

***Problem 2.12** Find $\langle x \rangle$, $\langle p \rangle$, $\langle x^2 \rangle$, $\langle p^2 \rangle$, and $\langle T \rangle$, for the n th stationary state of the harmonic oscillator, using the method of Example 2.5. Check that the uncertainty principle is satisfied.

$$\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a}_+ + \hat{a}_-) \quad \hat{p} = i\sqrt{\frac{\hbar m\omega}{2}} (\hat{a}_+ - \hat{a}_-)$$

$$\langle x \rangle: \langle n | \hat{x} | n \rangle = \sqrt{\frac{\hbar}{2m\omega}} \langle n | \hat{a}_+ + \hat{a}_- | n \rangle = \sqrt{\frac{\hbar}{2m\omega}} (\sqrt{n+1} \langle n | n+1 \rangle + \sqrt{n} \langle n | n-1 \rangle) = 0$$

$$\langle p \rangle: \langle n | \hat{p} | n \rangle = i\sqrt{\frac{\hbar m\omega}{2}} \langle n | \hat{a}_+ - \hat{a}_- | n \rangle = i\sqrt{\frac{\hbar m\omega}{2}} (\sqrt{n+1} \langle n | n+1 \rangle - \sqrt{n} \langle n | n-1 \rangle) = 0$$

$$\begin{aligned} \langle x^2 \rangle: \langle n | \hat{x}^2 | n \rangle &= \frac{\hbar}{2m\omega} \langle n | (\hat{a}_+ + \hat{a}_-)^2 | n \rangle = \frac{\hbar}{2m\omega} \langle n | \hat{a}_+ \hat{a}_+ + \hat{a}_+ \hat{a}_- + \hat{a}_- \hat{a}_+ + \hat{a}_- \hat{a}_- | n \rangle \\ &= \frac{\hbar}{2m\omega} \langle n | \hat{a}_+ \hat{a}_+ + \hat{a}_+ \hat{a}_- + \hat{a}_+ \hat{a}_- + 1 + \hat{a}_- \hat{a}_- | n \rangle = \frac{\hbar}{2m\omega} (\langle n | \hat{a}_+ \hat{a}_+ | n \rangle + 2\langle n | \hat{a}_+ \hat{a}_- | n \rangle + \underbrace{\langle n | n \rangle}_1 + \langle n | \hat{a}_- \hat{a}_- | n \rangle) \\ &= \frac{\hbar}{2m\omega} (2\langle n | \hat{a}_+ \hat{a}_- | n \rangle + 1) \\ &= \frac{\hbar}{2m\omega} (2\sqrt{n} \langle n | \hat{a}_+ | n-1 \rangle + 1) = \frac{\hbar}{2m\omega} (2\sqrt{n} \sqrt{n-1+1} \underbrace{\langle n | n \rangle}_1 + 1) \\ &= \frac{\hbar}{2m\omega} (2n + 1) \\ &= \frac{\hbar}{m\omega} \left(n + \frac{1}{2} \right) \end{aligned}$$

$$\begin{aligned} \langle p^2 \rangle: \langle n | \hat{p}^2 | n \rangle &= -\frac{\hbar m\omega}{2} \langle n | (\hat{a}_+ - \hat{a}_-)^2 | n \rangle = -\frac{\hbar m\omega}{2} \langle n | \hat{a}_+ \hat{a}_+ - \hat{a}_+ \hat{a}_- - \hat{a}_- \hat{a}_+ + \hat{a}_- \hat{a}_- | n \rangle \\ &= \frac{\hbar m\omega}{2} \langle n | \hat{a}_+ \hat{a}_- + \hat{a}_- \hat{a}_+ | n \rangle = \frac{\hbar m\omega}{2} (2n + 1) \\ &= \hbar m\omega \left(n + \frac{1}{2} \right) \end{aligned}$$

$$\langle T \rangle: \langle n | \hat{T} | n \rangle = \langle n | \frac{\hat{p}^2}{2m} | n \rangle = \frac{1}{2m} \langle p^2 \rangle = \frac{1}{2m} m\hbar\omega \left(n + \frac{1}{2} \right) = \frac{\hbar\omega}{2} \left(n + \frac{1}{2} \right)$$

