



Evan M <evan.mann.92@gmail.com>

Fwd: FW: Portugal trip: Lisbon, Porto & Coimbra

1 message

Doli Campbell <doli.campbell@gmail.com>

Mon, Jun 12, 2023 at 8:36 AM

To: Beth Mann <beth.mann@entmann.com>, Charles Mann <charles.mann@entmann.com>, Emerson Mann <emersonhmann@gmail.com>, Evan M <evanmann92@gmail.com>, Jessica James <jessicamjames92@gmail.com>

Some recs from a coworker in Europe

----- Forwarded message -----

From: **Mann, Doli** <doli.mann@gs.com>

Date: Mon, Jun 12, 2023 at 6:35 AM

Subject: FW: Portugal trip: Lisbon, Porto & Coimbra

To: doli.campbell@gmail.com <doli.campbell@gmail.com>

From: Ruiz Hernandez, Lelia [Compl] <Lelia.RuizHernandez@ln.email.gs.com>**Sent:** Sunday, June 11, 2023 6:03:16 AM**To:** Mann, Doli [Compl] <doli.mann@ny.email.gs.com>**Subject:** Portugal trip: Lisbon, Porto & Coimbra

Hi Doli,

As discussed, please see below some information for your trip to Portugal next week, you are going to have a great time 😊

Recommendations for Lisbon: I have visited Lisbon with my parents and more recently with my husband before the pandemic. It is a beautiful city, people are really nice and the food is amazing.

- **Food:** You need to try the most famous fish dish in Portugal, which is cod ("Bacalhau" in Portuguese). It is prepared in hundreds of different ways and is very tasty. Another typical dish that you will find in all Portugal are the small cream tartles called "pastéis de Belém or pastéis de nata" in Portuguese. The dough is puff pastry. The cream has a basic base of egg yolk, milk and sugar. They are eaten both hot and cold. They are believed to have been created before the 18th century by the Catholic Hieronymite monks of the Monastery of Santa María de Belén, located in the parish of the same name, on the outskirts of Lisbon. Also, try the Portuguese coffee, it comes from Brazil and it is very good.
- **Sightseeing:**
 - Castelo de Sao Jorge <https://goo.gl/maps/nVm3NWR2aDnwxq388> : It is an impressive castle over 1000 years old. The kings of Portugal resided there. From the castle you can enjoy a breathtaking view over the old town of Lisbon and the Tagus river.
 - Tramway (Line 28) <https://goo.gl/maps/NzZhP9SR86fFd3tt6> : If you get a chance, take the tramway (line 28 is the most famous one), it is yellow and typical from Lisbon. The wagon is from the 1930s and it will take you through Lisbon's most emblematic neighborhoods.
 - Santa Justa Elevator <https://goo.gl/maps/YJ5x4U68qKHZZJom8> : It is an impressive 45-meter-high open-air steel elevator from 1902 designed by Gustav Eiffel. It is used as

public transport and connects two districts of Baixa and Chiado.

- Belem Tower <https://goo.gl/maps/6TjqJ3SVnEG2uQG58> : On the seafront, there is the castle-shaped tower dating from 1521 and declared a World Heritage Site by UNESCO. The views at the top of the tower are breathtaking.
- Jerónimos Monastery <https://goo.gl/maps/mSSUdJRTLpkCexie6> : Very close to the Belem Tower is the magnificent Jerónimos monastery from the sixteenth century. It is one of the most impressive buildings of Lisbon and is also a UNESCO World Heritage Site. If you have occasion also visit the garden of the monastery, which is very beautiful.
- Praça do Comércio <https://goo.gl/maps/897DmnDzcaTqP9JeA> : It is one of the most beautiful squares in Lisbon overlooking the Tagus River. In the square is the triumphal arch "Arco da Rua Augusta" which is the gateway to the center of Lisbon.
- Mercado da Ribeira ("TimeOut Market") <https://goo.gl/maps/r4PqHtDQGmCVzT1a8> : More than 30 restaurants are located under the same roof, you have Portuguese specialties and international food as well.
- Miradouro de Santa Luzia <https://goo.gl/maps/Ff1XdcrsvVASopLF7> : It is a viewpoint with great views from the city.
- Basilica da Estrela <https://goo.gl/maps/HpZBXfqb1aqhL7g9> : Baroque basilica from the 18th century, with twin bell towers, which houses the tomb of Queen Maria I of Portugal.
- Marquês de Pombal <https://goo.gl/maps/SLpnnFCBq1tjUSMp8> : It is beautiful square in near the Eduardo VII Park.
- Rossio Square <https://goo.gl/maps/YQ9ZoKRAAfw0C71t9> : In the center of the square is a bronze statue of Peter IV. It is characterized by the wavy pattern of the pavement that symbolizes the proximity to the sea.
- Cathedral of Lisbon (Sé de Lisboa) <https://goo.gl/maps/PkDPwvcye42dKYqG9> : With more than 800 years of history, this is the most important and oldest church in Lisbon. The façade still retains its 12th-century Romanesque style and its centerpiece is a central rose window.
- Bairro Alto <https://goo.gl/maps/eTdeaXhau77cA1uv5> : It is the bohemian neighbourhood at the top of the hill with great restaurants, you will feel like a "small San Francisco".
- Botanical Garden <https://goo.gl/maps/5e69571KqBsQGm5Y9> : Garden with plants and trees from around the world and a seed bank of rare and endangered species.
- Parque das Nações <https://goo.gl/maps/Tn3TedVsKHhRZA1q8> : It is the more modern part of the city that hosted the 98' World Expo.
- Village of "Sintra" <https://goo.gl/maps/ZYRRF87eMsvze2UN7> : If you have time visit the small town of "Sintra", it is a 30min drive from Lisbon and has beautiful castles and beaches close by.

