

**NATURE'S PATH** ORGANIC

570a

CEREA LARGE ECO-PAC 650-907g ALL VARIETIES **E.D. SMITH** 

TRIPLE FRUIT

SPREAD **)55** 

ALL VARIETIES

**COMPLIMENT'S** 

SMALL PEAS

FROZ. 750g BAG

500ml

IΔR

**WELCH'S** CONCORD

GRAPE JUICE

1.36L BTL. +DEP ISLAND FARMS COTTAGE

CHEESE

500g TUR U.S. GROWN

VARIFTIES

9<sup>68</sup> kg

or

 $19^{82}$  kg **CAMPFIRE** SLICED

PRESIDENT'S CHOICE SLICED

**PEACHES** 

FROZ. 600a PKG

**CAMPBELL'S** 

CHUNKY CHILI 425g TIN 3 VARIETIES

HEINZ

**BEANS IN** 

TOMATO SAUCE

398ml TIN ALL VARIETIES NATREL

LACTOSE·FREE 4 **ICE CREAM** 

473ml TIIR ALL VARIETIES

B.C. GROWN

lb

H

 $8^{13}\,\mathrm{kg}$ 

 $8^{58}\,\mathrm{kg}$ 

**MITCHELLS** 

SALAMI SAUSAGE

MAPLE LEAF SLICED

MAPLE

ORGANIC

**AYLMER'S** 

COCONUT

**GOLDEN VALLEY LARGE** 

BROWN

COFFEE

454g BAG 3 VARIETIES **ALL VARIETIES** 

**SOUP** 

284ml TIN

ROOSTER

MILK

**EGGS** 

398ml TIN

HAN 150g PKG

TRIBAL

3

**CANADA GR. "AA" BEEF** 

0

ROU

lb.

lb.

RIB

STEAK

85

lb.

lb.

lb.

3.07 kg..

**3LB MESH BAG**