Now we can check if the uncertainty principle is satisfied for the n th eigenstate

$$\sigma_x = \sqrt{\langle x^2 \rangle - \langle x \rangle^2} = \sqrt{\frac{\hbar}{m\omega} \left(n + \frac{1}{2}\right)}$$

$$\sigma_p = \sqrt{\langle p^2 \rangle - \langle p \rangle^2} = \sqrt{\hbar m\omega \left(n + \frac{1}{2}\right)}$$

$$\sigma_x \sigma_p = \sqrt{\hbar^2 \left(n + \frac{1}{2}\right)^2} = \hbar \left(n + \frac{1}{2}\right) \geq \frac{\hbar}{2}$$

Problem 2.13 A particle in the harmonic oscillator potential starts out in the state

$$\Psi(x, 0) = A[3\psi_0(x) + 4\psi_1(x)].$$

(a) Find A .

(b) Construct $\Psi(x, t)$ and $|\Psi(x, t)|^2$.

(c) Find $\langle x \rangle$ and $\langle p \rangle$. Don't get too excited if they oscillate at the classical frequency; what would it have been had I specified $\psi_2(x)$, instead of $\psi_1(x)$?

Check that Ehrenfest's theorem (Equation 1.38) holds for this wave function.

(d) If you measured the energy of this particle, what values might you get, and with what probabilities?

$$a) \langle \Psi(x, 0) | \Psi(x, 0) \rangle = 1$$

$$|A|^2 (3\langle 0| + 4\langle 1|) (3|0\rangle + 4|1\rangle) = 1$$

$$|A|^2 (9\langle 0|0\rangle + 12\langle 0|1\rangle + 12\langle 1|0\rangle + 16\langle 1|1\rangle) = 1$$

$$|A|^2 (9 + 0 + 0 + 16) = 1$$

$$|A|^2 = \frac{1}{25}$$

$$A = \frac{1}{5}$$

$$b) \Psi(x, t) = \frac{1}{5} \left[3\psi_0(x) e^{-i\omega t/2} + 4\psi_1(x) e^{-3i\omega t/2} \right]$$

$$|\Psi(x, t)|^2 = \frac{1}{25} \left[3\psi_0 e^{i\omega t/2} + 4\psi_1 e^{3i\omega t/2} \right] \left[3\psi_0 e^{-i\omega t/2} + 4\psi_1 e^{-3i\omega t/2} \right]$$

$$= \frac{1}{25} \left[9\psi_0^2 + 16\psi_1^2 + 12\psi_0\psi_1 e^{i\omega t/2(1-3)} + 12\psi_0\psi_1 e^{i\omega t/2(3-1)} \right]$$

$$= \frac{1}{25} \left[9\psi_0^2 + 16\psi_1^2 + 12\psi_0\psi_1 (e^{-i\omega t} + e^{i\omega t}) \right]$$

$$= \frac{1}{25} \left[9\psi_0^2 + 16\psi_1^2 + 24\psi_0\psi_1 \cos(\omega t) \right]$$

$$\begin{aligned}
 c) \langle x \rangle &= \langle \Psi(x,t) | \hat{x} | \Psi(x,t) \rangle = \frac{1}{25} \left[3e^{i\omega t/2} \langle 0| + 4e^{3i\omega t/2} \langle 1| \right] \hat{x} \left[3e^{-i\omega t/2} |0\rangle + 4e^{-3i\omega t/2} |1\rangle \right] \\
 &= \frac{1}{25} \left[9 \langle 0 | \hat{x} | 0 \rangle + 16 \langle 1 | \hat{x} | 1 \rangle + 12e^{i\omega t} \langle 1 | \hat{x} | 0 \rangle + 12e^{-i\omega t} \langle 0 | \hat{x} | 1 \rangle \right] \\
 &= \frac{12}{25} \left[e^{i\omega t} \langle 1 | \hat{x} | 0 \rangle + e^{-i\omega t} \langle 1 | \hat{x} | 0 \rangle^* \right]
 \end{aligned}$$