Recommendations for Porto: I personally haven't been to Porto, but I asked my friends who have been there and they provided some recommendations 😊

- **Food & Drink:** Porto is famous for its "Port" wine and it has several wineries. "Port" is one of the most famous fortified dessert wines globally. There is also another famous wine "Vinho Verde" (which is sometimes translated as "green wine"). It is a crisp, aromatic, low alcohol, and often slightly spritzzy wine from the North of Portugal. Despite the translation, Vinho Verde is never green: it's usually a white wine, although it's possible to get red Vinho Verde and rosé vinho verde as well.
- **Sightseeing:**
 - Ponte Dom Luís I <https://goo.gl/maps/3NZWJ2QwwEyP4Bhc7> & Ribeira district <https://goo.gl/maps/kniBUCoVNAm4uhkc8> : It has a great view of the Douro River and the riverside is full with bars and restaurants.
 - Cathedral of Porto <https://goo.gl/maps/qxP5NBA7azAriFFt5> : The construction was started at the beginning of the 12th century in the Romanesque style and it is also is

also a UNESCO World Heritage Site.

- Palácio da Bolsa <https://goo.gl/maps/DigRA3rk5JEtZGo18> : It is a building originally used as a stock exchange and commercial court in the Portuguese city of Porto. The building was built in the 19th century by the Associação Comercial do Porto, the Chamber of Commerce of the city of Porto, in neoclassical style.
- São Francisco <https://goo.gl/maps/DA721kMeawfBoxSZ8> : It is a church in the World Heritage-listed Old Town of Porto. The construction of the church, originally part of the local Franciscan monastery, begun in 1383 and completed in 1425.
- Porto São Bento <https://goo.gl/maps/GkXfYS2r5WTyeTKGA> : It is an inner-city railroad station. The first trains ran as far as São Bento as early as 1896, but the building itself went into service in 1916.
- Livraria Lello <https://goo.gl/maps/35NGiUYf3YC5zszX9> : It is a very famous bookstore. It is considered among the most beautiful bookstores in Europe and the world.
- Serralves Park <https://goo.gl/maps/BVLgjUdUPJ4Q34i78> : Serralves is a cultural institution. It includes a contemporary art museum, a park and a villa.
- Jardins do Palácio de Cristal <https://goo.gl/maps/6JsXZSmwuZWdLktb8> : Garden designed in the 19th century with fountains, walkways and views of the Douro River.

Recommendations for Coimbra: I personally haven't been to Coimbra, but I asked my parents who have been there and they provided some recommendations 😊

- **Sightseeing:**

- Sé Velha (Old Cathedral) <https://goo.gl/maps/AzSgwvzgqbvNcoNZ9> : It was built in the Romanesque style in the middle of the 12th century.
- Sé Nova de Santíssimo Nome de Jesus (New Cathedral) <https://goo.gl/maps/T9AKTCaqk4KzrEeM9> : The former Jesuit church and the entire convent complex, planned and begun by Baltazar Álvares, were built for about 100 years (1598-1698). After the abolition and expulsion of the Jesuit Order from Portugal in the 1750s, the building continued to be used as an Episcopal church from 1772.
- National Museum Machado de Castro <https://goo.gl/maps/EeDjsxotmCUfgf7X7> : The National Museum Machado de Castro is an art museum named after the famous Portuguese sculptor Joaquim Machado de Castro.
- University of Coimbra <https://goo.gl/maps/isHPKTDvudFc6Lio8> : It is the oldest university in the country and one of the oldest in Europe. The University of Coimbra is the namesake of the so-called Coimbra Group of European research universities.
- Chapel of Sao Miguel <https://goo.gl/maps/wBhT37T9sJZGBN8N8> & Library Joanina <https://goo.gl/maps/jCJ8mPhnTB25DV6u7> : It is a chapel of the University of Coimbra in Coimbra, Portugal, founded in 1290. The library belongs to the University Library of the Portuguese University of Coimbra. It was commissioned in the 18th century by the then King of Portugal John V.
- Jardins da Quinta das Lágrimas <https://goo.gl/maps/ENx8oy6BsUAsW2f58> : It is an estate of about 12 hectares. There are 2 famous springs located on the grounds: the Fonte das Lágrimas and the Fonte dos Amores.
- Monastery of Santa Clara-a-Nova <https://goo.gl/maps/XrBS66XtUAbxDim66> : It was built to replace the medieval monastery of Santa Clara-a-Velha, located nearby, which at that time was frequently flooded by the waters of the Mondego River. The monastery was rebuilt in the 17th and 18th centuries.

I hope the recommendations are helpful, you will have an amazing holiday 😊

Lelia

Your Personal Data: We may collect and process information about you that may be subject to data protection laws. For more information about how we use and disclose your personal data, how we protect your information, our legal basis to use your information, your rights and who you can contact, please refer to: www.gs.com/privacy-notice