



SURF CITY

AIDS RIDE

sunday
october
9TH • 2016

REGISTER TODAY at SurfCityAIDS Ride.org

30 Mile Training

Start	Family Cycling Center
.02 mi	Right 41 st Ave
.34 mi	Right Jade Street
.63 mi	Right Topaz
.81 mi	Left 49 th Ave
1.17 mi	Left Wharf Rd
2.07 mi	Right Soquel Dr
5.88 mi	Left Trout Gulch (BATHROOM at Starbucks)
6.36 mi	Right Valencia
8.96 mi	Left Cox Rd (skip Cox, cut climbing and 2 miles)
9.08 mi	Left Day Valley
12.25 mi	Left Freedom Blvd
12.37 mi	Left Hames Rd
12.99 mi	Right on Pleasant Valley Rd
13.04 mi	Left Hames Rd
14.52 mi	Right Corralitos Rd (BATHROOMS)
16.33 mi	Right Freedom Blvd
17.14 mi	Left White Rd
19.59 mi	Right Larkin Valley /San Andreas Rd
21.43 mi	Right Seascape Blvd
22.22 mi	Right Sumner Ave
23.98 mi	Left Rio Del Mar Blvd
24.02 mi	Right Aptos Beach Dr
24.52 mi	Left Aptos Beach Dr
24.71 mi	Right onto Beach Path (BATHROOMS)
25.36 mi	Right State Park Drive
25.79 mi	Left Searidge Rd
25.81 mi	Right McGregor
27.53 mi	Left Park Drive
28.42 mi	Left Monterey Ave
28.62 mi	Right Capitola Ave
28.71 mi	Left Stockton Ave/Cliff Drive/ Portola
29.51 mi	Right Adrene Way
29.56 mi	Left Bain Ave
29.65 mi	FINISH – Family Cycling Center

Sponsored By:



914 41st Ave, Santa Cruz, CA 95062
831-475-3883

Family Cycling Coupon for Surf City Riders!

- 10% off Merchandise 9/17/16 to training riders
- 50% off Demo Bike Rental to Surf City AIDS Ride Registrants – SAVE \$37.50



Steve Volk - 831-440-8082



Teresa Marlow - 831-818-3430

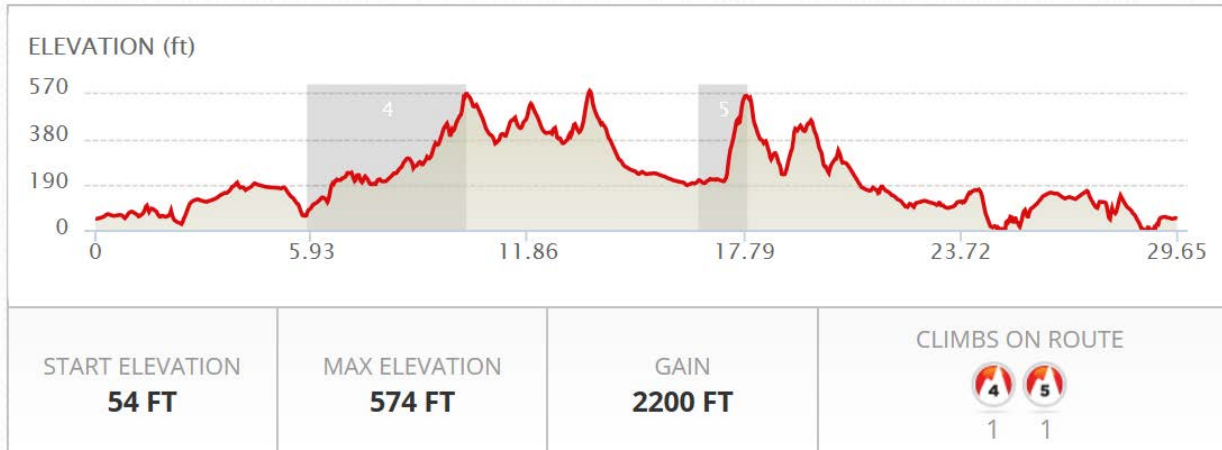
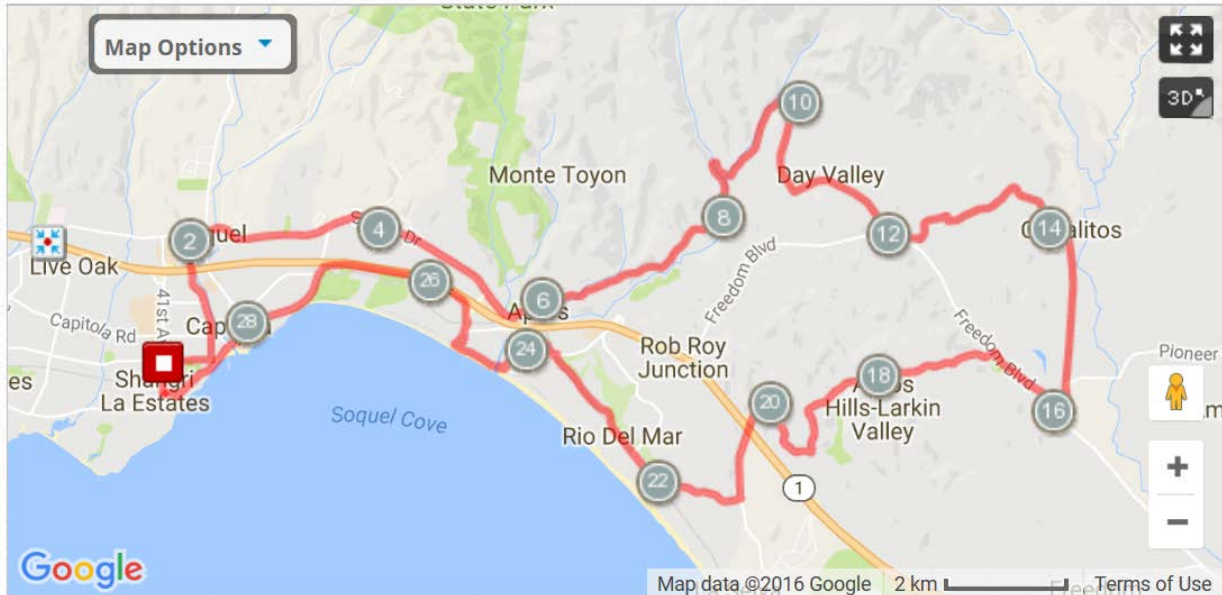




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Ride Volunteers

- Steve Volk 831-440-8082
- Maria Isabel LeBlanc 404-906-2894
- Teresa Marlow 831-818-3430
- Deborah Wine 831-234-0709
- Melvin Vaughn 831-252-0832



Toadal Fitness Coupon for
Surf City Riders

- \$10 Drop in Spin Classes
Tue & Thursday with Paul
Howel