$$\langle 1 | \hat{x} | 0 \rangle = \sqrt{\frac{\hbar}{2m\omega}} \langle 1 | a_+ + a_- | 0 \rangle = \sqrt{\frac{\hbar}{2m\omega}} \langle 1 | a_+ | 0 \rangle = \sqrt{\frac{\hbar}{2m\omega}} \sqrt{1} \langle 1 | 1 \rangle = \sqrt{\frac{\hbar}{2m\omega}}$$

$$\begin{aligned}
 \langle x \rangle &= \frac{12}{25} \sqrt{\frac{\hbar}{2m\omega}} (e^{i\omega t} + e^{-i\omega t}) \\
 &= \frac{24}{25} \sqrt{\frac{\hbar}{2m\omega}} \cos \omega t
 \end{aligned}$$

$$\begin{aligned}
 \langle p \rangle &= \frac{1}{25} \left[3e^{i\omega t/2} \langle 0| + 4e^{3i\omega t/2} \langle 1| \right] \hat{p} \left[3e^{-i\omega t/2} |0\rangle + 4e^{-3i\omega t/2} |1\rangle \right] \\
 &= \frac{1}{25} \left[12e^{i\omega t} \langle 1 | \hat{p} | 0 \rangle + 12e^{-i\omega t} \langle 0 | \hat{p} | 1 \rangle \right] \\
 &= \frac{12}{25} \left[e^{i\omega t} \langle 1 | \hat{p} | 0 \rangle + e^{-i\omega t} \langle 1 | \hat{p} | 0 \rangle^* \right]
 \end{aligned}$$

$$\langle 1 | \hat{p} | 0 \rangle = i \sqrt{\frac{\hbar m \omega}{2}} \langle 1 | a_+ - a_- | 0 \rangle = i \sqrt{\frac{\hbar m \omega}{2}} \langle 1 | a_+ | 0 \rangle = i \sqrt{\frac{\hbar m \omega}{2}}$$

$$\langle p \rangle = \frac{12}{25} \sqrt{\frac{\hbar m \omega}{2}} [i e^{i\omega t/2} \cdot i e^{-i\omega t/2}]$$

$$\langle p \rangle = -\frac{24}{25} \sqrt{\frac{\hbar m \omega}{2}} \sin \omega t$$

Check Ehrenfest's theorem: $\frac{d\langle p \rangle}{dt} = -\langle \frac{\partial V}{\partial x} \rangle$

$$\frac{d\langle p \rangle}{dt} = -\frac{d}{dt} \frac{24}{25} \sqrt{\frac{\hbar m \omega}{2}} \sin \omega t = -\frac{24}{25} \omega \sqrt{\frac{\hbar m \omega}{2}} \cos \omega t$$

$$\frac{\partial V}{\partial x} = m\omega^2 x$$

$$-\langle \frac{\partial V}{\partial x} \rangle = m\omega^2 \langle x \rangle = -m\omega^2 \frac{24}{25} \sqrt{\frac{\hbar}{2m\omega}} \cos \omega t = -\frac{24}{25} \omega \sqrt{\frac{\hbar m \omega}{2}} \cos \omega t$$

Ehrenfest's theorem is satisfied

d) We can get $E = \frac{\hbar\omega}{2}$ with a probability of $\frac{9}{25}$ or $E = \frac{3\hbar\omega}{2}$ with a probability of $\frac{16}{25}$.

*****Problem 3.35 Coherent states of the harmonic oscillator.** Among the stationary states of the harmonic oscillator ($|n\rangle = \psi_n(x)$, Equation 2.67) only $n = 0$ hits the uncertainty limit ($\sigma_x \sigma_p = \hbar/2$); in general, $\sigma_x \sigma_p = (2n + 1)\hbar/2$, as you found in Problem 2.12. But certain *linear combinations* (known as **coherent states**) also minimize the uncertainty product. They are (as it turns out) *eigenfunctions of the lowering operator*:³²

$$a_- |\alpha\rangle = \alpha |\alpha\rangle$$

(the eigenvalue α can be any complex number).

