## 271 COOK ST. STORE HOURS MON. - FRI. 9:00-8:15 SAT. 9:00-5:15 SUN. & HOLIDAYS WE RESERVE THE RIGHT TO LIMIT QUANTITIES PRICES EFFECTIVE "ONE FULL WEEK" WEDNESDAY, JANUARY 24 TO TUESDAY, JANUARY 30, 2018 **FRESH** FRESH (NO BACK ATTACHED) **ALL VARIETIES** CHICKEN **PORK SIDE ASTRO** SPARE RIBS BREAST YOGURT 650-750 g **7**99 |98 **5<sup>49</sup>**kg 6<sup>59</sup>kg Tub lb. lb. **FRESH FRESH LEAN GOLD SEAL GROUND TURKE** SOCKEYE HIGH SALMON BEEF **)**98 99 213 g Tin 6<sup>59</sup>kg Wild 6<sup>59</sup>kg Pacific lb. lb. **NEW ZEALAND BEEF** CANADA GR. "AA" BEEF **ALL VARIETIES CROSS RIB KETTLE** STRIP LOIN ROAST ROAST CHIPS BONELESS 259 198 1387<sub>kg</sub> 220 g 791 kg lb. lb. Bag CANADA GR. "AA" **NEW ZEALAND BE** P.C. BLUE MENU BEER **CROS** <u>STRIP LOIN</u> CHICKEN OR STEAK BEEF BROTH € 69 69 BONELESS 4 8<sup>13</sup>kg 14<sup>75</sup>kg lb. lb. Organic Tetra CARVER CHOICE SLICED SCHNEIDER'S SLICED **SUNRYPE PURE** <u>THICK</u> / 98 APPLE 98 TURKEY BACON JUICE 1 kg Pkg. .... 175 g Pkg. ... SCHNEIDER'S SLICED MOCK SCHNEIDER'S NATURA 1 L Ctn. Blue Label 98 **CHICKEN** HAM **ISLAND BAKERY** 300 g Pkg..... 700 g Piece. . **LUMBERJACK** McCAIN'S CASTELLO DANISH BREAD **HASH BLUE** 98 |98 **BROWNS** CHEESE ΑII Froz. 900 g Bag ..... Varieties 125 g Wedge .... DARE SNOWCREST CLASSIC BRETON WHOLE **2**98 98 **RASPBERRIES** ICE CREAM **CRACKERS** 1.65 L Tub. All Varieties .. 225 g Box. All Varieties . . Froz. 500 g Pkg...... **GOLDEN VALLEY LARGE ALL VARIETIES** TRIBAL **BROWN**

680 g Loaf ISLAND FARMS

**NORTHERN GOLD** 

GRANOLA 798 630 - 675 g Bag .... 

U.S. GROWN BROCCOL ROWN

**IMPORTED** 

454 g bag .....

**ORGANIC D**98 COFFEE 3.04 kg .....

NAVEL **ORANGES** 1.94 kg ..... **IMPORTED** 

RESH

MANGOS

**U.S. GROWN LARGE** 

**EGGS** 

1 Doz. Can. Gr. A

VOCADOS Each..... **IMPORTED LARGE** 

**7**98

RED BELL PEPPERS 3.04 kg ..... **IMPORTED** GREEN

**IMPORTED NO. 1** BAR 1.50 kg .....

Bunch .... U.S. GROWN GREE lb. 1.50 kg ...

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