STORE HOURS 271 COOK ST. MON. - FRI. 9:00-8:15 SAT. 9:00-5:15 SUN. & HOLIDAYS 10:00-5:15 WE RESERVE THE RIGHT TO LIMIT QUANTITIES PRICES EFFECTIVE "ONE FULL WEEK" WEDNESDAY, APRIL 25 TO TUESDAY, MAY 1, 2018 FRESH CANADA GR. "A" **SKINLESS & BONELESS ALL VARIETIES** CORNISH CHICKEN **ASTRO** HENS **BREAST** YOGURT 49 650 -750 g Tub 990_{kg} | 99 99 4³⁹kg lb. CANADA GR. "AA" BEEF **NEW ZEALAND BEEF GOLD SEAL** STRIP LOIN EYE OF ROUND SOCKEYE SALMON ROAST ROAST **9**88 29 213 g Tin 8³⁶kg 13⁸⁷kg WILD PACIFIC lb. CANADA GR. "AA" BEEF **NEW ZEALAND BEEF ALL VARIETIES** EYE OF ROUND **EMMA** STRIP LOIN STEAK STEAK **PASTA** 88¢ PRODUCT OF ITALY 880 kg 500 g

ALL VARIETIES SCHNEIDER'S MEAT PIES

•TURKEY •CHICKEN Froz. 400 g BEEF •STFAK ADAM'S

> PEANUT BUTTER

Large 1 kg Jar OR CRUNCHY **ISLAND BAKERY**

CRACKED WHEAT BREAD 570 g Loaf WOOLWICH CHEVRAI

GOAT

CHEESE 788

113 g All Var.....

STASH HERBAL **788**

18-20's Box All Var

U.S. GROWN

1.74 kg

1.52 kg

CAME PPLES

U.S. GROWN LARGE

LIGHT **CREAM** 1 L Carton

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Bunch **IMPORTED** C

C

5 lb. Bag .

ORANGES 2.18 kg

U.S. GROWN JJOU PEARS

2.18 kg **IMPORTED NO.1** DOLE BANANAS

lb. CANADA GR. "AA" BEEF SHORT

RIBS

12⁵⁴kg

SWIFT FROZEN **DINNER**

SAUSAGE

300 g Pkg.

REGULAR

WIENERS

375 g Pkg.

ORIGINAL

225 g Box

EURO GOODS

SOUP 720 mL Jar

CABBAGE

ISLAND FARMS 10%

CRACKERS

BRETON

14⁷⁵kg

990 kg

SWIFT SLICED

SLICED

BOLOGNA

300 g Pkg.

HAM

175 g Pkg. .

NEW ZEALAND

SHOULDE

LAMB CHOP

4

lb.

lb.

lb.

99

69 lb.

99 99

99

99

)55

MOTT'S PURE **APPLE** JUICE 1.82 L Btl. KELLOGG'S CEREAL

KRISPIES 799 440 g Box **SNOWCREST WHOLE** BLUEBERRIES 44

RICE

Froz. 600 g Bag U.S. GROWN

HOT HOUS

<u>OMATOES</u> 2.18 kg **U.S. GROWN**

CABBA(G= 1.52 kg **U.S. GROWN P(0)**