- (a) Calculate $\langle x \rangle$, $\langle x^2 \rangle$, $\langle p \rangle$, $\langle p^2 \rangle$ in the state $|\alpha\rangle$. *Hint:* Use the technique in Example 2.5, and remember that a_+ is the hermitian conjugate of a_- . Do *not* assume α is real.
- (b) Find σ_x and σ_p ; show that $\sigma_x \sigma_p = \hbar/2$.
- (c) Like any other wave function, a coherent state can be expanded in terms of energy eigenstates:

$$|\alpha\rangle = \sum_{n=0}^{\infty} c_n |n\rangle.$$

Show that the expansion coefficients are

$$c_n = \frac{\alpha^n}{\sqrt{n!}} c_0.$$

- (d) Determine c_0 by normalizing $|\alpha\rangle$. *Answer:* $\exp(-|\alpha|^2/2)$.
- (e) Now put in the time dependence:

$$|n\rangle \rightarrow e^{-iE_n t/\hbar} |n\rangle,$$

and show that $|\alpha(t)\rangle$ remains an eigenstate of a_- , but the *eigenvalue* evolves in time:

$$\alpha(t) = e^{-i\omega t} \alpha.$$

So a coherent state *stays* coherent, and continues to minimize the uncertainty product.

- (f) Is the ground state ($|n = 0\rangle$) itself a coherent state? If so, what is the eigenvalue?
-

$$\begin{aligned}
 a) \quad \langle x \rangle &= \langle \alpha | x | \alpha \rangle = \sqrt{\frac{\hbar}{2m\omega}} \langle \alpha | a_+ + a_- | \alpha \rangle & \langle \alpha | a_+ = \alpha^* \langle \alpha | \\
 &= \sqrt{\frac{\hbar}{2m\omega}} (\langle \alpha | a_+ | \alpha \rangle + \langle \alpha | a_- | \alpha \rangle) \\
 &= \sqrt{\frac{\hbar}{2m\omega}} (\alpha^* + \alpha)
 \end{aligned}$$

$$a_- a_+ - a_+ a_- = 1$$

$$\begin{aligned}
 \langle x^2 \rangle &= \langle \alpha | x^2 | \alpha \rangle = \frac{\hbar}{2m\omega} \langle \alpha | (a_+ + a_-)^2 | \alpha \rangle = \frac{\hbar}{2m\omega} \langle \alpha | a_+ a_+ + a_+ a_- + a_- a_+ + a_- a_- | \alpha \rangle \\
 &= \frac{\hbar}{2m\omega} \langle \alpha | a_+ a_+ + 2 a_+ a_- + 1 + a_- a_- | \alpha \rangle = \frac{\hbar}{2m\omega} \langle \alpha | \alpha^{*2} + 2 \alpha^* \alpha + 1 + \alpha^2 | \alpha \rangle \\
 &= \frac{\hbar}{2m\omega} [1 + (\alpha + \alpha^*)^2]
 \end{aligned}$$

$$\langle p \rangle = i \sqrt{\frac{\hbar m \omega}{2}} \langle \alpha | a_+ - a_- | \alpha \rangle = i \sqrt{\frac{\hbar m \omega}{2}} \langle \alpha | \alpha^* - \alpha | \alpha \rangle = i \sqrt{\frac{\hbar m \omega}{2}} (\alpha^* - \alpha)$$

$$\begin{aligned}
 \langle p^2 \rangle &= -\frac{\hbar m \omega}{2} \langle \alpha | (a_+ - a_-)^2 | \alpha \rangle = -\frac{\hbar m \omega}{2} \langle \alpha | a_+ a_+ - a_+ a_- - a_- a_+ + a_- a_- | \alpha \rangle \\
 &= -\frac{\hbar m \omega}{2} \langle \alpha | a_+ a_+ - 2 a_+ a_- + 1 + a_- a_- | \alpha \rangle \\
 &= -\frac{\hbar m \omega}{2} \langle \alpha | \alpha^{*2} - 2 \alpha^* \alpha - 1 + \alpha^2 | \alpha \rangle = \frac{\hbar m \omega}{2} [1 - (\alpha^{*2} - 2 \alpha^* \alpha + \alpha^2)] \\
 &= \frac{\hbar m \omega}{2} [1 - (\alpha - \alpha^*)^2]
 \end{aligned}$$

