## Derivation of Roxburgh's Integral Constraint

## 1. NAVIER-STOKES EQUATIONS & ENERGY EQUATIONS

Roxburgh (1989) writes the equations of fluid dynamics as

$$\rho \frac{\partial \mathbf{u}}{\partial t} + \rho \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla P + \rho \mathbf{g} + \frac{\partial \eta_{ij}}{\partial x_j},\tag{1}$$

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{u}) = 0, \tag{2}$$

$$\rho T \frac{\partial s}{\partial t} + \rho T \mathbf{u} \cdot \nabla s = -\nabla \cdot (\mathbf{F}_{rad}) + \rho \epsilon + \eta_{ij} \frac{\partial u_i}{\partial x_i}, \tag{3}$$

with the viscous stress tensor defined as

$$\eta_{ij} = \mu \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} - \frac{2}{3} \delta_{ij} \nabla \cdot \mathbf{u} \right). \tag{4}$$

Here,  $\rho$  is density, T is temperature, P is pressure, s is specific entropy,  $\mathbf{u}$  is velocity,  $\mu$  is the dynamic viscosity,  $\epsilon$  is energy generation per unit mass,  $\mathbf{F}_{\rm rad}$  is radiative flux, and  $\mathbf{g}$  is gravity. It is convenient to define

$$\nabla \cdot \mathbf{F}_{\text{tot}} = \rho \epsilon \qquad \rightarrow \qquad \mathbf{F}_{\text{tot}} = \hat{z} \left( \int \rho \epsilon dz + F_{\text{bot}} \right).$$
 (5)

Here,  $\mathbf{F}_{\text{tot}}$  is the total energy flux going through the system and  $F_{\text{bot}}$  is the vertical energy flux imposed at the bottom boundary of the system. In the notation of Roxburgh (1989),  $\mathbf{F}_{\text{tot}} = \mathbf{\Gamma}$ . We will also define the viscous dissipation per unit volume

$$\Phi = \eta_{ij} \frac{\partial u_i}{\partial x_i} \ge 0. \tag{6}$$

Upon using the continuity Eqn. 2 on the energy Eqn. 10, we get

$$T\frac{\partial \rho s}{\partial t} + T\nabla \cdot (\rho s\mathbf{u}) = \nabla \cdot (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) + \Phi.$$
 (7)

Noting that dE = T ds - p dV, where E is the internal energy and  $V = 1/\rho$ , we can recast the LHS of Eqn. 7 (using continuity a couple times) as

$$\frac{\partial \rho E}{\partial t} + \nabla \cdot (\rho E \mathbf{u}) + P \nabla \cdot \mathbf{u} = \nabla \cdot (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) + \Phi.$$
 (8)

Likewise dotting  $\mathbf{u}$  into the momentum Eqn. 1 and using continuity we get

$$\frac{\partial \mathcal{K}}{\partial t} + \nabla \cdot (\mathbf{u}[\mathcal{K} + P] - \mathbf{u} \cdot \overline{\overline{\eta}}) = P \nabla \cdot \mathbf{u} + \rho \mathbf{u} \cdot \mathbf{g} - \Phi, \tag{9}$$

where  $\mathcal{K} = \rho \mathbf{u} \cdot \mathbf{u}/2$  is the kinetic energy. Combining Eqns. 8 and 9, we retrieve the full energy equation,

$$\frac{\partial}{\partial t}(\rho E + \mathcal{K}) + \nabla \cdot (\mathbf{u}[\rho h + \mathcal{K}] - \mathbf{u} \cdot \overline{\overline{\eta}} + \mathbf{F}_{rad} - \mathbf{F}_{tot}) = \rho \mathbf{u} \cdot \mathbf{g}, \tag{10}$$

where  $h = E + P/\rho$  is the enthalpy. The various flux terms which arise here are discussed around equation 8 of Anders & Brown (2017).

## 2. CONSTRAINTS

We will now use Eqn. 7 & 10 to derive some constraints on convecting regions. I won't handle Eqn. 10 too carefully here (see Roxburgh (1989) eqns 11-13). Suffice to say that if you integrate over a convecting region V with surface area  $\Sigma$ , and you assume statistically stationary convection and  $\mathbf{u} = 0$  at the boundaries of the convecting region, you find

$$\mathbf{F}_{\mathrm{rad}} = \mathbf{F}_{\mathrm{tot}} \text{ on } \Sigma.$$
 (11)

This is the simple statement that energy is conserved, and the flux is carried radiatively if there are no convective motions

With this in mind, we examine Eqn. 7 in more detail. We divide through by T and integrate over a volume V to find eqn 10 in Roxburgh (1989),

$$\frac{\partial}{\partial t} \int_{V} \rho s \, dV = \int_{V} \frac{1}{T} \nabla \cdot (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \, dV + \int_{V} \frac{1}{T} \Phi \, dV. \tag{12}$$

Note

$$\int_{V} \frac{1}{T} \nabla \cdot (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \, dV = \int_{V} \nabla \cdot \left( \frac{1}{T} [\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}] \right) \, dV - \int_{V} (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \nabla \frac{1}{T} \, dV$$

$$= \int_{\Sigma} \frac{1}{T} (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \, dA + \int_{V} \frac{1}{T^{2}} (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \cdot \nabla T \, dV.$$

From the above constraint (Eqn. 11), the first term is zero, and we can write

$$\frac{\partial}{\partial t} \int_{V} \rho s \, dV = \int_{V} \frac{1}{T^2} (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \cdot \nabla T \, dV + \int_{V} \frac{1}{T} \Phi \, dV. \tag{13}$$

In a statistically-stationary state, the first term (the time derivative) is also zero, and so we can rearrange to arrive at the general form of Roxburgh's integral constraint,

$$-\int_{V} \frac{1}{T^{2}} (\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}}) \cdot \nabla T \, dV = \int_{V} \frac{1}{T} \Phi \, dV \,. \tag{14}$$

Note that  $\mathbf{F}_{\text{tot}} - \mathbf{F}_{\text{rad}} = \mathbf{F}_{\text{conv}}$  (including all contributions to the convective flux, like enthalpy flux, kinetic energy flux, viscous flux). Taking a horizontal average of the constraint (and assuming that there is no net horizontal flux), we can write the constraint

$$\overline{-\int_{V} \frac{1}{T} F_{\text{conv}} \frac{\partial \ln T}{\partial z} dV} = \overline{\int_{V} \frac{1}{T} \Phi dV}$$
(15)

defining  $\nabla \equiv d \ln T/d \ln P$  and  $h = dz/d \ln P$  we can rewrite this as

$$\overline{-\int_{V} \frac{\nabla}{hT} F_{\text{conv}} dV} = \overline{\int_{V} \frac{1}{T} \Phi dV},$$
(16)

where presumably  $\nabla = \nabla_{ad}$ , a constant, in the convection zone. Both h and T increase with depth, so these integrals are weighted in such a way that they have large contributions in the less dense, upper regions of a convection zone.

## REFERENCES

Anders, E. H., & Brown, B. P. 2017, Physical Review Fluids, 2, 083501, doi: 10.1103/PhysRevFluids.2.083501Roxburgh, I. W. 1989, A&A, 211, 361