Flows buoyantly decelerate beyond the convective boundary, so there is an extended overshoot zone (OZ) with nonzero convective velocities.

A simple  $\Delta x = u\Delta t$  argument provides an estimate for how far convective motions overshoot. Here  $\Delta x$  is the overshoot distance,  $u$  is the convective velocity, and  $\Delta t \approx N^{-1}$  where  $N$  is the Brunt–Väisälä frequency in the stable region. There is disagreement regarding precisely how to calculate  $\Delta x$ , but this gives the proper flavor and shows that  $\Delta x \ll H_P$  in stellar environments, where  $H_P$  is the pressure scale height.



**Figure 1.** The three processes discussed in Sec. 1 are shown schematically in the top row. White fluid has the properties of the well-mixed CZ, while purple fluid is the stable RZ. (Left) Convective overshoot occurs when a fluid parcel from the CZ crosses into the RZ; due to a strong positive entropy gradient in the RZ, the parcel is accelerated back into the CZ. (Middle) Motions generated by overshooting fluid parcels drag fluid from the RZ into the CZ in a process called entrainment. (Right) If a region of fluid beyond the convective boundary becomes well-mixed by entrainment, it is a PZ; a non-zero divergence of the radiative flux acts as an internal cooling term, changing the buoyant signature of both upflows and downflows. In the bottom panel, we show the structure of a statistically-stationary convective boundary. The CZ sits below a well-mixed PZ. Above the PZ, the fluid is stable but there is a small OZ where convective overshoot occurs. Above this region is the stable RZ where there are internal gravity waves excited by the convection.

The exponential overshoot parameterization (per e.g., Herwig 2000) which is frequently implemented in 1D models describes this process fairly well. However, 1D models generally treat  $\Delta x$  as a free parameter, and the values needed to match observations have  $\Delta x/H_P \sim \mathcal{O}(0.1)$ , which is much larger than hydrodynamical simulations suggest should happen when low Mach number flows encounter very stable interfaces (Korre et al. 2019).

### 1.2. Entrainment

The process of entrainment is shown in the upper middle panel of Fig. 1. Return flows from overshooting convection carry fluid with the chemical and thermodynamic signature of the RZ. This material then rapidly mixes in the CZ. As a result, convective motions which overshoot and entrain materials can gradually move convective boundaries. Since entrainment is linked to convective overshooting, the overshoot distance  $\Delta x$  directly relates to the *rate* of entrainment; this can be inferred from entrainment rate laws (Meakin & Arnett 2007) or interface flux arguments (Fuentes & Cumming 2020).

Entrainment has been modeled in 1D stellar evolution software instruments by Staritsin (2013) and Scott et al. (2021), but their implementations differ from one another and entrainment is not standard in any instrument.

### 1.3. Penetrative Convection

The process of penetrative convection is shown in the upper right panel of Fig. 1. Through continual overshoot and entrainment, convection creates well-mixed regions beyond the convective boundary (Anders et al. 2022). These well-mixed extensions of the CZ are known as penetration zones (PZs). Since PZs grow gradually over many dynamical times, they can extend well beyond the overshoot distance  $\Delta x$ .

Penetrative convection most closely resembles the “step overshoot” prescription employed in 1D models, but penetrative convection mixes both entropy and composition.

## 2. CONVECTIVE BOUNDARY STRUCTURE

The structure of a convective boundary in steady state is shown in the bottom panel of Fig. 1. The convective boundary as determined by the Schwarzschild or Ledoux criterion is denoted by a black horizontal line, and the CZ is below that line. In the CZ, upflows are hot and downflows are cold. A well-mixed PZ is above the CZ. In the PZ, the radiative luminosity exceeds the system luminosity, so the convective luminosity is negative, resulting in cold upflows and warm downflows. Both entropy and composition are mixed throughout the CZ and PZ. The upper boundary of the PZ is marked by a purple line. Above the PZ, there is a stably-stratified OZ where composition is mixed and a strong positive entropy gradient rapidly decelerates convective motions. A thin grey line denotes the top of the OZ. Above the OZ is an RZ filled with internal gravity waves. In a statistically-stationary state, entrainment is negligible. Entrainment is the process that reconfigures a convective boundary to create the picture in Fig. 1, but since it is a transient process there is no “entrainment zone.”

### 3. CONCLUSION

Convective boundary mixing is a conglomeration of a few distinct dynamical processes. These processes include convective overshoot, entrainment, and penetrative convection. A thorough understanding and parameterization of each of these processes can reduce discrepancies between models and observations.

We have not made any distinction between radiative zones which are *thermally* stable and those which are *compositionally* stable. Composition gradients are subject to the processes discussed in this work in the same way as thermal gradients. The only distinction is that the radiative flux acts to restore the thermal gradients to their radiative values, while composition gradients have no restoring flux.

Stellar structure modelers have sought improved prescriptions for convective boundary mixing for many years (Paxton et al. 2011, 2018, 2019). Unfortunately, throughout the stellar structure literature, “convective overshoot”, “convective penetration”, and “convective boundary mixing” are often used interchangeably, which increases confusion regarding this complex topic. By reaching community agreement on both the *terminology* of convective boundary mixing and the *processes* that terminology refers to, we can better identify where models behave poorly and design experiments to improve them.

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