$$\begin{aligned}
 b) \quad \sigma_x &= \sqrt{\langle x^2 \rangle - \langle x \rangle^2} = \left(\frac{\hbar}{2m\omega} [1 + (\alpha + \alpha^*)^2] - \frac{\hbar}{2m\omega} (\alpha + \alpha^*)^2 \right)^{1/2} = \sqrt{\frac{\hbar}{2m\omega}} \\
 \sigma_p &= \sqrt{\langle p^2 \rangle - \langle p \rangle^2} = \left(\frac{\hbar m \omega}{2} [1 - (\alpha - \alpha^*)^2] - i^2 \frac{\hbar m \omega}{2} (\alpha - \alpha^*)^2 \right)^{1/2} = \sqrt{\frac{\hbar m \omega}{2}} \\
 \sigma_x \sigma_p &= \sqrt{\frac{\hbar}{2m\omega}} \sqrt{\frac{\hbar m \omega}{2}} = \sqrt{\frac{\hbar^2}{4}} = \frac{\hbar}{2}
 \end{aligned}$$

$$c) \quad C_n = \langle n | \alpha \rangle = \left(\langle 0 | \frac{(a_+)^n}{n!} \right) | \alpha \rangle = \frac{1}{n!} \langle 0 | (a_-)^n | \alpha \rangle = \frac{\alpha^n}{n!} \langle 0 | \alpha \rangle = \frac{\alpha^n}{n!} C_0$$

$$d) \quad 1 = \sum_{n=0}^{\infty} |C_n|^2 = |C_0|^2 \sum_{n=0}^{\infty} \frac{|\alpha|^{2n}}{n!} = |C_0|^2 e^{|\alpha|^2}$$

$$C_0 = e^{-|\alpha|^2/2}$$

$$e) \quad |\alpha(t)\rangle = \sum_{n=0}^{\infty} c_n e^{-i(n+\frac{1}{2})\omega t} |n\rangle = e^{-i\frac{\omega t}{2}} \sum_{n=0}^{\infty} \frac{\alpha^n}{\sqrt{n!}} c_0 e^{-in\omega t} |n\rangle = e^{-i\omega t/2} \sum_{n=0}^{\infty} \frac{(\alpha e^{-i\omega t})^n}{\sqrt{n!}} e^{-|\alpha|^2/2} |\alpha e^{-i\omega t}\rangle$$

This still has the form of a coherent state but with α shifted to $\alpha e^{-i\omega t}$

$$\alpha(t) = \alpha e^{-i\omega t}$$

$$f) \quad a|0\rangle = 0|0\rangle$$

The ground state is a coherent state with an eigenvalue of 0

****Problem 3.39**

(a) For a function $f(x)$ that can be expanded in a Taylor series, show that

$$f(x + x_0) = e^{i\hat{p}x_0/\hbar} f(x)$$

(where x_0 is any constant distance). For this reason, \hat{p}/\hbar is called the **generator of translations in space**. *Note:* The exponential of an *operator* is defined by the power series expansion: $e^{\hat{Q}} \equiv 1 + \hat{Q} + (1/2)\hat{Q}^2 + (1/3!)\hat{Q}^3 + \dots$

(b) If $\Psi(x, t)$ satisfies the (time-dependent) Schrödinger equation, show that

$$\Psi(x, t + t_0) = e^{-i\hat{H}t_0/\hbar} \Psi(x, t)$$

(where t_0 is any constant time); $-\hat{H}/\hbar$ is called the **generator of translations in time**.

