Reasons for waking up

Classes, Job Interviews

Certain jobs require early hours

Healthier Sleep Habits = Healthier Lifestyle

Ensure the user gets the best sleep

Enter what time you went to bed

Rate the night of sleep to find the perfect amount of sleep

Have a way to set up "sleep-in" days

Bedtime reminders

How to wake the user up

More important alarms on weekdays

Math problems or motivational messages to wake the user up

Different alarm sounds

Vibrations

Main Functions

Alarm gets louder over a short period of time

Small adjustments to schedule over time

Alarm gets 10 minutes earlier every morning

Incentive for getting up

Reward system for getting up?

Make it into some sort of game?

Make it a competition

Leaderboards with your friends and family

Reasons for waking up

Get your day started, be more productive

Ensure the user gets the best sleep

Prompt the user to avoid electronics in order to reduce the amount of blue light exposure

Sleep sounds like white noise or calming music

Add a "Sleep Help" section where it informs the user how to get better sleep. Such as, "Having trouble getting to sleep? Try things such as reducing caffeine... etc."

How to wake the user up

Allow user to input custom sounds from various sources

Reminder to drink water to get their day started

Main Functions

Incentive for getting up

Make a streak system where the amount of days the user wakes up in a row adds up every day