## **REGISTER TODAY at SurfCityAIDSRide.org**

50 Mile T	raining				
Start	Family Cycling Center				
.02 mi	Right 41 <sup>st</sup> Ave				
.34 mi	Right Jade Street				
.63 mi	Right Topaz				
.81 mi	Left 49 <sup>th</sup> Ave				
1.17 mi	Left Wharf Rd				
2.07 mi	Right Soquel Dr				
5.88 mi	Left Trout Gulch (BATHROOM at Starbucks)				
6.36 mi	Right Valencia				
8.96 mi	Left Cox Rd (skip Cox, cut climbing and 2 miles)				
9.08 mi	Left Day Valley				
12.25 mi	Left Freedom Blvd				
12.37 mi	Left Hames Rd				
12.99 mi	Right on Pleasant Valley Rd				
13.04 mi	Left Hames Rd				
14.52 mi	STOP Corralitos Market (BATHROOMS)				
14.52 mi	Continue straight Browns Valley Rd				
14.87 mi	Left Browns Valley Rd/Hazel Dell				
21.01 mi	Right Green Valley Rd If you skip Casserly &				
21.01 1111	Whiting and stay on GV you will cut 5 miles				
22.85 mi	SHARP Left to stay on Green Valley Rd				
25.86 mi	Left Casserly Rd				
29.15 mi	Right Whiting/Paulsen Rd				
31.22 mi	Left Green Valley Rd				
32.30 mi	Right Airport Blvd (BATHROOMS at Starbucks)				
32.88 mi	Right Freedom Blvd				
33.12 mi	Left Buena Vista Dr				
37.78 mi	Right San Andreas Rd (Manresa Beach BATHROOMS)				
41.04 mi	Left Seascape Blvd				
41.83 mi	Right Sumner Ave				
43.58 mi	Left Rio Del Mar Blvd				
43.62 mi	Right Aptos Beach Dr				
44.11 mi	Left Aptos Beach Dr				

### **Sponsored By:**



914 41st Ave, Santa Cruz, CA 95062 831-475-3883

#### **Family Cycling Coupon for Surf City Riders!**

- 10% off Merchandise 9/17/16 to training riders
- 50% off Demo Bike Rental to Surf City AIDS Ride Registrants SAVE \$37.50



Steve Volk - 831-440-8082



Teresa Marlow - 831-818-3430



# **REGISTER TODAY at SurfCityAIDSRide.org**

44.28 mi	Right onto Beach Path (BATHROOMS)		
44.91 mi	Right State Park Drive		
45.34 mi	Left Searidge Rd		
45.37 mi	Right McGregor		
47.09 mi	Left Park Drive		
48.01 mi	Left Monterey Ave		
48.20 mi	Right Capitola Ave		
48.29 mi	Left Stockton Ave/Cliff / Portola		
49.10 mi	Right Adrene Way		
49.15 mi	Left Bain Ave		
49.24 mi	FINISH – Family Cycling Center		





CLIMB DETAILS			Learn About Climb Ratings	Download Data
Rating	Start/End Points	Length	Start/End Elevation	Avg Grade
4	5.79 mi/10.15 mi	4.36 mi	102 ft/491 ft	1.7%
<b>4</b>	14.88 mi/19.36 mi	4.48 mi	262 ft/859 ft	2.5%
<b>6</b>	36.60 mi/37.85 mi	1.25 mi	47 ft/215 ft	2.6%

#### **Ride Volunteers**

- Steve Volk 831-440-8082
- Maria Isabel LeBlanc 404-906-2894
- Teresa Marlow 831-818-3430
- Deborah Wine 831-234-0709
- Melvin Vaugh 831-252-0832



Toadal Fitness Coupon for Surf City Riders

\$10 Drop in Spin Classes
 Tue & Thursday with Paul
 Howel