(c) Show that the expectation value of a dynamical variable $Q(x, p, t)$, at time $t + t_0$, can be written³⁴

$$\langle Q \rangle_{t+t_0} = \langle \Psi(x, t) | e^{i\hat{H}t_0/\hbar} \hat{Q}(\hat{x}, \hat{p}, t + t_0) e^{-i\hat{H}t_0/\hbar} | \Psi(x, t) \rangle.$$

Use this to recover Equation 3.71. *Hint:* Let $t_0 = dt$, and expand to first order in dt .

a) Taylor expand $f(x + x_0)$

$$\begin{aligned} f(x + x_0) &= \sum_{n=0}^{\infty} \frac{1}{n!} x_0^n \left(\frac{d}{dx} \right)^n f(x) & \frac{d}{dx} &= \frac{i\hat{p}}{\hbar} \\ &= \sum_{n=0}^{\infty} \frac{1}{n!} x_0^n \left(\frac{i\hat{p}}{\hbar} \right)^n f(x) = \sum_{n=0}^{\infty} \frac{(i\hat{p}x_0/\hbar)^n}{n!} f(x) \\ &= e^{\frac{i\hat{p}x_0}{\hbar}} f(x) \end{aligned}$$

b) $i\hbar \frac{\partial \Psi}{\partial t} = H\Psi$

$$\Psi(x, t + t_0) = \sum_{n=0}^{\infty} \frac{1}{n!} t_0^n \left(\frac{\partial}{\partial t} \right)^n \Psi(x, t)$$

$$\Psi(x, t+t_0) = \sum_{n=0}^{\infty} \frac{1}{n!} t_0^n \left(-\frac{i}{\hbar} H\right)^n \Psi(x, t) = e^{-i H t_0 / \hbar} \Psi(x, t)$$

$$c) \langle Q \rangle_{t+t_0} = \langle \Psi(x, t+t_0) | Q(x, p, t+t_0) | \Psi(x, t+t_0) \rangle$$

$$| \Psi(x, t+t_0) \rangle = e^{-i H t_0 / \hbar} | \Psi(x, t) \rangle \implies \langle \Psi(x, t+t_0) | = \langle \Psi(x, t) | e^{i H t_0 / \hbar}$$

$$\langle Q \rangle_{t+t_0} = \langle \Psi(x, t) | e^{i H t_0 / \hbar} Q(x, p, t+t_0) e^{-i H t_0 / \hbar} | \Psi(x, t) \rangle$$

Now consider an infinitesimal time $t_0 = dt$

$$\langle Q \rangle_{t+dt} = \langle Q \rangle_t + \frac{d\langle Q \rangle}{dt} dt + \mathcal{O}(dt^2)$$

$$\langle Q \rangle_{t+dt} = \langle \Psi(x, t) | e^{i H dt / \hbar} Q(x, p, t+dt) e^{-i H dt / \hbar} | \Psi(x, t) \rangle$$

$$e^{i H dt / \hbar} Q(x, p, t+dt) e^{-i H dt / \hbar} = \left(1 + \frac{iH}{\hbar} dt + \dots\right) \left(Q(x, p, t) + \frac{\partial Q}{\partial t} dt + \dots\right) \left(1 - \frac{iH}{\hbar} dt + \dots\right)$$

$$= Q(x, p, t) + \frac{iH}{\hbar} dt Q - Q \frac{iH}{\hbar} dt + \frac{\partial Q}{\partial t} dt + \mathcal{O}(dt^2)$$

$$= Q(x, p, t) + \frac{i}{\hbar} [H, Q] dt + \frac{\partial Q}{\partial t} dt + \mathcal{O}(dt^2)$$

$$\langle Q \rangle_{t+dt} = \langle \Psi(x, t) | e^{i H dt / \hbar} Q(x, p, t+dt) e^{-i H dt / \hbar} | \Psi(x, t) \rangle = \langle Q \rangle_t + \frac{i}{\hbar} \langle [H, Q] \rangle dt + \left\langle \frac{\partial Q}{\partial t} \right\rangle dt + \mathcal{O}(dt^2)$$

$$\implies \langle Q \rangle + \frac{d\langle Q \rangle}{dt} dt = \langle Q \rangle_t + \frac{i}{\hbar} \langle [H, Q] \rangle dt + \left\langle \frac{\partial Q}{\partial t} \right\rangle dt$$

$$\frac{d\langle Q \rangle}{dt} = \frac{i}{\hbar} \langle [H, Q] \rangle + \left\langle \frac{\partial Q}{\partial t} \right\rangle$$