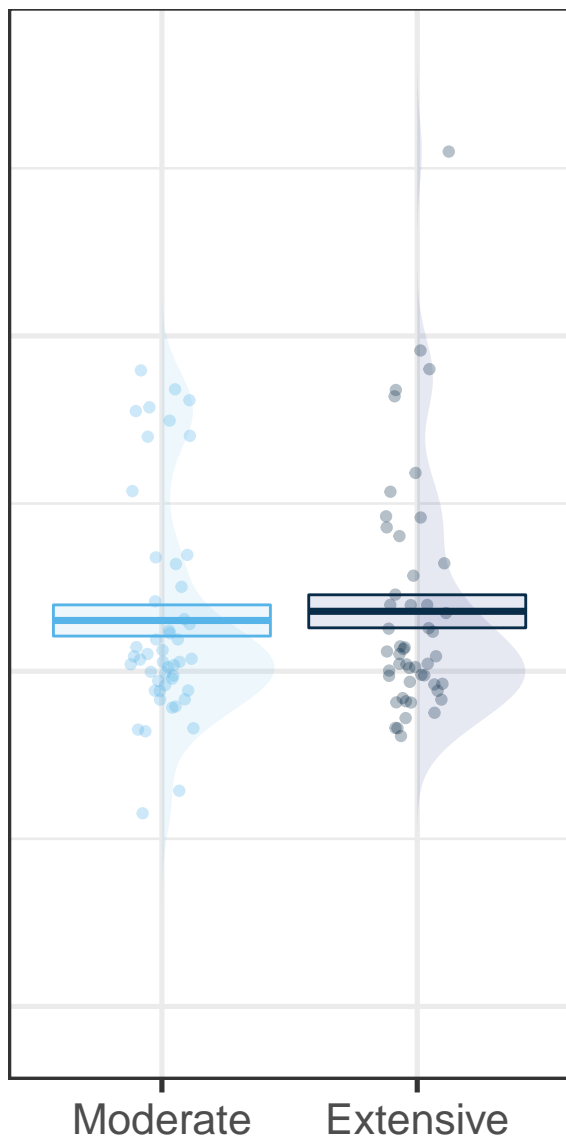
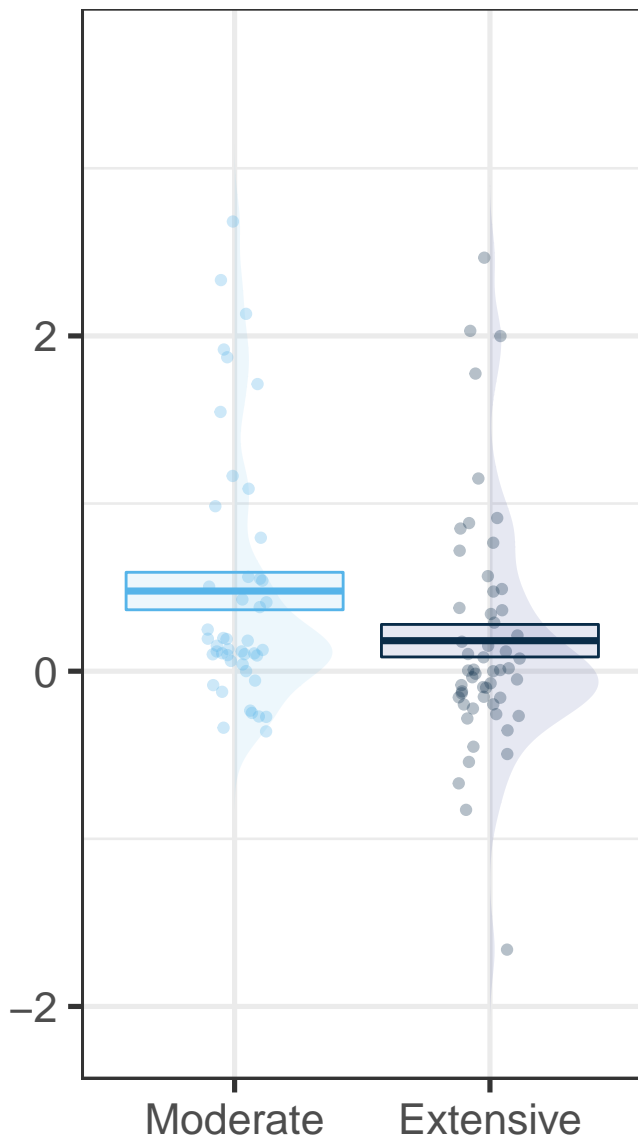


**Lower Stress Affect**

**Higher Stress Affect**

Behavioral adaptation index



Amount of Training